

AHS COMPOSITION

110 sheets / 220 pages

13.25in x 20.25in

08-09

High School Ruled

8 Subject Notebook

High School Ruled



AMES HIGH SCHOOL
1921 Ames High Drive
Ames, Iowa 50010-5199
Phone: (515) 817-0600
www.ames.k12.ia.us

Student Population: 1584

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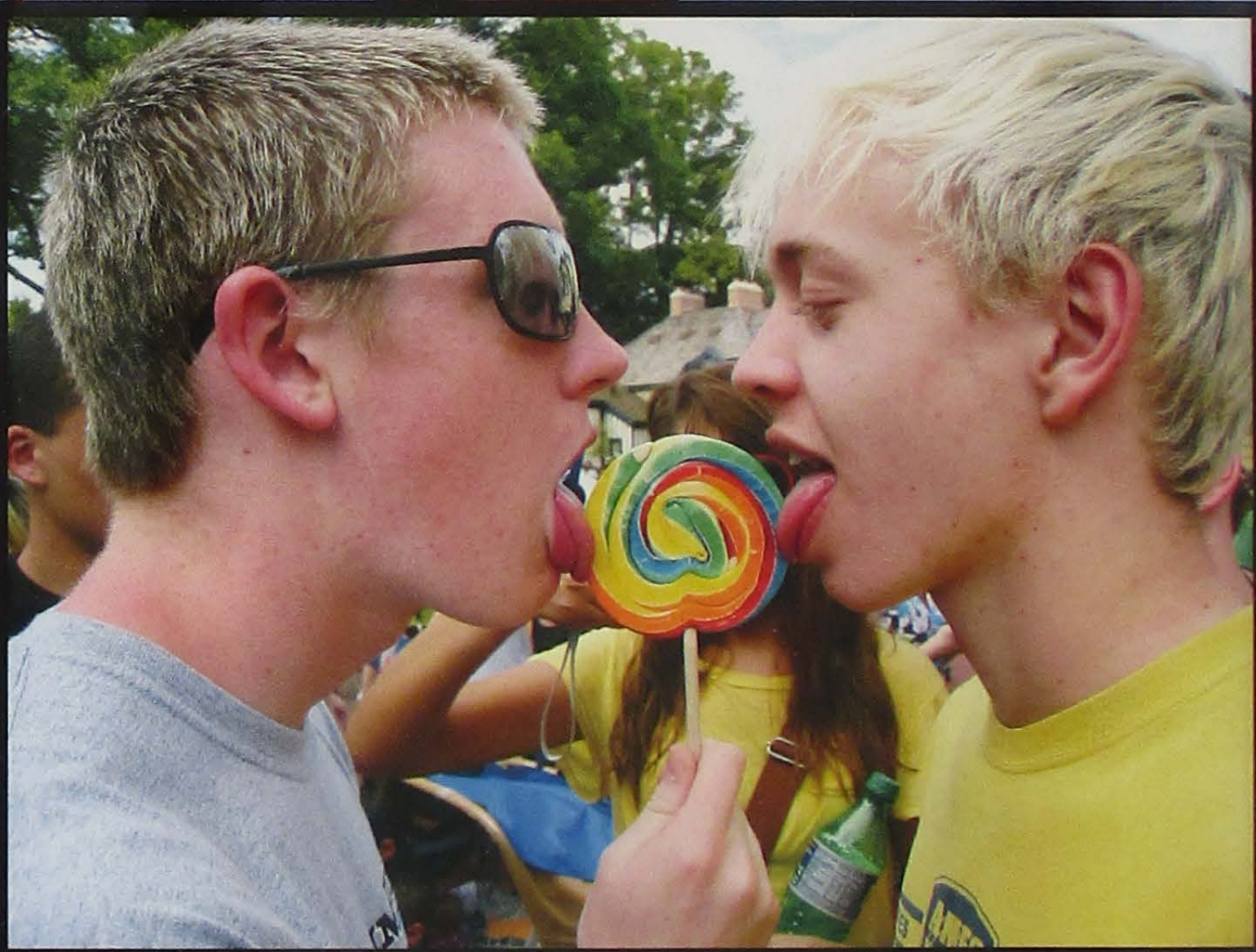
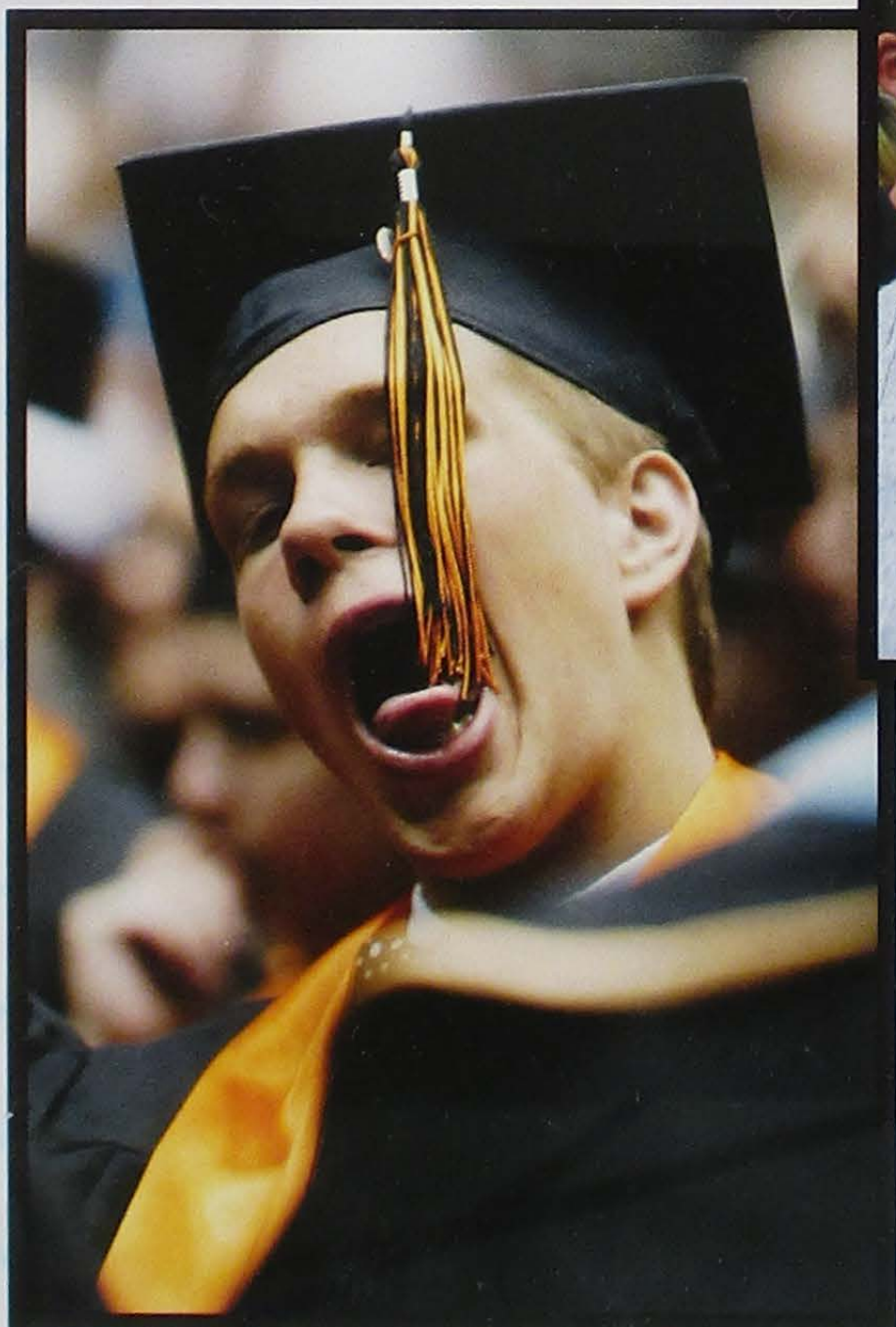
Students of Ames Senior High...



Cheering the
orange and
the black

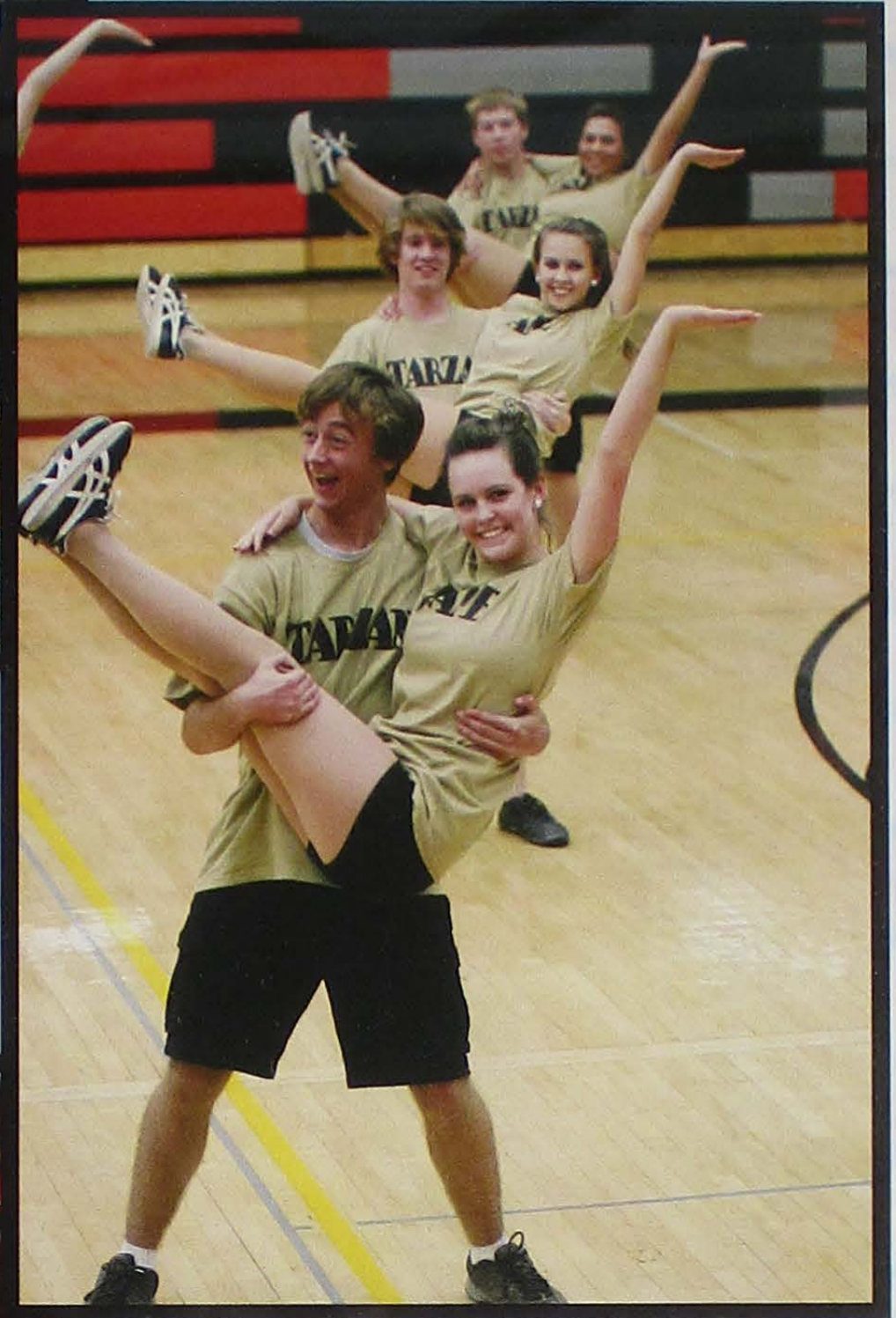
On to a
victory

Comrades at work
work and at play



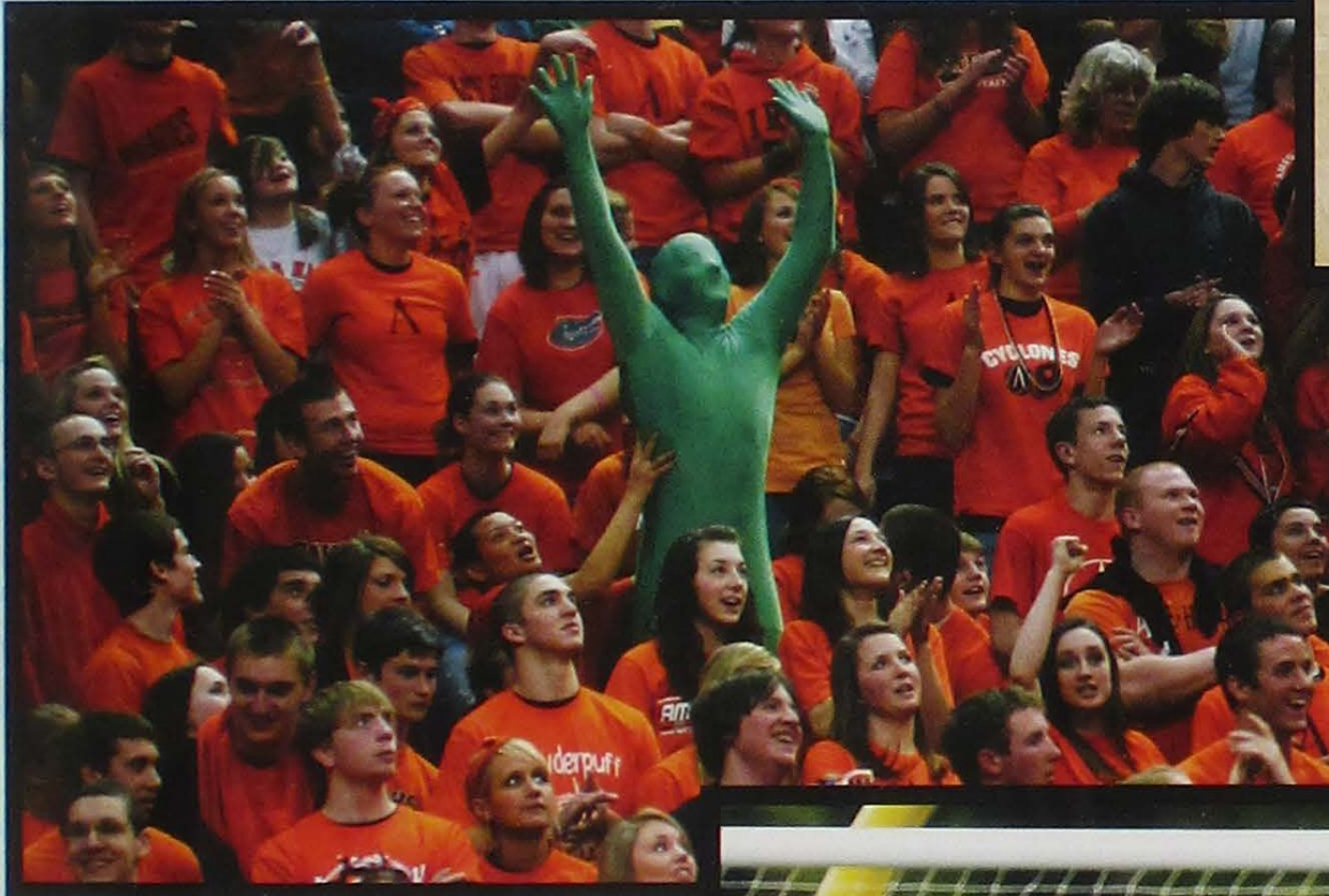
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Ames High!

Proud of our
school are we



Photos Courtesy of The Tribune, Ben Nadler, & Mr. Gibson

Rah! Rah! Rah!



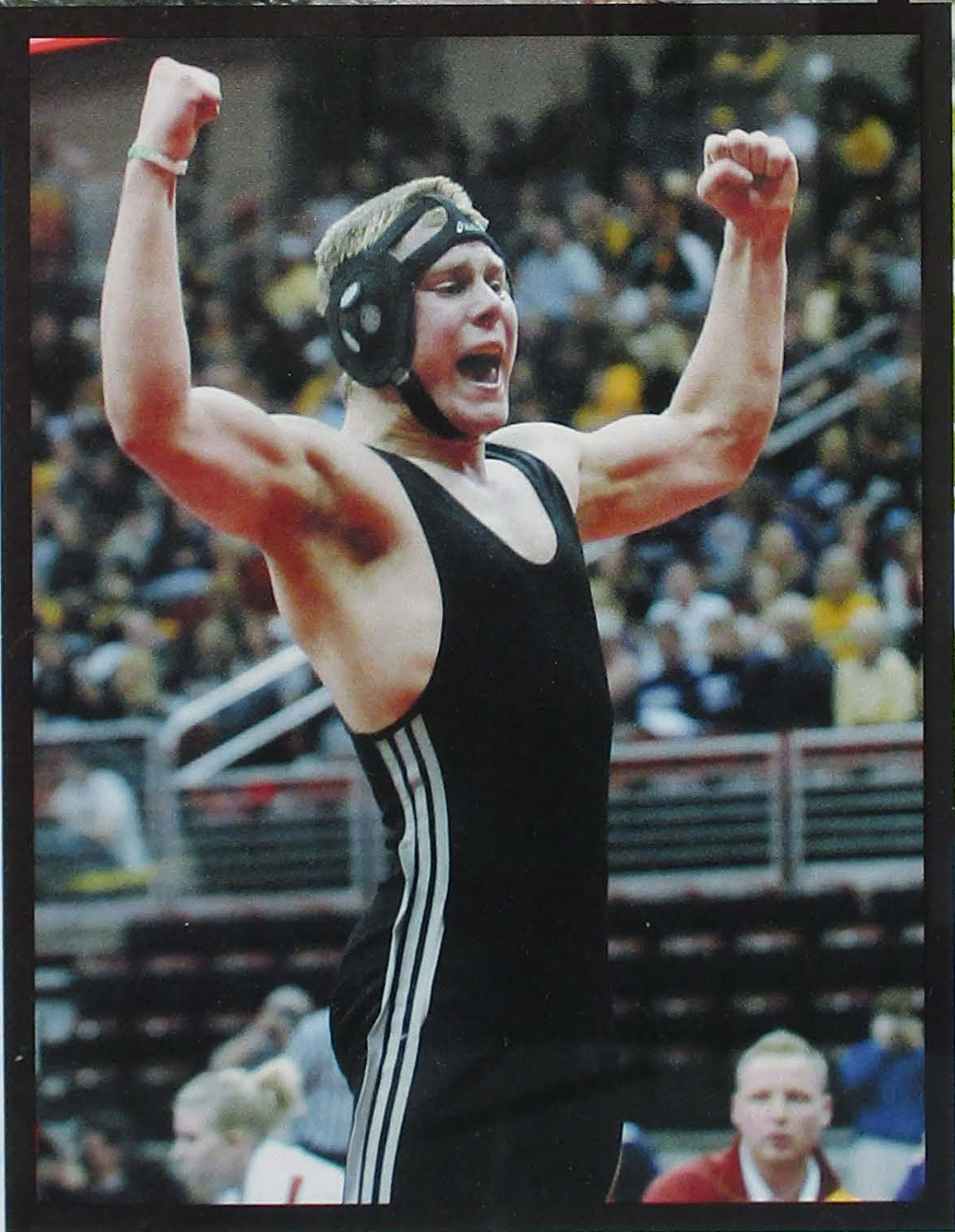
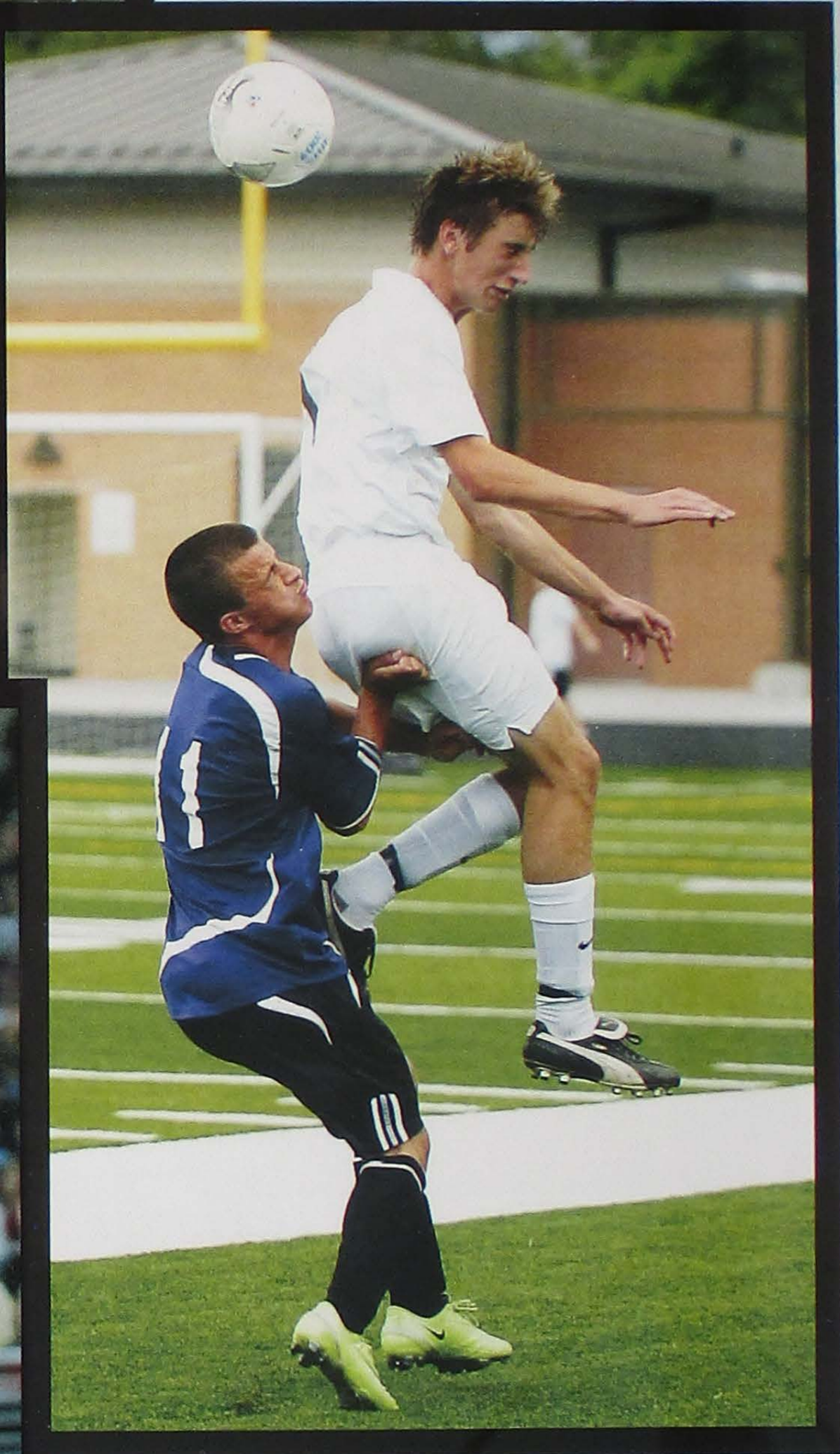
Loyal and true
are we



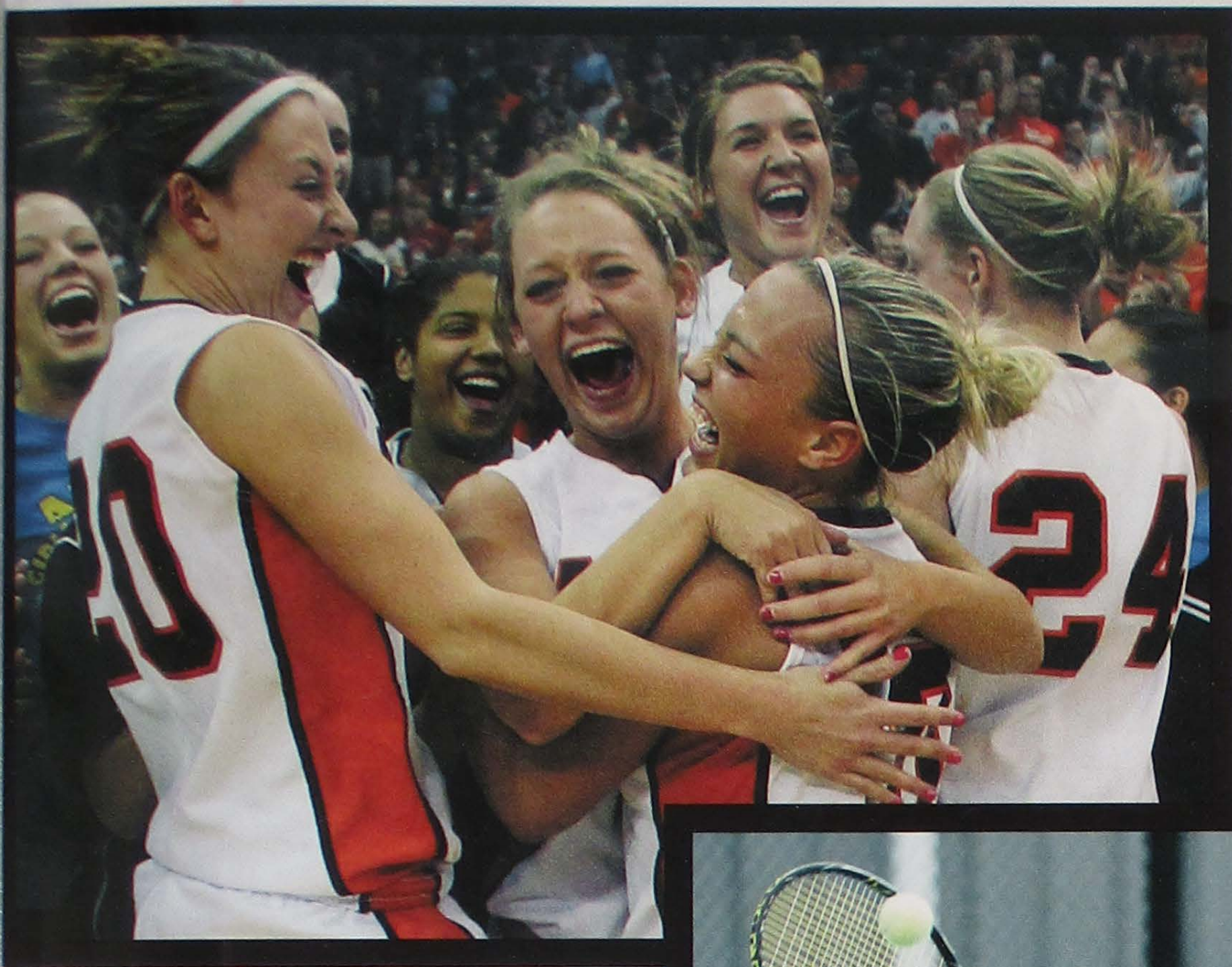
Doing the best
for our
high school



S



R



P



O



T
S



photo courtesy of Ames Tribune



photo courtesy of Ames Tribune

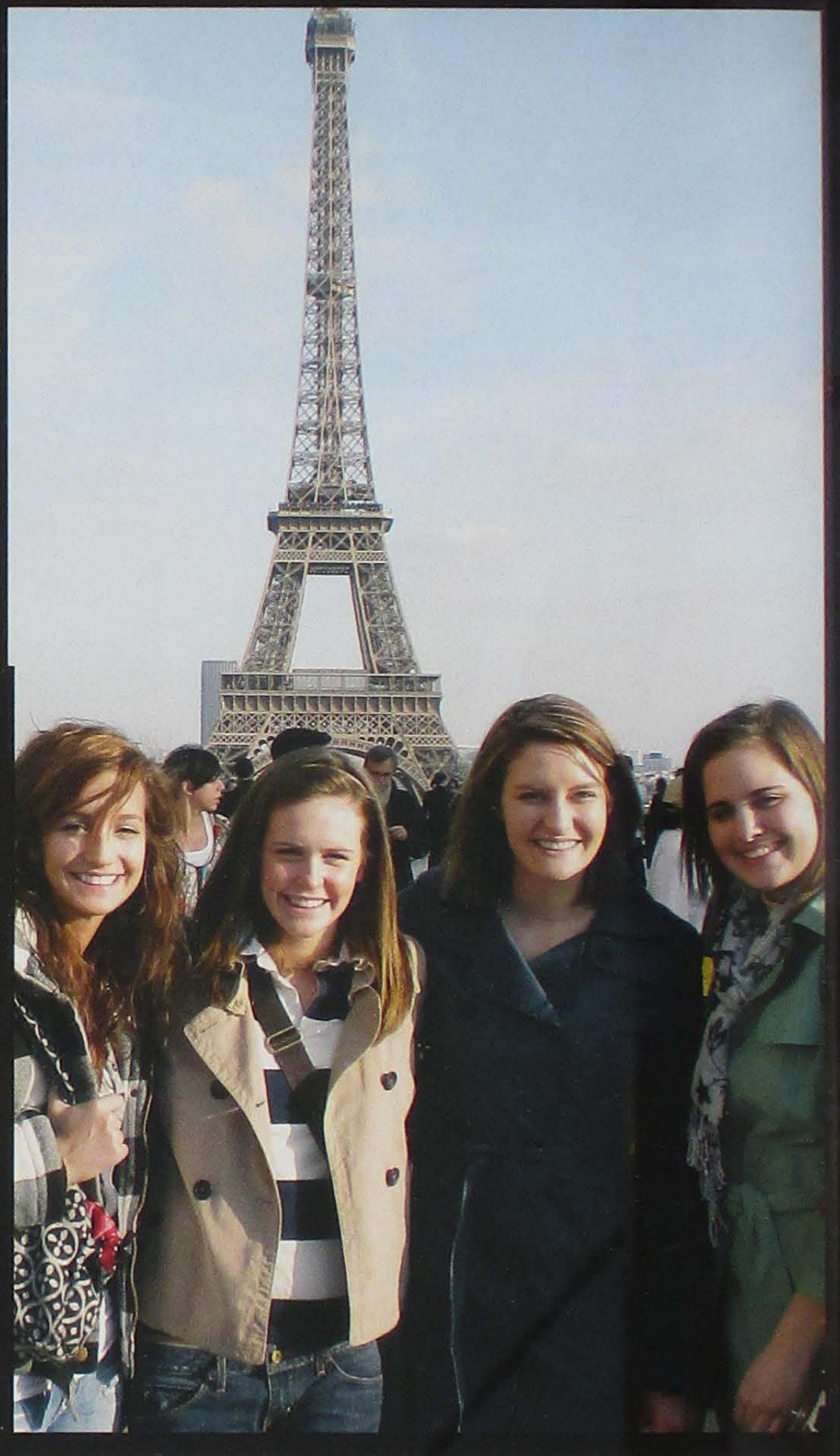


photo courtesy of Amanda Johnson



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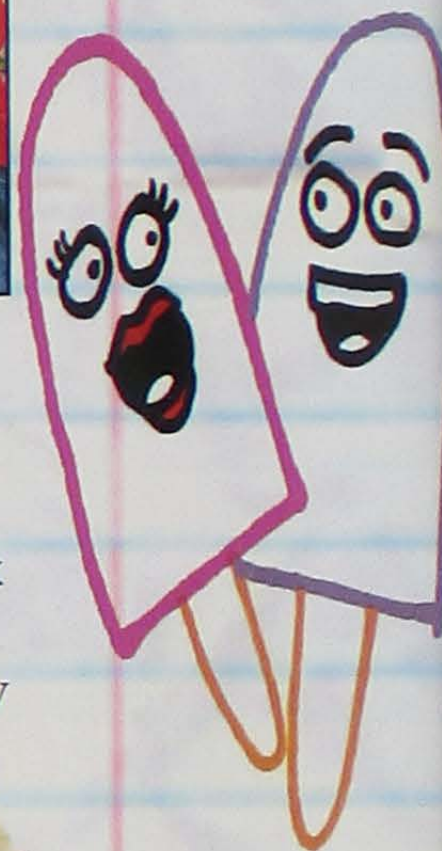
Story by Kaitlin Estill and Cathy Pastiak

This year, Ames High students vowed to get the most out of their already-too-short summer. From the depths of their closets they dug out their speedos and short shorts to combat Iowa's blazing heat. Some spent the beginning of the holiday sandbagging to earn a few extra bucks and to help fight the devastating floods. Others chose the more relaxing route of sleeping in late and working on their glorious tans by the poolside. Endless opportunities awaited students. Whether it was participating in the Iowa Games or flying across the world, no one was left in want of entertainment.

"My summer was filled with carefree laughter and bumblebees," senior Julia Reynolds said. Unfortunately, a few individuals weren't as lucky. This summer throughout Iowa, raging floods took over the state, damaging millions of dollars' worth of property. However, for the most part, this summer remained an enjoyable getaway from the monotony of the school year.



Sophet it to Me! - Finishing up a roof for the Christian Outreach with Appalachian People, seniors **Ian Herman** and **Justin Schoenrock** spend a week volunteering in Kentucky. (Photo by Cathy Pastiak)



Summer Floods

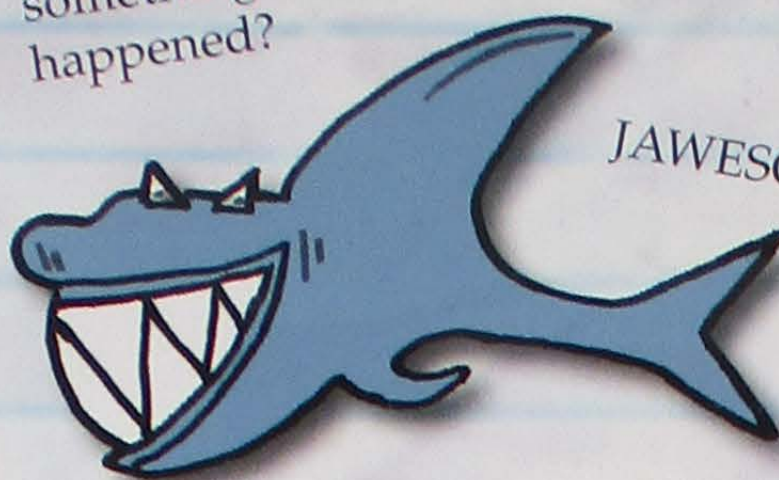


One Time at Band Camp . . . - Tooting his own horn, junior **Casey Bagnall** keeps his cool as he brushes up on the proper marching technique. The marching band reviewed the slides and turns of "AHS Loyalty" to get ready for the upcoming football season. (Photo courtesy of Mr. Gibson)



Sophomore Loralyn Werkmeister

What did the street
shark say when
something radical
happened?



JAWESOME!!!



Africa Trip

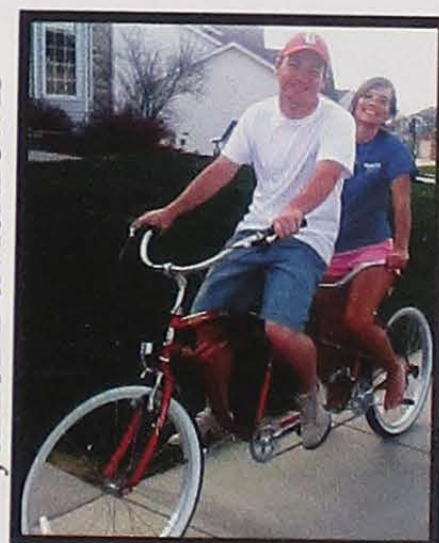


Junior William Kresse



Freshman Sophie Deam

Freshman Haley Johnson

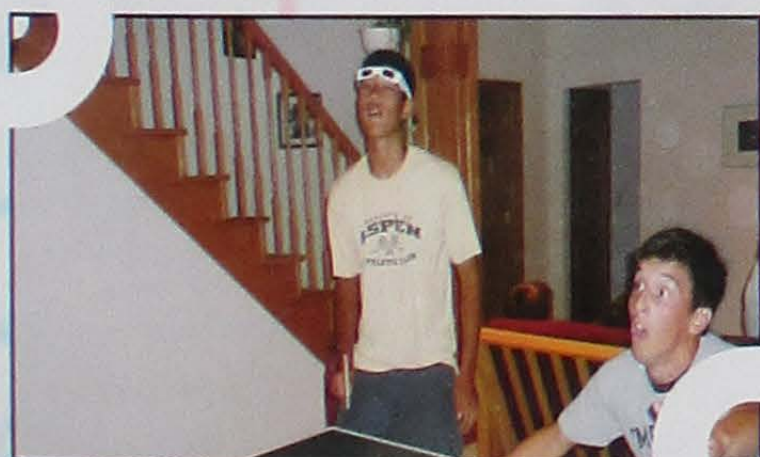


Junior David Lewis

Junior C.J. Cummings



Sky-ed! - Reaching for the sky, junior **Stephen Pearson** attempts to outjump his opponent at the preliminary round of Iowa Games Ultimate Frisbee. Pearson's team, Parallel, fought it out against a fellow Ames High team in the Best of the Rest Final Bracket. (Photo courtesy of Mr. Moore)



Juniors Chris Xin & Devin Beacraft



Senior Ben Mackey



Senior Natalie Enloe

SUMMER

EUROPE

Leaving on June 5th, 2008, a group of 25 students and 2 staff set off to Europe to explore 7 countries in 20 days. The plane rides were long, but the excitement exploded as they arrived in London. The trip included many opportunities such as riding public transportation, trying new foods, and experiencing a new culture in each city. Each day was filled with numerous planned walking tours and museums as well as free time for students to explore the city by themselves. Students were up by 7 each morning and were out until 10 or 11 each night. The hotels were very nice, with the exception of a few. Many days were bus days, which were spent driving a large bus called the IZZO to the next destination. This trip was a once-in-a-lifetime experience that will be remembered by all.



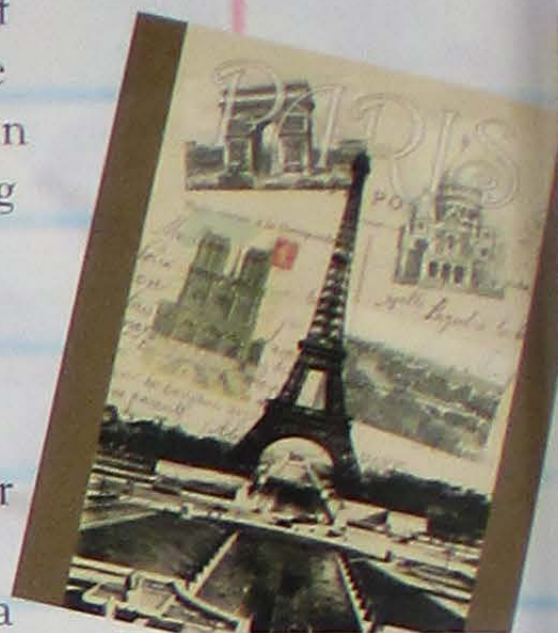
Seniors Megan Harrington & Lindsey Burke



Enchanté



Seniors Tony Koford, Annie Spencer, & Lindsey Burke



Bon jour!



Alfred Hitchcock Presents - Trying to satiate the birds' fearsome appetite, senior Max Bassanini scarcely avoids a gruesome demise. (Photo by Kate Witt)

UGANDA



Ninakupenda!



Mr. Webb



For most of the month of July, a group of Ames High students and staff dedicated themselves to building a primary school in Uganda, Africa. Additionally, two houses were built for AIDS orphans with funds raised by SHEPH. While the trip did much to assist the Ugandans, most who went on the trip feel it was they who reaped the richest rewards.



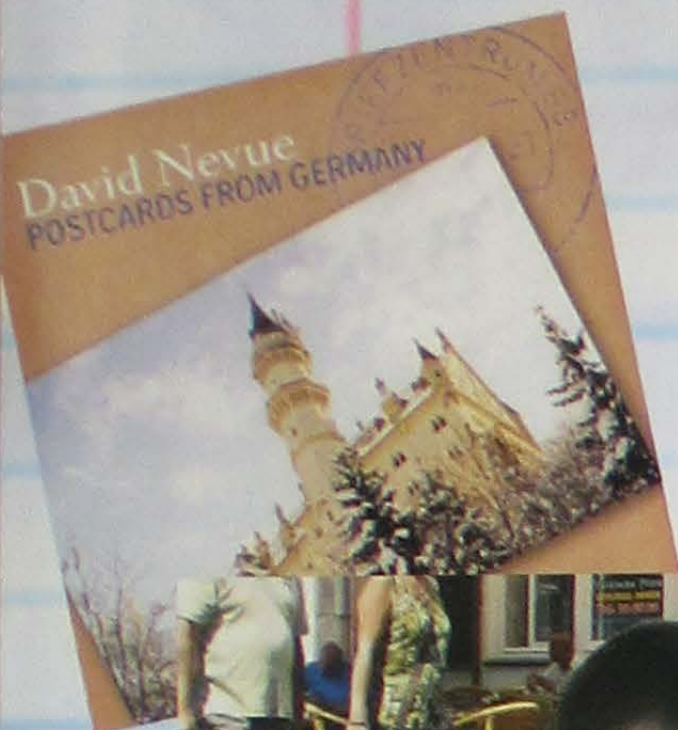
Shake Your Tail Feathers - Donning the traditional African "tails," senior Julia Reynolds and Mrs. Webb dance with the girls at the Tororo Girls school. (photo by James Webb)

TRIPS

GERMANY

The German trip was a great experience for all students participants. Eighteen Ames High Students accompanied Mr. Reichart to WulRath, Germany. The kids became German students for two weeks in June. They attended school, stayed with host families, and went on excursions to places like Hamburg and Dusseldorf.

Seniors Angela Linahon & Alec Knight



DEUTSCHE BUNDESPOST 60
INTERNATIONALES
JAHR DES KINDES



Senior Ben Jones



¡Te Extraño Muchol!

Einen schönen tag allerseits!

SPAIN



Senior Ben Mackey



Quite the View - Sitting on the side of the road, seniors Angela Linahon, Ben Nadler, Ben Mackey, Alex Schill, and Natalie Enloe stare at the beautiful city of Toledo.



postcard from...



For fifteen girls, and three lucky guys, their trip to Spain was certainly one to remember. Whether it was standing in grand Cathedrals or taking part in cheering for Spain as it took on Italy in futbol, all students involved took much more away from Spain than a souvenir T-shirt.

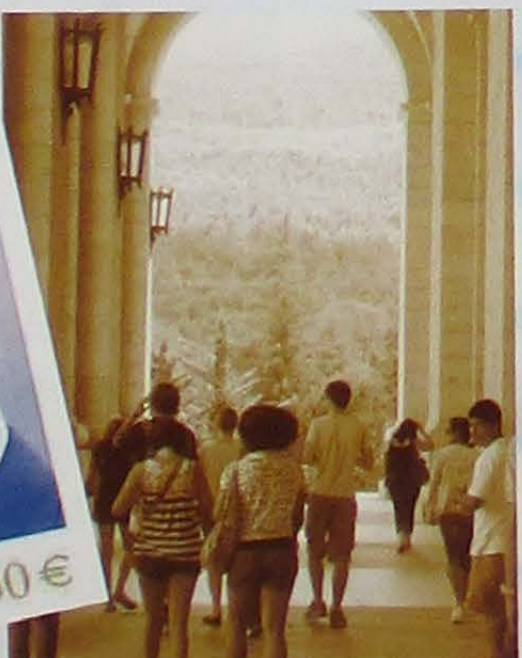


Senior Galadriel Comito



Alex Schill, Ben Nadler, & Ben Mackey

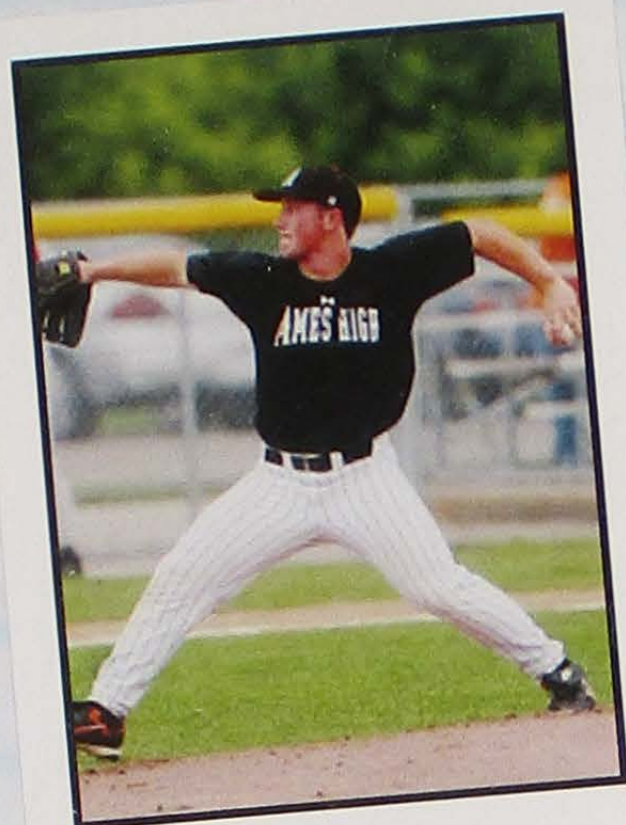
Student body
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Ames, IA 50010



¡Bienvenidos!

X

SUMMER SPORTS



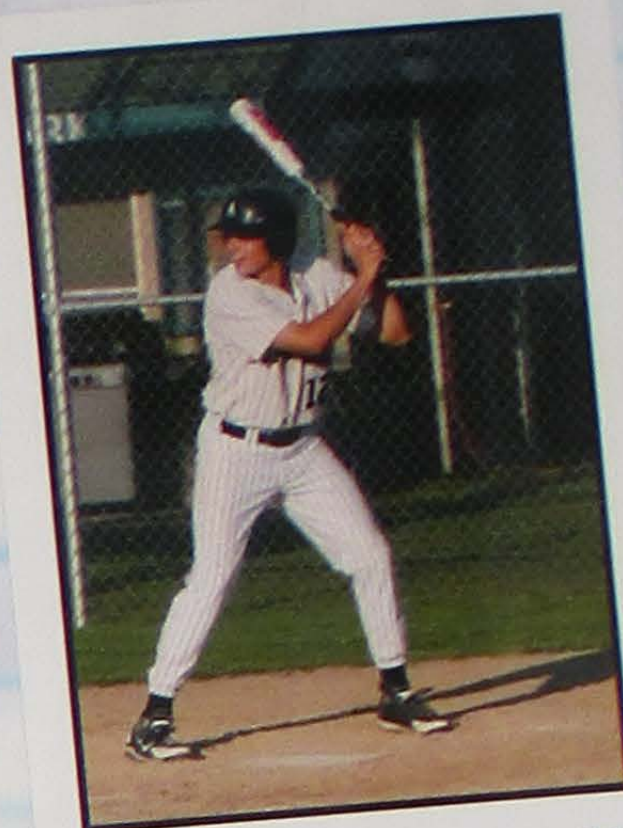
Andy Weiss

Pitcher Perfect - Winding up for a pitch, senior **Andy Weiss** strikes out a batter in the game against Mason City. (Photo by Mrs. Weiss)



Jake Zunkel

Outstanding Outfielder - Jumping for the ball, senior **Jake Zunkel** catches a stinging line drive. (Photo by Mrs. Weiss)



Tyler Crandell

Step Up to the Plate - Hoping to score a runner from second base, senior **Tyler Crandell** waits for his pitch. (Photo by Mrs. Weiss)



Baseball and softball get less publicity and attendance because they take place during the summer, but they are pretty intense. Instead of lounging around in the air conditioning and sleeping all day, these athletes are out in the blazing sun, practicing. However, this summer's baseball and softball teams had to deal with a little more than getting dust in their eyes and unusual tans. For much of the season, the baseball fields were under several feet of water. "Instead of practicing, we had to spend a lot of time hauling branches and debris off of the field," junior James Kohler said. "But it really brought us together as a team." Meanwhile, the highlight of the softball season was in the game against Fort Dodge. Molly Moore hit a dramatic home run and they came from behind to win the game.



Practice Makes Perfect - Striking the final pose, senior **Natalie Enloe** performs a dance at the end of Drill Team summer camp. At camp, these dancers perfected their technique and learned the choreography that would allow them to have a successful year (Photo by Mrs. Campbell)



Karaoke Tuesdays - Hoisting their mic, freshmen **Molly Isebrands** and **Danielle Sitzman** sing late-night karaoke at team camp in Boone. Karaoke nights were a new addition this year, but they plan on continuing the tradition in future years. (photo by N. Enloe)



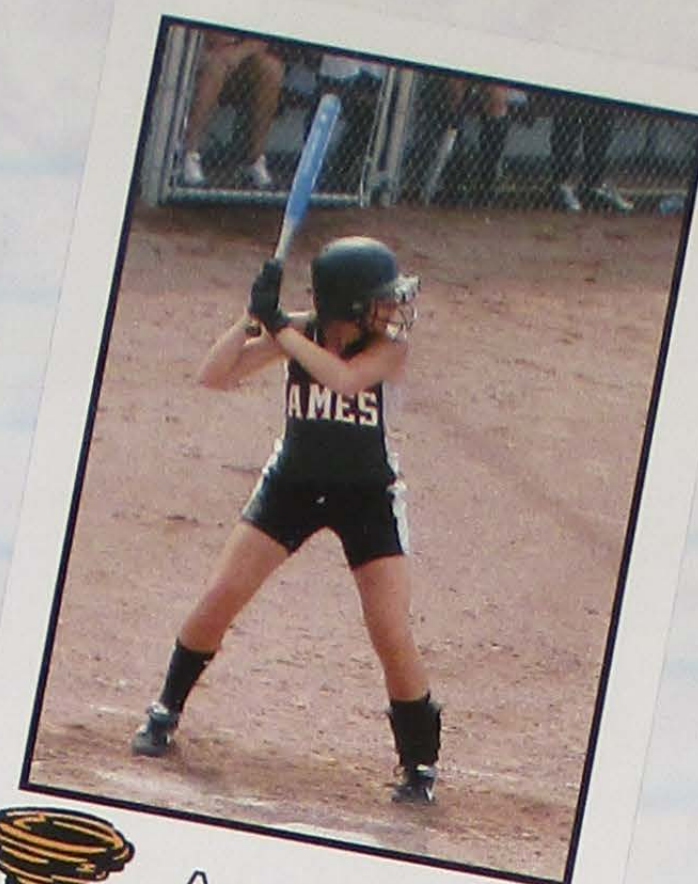
Haley Moore

You Play to Win the Game!
- Standing in an athletic stance, freshman **Haley Moore** focuses intently, awaiting a hard hit to right field. Moore played on the Freshman team playing part time at second base and part time in the outfield. (Photo By Mrs. Moore)



Molly Moore

Defensive Stance - Preparing to grab a grounder, junior **Molly Moore** protects the line against a left handed hitter. (Photo by Mrs. Moore)



Anna Ashley

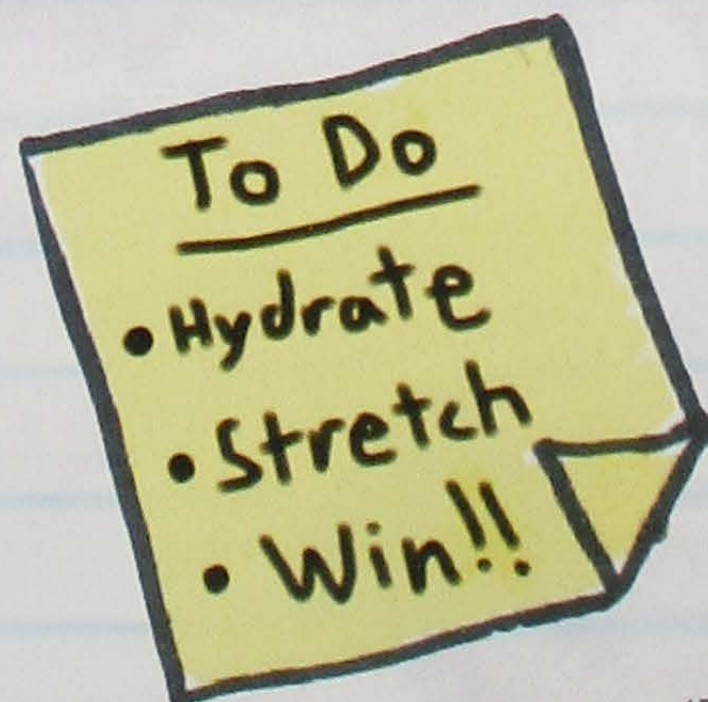
Bat Girl Knows No Fear
- Trying to advance a runner, senior **Anna Ashley** looks for a pitch to drive. While the girls had a difficult season, their dedication to fundamentals will pay dividends in the end. (Photo by Mrs. Ashley)



It's a Tradition - Covered in flour and vinegar, senior **Yeil Park** gulps down some water after time trials. Each year the recently graduated returned to the woods to prank the Boys Cross Country team while they ran their time trials (Photo by Ben Nadler)



A Break From Running - Biting into a delicious doughnut, junior **Mollie Bourke** enjoys a Saturday morning brunch with her sophomore teammates, **Dree Brakke** and **Sydney Brause**. The famous Saturday breakfast was a tradition every summer for girls Cross Country. (Photo by Cathy Pastiak)





AUGUST

BACK
TO
SCHOOL

Summer has come to an end and students are eagerly starting their back-to-school shopping for school supplies, new clothes, and other school-related necessities. Freshmen become restless as they begin a new and exciting chapter in their lives. "I thought it was going to be hard, but when I got here it turned out to be not as hard as I thought," freshman Aubrey Barber said. Others are still trying to make sense of it all. "I don't know because, you know, I knew it was going to be big but I didn't know how big . . . I'm from Denmark so I didn't know what to expect," freshman Christian Kaaer said.

The first days of school are always exciting. Students get to meet their teachers and reunite with friends. School events and sports emerge quickly and students begin to get busy. Football players are repetitively going over their plays and getting ready for the fall sports kick-off. Cross country runners train hard, running mile after mile, as they try and beat their personal bests. As the weather remains nice, the students constantly enjoy the outdoors whenever they get the chance. A new privilege for freshmen and sophomores this year is being able to enjoy each others' company and take in the pleasure of the beautiful weather by eating outside in the courtyard.



Gotta Love Spanish IV - Helping a friend, senior **Stephanie Koch** shows senior **Lindsay Burke** how to do a Spanish worksheet. Jumping up to Spanish IV was an intense change for most students this year. (Photo by Natalie Enloe)



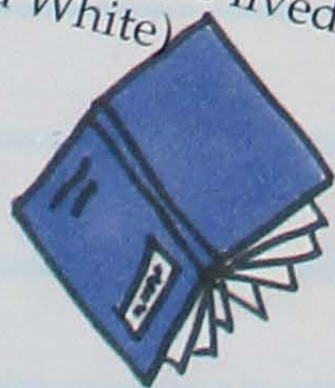
Full extension - Being held high, sophomores **Jamie Consamus**, **Melissa Munkvold**, and **Jenna Berg** demonstrate holding their heads high in aspirations of a great football season. "Feet first, Head high, and Heart strong" was the motto by which this year's AHS cheerleaders lived. (Photo by Jessica White)

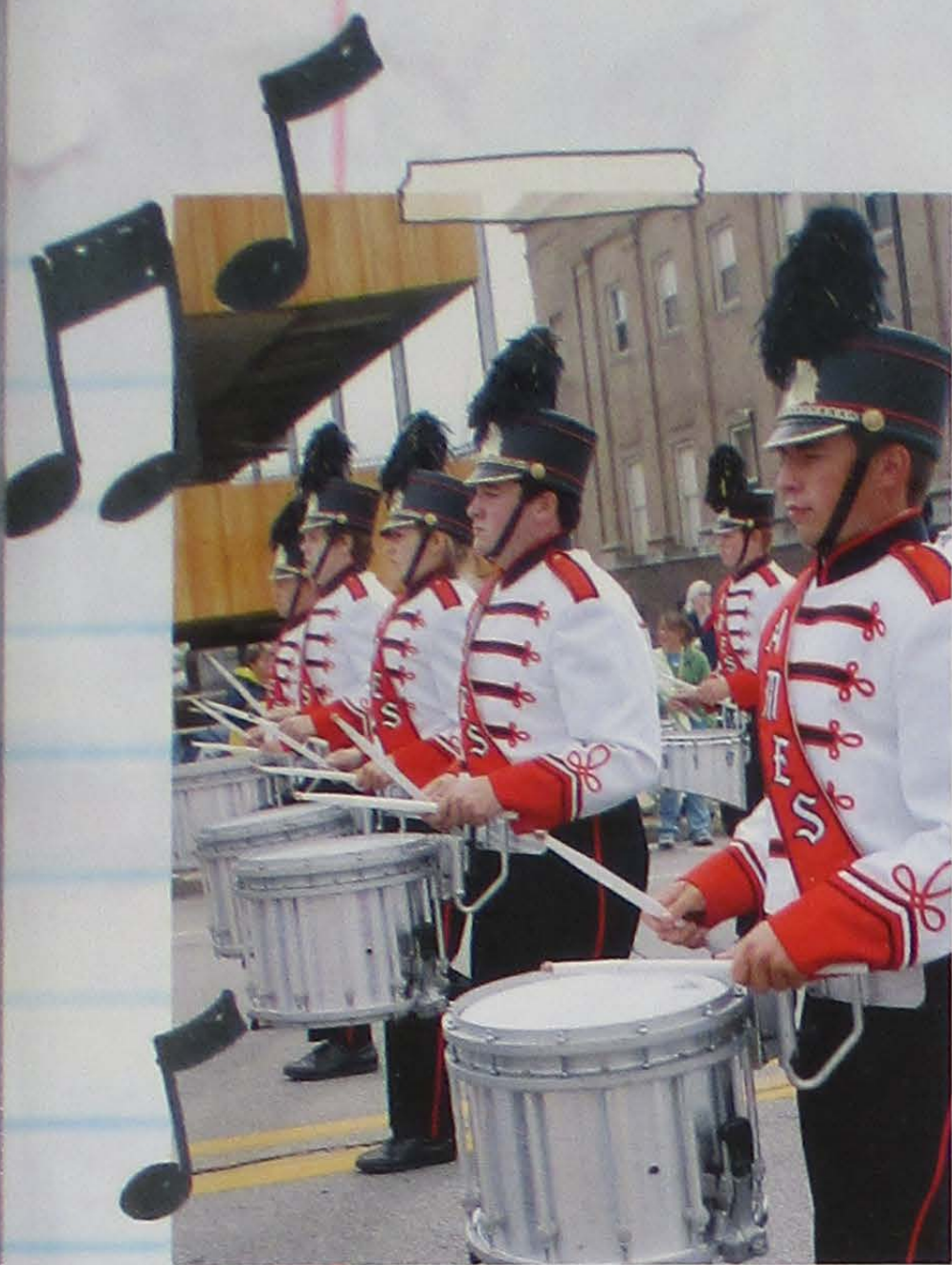


Too Cool for School - Taking some time away from schoolwork to dance, seniors **James Fang**, **Nate Ryan**, **Matt Saxton**, and **Max Tsai** dance on the tables in the courtyard. With the stress of senior year beginning, these four decided to take their anger out by singing along to "Every time We Touch" by Cascada. (Photo by Ben Nadler)



Checkmate? - Counting his enemy's pieces, sophomore **Ian Pringle** prepares for his next attack. Students in the ELP room were allowed to play many games such as chess and checkers as long as they finished their studies of course. (Photo by Ben Nadler)





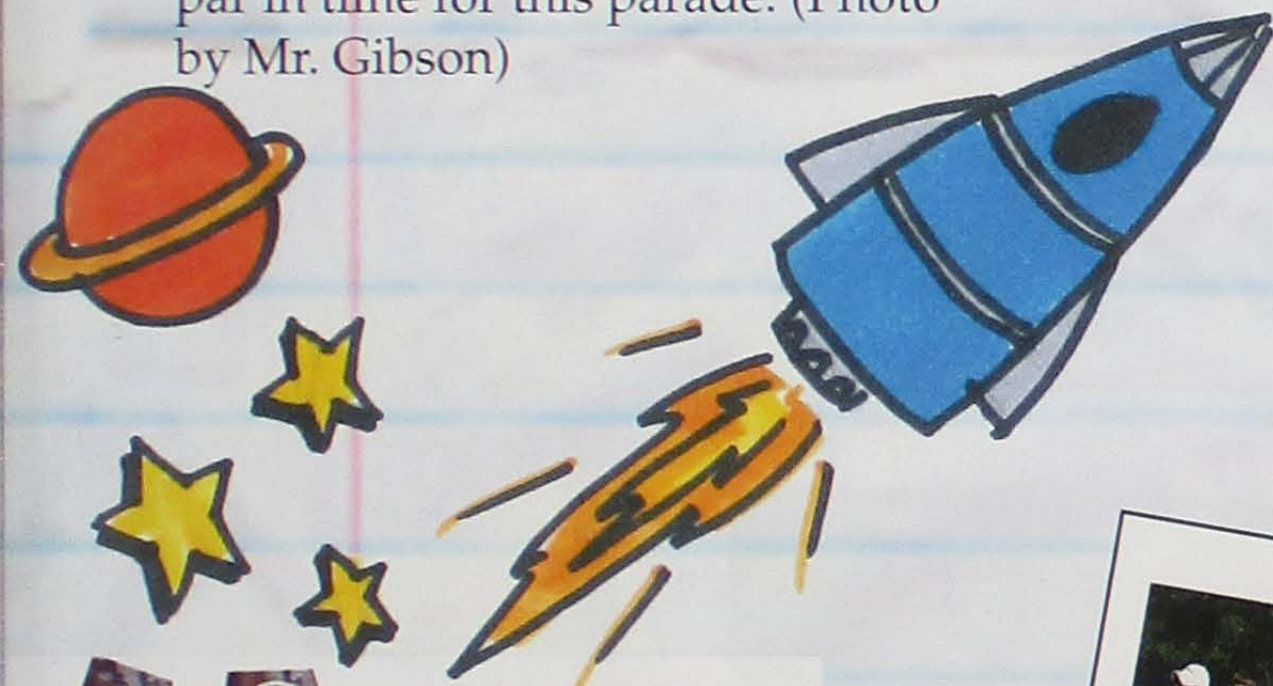
Three More Miles to Go - Marching the Pufferbilly Days parade, the AHS snare line plays through the cadence set. Sadly, "Gritty Kitty" was not used, as it was not up to par in time for this parade. (Photo by Mr. Gibson)

NASA



SCHEDULE

1. STUDY HALL
2. PHYSICS
3. ALGEBRA
4. WESTERN CIV.
5. STUDY HALL
6. SPANISH
7. YEARBOOK!
8. ENGLISH



A Calm Before the Storm - Leading the pack, senior captains **Stephan Brietling-Garlington, Sam Tim, Derek Accola, and Miles Greenwald** hold hands to go together and meet their opponents. Their team unity payed dividends in a successful season. (Photo by J. White)



Too Legit to Quit - Struttin' - Their stuff, the Varsity Golf team walks down the fairway. When playing golf competitively, golf carts are not allowed as to make an even match for everyone. (Photo by Anna Ashley)



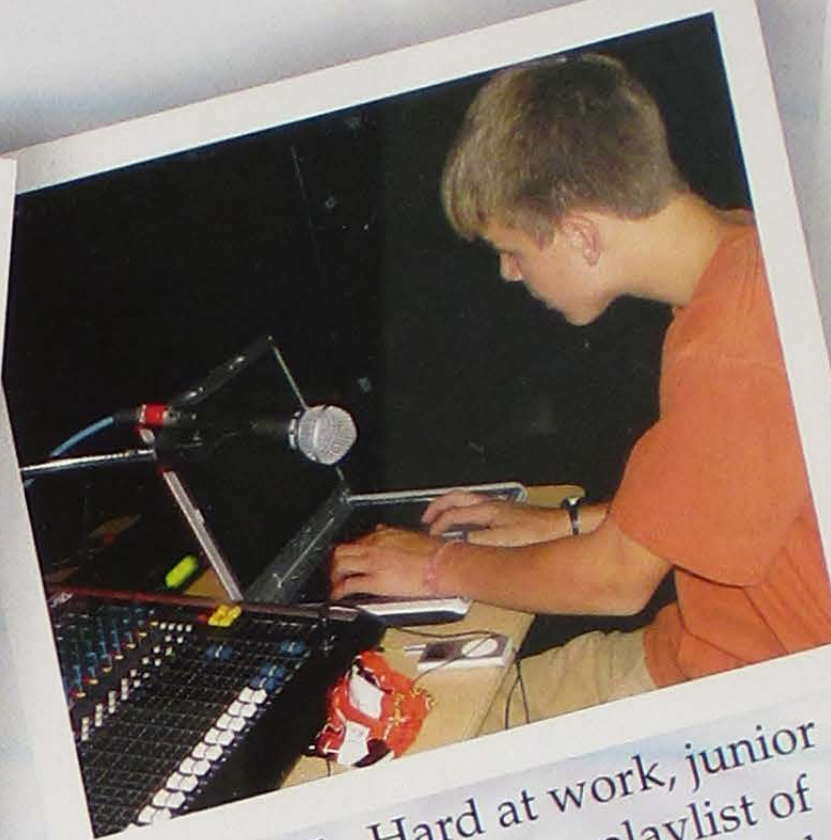
Star Freshmen - Running in strides and bounds, freshman **Cody Brown** holds first place. This year there was a multitude of star freshman runners, which will make for a good XC team in the upcoming years.

SEPTEMBER

STUDENT LIFE



Tanzen fete! - Bringing sexy back, juniors **Nikki Best** and **Emily Doward** show off their dance moves during the last night with the German exchange students. (photo by A. Kaspar)



Hey, Mr. DJ - Hard at work, junior **Max Peterson** creates a playlist of dance favorites. Without him and his tech skills, the dance in the auditorium wouldn't have been possible. (photo by A. Kaspar)



Live Your Life - Bringing out her inner T.I., junior **Delaney Kolb** shows that you really can have whatever you like when you're on the dance floor. (photo by A. Kaspar)



A Canoe For Two - Paddling down the Upper Iowa River, seniors **Meredith Anselman** and **Erinn Uhlmeier** enjoy the great outdoors as part of the 100th Green Butterfly trip. (photo courtesy of Julia Reynolds)



Ryan Griffith
"Which flavor?"



Madison Prueger
"One bite"



Peter Dixon
"Depends on the acidity of the saliva."



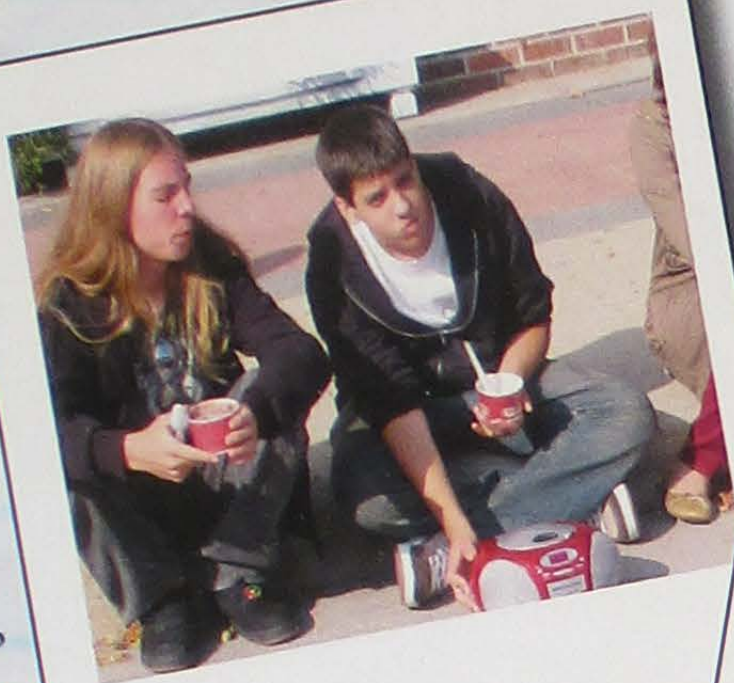
Cale Brakke
"One if you're good at it"

How many licks does it take to get to the center of a Tootsie Pop?

With the excitement of homecoming week comes the arrival of the Germans. Every September, these friendly and extremely attractive students from Wulfrath, Germany come here to stay with their Ames High host families for two weeks. "From the moment they get here to the moment they leave, it's pretty much a non-stop party," junior Rachel Voit said. In addition to attending the classes of their choice at Ames High, they went paint balling, watched movies, played Twister, went canoeing, barbecued, and went to the Mall of America. With so many fun activities, the two weeks flew by. They ended their stay in Ames with a fun-filled *tanzenfete* (dance party) in the auditorium. Luckily for the host students, they didn't have to say goodbye forever. They will be reunited with their German friends when they go to Wulfrath this summer.



DJ T. Kof - Turning up the music, senior **Tony Koford** and German exchange student **Lukas Klaus** enjoy the free dancing and the expensive ice cream. They helped in junior Mandi Fair's AP Psychology project seen pictured at right. (photo by Anna Kaspar)



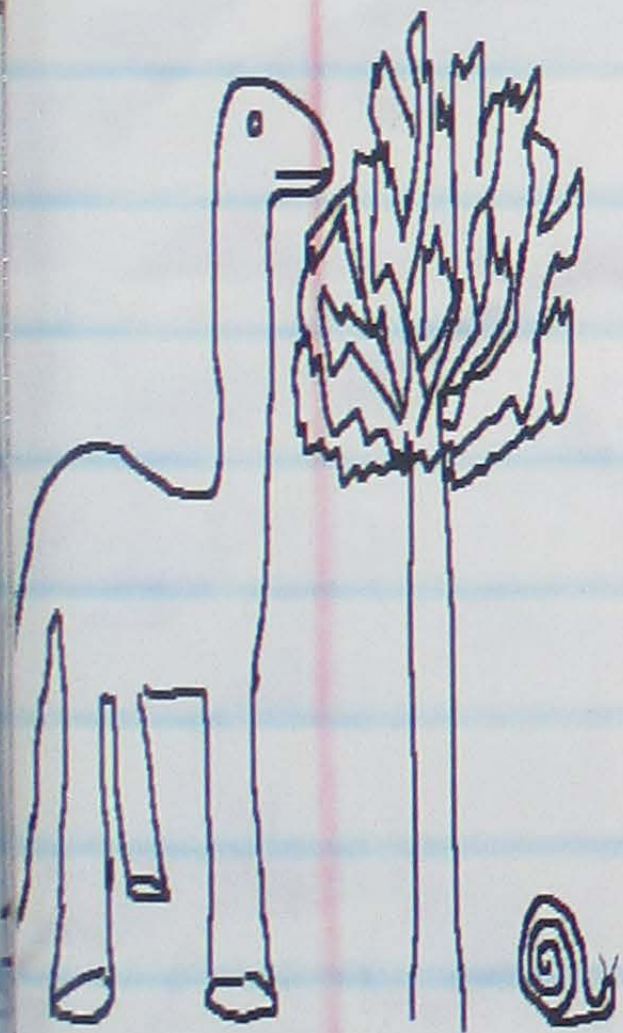
Free Dancing?- Exhibiting her dancing skills at the Octogon Art Festival, junior **Mandi Fair** looks for the reactions of passersby. Her AP Psychology project was to do something strange in public and see how people responded. Dancing to Lil' Wayne at the Art Festival was guaranteed to produce some weird reactions. (photo by Anna Kaspar)



Stick It- Protected from cars by his orange vest, junior **Houston Breshears** puts a "Don't Dump" sticker on a storm sewer. To help keep our rivers clean, Key Club put these stickers on the sewers in Campustown to remind people that storm sewers aren't trashcans. (photo by Anna Kaspar)



Let's Face It...-Volunteering at the Fall Festival, senior **Julia Reynolds** paints the face of a child participant as part of a Key Club activity. (photo by Anna Kaspar)



SEPTEMBER

Story By Cathy Pastiak and William Kresse

P
O
R
T
S

After the grueling work-outs of August, teams are finally beginning to kick it into high gear for September's competitions. As the temperature cools down, Ames High athletes turn up the heat.

Sophomore Bob Bjorklund, a cross country aficionado and participant, said, "I love September. It's not too cold, not too hot. It's that special time in the season, right before you burn out, when you can still have fun." Fortunately, most Ames High athletes possess not only an exemplary work ethic, but also a positive attitude that lasts throughout the season.

AHS is also known for its sterling sportsmanship and enthusiastic crowds. For example, prior to every football game, spectators have the option of attending three separate tailgates. Male-gate, Chill-gate and the Mastergaters all go out to cheer their team on to victory, especially during September.



Flight of the Yellow Jackets - Piling on the score against Council Bluffs Thomas Jefferson, senior **Stefan Breitling-Garlington** takes a breather outside of a pile up. (Photo by Ally Eregbu)

Senior Pat McCormick



Chip It

Seniors Jordan Bundy & Alison Hamilton



Cyclone Spirit

Senior Anne Tepper



Rock The Blocks

Senior Brent Novey



Warm ups

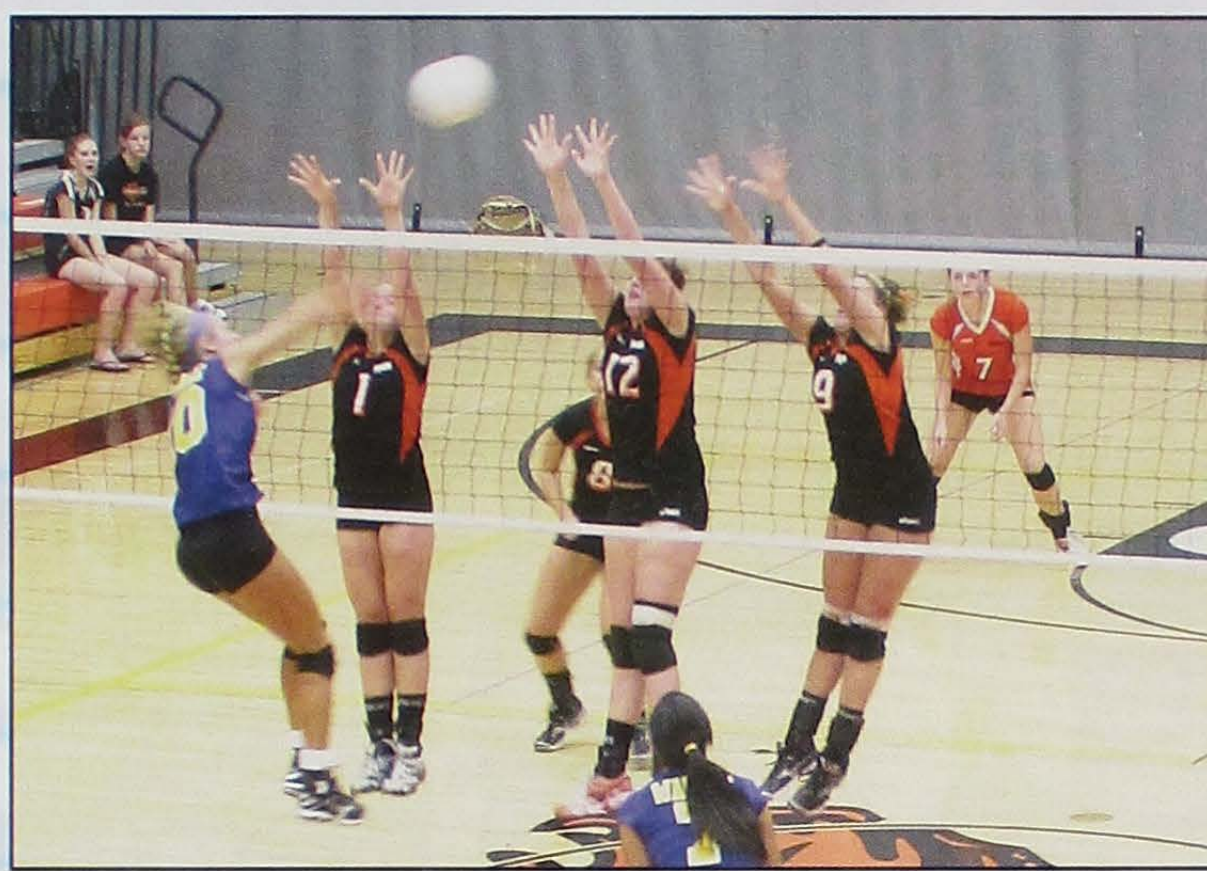
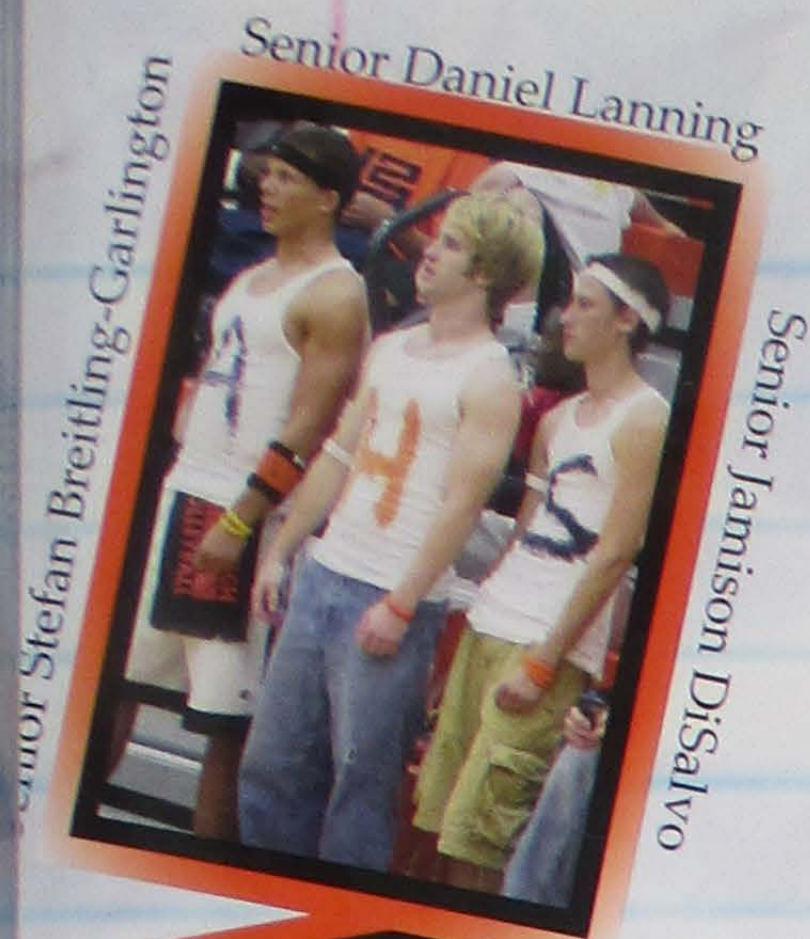


Wacky Wednesday



Stride Out

Junior Brett Steelman



Pop It! - Engaging in a triple block, juniors **Kira Boswell**, **Erin Smith**, and senior **Taylor Slotter** defend their territory against Waukee. (Photo by Ben Nadler)



Reckless Abandon - Holding the lead, juniors **Ryan Tucker** and **David Shirbroun** go all out at the beginning of the Cedar Rapids Invite. (Photo courtesy of Mrs. Bird)



SEPTEMBER ARTS

Imagine waking up to the blowing of tubas, saxophones and trumpets, and the clanging of cymbals of Ames High loyalty and trying to stumble out of bed. You're too tired to grab clothes to cover up and you remember to reach for the camera just before you open the door. Opening the door, you see fifty to sixty students in your front yard. What would you think? That's what the Ames High band participated in during September. Band raid is when the Ames Band goes around at 2 A.M. playing the school song in front of teachers' houses to wake them up. "I thought I was going to drop my flute because I was so tired of walking around. It took about two to three hours for us to finish everyone's houses," junior Stephanie Holtman said. Many teachers get picked, but they don't find out until that dreadful night. Battle of the Bands also occurs during homecoming week. Numerous bands come and compete against each other to see who is the best. "We had an amazing turn out this year at Battle of the Bands. I thought that it was just as good as my freshman year," sophomore Alex Roover said. This year's winner was Pullet Surprise.



Early Morning Interview - Thinking on the spot, senior **Spencer Botine** contemplates a witty remark to say to Kurt from Star 102.5. On this early morning, these few squad leaders marched through the Grove on Main Street as a part of Ken & Colleen's Breakfast Tour.



Think Warm Thoughts

- Standing in the cold, juniors **Stephine Holtman** and **RaeAnna Rekemeyer** suffer through the final week of band. As marching band came to a close, the temperatures reached the lowest temperatures of the season. Everyone was ready to be done. (Photo by Emma Welch)



Everywhere We Go - Practicing for the big game, the sousaphone section forms the middle of the M in the A-M-E-S. This year's marching was above average when it came to floating the A-M-E-S. (Photo by Emma Welch)



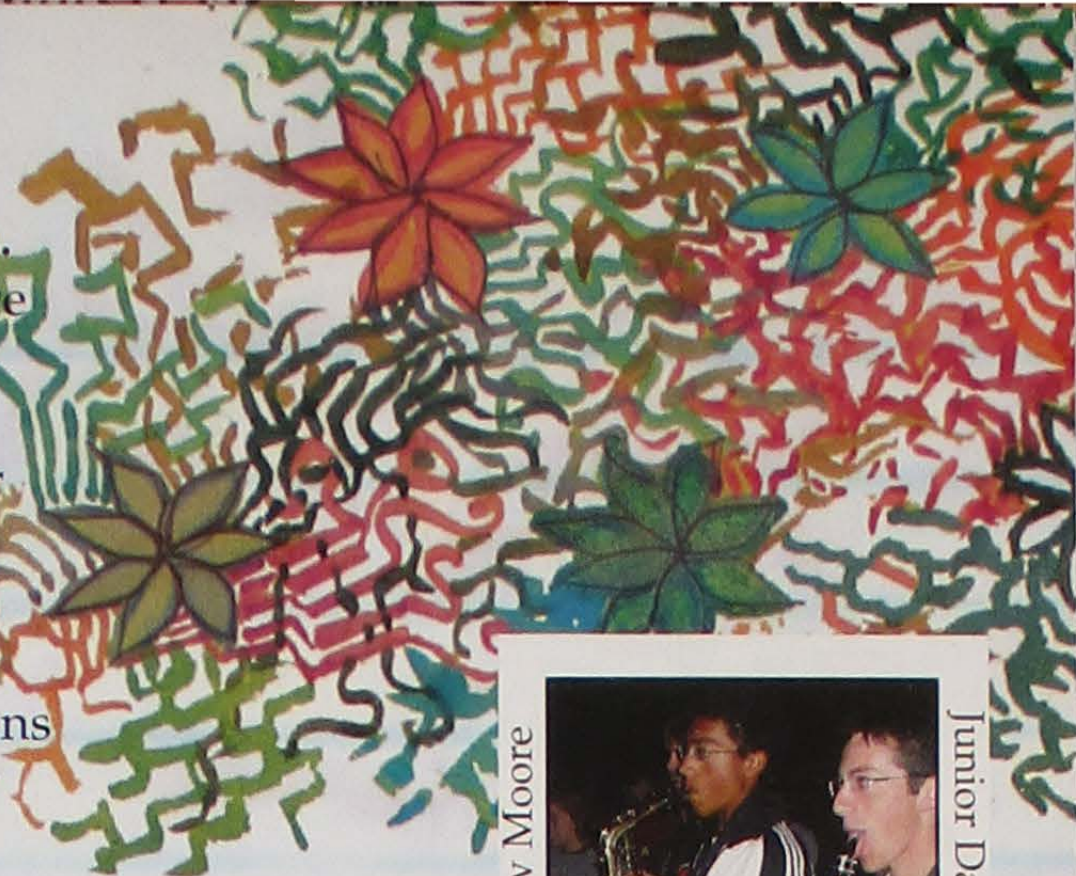
Please, Not Again! - Heading back from the practice field, sophomores **Bob Bjorklund**, **Atli Heimisson**, and **Brandon Friedrich** play "Reptilia" by The Strokes. These three became notorious for driving the band crazy every Tuesday and Thursday with this song. (Photo by Emma Welch)

Artwork by Lindsay Burke



Caught Off Guard

- Standing dazed, teachers **Mr. and Mrs. Jurgensen** enjoy a nice 1 A.M. wake-up by the band, being led by senior drum major **Melissa Hueismen**. Some teachers made the hit list every so often, but the Jurgensens were on the list every year no matter what. (photo by Ben Nadler)



Ohhh! How Pretty - Looking at jewelry during the Art Festival, junior **Rachel Voit** and her German student try to determine what jewelry best fits their interest. (photo by Jess White)



Battle it Off - Showing off his impressive pipes, freshman **Jack Sanders** and his band members try their best at the Battle of the Bands. Despite their best efforts, the win went to Pullet Surprise. (photo by Jess White)

First Time is the Scariest - Waiting for the next stop, freshman **Jay Ochanpaugh** prepares to raid **Mr. Brekke's** house in the pre-dawn hours of the dreaded Band Raid night. (photo by Ben Nadler)



Practice Makes Perfect - Going over his song for all-state tryouts, senior **Daniel Jahren** was one of many band members who worked hard to get a spot on the all-state squad. (photo by Ben Nadler)

Record Keeper - Wandering the lines, teacher **Mr. Buttermore** checks off student sophomore **Tim Fernando** from his long list of names. The band had over 200 members, which made keeping track of them all a challenging task. (photo by Emma Welch)



I Didn't Sign Up For This - Waiting out in the cold, senior **Alyssa Frandsen** contemplates whether standing out in the cold is all worth it. Though it was cold, the band kept good attendance throughout the season. (photo by Emma Welch)

Junior Andrew Moore

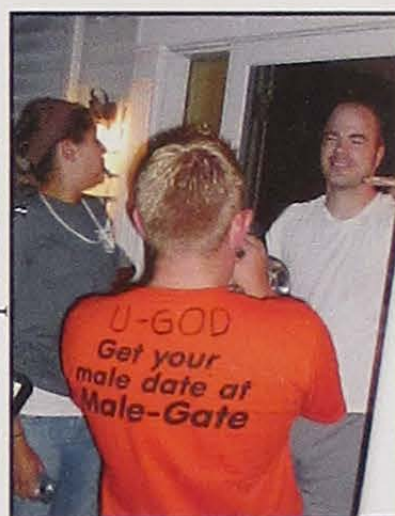


Junior David Shirkbroun

Senior Garrett Adams



Senior Spencer Botine



Teacher Joseph Brekke

Junior Leo Bird



Freshman Spencer Davis



Freshman Brady Brinkemeyer

HOMECOMING



The Homecoming Court



B
A
N
D

R
A
I
D



Juniors Annie Block & Emma Rathe



Sophomore Neil Gerstein & Gilbert student Rob Doud



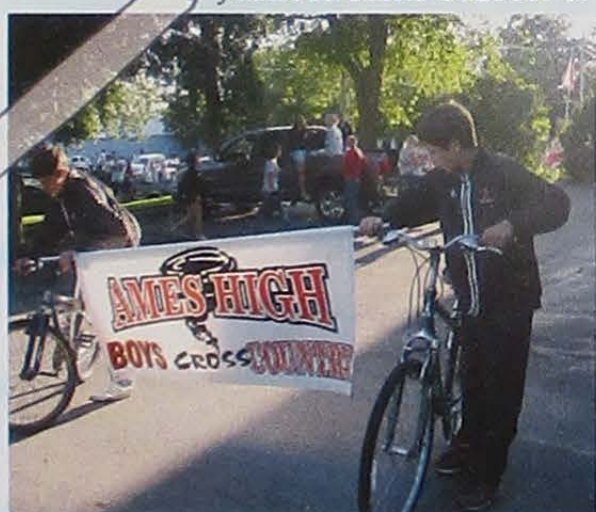
Juniors Kelli Barrett & Katie Trickle



Senior Natalie Enloe as Juno



Seniors Taylor Slotter, Steph Keller, Ellie Weiss & Cory Winegardner



Freshmen Bryan Graveline & Johnny Hadish



Paper Rain - Cleaning up the mess that the Boys Golf team left at Mr. Voss' house, Junior Alex Lyons attempts to pick up part of the 1500 roll TP job. (photo by Kelli Barrett)



Seniors Jordan Bundy & Kate Gibson, Junior Katie Trickle

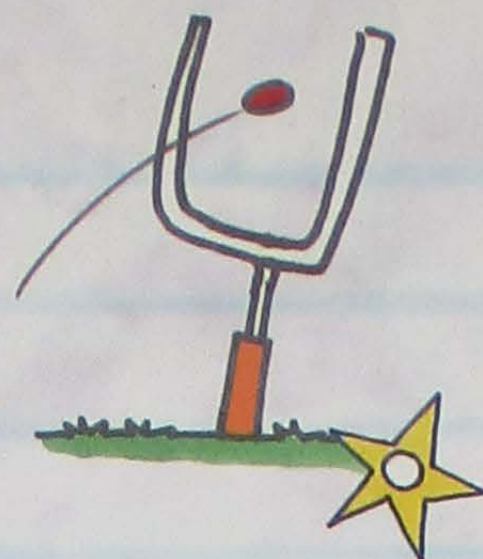
"Lights, Camera, Action" was the theme of this year's Homecoming. The week was filled with fun activities including a parade and a Bandshell dance on Monday. On Tuesday, bands from across Ames battled it out in the Battle of the Bands. Wednesday was dress-up-like-your-favorite-movie-star day. On Thursday, students gathered for a grill out and movie at Bandshell park. Friday saw the football team defeat Mason City. Then, finally, Saturday was the Homecoming dance! This year's homecoming court was Steve Stark, Ben Nadler, Prince Ben Mackey, King Sam Tim, Max Tsai, Anson Woodin, Mythili Prabhu, Andrea Metzger, Queen Jackie Mason, Taylor Slotter, Jill Joeger, and Princess Julia Reynolds.



Seniors Anson Woodin & Jordan Vander Zwaag



Seniors Chris Peterson, Pat McCormick, & Kyle Swenson



Varsity Cheer Squad



Varsity Football Team



No Problem Here... - Climbing to the rescue, Senior Jesse Pritchard attempts to fix the balloons in center field before the introduction of the homecoming candidates.



Seniors Sam Tim & Tyler Crandall

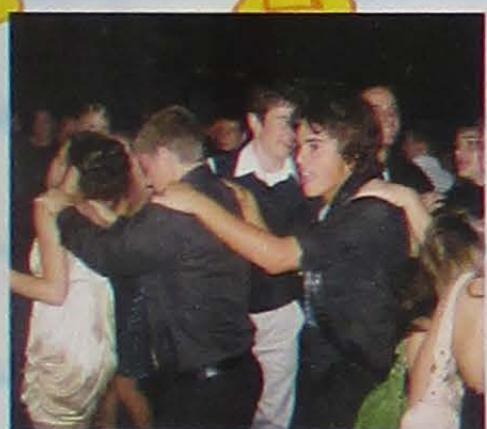


Male-Gate cheering at the game

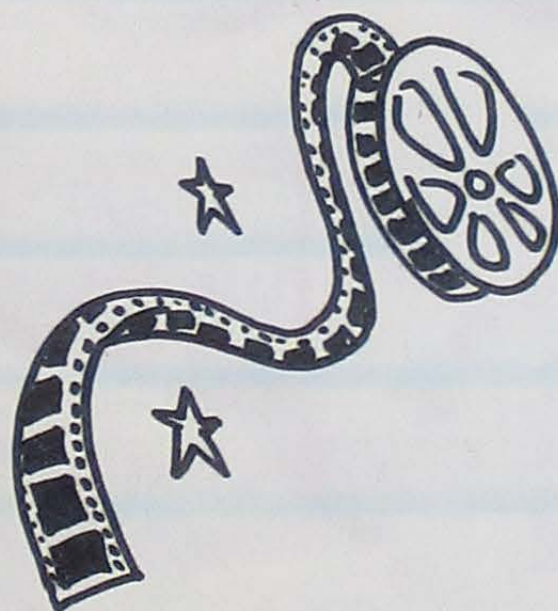
Sophomore Colin Peterson



Senior Pat McCormick



Senior Alex Kunvatanagarn



Senior Marleybob Dobyns



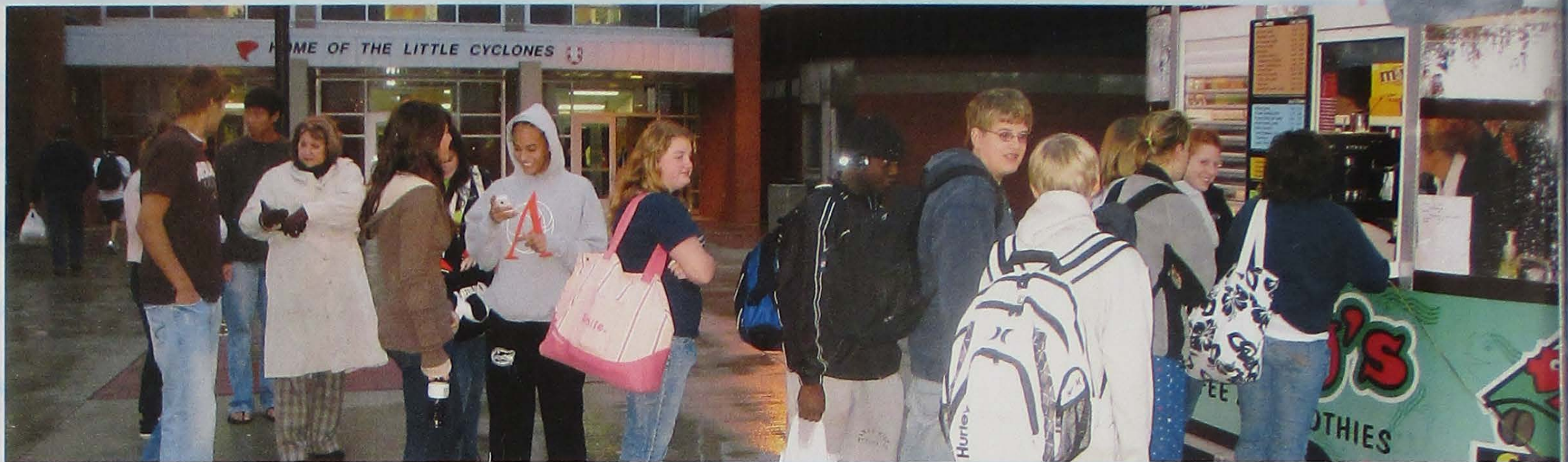
Seniors Emily Boydson, Jeanie Borich, & Emma Welch



Junior Cathy Pastiak & Senior Ben Nadler

OCTOBER

Student Life



Cold Day, Warm Coffee - Standing out in the cold, early morning coffee drinkers await their chance to purchase a hot drink before school. All the money made in the Cuppy's Coffee sales went towards a fundraiser for the hospital bills for Dan Flannery's son. (Photo by Ben Nadler)



After Race Cool-down - Taking a breather after the race, AHS students participating in the Abana Banji race await the race results. (Photo by Ben Nadler)



And the Winner Is... - Addressing the crowd, teacher **Mr. Mooney** has to stand on a table to be seen while announcing the race winners. (Photo by Ben Nadler)

On a cool Saturday morning in October, a little under 200 students participated in the Abana Banji run and raised over \$3300 for building schools in Uganda, Africa. The run this year nearly doubled the participation from the previous year. If this same percentage of growth is experienced next year, the total money raised could pay for an entire school to be built.

The race was fairly competitive and saw Mr. Mooney finish in the top 10. The winners of the high school division were Jack Espeset for boys and Emily Boydston for girls.

Cuppy's Coffee came in October to raise money for medical bills in support of Dan Flannery's daughter, Leah, who had to have surgery. Together, students, faculty and families of AHS raised over \$5000 dollars in support money.

Halloween landed on a Friday this year and some students and teachers dressed up for school. Most notable was hall monitor James Brockway who dressed up as an evil humpback scientists and chased students left wondering the halls during class.



Sophomores Kim Richards & Allison Church



Sophomore Brian Bjorklund

DECA WEEK

October 12th-16th



How We Do Business - Standing in the front hall, juniors **Trevor White** as meat and **David Lewis** as cheese show off the completion of their fundraiser for DECA Week. (Photo by Bri Goodman)



You Can Dance if You Want To - Dancing like no one is watching, junior **Frances Hindt** shows her friends how it's done. This particular Halloween party had many fun activities including bobbing for apples, as shown by senior **Ben Mackey**. (Photo by Ben Nadler)

Social Intelligence

Spooky!

Leadership Development

DECA

Vocational Understanding

Civic Consciousness

DECA week is all about promoting DECA, an association of marketing students, and the business classes at Ames High. This year the DECA chapter ordered 450 carnations to give out around town for random acts of kindness.

Each day of DECA week had a different theme or activity. On Monday students wore their DECA shirts. On Tuesday there was a bake sale to raise money for the Heart Connection. Wednesday, the students participating in business dress-up day. Thursday was the day of Random Acts of Kindness when the students passed out the carnation flowers. Friday, students were to show school spirit for the football game. Throughout the whole week DECA had a change drive to raise money for Heart Connection.

Random Acts of Kindness



Seniors Jake Zunkel & Nathan Griffith

A Political Halloween

- Checking over her student's work, teacher **Coach Norris** stands dressed as Joe the Plumber. Even on a fun day, political fever ran rabid throughout the school. (Photo by Ally Eregbu)



Go, Goku, Go!

- Showing off his limbo skills, senior **Jamison Disalvo** dips to a subhuman level as he goes for the win. Disalvo's particular costume was modeled after super sayian Goku from the anime *Dragon Ball Z*. (Photo by Ben Nadler)

OCTOBER



**GO
TEAM**



Dancing Fools - Spinning in circles, the AHS XC team dances away the thought of running at a pasta dinner Wednesday night. The pasta dinner at senior Ben Nadler's house was filled with dancing and loser pool. (photo by Ben Nadler)

It's the fourth quarter of a football game; it's the 3rd game in a volleyball match; it's the last lap in the 400-yard freestyle relay; it's the last mile at the conference meet; it's our Ames High sports of the Fall season coming to a climax in their seasons.

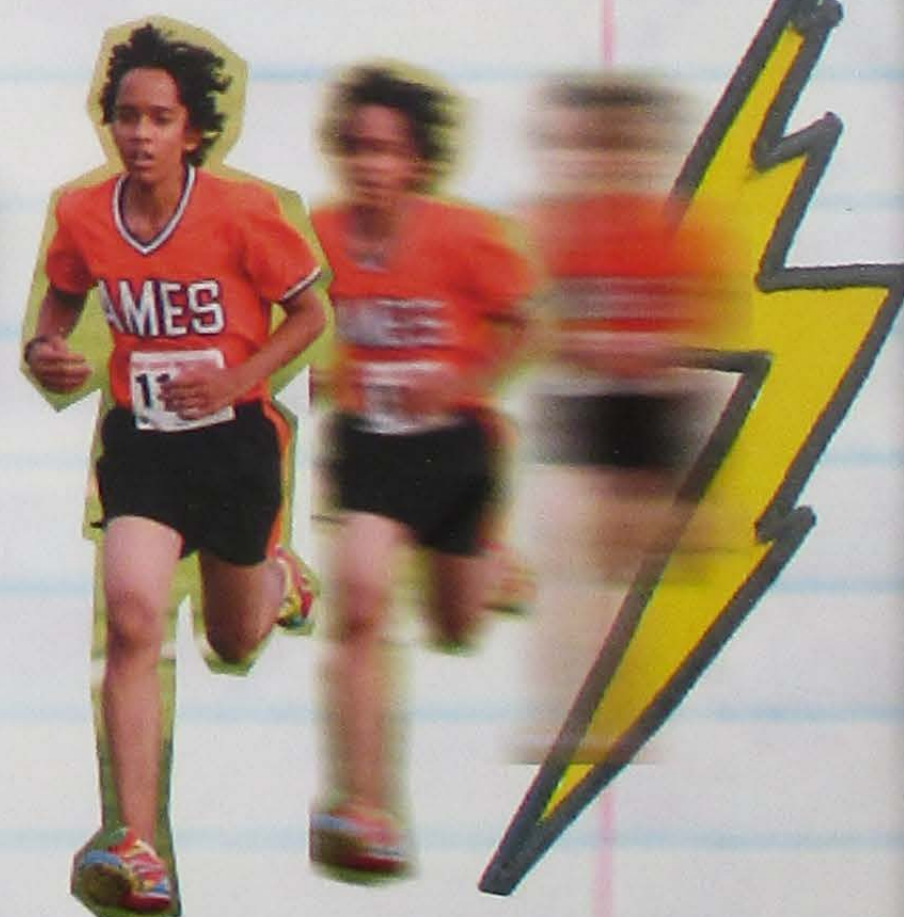
One of the most memorable games this month was the anticipated Ames vs. Marshalltown football game. Marshalltown considers us their biggest rival and they pushed back their homecoming game just to be able to beat us on that night. But they were soon to be disappointed. After a closely contested 4 quarters, the game went into 2 overtimes. In the second overtime, Marshalltown got possession first and ran the ball to the 1-yard line. After an impressive goal line stand for three downs, Marshalltown decided to go for it rather than kick the field goal. The Little Cyclones kept them out. With momentum on our side, the offense came out to seal the win and secure the team's place in the post-season.

Another sports highlight came at the pool. Our girls swim team competed and dominated at the Fort Dodge pool, becoming the new district champions for the first time in 22 years! For his part in it all, Coach Flannery was awarded CIML Coach of the Year.

Last, but not least of our October highlights, is the success of the girls cross-country team. They went to conference and won it outright. All 7 of our runners placed in the top 15. They carried over those accomplishments to districts, which Ames also won. At districts, we had 5 of our 7 runners in the top 10. Overall, Ames High sports displayed great athleticism in the month of October.



Get Your Grub On - Chowin' down, Girls Cross Country seniors **Katie Williams** and **Julia Reynolds** speed eat at Perkins for the Tremendous 12 eating contest. Since they had such a dominate lead over the competition they did not go for a record time and instead stopped at 4:30 for a medium paced meal. (Photo by Cathy Pastiak)



Freshman **Ujjal Bhattacharyya**

Freshman Louis Dupois



Senior Ben Mackey



Sophomore Judy Syrkin-Nikolau

Junior Audrey Folkman



AMES HIGH
FIGHT!

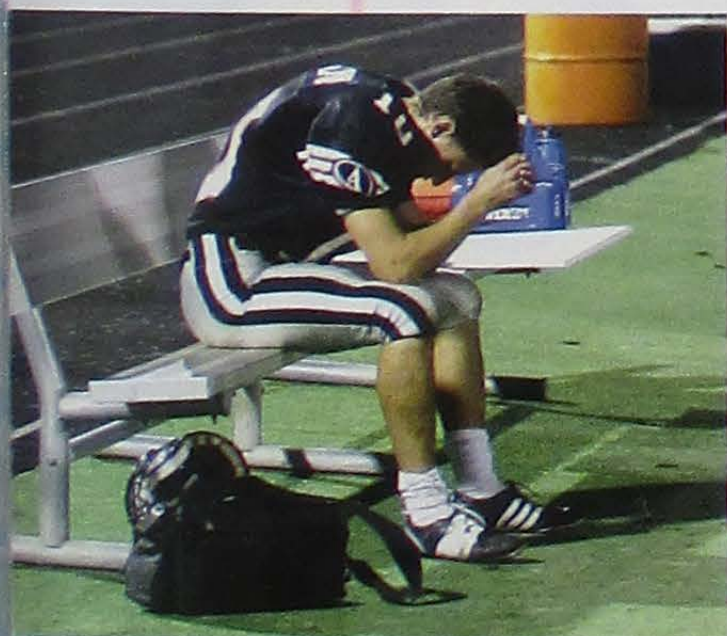
Senior Quentin Ring



What was your favorite sports moment?

"Cheering at the South East Polk football game, and winning in over time."

Senior Fall Cheerleader
Megan Grummer



Can't Win Them All - Disappointed with himself, senior kicker **Jamison Disalvo** contemplates his last kick against Mason City. Though Disalvo missed one this time, throughout the season his amazing kicking distance wooed both opponents and the home team alike. (photo by Jessica White)


What was your favorite sports moment?

"I was skateboarding and I did a trick... and I fell off and did the splits."

Sophomore Tyler Grieser



October Arts



October is one of the most Artistic months of the year. There is art everywhere you walk, from Halloween costumes to paintings on the wall. Ames High is surrounded by students with creative genes. There are many places for artists to hang out such as art shows, art classes with Coach Norris or Mrs. Hassebrock, or even joining Art Club and hanging out with other artists.

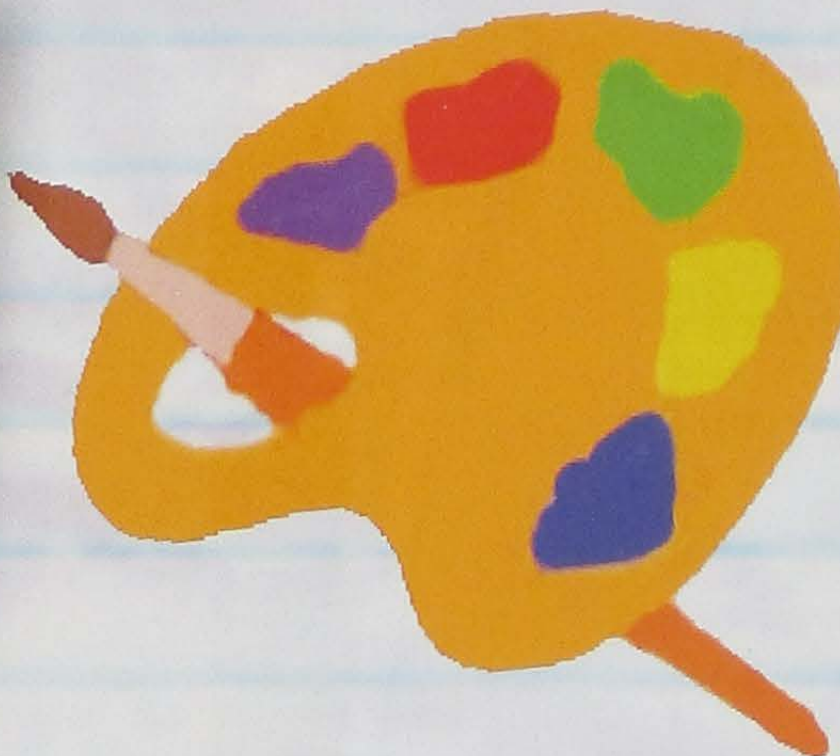
"I love how art lets me be free and it doesn't limit me to a certain topic or subject. It really opens my mind to new things," Senior Jessica White said. Others may argue a different point. "I think it is fun at times, but it is a little too structured," junior Audrey Folkman said. Students may disagree with the structure, but none can argue the amazing results of the Ames High art program.



Roll It Out - Rolling paint on her template, junior **Audrey Folkman** finishes her 2D art project. The project was to make a template out of rubber, roll paint onto the slab, and then stamp it onto paper or some other surfaces. (Photo by Alyx Lyons)



A Sewing Machine - Working on a tricky seam, junior **Reed Wu** finishes up a t-shirt in his 2D art class. A multitude of art classes were offered this year. (Photo by Alyx Lyons)



Junior **Maegan Dudley**



Unlimited Possibilities - Drawing her masterpiece, junior **Kim Anderson** finishes up a drawing for her final. (Photo by Alyx Lyons)



Freshman **Selena Small**



Junior **Brad Cloyd** & Senior **Cara Christofferson**



It's the Easter Bunny - Pondering his current situation, band director **Mr. Ewan** stands atop his podium out on the practice field. A bet was made with the trumpets that stated, "If you play loud and in tune at the game, I will wear a bunny costume." I guess the joke is on him. (Photo courtesy of Mr. Paulson)



Are We Supposed to be Playing? - Waiting on the track, senior **Julia Reynolds** and sophomore **Kimberly Garasky** await to play the halftime show for the varsity football game. (Photo by Ben Nadler)



Senior **Abby Johnson**



Check Out Those Lines! - Marching across the field, the AHS marching band keeps a remarkably straight line for their signature AHS Loyalty routine. (Photo by Jessica White)



Blow Those Horns
Searching for the right notes, senior **Katie Williams** plays along to Mainstreet America. Last year Mainstreet was removed from the band's repertoire but this year it was back by popular demand.



It's So Cramped Up Here - Stuck against the wall, sophomore **Madison Prueger**, waits for the signal to play AHS Loyalty on the track after the halftime show. The mallets, or "The Pit," are the only band members who do not have to march on the field.

Dance Party - Laying down a phat cadence, seniors **Jon Cowan** on bass, **Ben Nadler** on quads & **Anson Woodin** on snare play through the cheer cadence, Funky 4. (Photo by Jessica White)

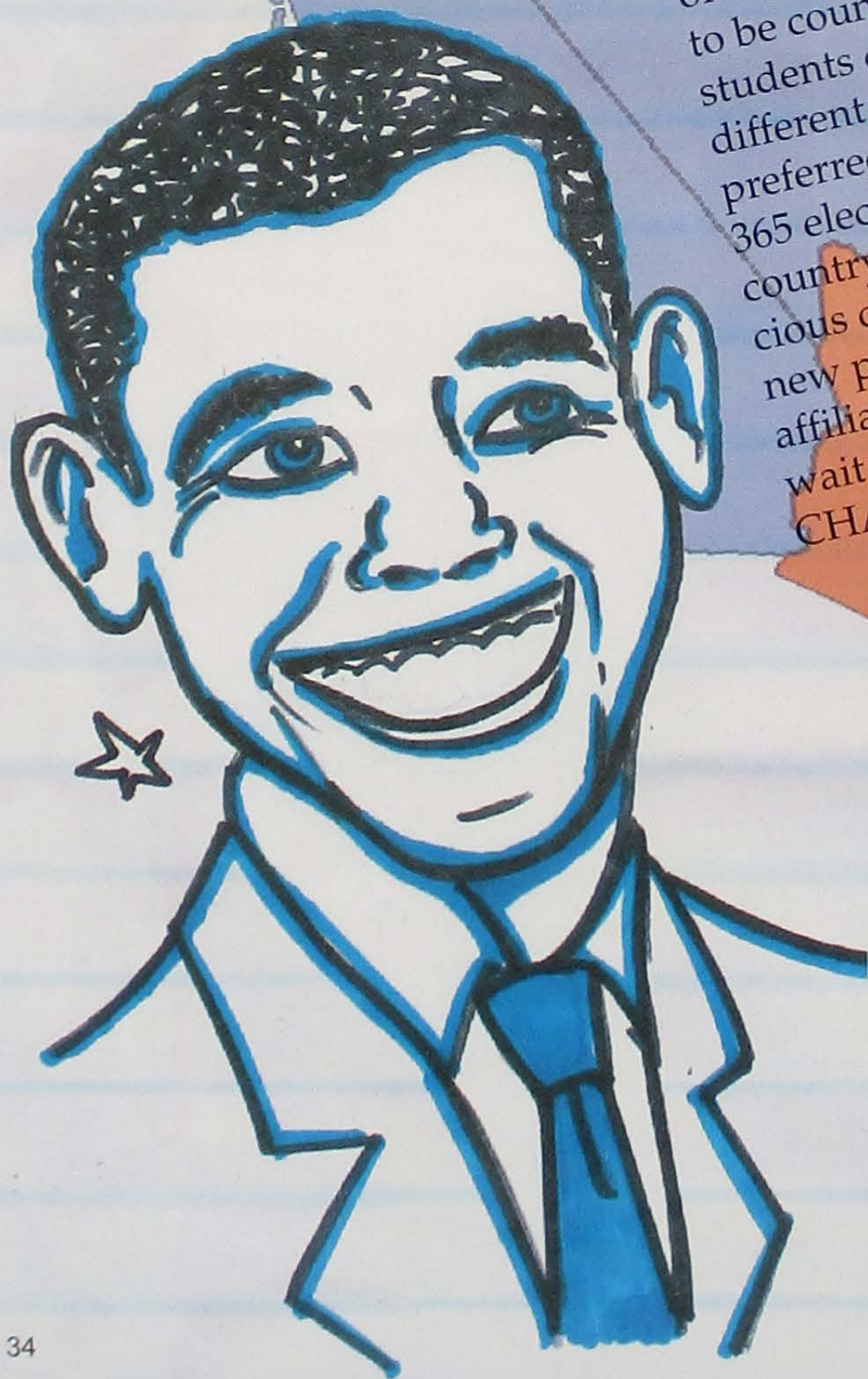


POLITICS '08

Story By Kaitlin Estill



Stickers Galore - Taking his pick of the lot, senior **Ben Mackey** chooses his favorite Obama sticker. Stickers were one of many advertisements the Obama campaign used to spread his name. (photo by Merdith Anselman)



November fourth rolls around, and it's the day we've all been waiting for: the election. The outcome of the election held the potential to make dreams come true or finalize decisions to move to Canada. The intense build-up to this year's presidential race made it one of the most thrilling in our nation's history. The controversy caused by the introduction of the colorful Sarah Palin, governor of Alaska, as John McCain's running mate furthered the excitement. In Ames, vandalism of campaign signs reached record highs. Ames High students got involved with the election by canvassing for their candidate of choice and a select number of upper classmen were able to partake in the delight that is voting.

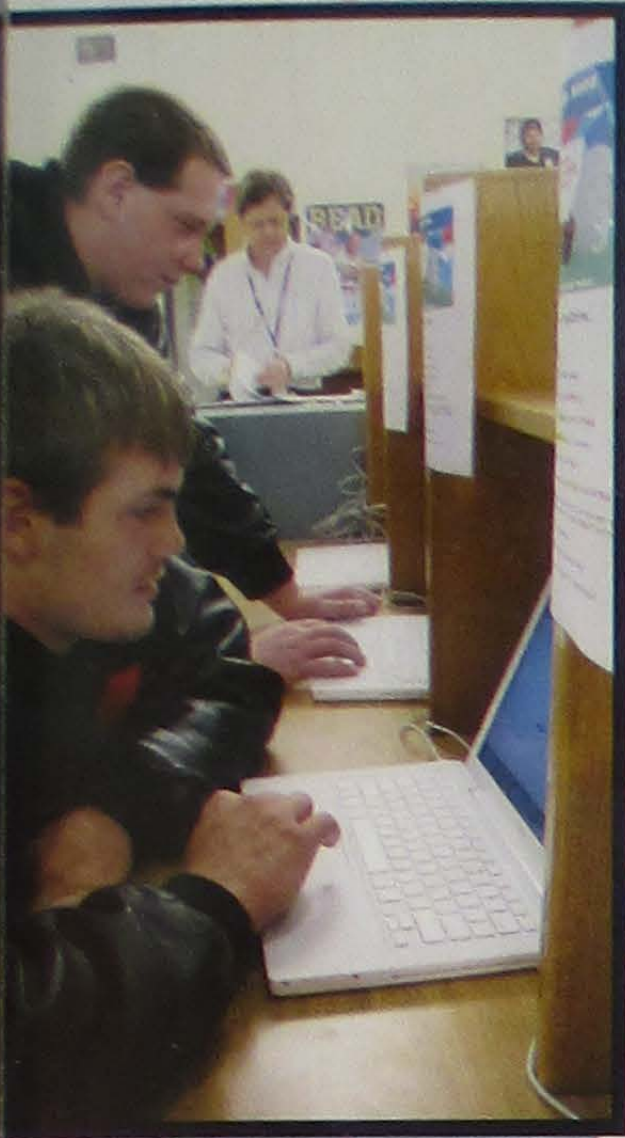
Eager anticipation and the buzz of political discussion filled the hallways of Ames High on the day of the election. At seven o'clock p.m. the votes began to be counted as the nation held its breath. Some students chose to watch the election from numerous different parties held for the occasion while others preferred their election experience to be in solitude. 365 electoral votes later and America had elected our country's first bi-racial president. McCain's gracious concession speech, supporting Obama as the new president-elect, impressed all. Despite political affiliations, the only thing Americans can do now is wait until January 20th and HOPE Obama brings the CHANGE America needs.



Joe Biden



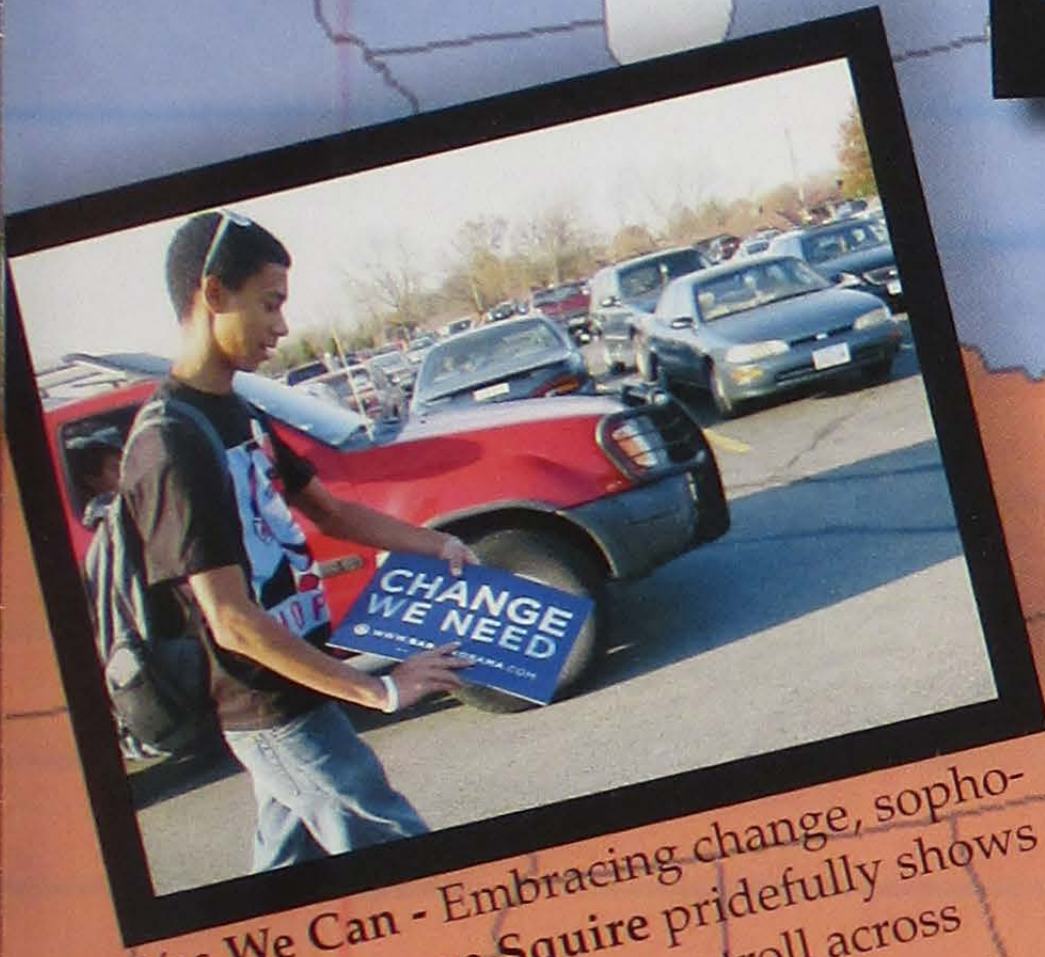
Presidential Pizza Party - Taking a break from the news broadcast, seniors **Laurel Tuggle, Julia Reynolds, and Rina Ishii** take advantage of the temporary lapse of coverage to indulge in some hot pizza. (photo by Merdith Anselman)



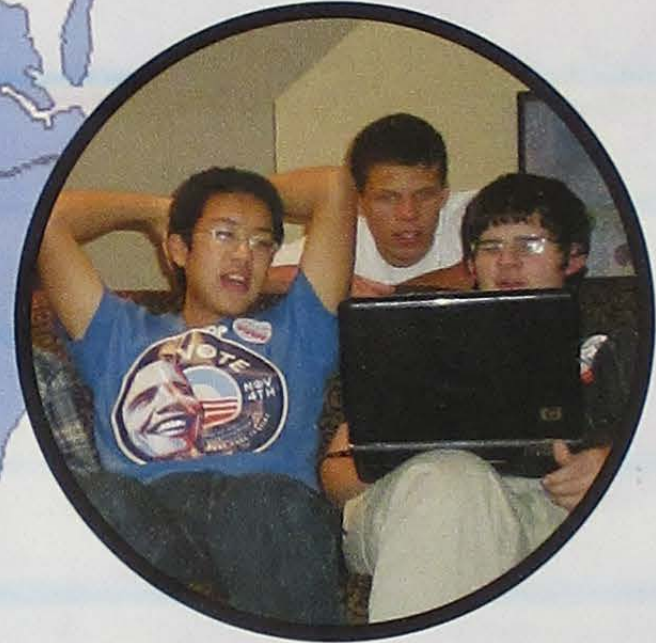
Pick Yo Prez - Upholding their civic duty, seniors **Stephen Smalley** and **Derek Accola** vote in Ames High School's mock election. Obama came out victorious, foreshadowing the outcome of the national election. (photo by Ben Nadler)



Sarah Palin



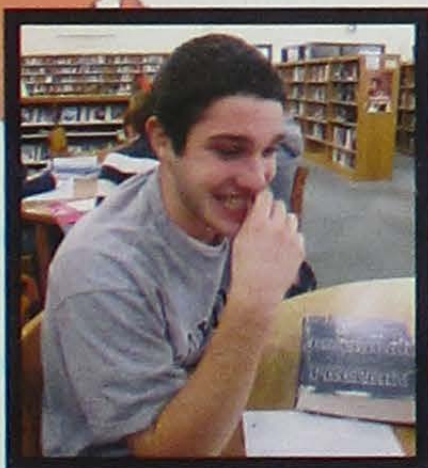
Yes We Can - Embracing change, sophomore **Malcome Squire** proudly shows off his political sign in a stroll across the school parking lot. Malcome was one of many Obama supporters to take their beliefs to the streets. (photo by Ben Nadler)



Viva La Eleccion - Keeping a close eye on the election results, seniors **Max Tsai**, **Kevin Arritt**, and **Stefan Breitling-Garlington** root for their presidential preference. (photo by Meredith Anselmen)



Anna Prozorov, **Aubrie Barber**, **Shannon Friederich**
"The economy"



Aaron Ackerman
"Gay rights"



Tulika Biswas
"The war and the economy"



Katie Williams
"Religious affiliation"

"What issue is most important to you when choosing a political candidate?"





november

STUDENT LIFE

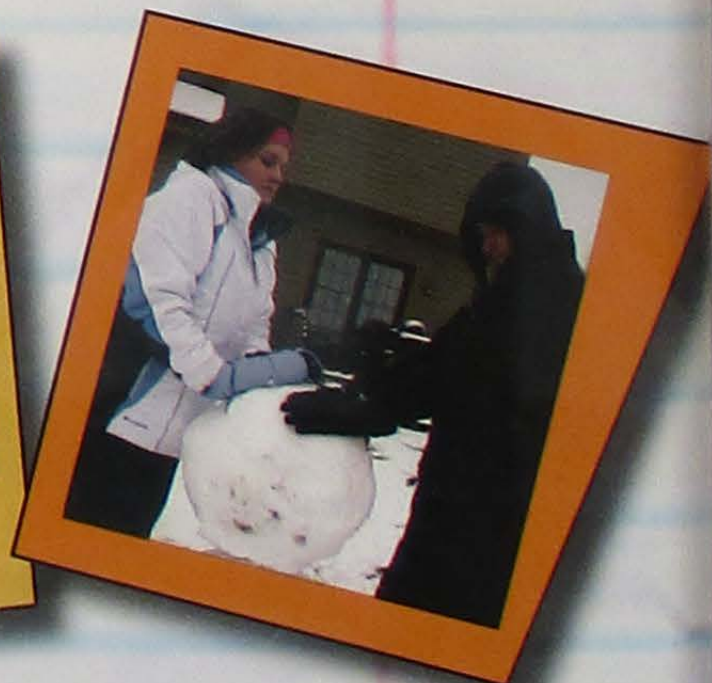
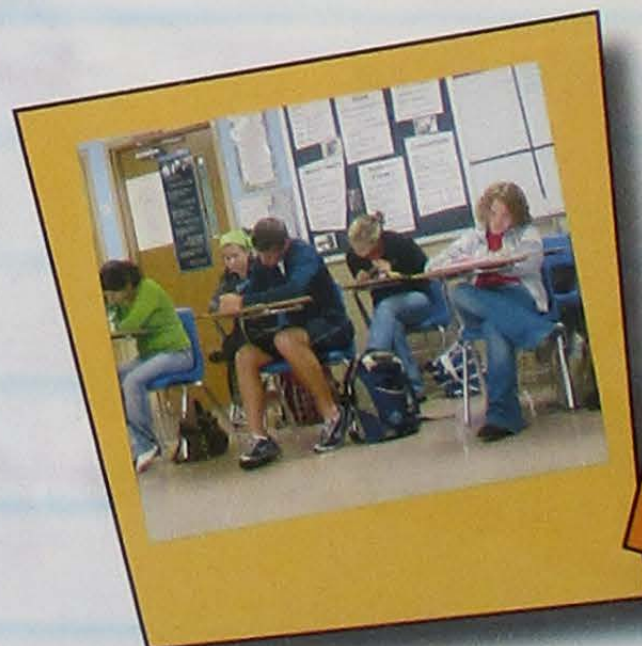
Story by Anna Ashley

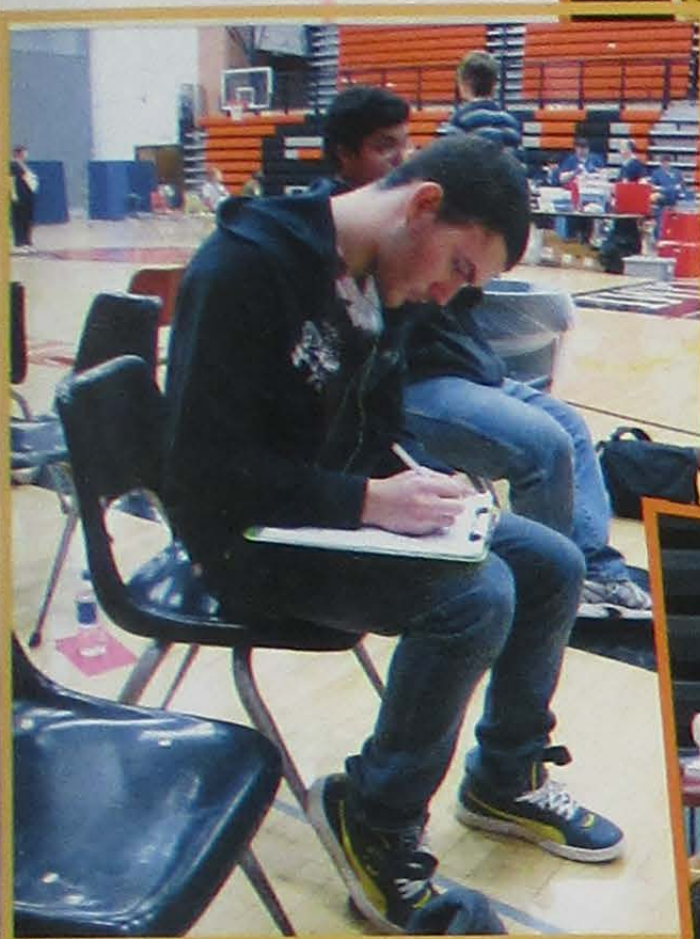
As autumn leaves continued to fall, the snow began to find its way to Ames in the month of November. The blanket of snow muted the chaos of the beginning of the year, subduing the activities of a soon-to-be restless student body. Out of this listless landscape, three highlights emerged: the Senior Senate Blood Drive, Thanksgiving break, and the premiere of the greatly anticipated *Twilight* movie.

From November 17th to the 21st, students signed up to donate their precious blood to help replenish the dwindling blood supply. About 150 students signed up and came to school on the 21st to endure the dreaded 15 minutes of blood-pumping action. However, some people didn't think it was so dreadful. "It wasn't that bad. People were being wusses about it," junior Jordan Fitzsimmons said.

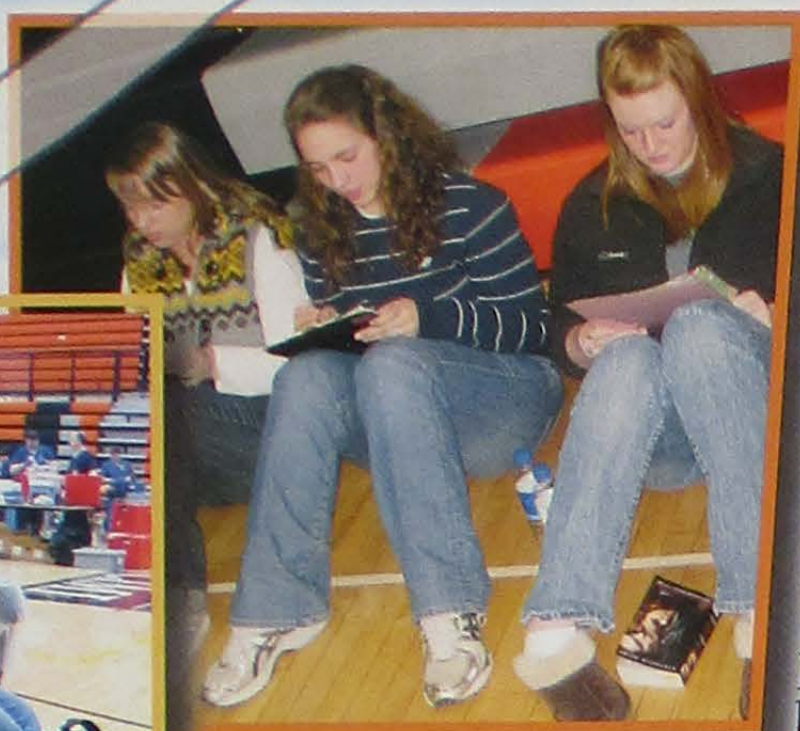
One highlight students always look forward to this time of year comes from the fulfilling, albeit brief, Thanksgiving break. Thanksgiving is one of the best holidays ever because it's acceptable to eat to your heart's desire and then sleep it all off, and all in the same day.

Last, but definitely not least of November events, was the premiere of *Twilight* on November 21st. This film adaptation of the popular Stephanie Myers vampire series was very successful, despite its meager budget and unknown cast. Junior Ellen Hansen had read the whole book series 7 times before the movie came out. She liked the movie and reported that "Emmett is the most attractive of them all." From blood-giving students to blood-sucking vampires, November was a fulfilling month.

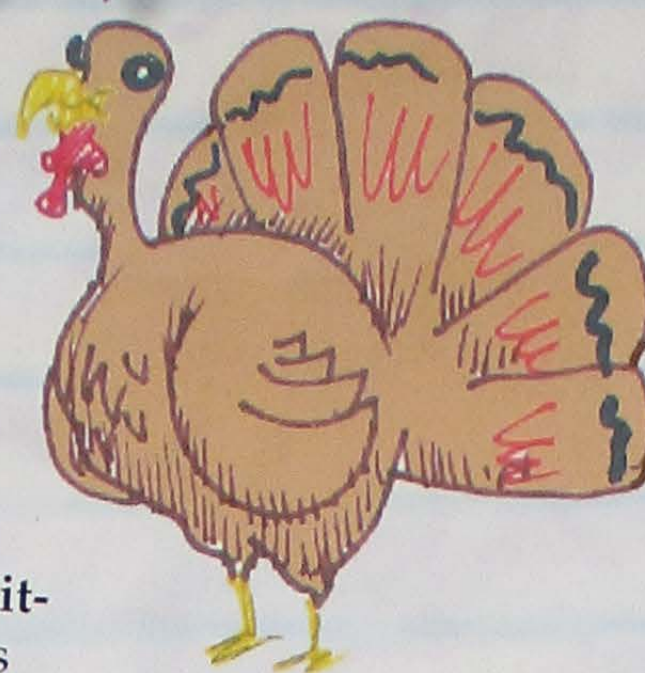
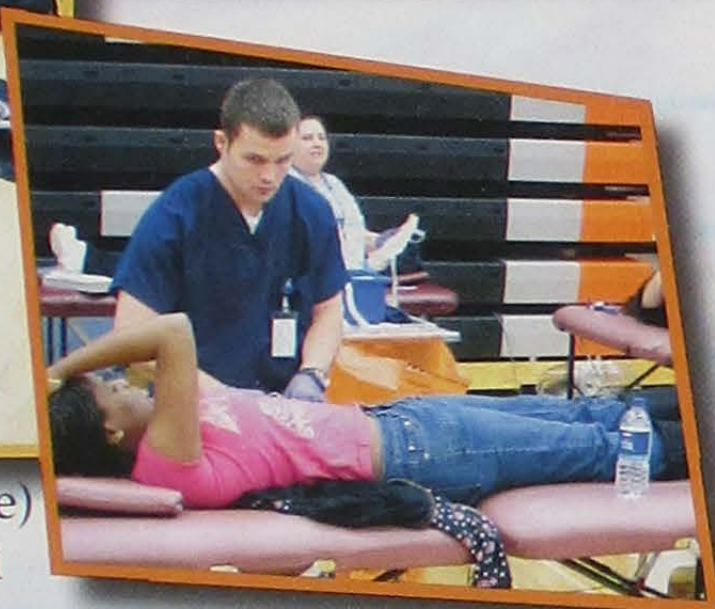




Senior **Garrett Adams** (above) and junior **Monica Mwaniki** (right) were both first-time donors. (photos by A. Eregbu)



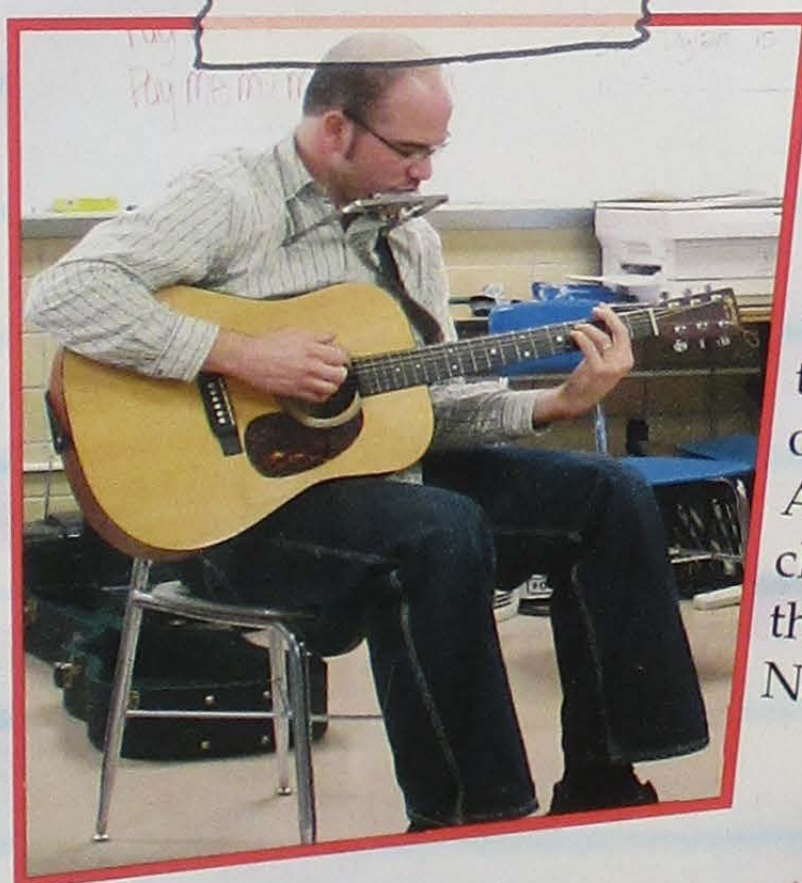
Save A Life! - Filling out their permission forms, sophomore **Whitney Manhart** & juniors **Molly Moore** & **Brianne Loughren** prepare to donate blood. Students and teachers of Ames High united to donate blood for those that desperately need it. (photo by Ally Eregbu)



Use the Force - Pushing a student down the hall, Physics teacher **Mr. Lazere** teaches a lesson about friction by playing with a home-made hovercraft. (photo by Anna Ashley)



Circle Gets the Square- Perfecting their game and reviewing for a quiz, 8th period Spanish 4 students work with their teams to win the round. (photo by Ben Nadler)

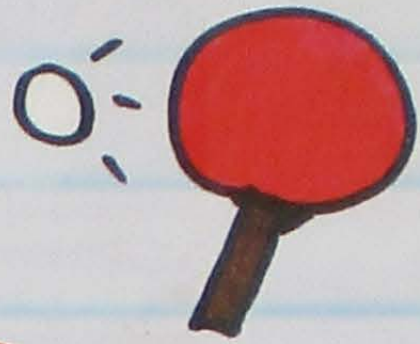


Learning Through Song - Multi-tasking, English teacher **Mr. Brekke** shares one of his hobbies with his Advanced Composition class during the last week of the semester. (photo by Ben Nadler)

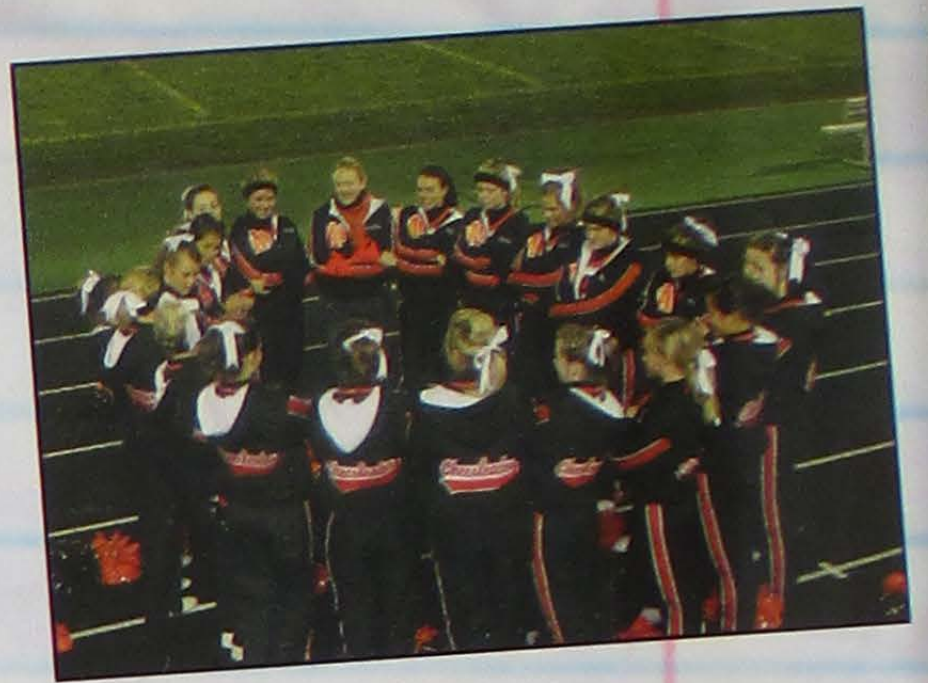
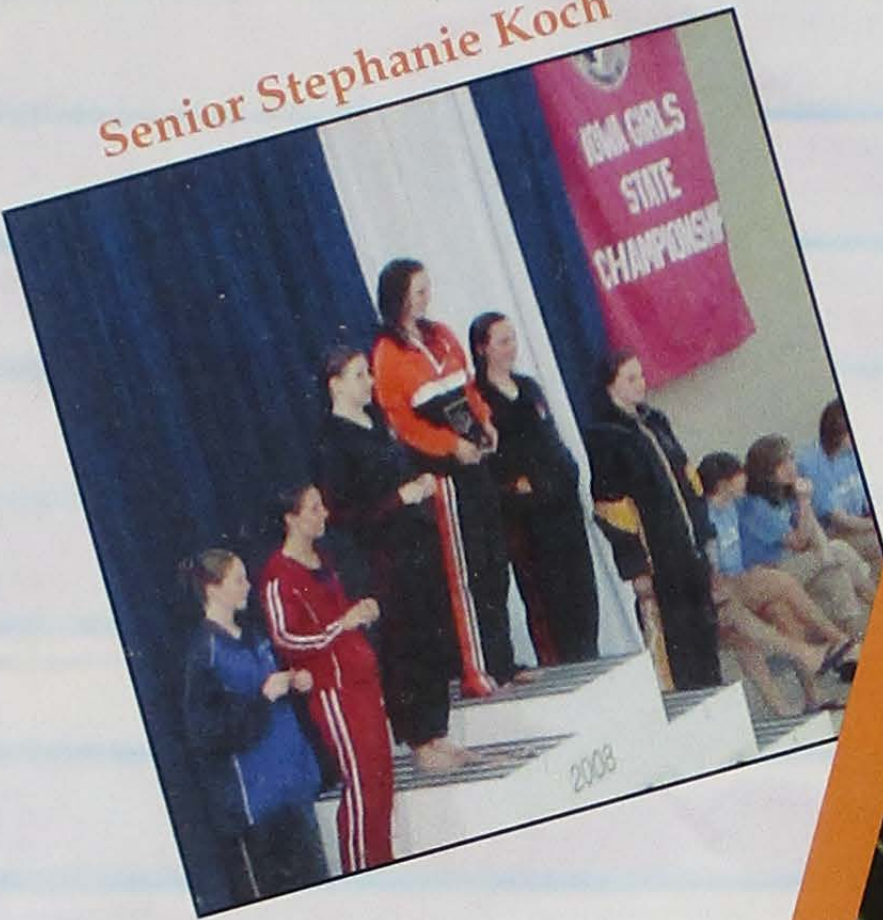


November

Sports



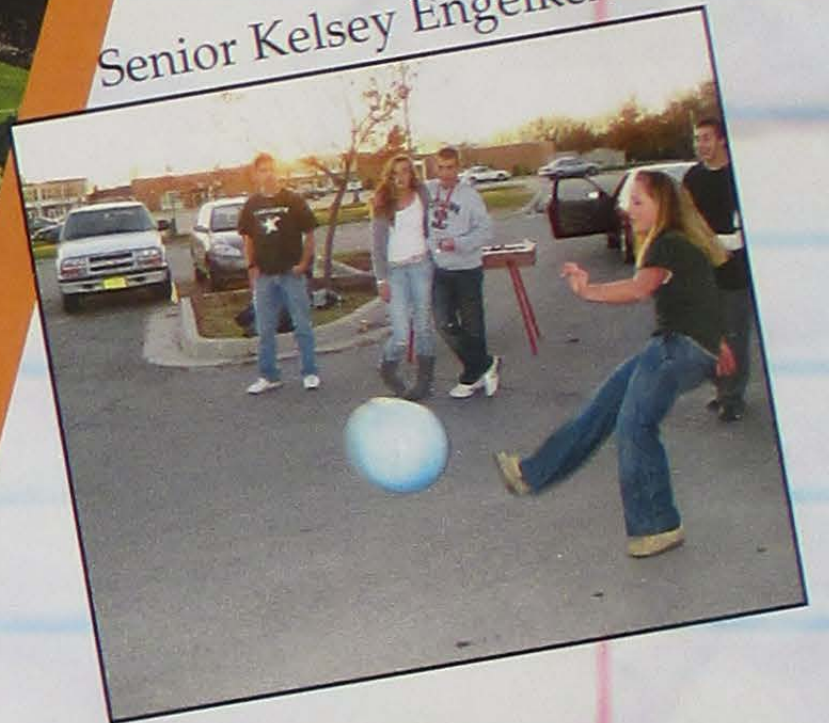
Senior Stephanie Koch



Senior Kelsey Engelken



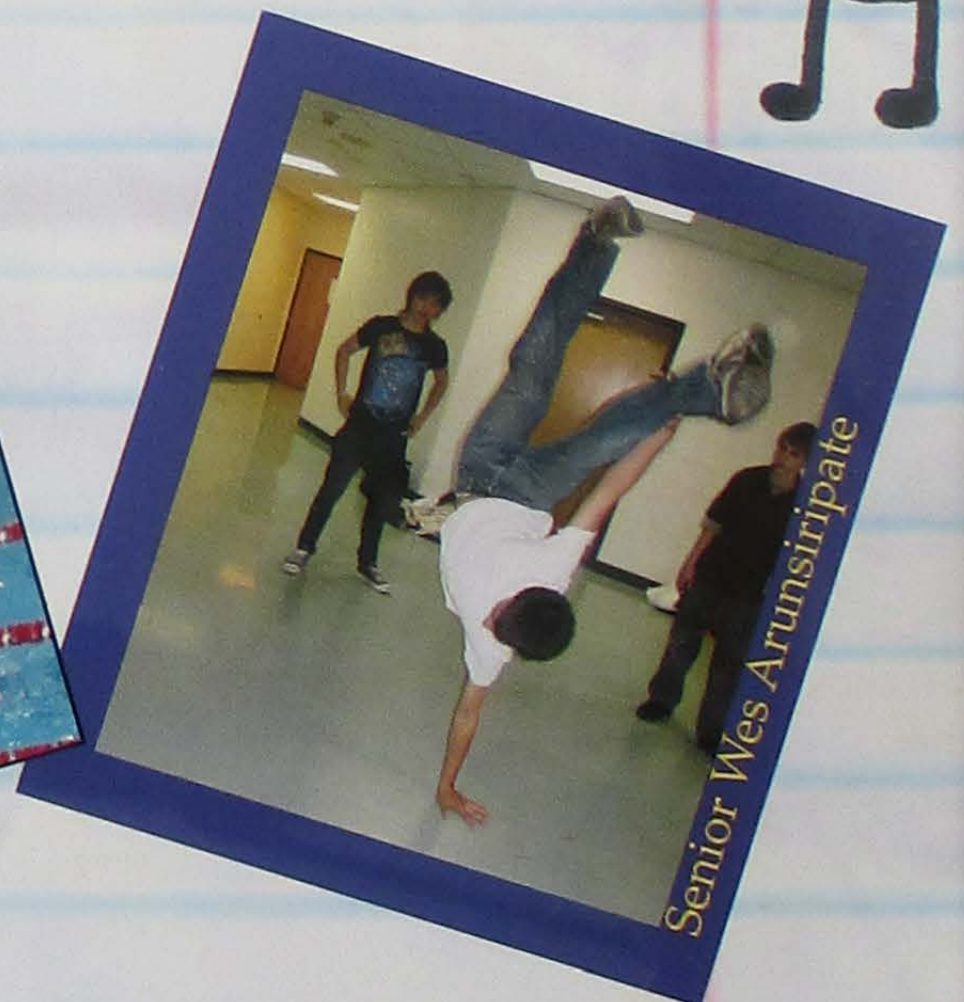
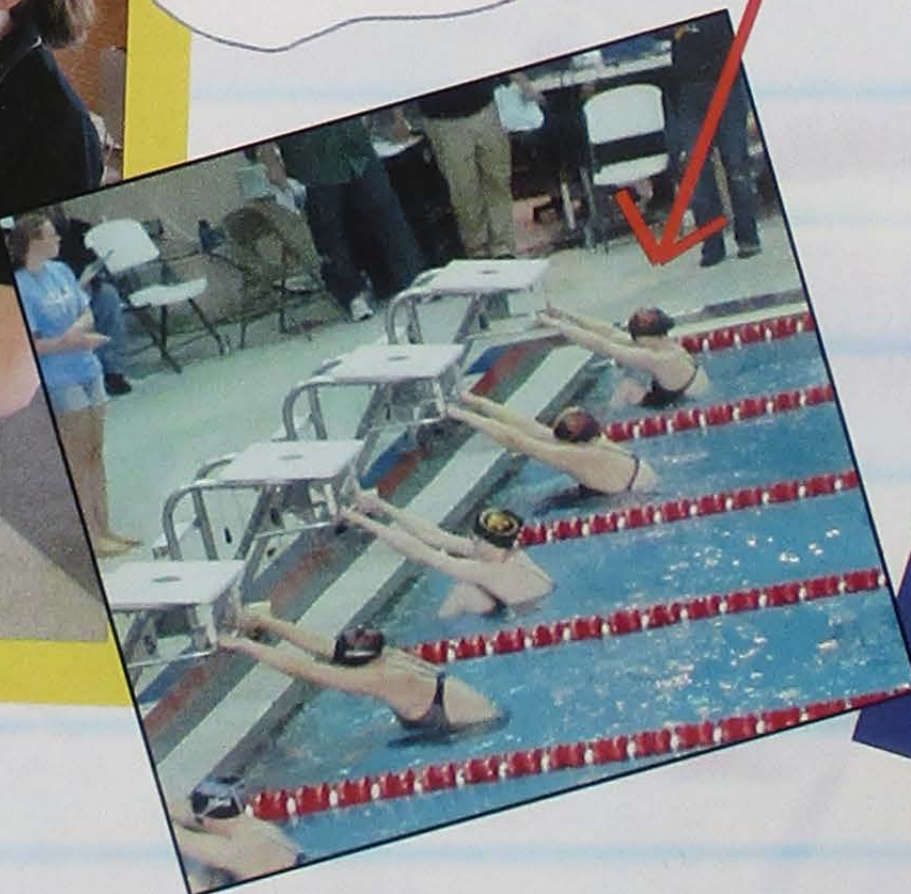
Varsity Fall Cheer Squad



Senior Taylor Steenblock



Junior Regan Davis



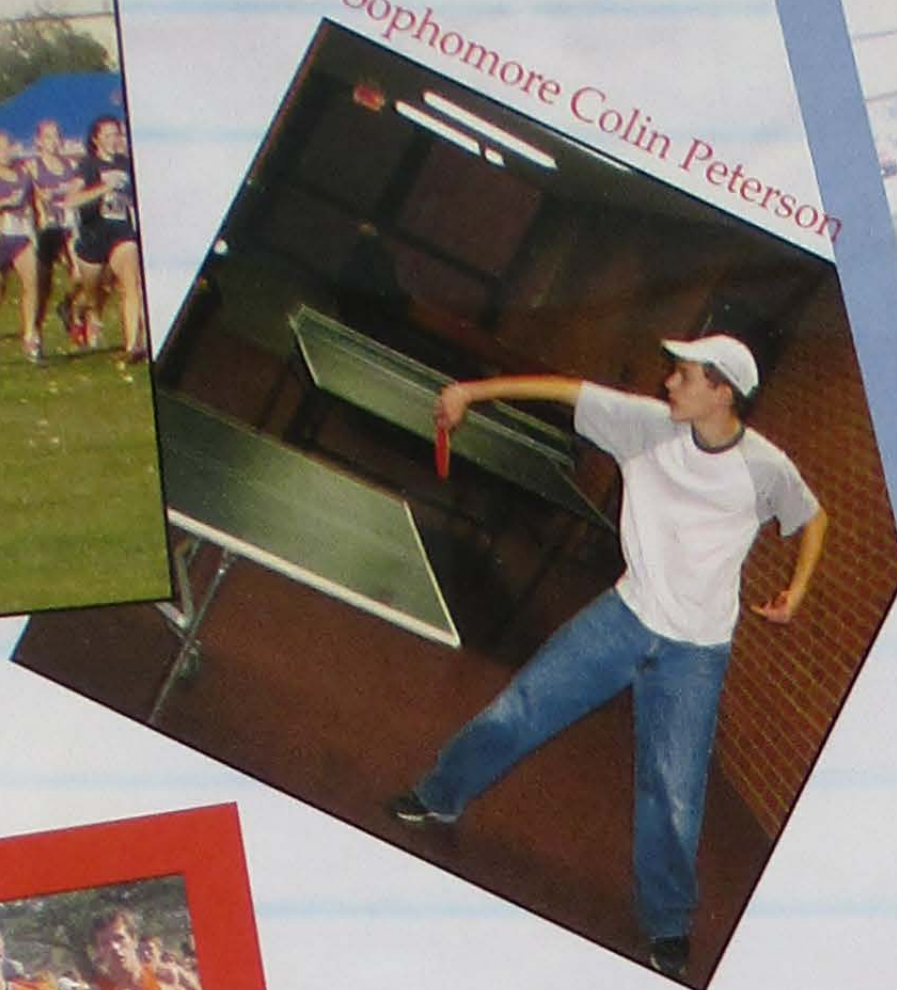
Senior Wes Arunsiripate

AHS Girls Varsity XC Team

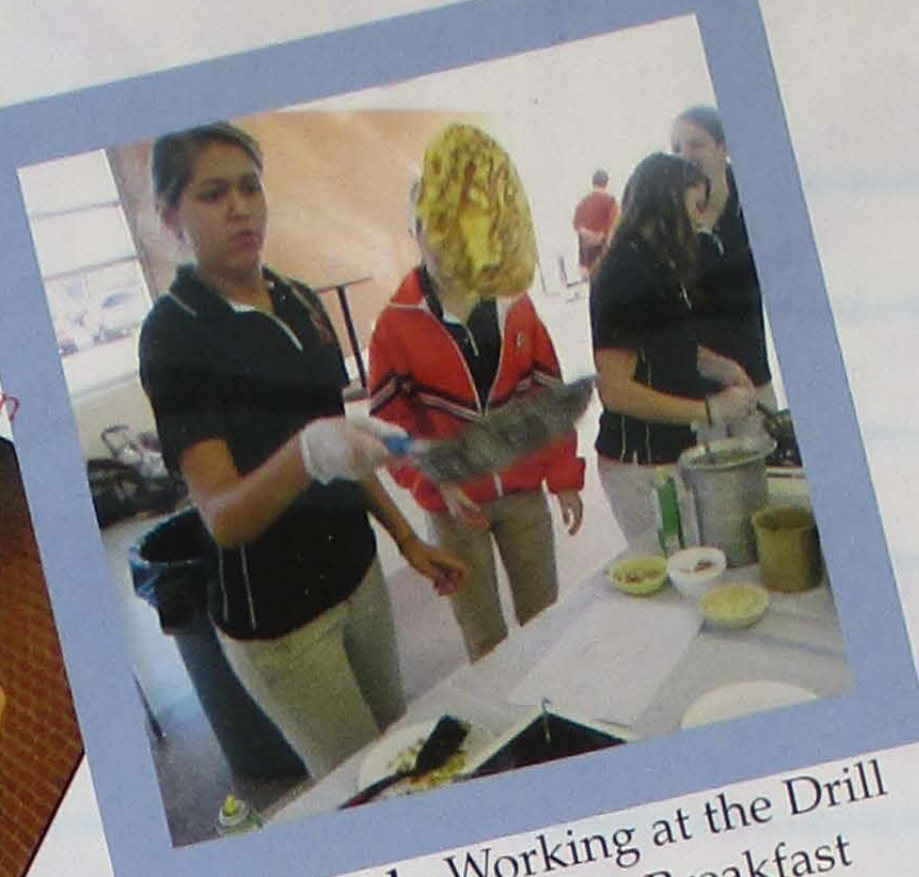


CROSS COUNTRY
497
CHAMPIONSHIPS

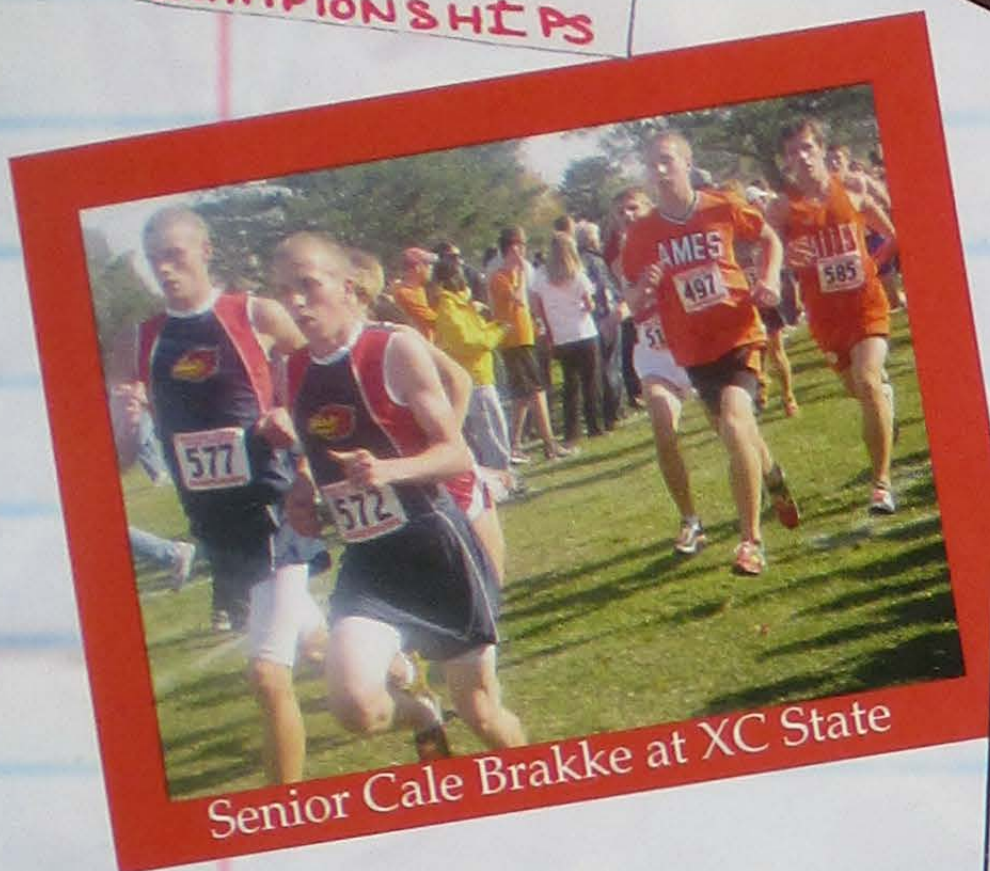
Sophomore Colin Peterson



Flip it Good - Working at the Drill Team's annual Omelet Breakfast fundraiser, senior **Melissa Huismen** carefully flips the omelet for a customer. (photo by Ben Nadler)



Senior Cale Brakke at XC State



Senior **Marley Dobyns** competing at the State Meet

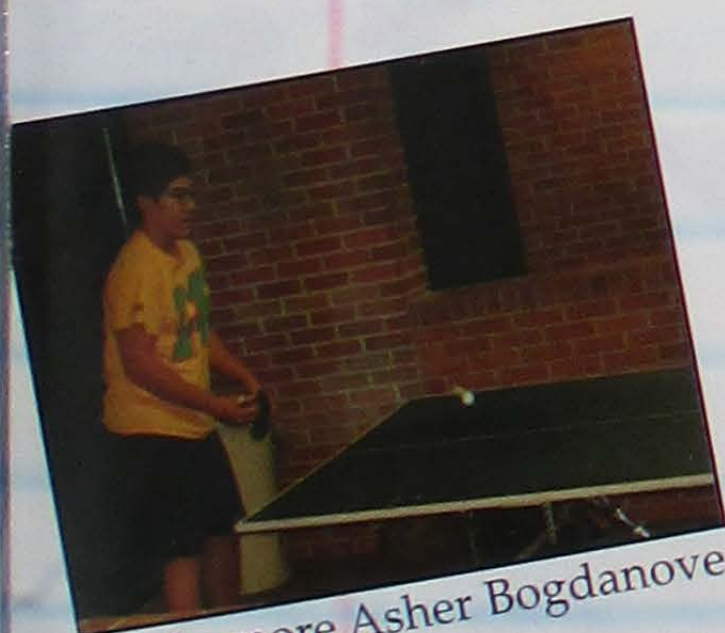


Shaving Party! - Preparing for the State swim meet the next morning, sophomore **Charolette Quant** and freshman **Rachel Shriver** shave their entire body to drop time in their events.

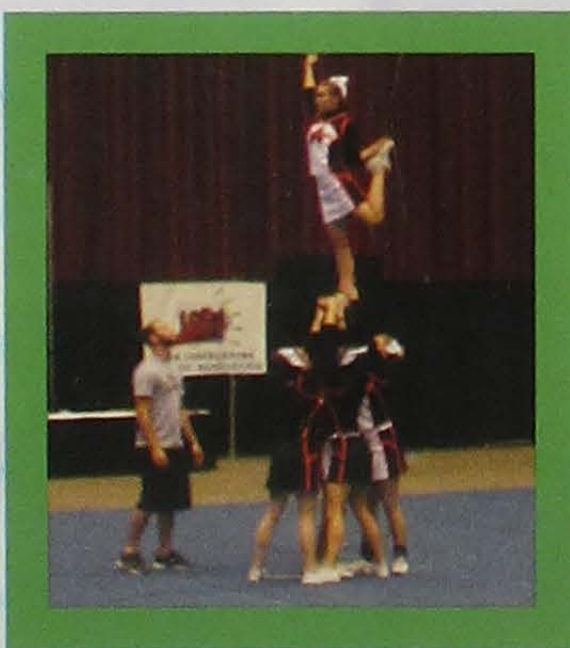
Story by Natalie Enloe

November is the month of State Championships and the beginning of winter sports. It is a time for fans to cheer as loudly as they can for the last hoorah of their favorite sport. It is also a time for fans to rest their voices in preparation for the upcoming sports, such as Boys Swimming, Boys and Girls Basketball, Drill Team, Winter Cheer, and Wrestling.

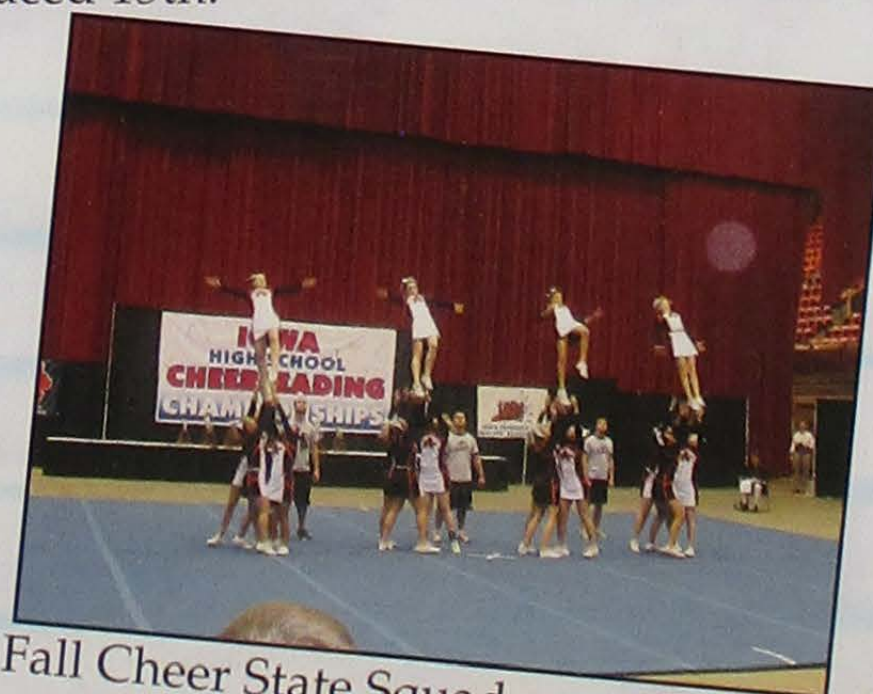
The Football team reached the quarterfinals of the state tournament, which was their best finish in a decade. The Girls Swimming and Diving Team placed 4th at the State meet. Marley Dobyns finished 2nd in Diving while Stephanie Koch won two more State titles and with her relay teams collected two 2nd place finishes. Fall Cheer ended their season with a 2nd place in Large Group and a 3rd in their Small Stunt Group at the State competition at Vets Auditorium. Girl's Cross Country placed 6th at State and the Boys's placed 15th.



Sophomore **Asher Bogdanove**

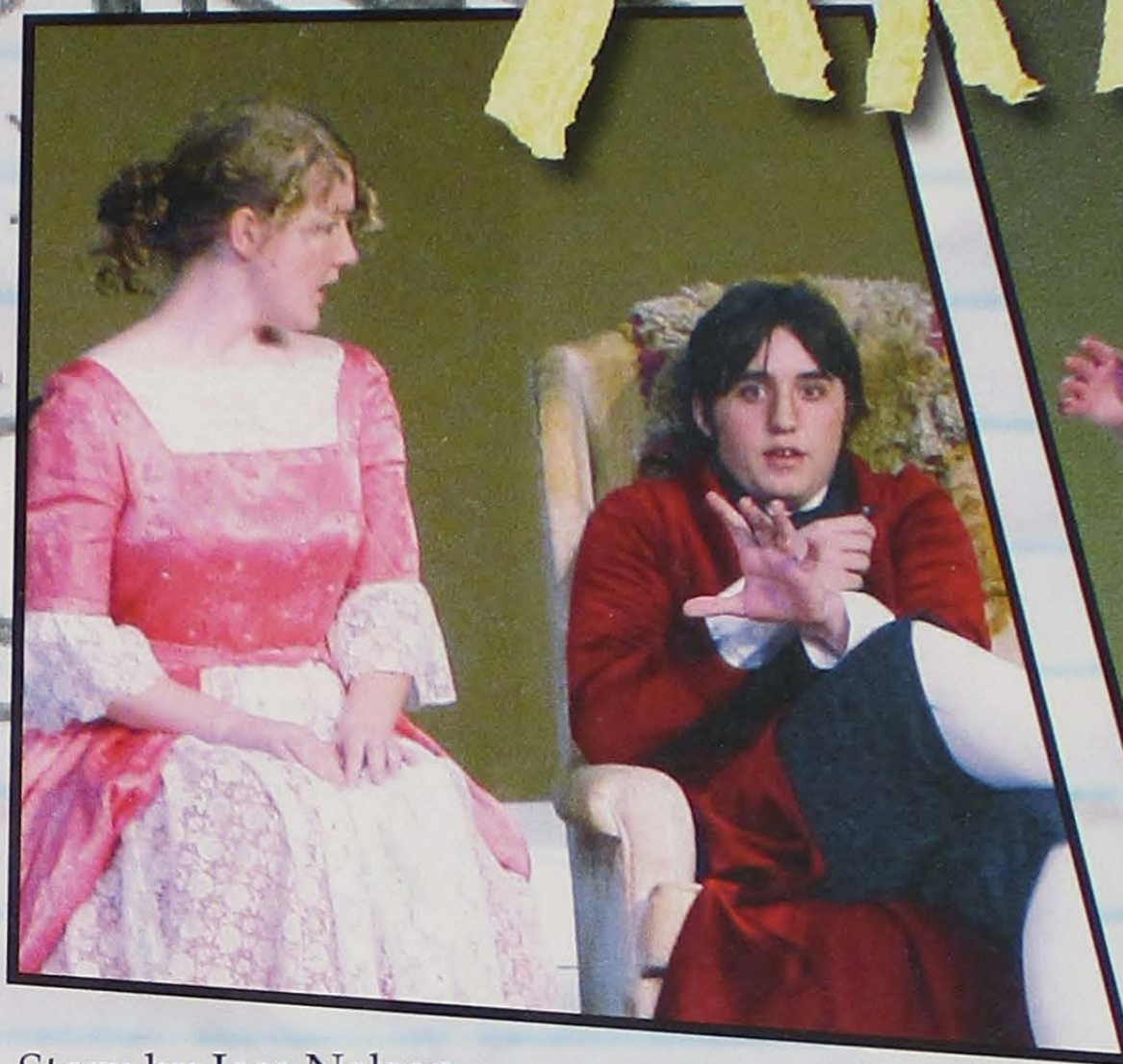


Fall Cheer Small Stunt Group



Fall Cheer State Squad

NOVEMBER ARTS



Story by Jess Nelson

Over the years, Interpretations of Jane Austen's *Pride and Prejudice* have ranged from zombies to high school students. Thankfully, zombies did not overrun our school in November, but high schoolers who dressed up and spoke with funny accents did. The chemistry between Mr. Darcy and Elizabeth Bennet in the high school reenactment was similar to that of Zac Efron and Vanessa Hudgens in the High School Musical series. The play featured a memorable set design and stellar performances from senior Mary Woeste, and juniors Grant Brothers and Thomas Eslinger. This year's play was coordinated by new English teacher and Drama Director Mr. Steven Woolery. "Mr. Woolery is how I would imagine William Kresse in thirty years," junior Kuper Bergman said. Whatever that means, this year the drama department is definitely in for a change in direction.

What else did Van Gogh do in order to woo that special someone?



Should have drawn a portrait of her + him together.
-Mr. Gelhaus



Write a ballad for his one true love
-Lindsey Burke



Kill a bear with his bare hands
-Zack McElroy

A Poem by Jess Nelson

Remember, remember
the month of November
and the golden turkey we got.

There is no reason
that stuffing and pudding
should ever be forgot.

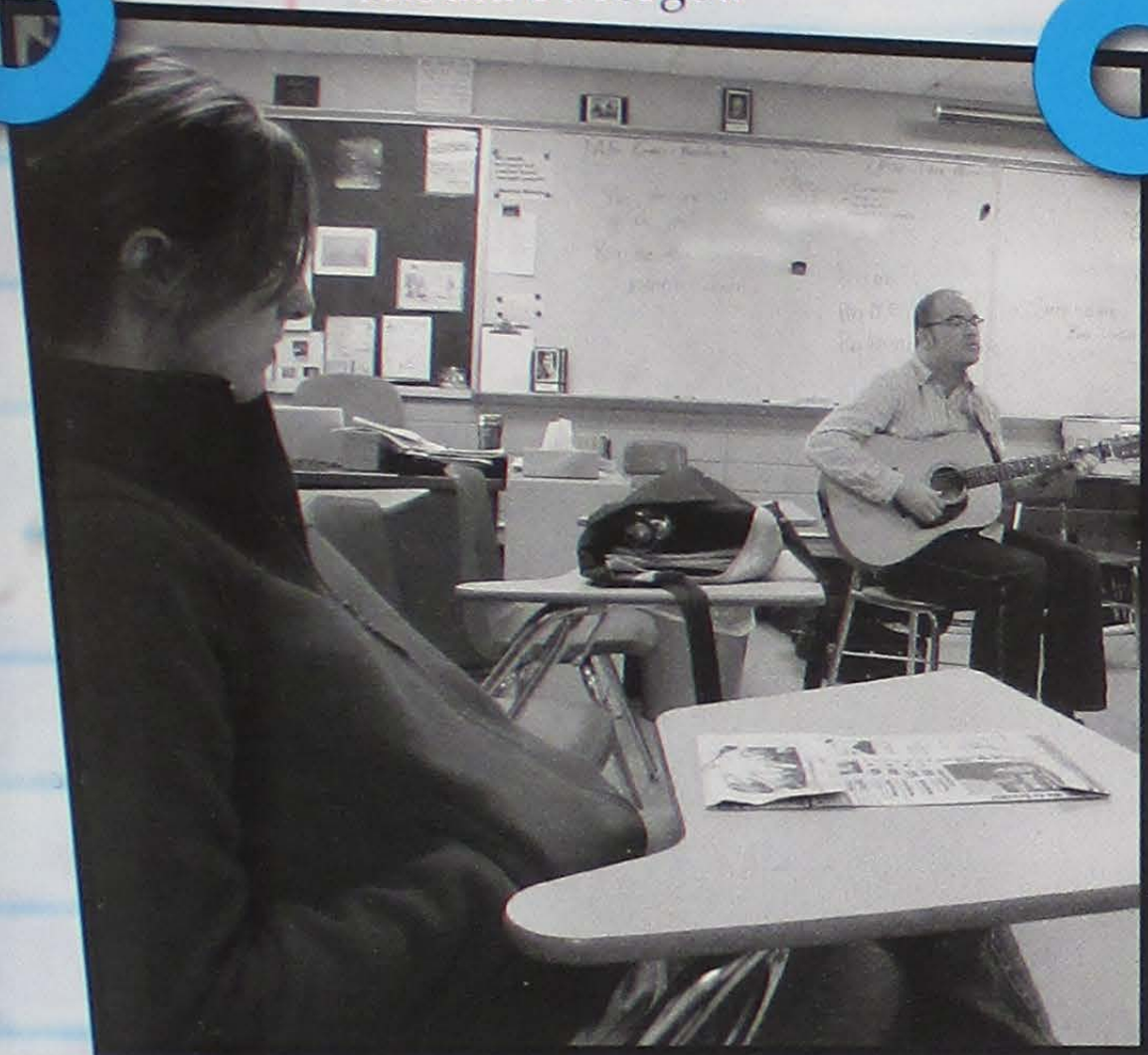
Nor is there a reason
that this season should be wrought
with depressing weather,
guys with accordions and bird-shot.

Those kids at all-state blew them away
and the girl in the fur performed in a play,
with Mr. Brekke singing all the way.
There is no reason that this cold month
should be forgot.

ALL-STATE



Row 1 - Mariah Crotty, Sandy Huang, Spencer Botine, Tim Fernando **Row 2** - David Lee, Zach Heilman, David Shirbroun



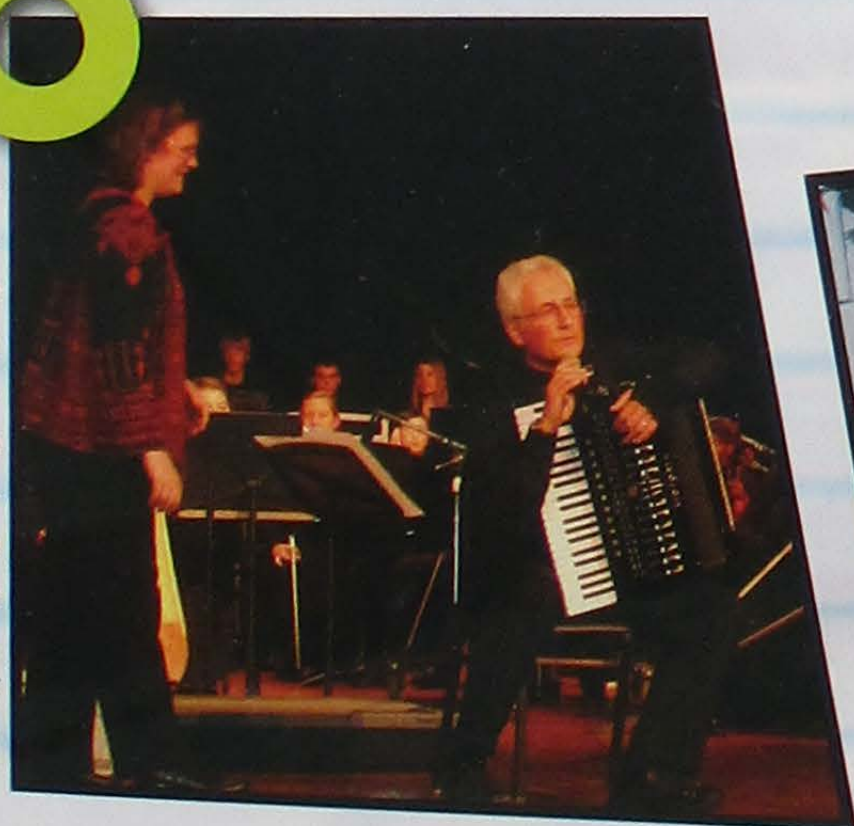
Sing Me a Song, You're a Singer - Playing a lick or two on his axe, teacher **Mr. Brekke** entertains a room full of interested students, including senior **Julia Reynolds**, during Advanced Composition. (photo by Ben Nadler)



Row 1 - Tonya Liu, Tulika Biswas, Oluwaseyitan Ajuwape, Michelle Tsai, Emily Mullaney **Row 2** - John Yang, Yeil Park, April Suen, Lawrence Chiou, Hannah Tuggle **Not Pictured** - Arianne Mendoza

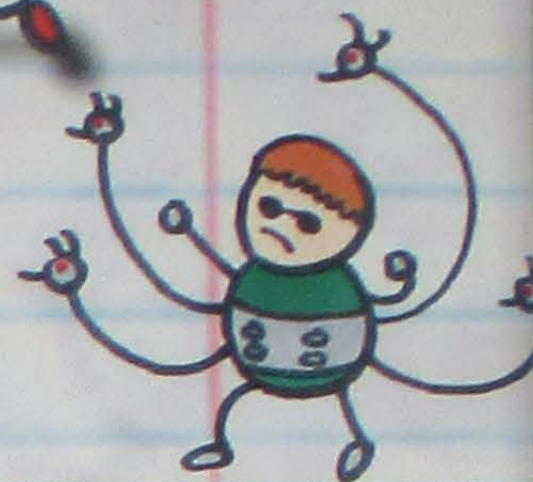
Encore of the Accordion

Talking about his long journey, accordionist Henry Doktor-ski prepares an encore during the orchestra concert. Mr. Doktor-ski traveled all the way from Pennsylvania to play alongside the orchestra for their annual fall concert. (photo courtesy of the Tuggle Family)



Anson Woodin, Ian Herrman, Mary Woeste, Amy Balvanz

THE AMAZING ART PAGE

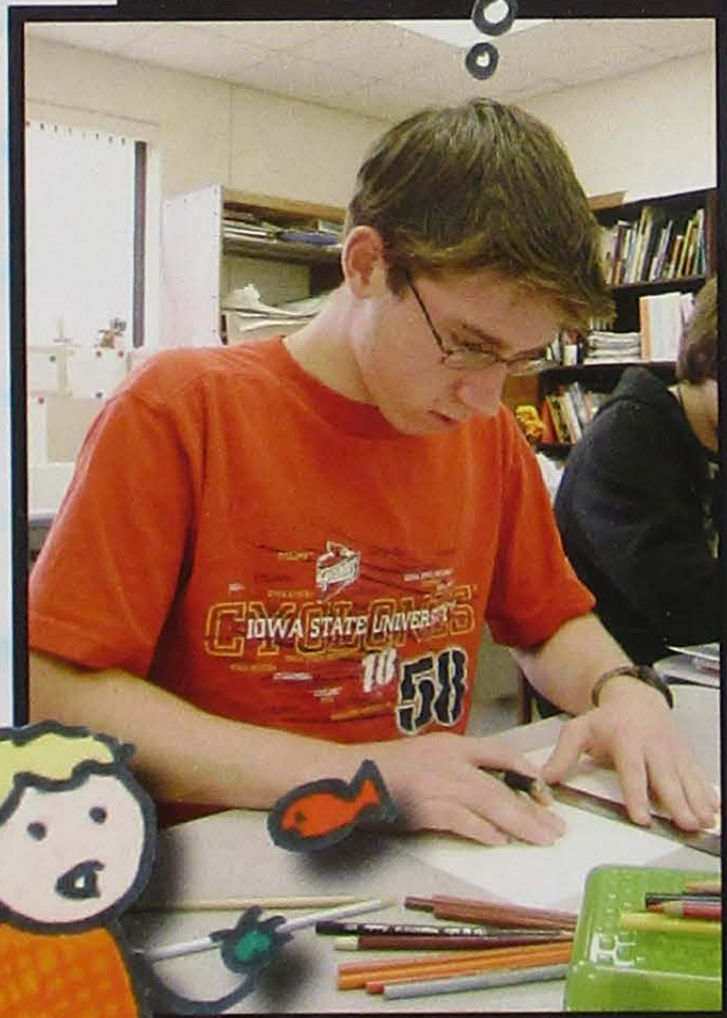


I LOVE ART AND STUFF!

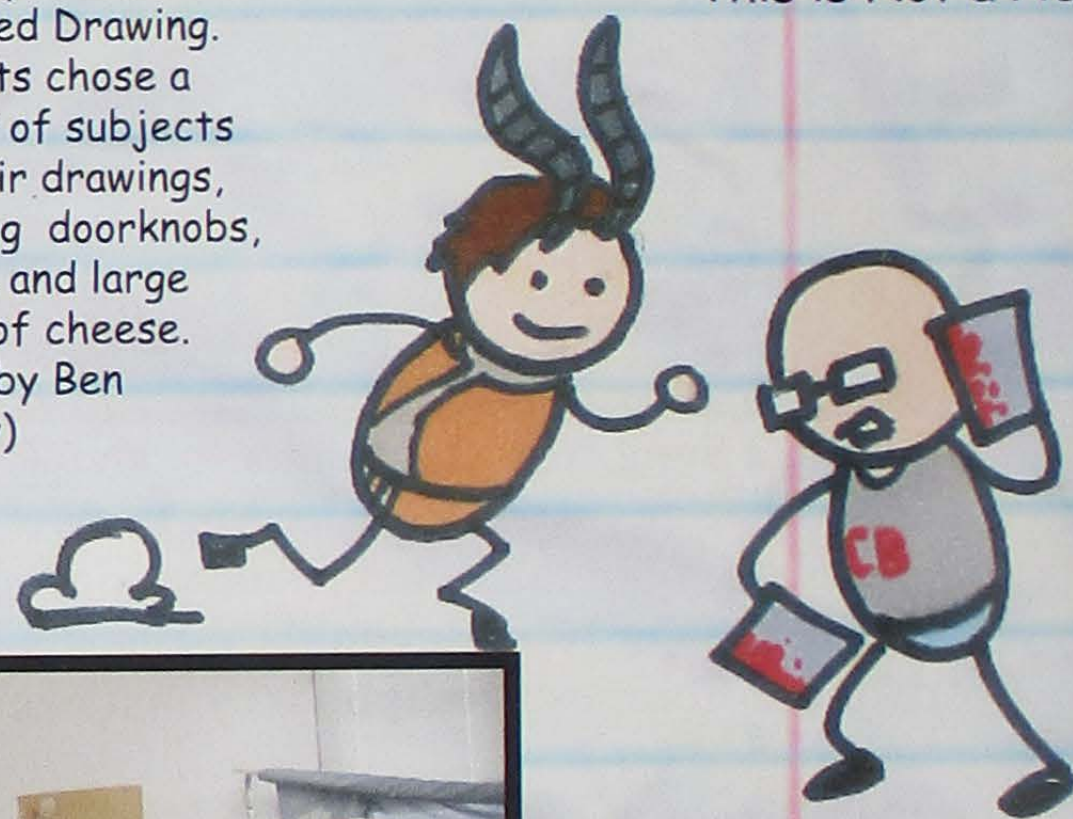


This is Not a Pie - Wishing that the pie in front of her was real, senior **Mary Woeste** works diligently on her realism piece for Advanced Drawing. Students chose a number of subjects for their drawings, including doorknobs, houses, and large pieces of cheese. (photo by Ben Mackey)

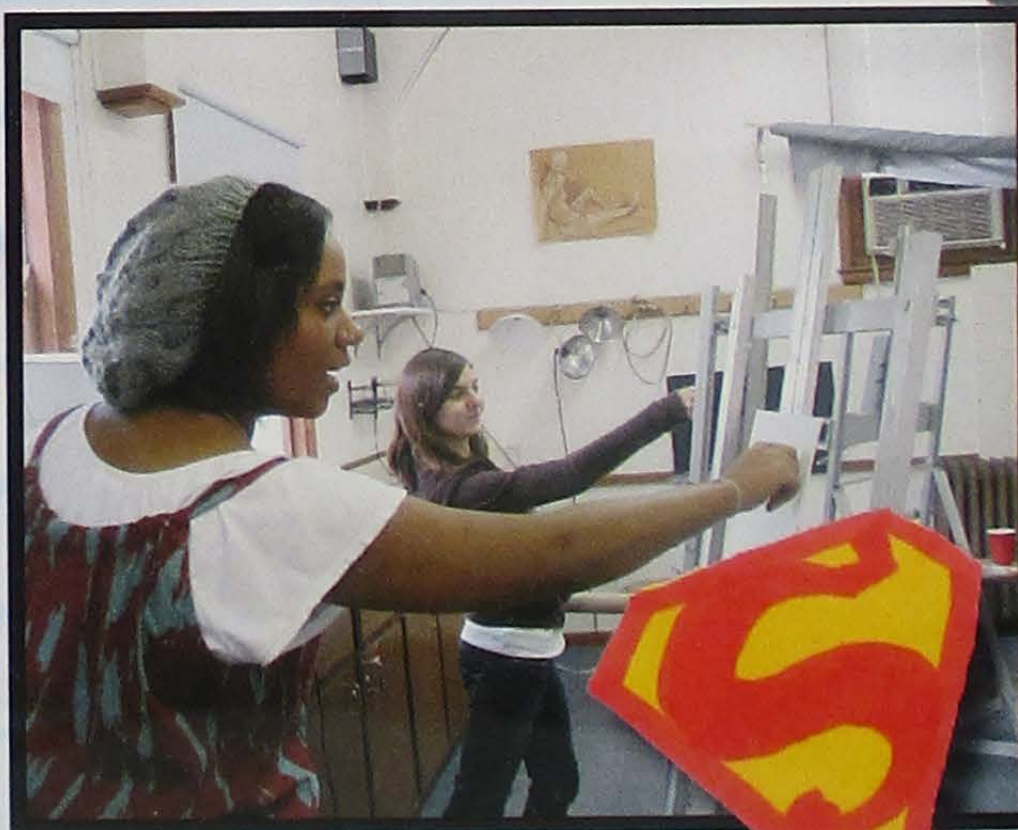
Senior Mary Woeste
"This is Not a Pie"



Senior Ross Covington "Door Knob"



Taking Care of Business - Working hard on his latest art assignment, senior **Ross Covington** lays out the beginnings of a new masterpiece. (photo by Ben Mackey)

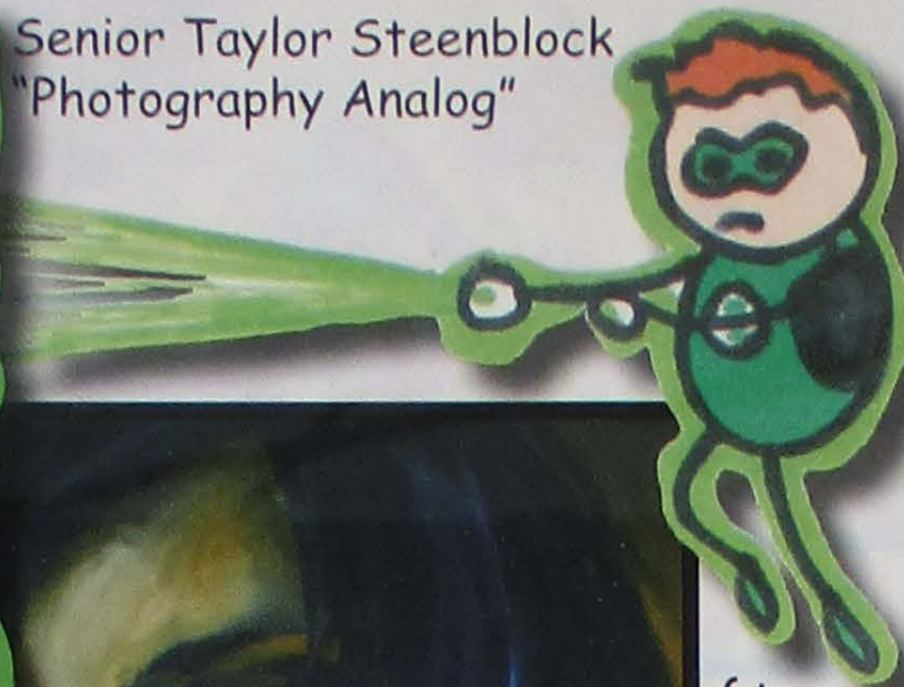


A Brush With Destiny - Painting some still life objects at the Crysilis Art Show, juniors **Leila Radach & Thabisa Mazur** try to capture the essence of the things in front of them. (photo courtesy of Lindsay Burke)



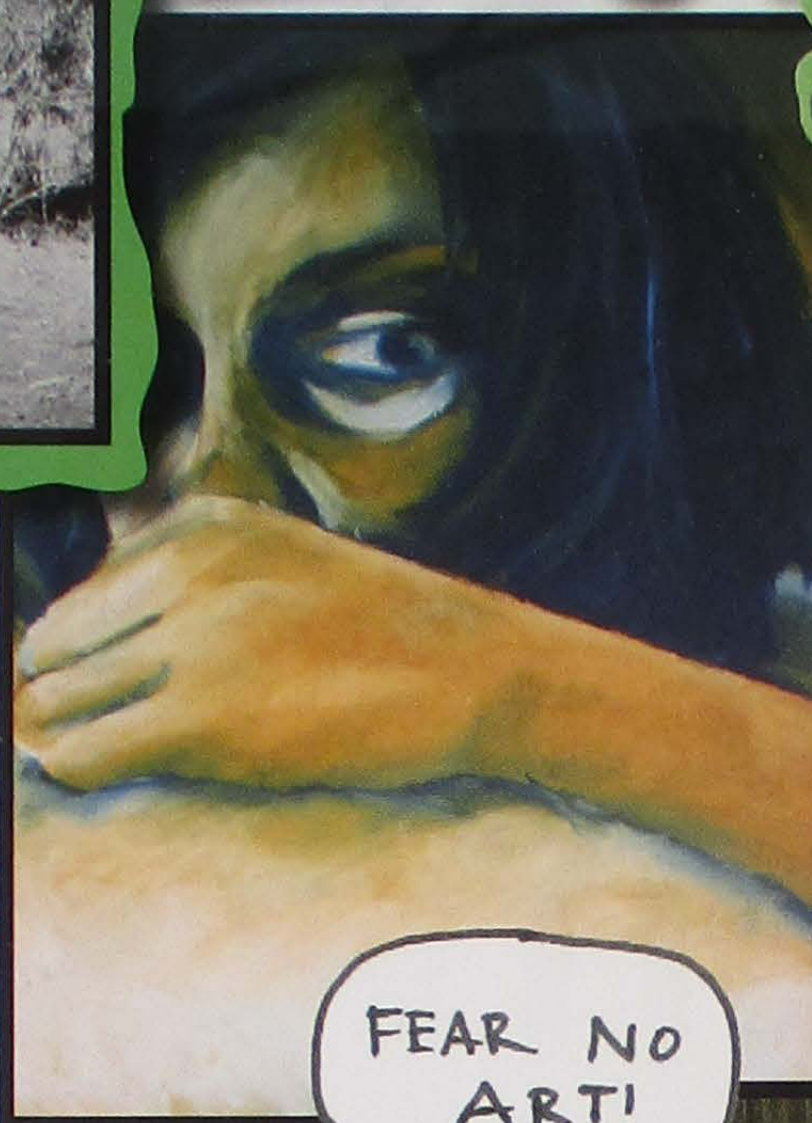


Senior Taylor Steenblock
"Photography Analog"



FEAR NO ART

Forged in the foundries of Ames High Students' imaginations and brought to life by the hands they possess, Ames High Art emerges in a variety of art forms. From the picture manipulations of 4-D art to the realistic and abstract portraits of students enrolled in drawing and painting classes, art takes many different shapes. A number of artistic opportunities outside of actual art classes include the Crysilis Art Show and the yearly trip to Chicago.



Junior Yumna Ghandour "Sister"



FEAR NO
ART!

Putt'n' On the Paint

- Applying the finishing touches to her painting at the Crysilis Art Show, senior **Lindsay Burke** enjoys the idea of making art and missing a day of school. Students who attended Crysilis could choose from a variety of mini-workshops to attend, including metal-working, painting, drawing, and pot making. (photo courtesy of Lindsay Burke)



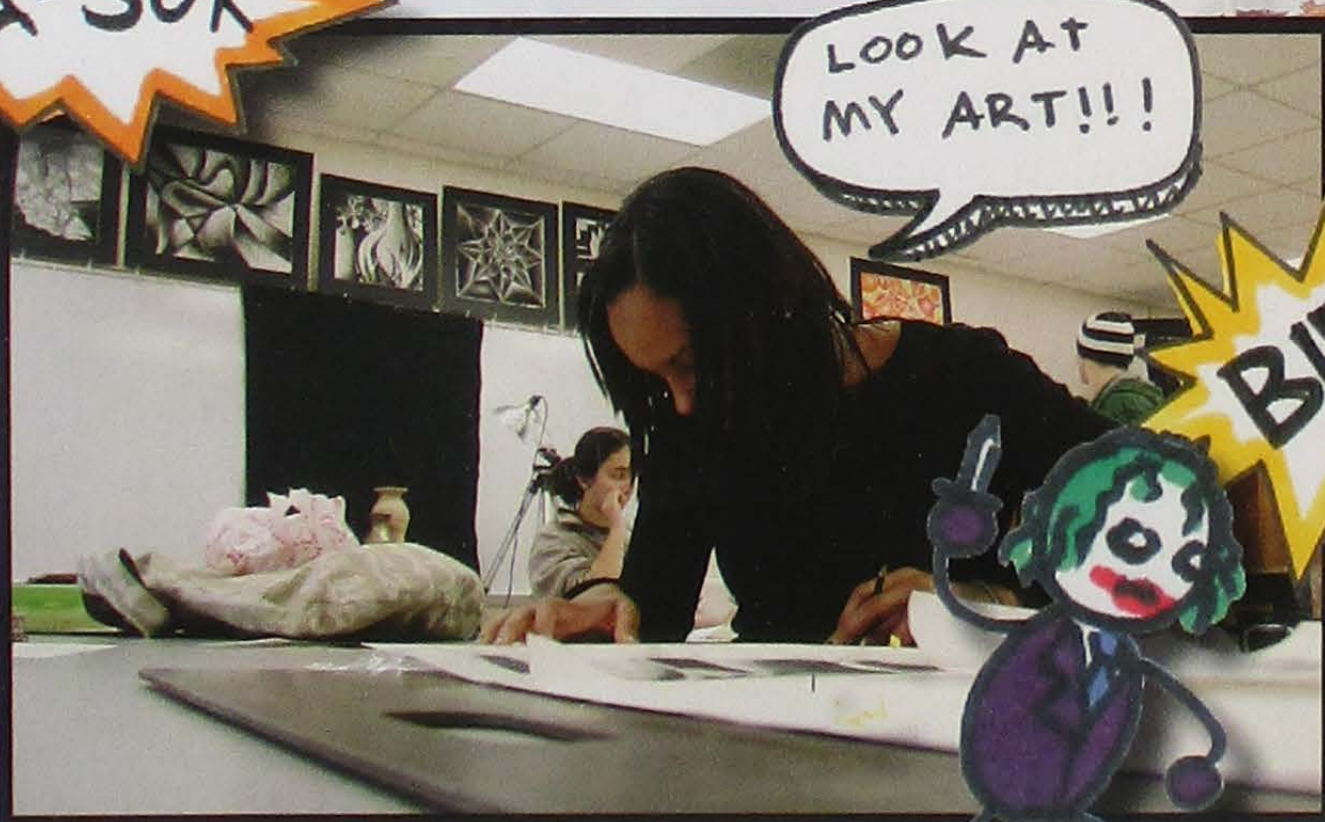
Senior Marley-Bob Dobyns
Self Portrait

KA-SOK

LOOK AT
MY ART!!!

Keep It Inside the Lines

- Laboring over one of the most frustrating parts of all art classes, junior **Kionna Kellogg** figures out the dimensions for future matting. Students across the board found the act of matting both tiring and costly, because the school did not provide mat board. (photo by Ben Mackey)



BIFF



December student life



Kodak Moment

- Fighting for balance, sophomores **Adriana Pitcher & Allison Clem** help one another across the ice. Not many think of ice skating in winter, but free skating and hockey games still bring a crowd to the ice arena. (photo by Megan Cohea)

Stretch It Out - Working on her flexibility, senior **Christi Ling** stretches for Drill Team practice. After state, the drill team only has practice on Monday nights to stay sharp for basketball halftime shows. (photo by Natalie Enloe)



Lol - ROFLing at a video, seniors **Ellie Weiss, Matt Englin, Chris Peterson, Spencer Botine, Ethan Bruning, Anson Woodin, & Jordan Vander Zwaag** enjoy each others' company during a winter party. (photo by Anna Ashley)



Service Learning Project

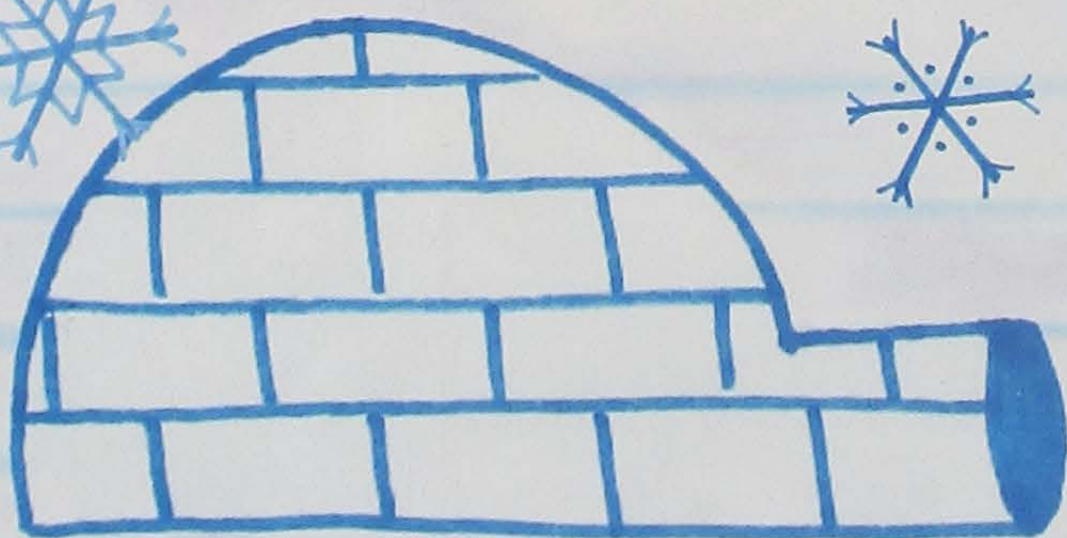
- Painting a room for a shelter in Ames, Senior **Ethan Bruning** gets his hours in for his Government Service Learning Project. Eight hours of community service were required to complete the required class and graduate. (photo by N. Enloe)



The Hog's Head

- Admiring a beautiful three year old pig, senior **Marleybob Dobyns** prepares for the seasonal pig kiss at Madrigal. Each year,

a lucky member of the audience was chosen to come up and kiss the hog's head. This year, senior **Megan Paxton's** youngest sister, senior **Mona Li**, and superintendent **Dr. Beyea** were chosen to show their affection of swine. (photo by Ben Nadler)



Story by Natalie Enloe

December was a month of craziness. Besides the holidays and cold weather, the week of Winter Madness kicked off. Bands such as Bombardier and Atombender showed their skills by rocking it out at Battle of the Bands. While some students were head-banging to the music, many students found their own alternative activities. Asian Club members were selling themselves off as dates at the Asian Club Date auction. Other students showed off their artistic side by entering their art into the art show. Students spent December 16th and 17th wandering in and out of the multi-purpose room looking at art from their classmates.

Naturally, all this activity made the students hungry. Ames High held the pancake breakfast early on a Wednesday morning. While students cannot get to class on time on usual Wednesdays, students found themselves getting up easier and earlier than ever to go eat pancakes. Through all the fun, students still remembered to think of others by having the change drive, which was accompanied by the sensational sounds of Quentin Ring and Ben Mackey. Unfortunately, the cold weather caused Winter madness Week to be cut short, but in turn, students got an extra day of winter break.



Top - Senior Katie Williams

Middle Left - Senior Josh Brown

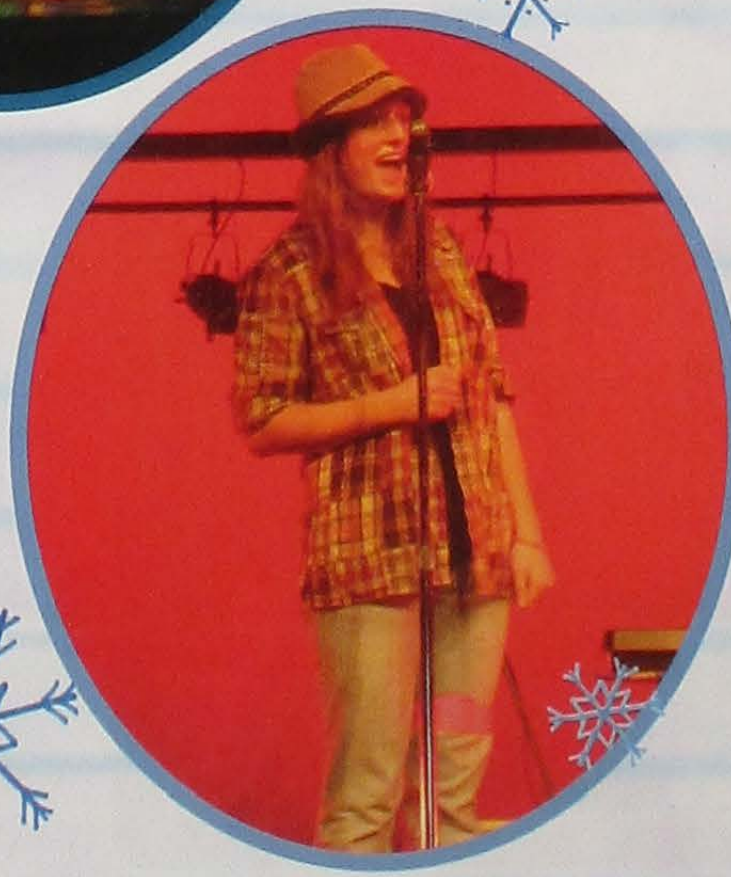
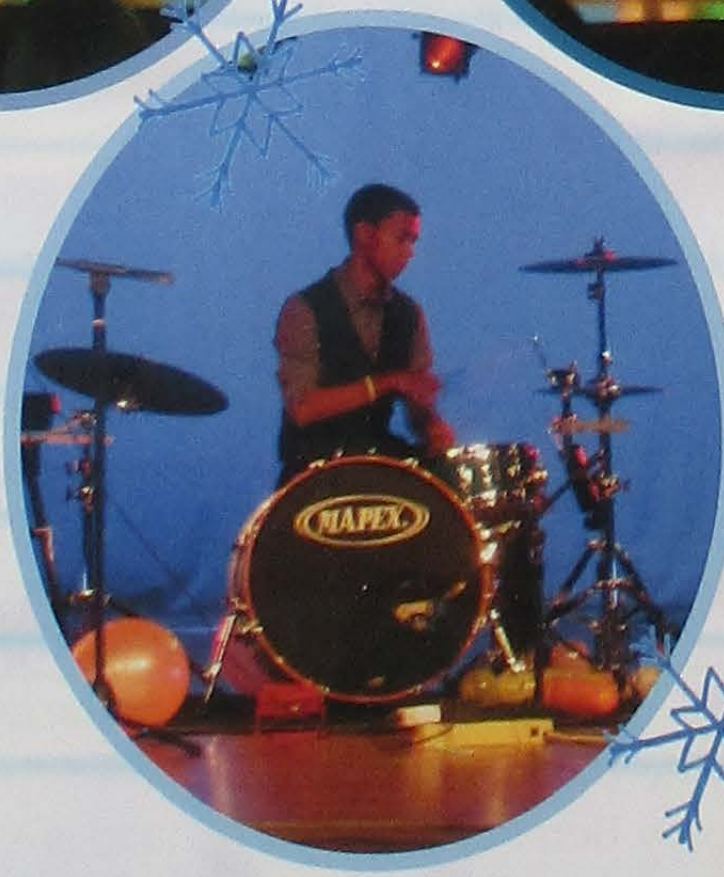
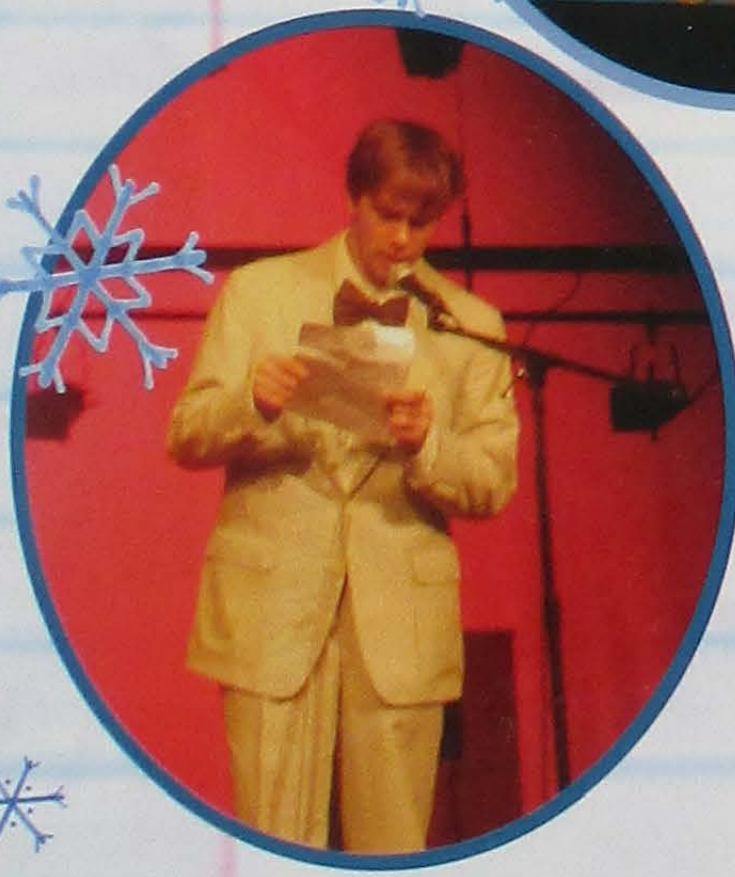
Middle Right - Seniors Dan Lanning & Eric Garasky

Bottom Left - Jess Nelson

Bottom Middle - Sophomore Malcolm Squire

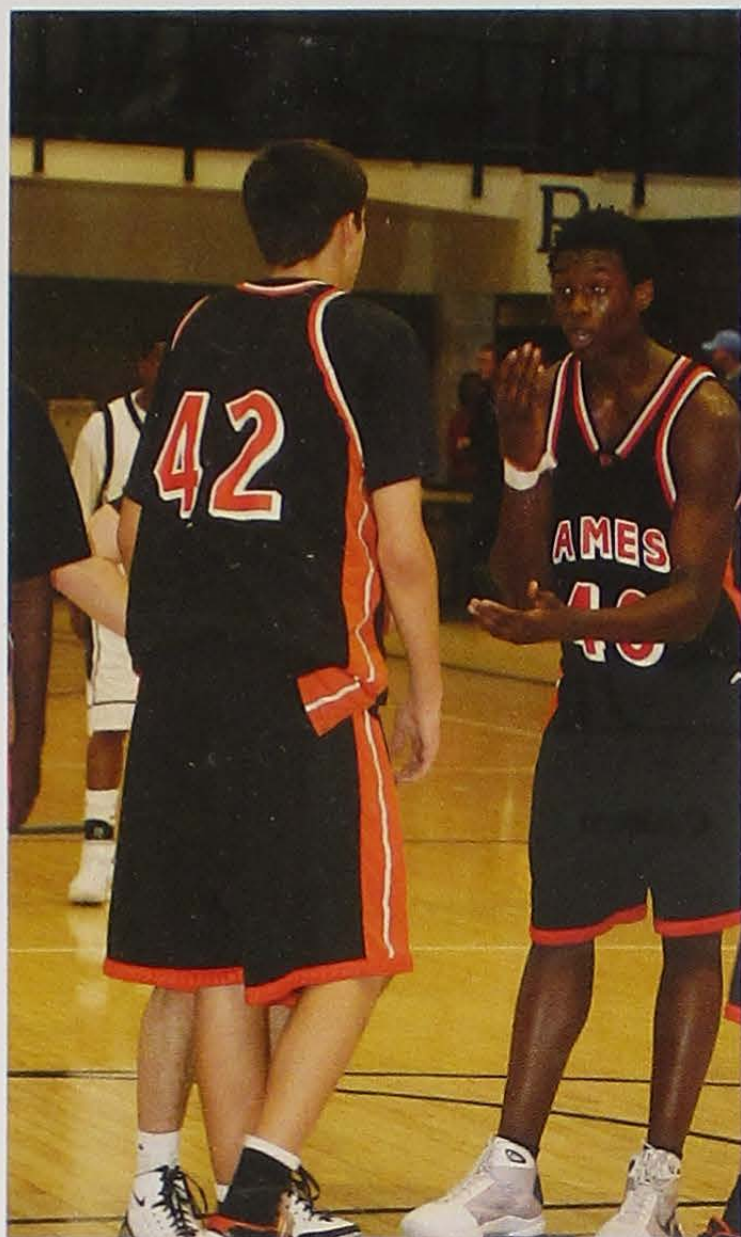
Bottom Right - Senior Julia Reynolds

winter
madness



December Sports

Story by Anna Kaspar, Alyx Lyons, and Emily Owen



Leading The Pack

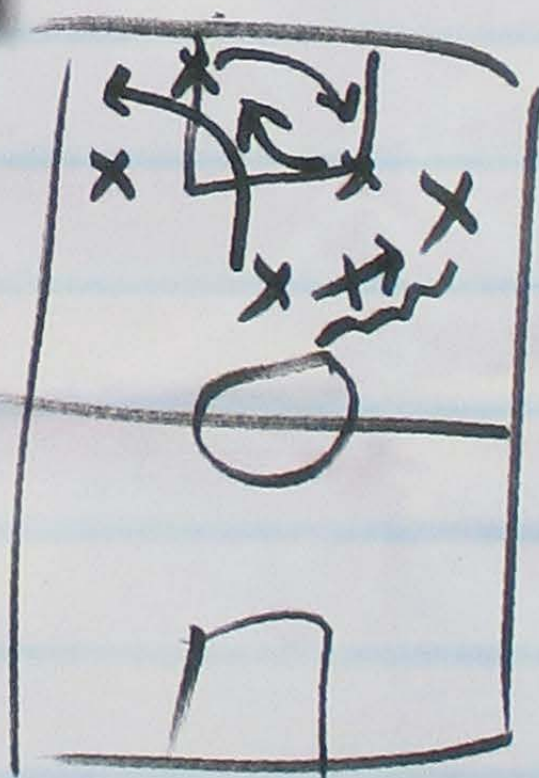
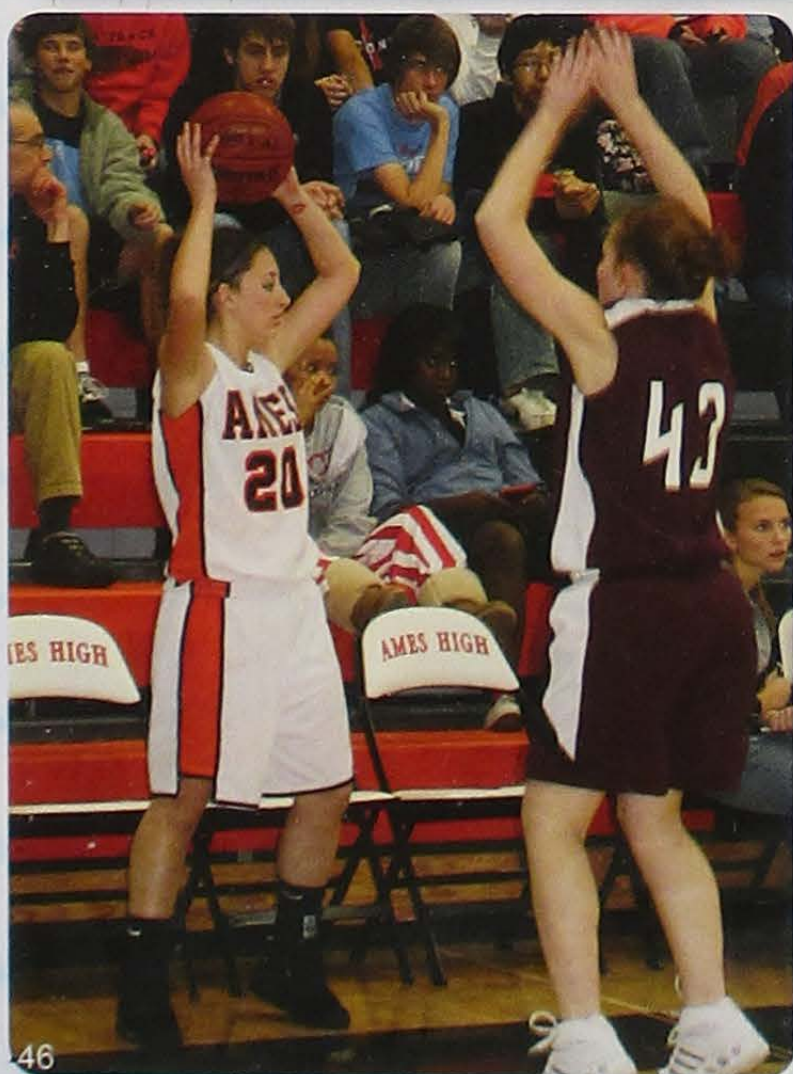
Although the winter sports teams had already been practicing for weeks, December was the month where the competitions began.

The Drill Team took their flawless routines to the state competition where the Gold and Silver squads placed third. The co-ed routine also got third. The highlight was the first place win by the All Male squad. The excitement of their victory was not dampened by the fact that they were the only team competing for the title.

With CIML Coach of the Year Mr. Kelly in charge this year, the Wrestling team was leaner and meaner than ever. When asked about the season Senior Coulton Vosberg responded by explaining how "the hard work and determination of the team paid off to make this a fantastic season for everyone."

A well-rounded and somewhat under-appreciated Girls Basketball team went undefeated the entire month of December, even winning the anxiously awaited Waukee game. Despite the tough crowd at Roosevelt the girls team kept their spirits high and came home with another victory. Filling the stands, the boys basketball team had an explosive start to the season. They lived up to their expectations and won all seven games in December.

The fall cheer squad went to regionals and got third place in large group and placed first in small group. Winter cheer kept busy by cheering at wrestling meets and basketball games in addition to timing at swim meets.

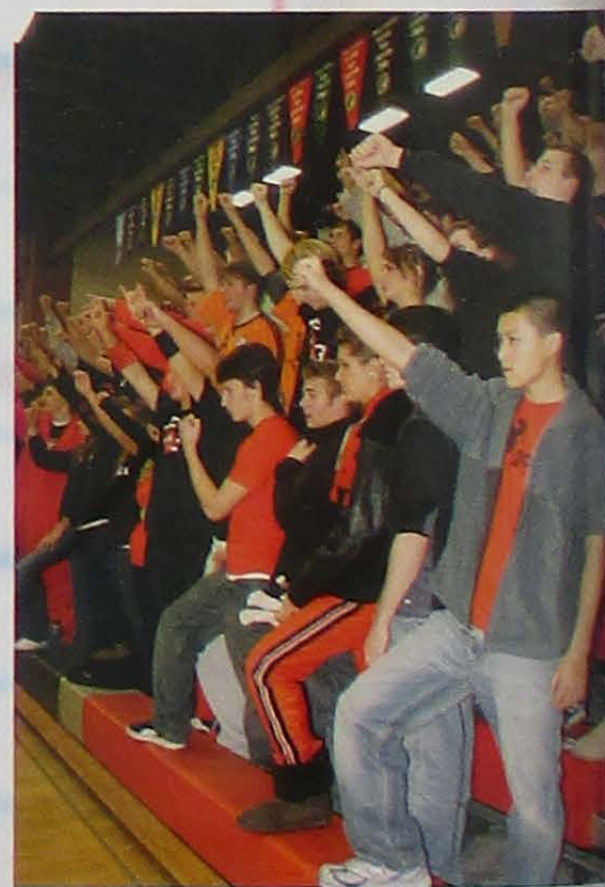


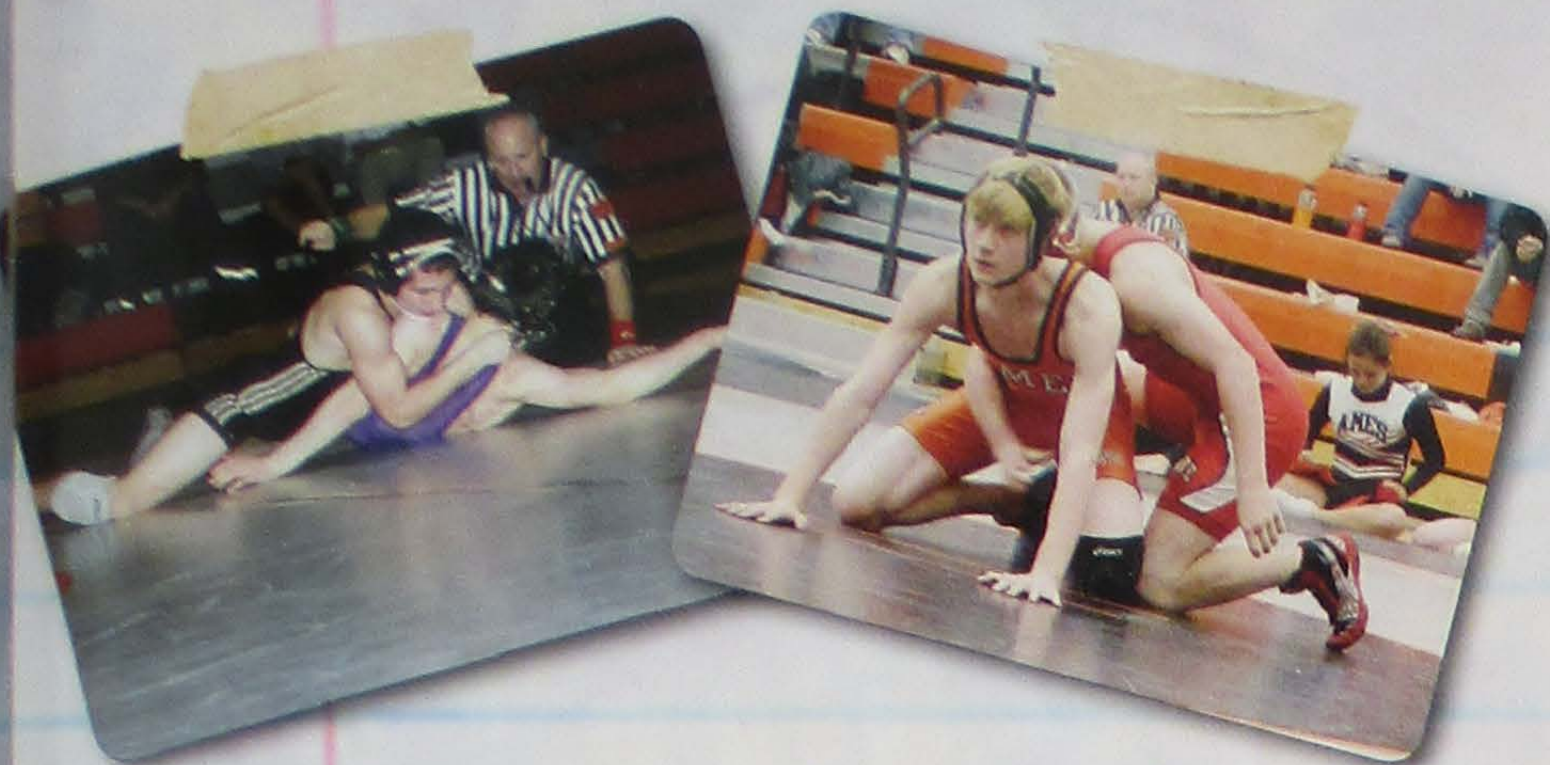
Ball, Ball, Ball! - Searching for an open teammate, senior **Anna Ashley** raises the ball for a pass. (photo by Ben Nadler)

Swish - Raising their right fists as one, the Ames high student section takes a pause from their usual rowdy behavior to allow one of the basketball players a chance to concentrate on his shot.

Each fan in the stands takes his/her own approach to the traditional fist

throw during a free throw. Some do the standard fist straight up, while others, like senior **Jamison Disalvo**, go with the hard thinking pose. (photo by Jessica White)

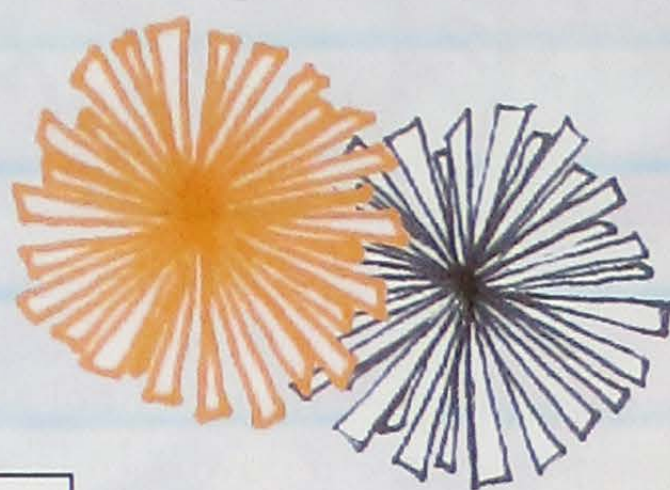




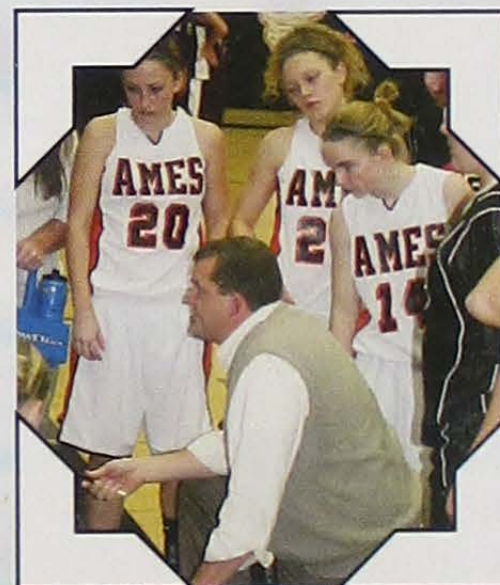
Before and After - Assuming the position and going for the takedown, freshman **Danny Lyons**, pictured right, and sophomore **Luke Swalla**, pictured left, finish off their opponents and work towards a victory in both matches. (photos by Alyx Lyons)



Pound the Mat - Giving the wrestlers moral support, the Varsity Tan Squad cheers on the wrestlers at a home meet against Perry. (photo by Alyx Lyons)



Off to Regionals



Can I Get A Drumroll, Please?



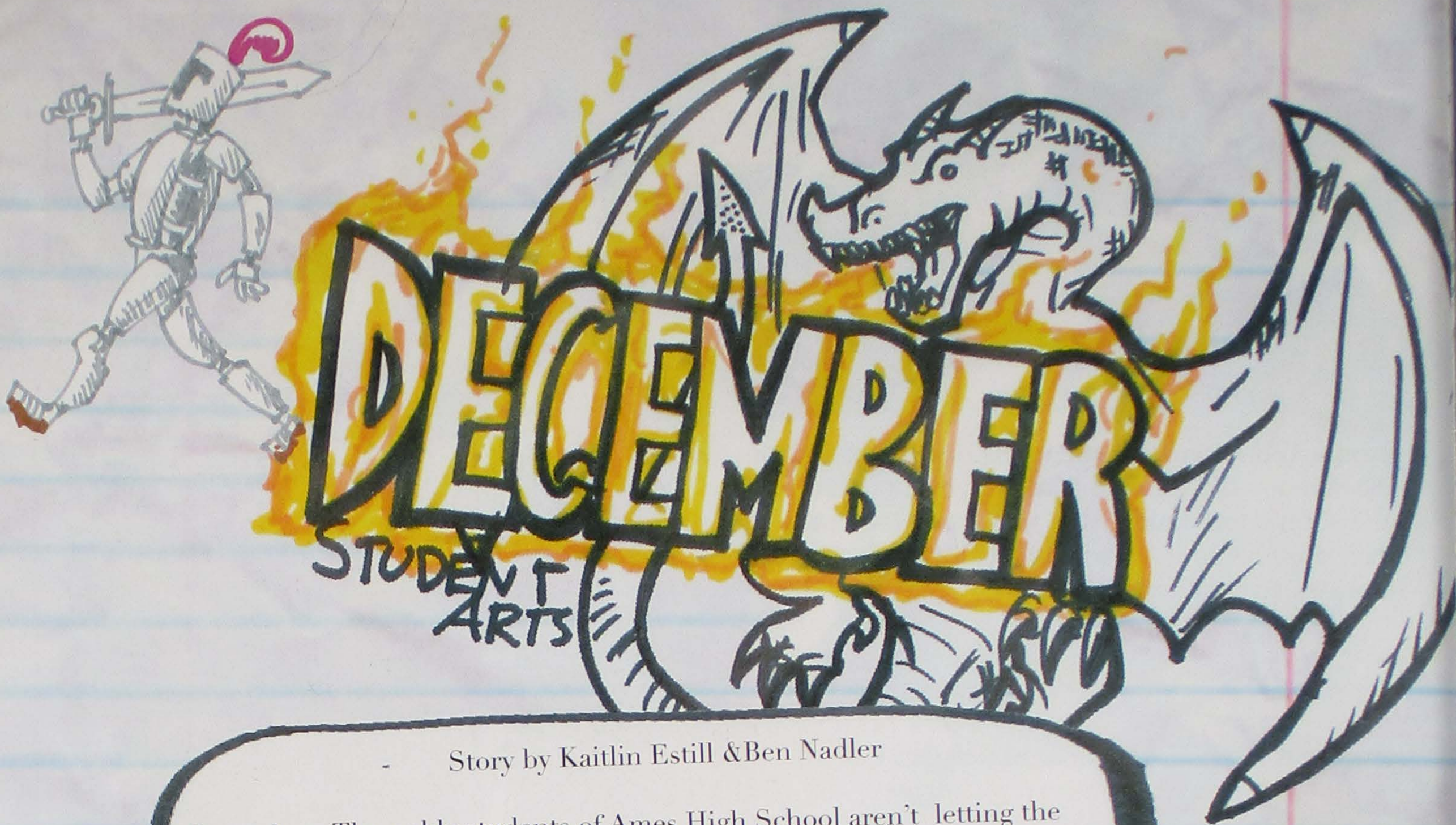
Five, Six, Seven, Eight - Pushing themselves to be the best, Ames High All-Male Dance Team performs the heartbeat push-up pose to their 1st place state routine which they performed on December 5, 2008. (Photo by Anna Kaspar)



High Kickin' Girls



It's Different This Time - Holding a breakdance pose after the all-male performance, senior **Demonte Vaughn** wows the crowd with his amazing skills and techniques as a dancer. (photo by Anna Kaspar)



Story by Kaitlin Estill & Ben Nadler

December; The noble students of Ames High School aren't letting the economy's slide into a recession get them down. In fact, hours upon hours of diligent work bursting with creative energy is present as preparation for the Madrigal dinner and Musical, *Babes in Arms*, are made.

Aside from the drama department, band, orchestra, and choir, all began their new selections of music after their winter concerts. Jazz band began to take form as the group prepared for competition and Jazz Encounters in the upcoming months. Meanwhile, the Pep band continued to pump up fans during all their exciting victories.

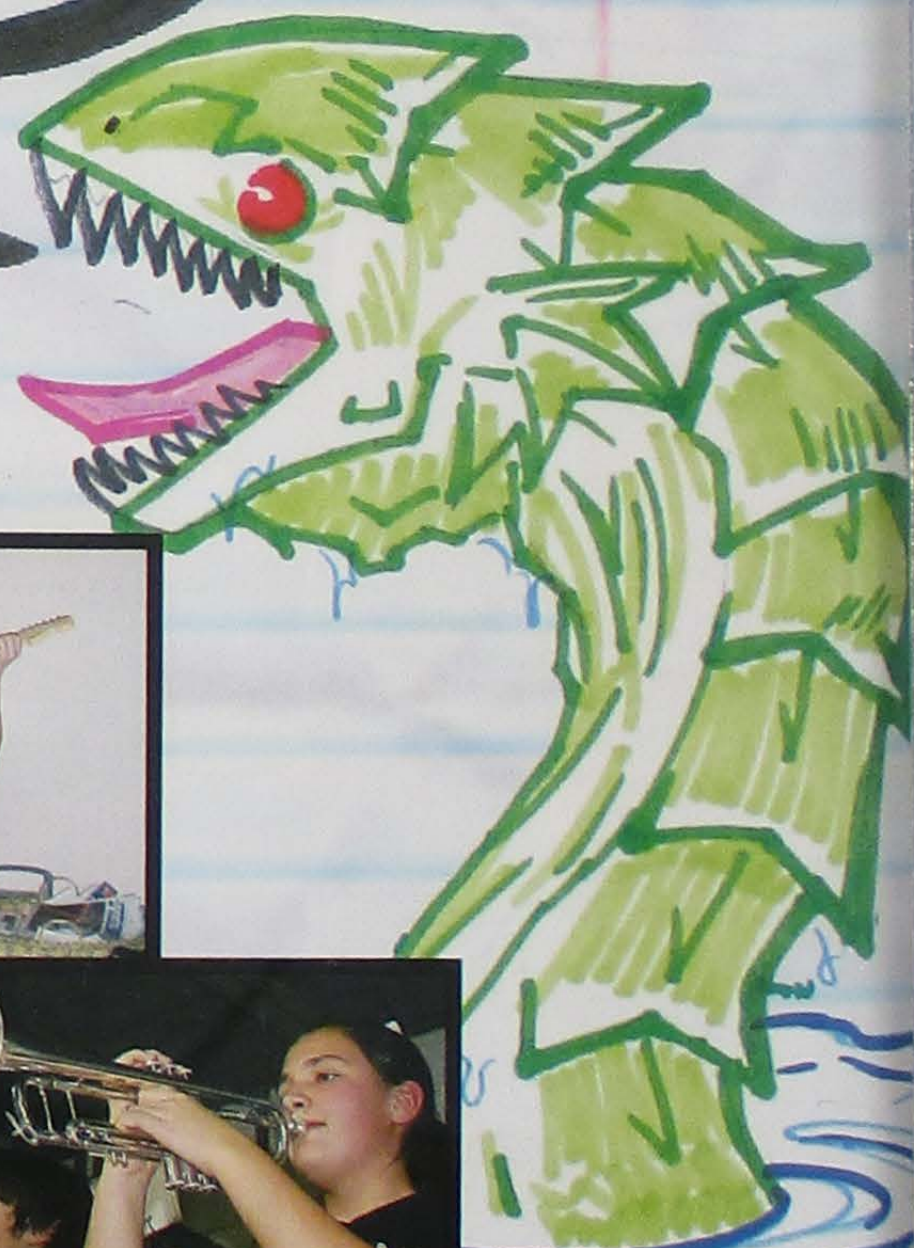
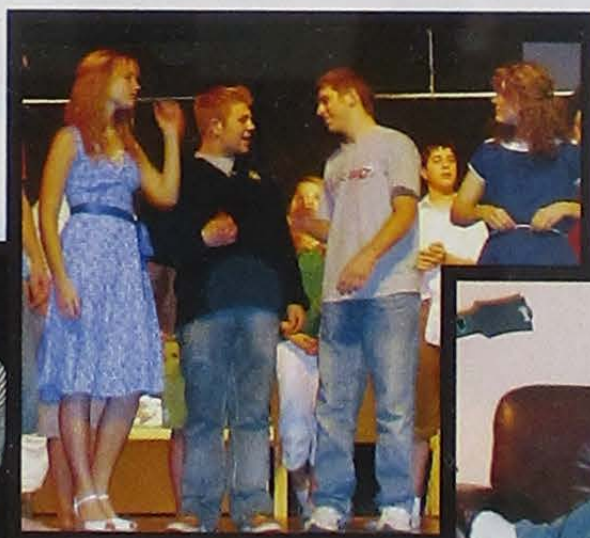
Bottom Left - Sophomore Tim Fernando

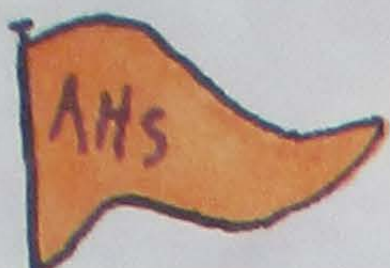
Middle Left - Juniors Kuper Bergman & Thomas Eslinger & Sophomore Alex Canfield

Middle - Lead roles of *Babes in Arms*

Middle Right - Senior Ben Jones

Bottom Right - Freshmen Haley Moore





MADRIGAL



Senior Rex Fernando



Story by Ben Mackey and Morgan Bettis
Come hither ye peasants from far and wide to hear the tale of Ames High Madrigal this school year! As the guests filed into the dining hall, they were greeted with the aesthetic appeal of a lavish room straight out of the Medieval Ages. King Ian Herman and Queen Megan Paxton took the diners through a magical "knight" of fine dining, musical delight, and audience embarrassment. Kuper Bergmen, court jester, entertained folks with his eccentric wit, and the audience laughed in revelry as Spencer Botine and Anson Woodin engaged in an impromptu rap battle (Anson Woodin was the obvious victor). All in all, this year's Madrigal was one for the ages - the Middle Ages that is.



Senior Tony Koford



Junior Thomas Geske & Senior Annette White



Senior Ian Herrman

WINTER BREAK

The first big break of the year for Ames High students is winter break. Nearing the end of the first semester, and with semester finals just around the corner, students find creative ways to enjoy themselves. On December 20th, the first Saturday of break, the Girls basketball team volunteered their time at Food at First at the 1st United Methodist Church. "Volunteering is a great way to serve the community, and it'll give you a smile to see how much they enjoy you. Also, it makes you realize how blessed you are," senior Trisha Nesbitt said. Volunteering as a team was a special way to become more unified over such a long break.

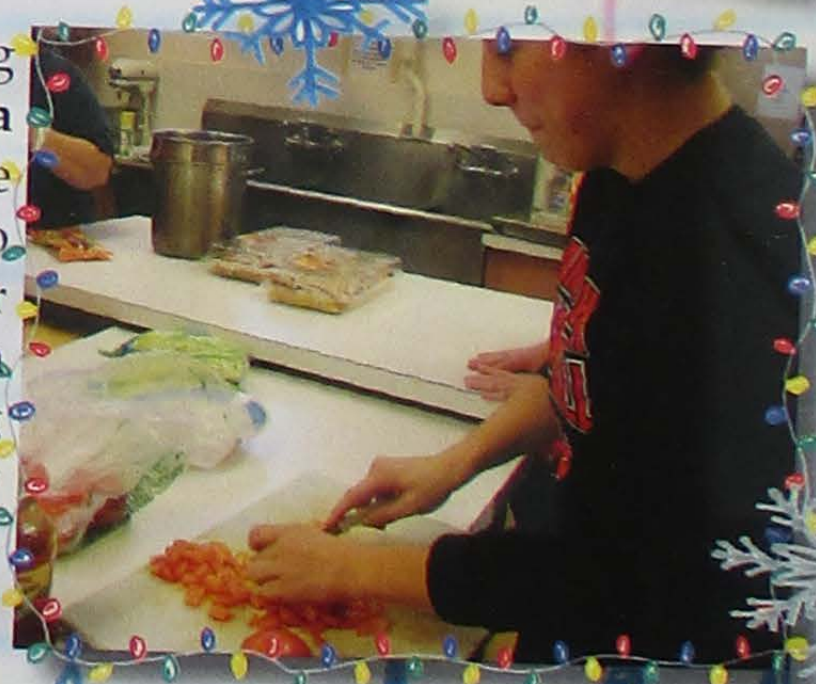
Winter break allows individuals to celebrate their religious holidays, often through the giving and receiving of presents. "I like giving more. The joy your gift generates in the recipient is the greatest gift you yourself can receive," junior James Wandling said.

The best thing about winter break may be the start of the New Year of 2009. It's a time for people to make fresh starts, to set the course for a better you. Unfortunately, however, New Years also means it's getting closer to first semester finals, and the stress that drags along with last-minute studying.

Serving our Community - Preparing for dinner, the AHS girls basketball team sets up in an assembly line, gladly giving food that they prepared to those who are less fortunate. This year's community service took place at the United Methodist Church for the Food at First program. (photo by Anna



Master Chef- Wielding a blade, junior **Emma Rathe** chops the ripe tomatoes for the taco dinner. Each member had to participate in preparing and serving food for community service for basketball. (photo by Anna Ashley)

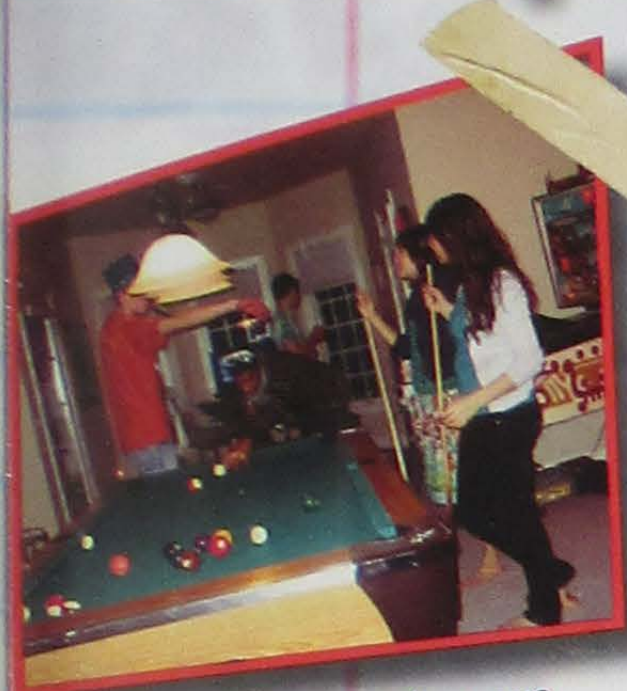


HAPPY NEW



YEAR

What Are Your Ideal Winter Break Activities??



Pool Sharks - Setting up his shot, sophomore **Malcolm Squire** runs the table in a game of team 8-ball. His teammate, sophomore **Grace Stevenson**, and he took down all challengers all night.

2

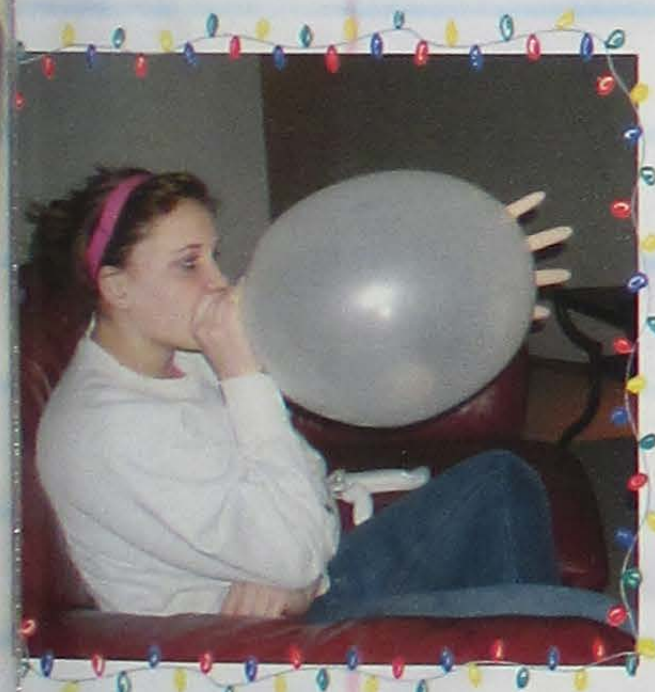


You Gussed It! - Finding ways to keep a party going all night, sophomores **Adriana Pitcher** and **Allison Clem** act out charades to claim more points for their team.



Freshman **Kendra Tott**
"I want to go to Australia and play with the kangeroos."

Sophomore **Bob Bjorklund**
"I don't know, but I am just glad The Web didn't come out last Friday."



His Blows - Inflating glove to its maximum capacity, junior **Alyx Lyons** attempts to make a balloon at, though after numerous attempts she was unable to complete her goal. (photo courtesy of Alyx Lyons)

9



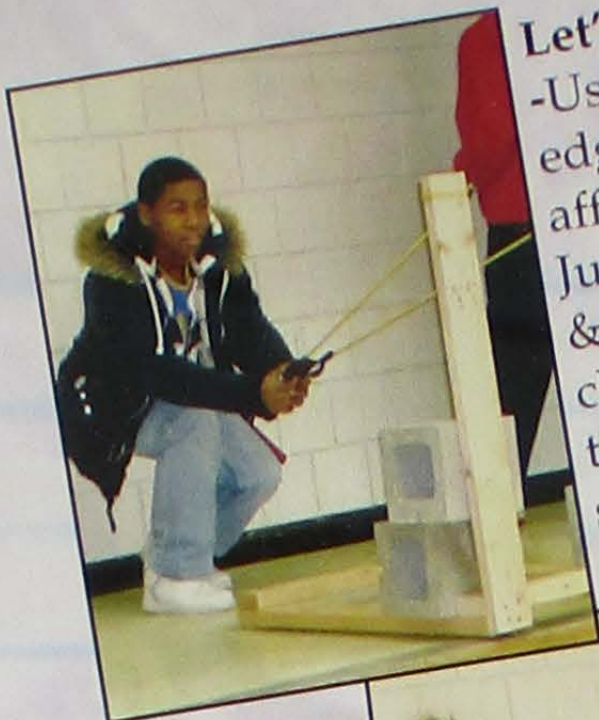
Incoming! - Rolling around in the snow trying to dodge lethal snow ball attacks from his sister, junior **Alyx Lyons**, freshman **Danny Lyons** deflects a snow ball attack aimed for his face. (photo courtesy of Alyx Lyons)



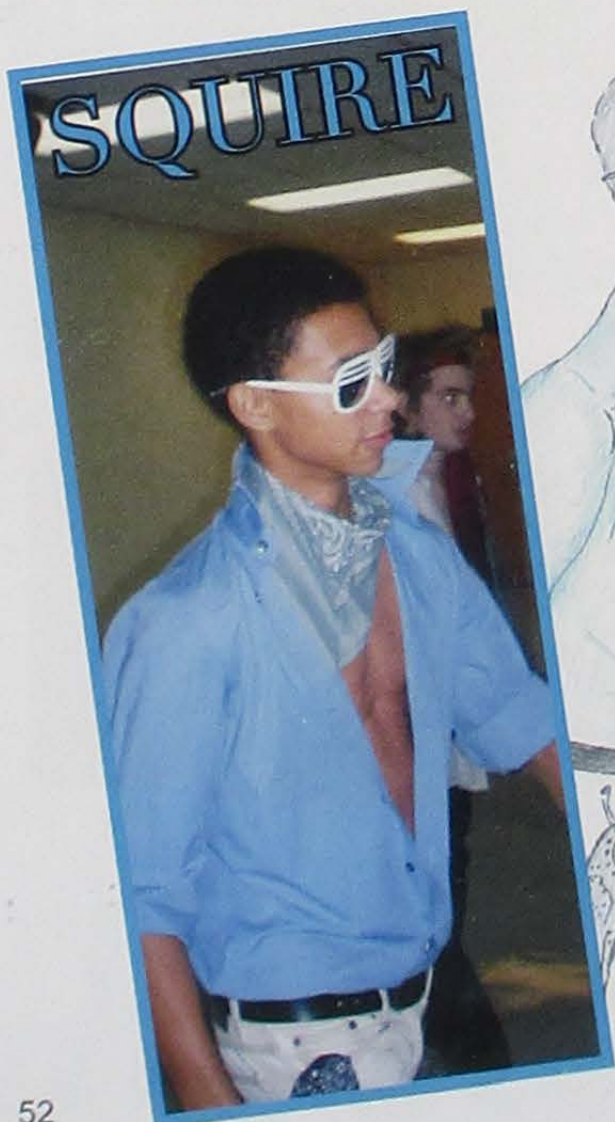
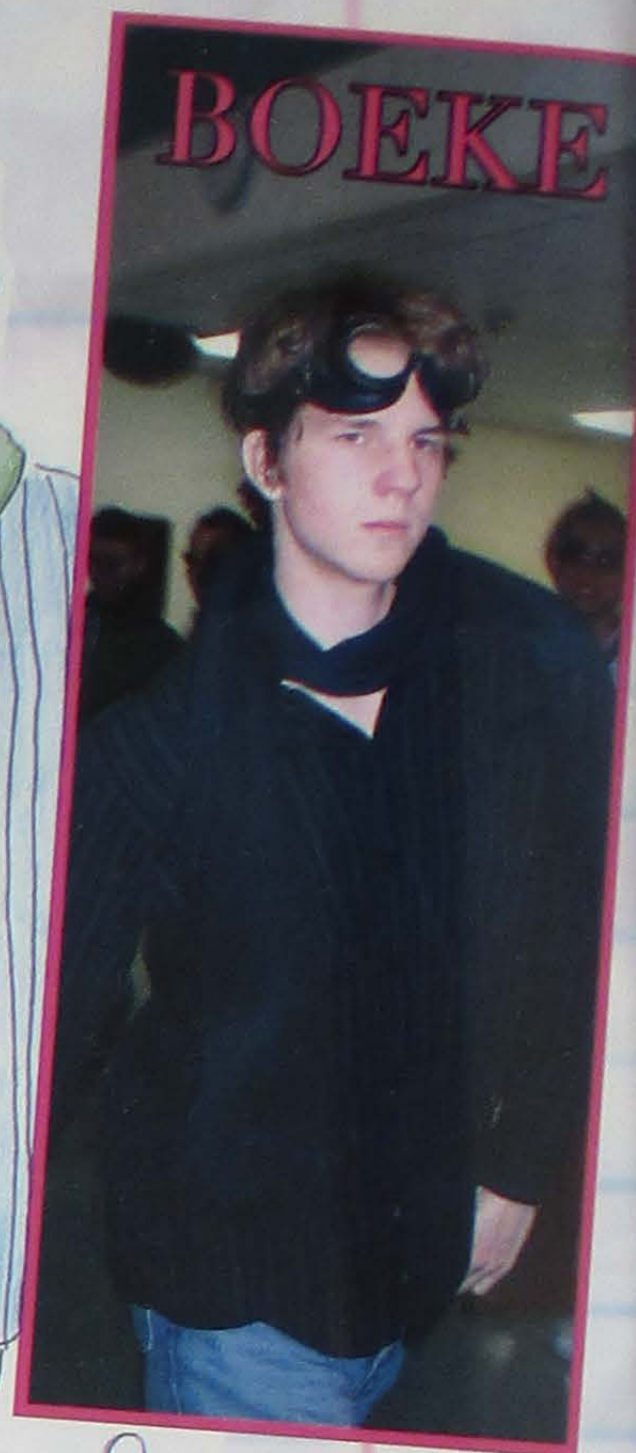
Juniors **Jessica King** & **Emma Ravenscroft**
"Spending some QT with our best friends snuggling by the fire."

Senior **Zak Clipsham**
"I like to go to Gateway to go sledding."





Let's Get Physical
-Using their knowledge of the forces affecting projectiles, Juniors **Faisal Luvaga** & **Tashara Burnside** chose to make models that resemble slingshots for the physics final.



The Devil Wears Pajama Bottoms
- Showing some skin in the midst of a fashion walk-off, senior **Jess Nelson** and sophomore **Malcolm Squire** strut their stuff on Fashion Wednesday. On this *haute couture* day of the month, students throughout Ames High appeared to be cut from the pages of the latest Runway. On any given Fashion Wednesday, it was not uncommon to see dozens of students roaming the halls with over-sized sunglasses, popped collars, and a larger-than-life arrogant strut, not to mention horrific Austrian accents.

(photos by Ally Eregbu)





With the weather and the district's new superintendent, Ames High's finals schedule went awry this semester. The change of schedule during finals exacerbated students' stress levels to nearly unbearable levels. Students and teachers alike were overwhelmed. The custodians were none too pleased with the mess, either. The students did at least have Tuesday off so they could partake in the viewing of the monumental inauguration of Barack Obama. Some students found themselves so inspired, they went as far as to write haikus and draw dinosaurs during this historical event.

One of the causes of these ridiculous closings was the sub-zero temperatures and excessive amount of snow. The temperature's dropped to as low as -40, causing busses to freeze and the minds of students to function at a sub-par level. One thing that was not affected by the bitter, bitter cold was Ames High School students' stunning sense of fashion. On the Wednesday back from winter break, students came decked out in a wide array of wacky ensembles, ranging from skin-tight leather pants to shirts exposing smooth chests.



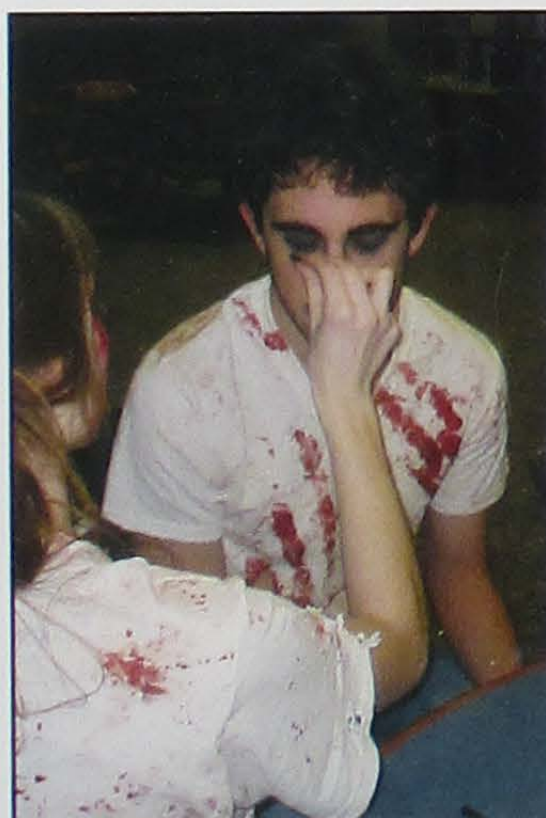
Science Spectacular - Pouring some vinegar, senior **Kristin Tylka** prepares for her science demo show. Every year the chemistry students performed demo shows for elementary kids to provide an exciting finale to their elementary chemistry unit. (photo by Ally Eregbu)



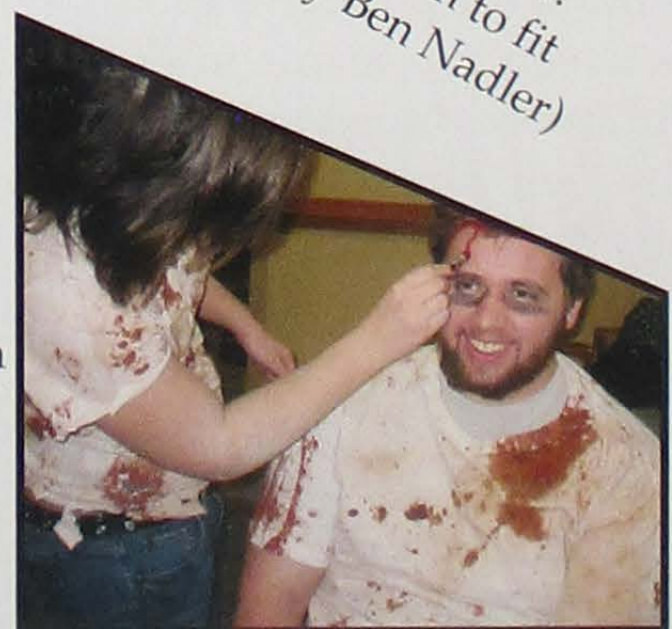
Best in Show - Cutting up a pop can, seniors **Taylor Slotter** & **Ellie Weiss** prepare for their demo show. They also decided to dress up for the occasion to fit the theme of their experiment. (photo by Ben Nadler)



ing, Ring, Ring, Mellophone! - Supporting the Boys Basketball team, sophomores **Hannah Vollbrecht** & **Sadie Motine** play through their usual repertoire of crowd-rallying songs. The brass was notorious for always leading the band in the songs, raising the volume of the crowd to a new, ear-splitting level.



Zombies Attack! - Becoming one with the walking dead, juniors **Cathy Pastiak** & **Anna Kaspar** prepare seniors **Josh Brown** and **Ben Mackey** to assist in asking senior **Ben Nadler** to winter formal. Taking place in the library, this group of zombified fiends took over the library. (photos by Katilyn Estill)

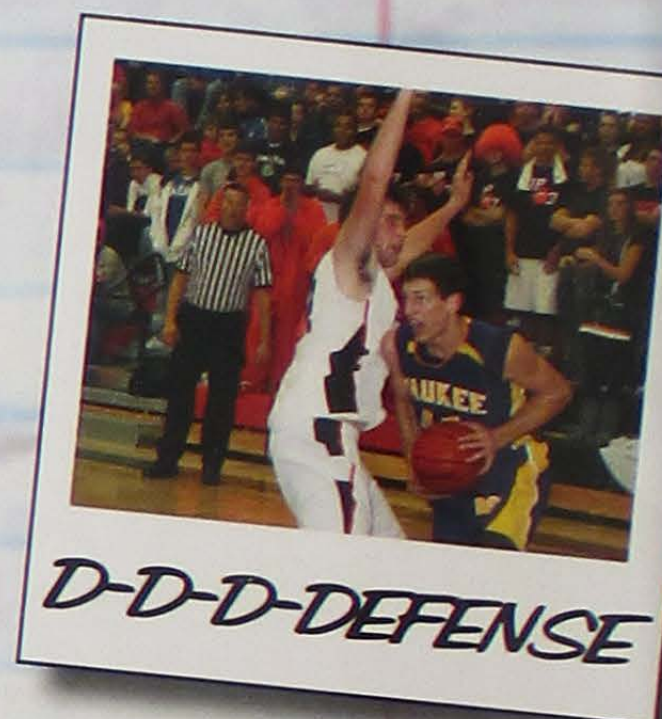


Story by Jess Nelson & Dan Lanning

January was the sports fan's month: the Super Bowl, college football's national championship, and of course, Ames High Athletics.

January was a phenomenal month for Sports at Ames High, with the boys and girls basketball teams combining for one loss and the boys swimming team maintaining their number one ranking, and dominance, in the state. January also brought the high flying stunts of the co-ed drill team and the finesse of the silver and gold squads. January truly had it all (including some well appreciated snow days).

In wrestling, Stefan Breitling-Garlington enjoyed a high level of success at the varsity level after missing the majority of the season last year due

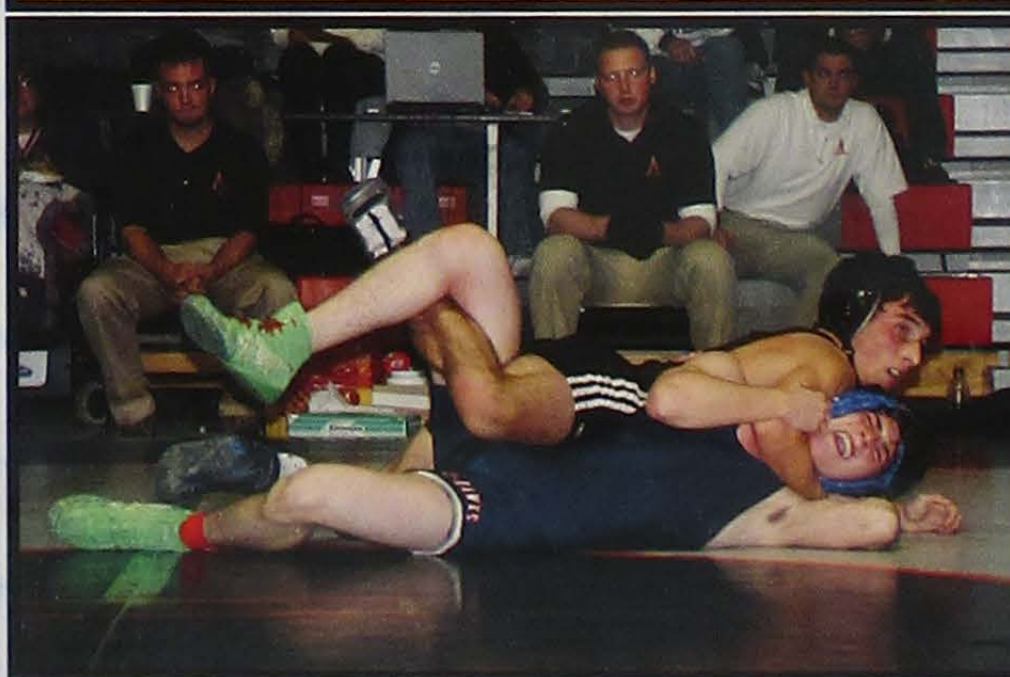


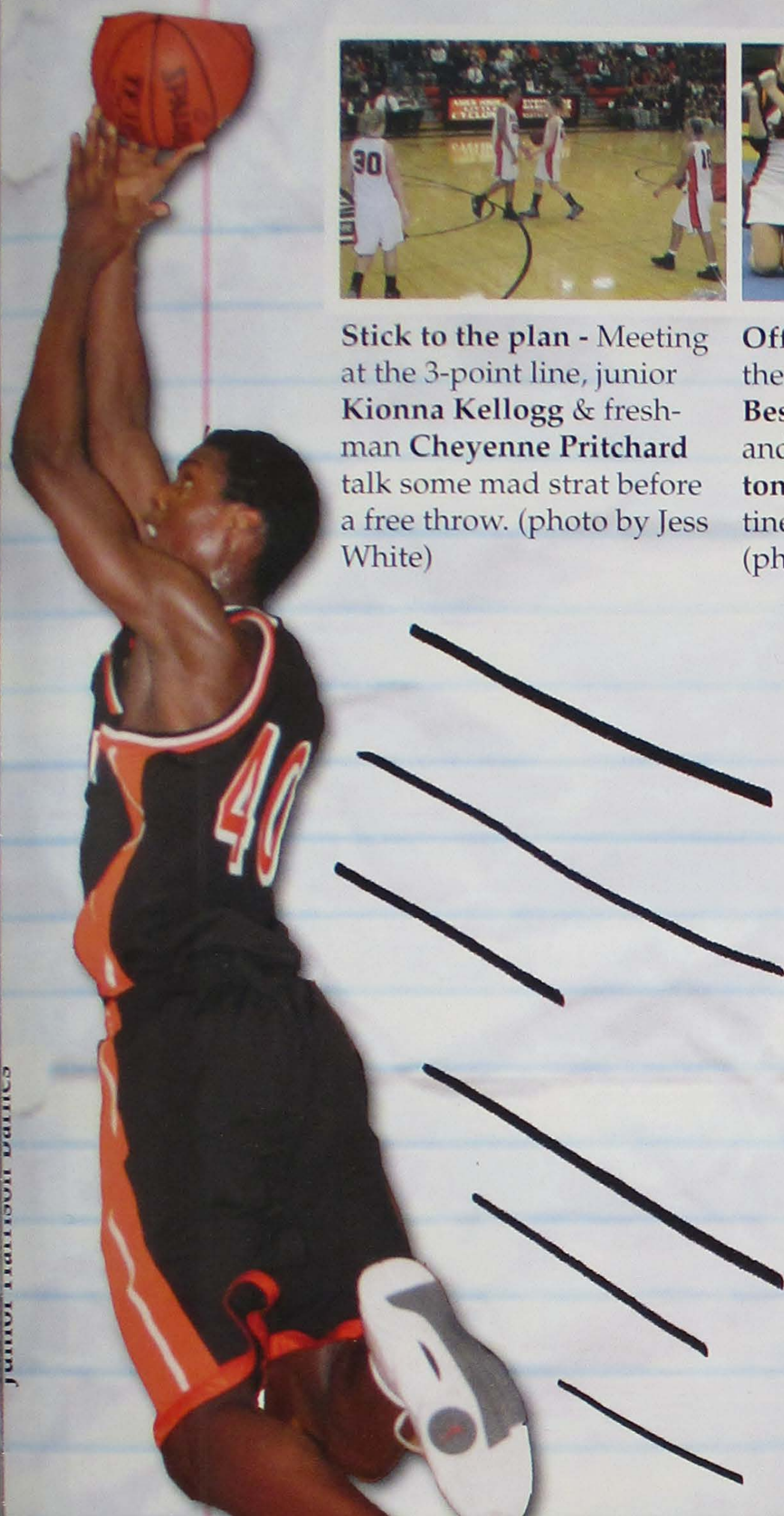
JANUARY SPORTS

to an operation on his wrist. He, along with senior Riley Banach provided key senior leadership to a relatively young team.

The boys swimming team, following under the leadership of Steve Stark, Scott Strehlow, Ben Utesch, Matt Saxton and others, continued to destroy all competition in and around the pool. In a showdown between top teams in the state, Ames beat No. 2 Valley. Perhaps the hair-bleaching works after all. And speaking of domination, our basketball teams dismantled all opposition.

January will shine like a beacon to future Ames teams as a true symbol of Ames High superiority.





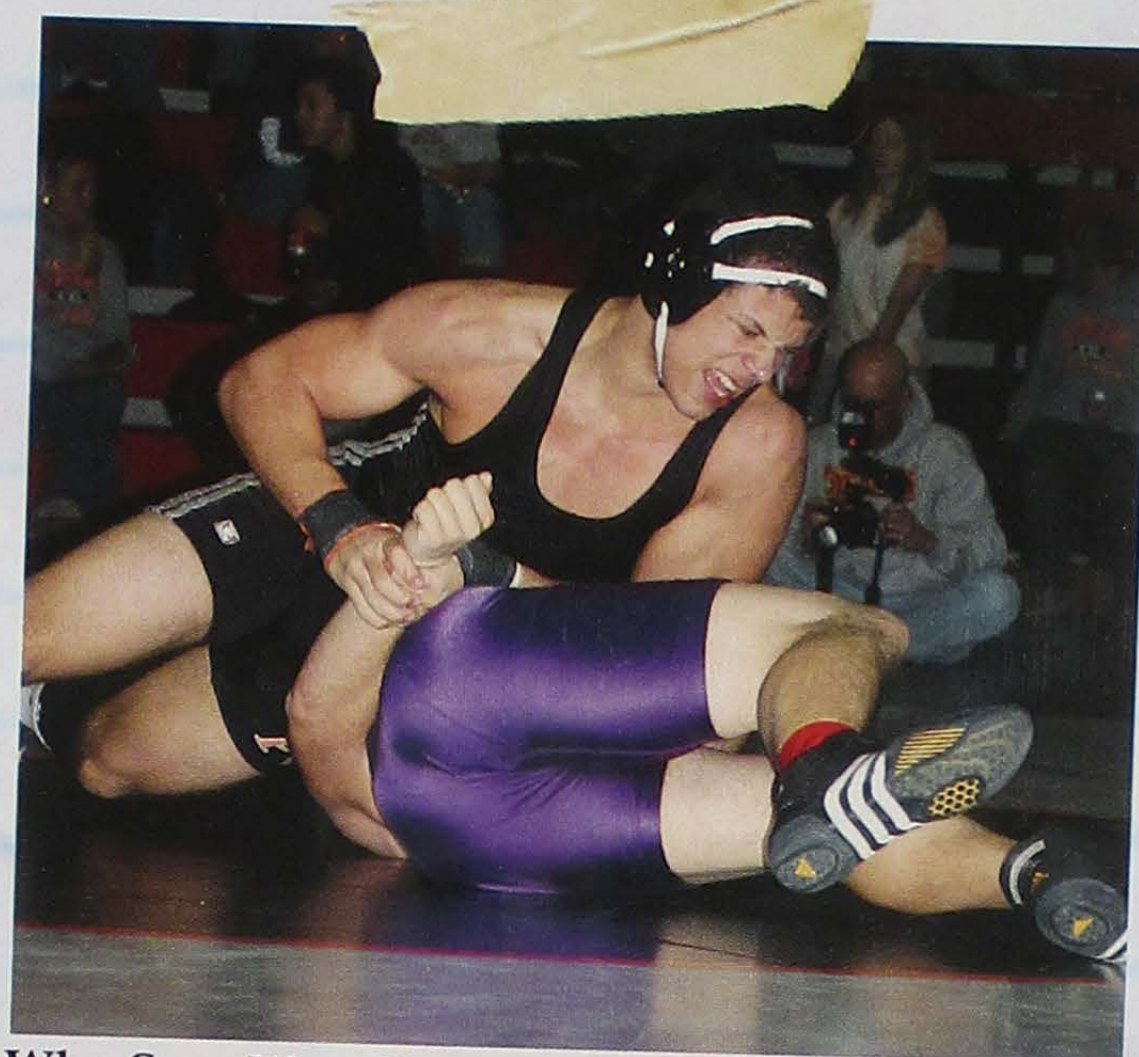
Stick to the plan - Meeting at the 3-point line, junior **Kionna Kellogg** & freshman **Cheyenne Pritchard** talk some mad strat before a free throw. (photo by Jess White)



Off to Regionals - Holding the final pose, juniors **Nikki Best** & **Katlyn Humlicek** and senior **Allison Hamilton** perfect their state routine in the upcoming weeks. (photo by Anna Kaspar)



And the Winner Is... - Standing triumphant, junior **Josh Thompson** accepts his victory over his opponent. Ames beat Waukee in a clean sweep. (photo by Jess White)



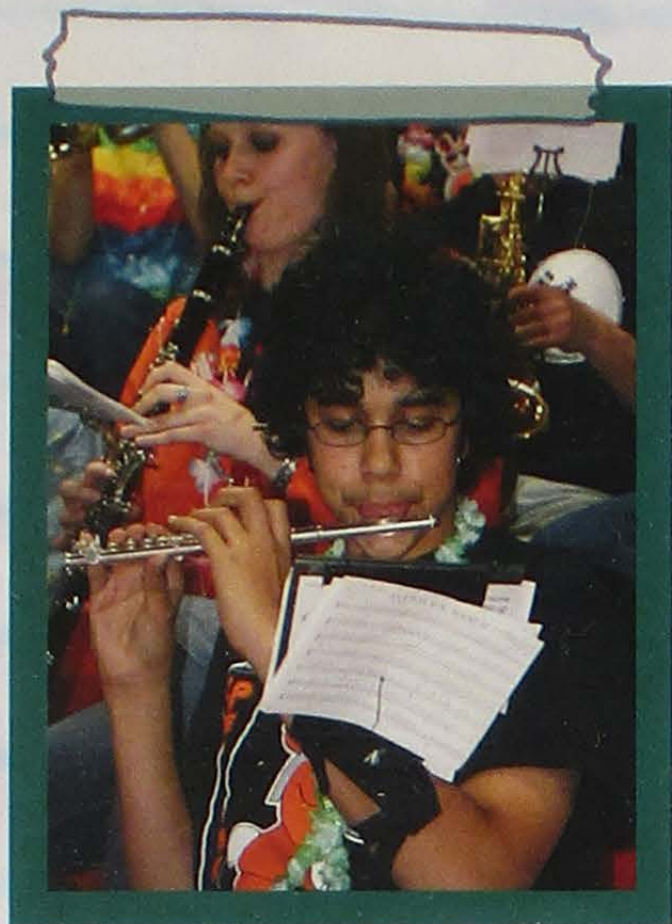
Who Says Wrestling is Fake? - Manhandling his opponent, senior **Stefan Breitling-Garlington** brings the pain and thunder that was Ames High Wrestling in the month of January. With Stefan's help, the Ames Wrestling Team destroyed Waukee in this duel meet. (Photo by Alyx Lyons)



Do You Believe in Magic? - Performing at halftime, the Drill Team Gold Squad reps for a turn. This year's new clothes were a result of sports fees, but with the ruling on sports fees being illegal, next year's team might not be so lucky.

I  **DRILL TEAM JUDGES**

JANUARY ARTS



Piccolo Perfection - Reading from his lyre, sophomore **Tim Fernando** plays the pep band's rendition of "Final Countdown." This song was played so many times this year that every band member had it ingrained in their memory for life. (photo by Ben Nadler)

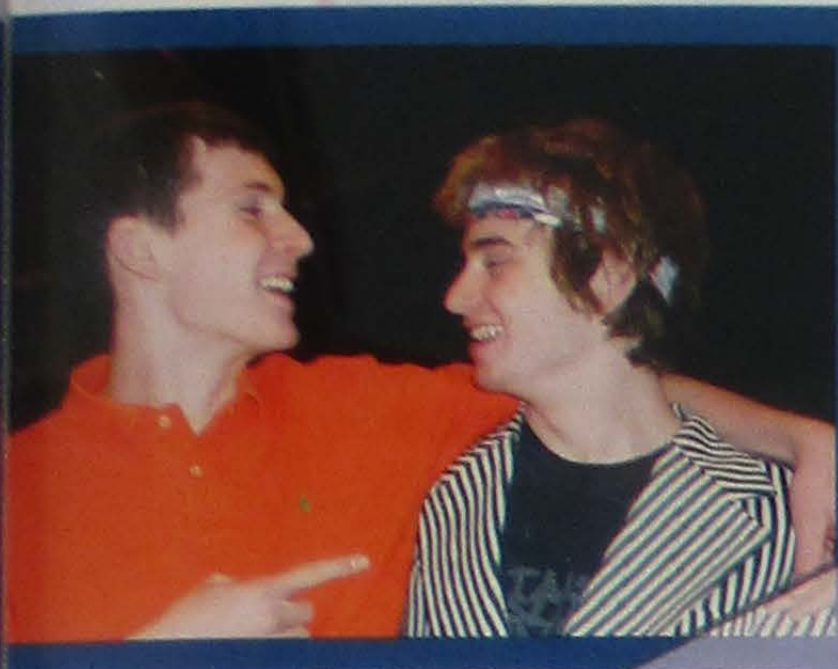


Duet in D Minor - Performing a solo for the youngins, seniors **Lisa Yoon & April Suen** share their talent with the 4th Graders at the Young Peoples Concert. (photo by Ben Nadler)



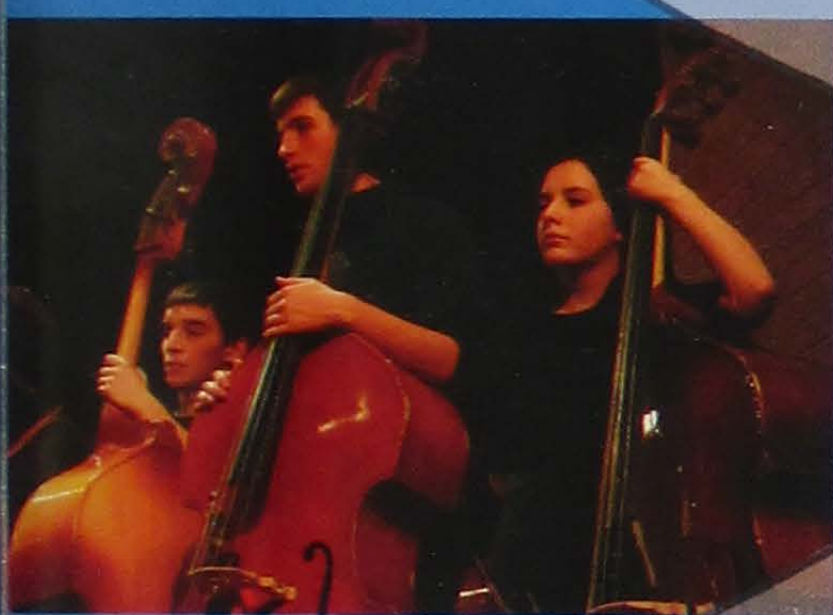
Play That Funky Music White Boy - Dropping a PHAT beat, sophomore **Tom Gehring** plays his trap set at the basketball game. He is also sporting earplugs, as do most percussionists, to avoid damage to his ear drums. (photo by Ben Nadler)





Hey You - Confronting a fellow cast mate, junior **Thomas Eslinger** jokingly puts the blame on **Kuper Bergman** for a problem on set. Luckily, the brawl between the two was extinguished and the show went on. (photo by Alyx Lyons)

Trumpet Trio - Playing a solo, seniors **Daniel Jaharen & Lauren Schwab** & junior stand in front of the band to play a trio piece for the Young Peoples concert. Each instrument has its chance to be on display at the concert. (photo by Alyx Lyons)



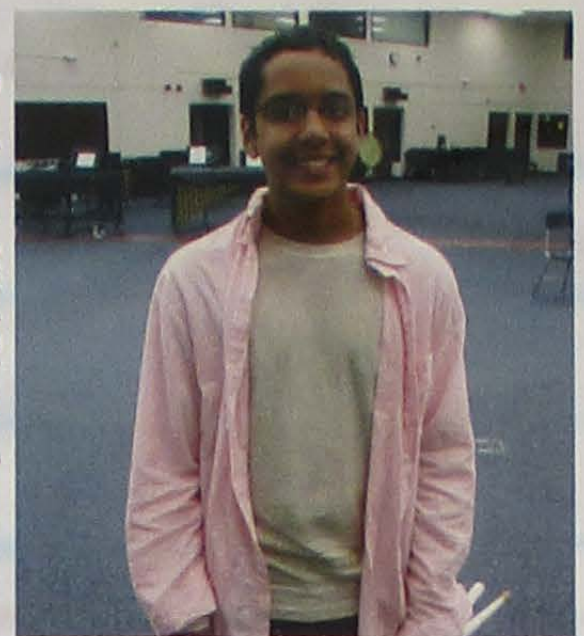
"Bass-ically," We're Amazing - Slapin' the bass, juniors **Devin Becraft, James Kohler & Ari Mendoza** perform their part at the Young Peoples Concert. "We're a bit underrated," Becraft said. "Basically...I think we're pretty awesome." (photo by Alyx Lyons)

Harp Harmonics - Strumming a chord, senior **Laurel Tuggle** plucks along to an orchestral version of "The Dark Knight." Each year a song is chosen that the youngsters will recognize. For orchestra, it was "The Dark Knight"; as for band, it was a Disney Medley. (photo by Alyx Lyons)



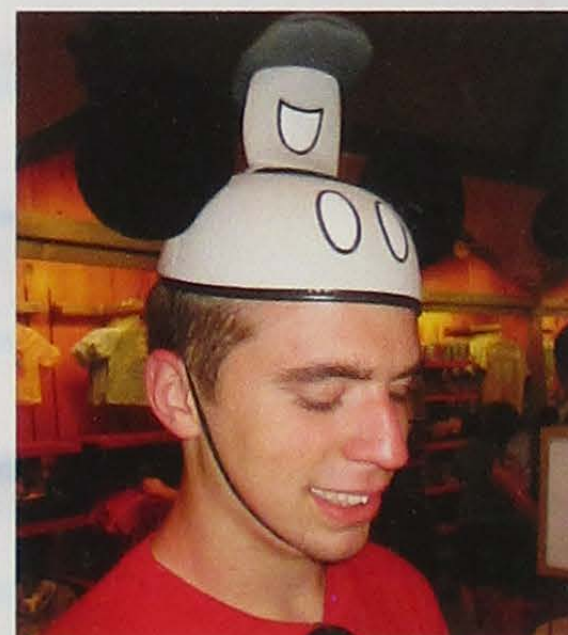
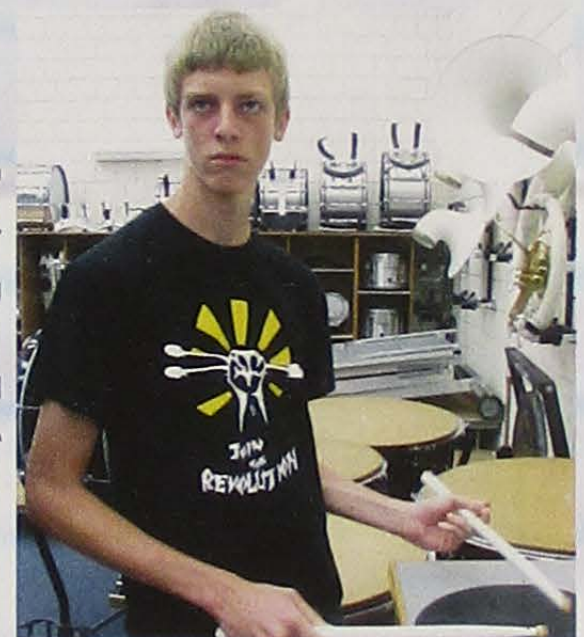
Who is The Best Percussionist Ever?

Freshmen **Ujjal Bhattacharyya**
"Mr. Ewan, of course"

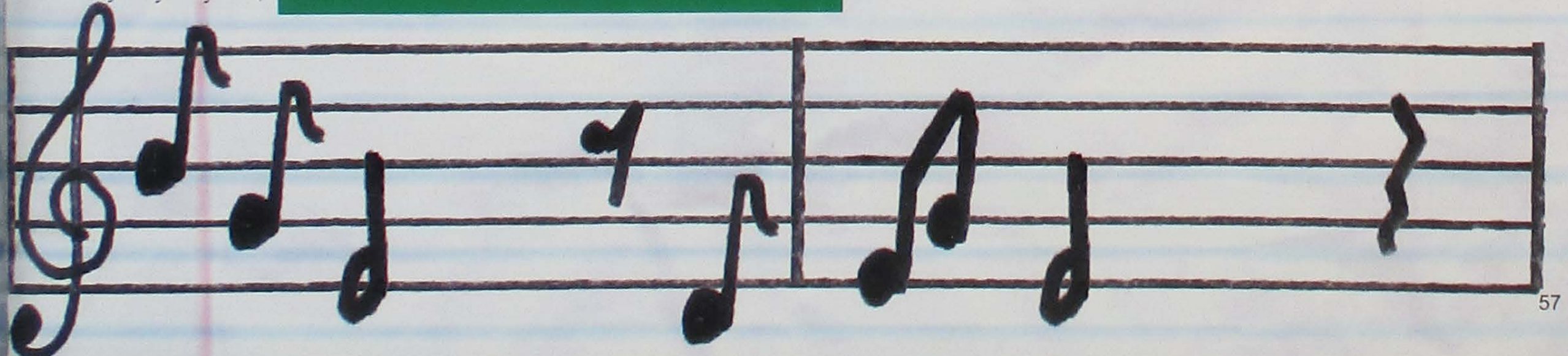


Sophomore **Tom Gehring**
"Legendary trapset player Steve Gadd."

Junior **Ryan Tucker**
"Tim Jackson, Tenor player for the Blue Devils."



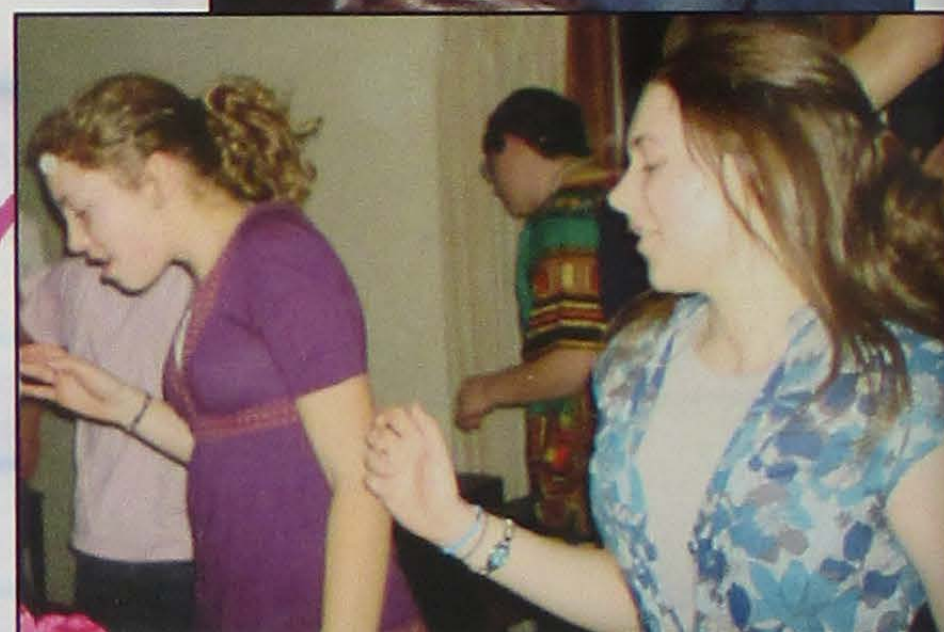
Senior **Anson Woodin**
"I am the best, end of discussion."



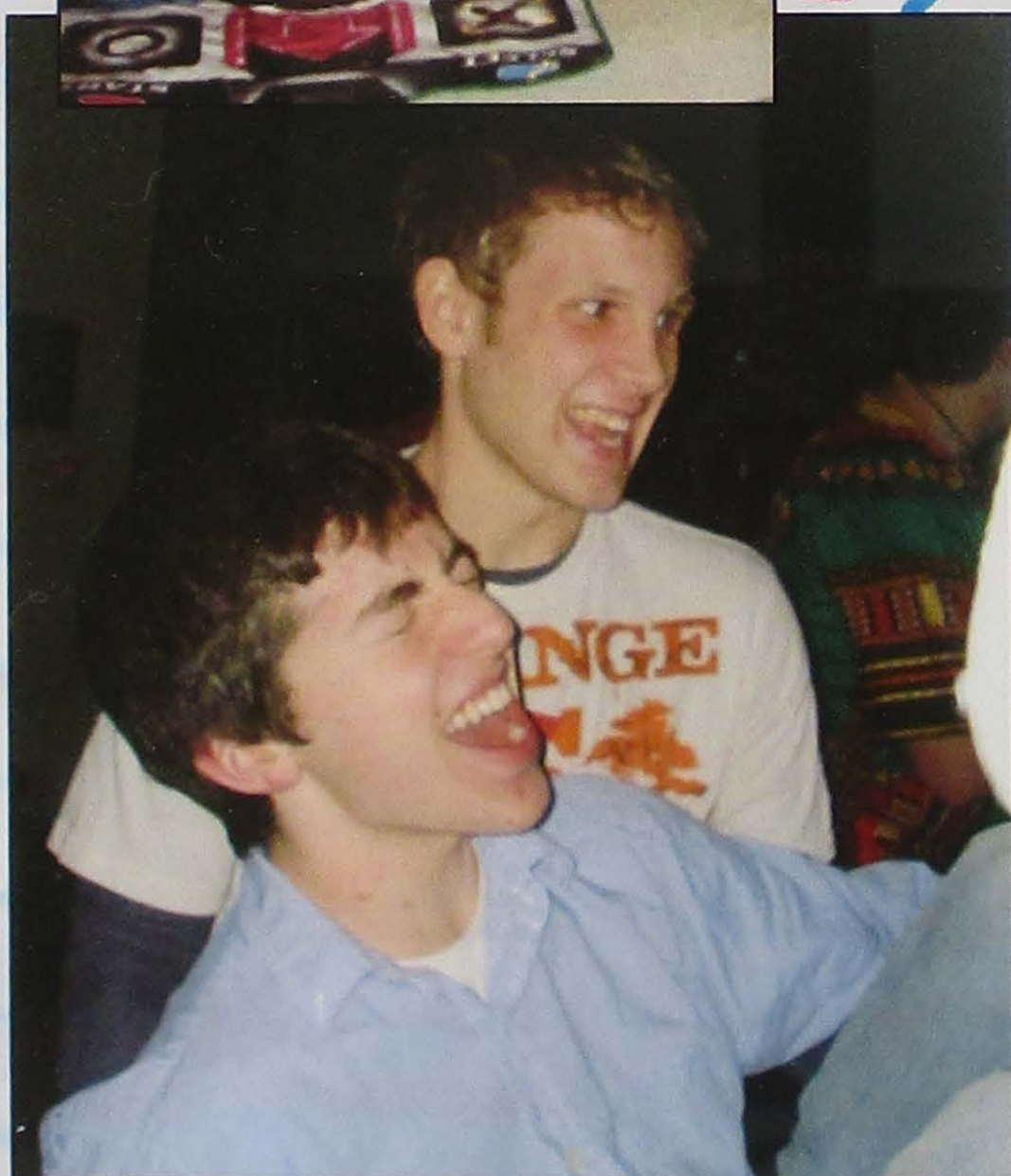
NEW YEARS



All Tangled Up - Displaying their comfort with each other, a pile of seniors, juniors, & sophomores compete for the title of "2009 Twist Master." (photo by Cathy Pastiak)



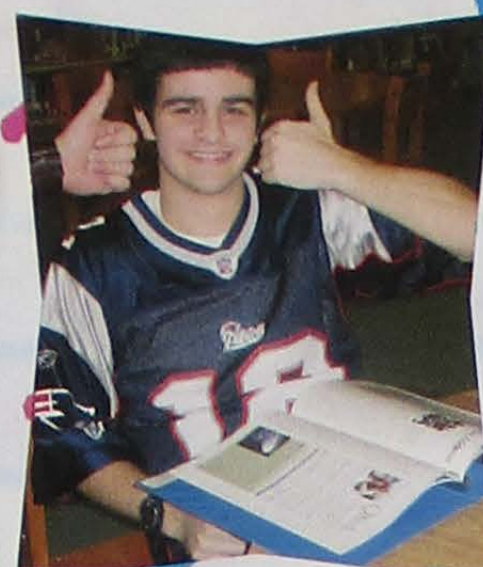
We Like To Party - Dancing queen juniors **Delaney Kolb** and **Kristina Johnson** cut a rug at the ever so popular high school dance party. Students perfected the art of looking cool while having a blast on New Years. (photo by Cathy Pastiak)



It seems only fitting to begin this ode to New Years with a quotation from the infallible Oprah Winfrey: "Cheers to a New Year and another chance for us to get it right." Too true, Oprah. And High students pledged to make 2009 bigger and better than the pitiful excuse for a year previously known as 2008.

Starting the year off right, AHS students took a break from the expected and instead took it upon themselves to welcome the New Year in style. Celebrations ranged from dance parties to family gatherings to Scrabble tournaments. A few courageous students even lit up sparklers and paraded them around the front yards. Whatever way students decided to bring in the new year, they made sure to do it in style.

What was your New Year's resolution?



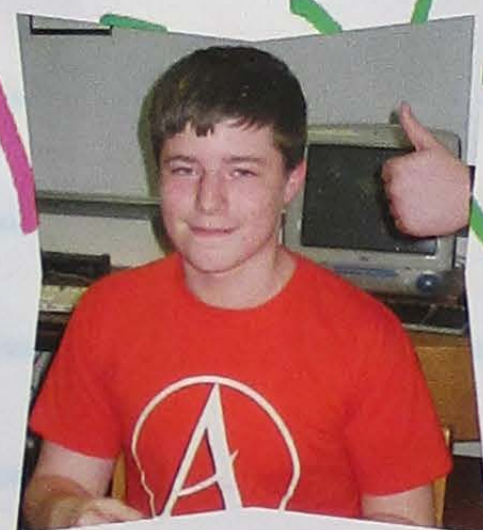
MATT LEE

To help everyone
else break theirs.



**EVELYN QIN &
MOLLY MOORE**

To make new
friends!



IAN PRINGLE

To give up pop.



**CHRISTINE
BUNTING**

To run two miles
every day.



Put Your Hands In the Air Like You Just Don't Care - Moving
and shaking, junior **Frances Hindt** rocks the dance floor as senior
Leslie Moorman looks on. This year students exhibited their true
passion by showing off their own individual style. (photo by C. Pastiak)

FERRELL

STUDENT LIFE

Senior Spencer Botine



Senior Jess Nelson



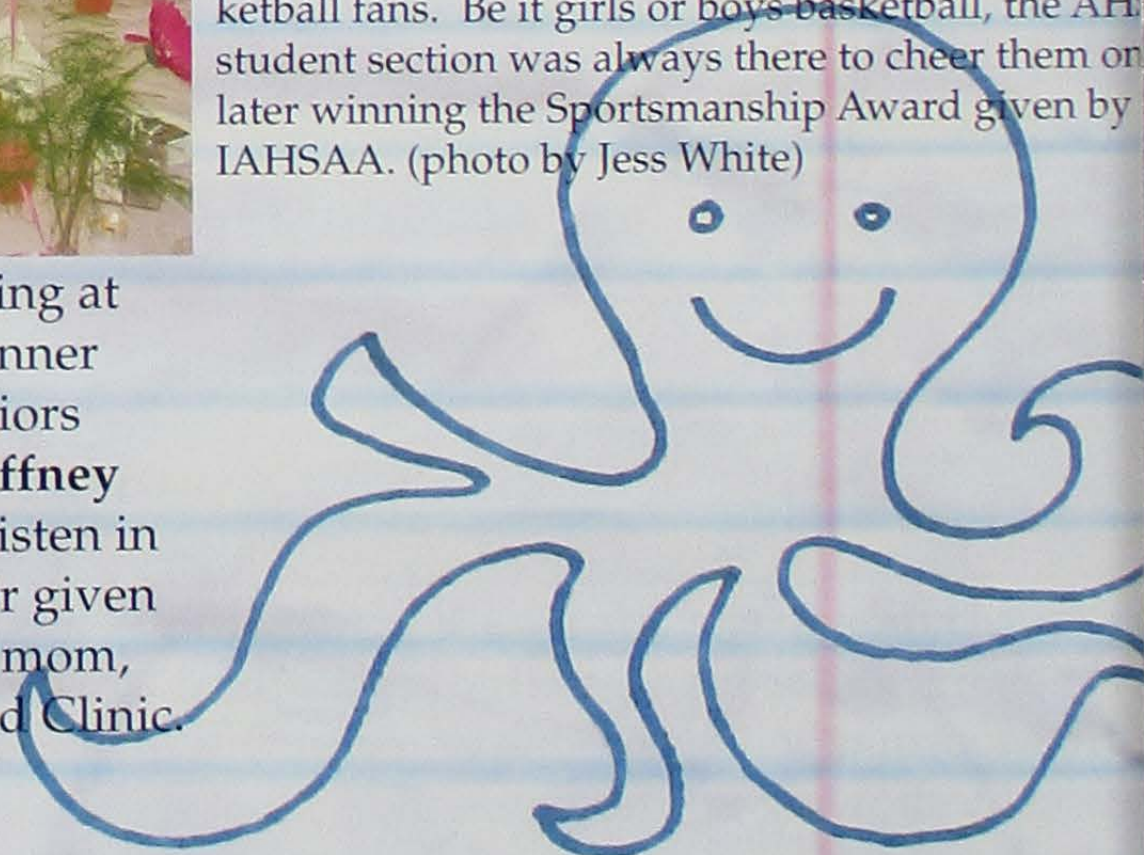
Turkish students on Turkish Student Day



Shock & Awe - Looking in complete disbelief at the amazing talent that is AHS basketball, senior **Jack Mason** stands amongst a large crowd of loyal basketball fans. Be it girls or boys basketball, the AHS student section was always there to cheer them on, later winning the Sportsmanship Award given by IAHSAA. (photo by Jess White)

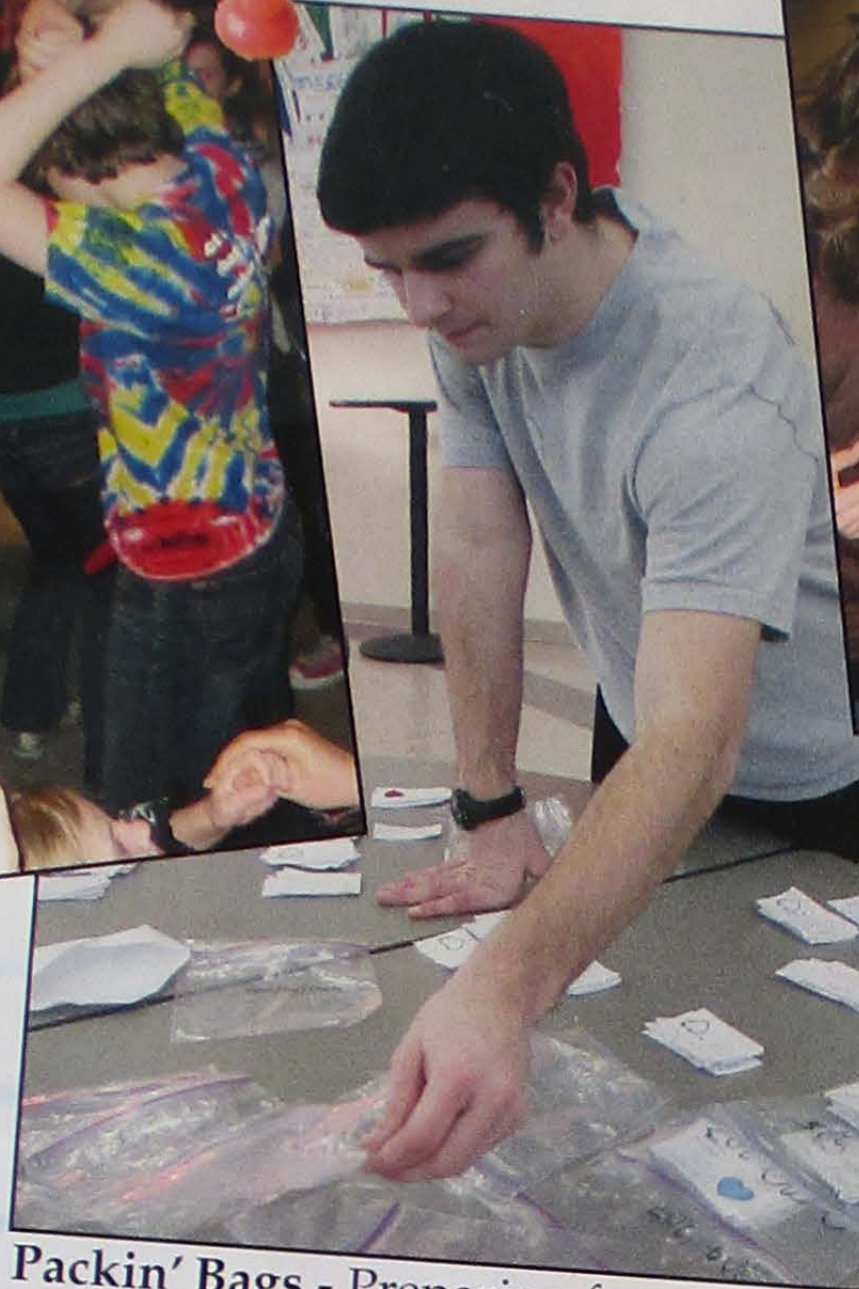


Real Guys Wear Pink - Sitting at a table at the Think Pink Dinner for the AHS Drill Team, juniors **Tulika Biswas & Aaron Gaffney** & senior **Jamison Disalvo** listen in on a speech on breast cancer given by senior Daniel Lanning's mom, the head nurse at McFarland Clinic. (photo by Cathy Pastiak)

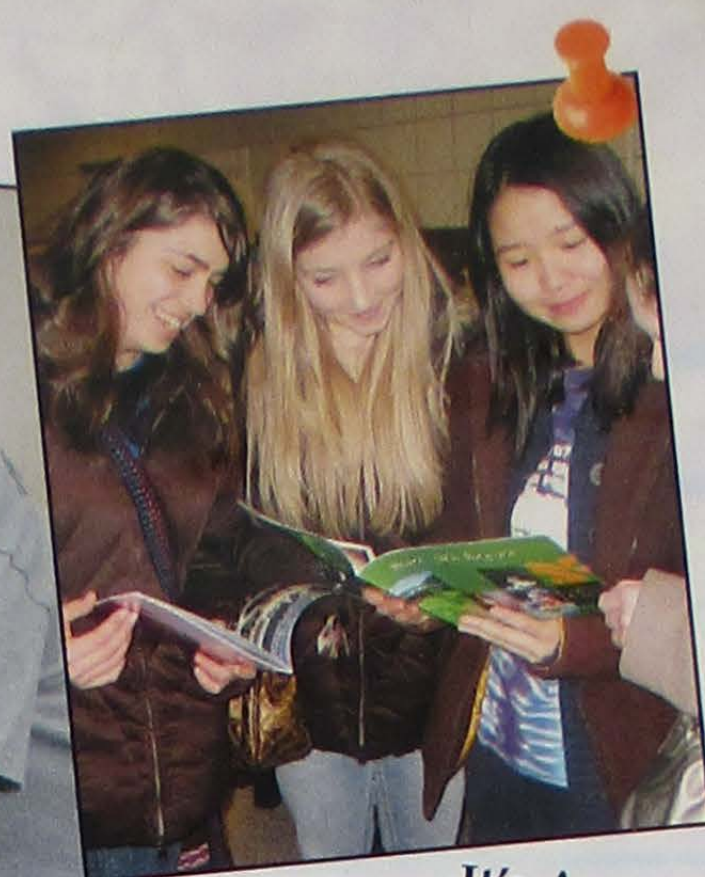




Be the Change - Setting a table at this year's Uganda Project Benefit Dinner, junior **Brett Hanson** places silverware beside plates. The night's proceeds were dedicated to helping students pay for their trip expenses, including material costs. (photo by Cathy Mastiak)



Packin' Bags - Preparing for a night of crush can assembly, senior **Matt Lee** organizes messages for the soda. The local animal shelter was the primary beneficiary from this love-filled fund raiser. (photo by Ben Mackey)



It's A Country, Too! - Educating themselves about the customs of Turkey, seniors **Anna Frishman, Jessi Gosch, & Mona Li** look at brochures of the diverse country. They trekked to Iowa State to participate in Turkish Student Day. (photo by James Webb)

February, previously associated with the popular holiday of Valentine's Day, was given the ultimate plastic surgery this year. Students took it upon themselves to spread the love in worthier ways than handing out chalky candies. Groups of teenagers came together to talk about something more important than teenage angst: the possibilities of the future.

Students representing every nuance of the high school crawled from their dark and abysmal corners to join in the movement for change. Enthusiastic dancers from the drill team sponsored a Think Pink Dinner to raise funds and awareness for breast cancer. It was a night filled with tearful but hopeful stories of survival. The cafeteria was the sight of more than one selfless dinner during February. Mr. Mooney and others eager to help students hosted the Uganda Benefit Dinner as a fund raiser for the upcoming trip to Uganda to build a facility to help young women escape prostitution in the border town of Jinja. The original model for February unselfishness, the Crush Can fund raiser, helped support the local Ames Animal shelter while also pleasing students.

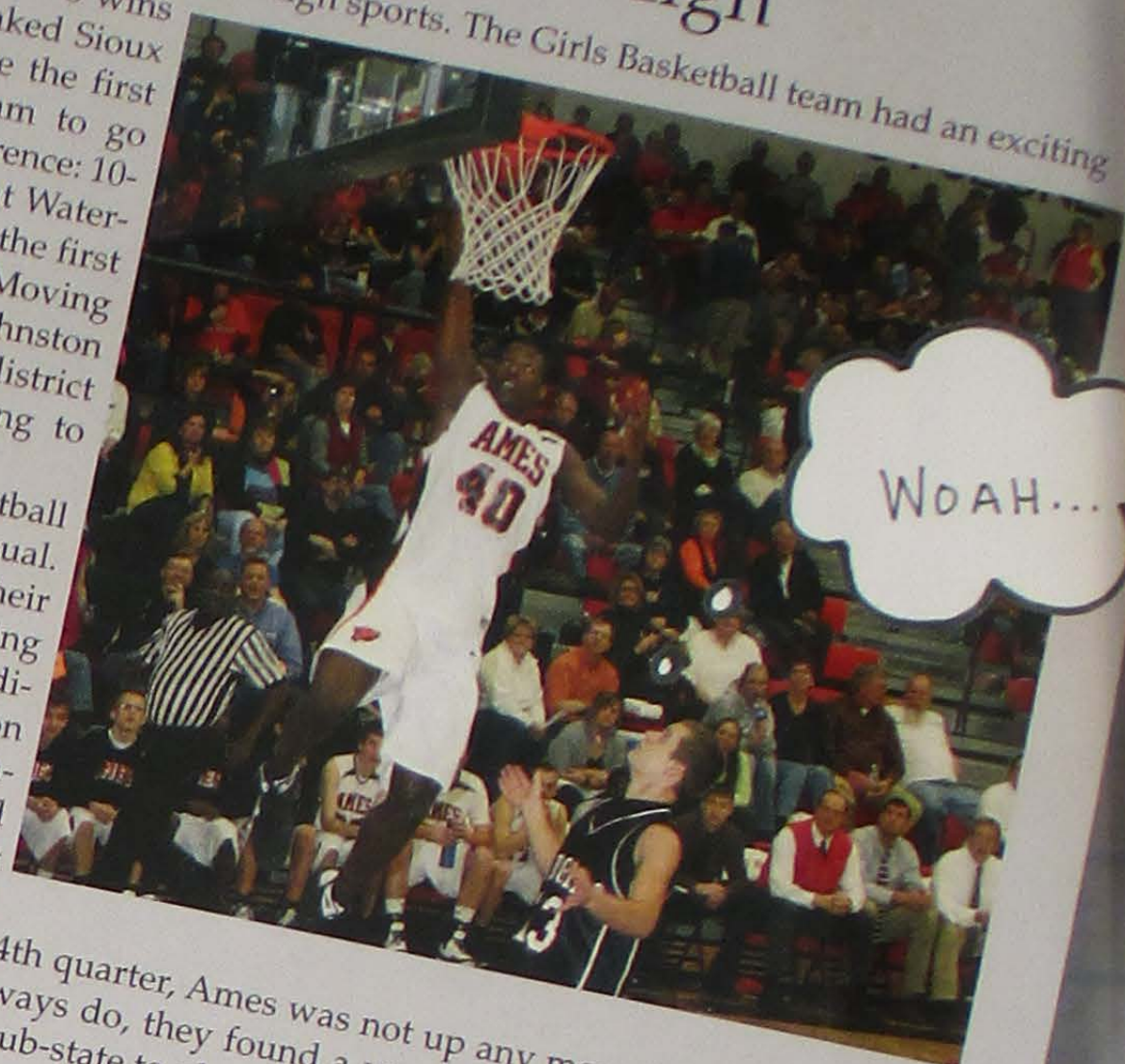
Rather than succumb to greeting-card company brainwashing, the students at AHS rose above petty cards and material gifts to truly contribute to something worthwhile within the Ames community and beyond. The vast wealth of unselfish gestures at Ames High is what makes it such a great place to learn, inside and outside of the curriculum.



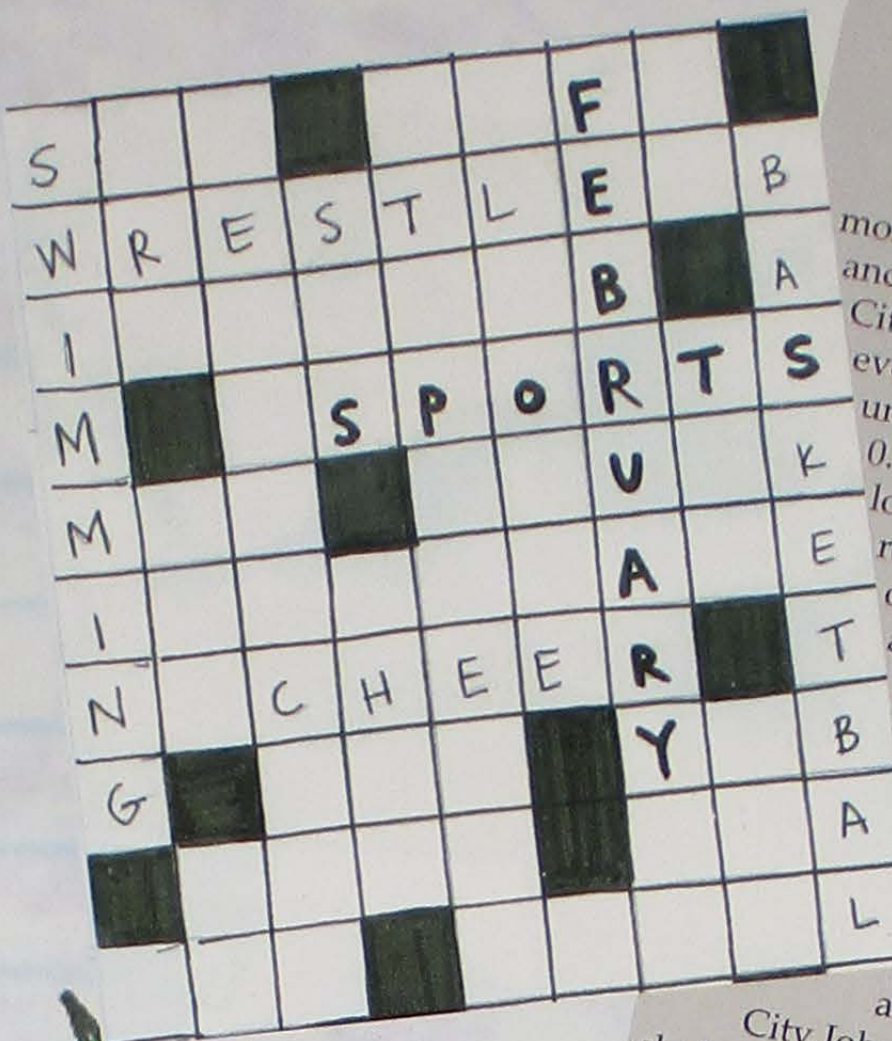
(73-46)

Ames Hi, Aims High

What an amazing season for Ames High sports. The Girls Basketball team had an exciting month in February. They had 6 wins and only 1 loss (to #2 ranked Sioux City North). They became the first ever Girls Basketball team to go undefeated in their conference: 10-0. They went on to defeat Waterloo West by 12 points in the first round of the playoffs. Moving on, they defeated Johnston at Saydel, becoming district champions and heading to State!



WOAH...



(65-59)

HERE WE
GO
CYCLONES!



The Boys Basketball team dominated as usual. They beat all of their opponents, including Marshalltown, Indiana, Fort Dodge, Mason City, Johnston, and Hoover to conclude the regular season. Many would say that the Hoover game was the most intense game the boys had experienced this year. Within the last minutes in the 4th quarter, Ames was not up any more than 10 points. It was a battle until the end, but like the boys always do, they found a way to win. That game concluded their regular season and they continued on to sub-state to play Des Moines Lincoln, and won.

Ames High Wrestling season was a little different this year. Instead of dogging the season through another ninety-degree practice, the wrestlers developed an attitude of confidence and earned the talent to back it up. In his first year, head coach Drew Kelly led the Little Cyclones to their most successful season in nine years.

At the CIML meet, Ames placed seventh out of eighteen teams, the highest finish Ames has ever earned. Next year for Ames looks to lead to bigger and better things. Coach of the year Drew Kelly has three qualifiers returning. The leadership and experience returning should play a huge role in determining how far the team will go next year.

In swimming, the boys pulled off one of their best seasons yet, claiming the honor of being conference champion, district champion, and state runner-up. Many thought this was our year to finally grab the elusive state title, but the team performed admirably at the state meet. Senior Ben Utesch claimed the state 100 Backstroke title, while seniors Lucas Borg and Matt Saxton earned Academic All-American honors.

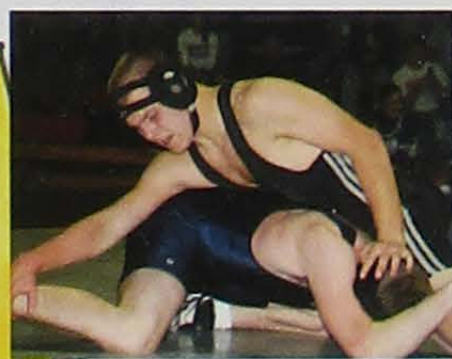
SUB-STAT

Feb.
27

TAKE it to the MAT!

(80-43)

Feb.
13



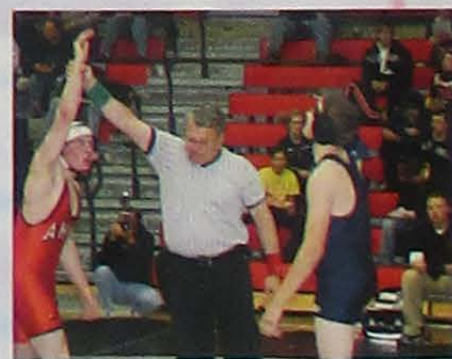
Escape!- Fighting for another win, senior **Riley Banach** shows his determination as he tries rolling his opponent over for another pin to help the Ames High Wrestling team claim the win.



Hold My Hand- Trying to escape his opponent, senior **Austin Swanson** is holding his enemy's hands trying not to let him get loose.



Shoot- Waiting to attack, sophomore **Ben Swalla** circles the mat as he awaits for the precise moment to attack his opponent and gain more points for the team win.



Success- Doing it again, sophomore **Eric Jones** has his hand raised after pinning his man. This year Ames High School won against Urbandale for the first time in four years.

photos by Alyx Lyons



Swim State

Feb.
6

(93-56)

(57-46)



Swim Dinner

66-41

BEAT

Waukee

Feb.
10

(58-45)

SHOOTING FOR THE STARS

photos by Jess White

GO, GO, G-O

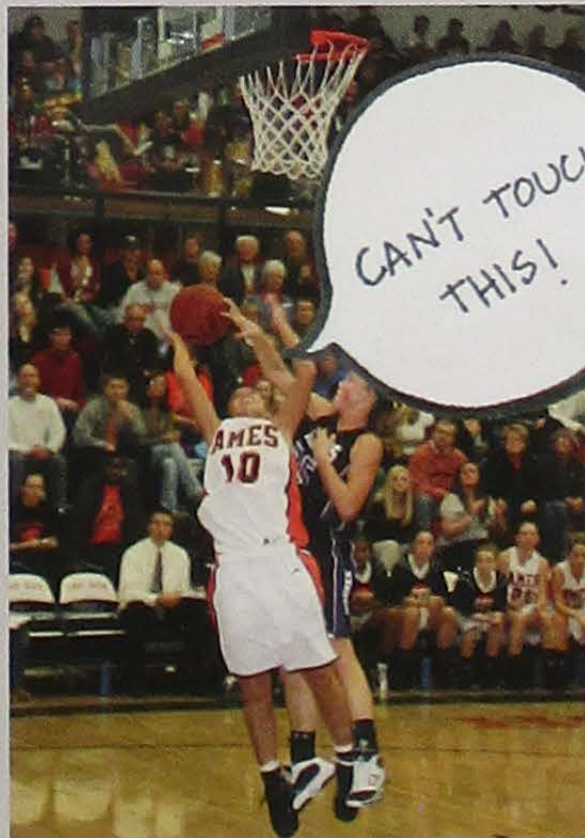
- Cheering for the Ames basketball team, junior **Megan Girard** is held up in a liberty by her teammates as they help encourage the boys to gaining another victory. The two varsity cheer squads kept the fans on their feet all season long.



Long Bomb - Skying above his opponent, junior **Kyle Rogers** takes a 3-pointer in the 4th quarter of the Valley game. Though the shot missed, the game was won early in the first half.

The Reach Around

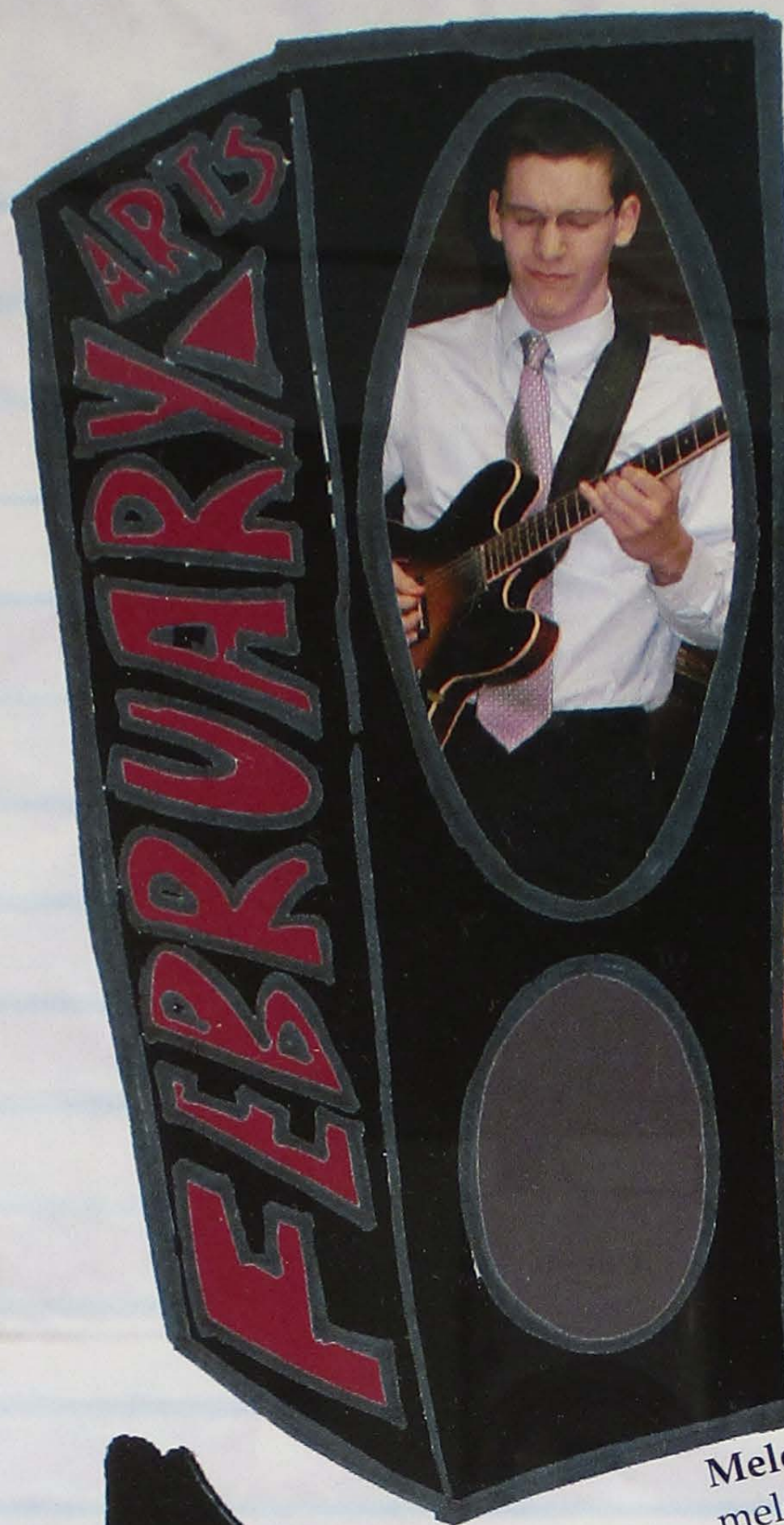
- Playing with intense concentration, Ames High's senior **Trisha Nesbitt** maneuvers the ball around the defense for another basket to help the team claim their second win against Waukee. In the end, Ames came out victorious, 55 to 44.



Ready for Another Win

- Standing with pride, The AHS Boys basketball team awaits the start of their game as Fellows kindergartners recite the national anthem.

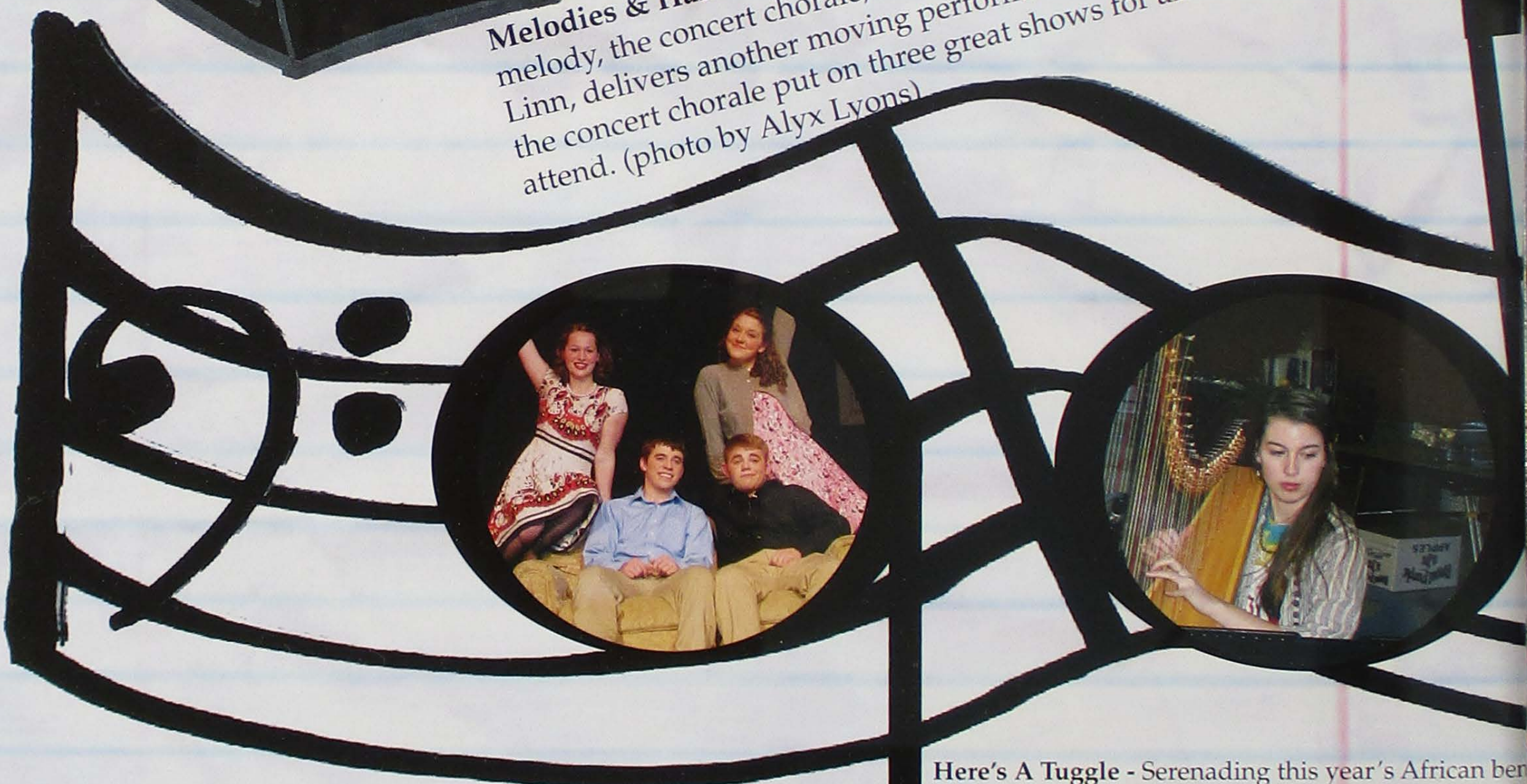
(39-37)



Junior Ben King



Melodies & Harmonies Galore - Belting out a beautiful melody, the concert chorale, under the direction of Mr. Linn, delivers another moving performance. Each year the concert chorale put on three great shows for all to attend. (photo by Alyx Lyons)



Musical Couches - Sitting pretty on the couch with their female counterparts, seniors **Spencer Botine** & **Anson Woodin** sing in a quick quartet during the *Babes in Arms* musical. Above them sits sophomore **Rachel Paxton** & senior **Mary Woeste**, who join them in song. The story of *Babes in Arms* is one of love and love triangles in which these four all find it difficult to choose whom. (photo by Alyx Lyons)

Here's A Tuggle - Serenading this year's African benefit dinner, senior **Laurel Tuggle** utilizes her exemplary skills at the harp to give back to the community. Also performing were the English department band, accompanied by students junior Ben King on guitar and senior Spencer Botine on saxophone. (photo by Cathy Pastiak)

Wrap it up
- Speaking at the Africa Benefit Dinner, teacher Jan Webb delivered a heart-warming speech about the annual Africa trip. Webb's main points were about the great need, which equates to great opportunity. (photo by Cathy Pastiak)

This year's February brought along the usual spirit of fake love and ground hogs, but students at Ames High also found themselves whirled up in a frenzy of music. With all three choruses-Freshmen, Concert and Choral-performing at their annual winter concert, Ames High's own enactment of *Babes in Arms* and Jazz Encounter, the Jazz Band's annual performance, the halls were alive with the sound of music.

This year's musical, *Babes in Arms*, though appalling to some because of the frequent "intimate" scenes, was greeted with a standing ovation from the receptive audience. "The singing was good, but it really was the exceptional acting that put the musical over the top," sophomores Adriana Pitcher & Tierney Rogers said when asked for their thoughts on this year's musical. The auditorium was packed for the performance and everyone who attended felt it was well worth the ticket price, whether they appreciated the play for its acting or for the

cellent music.

Right around Valentine's Day comes Jazz Encounters, during which both Jazz Bands raise money for the band fund to replace old instruments. Dancing is encouraged and many do indulge, while others just enjoy sitting back and listening to some smooth jazz.

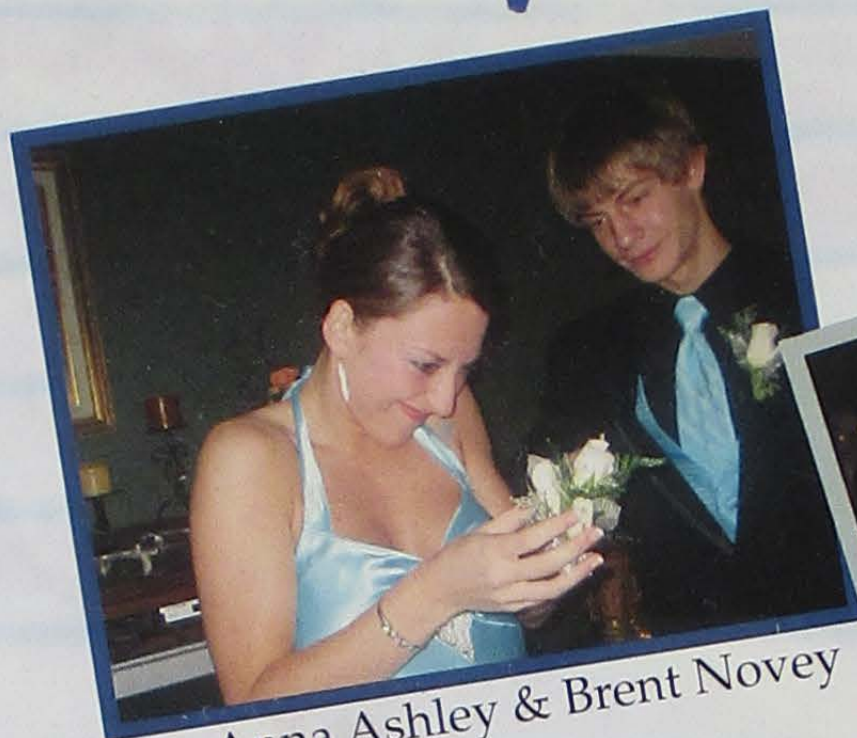


Jazzin' It Up For A Cause - Keeping it swinging, students perform a popular favorite, "Sky Hawk," at Jazz Encounters. This concert is open to the public and is put on to raise funds for the band department. Some of the bands instruments are over 50 years old, and some even rot from the inside out from the years of saliva wear and tear. (photo by Alyx Lyons)

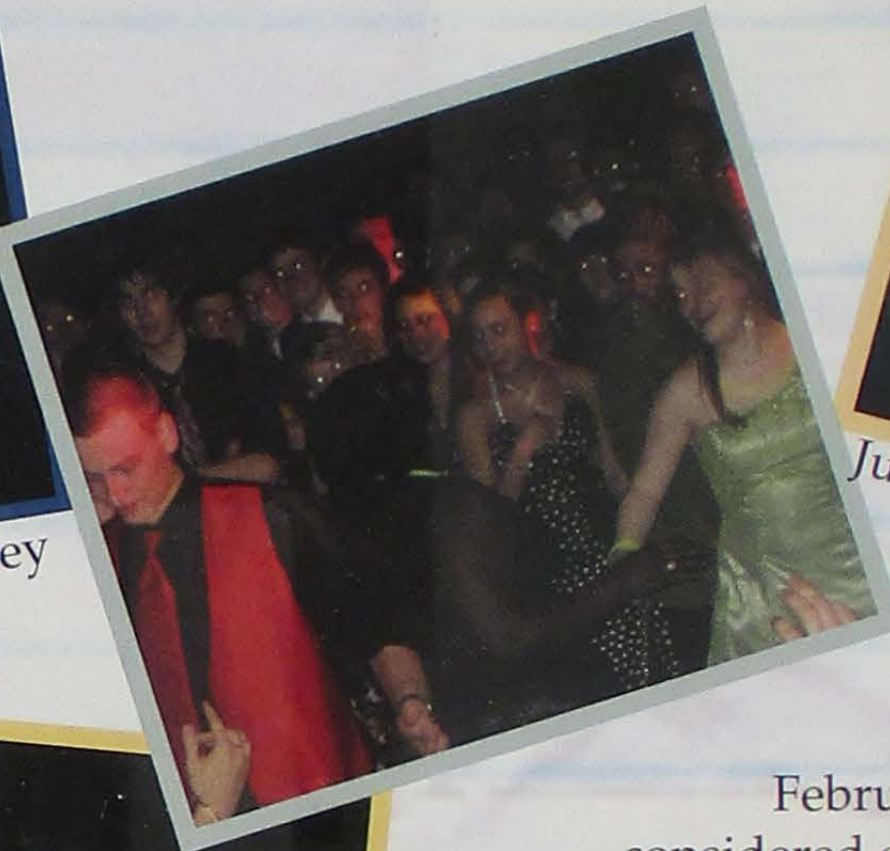


Let Music Swell The Breeze - Singing a jazzy rendition of *My Country 'Tis' of Thee*, senior **Ian Herman**'s harmonious voice filled the auditorium during his solo. This year's Concert Choral sang "Wade in De Water," "Sure on This" & "Shining Night," to name a few. (photo by Cathy Pastiak)

He's a Tugle - Jamming alongside her sister, junior **Hannah Tugle** also performs at the African benefit dinner. This dynamic duo, among many other orchestra students, took part in sharing their talents around the city by doing "set up" for them through the orchestra program. Allowing students to play at gigs around the city helps students to better understand what it is like to be a musician outside the school walls. (photo by Cathy Pastiak)



Seniors Anna Ashley & Brent Novey



Juniors Alyx Lyons & Nathan Lubinus



EVENING IN PARIS

Ames High Winter Formal

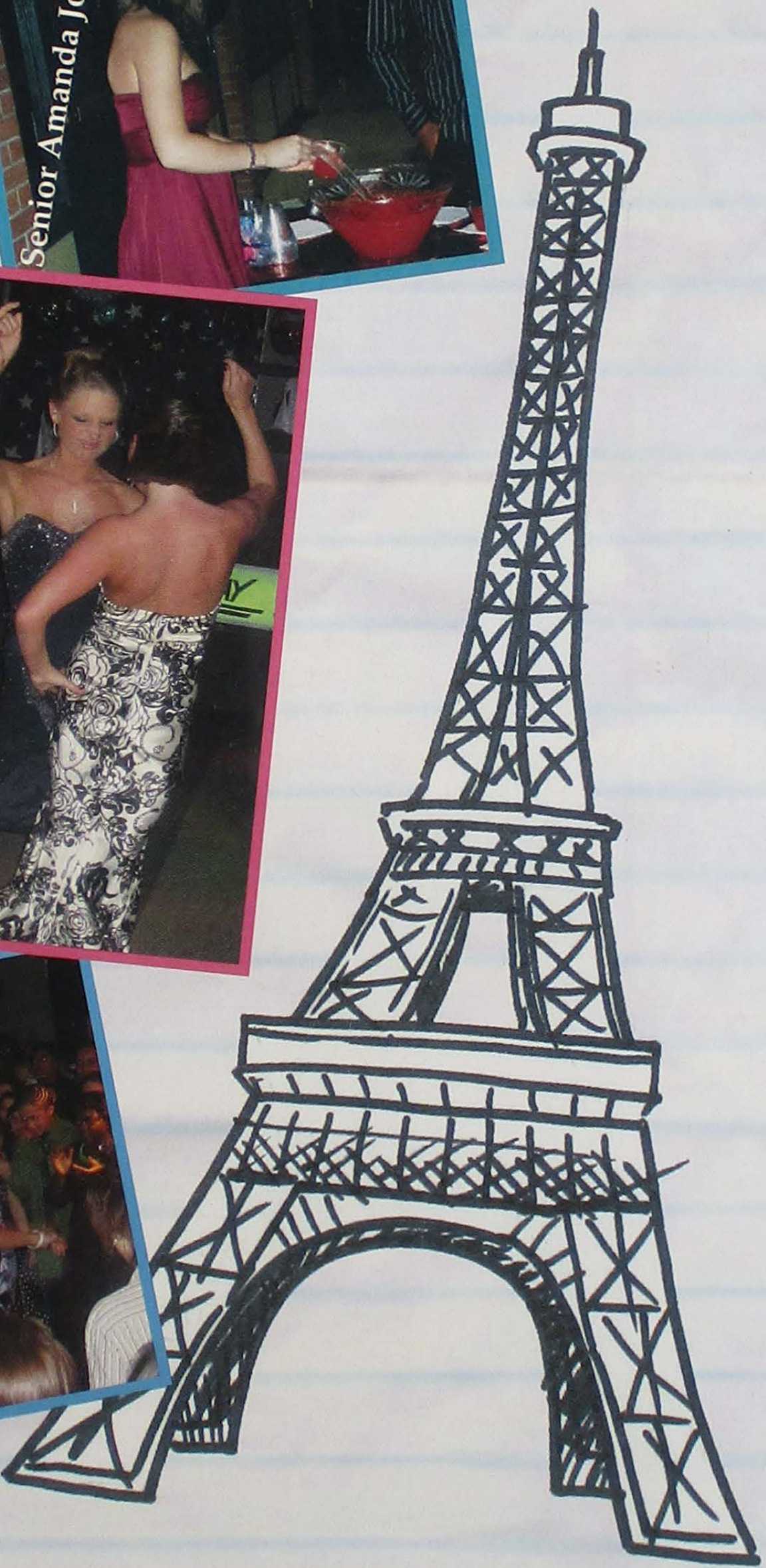
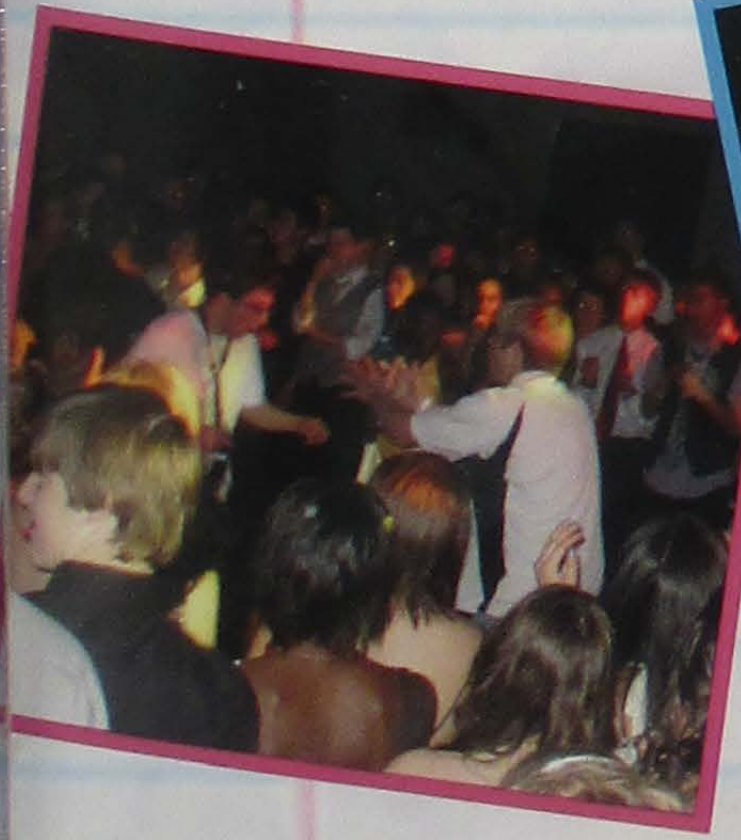
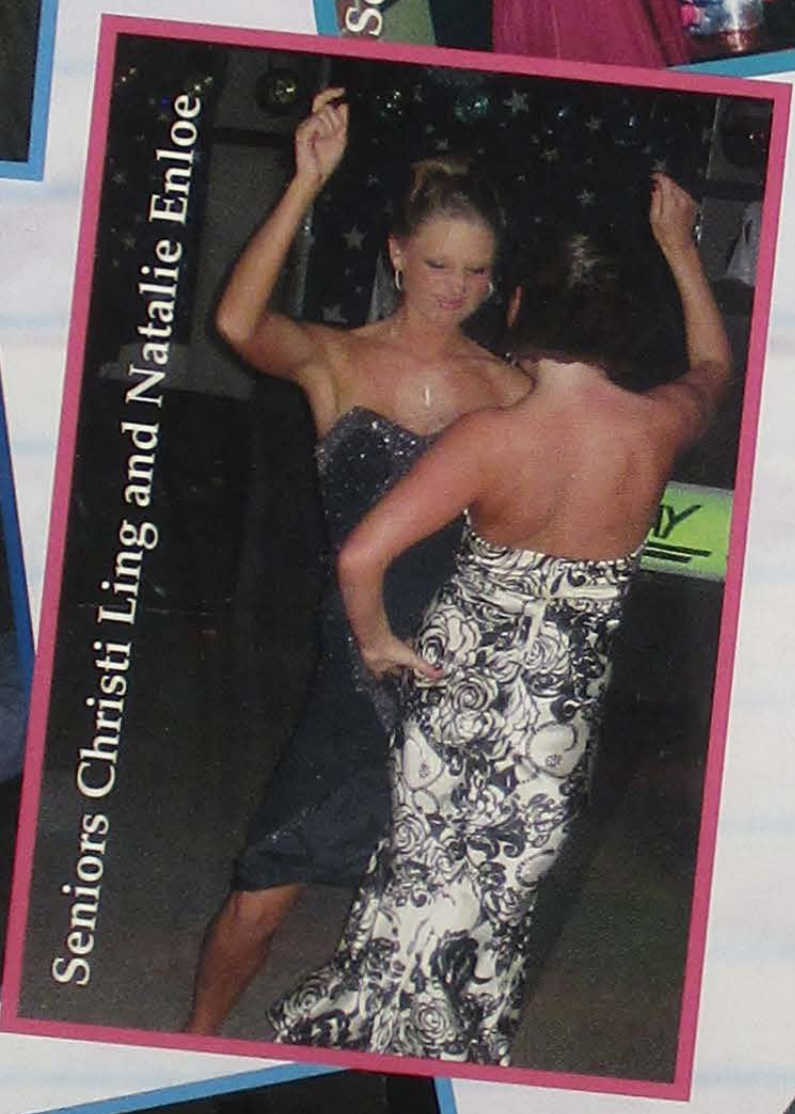
February 14th, 2009



February 14th, Valentine's Day, is widely considered either the one of the greatest days of the year or one of the worst - rarely is there a middle ground. With this year's annual Winter Formal dance falling on the same day, the situation became even more complicated. "It's depressing enough being single on Valentine's Day, but being dateless for Winter formal ON Valentines Day is like a double whammy," junior Kuper Bergman said. For others, though, it was an opportunity to have a date they wouldn't have had were it not for the dance. "I went with someone just as friends, but it definitely softened the blow I might've felt otherwise," junior Kaitlin Estill said, twirling her Harry Potter glasses.

Whether attending with a significant other or just with a friend, students managed to have a great night. One of the highlights of the night was a dance-off between seniors Alex Kunvatanagarn and Ben Mackey. While Kunvatanagarn possesses more technical prowess, Mackey's unconventional yet spirited approach was enough to be declared a tie. "My technique was a little more ghetto," Mackey said. "There was a lot of arm flapping going on."

While the school cafeteria is never the ideal location for a formal, it proved adequate for all who came with energy and a positive attitude.

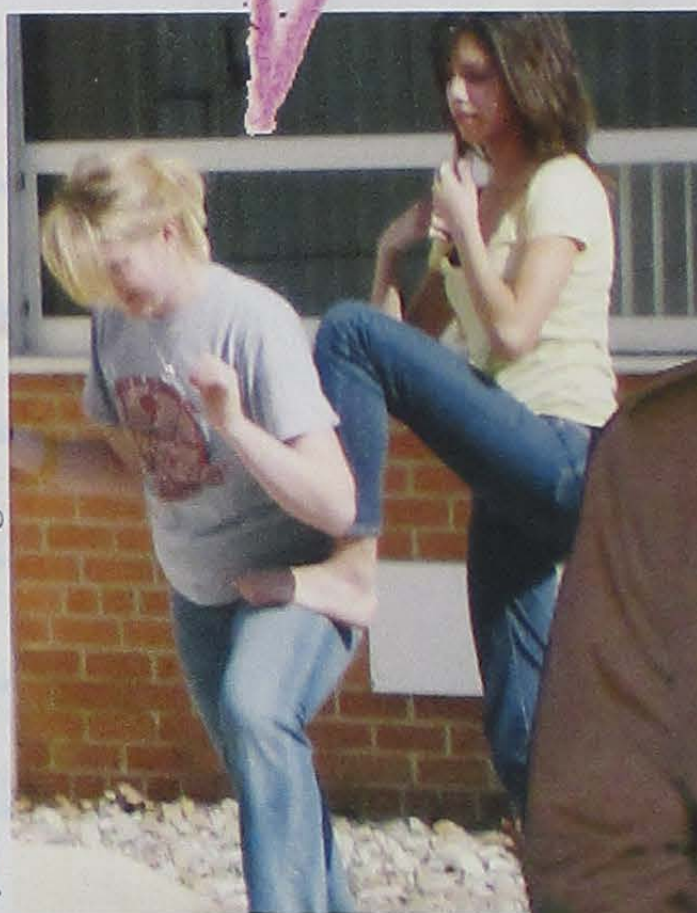


MARCH STUDENT LIFE

Story by Cathy Pastiak

March marks the turning point of most students' school years. It is around this time in the school year that the temperature starts to rise and the desire of students to be in school falls to dangerously low levels. The first taste of the warm March weather for most students comes in the form of a delicious and relaxing lunch break in the courtyard. This year was no exception to typical student habits, but one thing changed. Ames High students decided to exercise their athletic and creative moods by busting out the chalk and making a hop-skotch board. "Hop-Skotch is a time-honored tradition, having been passed down from some really old people to young people. These things tend to happen around this time of year a lot," junior Pierce Hanway said.

Juniors Anna Baumgartner & Michelle Gibson



Freshman Cody Brown



Burger Queen - Enjoying a delicious sandwich, junior **Nafisat Ibrahim** takes a break from the American Cancer Society's Relay for Life. Students from Ames High came together in support of the brave fighters and survivors of cancer. (photo by Ally Eregbu)



Senior Caitlin Lawrence



Junior Zoe Russell



Junior Sam Gibson & Sophomore Pierce Hanway



Senior Ben Mackey



Skip To My Lou - Celebrating the first sunny day of the season, junior **Delaney Kolb** throws out a jump worthy of slam-dunk king Nate Robinson on the chalky hopscotch course erected in the courtyard. (photo by Alyx Lyons)



Seniors MarleyBob Dobyns & Katie Brien

CHEERLEADING...



THE BOYS AND GIRLS CROSS COUNTRY TEAMS ALL MADE IT TO STATE THIS YEAR, TRULY SHOWING THE COLOR OF AMES HIGH STUDENTS.

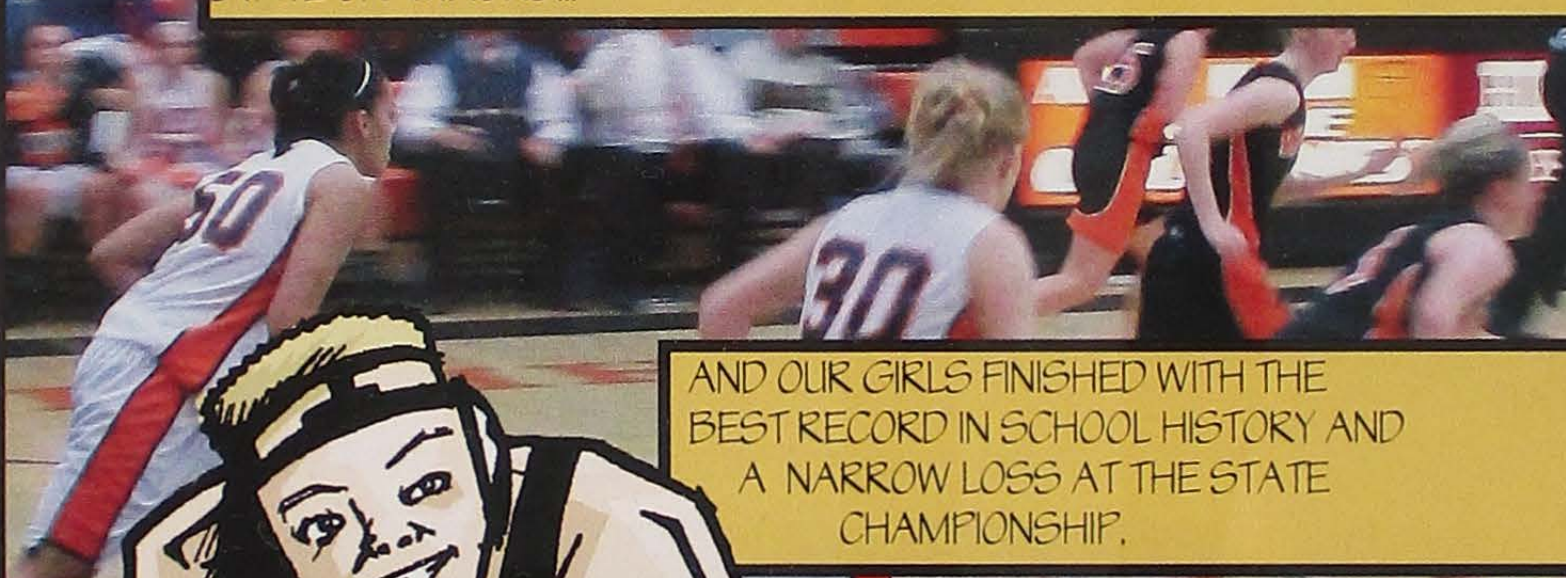


THE BOYS AND GIRLS TENNIS TEAMS...



BOYS AND GIRLS SWIMMING AND...

AS WE ALL KNOW, AND WE'LL REMEMBER, THIS YEAR'S BASKETBALL SEASON WAS ONE FOR THE RECORD BOOKS. OUR BOYS TEAM BECAME CLASS 4A STATE CHAMPIONS...



AND OUR GIRLS FINISHED WITH THE BEST RECORD IN SCHOOL HISTORY AND A NARROW LOSS AT THE STATE CHAMPIONSHIP.

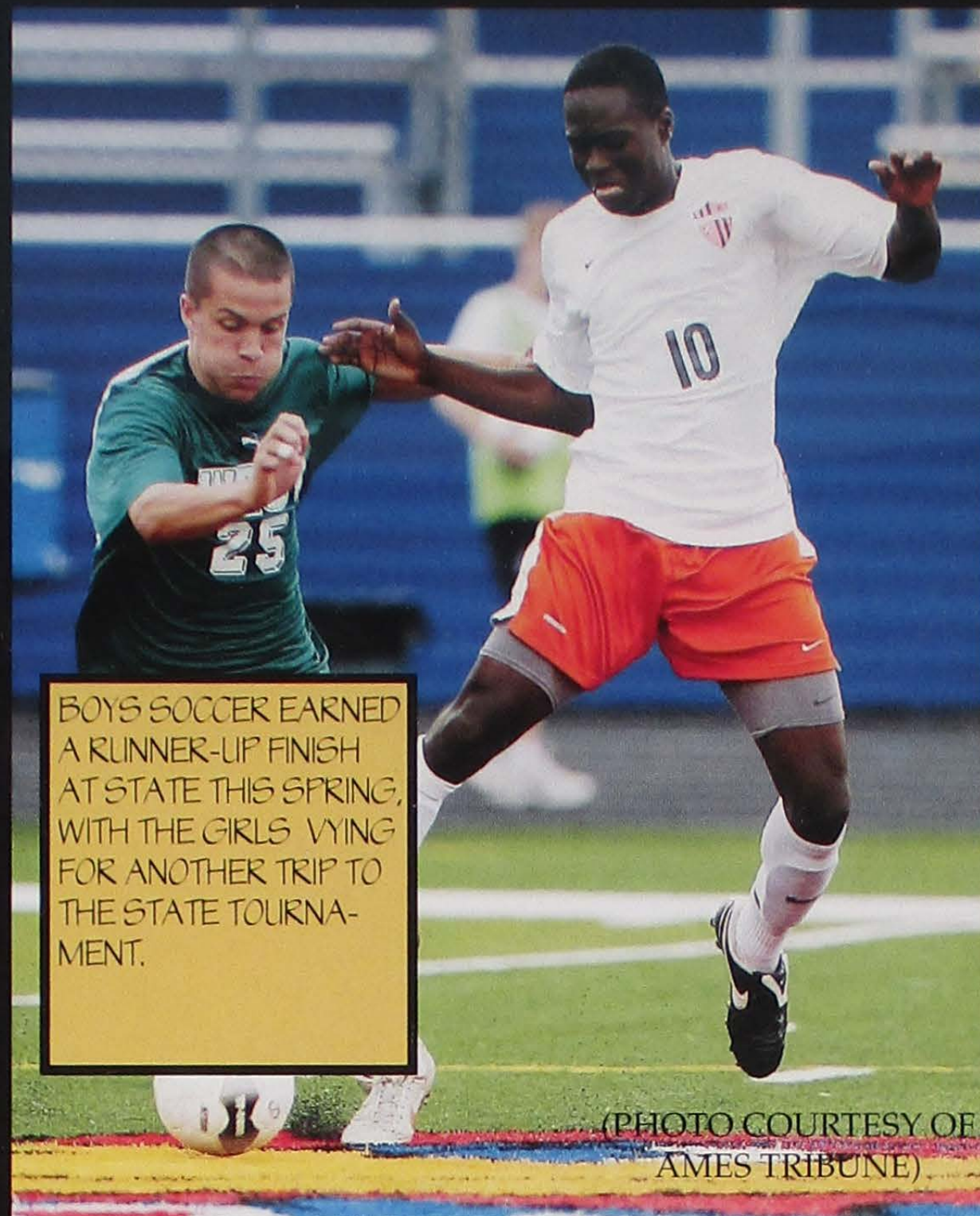


NOT TO BE OUTDONE, THE WRESTLING TEAM HAD A TRULY OUTSTANDING SEASON, GOING 10-4 IN DUALS AND PLACING 3 OF 5 STATE QUALIFIERS ON THE MEDAL STAND.





GIRLS GOLF ATTAINED 4A TEAM STATE CHAMPIONSHIP STATUS. BOYS GOLF FINISHED 6TH AT THE STATE TOURNEY.

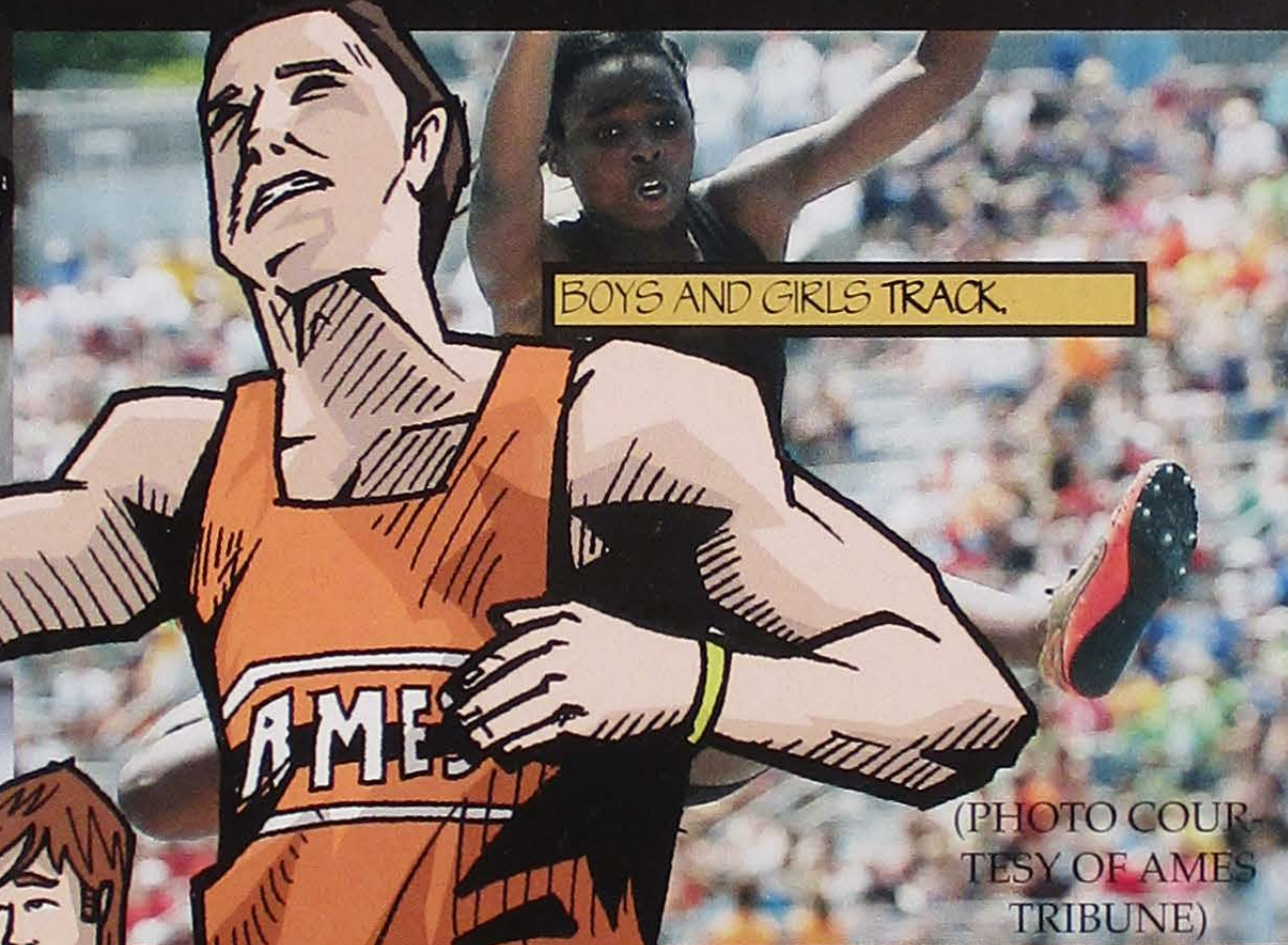


BOYS SOCCER EARNED A RUNNER-UP FINISH AT STATE THIS SPRING, WITH THE GIRLS VYING FOR ANOTHER TRIP TO THE STATE TOURNAMENT.

(PHOTO COURTESY OF AMES TRIBUNE)



DIVING.

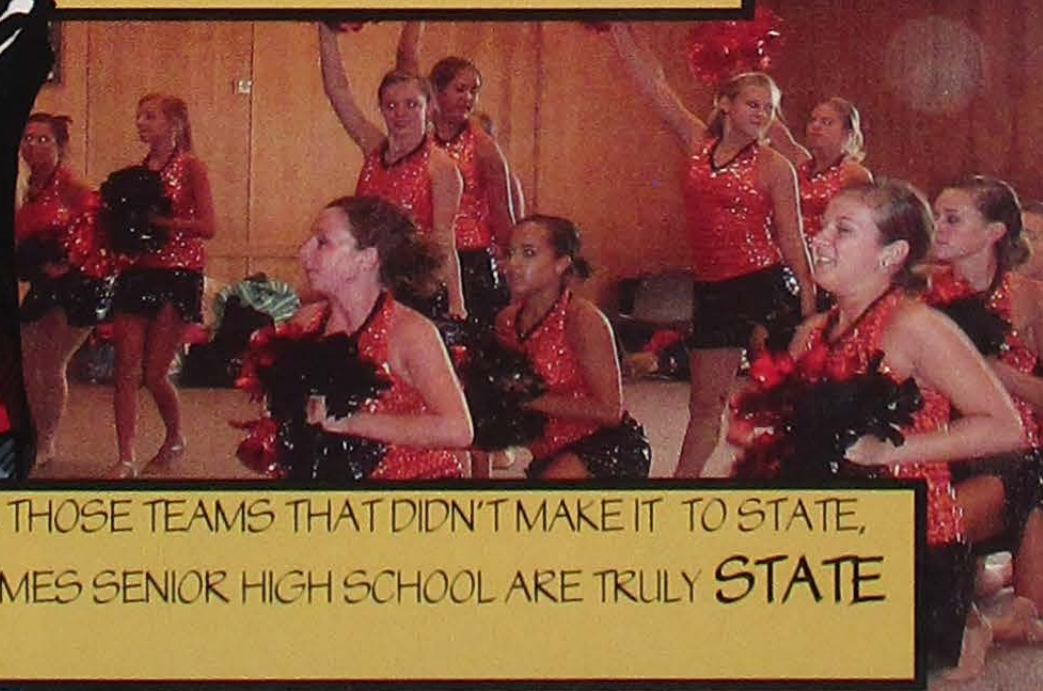


BOYS AND GIRLS TRACK.

(PHOTO COURTESY OF AMES TRIBUNE)

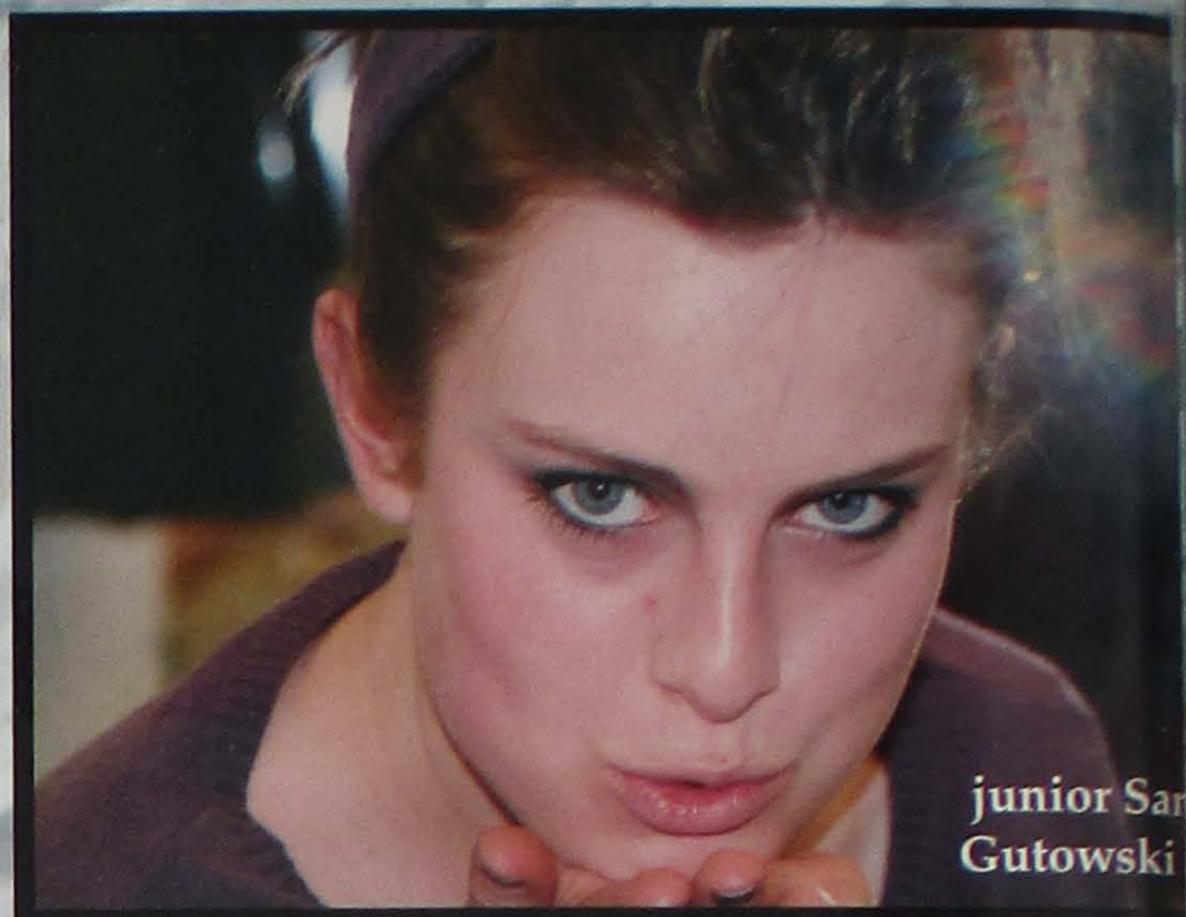


BOYS AND GIRLS DRILL TEAM



ALL OF OUR SPORTS TEAMS DID AN ASTOUNDING JOB THIS YEAR. EVEN FOR THOSE TEAMS THAT DIDN'T MAKE IT TO STATE, THEY STILL PLAYED THEIR HARDEST AND PROVED THAT THE STUDENTS OF AMES SENIOR HIGH SCHOOL ARE TRULY **STATE ALL-STARS!**

march arts



junior Sam
Gutowski

This month's arts highlight came from Ames High's annual Spring Fashion Show of 2009. The fashion show is put together by a student-led organization (Fashion Club) and sponsored by art teacher Shelli Hassebrock. It took place on March 8th at 8:00 pm. Each year, students meet after school to discuss ideas and themes and also to plan for the show. The show consists of designers, models, a coordinator, lights, music, and, of course... a runway. Most of the work is done outside of school. Designers usually begin working on outfits after winter break up until the day of the performance. A lot of hard work and dedication went into putting on a good show. For instance, this year, although there was no theme, designers were asked to make at least one outfit made out of non-traditional materials. A few of these designs included an all-newspaper dress, a cardboard bodice and matching garbage bag skirt, as well as a dress made out of Boca boxes. Though at times things were challenging, overall, Ames High students were successful at putting on a good show.

Newsflash!-
Looking fly,
junior **Kalle
Carney** struts
her stuff in an
all-newspaper
dress designed
by sophomores
Liz Pribyl and
Allison Clem
for the AHS
2009 fashion
show.



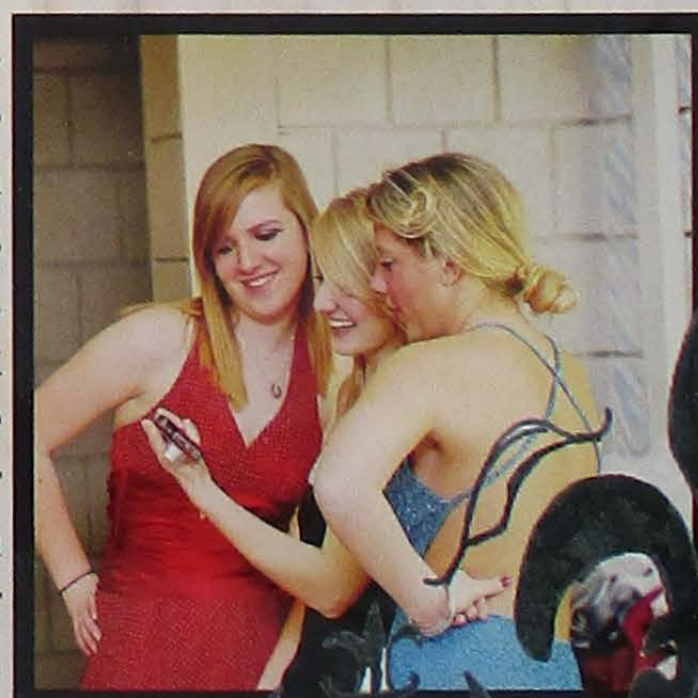
**Let the show
begin!-** Prep-
ping her
model, senior
**Caroline
Quant** adjusts
junior **Brianna
Goodman's**
hair as the two
wait patiently
for the show to
begin.



**Even beauty
takes time-**
Adjusting
her makeup,
junior **Mack-
enzie Dickson**
checks herself
in the dressing
room before
she models the
design of junior
Anna Kaspar.



Check it out-
Viewing some
pictures from
the show, juniors
Kali Short,
Annie Block
and senior **Ellie
Weiss** gather
around to take a
glimpse at their
performance.



All photos by Ally Eregbu

1

2

3

FASHION 2009

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Passion for Fashion-
 Students display their
 enjoyment and interest
 in fashion on and off the
 runway. Pictured on this
 page: seniors Ben Mackey
 (1) and Sarah Koehler (2),
 juniors Frances Hindt (3)
 and Brianna Goodman (4),
 and seniors Laurel Tuggle
 (5), Erinn Uhlmeier (6),
 and Kenna Stenback (7).
 Designs courtesy of seniors
 Caroline Quant and Ally
 Gregbu, and junior Anna
 Kaspar.

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HOO!

FRENCH Trip



Ohh-La-La - Exhausted from a long day of sightseeing and shopping in Paris, students take a break from the walking outside La Sainte-Chappelle where they toured the many rooms and viewed exquisite stained glass windows. Each day the group explored many parts of France, usually by walking. As the trip came to an end, most were happy to be able to rest their feet.

Rendezvous For Coffee - Meeting up at a small street corner cafe, junior Emily Owen sips some Chai. Across from her sits senior Tiffani Pilcher. The two sip their beverages as they map out their metro route to Printemps and Galerie de Lafayette, France's two most popular upscale department stores. (Photo by Tiffani Pilcher)



Wait For Me - Catching up to her host student, senior Christina Sacco heads back to her house. Each student had a family with whom they stayed for the trip. This gave the students a chance to experience the true life of a French family, including parenting, house drama, & curfews. (photo by Emily Owen)



Time "Well" Spent - Exploring at an old French city, juniors Sarah Gutowski, Taylor Rich & senior Christina Sacco peek into a well used by French royalty. Ancient architecture is one of the main sights the students saw in the town. Meanwhile, the rest of the group stopped into the giftshop and used la toilettes before boarding the bus to Tours. (photo by Emily Owen)





Bradley Jo Charters

Story by Anna Kaspar

Leading up to and ending the band tour was a twenty-eight hour bus ride from hell. Although it provided a lot of quality bonding time, sleeping on a cold dirty floor and waking up to find hot tamales imbedded in your hair wasn't exactly a bundle of fun, though it was well worth it. The first night in Orlando was highlighted by seeing the space shuttle launch and eating dinner at the Hard Rock Cafe on the Universal Boardwalk. The band visited four Disney parks and had the experience of marching in the Main Street parade in the Magic Kingdom. They also had the opportunity to record their own soundtracks to Disney original movies and see the movie clips integrated with their music. Despite the presence of masses of small children, large lines, and the Florida sun, the trip was enjoyed by all.

There was plenty of free time for the band students to pose with their favorite Disney characters and laugh at everyone who wasn't in the Fast-lane line. With twenty-five dollar meal cards given out at the beginning of each day, the overpriced Disney food was happily gobbled up by the hungry high schoolers. Before loading up for the bus ride home, the band students spent the day on Cocoa Beach jumping in the waves, burying friends in the sand, and working on their tans for prom. Even Mr. Buttermore was relaxed enough to dress down to jeans and a T-shirt.

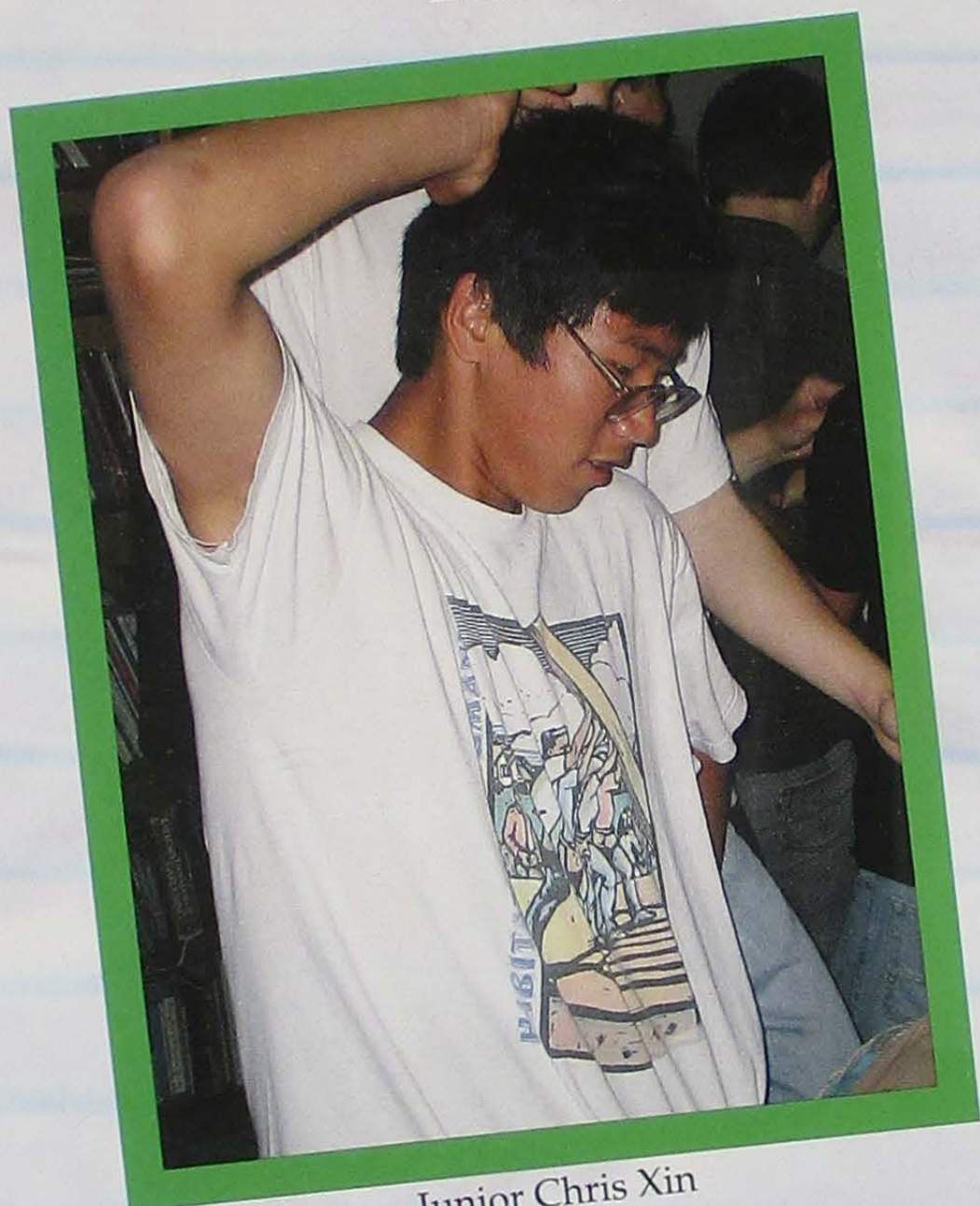




APRIL



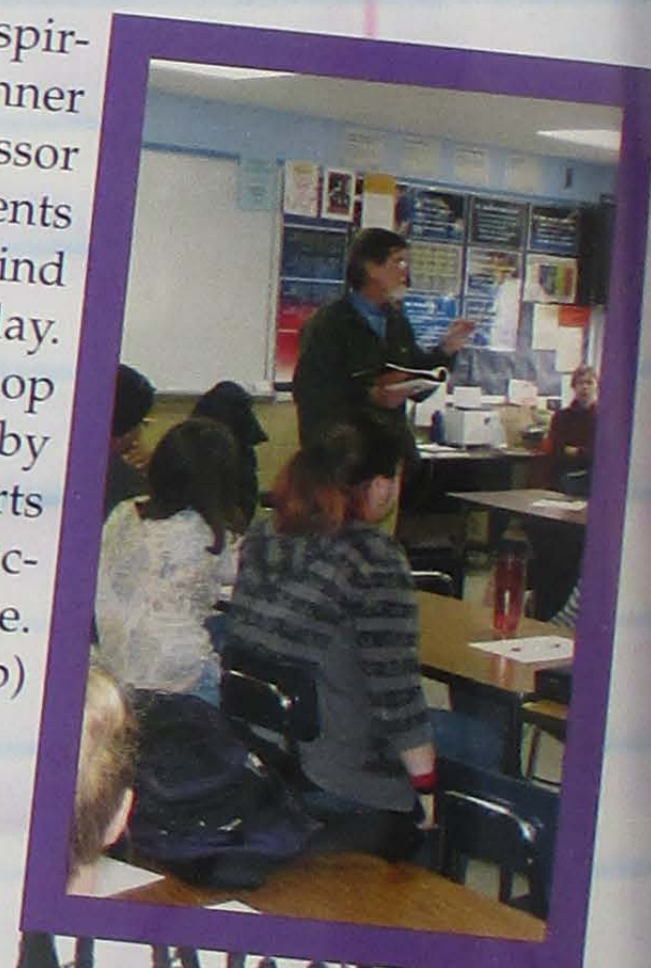
Dance Party!



Junior Chris Xin

Ahh, April - the harbinger of change, the deliverer of rain and the symbol of coming spring. April at Ames High School is celebrated like a fox hunt in medieval England. Students and teachers alike are grateful for a nice change of weather to kick-start brains killed by ten-page research papers and tedious number crunching. April reenergizes Ames High's student body in a number of different ways: nice weather for frothing, ultimate frisbee, tennis and a lot of lawn games; and more daylight in which to do all these activities. In April, students stay outside later and want to leave school more frequently. April reminds students that the end of school is near, which often marks a major change in the lives of students. April is nature's lighthouse, warning off winter ships that are in danger of crashing into summer's rocky shores.

Everyone Is a Poet - Inspiring students to find their inner muse, Iowa State Professor **Steve Pett** walks students through the places we find poetry around us everyday. Prof. Pett led this workshop through a sponsorship by the Ames Academic & Arts Booster Club and in conjunction with teacher Joe Brekke. (photo by James Webb)



Swingin' It- Playing a jazzy tune, sophomore **Kevin Stasko** blasts his notes on the trombone in perfect harmony with his fellow musicians. The jazz band, led by Mr. Ewan, helped to set the mood at the fourth annual Gatsby Party, a 1920's style party for the AP Language and Composition students. (photo by James Webb)

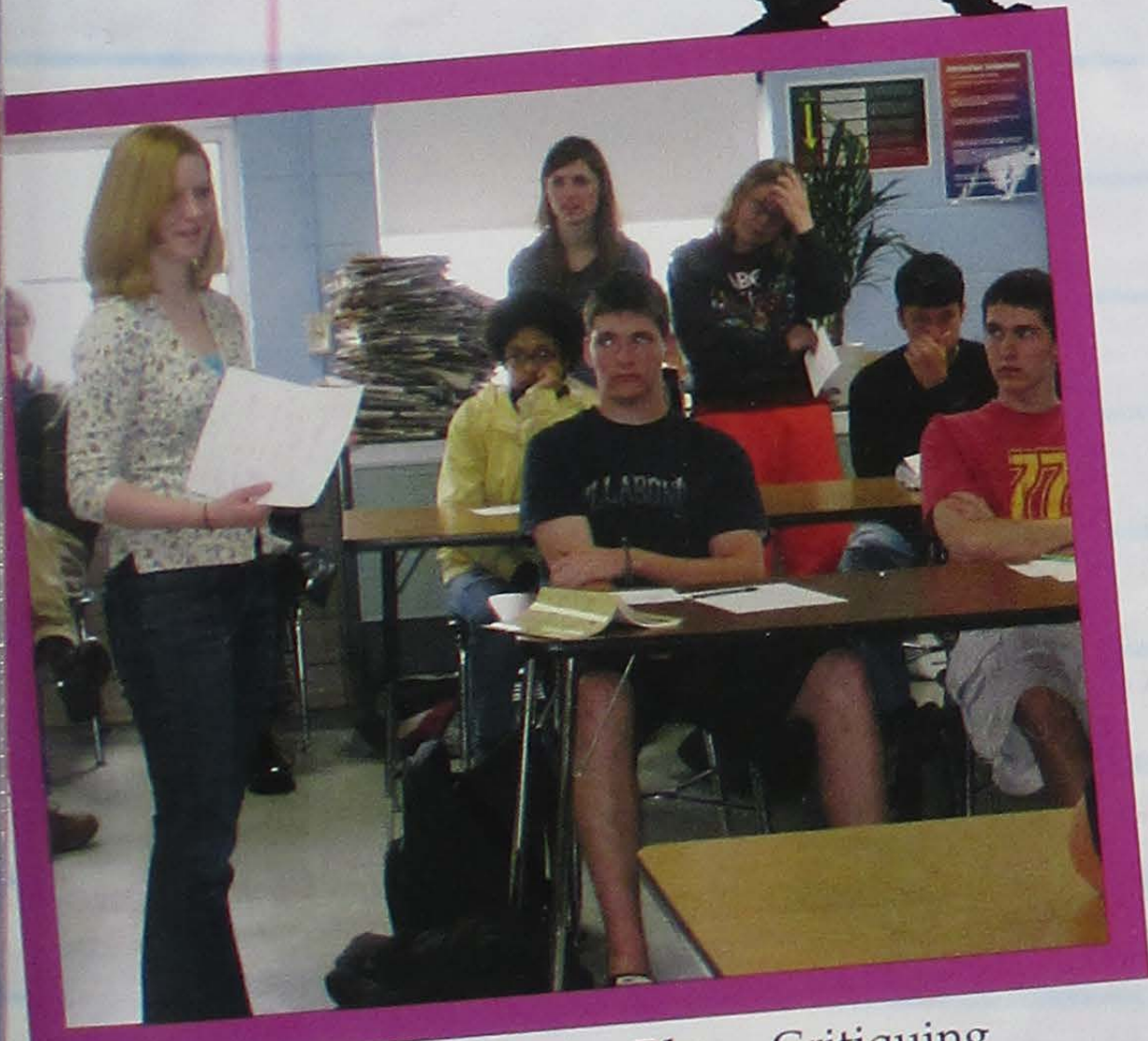




Don't Ever Stop - Passing out piggy-back rides, junior **William Kresse** rescues senior **Kevin Arritt** from the mundane task of walking. Kresse and Arritt were taking a much needed break from another late-night deadline for *the Web*, the AHS student newspaper. (photo by Jess Nelson)



Charleston Groove - Rubbing noses in their period-style costumes, juniors **Casey Bag-nall** and **Katie Uhde** cut a rug at the AP Language and Composition Gatsby Party. Junior **Deepak Premkumar** was this year's Mr. Gatsby. (photo by James Webb)



Roses Are Red, Violets Are Blue - Critiquing student-written poetry, an ISU student volunteer spends an afternoon helping AHS writers to better express themselves. This poetry workshop allowed students to gain insight from experienced authors. (photo by James Webb)



Juniors **Harrison Barnes**, **Theisen Sanders** & **Max Peterson** (photo by James Webb)

April Sports



Junior Dylan Clark



Start Your Engines - Focusing with intensity, junior Tulika Biswas mentally prepares herself before she springs into action to run the sprint medley at the Drake Relays. This year the sprint medley team placed 13th out of 24 places.

Story by Ben Mackey

April was a month of beginnings; spring finally started springing, rain finally started falling, and Ames High began another successful sports season. Boys and Girls soccer started their seasons with very little buzz around the school, but come April, crowds at the temporary fields for AHS soccer, the ISU Girls Soccer Fields, began to grow. AHS Girls Golf had plenty of hype surrounding the team at the start of spring practices due to the powerhouses that were Katie Purcell, Erica Thompson and Lauren Schwab. The hype was well founded as the team ended up winning state in May. The Golf team wasn't the only girls team to finish with a state championship, though. The Girls tennis team, led by the two-headed dragon of junior Evelyn Qin and freshman Jessica King, carried a very deep team to a state championship. The standard of excellence that was first set by the football team and then raised further by the swimming and basketball teams was arguably set even higher at the end of the year, all thanks to practices that started in April.



Smack That - Swinging into action, senior Ellie Weiss lunges to make an overhead smash. Even with a very young varsity group, the girls tennis team was able to beat every team they faced in April with ease. (photo courtesy of Girls Tennis)



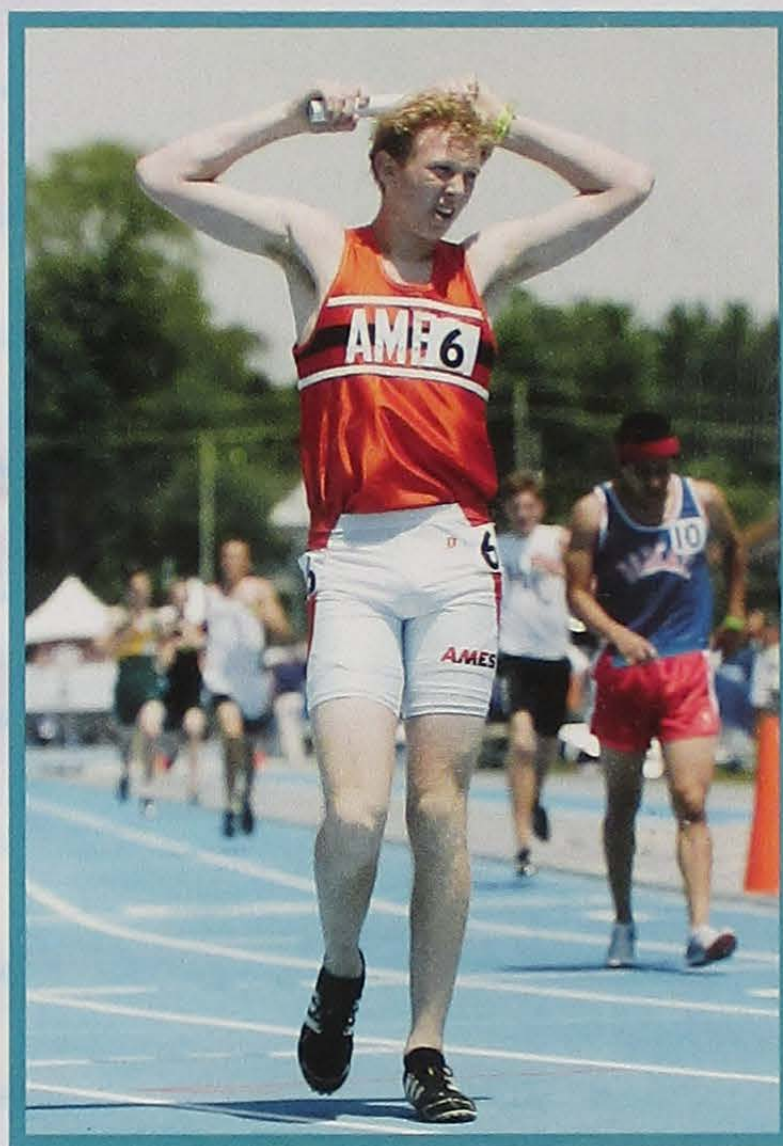
Slick Handles - Juking out her defender, senior **Kristin Tylka** makes her way towards the opposing team's goal. With her quick moves and passing skill, Tylka was able to pass the ball on up to a goal late in the first half. (photo by Anna Kaspar)

Incoming!
- Jutting into action, The Boys Junior Varsity defense prepares for an approaching attack. Players such as junior **Jon Kaiser** help prevent the offense from shooting on junior **Jonathan Beavers** in the goal. (photo by Anna Kaspar)



It's All in the Hips, It's all in the Hips
- Chipping a golf ball close to the pin, junior **Katie Purcell** could be the next Annika Sorenstam. Purcell did a great job all season and helped lead the team to countless victories. (photo courtesy of Ames Tribune)

Fire Feet - Recuperating after a fast relay run, senior **Quentin Ring** ponders his results of the race. His intense thought was not put to waste as the results were given and Ames's 4X800 Boys Team placed 3rd. (photo courtesy of Ames Tribune)



Juniors **Ellen Hansen** & **Emily Wandling**



The Pom Princess
- Dancing was but one of many things to occur at April's Drill Team Spring Show. The dancers enjoyed a trip through the year and even gave little kids a shot to bust-a-move, as well.



APRIL ARTS



Good Times..
Engaging in some good-natured frivolity, juniors Peter Dixon, Joe Iverson, and Xiaoxi Yang enjoy the 1920's themed Gatsby Party. (photo by James Webb)

After reading and analyzing F. Scott Fitzgerald's *The Great Gatsby*, AP Language and Composition students partied it up Gatsby style. With secret identities and creative costumes, they conversed with one another, speculating on the whereabouts of their mysterious host. There was a chocolate fountain, sparkling grape juice, and more than enough classy finger food to go around. Music was provided by the AHS Jazz Band. Juniors Lauren Bonett, Hannah Tuggle, Hannah VanEvery, Seth Forsgren, and Casey Bagnall were recognized as having the best costumes and Deepak Premkumar was revealed as the host, Jay Gatsby.

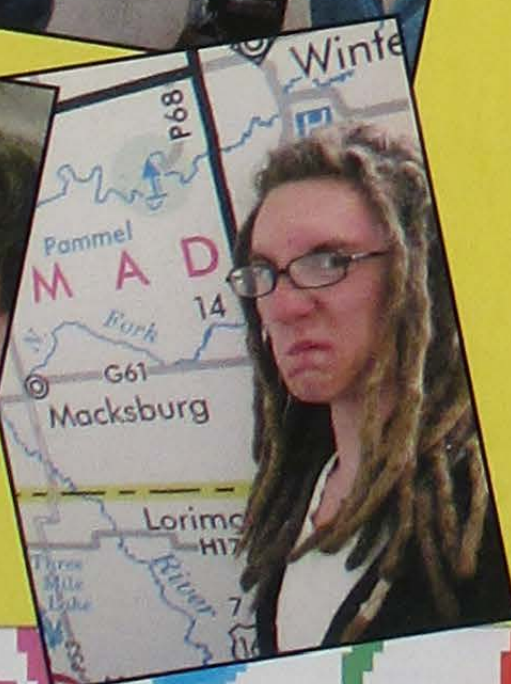
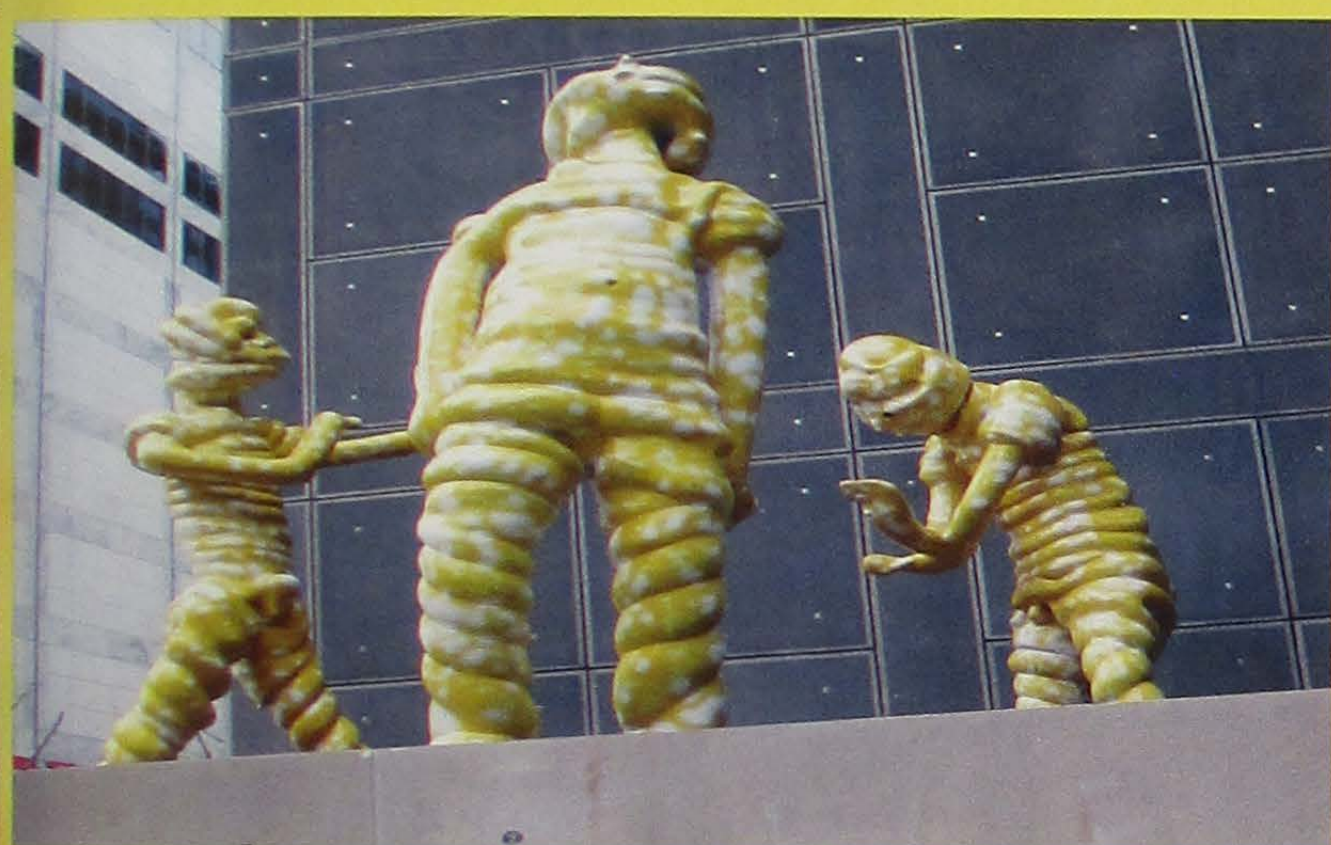
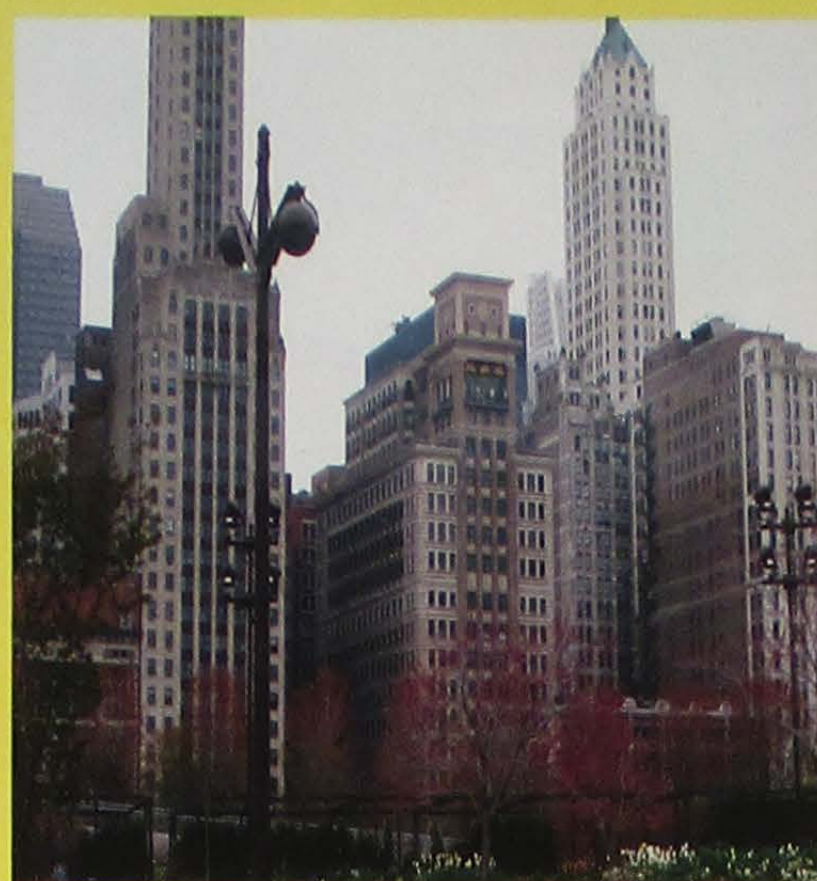
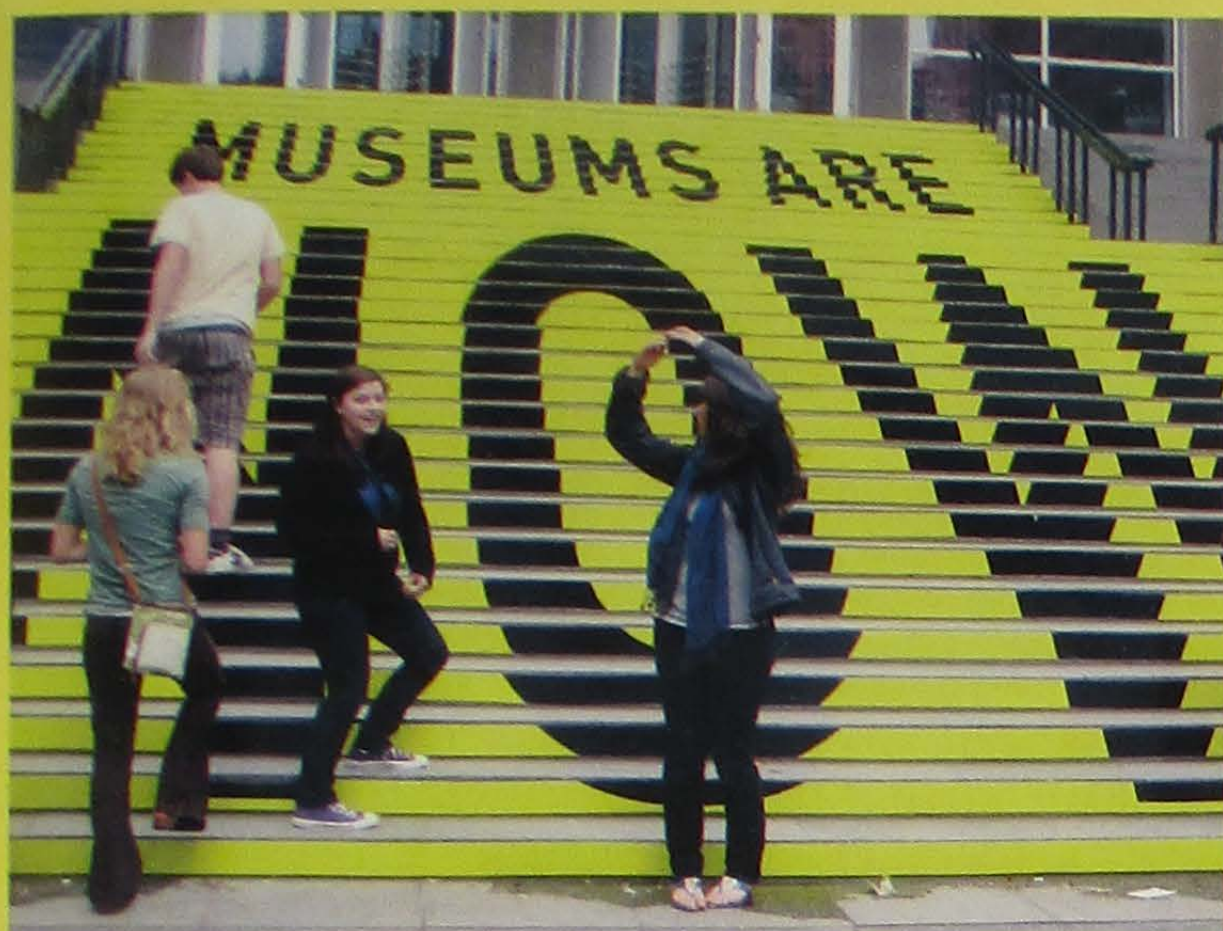
In April, Ames High's artists traveled far and wide to learn about and observe art outside of the classroom. Students packed into a bus to Mason City to attend the CIML art show. Awards were given in a multitude of categories including painting, sculpture, drawing, and graphic design. Art students were also presented with the opportunity to take a trip to Chicago in order to visit the Museum of Modern Art and the Art Institute of Chicago. They were able to view for themselves the art they had learned about in class. "Being able to see each brush stroke on the *original* painting was far cooler than viewing a pixelated image on a computer screen," junior Lauren Sillman said.



A Little Bubbly? - Cooling down from the hot party, junior Sophie Pierce helps herself to some refreshing sparkling grape juice. (photo by James Webb)



Shall We Dance? - Moving to the smooth jazz of the 1920's, juniors Irina Popova and Alex Askew share a dance. (photo by James Webb)



(Upper Left) **I Did It!** - Praising the Aryan Sun Goddess, teacher Mrs. Norris celebrates the art trip in Millenium Park.

(Upper Right) **Victoria?** - acting out a scene from *Twilight*, senior Taylor Steenblock pretends to suck the life out of junior Katie Uhde during the long wait before lunch on art trip.

(Lower Left) **Fueling Up** - Stopped at the Iowa 80 "World's Largest Truckstop," juniors Grant Duckett and Russ Copley eat some quality fast food during a stop on their way to Chicago for the art trip.

(Lower Right) **Just a Tad Mad** - Exhibiting his anger and dislike of the creepy old truckdrivers, senior Nathan Kaloupek puts the "mad" in "Madison county" at the a map in the I-80 truckstop.

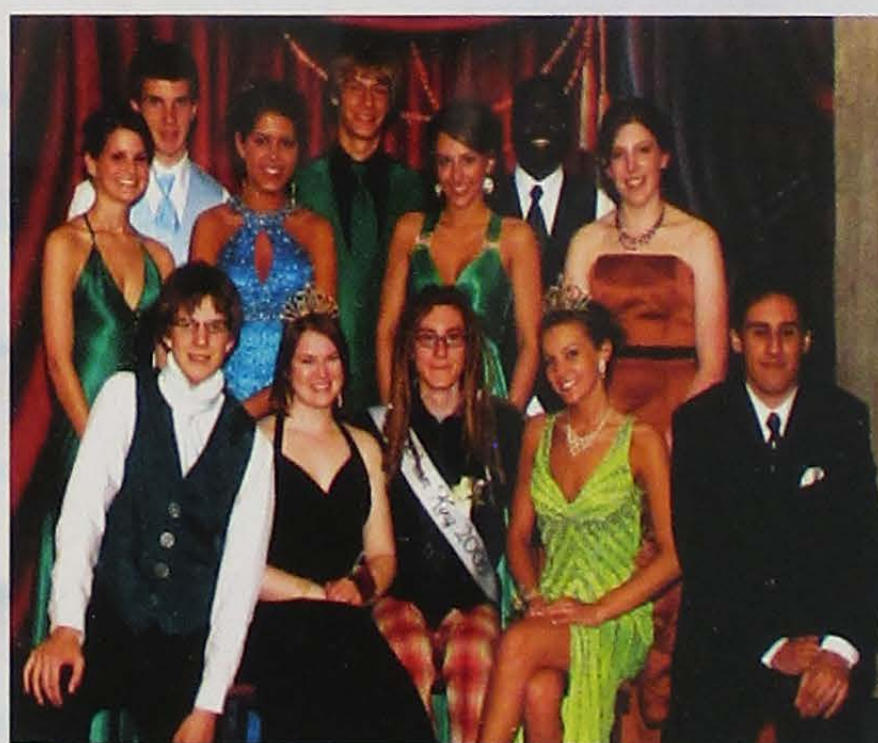
Photos courtesy of Mrs. Norris

PROM

Even with the wind and the rain, the magical "Arabian Nights" themed Prom was a night to remember. Speaking of magical, this year's race for Prom King and Queen was a tight race. Nathan Kaloupek was voted Prom King even after being in Germany for the entire first semester. Joining Nathan as Prom Queen were Marley Dobyns and Karrissa Allyn, who received equal votes. Other members on the court were Ryan McGowan, Bijan Choobineh, Bubu Palo, Brent Novey, and Alex Boeke for the boys, and Anna Ashley, Melissa Huisman, Kenna Stenback, and Kelly Grogg for the girls.

Dancing filled the entire night even into After Prom. Belly-dancing lessons were given to anyone who was interested. However, learning how to belly dance was not the only exciting thing at After Prom. There are always three things After Prom is famous for: amazing food in ridiculous amounts, winning prizes through buying tickets with fake money, and the prestigious hypnotist show.

The hypnotist show was definitely a success, drawing an enormous crowd. Comedy Hypnotist Daniel Jarman randomly selected several students for this year's show and made them do some outrageously hilarious things, including the removal of clothing (school appropriate, of course). The Hypnotist made the victims do uncharacteristic things by saying a pre-determined word. Whenever he said the word 'keys,' Senior Derek Accola would automatically think his shirt was inside out and take it off and switch it, even if the shirt was already on correctly. Prom 2009 showed many people into 'A Whole New World' full of dancing and laughing and having a good time until the early hours of the morning.



Prom Court- Row 1- Alex Boeke, Marley Dobyns, Nathan Kaloupek, Karrissa Allyn, Bijan Choobineh Row 2- Kenna Stenback, Melissa Huisman, Anna Ashley, Kelly Grogg Row 3- Ryan McGowan, Brent Novey, BuBu Palo (photo courtesy of Christine Hetz)

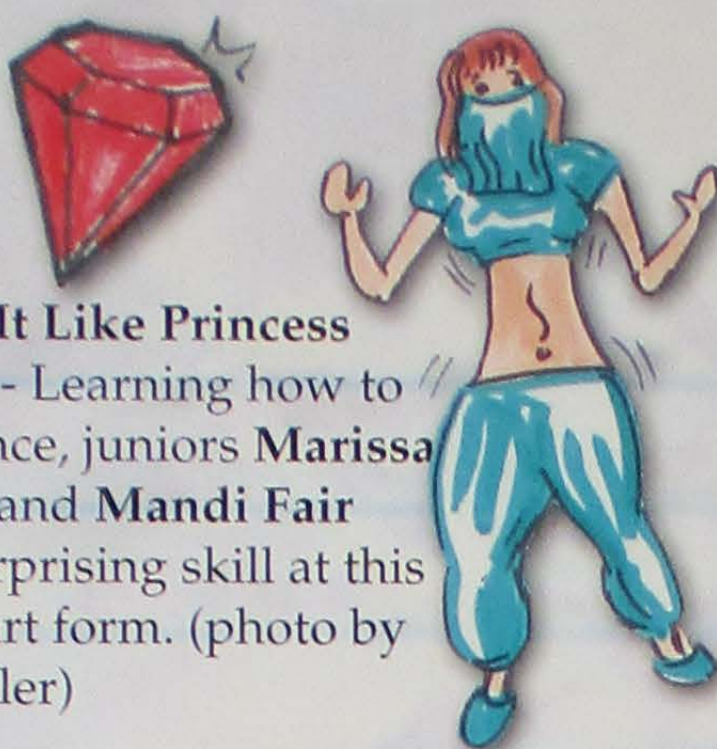


Dancing the Night Away- Rocking out hardcore to a song, junior **Lawrence Chiou** makes room for his sick moves. Even though the music was subpar, dancing wasn't hindered at all. (photo by Ben Nadler)

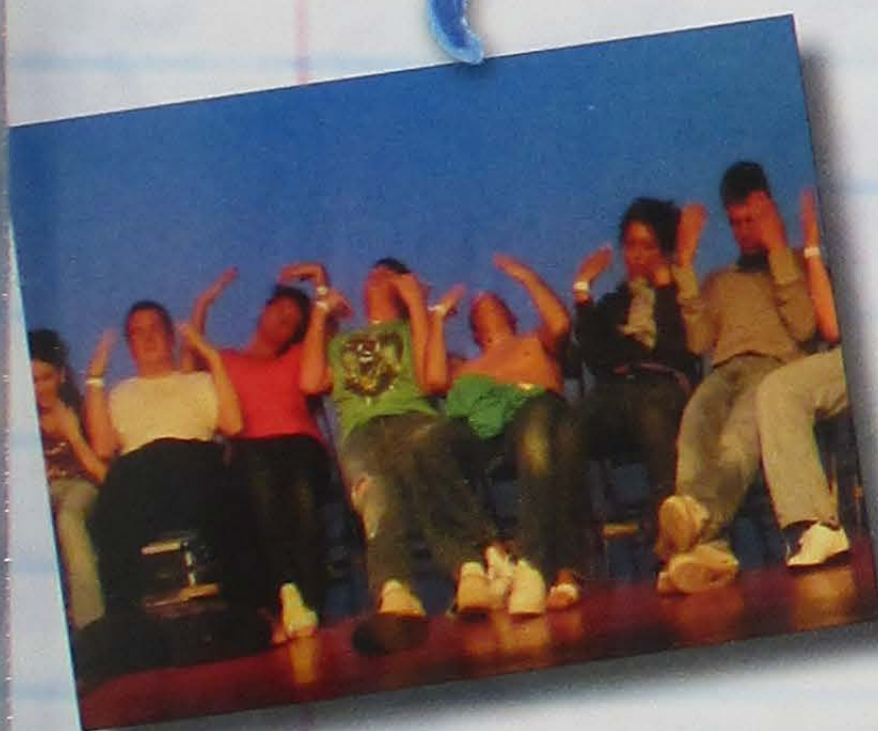




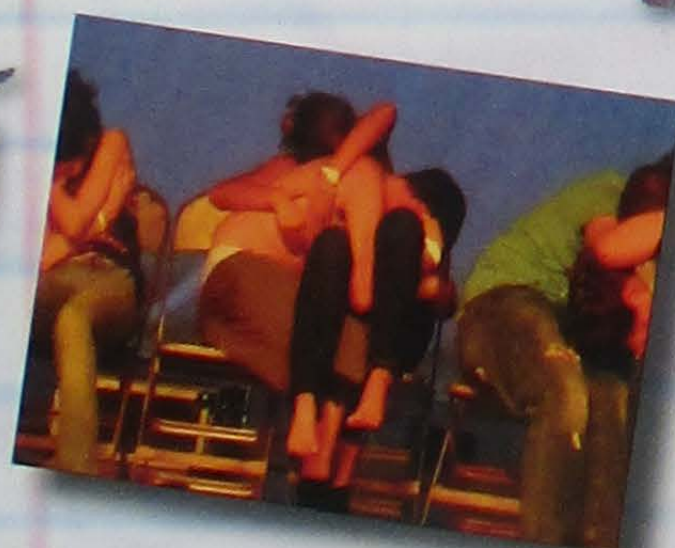
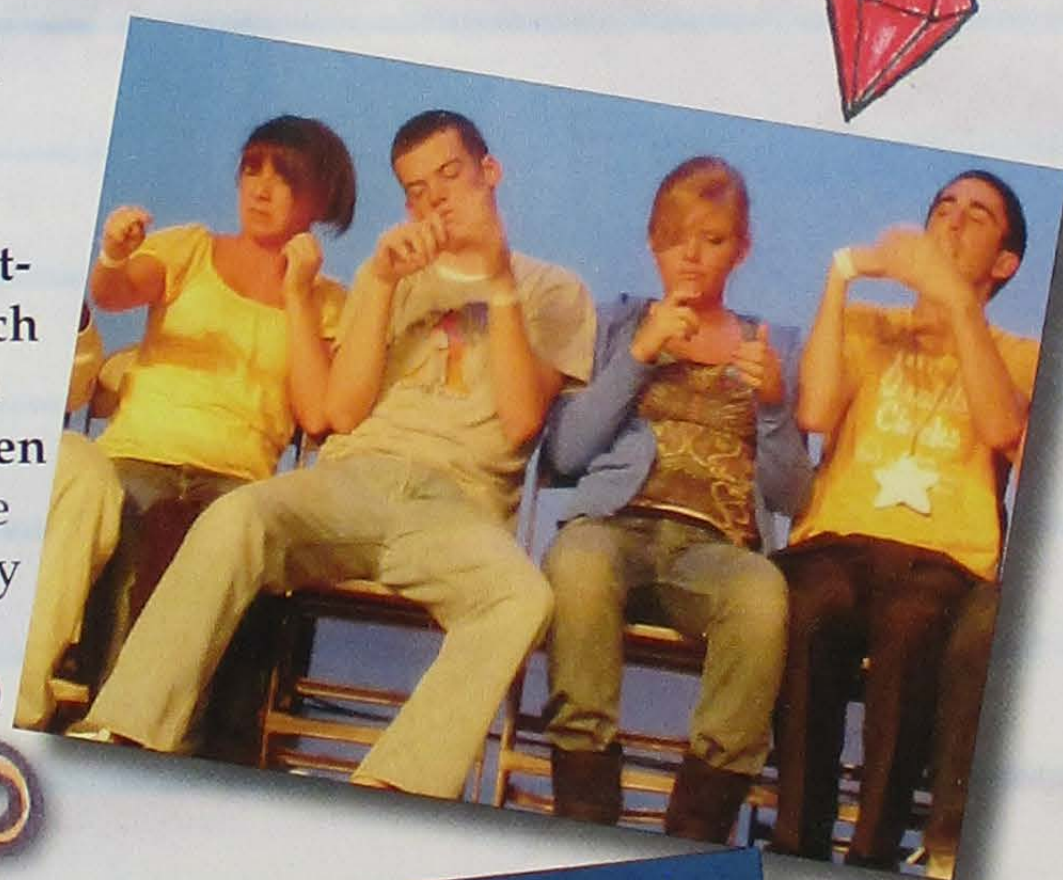
Shakin' It Like Princess Jasmine - Learning how to belly dance, juniors **Marissa Jackson** and **Mandi Fair** show surprising skill at this ancient art form. (photo by Ben Nadler)



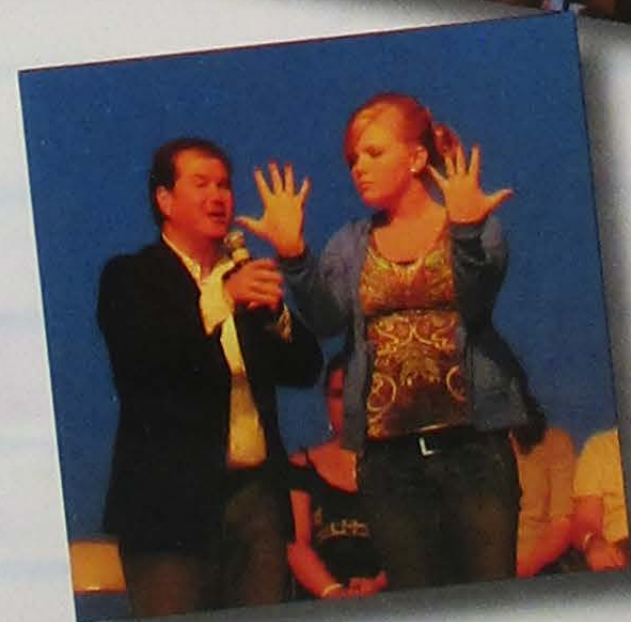
Arabian Nights



Pretty Birdy- Pretending that they have a little bird perched on their hands, senior **Natalie Enloe**, junior **Mitch Sankey**, senior **Maura Owings**, and senior **Ben Mackey**, either admire or detest the imaginary bird they are holding. (photo by Ben Nadler)



Get a Room!- On the left, senior **Jackie Mason** and junior **Bryce Verhelst** snuggle a little too intimately as the environment supposedly gets colder. (photo by Ben Nadler)



MAY STUDENT LIFE

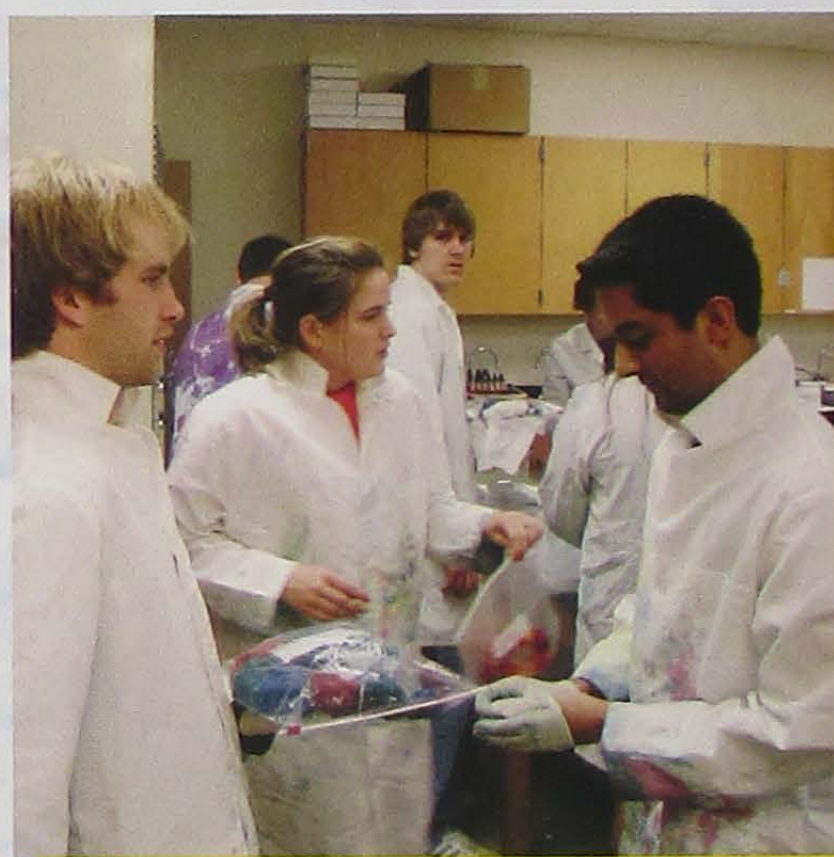
As the weather continues to get nicer, students become restless and the school year nears its end. Many people choose to relax and enjoy the sun in the courtyard during study periods and lunch. Towards the end of May, finals begin to creep up and some students begin to study and prepare while others decide to wait until the last minute to cram.

Seniors get anxious and excited as they prepare to leave high school and move on in different directions. Graduation is filled with happiness and joy mixed with the sadness of having to leave friends behind.

Some of this month's highlights included tie-dying as a part of chemistry teacher Mrs. Sullivan's course. Also, Honors English 10 teacher Mrs. Horner retired this year. 2009, was a year of closure for many.



Scrachpad's a Hit!- Freshman **Phelix Yang** is intrigued to read Scratchpad as he views all the various works of art and poetry displayed in the book this year. (photo by Alyx Lyons)



Wrap it up!- Taking the last step, Senior **Daniel Lanning** and **Sheil Patel** finish up their tie-dye project as they secure the bag containing their t-shirt. (photo by B. Nadler)

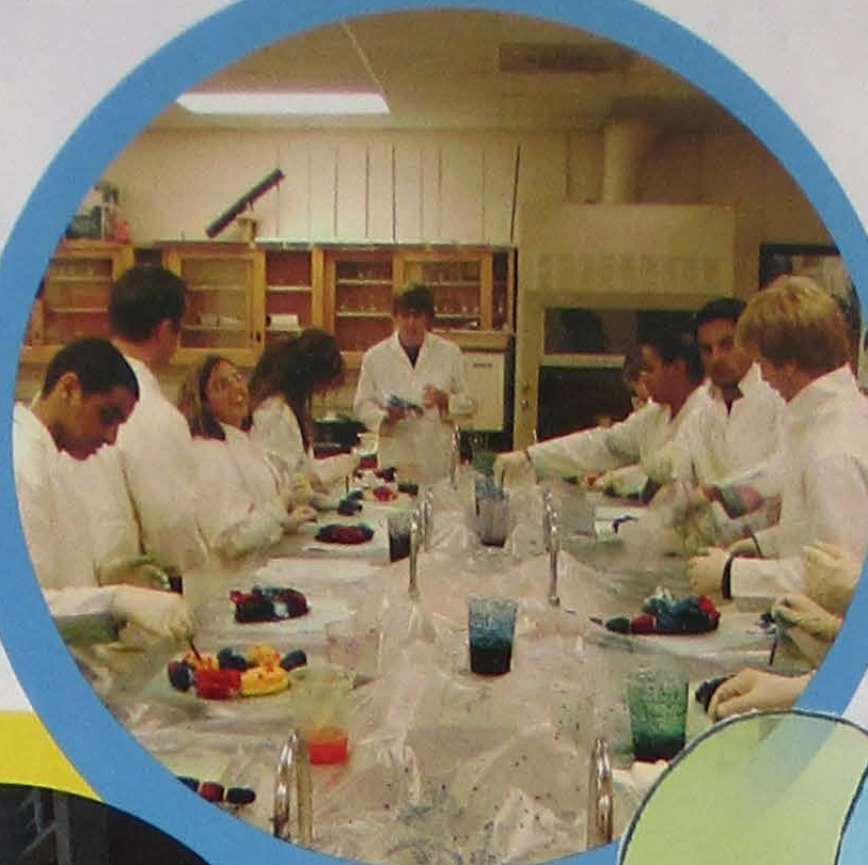


Surprise!- Remembering all the good times, **Mrs. Horner** receives flowers during the surprise goodbye party thrown for her by her 4th period class. Mrs. Horner is retiring this year and will be missed immensely throughout Ames High.

CLASS OF 2009



Cut and Paste- Getting their art on, seniors **James Fang** and **Eric Garasky** help put together the giant hand collage in Mrs. Norris' class. (photo by Ally Eregbu)



Make It Bright!
- Experimenting with color, the Ames High seniors test their creativity as they tie-dye the shirts in their chemistry class that they will all wear on the last day of classes, a senior tradition. (photo by Ben Nadler)



Get Creative!- Dying her shirt, senior **Erinn Uhlmeier** makes her own colorful piece of wearable artwork for the end of the year in Chemistry. (photo by Ben Nadler)



Dying out- Enjoying their last few days of school, senior **Jordan Bundy**, junior **Gerri Jaeschke**, and senior **Shanna Wells** tie dye their white shirts. (photo by Ben Nadler)

Ready to Leave!- Celebrating their last moments, the seniors chant and yell, counting down the seconds until they are finished with high school. (photo by Alyx Lyons)



MAY SPORTS

Sophomore Diane Wang



We Glove You - Running through a tunnel of bubbles blown by her teammates, senior goalkeeper **Angela Linahon** is announced onto the field during the sub-state game against Boone. (photo by Anna Kaspar)



Over the Wall - Aiming for the corner, sophomore **Nick Kraus** takes the direct kick as a result of a foul on McGowan during their game against North. (photo by Anna Kaspar)

Senior Kelsey Engelken



Get Out of the Way Ref! - Dribbling through an obstacle course of people, sophomore **Hayley Crum** dashes down the field in a Varsity Soccer game against Mason City. (photo by Anna Kaspar)



Senior Ellie Weiss



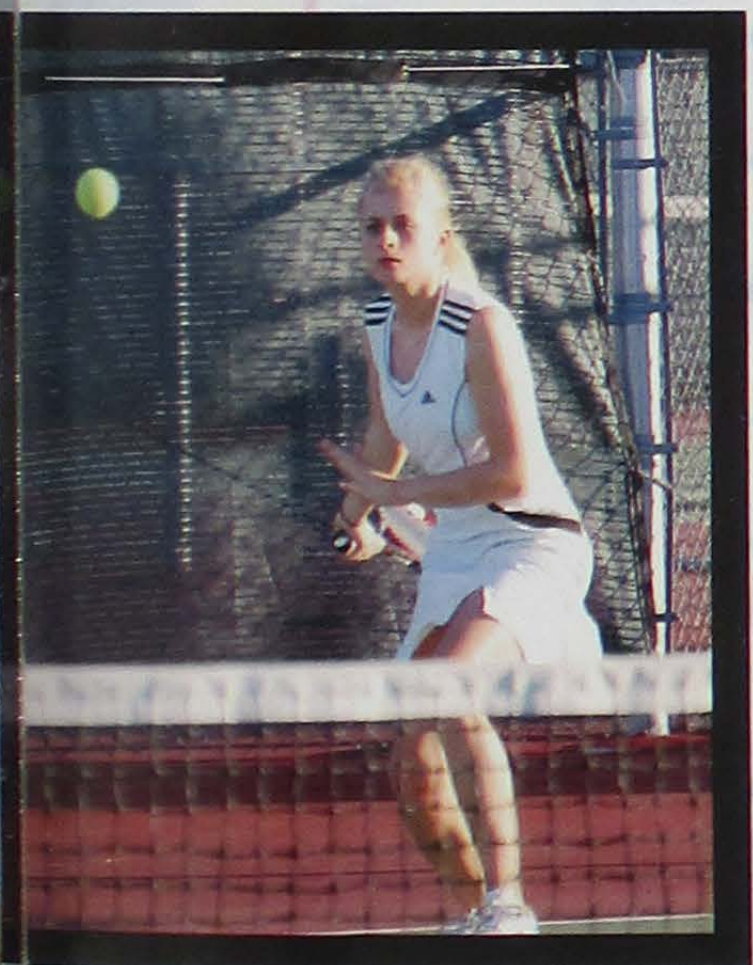


Story by Anna Kaspar

May, the competition heated up and so did the temperature. The Girls Varsity Soccer Team played exceptionally well against top-ranked Valley. With an early goal from Ashley Kerns in the first half, Ames held the one point lead until, with three minutes left in the game, Valley scored and sent the game into overtime. Similarly, the Boys Varsity Soccer Team had a very close match against Valley. They held a tie through two overtimes and ended in a shoot out. Even though in both cases Valley ended up with the victory, these intense games brought the Ames athletes the level of play that the next few games would require.



Senior Jordan Vander Zwaag



Racquet Power - Focusing intently, sophomore **Meredith Stabel** prepares to return the ball. The Girls Tennis Team dominated their way through the month of May and continued their streak through state.



Senior Ethan Brunning



Not In My House - Stopping Urbandale's forward, junior **Matt Carter** steals the ball and looks for an open teammate. The JV team had a solid defensive line consisting of Andrew Moore, Taylor Ringgenberg, Jonathan Kaiser, and Matt Carter. (photo by Anna Kaspar)

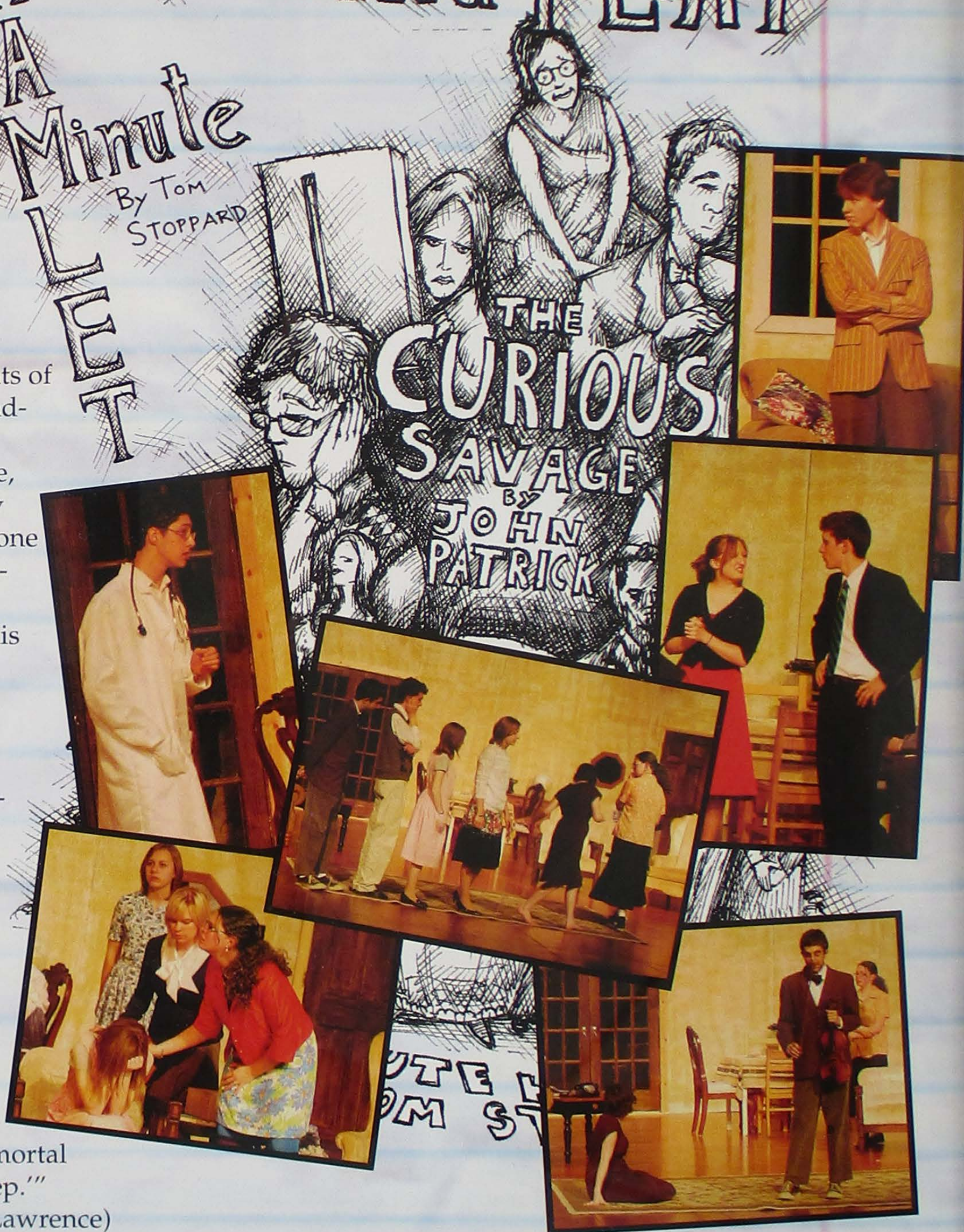
MAY ARTS SPRING PLAY

The 5 Minute TELL

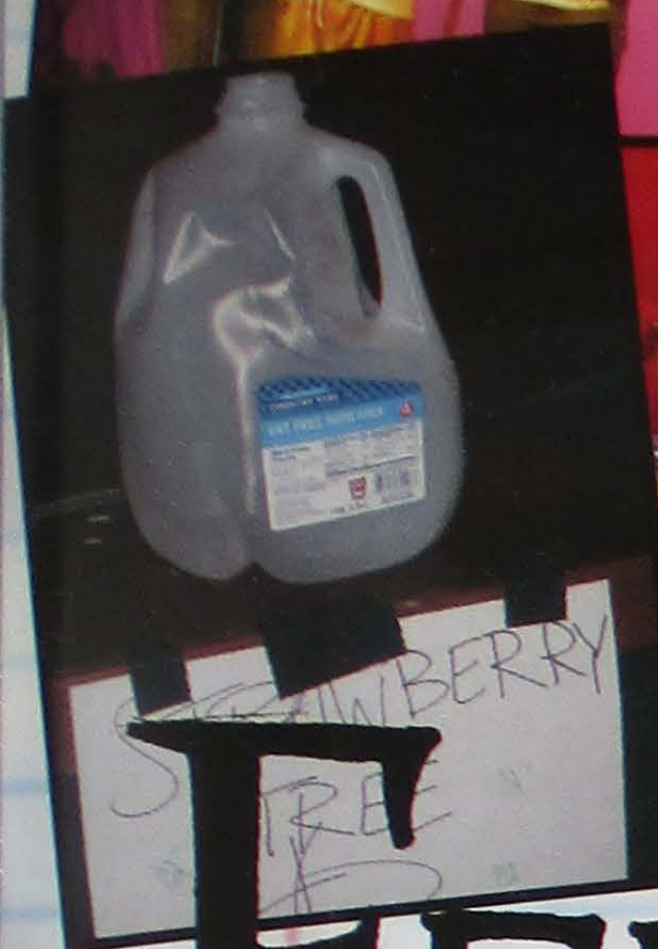
By Tom
STOPPARD

This spring the students of Ames High and the surrounding community were treated to a delightful theatrical piece, *The Curious Savage*. This story chronicles the adventures of one Mrs. Savage, and the mysterious disappearance of 10 million dollars. In response to this disappearance, her greedy step-children admit her to a mental institution where she then meets a host of characters who teach her the importance of the non-important things in life. This play of self-realization and love struck home with audiences. With an all-star cast and stellar performances, *The Curious Savage* was a hit that will be remembered in Ames High theatre history. As Lord Byron says, "And if I laugh at any mortal thing, 'Tis that I may not weep."

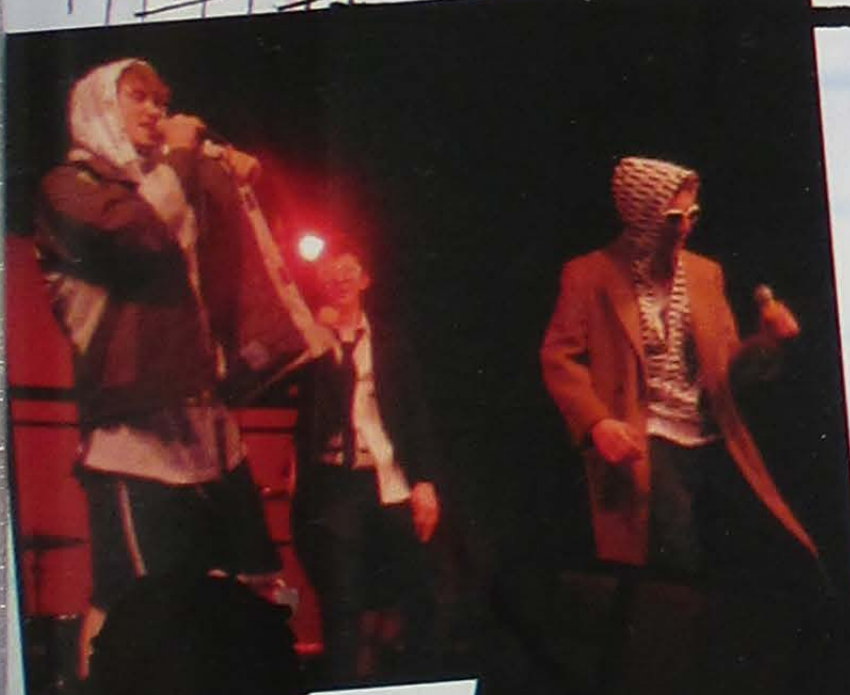
(Photos Courtesy of Caitlin Lawrence)



Art Drawings by senior Ben Mack



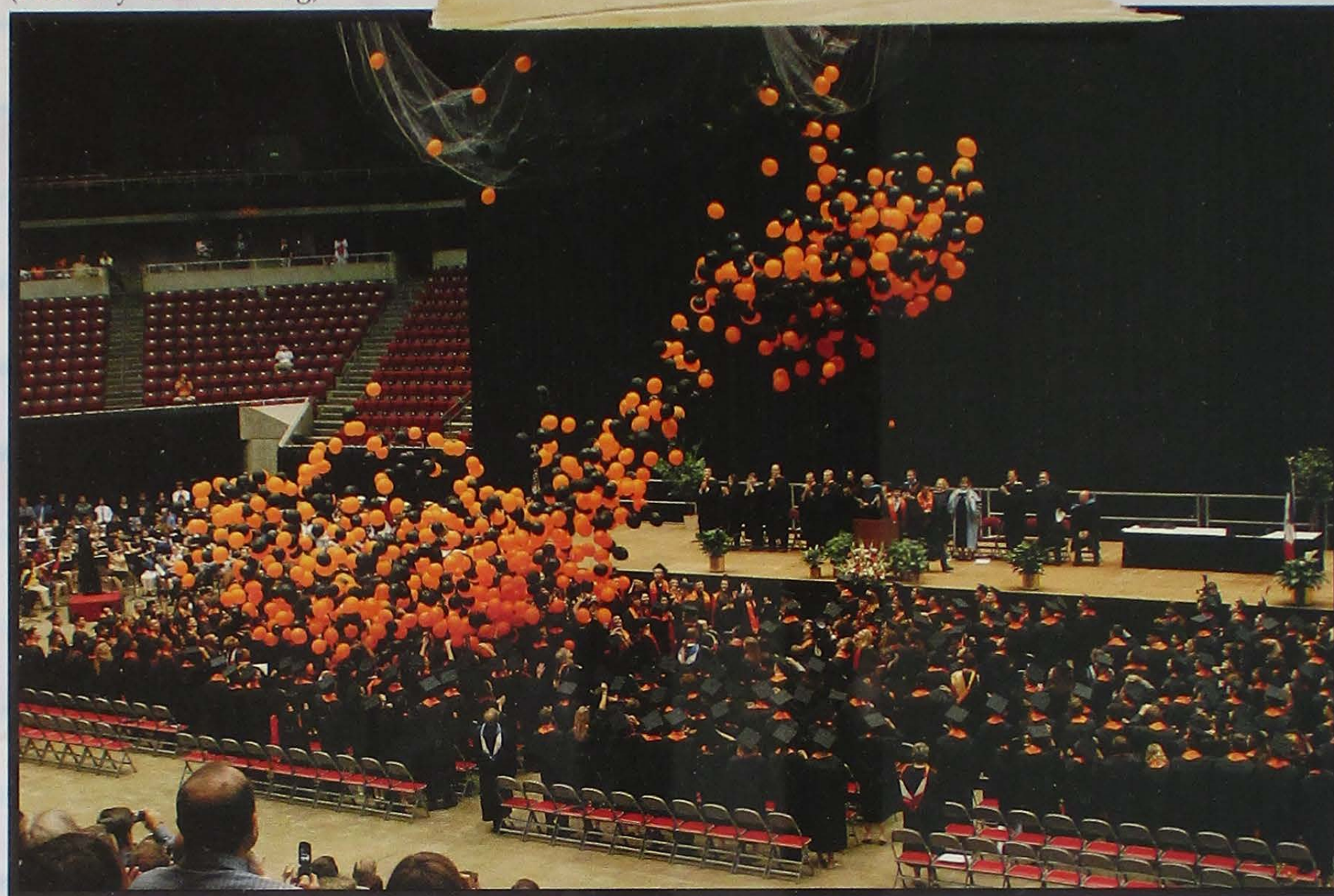
THE FELLOWSHIP OF THE BANDS



Forged in the fires of the recycling presses of 100th Green Butterfly, the Fellowship of the Bands was this year's answer to last year's "eventful" Battle of the Bands, which ended with profanity-laced tirades and controversy. Brought together by the greater good of reuniting the bands in the fires of companionship, this new band extravaganza proved to be a great success. Audience members were warned "Don't Drink Tea" by the newly formed band 5!5, and treated to the sensual sounds of **Brett Hanson** and **Jonathan Kaiser** in their band, *Strawberry Tree*. Along with them, other bands featured were *Leo Bird*, *Bombardier*, *Is This Good?*, and *Tangy Original* (Who gave out free Sunny-D!). To top it all off, an up-and-coming freshman band, the *Kronk Inveshtors* provided the music for an impromptu dance party that took the audience from their seats to the stage. (Photos courtesy of Michelle Kim, Kara Cippoloni, and by Kaitlin Estill)

GRADUATION 09

(Photo by Mrs. Harding)



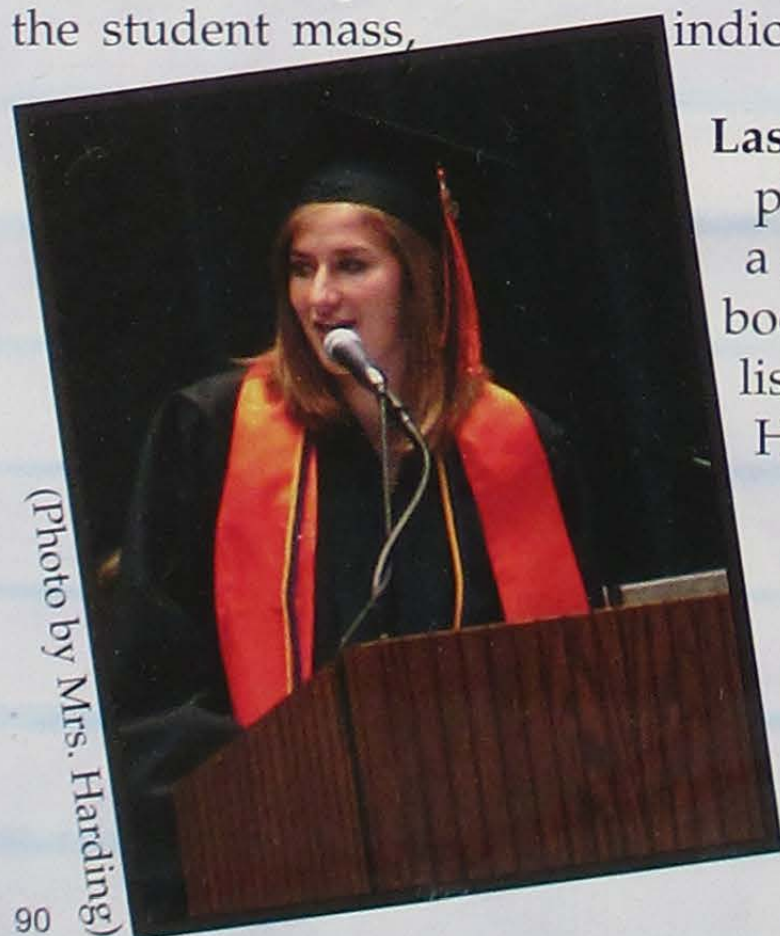
Story by Ben Mackey

Commencement is a meaningful ceremony to commemorate the leaving of a four year public institution. It signals the time honored-tradition moving from a world of close-knit friend circles, a land where wise Seniors are transformed into just another class of incoming freshmen. This year's ceremony started with a rousing introduction by senior Aisha Azher, followed by an empathetic parental appeal by school board president Gail Johnson. After the preliminary Graduation goodness had begun, senior Alex Boeke gave all seniors and

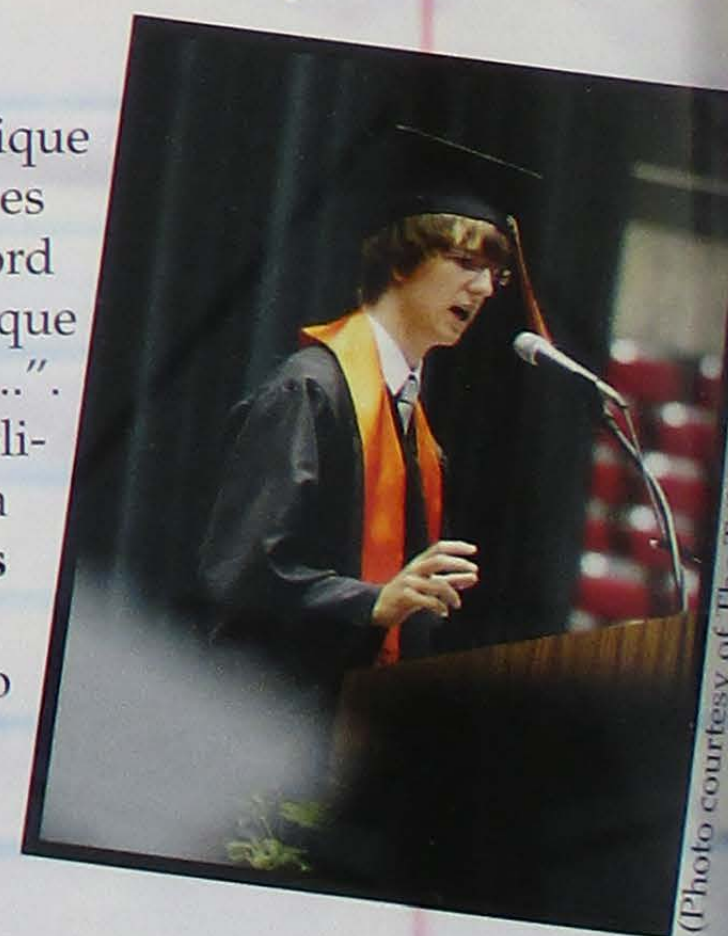
family members in attendance something to chew on. His speech, which forced the audience to sit up and really think about their High School career, made even the most doubtful and dubious of students realize that their time in High School really did mean something. To round off the vaguely autocratic nature of Boeke's speech, Victoria Harding stepped up to the podium and brought a more traditional, and slightly more "humorous" attitude toward our high School career. With a "You Know you Went to Ames High If..." portion of the speech, she brought the audience some laughs and smiles as they remembered some of the fonder memories from Ames High. Finally, as the tassels were changed by student Co-Presidents Ben Mackey and Matt Lee, a rain of balloons, as per tradition, fell upon the student mass,

indicating that graduation had ended.

Last words - Explaining why Ames High is a unique place, senior **Victoria Harding**, shown left, gives a speech at commencement worthy for the record books. Her speech included a Jeff Foxworthy-esque list telling you, "you might go to Ames High if...". Her speech was the perfect light hearted compliment to senior Alex Boeke's wake up call of a commencement speech. Senior **Alex Boeke's** speech was more on the reality of just how much time students spend in school, down to the minute, and how they chose to use that time.



(Photo by Mrs. Harding)



(Photo courtesy of The Ames High School Yearbook)

FROM THE BEGINNING...



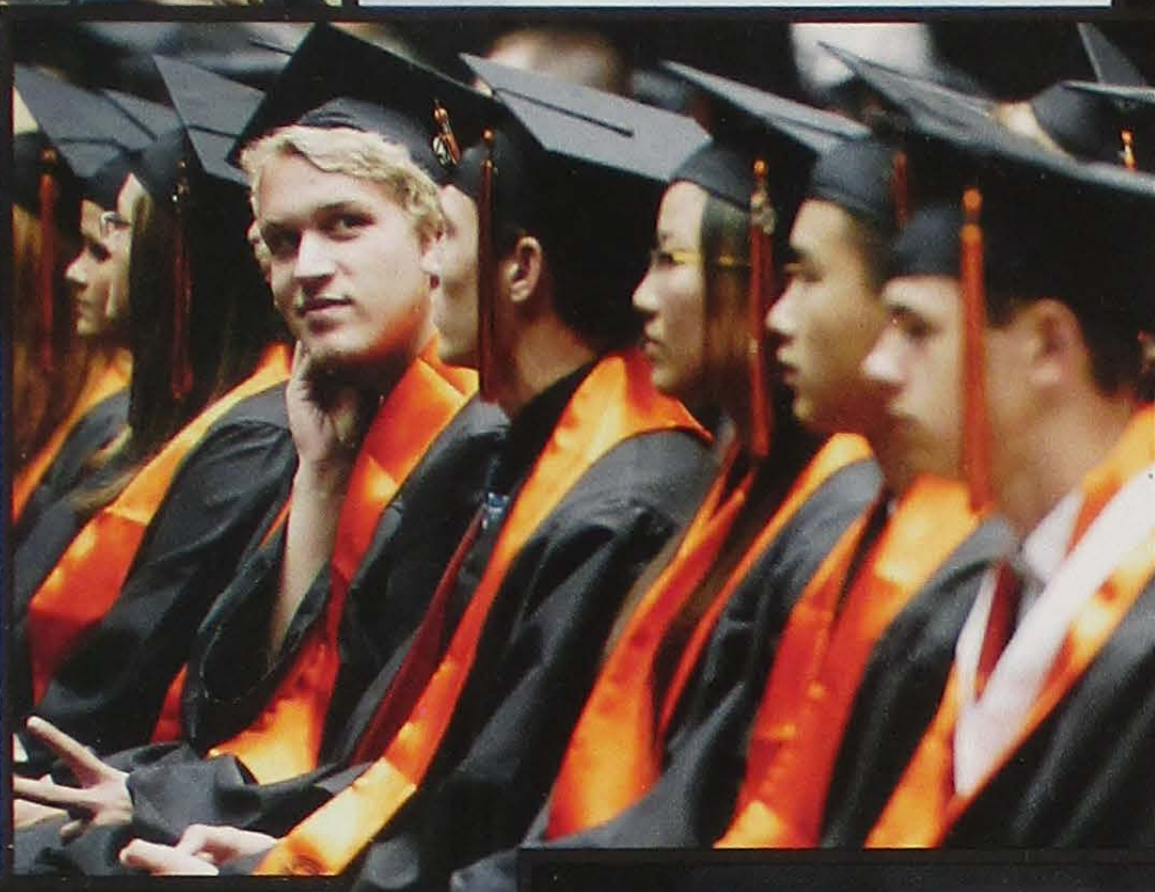
'09 Styin' - Reppin' the fashionable 2009 shades, senior **Jessie Korf** sits in style as the procession goes on. While most students wore dress clothing, some added their own wacky style by either coloring the top of their hat, wearing slippers, or as Ms. Korf did, with some sunglasses.



Welcome, Students

- Giving the ceremonial introduction, senior **Aisha Azher** begins the graduation process. Each year students auditioned to speak at graduation. Two speakers were chosen to give uplifting speeches, one to read a poem, and one to introduce the group.

Nervous Nelly - Peeking into the crowd for his parents, senior **Scott Strehlow** ponders his future. Only minutes away from being a college freshman, Strehlow had a lot to look forward to in the upcoming years. Some stayed in Iowa, some went across the country but they all went on to bigger and better things.



All Photos Courtesy of The Tribune,
Except This One, by Alyx Lyons

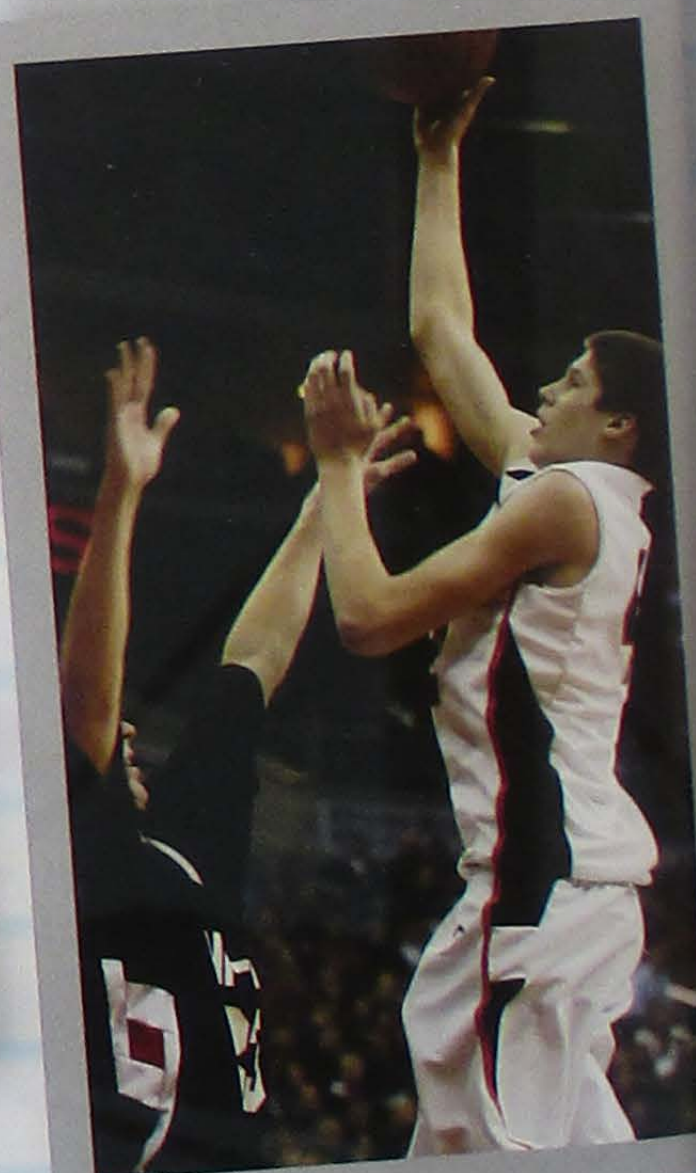
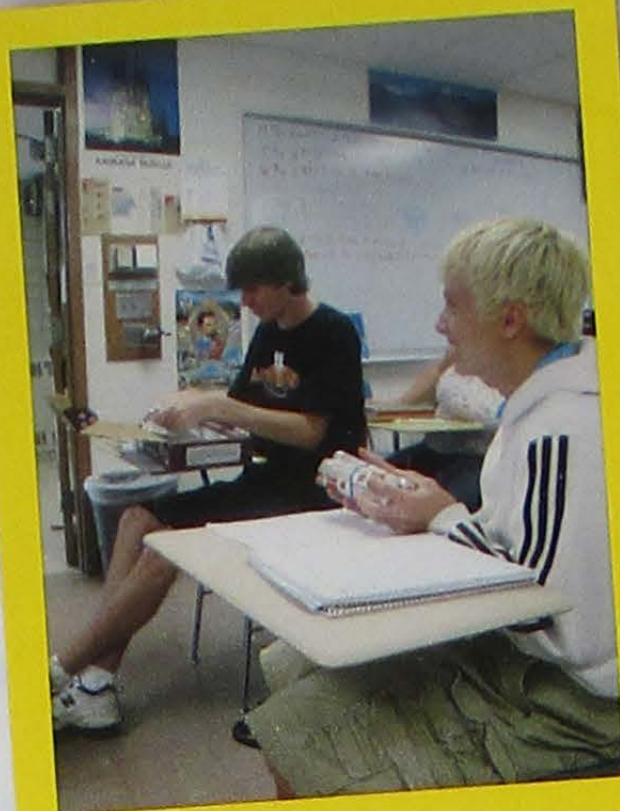


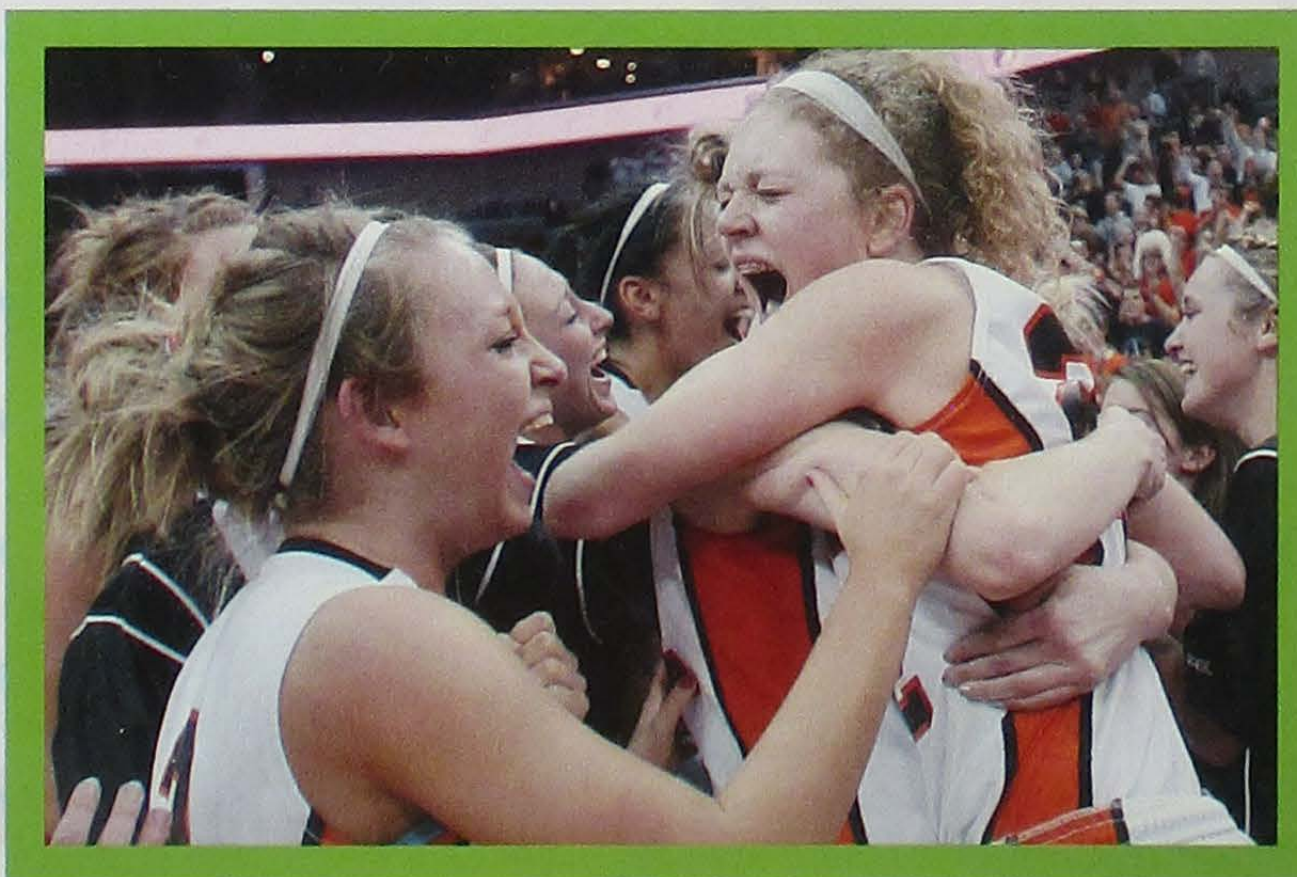
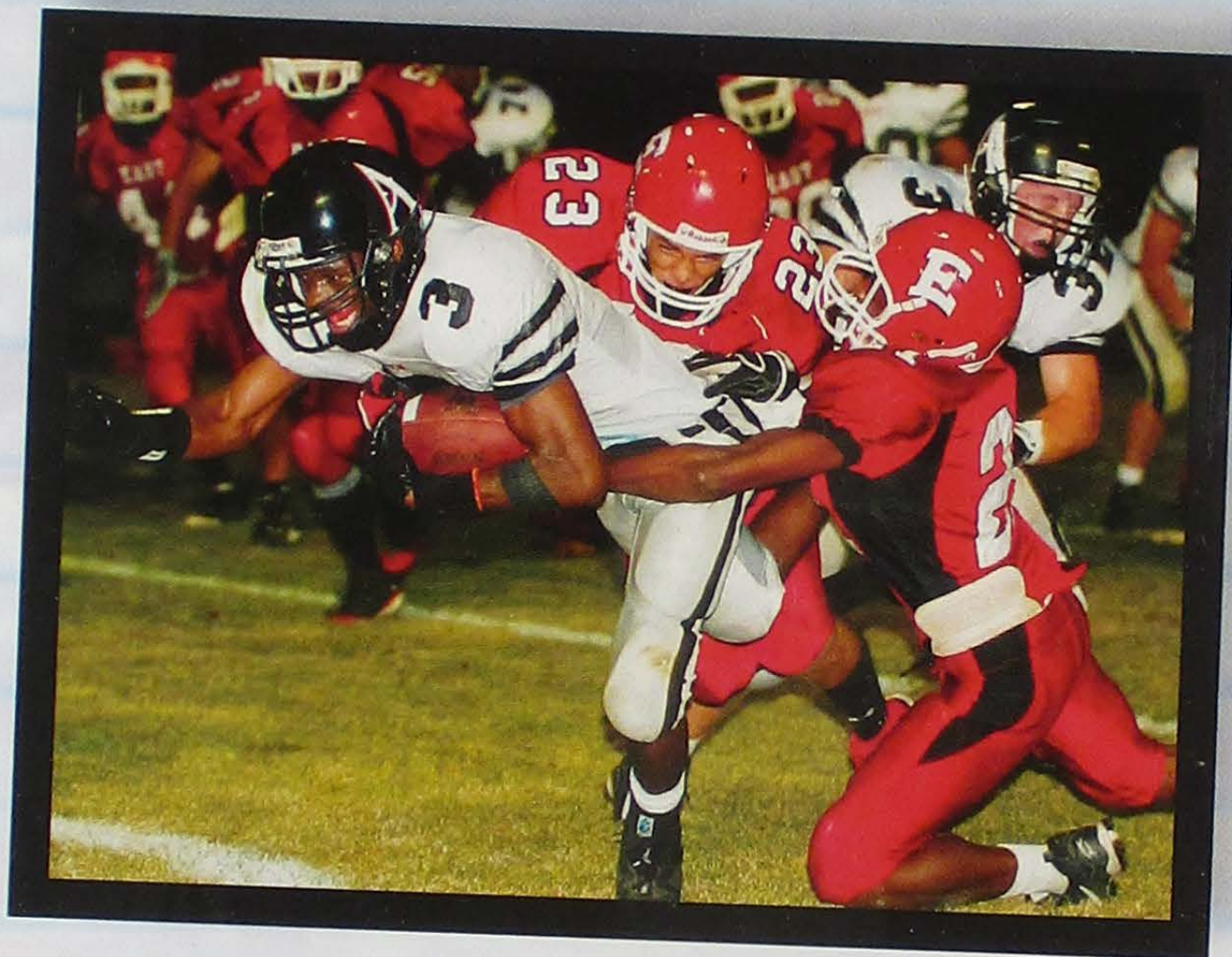
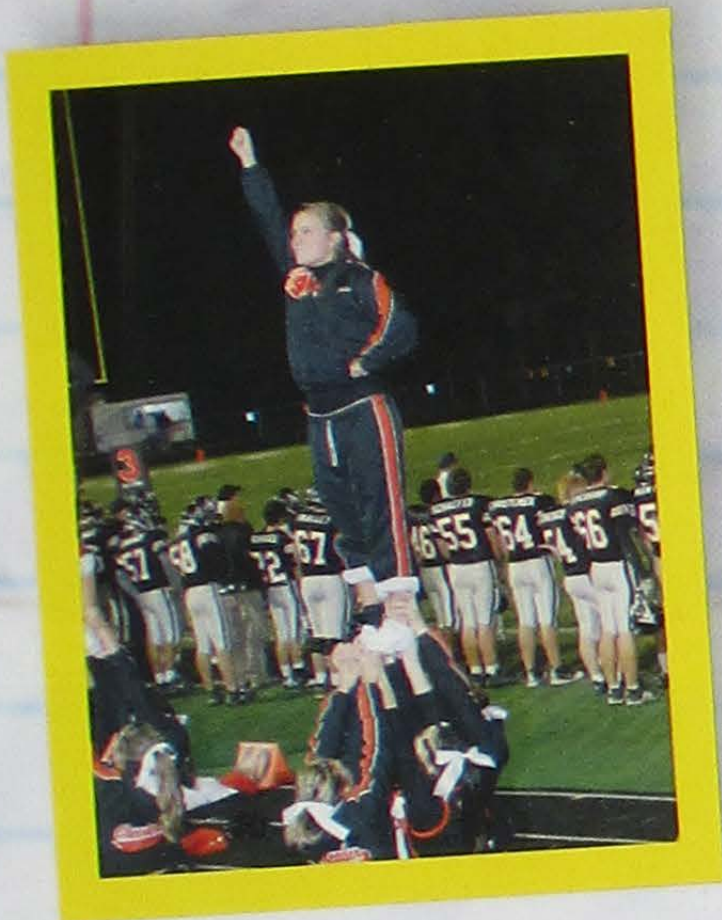
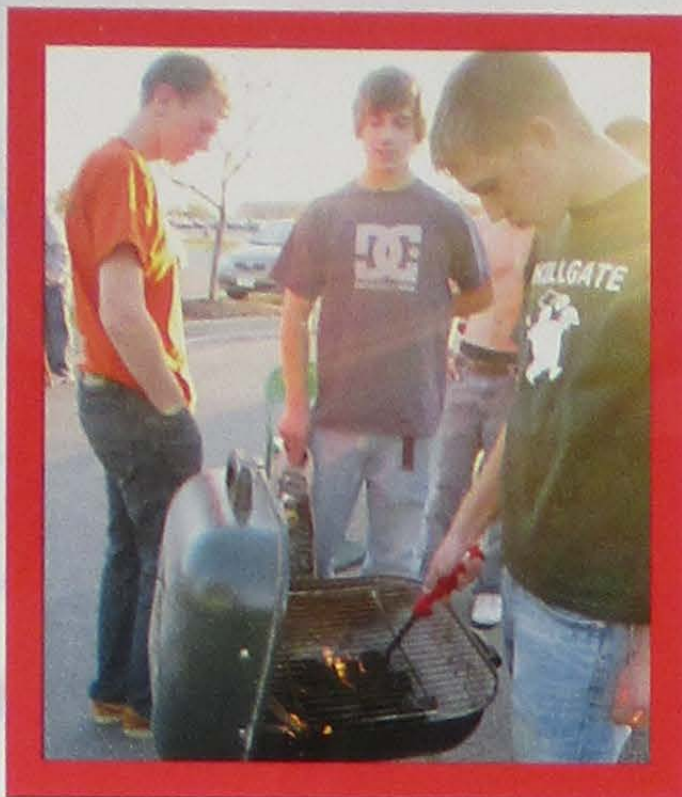
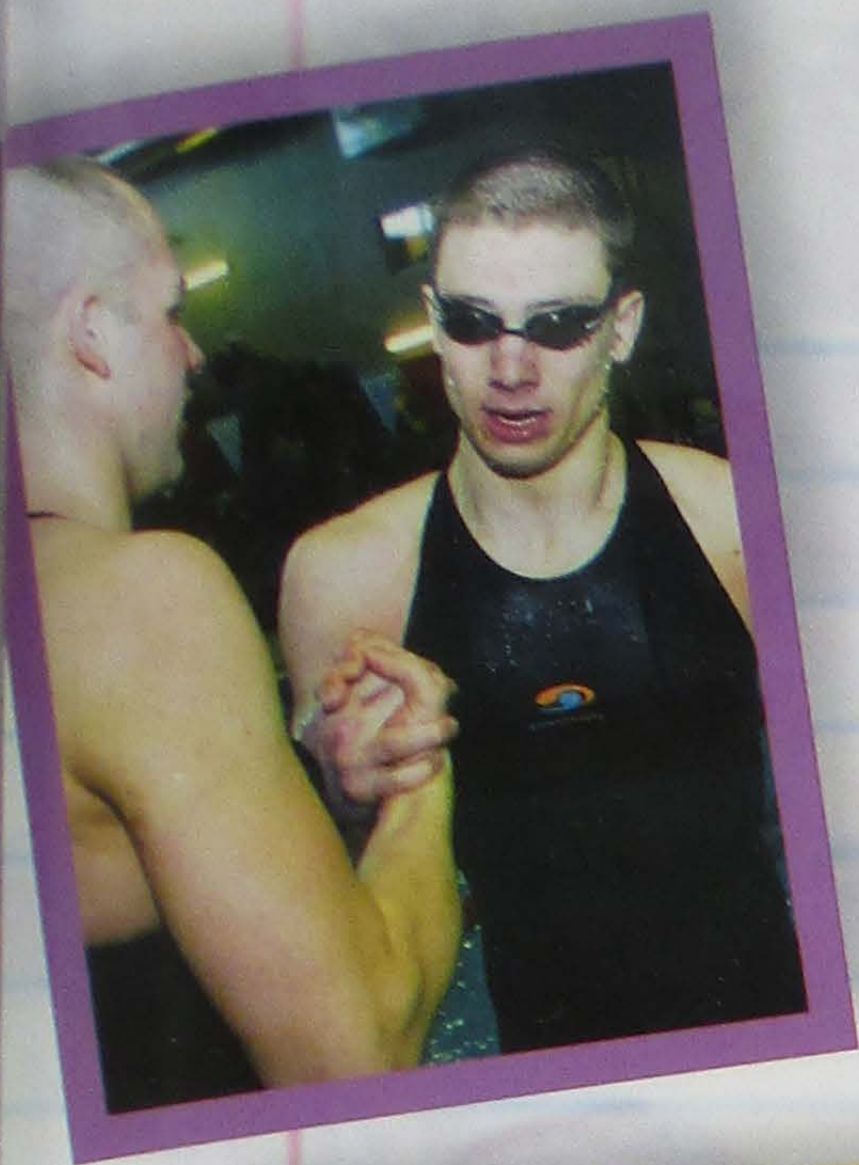
Power Finish - Waiting in line, hopeful seniors such as **Demante Vaughn & Colton Vaberg** prepare to not only receive their diplomas, but also a nice flower. Each year the senior class is given a class motto along with a class flower. This year's motto was from the Dr. Seuss book, *Oh The Places You'll Go* "Oh, the places you'll go. You have brains in your head. You have feet in your shoes. You can steer yourself in the direction you choose." As for the class flower, this year's was the *Astremeria Lily*.



The End - Jumping up at the end of the ceremony, senior **Ben Nadler** shares his excitement with the world. This graduating class of approximately 341 students is now off to bigger and better things where they will meet a whole new set of challenges in life.

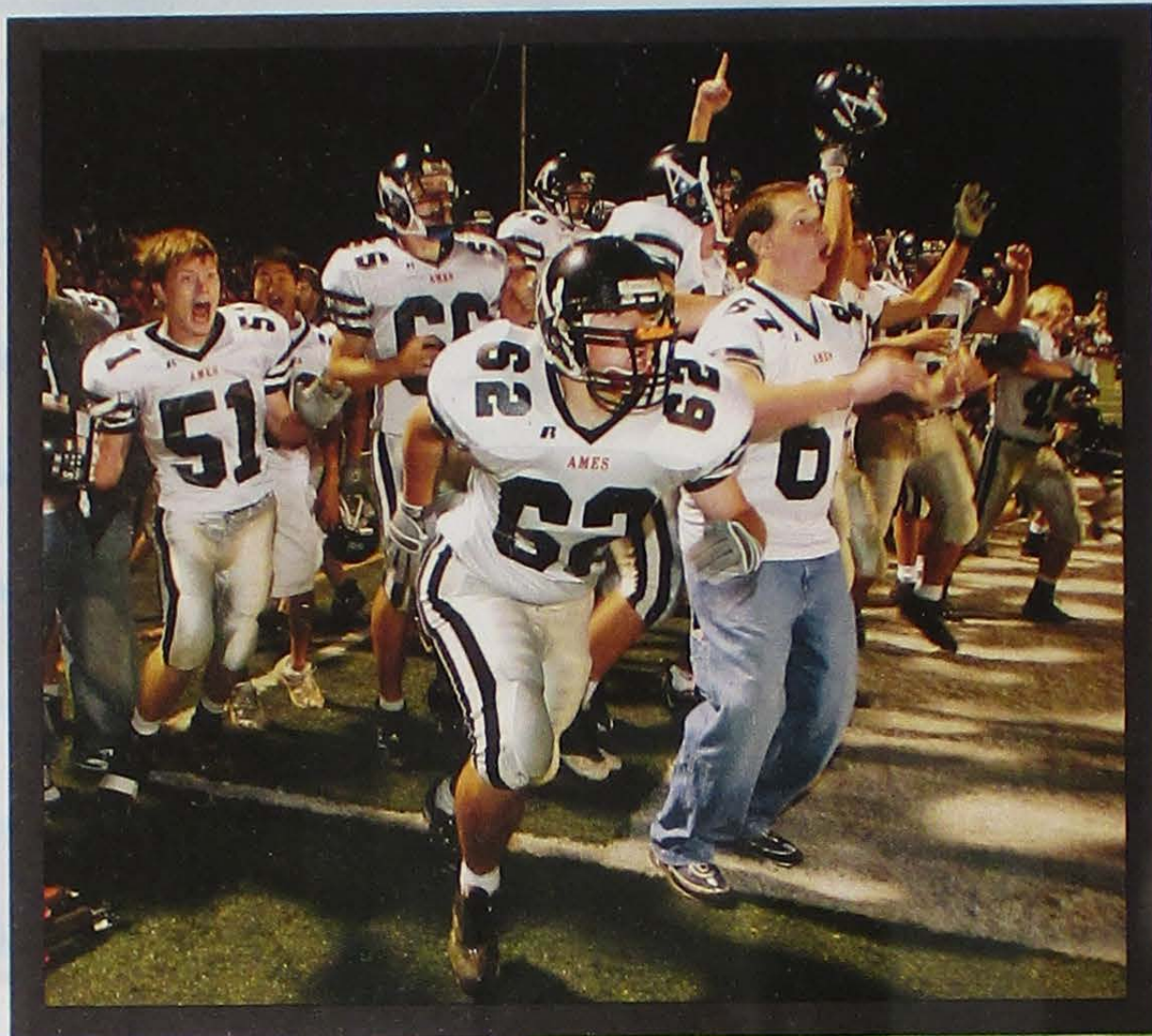
... TO THE END





SPORTS

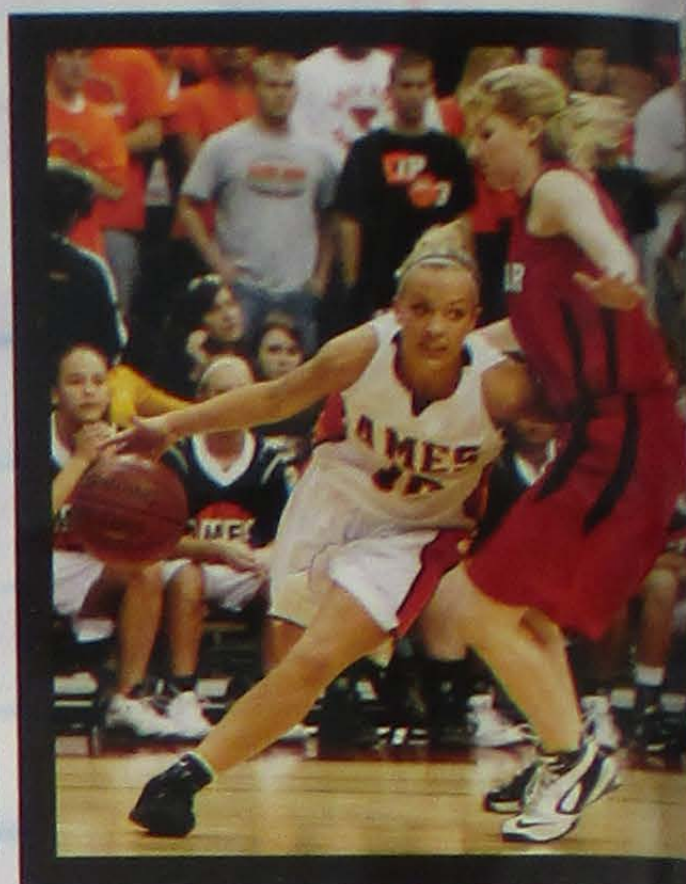
AHS Football Team



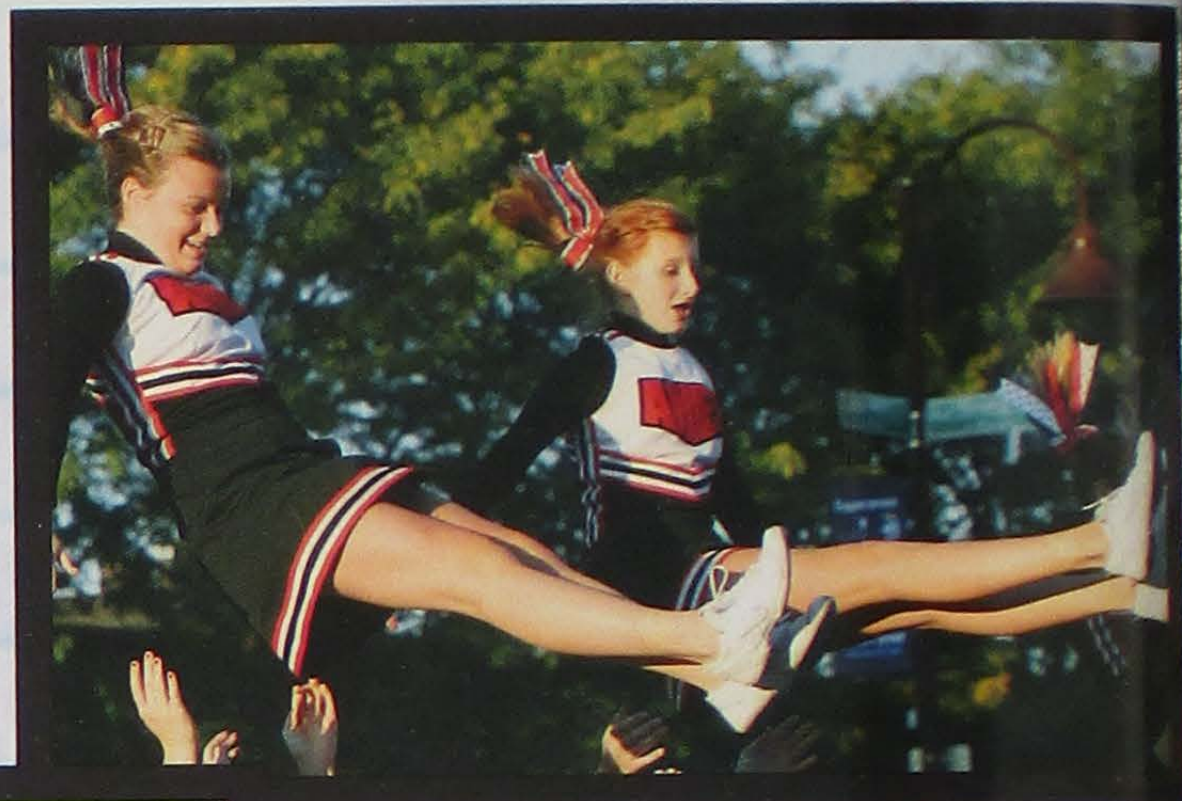
Senior Erica Thompson



Senior Trisha Nesbitt



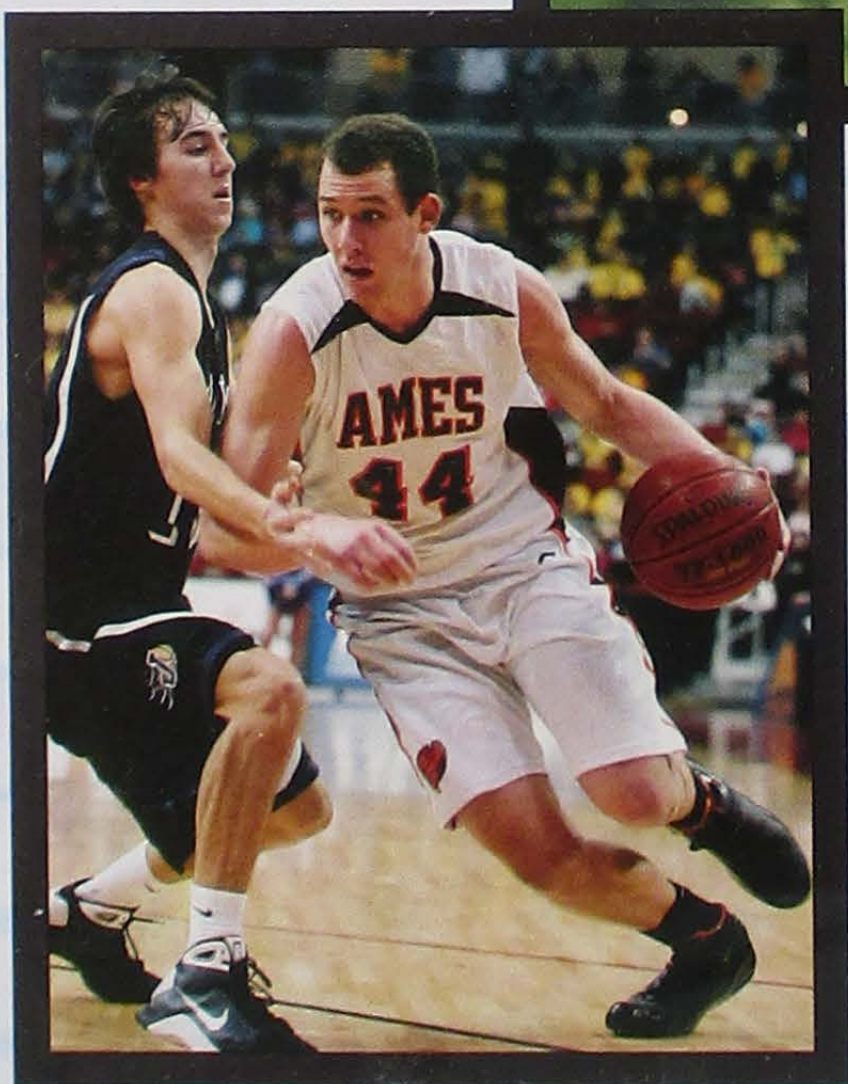
Freshmen Karlie Kinner & Molly Isebrand



Seniors Quentin Ring & Cale Brakke



Senior Jesse Pritchard



AHS Girls Basketball Team



Homomore Sheleena Mayberry



Senior Steve Stark



Freshman Christian Kaad

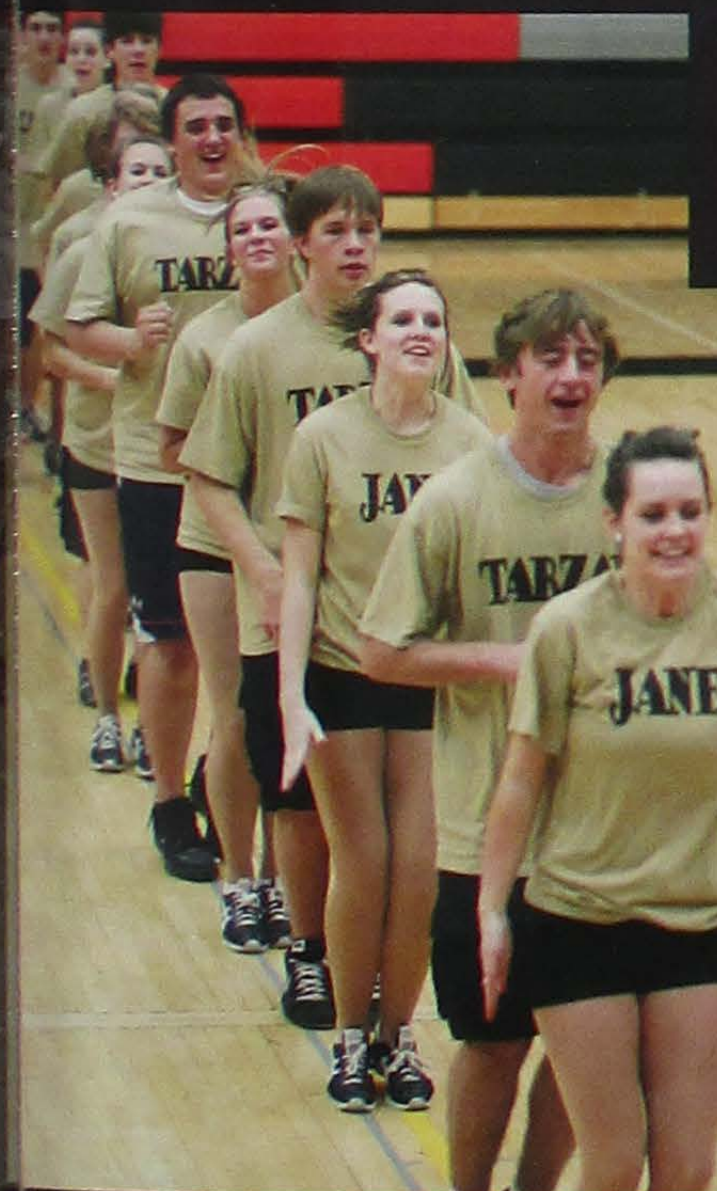


AS Boys Varsity Soccer

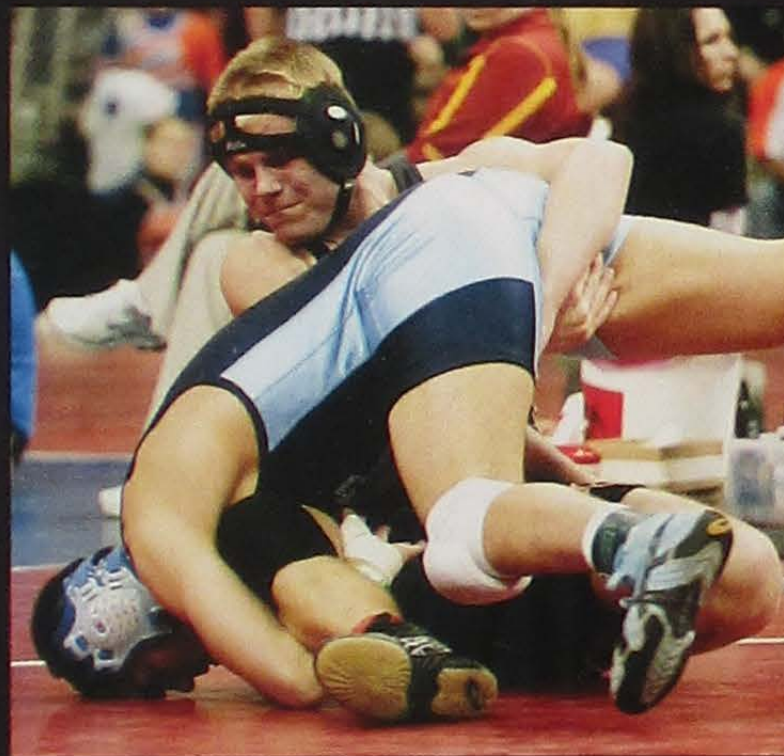


Junior Emily Wandling

AS Co-ed Drill Team



Senior Riley Banach



Freshman Calvin Song

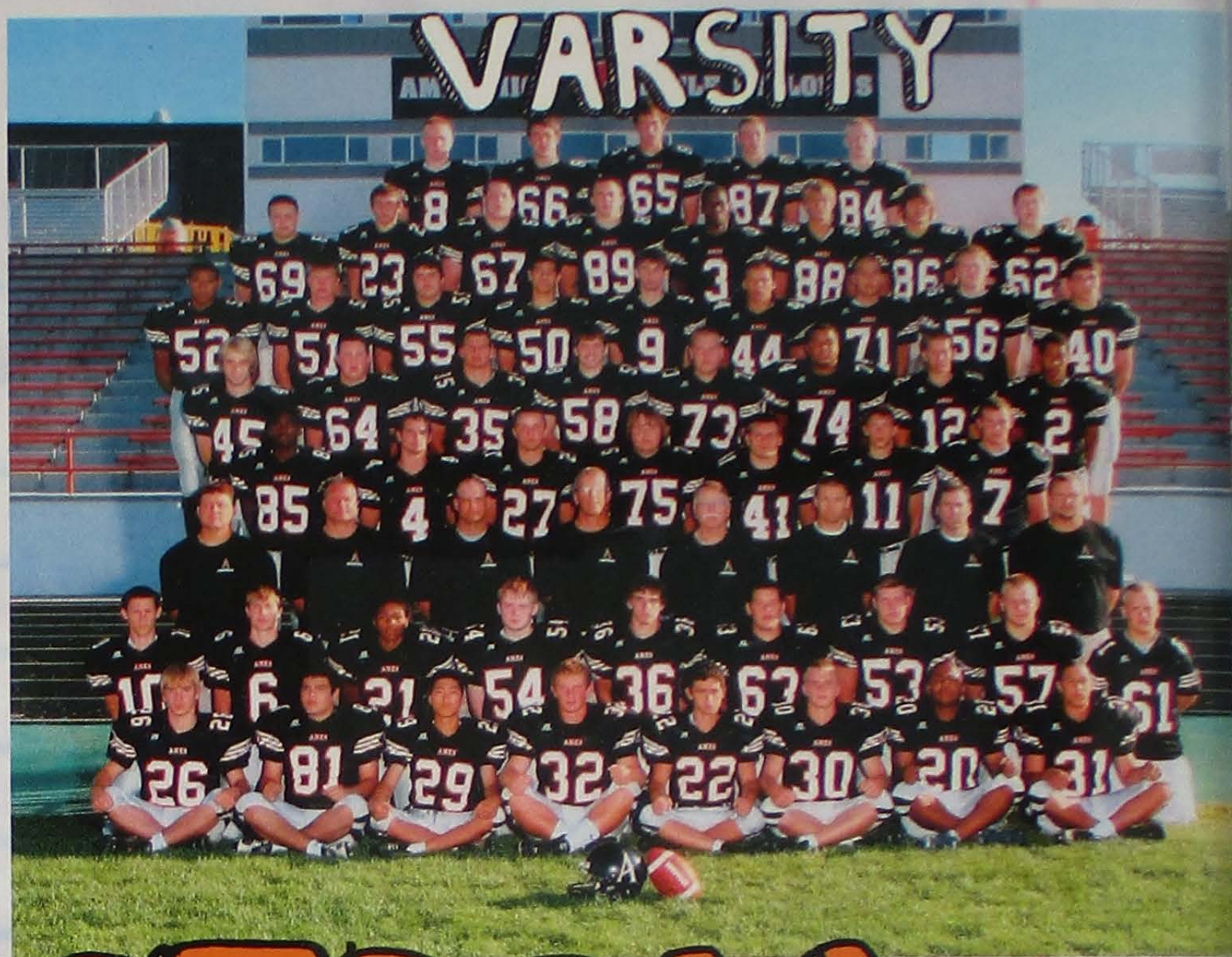


Junior Harrison Barnes



Junior Evelyn Qin

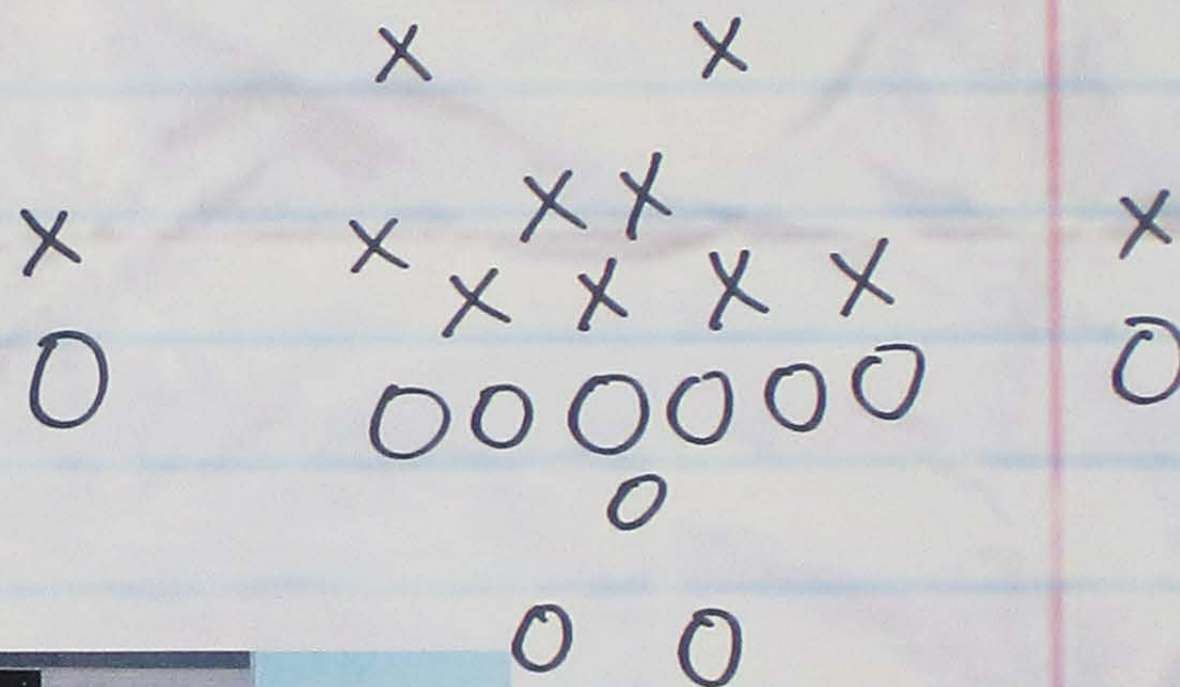
Row 1 - Josh Thompson, Steve Rodriguez, Alex Miller, Andy Weiss, Mitch Kunkel, Eric Houk, Eric Terry, Cory Thompson **Row 2** - Jamison DiSalvo, Isaac Strohmman, Faisal Luvaga, Tyler Schoenrock, Matt Klucas, Gabe Harris, Colton Vosberg, Riley Banach, David Calentine **Row 3** - Coach Rial, Coach Shane, Coach Downs, Coach Vertanen, Coach Daddow, Coach Von Behren, Coach Butler, Coach Sullivan **Row 4** - James Wandling, Colin Shriver, Jake Zunkel, Josh Kokemiller, Derek Accola, Tanner Dekovic, Spencer Cruise **Row 5** - Dan Lanning, Chris Christenson, Houston Breshears, Vinny Rush, Jack Comstock, Josh Harness, Miles Greenwald, Demante Vaughn **Row 6** - Dom Howard, Kayne Montang, Daniel Schaefer, Jonathan Kaiser, Aaron Gaffney, Stefan Breitting-Garlington, Reed Wu, Austin Adkins, Brett Hanson **Row 7** - Scott Klinkel, Andrew Rohlf, Stephen Smalley, Nic Toben, Sam Tim, Brent Novey, Hannes Reinot, Aaron Server **Row 8** - Will Frantzen, Luke Haverkamp, James Kohler, Nathan Lubinus, Riley Stuve



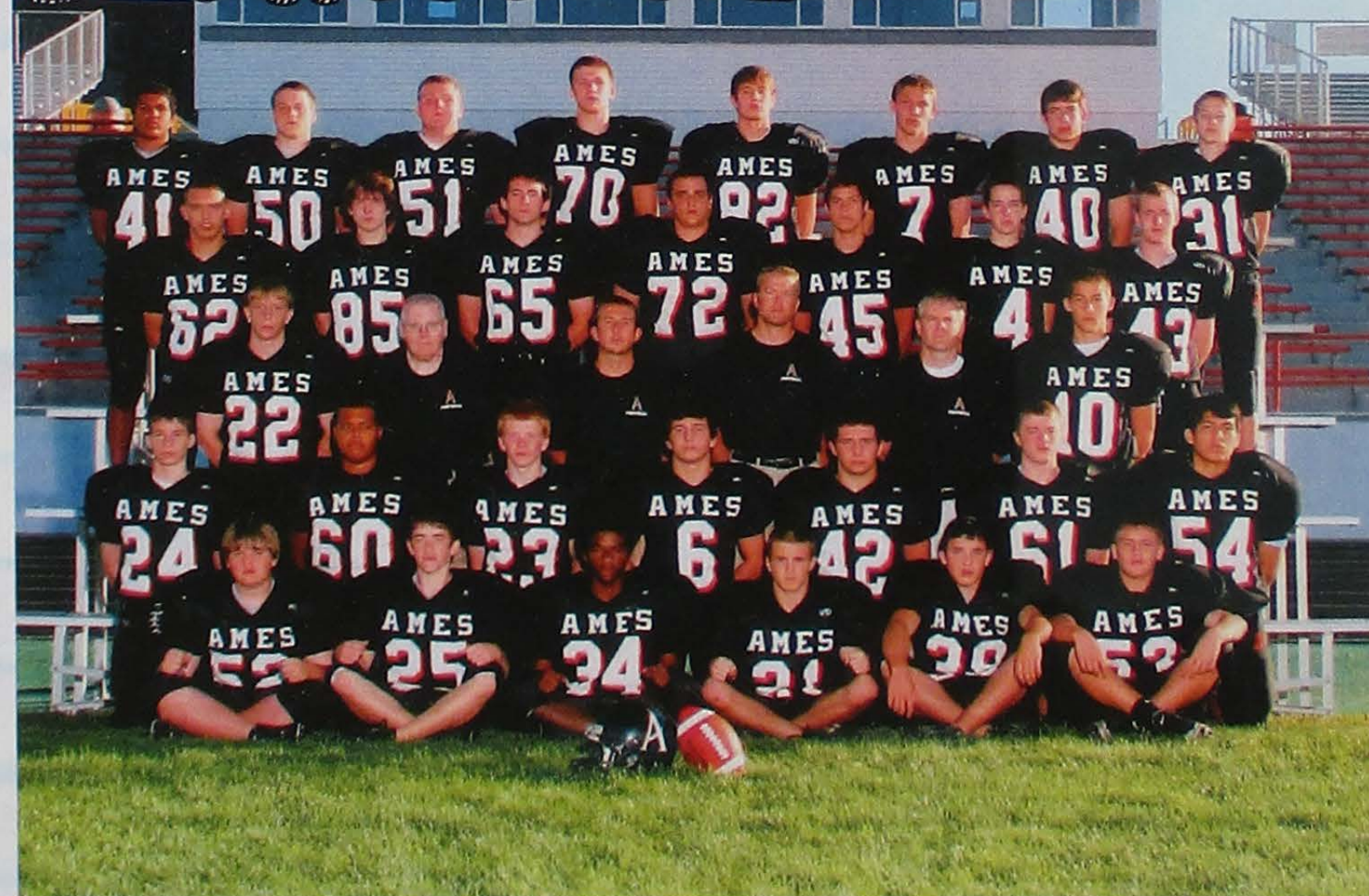
FOOTBALL

VARSIITY

Ames	14	Johnston	35
Ames	29	East	13
Ames	31	Fort Dodge	0
Ames	48	Mason City	17
Ames	10	Valley	35
Ames	14	Waukee	28
Ames	20	M-town	14
Ames	24	CB TJ	21
Ames	14	Newton	0
Ames	28	East	12
Ames	49	S. E. Polk	48
Ames	21	Ankeny	35



SOPHOMORE



Row 1 - Theodore Wierson, Jordan Best, Rudy Miller, Jake Agnitsch, Thomas McKiernan, Zack Anderson **Row 2** - Austin Lelonek, Justice Buckles, Alex Jacobson, Luke Swalla, Ben Swalla, Eric Jones, Chris Hinojo **Row 3** - Darin Bloom, Coach Schweiger, Coach Smith, Coach Kohl, Coach Beck, Kyle Anderson **Row 4** - Gary May, Austin Schellenberg, Stephen Kapaun, Justin Tylka, Zach Moorman, Eric Smith, Alex McBay **Row 5** - Davis Dixon, Colton Accola, Cole Rutherford, Dane Jensen, Matt Bonestroo, Nate Cruise, Tony Rush, Andrew Olinger

GOLF

BOYS



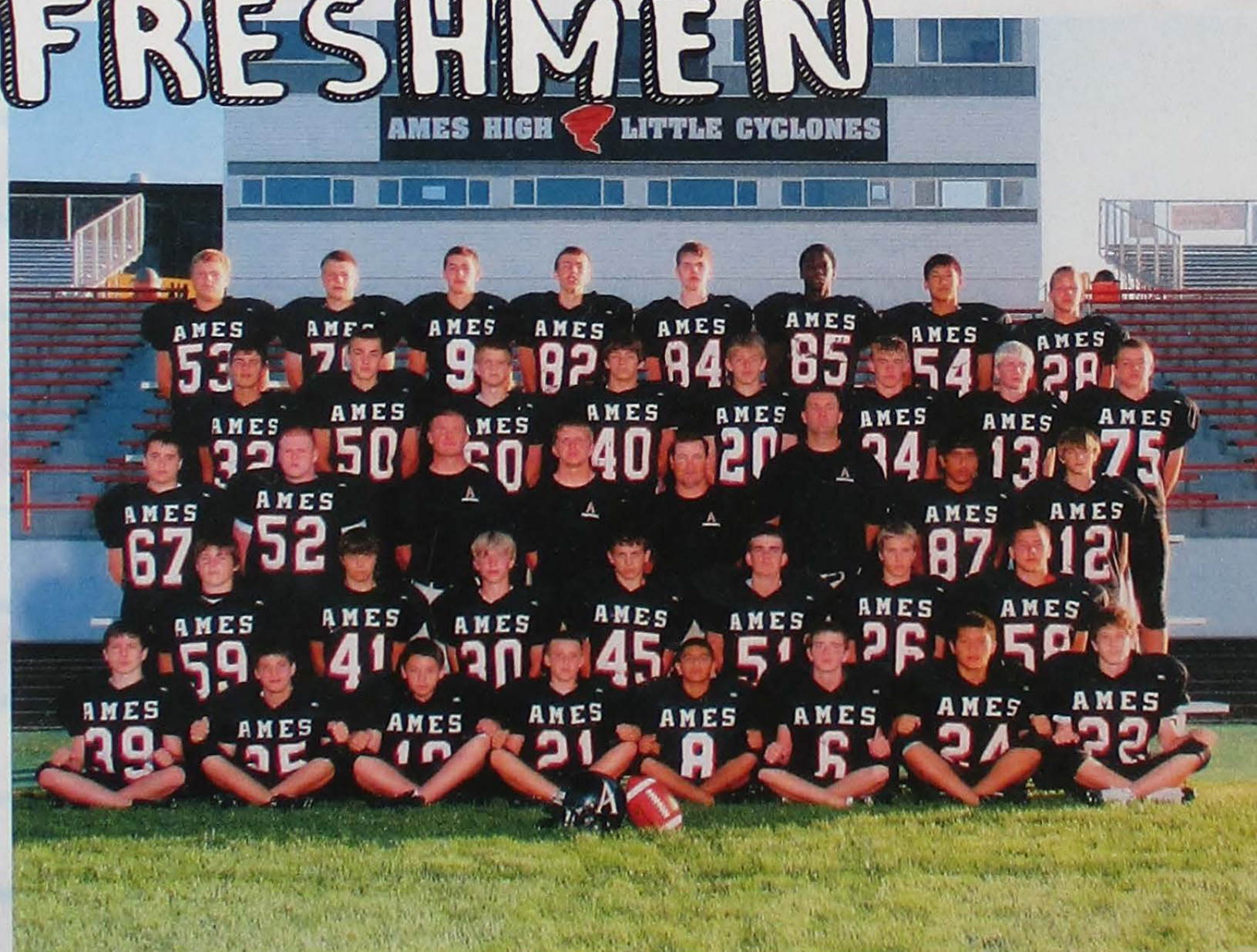
Row 1 - Mikey Stark, Carson Kisling, Jack Sanders, Sam Ennis, Kirby Gunnerson, Matt Winkleblack, Christian Kaad, Bryan Crouse **Row 2** - T Sanders, Trevor White, Alex Rover, Zach Lenhardt, Zach Monroe, Kevin Raney, Evan Weibel, Kyle Martin, TJ Elbert **Row 3** - Coach Kaine, Nathan Hurley, Mitch Sankey, Pat McCormick, Nathan Griffith, Ryan Marrs, Gracen Kostelecky, Anson Woodin, Sean Ranney, Coach Voss

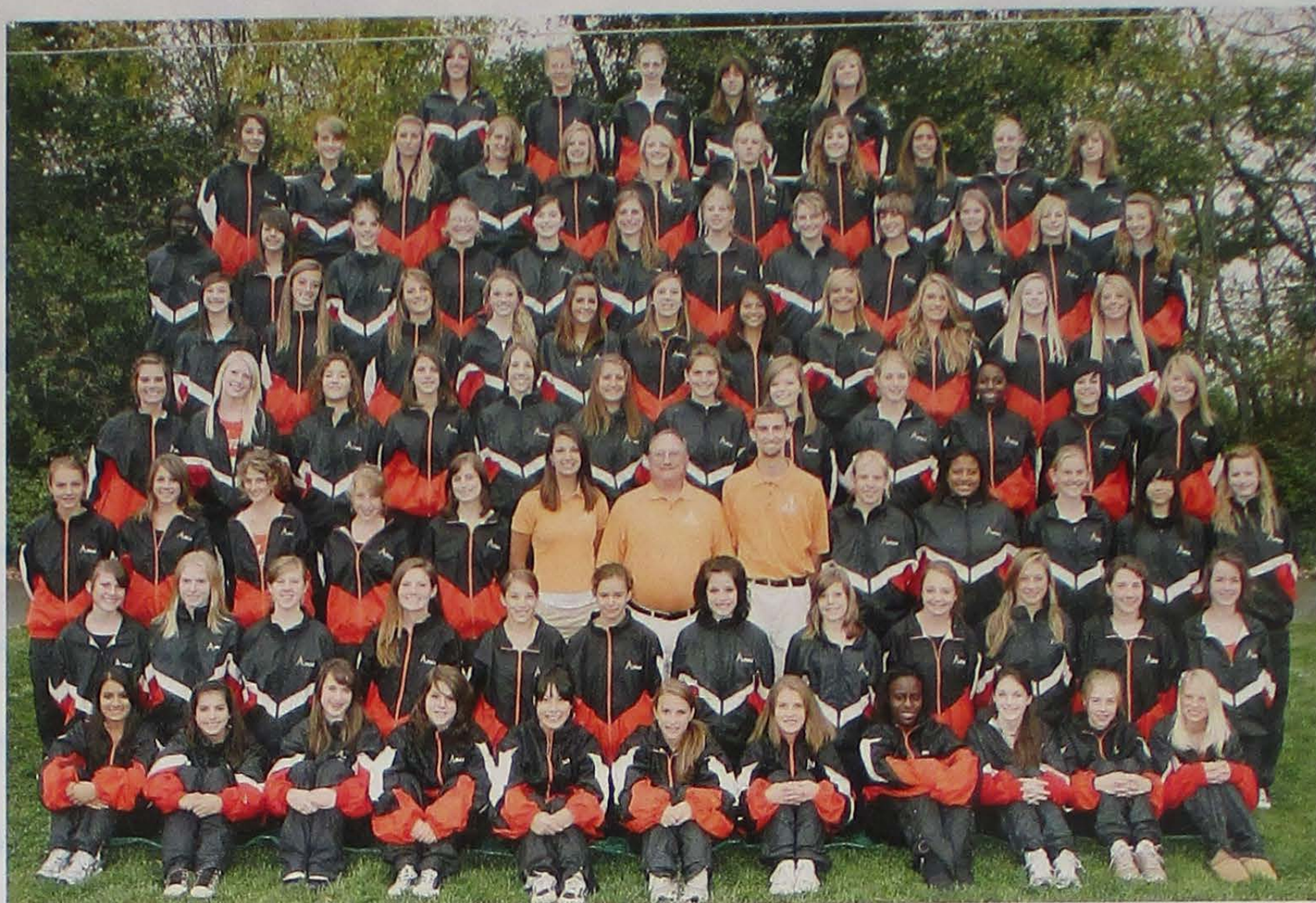


Boys GOLF		
Ames	1st	Valley Dual
Ames	1st	M'Town Dual
Ames	2nd	CIML Conference
Ames	4th	Waukee Invite
Ames	1st	Ft. Dodge Invite
Ames	1st	Waukee Dual
Ames	1st	Ft. Dodge Dual
Ames	8th	Valley Invite
Ames	7th	Johnston Invite
Ames	3rd	M'Town Club
Ames	3rd	Turk Bowman
Ames	2nd	Mason City Dual
Ames	6th	CIML Invite
Ames	2nd	Districts
Ames	4th	State Tourney

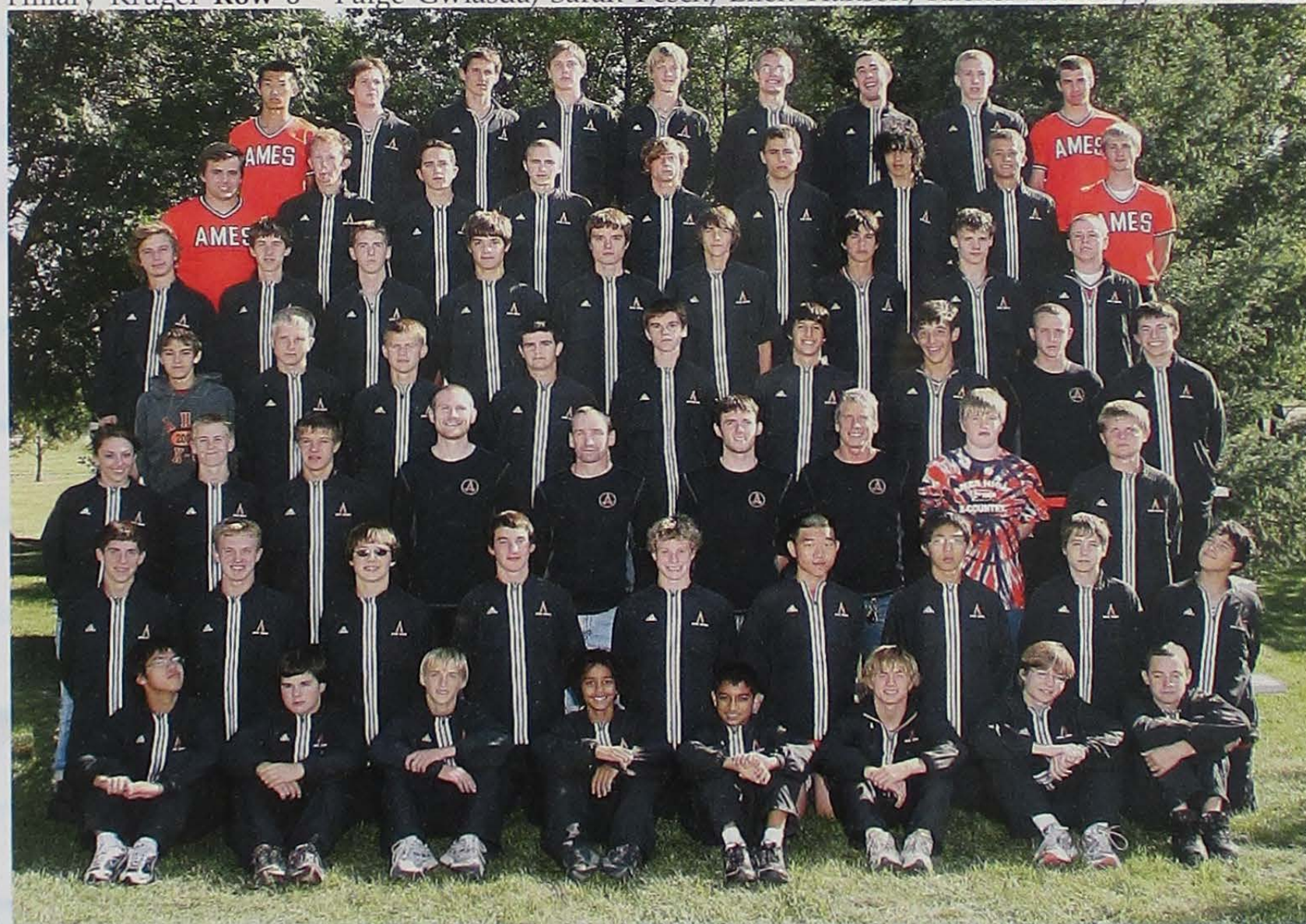
Row 1 - Tom McClelland, Ryan Griffith, Evan Eustachy, Kevin Roof, David Habhab, John Elsenast, Kasey Nguyen, Nick Mayberry **Row 2** - Caleb Stensland, Austin Ellis, Josh Tucker, Jacob Gauber, Josh Otoro, Matt Burke, Brady Brinkmeyer **Row 3** - Zach Traba, Chris La Mar, Coach Peterson, Coach Berger, Coach Bappe, Coach Hawthorn, Amadeio Arnega, Rowen Goodwin **Row 4** - Lane Peterson, Dean Van Every, Zach Hanson, Walter Woodruff, Ambrose Strohman, Jake Eller, Alex Hostetter, Ben Philips, Wesley Brown, Joer Uhlmeyer, Vince Grenwald, Adam Maher, Bo Brammer, Luke Wandling, Felix Yang, Hansen Breitling-Garlington

FRESHMEN



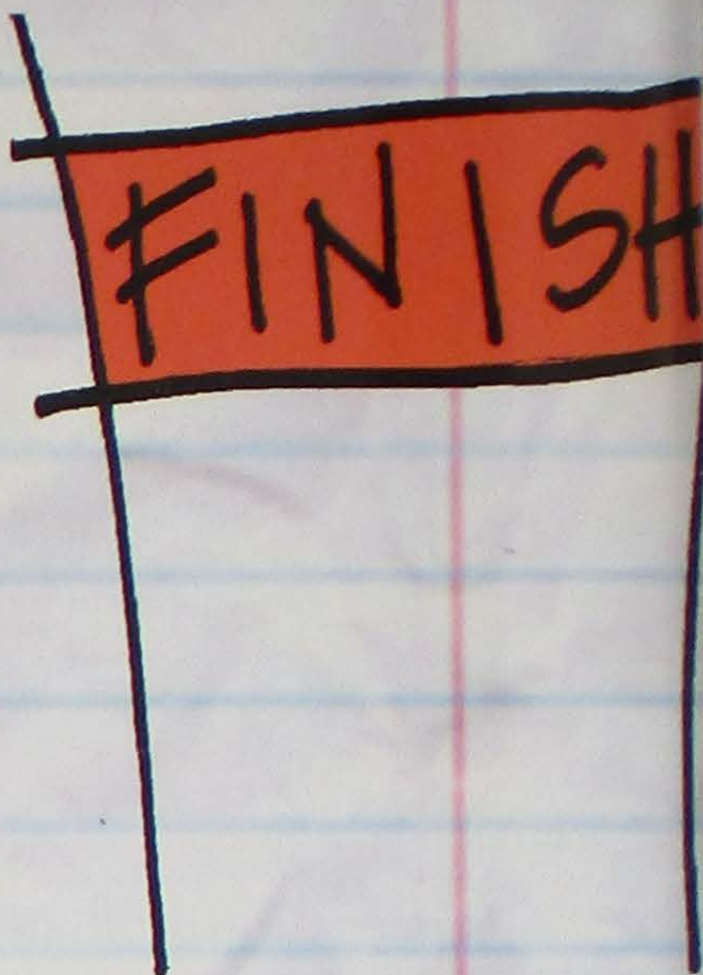


Row 1 - Tulika Biswas, Emily Brehm-Stecher, Maggie Brockway, Katrina Nielson, Rina Ishii, Sabina Miller, Alysa Palace, Ciatta Yarngo, Melissa Martin, Brooke Schweikert, Chelsea Shuey **Row 2** - Cathy Pastiak, Mackenzie Nelson, Carolyn Metz, Whitney Baker, Shauna DuCharme, Brianna Behning, Brooke Hollenburg, Mollie Bourke, Kelsey Dockstader, Dillan Glock, Kelsey Dietrich, Mackenzie Dickson **Row 3** - Rebecca Miller, Brooke Farmer, Kaitlin Estill, Martha Ryan, Sarah Gutowski, Coach Lowry, Coach Schmaltz, Coach Cogdill, Chloe Knudel, Jasmine Harris, Liz Kaloupek, Liz Zhou, Christine Bunting **Row 4** - C.J. Cummings, Mary Bunting, Katie Uhde, Taylor Williams, Sarah Warth, Michelle Millage, Sarah Kerr, Katelyn Adams, Emma Paschen, Emily Wandling, Austin Gerritson, Courtney Martin, **Row 5** - Sydney Brause, Katie Isebrands, Emma Ravenscroft, Emma Thorgaard, Emily Owen, Emma Rathe, Holly Nguyen, Bekah Miller, Kalle Carney, Mary Beth Schliesman, Ellie Weiss **Row 6** - Chelsea Milan, Sarah Jackson, Katie Williams, Kimberly Garasky, Julia Reynolds, Erinn Uhlmeier, Madison Prueger, Karen Bell, Dree Brakke **Row 7** - Marika Liebman, Sophie Pierce, Kathi, Kristin Upah, Emily Boydston, Annie Block, Hannah Vanevery, Angela Linahon, Ashley Williams, Laura Reints, Hillary Kruger **Row 8** - Paige Gwiasda, Sarah Pesch, Ellen Hanson, Rachel Hauber, Janae VerHelst

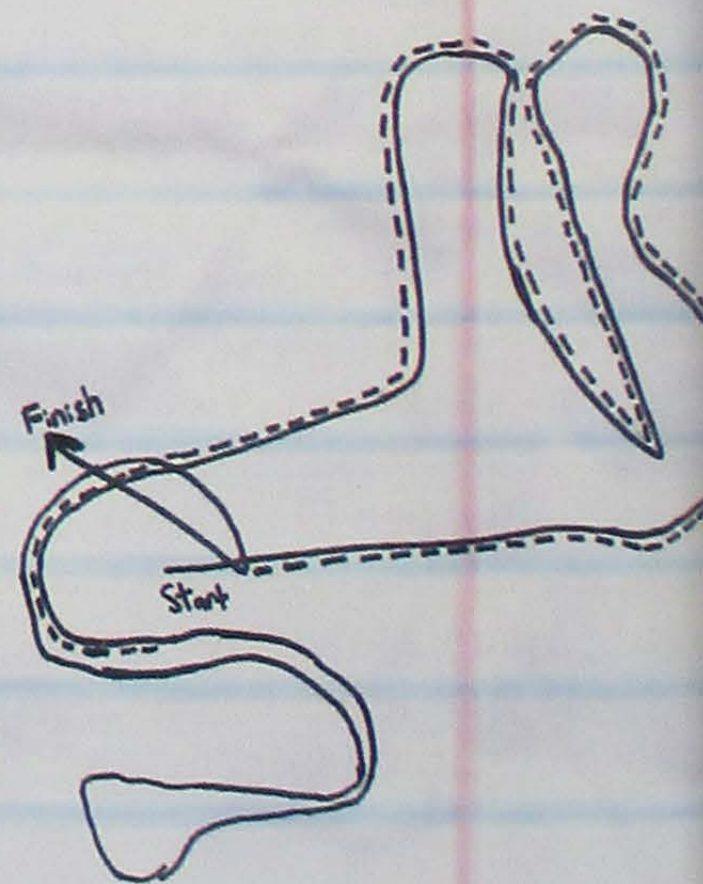


Row 1 - Yeil Park, Tobias Gassman, Nick Scallon, Ujjal Bhattacharyya, Patrick Jahren, Joel Rosenberg **Row 2** - Brandon Triteck, Chris Petersen, Joel Heilman, Brandon Freidrich, Bob Bjorklund, John Yang, Hangil Li, Bryan Graveline, Robbie Dennis **Row 3** - Anna Ashley, Jackson Espeset, Spencer Davis, Coach Hallum, Coach Mooney, Coach Gill, Coach Nichols, Josh Brenner, Sam Gibson **Row 4** - Joey Greene, Sven Gali, Matt Skarshaug, Matt Lee, Stephen Bergeson, Erol Unal, Devin Becraft, Brett Steele, David Shirbroun **Row 5** - Alex Schill, Rusty Shackelford, Stephen Pearson, Dylan Clark, Kevin Stasco, Louis Dupris, Ben Nadler, Jackson Griffith, Matt Englin **Row 6** - Josh Brown, Quentin Ring, Max Bassanini, Paul Hibbing, Chody Brown, Zach McCalley, Rex Fernando, Nathan Snell, Ian Hermon **Row 7** - Alan Guo, Aaron Kenton, AJ Gibelstein, Tom Geske, Ryan Tucker, Leo Bird, Ben Mackey, Cale Brekke, Kevin Svec

GIRLS CROSS COUNTRY



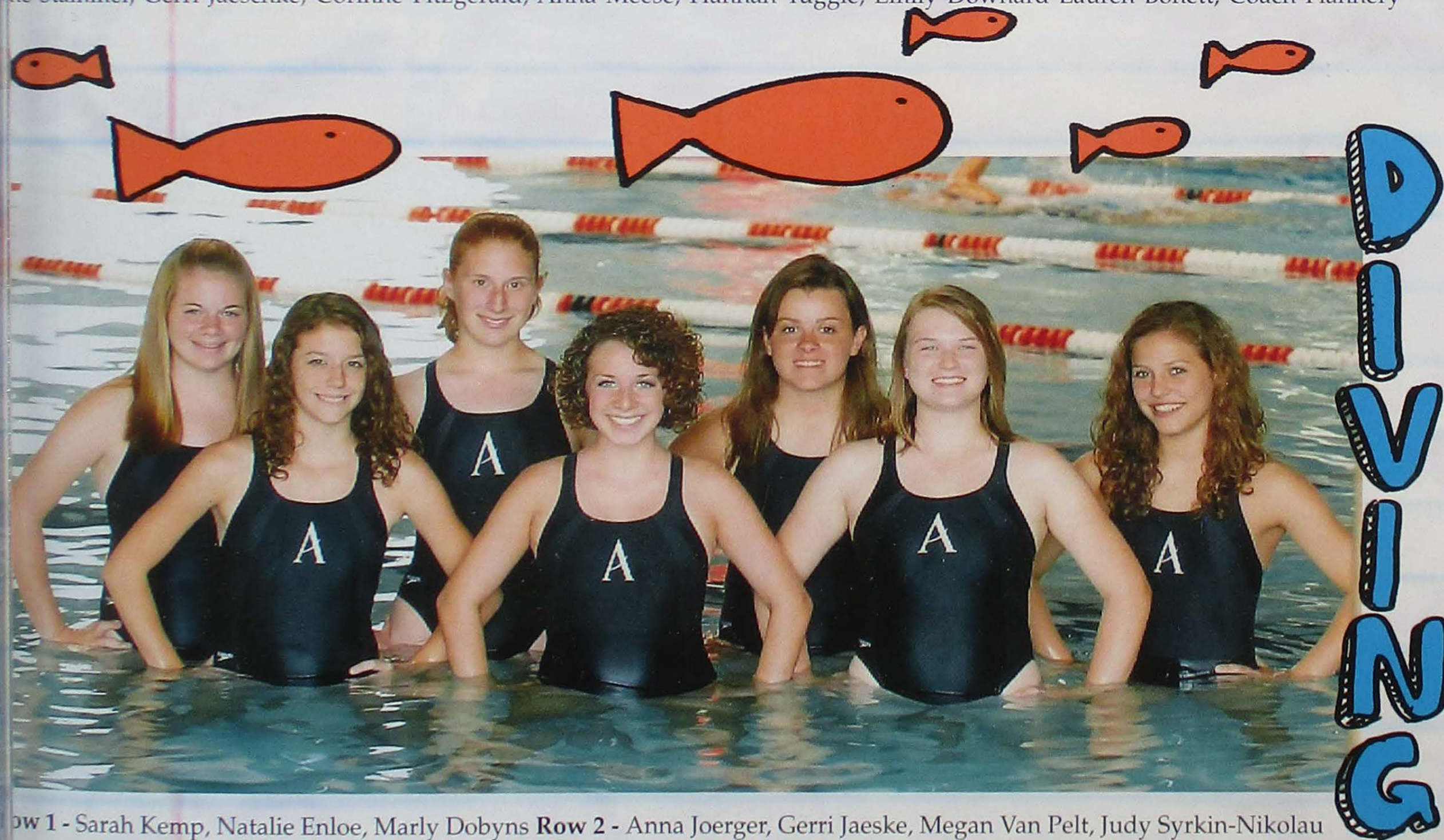
BOYS CROSS COUNTRY



GIRLS SWIMMING



Row 1 - Caitlin Lawrence, Ellen Heikens, Megan Harrington, Jean Borich, Taylor Steenblock, Natalie Enloe, Jill Joerger, Marley Dobyys, Stephanie Koch, Lyndsay Burke, Anna Hagen, Abbey Johnson, Leslie Moorman Row 2 - Brianna Glenn, Alyssa Bovi-ette, Greer Brown, Jessica Walker, Anna Kilzer, Tess Hudson, Maddie Chausse, Maddie Bro, Jess Reynolds, Sarah Kemp, Allysa Bignall, Maggie Doyle, Jaz Davis Row 3 - Joy Butch, Basil Rain, Hannah Nicholson, Taylor Ring, Lindsey Shanks, Chris-tian Zeurner, Anna Joerger, Hannah Vollbrecht, Kelsie Dye, Judy Syrkin-Nikolau, Charlotte Quant, Tess Hawley Row 4 - Brittany Twiselton, Christina Tringides, Michelle Tsai, Cierra Freeman, Maddie Anderson, Lauren Grant, Rachel Shriver, Adri-anna Pitcher, Shannon Dougherty, Kate Dobson Row 5 - Coach Cox, Anne Tepper, Laurel Tuggle, Victoria Harding, Chris-tine Stammer, Gerri Jaeschke, Corinne Fitzgerald, Anna Meese, Hannah Tuggle, Emily Downard Lauren Bonett, Coach Flannery



Row 1 - Sarah Kemp, Natalie Enloe, Marly Dobyys Row 2 - Anna Joerger, Gerri Jaeske, Megan Van Pelt, Judy Syrkin-Nikolau

VOLLEYBALL

29-13



Row 1 - Rachel Boylan, Kali Short, Taylor Slotter, Brianna Goodman, Sammi Ausborn, Kionna Kellogg, Erin Smith, Audrey Folkman, Taylor Bodholdt **Row 2** - Manager Karah Levy, Jessica White, Drew Smith, Kira Boswell, Stephanie Keller, Lindsey Elliott, Kayla Roof, Kelsey Martin



Row 1 - Hannah Nelson, Birttany Price, Madelein Kolb, Elizabeth Mann, Camry Crosswait, Alexis Lethchoe, Taylor Gwias **Row 2** - Melanie Change, Bailey Banach, Katie Kokemiller, Mia Shin, Mariha House, Alexis Hill, Ellen Thiel



Row 1 - Kathryn Saylor, Haley Lavender, Tierney Rogers, Breanna Schoenrock, Madison Mickelson, Molly McGrory, Liz Pribyl **Row 2** - Lauren Wernau, Jordan Keene, Ashton Milliken, Whitney Manhart, Aza Atroon, Sadie Botine



Row 1 - Paula Crippen, Kayla Ely, Drew Smith, Rachel Boylan, Brittany Ballantine, Abby Hartzler, Katie Kokemiller **Row 2** - Kali Short, Taylor Badholdt, Audrey Folkman, Allison Tim

FALL CHEER



Row 1 - Lisa Carter, Paige Rassmussen, Kate Gibson, Jordan Bundy, Katie Trickle, Megan Girard **Row 2** - Nikki Best, Kat Humilieck, Allison Hamiltion, Liz Breshears, Kate Witt, Charissa Allyn **Row 3** - Coach Buss, Regan Davis, Alyx Lyons, Jordan Cambell, Sarah Kirts, Jackie Mason, and Paige Swift



Row 1 - Taylor Sondral **Row 2** - Chrissy Jones, Kim Anderson **Row 3** - Di Di Johnson, Becca Rial, Anna Baumgartner, Coach Rassmussen



Row 1 - Jamie Consamus, Kim Richards, Melissa Munkvold, Tali Christian, Katilyn Gilligan **Row 2** - Allison Clem, Catlian Fox, Maggie Miller, Ashley Lewis **Row 3** - Coach Adler, Allison Church, Jenna Berg, Marisa Seit, Lorilyn Werkmeister, Emily Foegen

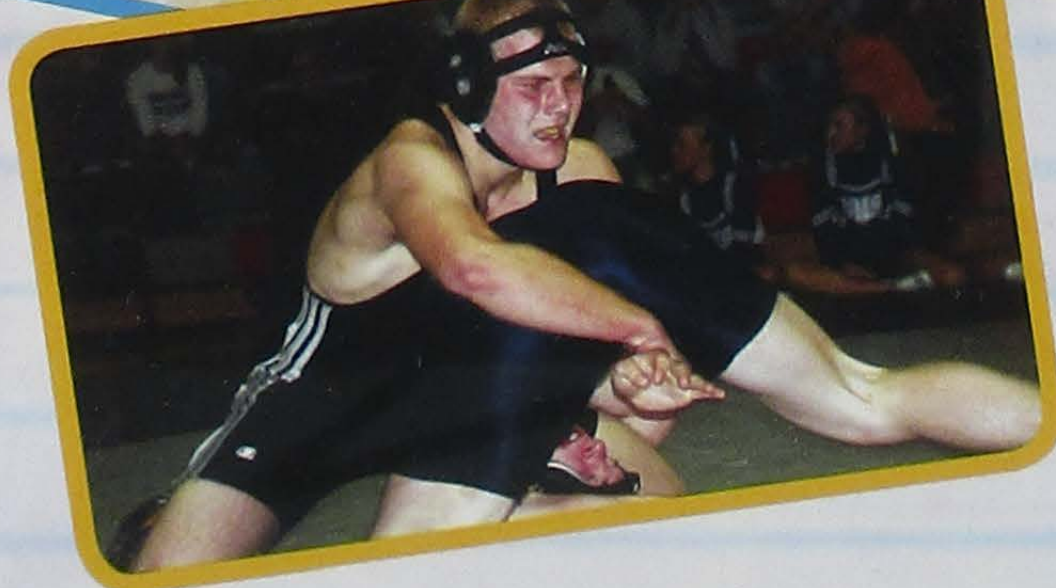
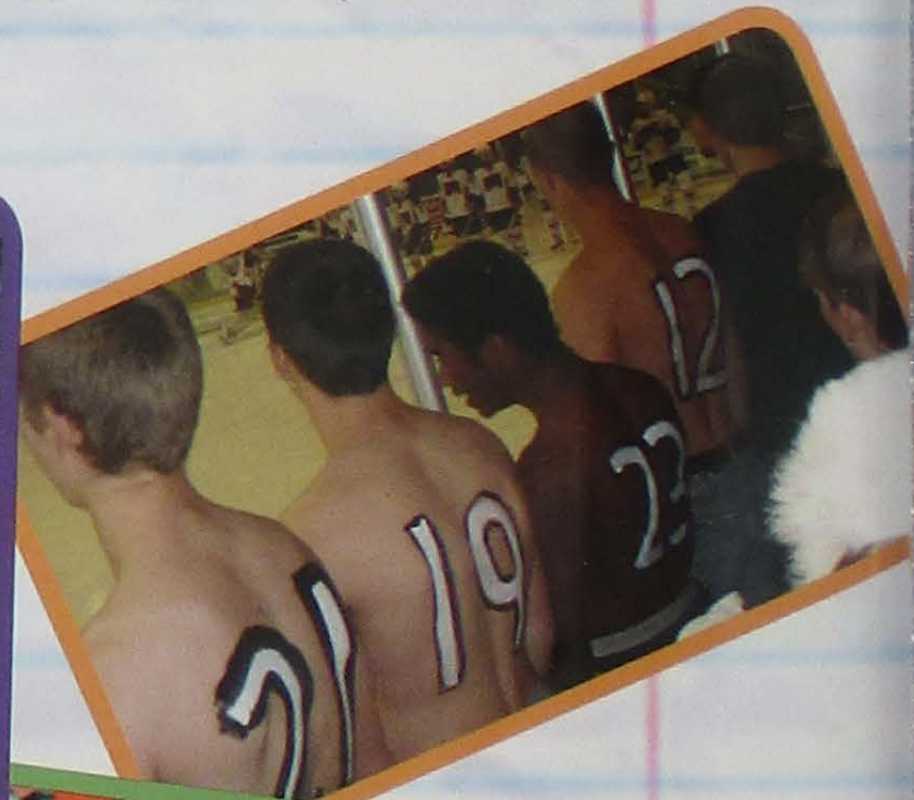


Row 1 - Hannah Steenblock, Emily Grzywacz, Megan Kelly, Karlie Kannier, Emily Bassanini. **Row 2** - Abby Hanson, Carrie Packer, Kelsey Baughman, Azaz Atoon, Lauren Schumacher, Molly Isebrands **Row 3** - Kayla Shankey, Sam Bortle, Maddie Brunning, Sarah Marnin, Danielle Sitzman, Coach Holub

HOCKEY



Row 1 - Eli Gildemaster, Levi Mostrom **Row 2** - Austin Rensch, Jake Scebold, Austin Parle, George Pfaltzgraff, Zach Moorman, Tyler Stettin, Ben Jones, Ryan Marrs **Row 3** - Taylor Linder, Trevor Weiss, Trevor White, Roman Salsbury, Brett Graham, Zach Lenhart, Alban Fisher, Dalton Weber **Row 4** - Josh Anderson, Zach Lister, Dylan Parle, Ryan Hampe, Alex Thompson, Sean Ranney, Kevin Ranney, Dane Jensen **Row 5** - Coach Larson, Coach Linder, Coach Rodgers, Coach Westbrook, Coach Schmale, Todd Scebold, Matt Rensch, Steve Jones, Doug Lenhart, Coach Beck



ALL MALE DRILL TEAM

Members - Jess Nelson, Daniel Lang, Ben Nadler, Jamison DiSalvo, Price Hanway, Neal Gerstein, Steve Sawyer, Demonte Vaughn, Alex Kunnanagarn, Wes Arunsiripate, Cody Brown, Sam Ennis, Cory Baughman, Cristian Hurd, Jacob Rogers, Cory Megardner, Darius Winters



WRESTLING



CYCLONE WRESTLING



Row 1 - Danny Lyons, Grant Bogdanove, Alex Constant, Danny Rubino, David Habhab, Aaron Deloach, Taylor Ringenberg, Tobias Gassman, Daniel Maia, David Norris, Peter Scott **Row 2** - Eric Jones, Josh Thompson, Daniel Jahren, Matt Blakely, Jake Agnistch, Colton Vosberg, Riley Banach, Devin Becraft, Josh Tucker, Spencer Clemens, Nick Mayberry, Ben Swalla, Luke Swalla, Chris Stott **Row 3** - Tony Rush, Spencer Ring, Harley Baker, Vinny Rush, Donovan Doyle, Chris Hinojo, Nathan Lubinus, Anthony Jones, Scott Klinkel, Stefan Breitling-Garrington, Brendan Pannier, Austin Swanson, Nathan Gartin, Joseph May, Cole Ruthaford **Not Pictured:** Chris Lien, Quentin Ring, Long Truong, Eric Terry, Dane Jensen, Alex Jacobson, Jacob Rogers, Chris LeMar, Kasey Nguyen, Coach Kelley

BOYS SWIMMING



Row 1 - Michael Stark, Chaitanya Aluru, Charlie Rathe, Justin Thoen, Alex Lelonek, John Cackler, Jacob Lauber, Jack Espeset, Carson Kisling, Nick Reints, Ian Peeler, Bryan Gravline **Row 2** - Manager Cori Fitzgerald, Manager Cierra Freeman, Tim Wiedemeier, Taylor Rupp, Kean Roberts, Matt Burke, Jacob McGee, Cam Bridges, F. Nelson, Adam Hofer, Atli Heimisson, Bob Bjorklund, Shawn Burgason, **Row 3** - Coach Christina Cox, Austin Lelonek, Abhishek Seshappa, Kevin Stasko, Houston Breshears, Joey Greene, Reed Wu, James Chidister, Alex Knight, Ethan McCallum, Peter Benson, Coach Dan Flannery **Row 4** - Seth Wills, Sam Wiedemeier, Rob Burke, Alex Houghton, Burak Demirci, Michael Kemp, Luuk Dekkers, Cory Baughman, Shawn Harrington, Taylor Kutchen, Jon Hagen **Row 5** - Matt Saxton, Ryan Nelson, Jeb Gent, Scott Strehlow, Michael Carswell, David Calentine, Steve Stark, Ben Utesch, Dustin Ziminski, Ian Herrman, Lucas Borg

DRILL TEAM



Row 1 - Hailey Mayes, Jordan Bundy, Natalie Enloe, Amanda Johnson, Jackie Mason, Melissa Huisman, Christi Ling, Jordan Campbell, Allison Hamilton, and Kate Gibson **Row 2** - Coach Sarah Buss, Emily Grzywacz, Sophie Deam, Mary Beth Schliesman, Maddie Andersen, Jenna Berg, Allison Clem, Claire Boeke, Emily Foegen, Haley Johnson, Jamie Consamus, and Kelsey Baughman **Row 3** - Taylor Sondrol, Alexis Bundy, Judy Syrkin-Nikolau, Chrissy Jones, Molly Isebrands, Megan Gaul, Regan Davis, Danielle Sitzman, Kaitlyn Milligan, Caitlin Fox, Cathy Pastiak, Kristin Norris

WINTER CHEER

FRESHMAN

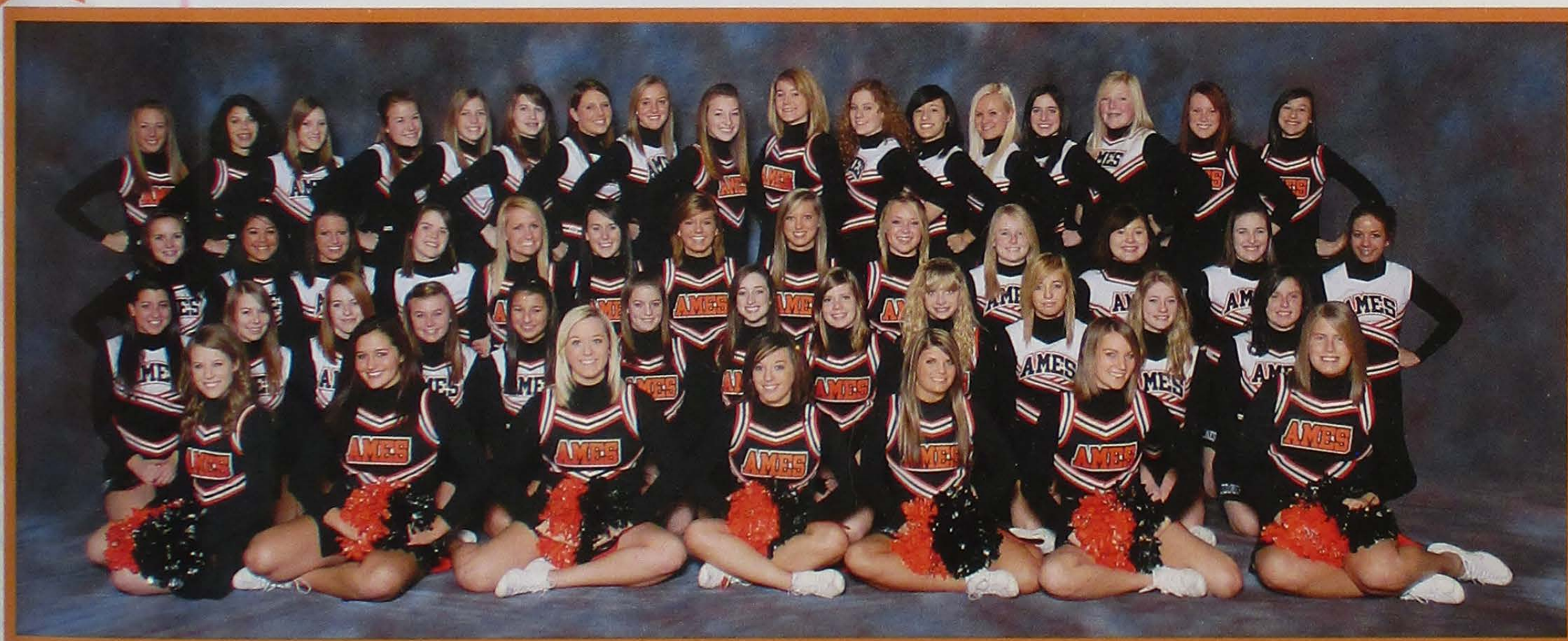
JV



Row 1 - Megan Kelly, Karlie Kinneer, Megan Sill
Row 2 - Halei Hustedt, Carrie Packer, Hannah Steenblock,
Row 3 - Nicole Sliva, Sarah Marnin, Mattie Brunning,
Snantha Bortal, Katie Kokemiller, Cori Siberski



Row 1 - Emily Bassanini, Melissa Munkvold,
Shannon Dougherty
Row 2 - Chelsey Milan, Talia Christian, Maddison Mickelson, Maggie Miller
Row 3 - Abby Hanson, Elizabeth Pribyle, Reachel Shriver, Tess Hawley, Marissa Striet, Allison Church, Loralyn Werkmeister.



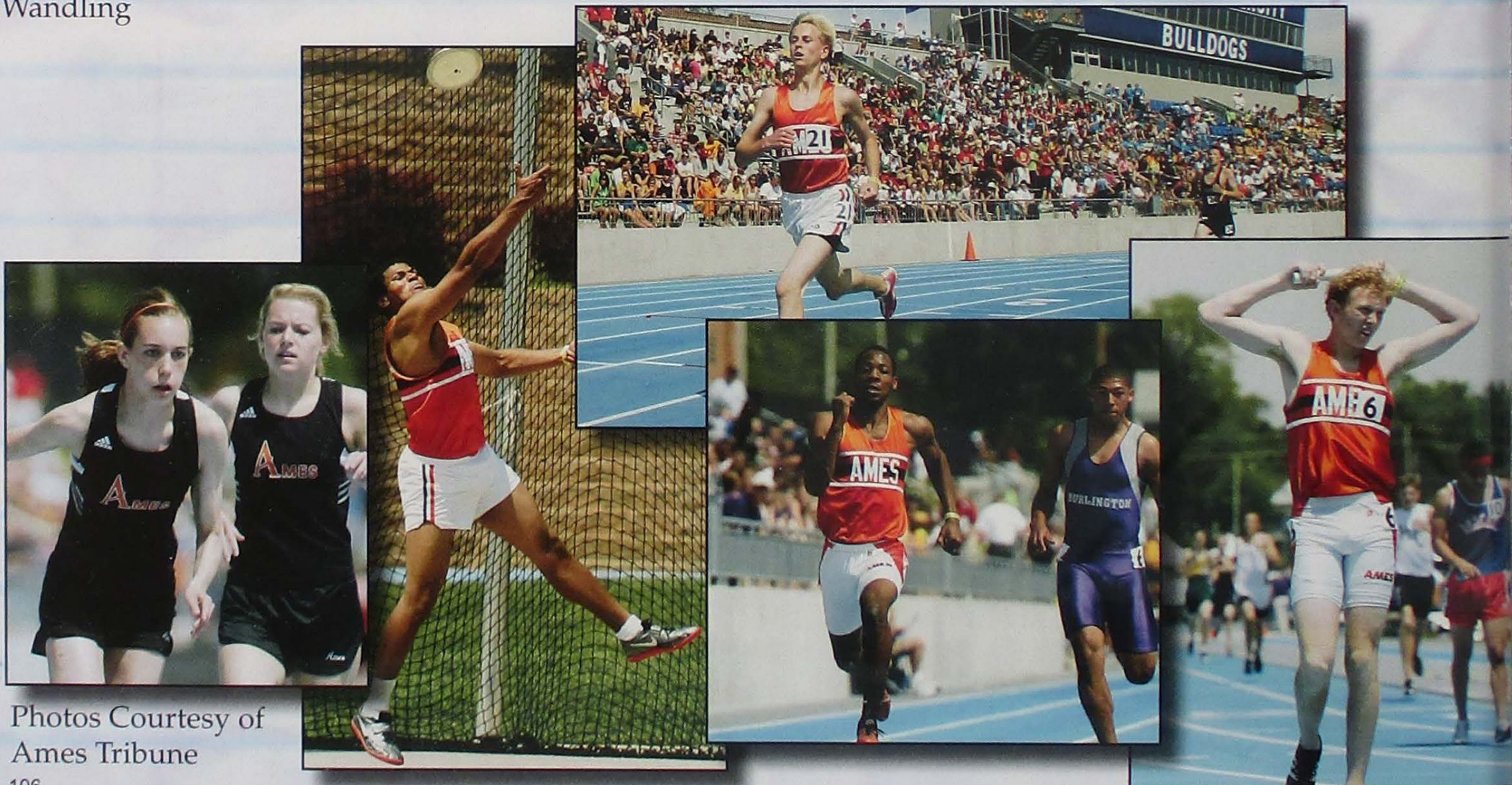
Varsity Cheerleaders Only
Row 1 - Megan Grummer, Liz Breshears, Sarah Kurts, Ashely Hoversten, Paige Rasmussen, Karrissa Allyn, Jessica White
Row 2 - Katie Trickle, Megan Girard, Mollie Bourke, Taylor Schram.
Row 3 - Kelli Barrett, Nikki Best, Katlyn Humlicek, Jessica King, Paige Swift
Row 4 - Kim Anderson, Anna Baumgartner, Dree Brakke, Michelle Gibson, Becca Rial, Sydney Brause

TRACK

BOYS



Seniors - Max Bassanini, Cale Brakke, Alan Guo, Patrick Jahren, Dan Lanning, Brent Novey, Quentin Ring, Alex Schill, Colin Shriver, Stephen Smalley, Sam Tim, Nic Toben **Juniors** - Deng Tong, Harrison Barnes, Devin Becraft, Daniel Berg, Leo Bird, Houston Breshears, Rob Burke, Kyle Farmer, Thomas Geske, Zach Hampton, Brett Hanson, Luke Haverkamp, Paul Hibbing, Dominique Howard, Rory Jones, Josh Kokemiller, Faisal Luvaga, Reuben Peterson, Patrick Rush, Daniel Schaefer, Josh Sinram, Brett Steelman, Ryan Tucker, James Wandling **Sophomores** - Jam Chidister, Nathan Cruise, Davis Dixon, Thomas Gehring, Austin Lelonek, Quantil Miller, Andrew Olinger, Kevin Ranney, Anthony Rush, Nicholas Scallon, Corey Thompson **Freshmen** - Phelan Branch, Hansen Breitling-Garlington, Brady Brinkmeyer, Cody Brown, Matthew Burke, Jacob Eller, Jackson Griffith, Ryan Griffith, Johnny Hadish, Zachary Hanson, Chris LaMar, Adam Maher, Benjamin Phillips, Joel Uhlmeyer, Dean VanEvery, Nathani Wandling



Photos Courtesy of
Ames Tribune

SRLS



Seniors - Anna Ashley, Emily Boydston, Kelsey Dietrich, Katy Dunn, Austin Gerritson, Allison Hamilton, Jasmine Harris, Michel Hauber, Melissa Martin, Rebecca Miller, Emily Shafer, Sarah Warth, Brooke Wood **Juniors** - Katelyn Adams, Kim Anderson, Bryanna Behning, Tulika Biswas, Annie Block, Lauren Bonett, Dree Brakke, Sydney Brause, Mary Bunting, Tashara Earnside, Shauna DuCharme, Mandi Fair, Stella Fritzell, Ellen Hansen, Nafisat Ibrahim, Chloe Iles, Marissa Jackson, Kionna Ellogg, Briane Loughren, Alyx Lyons, Bekah Miller, Molly Moore, Monica Mwaniki, Emma Ravenscroft, Allison Tim, Jarmila Taruzkova, Emily Wandling, Lindsey Wyckoff **Sophomores** - Chrissy Amaya, Maddie Andersen, Brittany Ballantine, Karen Hill, Jenna Berg, Cam Brown, Lauren Grant, Chloe Knudel, Ciatta Maskevich, Maggie Miller, Kaitlyn Milligan, Kristen Norris, Myor Ring, Katie Saylor, Mary Schliesman, Brooke Schweikert, Judy Syrkin-Nikolau, Genna Tesdall, Kristin Upah, Nickie Williams, Jordonna Wright **Freshmen** - Jasmine Ardoin, Bailey Banach, Emily Brehm-Stecher, Maddie Bro, Mattie Bruning, Cristine Bunting, Stephanie Canon, Chloe Carson, Maia Clipsham, Jazlyn Davis, Sophie Deam, Emma Dunne, Erin Eregbu, Brooke Farmer, Dillan Glock, Tess Haverkamp, Alexis Hill, Miriah Houser, Jessica Jacobson, Sarah Kemp, Kezia Knight, Lexus Lethcoe, Liza Mann, Courtney Martin, Jacinta Misra, Haley Moore, Lauren Naylor, Carrie Packer, Alyssa Palas, Kayla Snkey, Nicole Sliva, Drew Smith, Emma Thorgaard, Kendra Tott, Taylor Williams

GOLF



Seniors - Lauren Schwab, Erica Thompson, Annette White, Katie Isebrands **Juniors** - Karly Berquist, Katie Purcell, Hollie Bourke, Karlie Kinneer, Allee Wengert **Sophomores** - Leah Estes, Marisa Streit, Loralyn Werkmeister, Allison Mlem **Freshmen** - Jalyn Briley (Boone), Caesarea Hendricks, Chelsey Shuey, Sarah Mamin, Hannah Nelson, Jenna Power, Katelyn Thilges, Maddy Kolb

BOYS BASKETBALL



Row 1 - Tanner Hansen, Michael Weber, Ryan McGowan, Tyler Crandell, Bubu Palo, Eduard Zahariev, James Wandling
Row 2 - Kyle Rodgers, Jesse Pritchard, Harrison Barnes, James Kohler, Doug McDermott, Riley Stuve, Austin Adkins

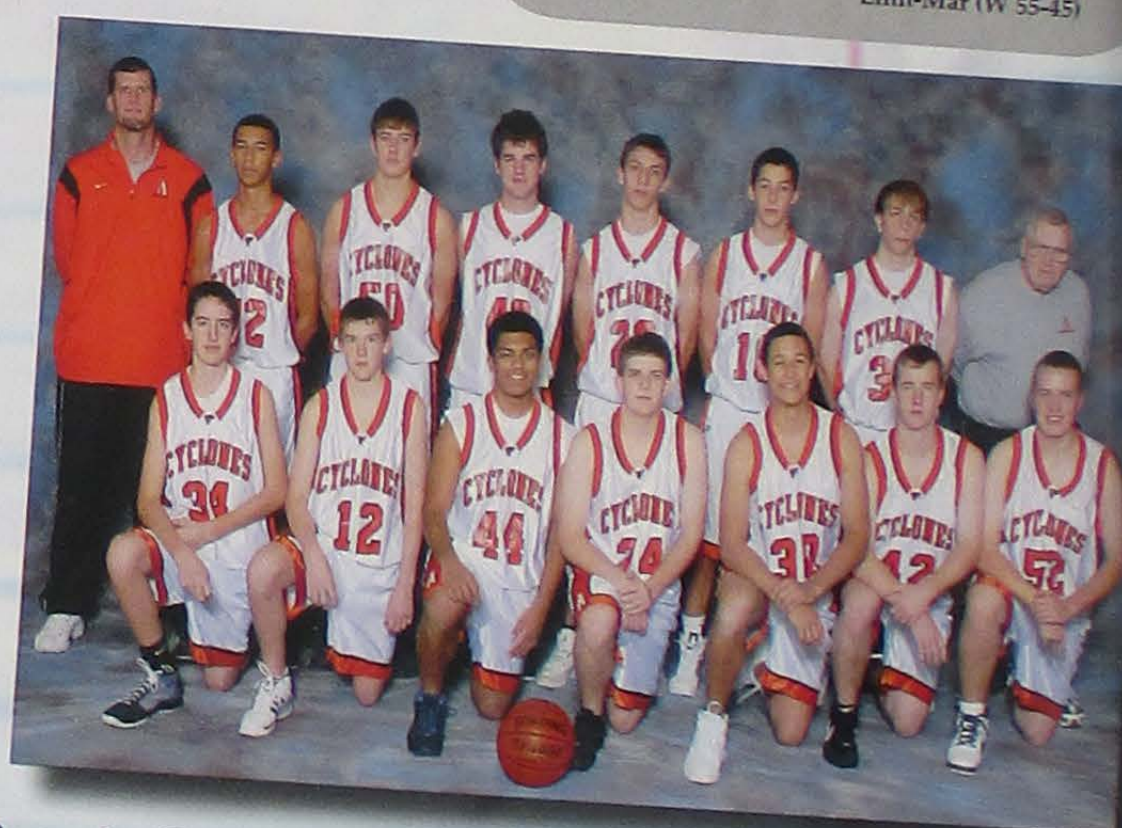


VARSITY

Urbandale (W 66-34)	Marshalltown (W 66-4)
DM Roosevelt (W 61-31)	Indianola (W 80-43)
Dowling Catholic (W 52-50)	Fort Dodge (W 92-43)
Waukee (W 49-32)	Mason City (W 93-56)
Cedar Falls (W 77-40)	Johnston (W 97-49)
Fort Dodge (W 73-36)	DM Hoover (W 65-59)
West DM Valley (W 89-31)	
Marshalltown (W 69-40)	SUBSTATE
Ankeny (W 70-35)	DM Lincoln (W 73-46)
Waukee (W 81-59)	DM Roosevelt (W 74-42)
DM East (W 83-45)	
Mason City (W 86-63)	STATE
Southeast Polk (W 72-43)	Iowa City West (W 69-42)
West DM Valley (W 63-40)	Johnston (W 52-39)
DM Lincoln (W 74-41)	Linn-Mar (W 55-45)

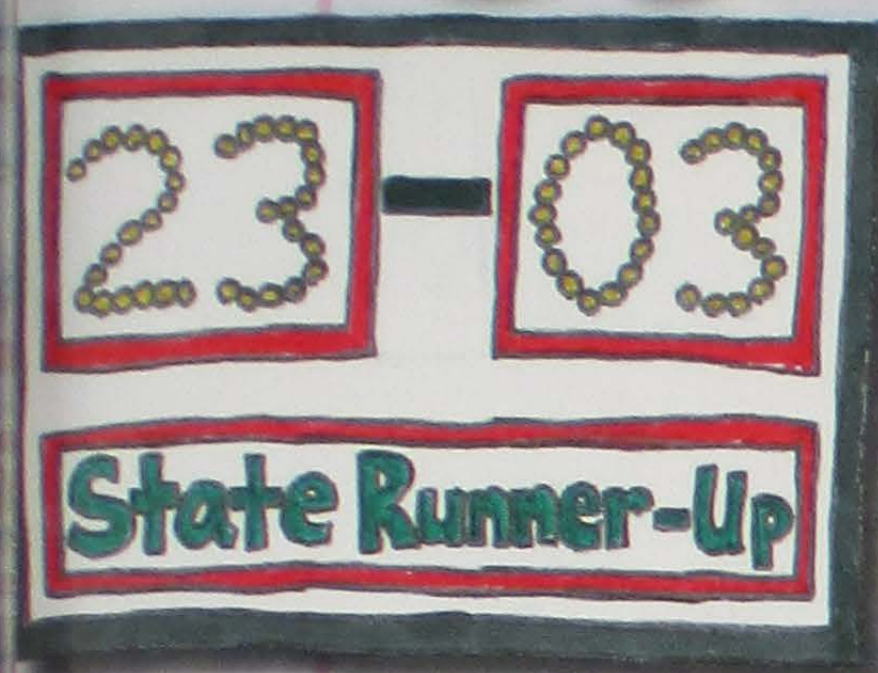


Row 1 - Evan Eustachy, Cade Thompson, Josh Bratsch-Prince, Ryan Wengert, Kevin Smith
Row 2 - Lane Peterson, Phelan Branch, Devon-
 tez Voights, Joey Simonson, Kentrey Graham,
 Amedeo Zarnegar, **Row 3** - Coach Smith,
 Walter Woodruff, Vince Greenwald, Luke
 Wandling, Bo Brammer, Adam Maher, Devin
 Fisher, Coach Zosky



Row 1 - Eric Smith, Joe Linduska, Jewel Khan, Luke Davis, Corey Thompson, Alex McVey, Chris Stow
Row 2 - Coach Kain, Malcolm Squire, Matt Bonestroo, Dylan Larson-Konar, Nathan Cruise, Kyle Anderson, Darren Blum, Coach Schweigert

GIRLS BASKETBALL

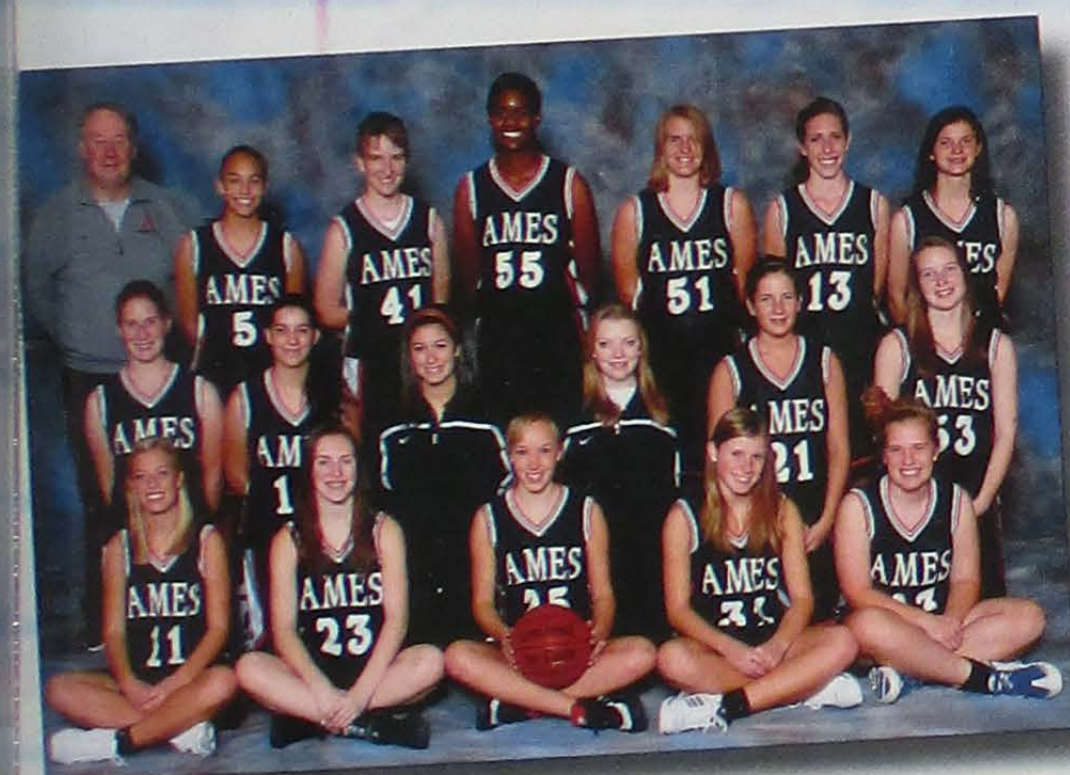


VARSITY

DM Hoover (W 42-35)	DM Lincoln (W 51-28)
Urbandale (W 58-43)	Marshalltown (W 58-45)
DM Roosevelt (W 53-43)	Sioux City North (L 59-79)
Dowling Catholic (W 61-39)	Indianola (W 51-42)
Waukee (W 44-36 OT)	Fort Dodge (W 54-35)
Fort Dodge (W 54-40)	Mason City (W 57-46)
Johnston (W 52-40)	
West DM Valley (W 56-53)	SUBSTATE
Marshalltown (W 66-42)	Waterloo West (W 58-46)
Ankeny (W 39-37)	Johnston (W 39-37)
Waukee (W 55-44)	
DM East (L 48-55)	STATE
Mason City (W 85-49)	Ankeny (W 45-40)
Southeast Polk (W 64-37)	Linn-Mar (W 45-39 OT)
West DM Valley (W 40-35)	Sioux City north (L 45-51)



Row 1 - Jenna Power, Trisha Nesbitt, Lindsey Elliott, Emma Rathe
Row 2 - Anna Ashley, Maura Owings, DeDe Johnson, Brooke Wood, Cheyenne Pritchard
Row 3 - Coach Sullivan, Ellen Hansen, Kionna Kellogg, Taylor Slotter, Bre Taege, Coach Stevens



Row 1 - Morgan Nesbitt, Jourdan Moore, Megan Streit, Brittany Ballantine, Christa Heiligenthal
Row 2 - Gerri Jaeschke, Anna Hansen, Sheleena Mayberry, Rylie Van Marel, Molly McGrory, Rachel Boylan
Row 3 - Coach Jones, Ashley Kerns, Elizabeth Held, Robin Honeyman, Kristin Upah, Anna Frankl, Edin Marek



Row 1 - Emily Meese, Abby Lee, Miriah Houser, Whitney Baker
Row 2 - Alexis Hill, Haley Moore, Katey Sapp, Bridget Burke Smith, Kayla Sankey, Azaz Atroon, Alexis Lethchoe
Row 3 - Coach Gibson, Kendra Tott, Tess Haverkamp, Janae Verhelst, Keiza Knight, Coach Walden

GIRLS



Varsity: Row 1 - Coach Kenny Graham, Emily Meese, Abby Lee, Andrea Metzger, Kim Richards, Rylie VanMarel, Kelsey Dockstoder, Karissa Allyn

Row 2 - Amanda Johnson, Julia Pfieffer, Chris Heiligenthal, Sheleena Mayberry, Hayley Cru Kalle Carney, Mackenzie Dickson, Amanda Evans

Row 3 - Anna Kaspar, Jordan Moore, Laura Reints, Ashley Kerns, Angela Linahon, Hanna Van Every, Anna Frankl, Eden Marek, Liz Kaloupek

JV: Row 1 - Gerri Jaeschke, Kelsey Engelken, Jordan Bundy, Alesha Smith

Row 2 - Coach Ed Jones, Mandy Jackson, C.J. Cummings, Cara Christofferson, Cathy Pastiak

Row 3 - Shanna Wells, Kenna Stenback, Kristin Tylka, Kynsie Vosberg, Meredith Anselman



Freshmore: Row 1 - Ayeesha Ali, Emily Simpson, Katie Sapp, Alex Korf, Martha Ryan, Jacqueline Nowers

Row 2 - Coach Holly Rogers, Grace Stephenson, Brooke Dalgliesh, Caitlin Fox, Anna Joerger, Chrisann Zuerner, Reagan Turner

Row 3 - Akira DeMoss, Lindsey Shanks, Joy Busch, Nicole Christofferson, Breanna Schoerrock, Jenna Berg, Andrea Tate



BOYS

Varsity: Row 1 - Spencer Babcock, John Elsen-
ast, Spencer Davis, Ricardo Cibilis, Chris Lee,
ordan Vanderzwaag, Nick Krauss
Row 2 - Dylan Larson-Konar, Elliot Russell,
aron Ackerman, Nathan Hurley, Seth Fors-
ren, Ed Zahariev, Ethan Bruning, Justin Weber
Row 3 - Coach Zmolek, Coach Amin, Ryan
McGowan, Dylan Johnson, Joe Linduska, Mike
chmidt, Bubu Palo, Coach Stone, David Lewis



JV: Row 1 - Riley Brien, Colin Ogilvie, Roman
Sailsbury, Shivansch Upreti, Tony Sejaan, TJ
Elbert, Bo Sung Kim, Brian Bjorkland,

Row 2 - Kon Tong, Dominic Keeling, Collin
Dodge, Taylor Riggerberg, Matt Englin,
Jamison DiSalvo, Ian Pringle, Isaac Strohman,
Bol Tong

Row 3 - Coach Amin, Jonathan Beavers, Sethe
Kenne, Jon Kaiser, Ben Jurenka, Dylan Parle,
Andrew Moore, Alex Rover, Sean Ranney, Atli
Heimisson, Matt Carter, Zach Clipsham, David
Lewis

Freshman: Row 1 - Tad Steinberger, Zach
Walker, Jake Engelken, Ryan Park, Ian Werbel,
Mike Wahlin, Jake Lauber, Spencer Davis, Chris-
an Perez, Charlie Rathe
Row 2 - Brett Merseal, Joel Heilman, Joey
monson, Kevin Babcock, Danny Rubino,
angil Lee, Johnny Hadish, Erol Unal, Austin
neeley
Row 3 - Coach Montgomery, Sam Ennis, Louis
uPuis, Charlie Rathe, Alex Lubonek, Nick
eints, Julian Thies, Joey Simonson, Amadeio
arnegar, Coach Thuesen



GIRLS TENNIS



Row 1: Renee Chang, Sandy Huang, Shannon Friederich, Lucy Ye, Ellen Thiel, Erica Anderson, Evelyn Qin, Megan Sill, Haewon Yoon, Haliei Hustedt, Meredith Stabel

Row 2: Michelle Kim, Holly Nguyen, Ellie Weiss, Victoria Harding, Katherine Klingseis, Paizen Ku

Row 3: Frances Hindt, Emily Foegen, Ezgi Ustundag, Sophia Smarandescu, Coach Len Thiede, Bridgit Burke-Smith, Hayley Johnson, Diane Wang, Adriana Pitcher, Mia Shin, Stephanie Holtman, Hana Yoon

Row 4: Jessica King, Robin Honeyman, Assistant Coach Jesse VonBehren



BOYS TENNIS



Row 1: Alex Constant, Joel Rosenberg, Peter Yin, Bryan Graveline, Victor Wang, Theisen Sanders, Deepak remkumar, Sam Frishman

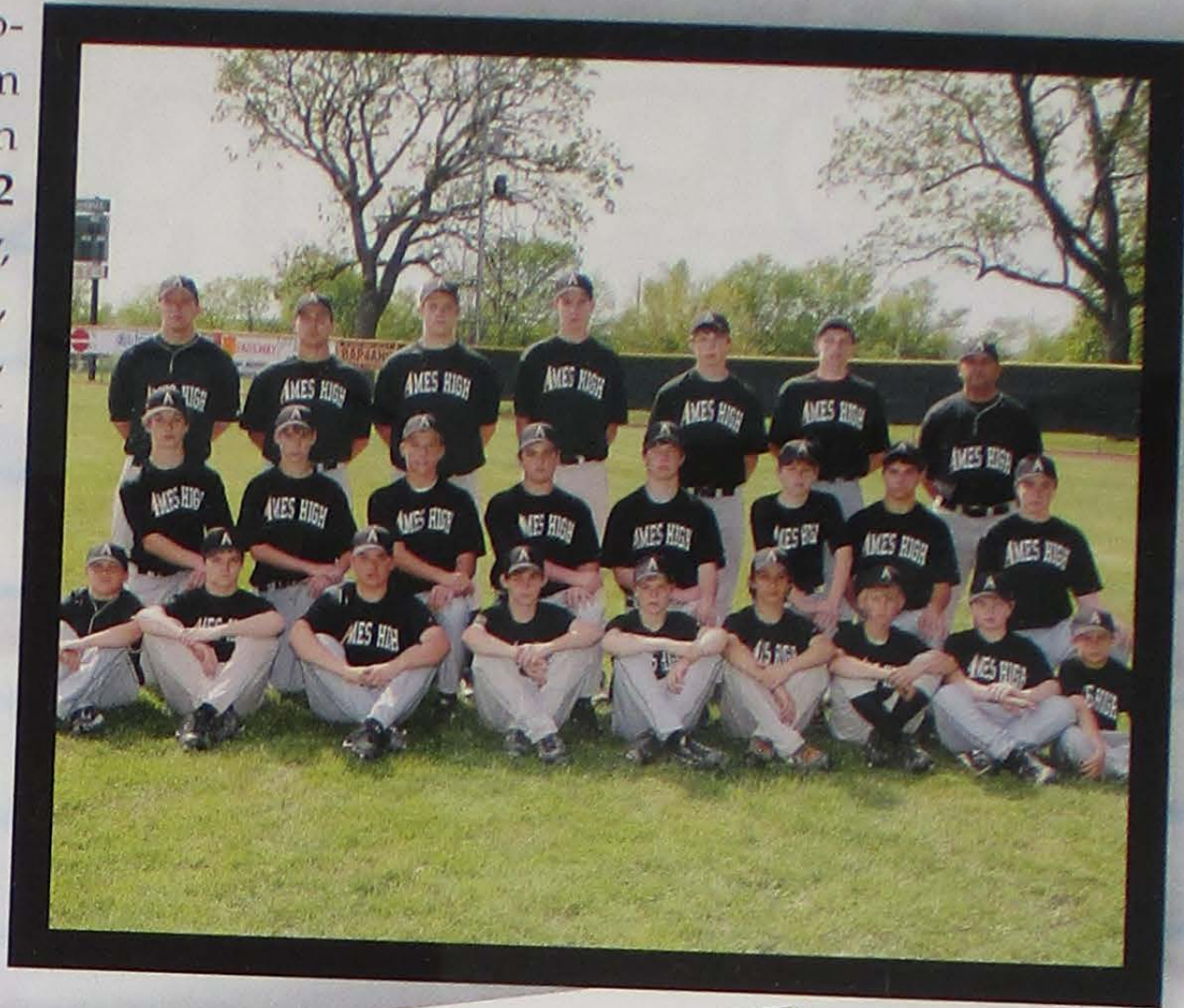
Row 2: Calvin Song, Felix Yang, Wes Arunsiripate, David Kang, Kavin Kanthasamy, Miles Greenwald, Dylan lark, Chris Xin, Max Tsai

Row 3: Coach Brockway, Jess Nelson, Eric Sung, Akshay Sanghi, Cliff Song, Nirvan Tyagi, Matt Winkleblack, randon Friederich, Eric Kim, Justin Tylka, Coach Smith



BASEBALL

Row 1 - Alec Ely, Max Thompson, Mikey Mayberry, Sam Peterson, Alex Constant, Brian Pierce, Justin Kutchen **Row 2** - Nolan Dickson, Jacob Hurley, Izzak Bloch, Justin Klinkel, Jacob Rogers, Amos Hart, Dom Sorrentino **Row 3** - Brady Brinkmeyer, Joel Uhlmeyer, Justin Slotter, Nic Schultz, Landon Thomas, Coach Sheitie



Row 1 - Matt Winkleblack, Matt Blakely, Kevin Roof, Cade Thompson, Donny LaPietra, Kean Roberts, Ryan Weingert, Zach Monroe **Row 2** - Coach Stevens, Lane Peterson, Alex McVey, Bo Brammer, Kevin Ranney, Taylor Linder, Cameron Bridges, Coach Peterson



Row 1 - Cody Thompson, Matt Bonestroo, Brad Forth, James Kohler, Pat McCormick, Ryan Gehlsen, Matt Van Winkle **Row 2** - Tanner DeKovic, Matt Skarshaug, Michael Williams, Alex Miller, Tyler Dockstader, Andy Weiss, Eric Houk, Eric Terry **Row 3** - Coach Weiss, Ryan Riley, Josh Gorman, Chris Christenson, Tyler Crandell, Jake Zunkel, Steve Pearson, Coach Smith, Coach Bappe





Row 1 - Heidi Friedrich, Jordan Jorgensen, Whitney Baker, Holly Johnson, Ashley Meyn, Morgan Meier, Robyn Riley, Molly Murphy **Row 2** - Shelby Ellsworth, Paige Carney, Maddie Schultz, Hannah Bonestroo, Morgan Richards, Julia Barrett, Gabby Hansen, Dillon Glock, Lacey Wycoff **Row 3** - Coach Pluess, Delaney Sillman, Abigail Moats, Claire Rogers, Emily Hall, Nikki Miller, Lauren Banwart, Haley Moore, Bekah May, Annee Wengert, Cara Sondrol, Coach Davis



Row 1 - Chole Iles, Tashara Burnside, Megan Van Pelt, Whitney Baker, Ellie Bryant **Row 2** - Coach Weber, Kendra Tott, Bre Taege, Brianne Loughren, Emma Denning, Coach Gorman



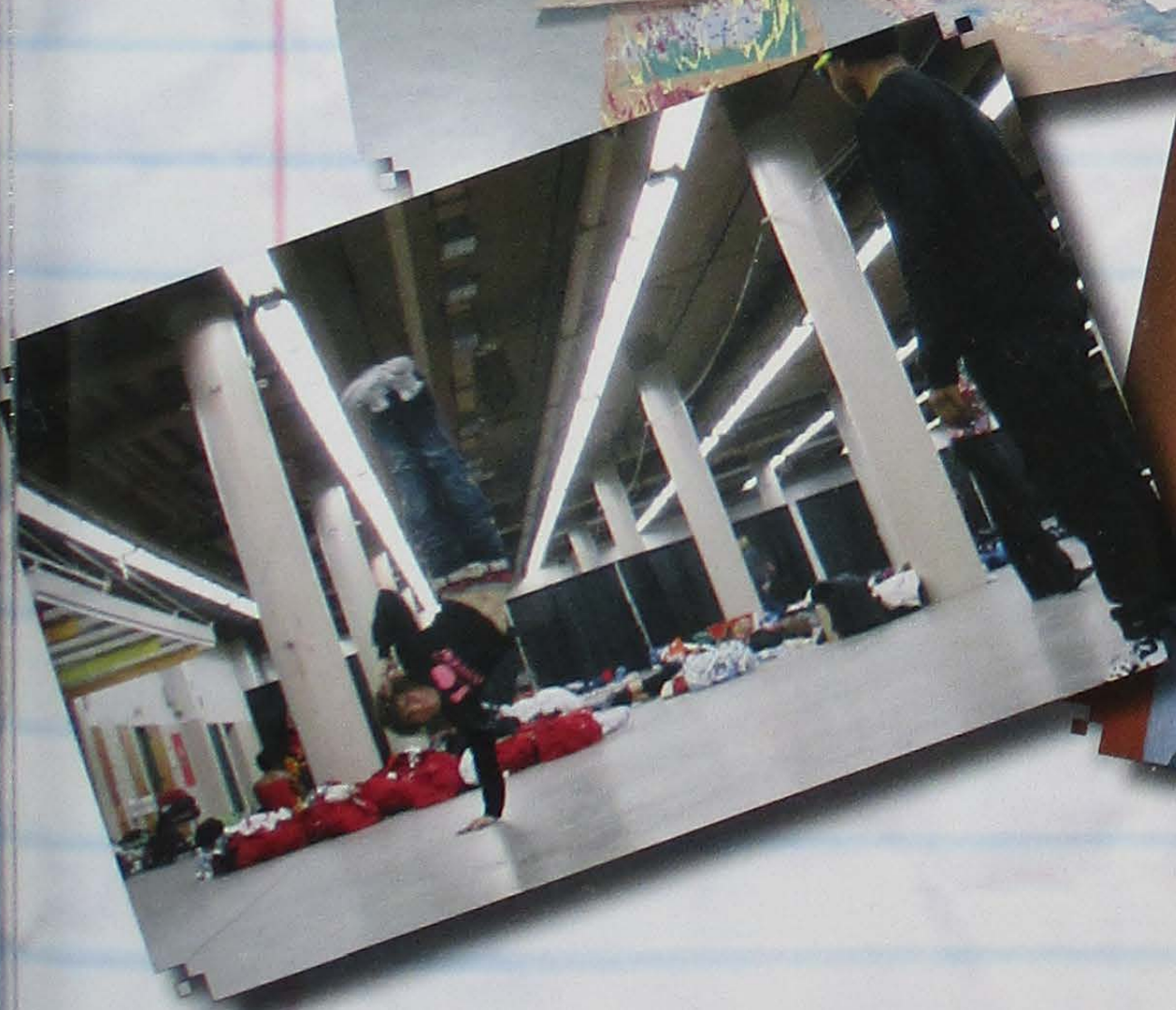
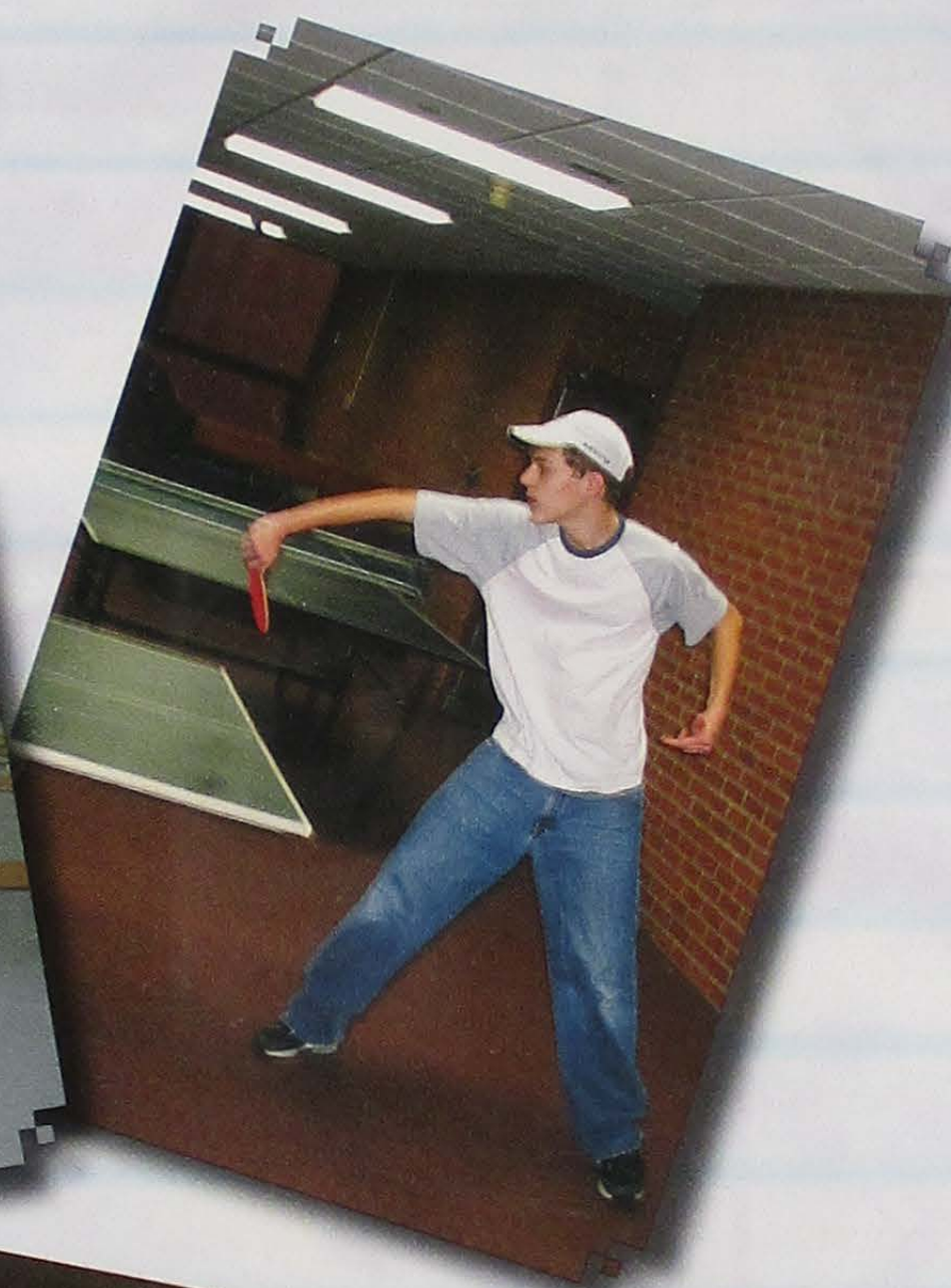
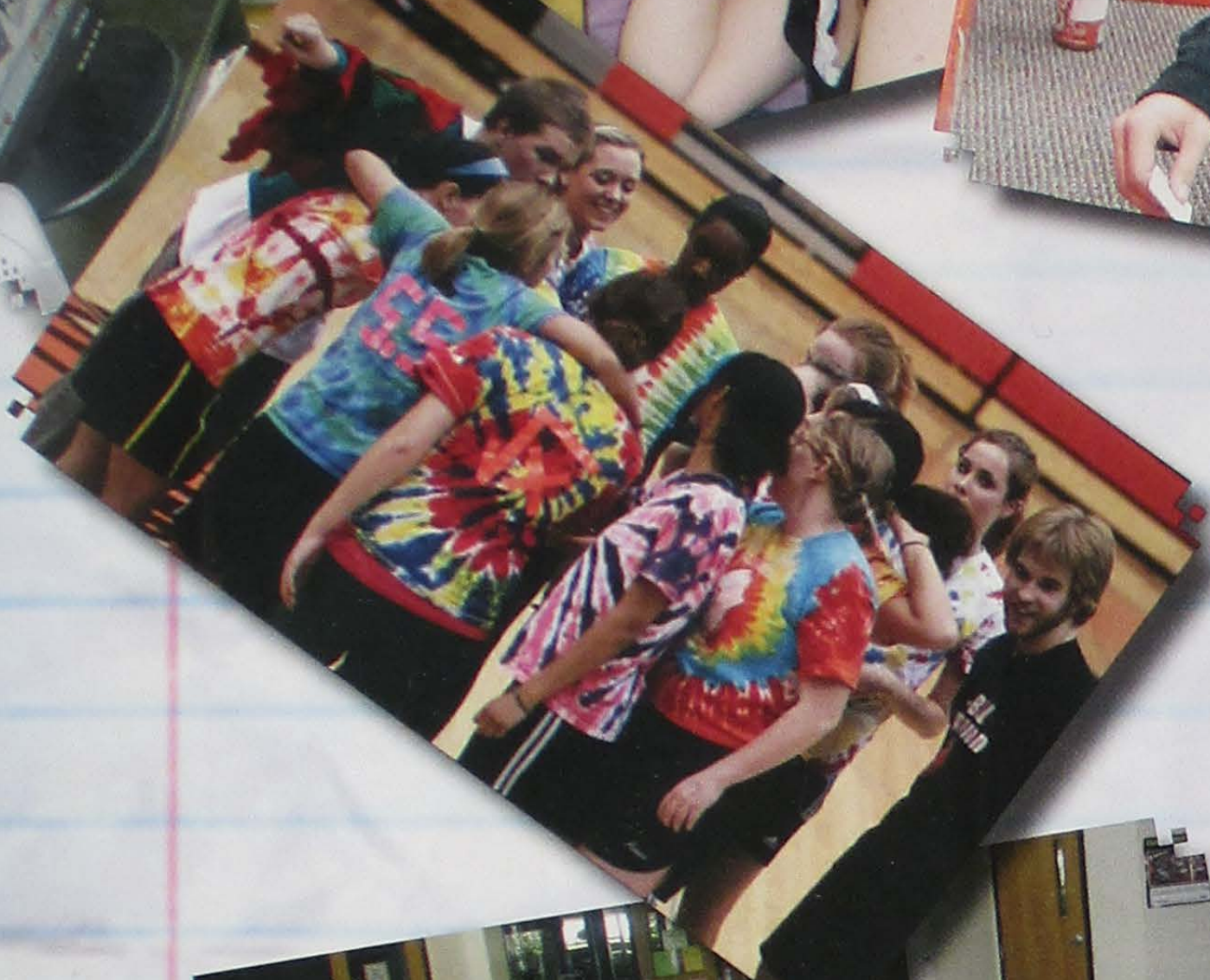
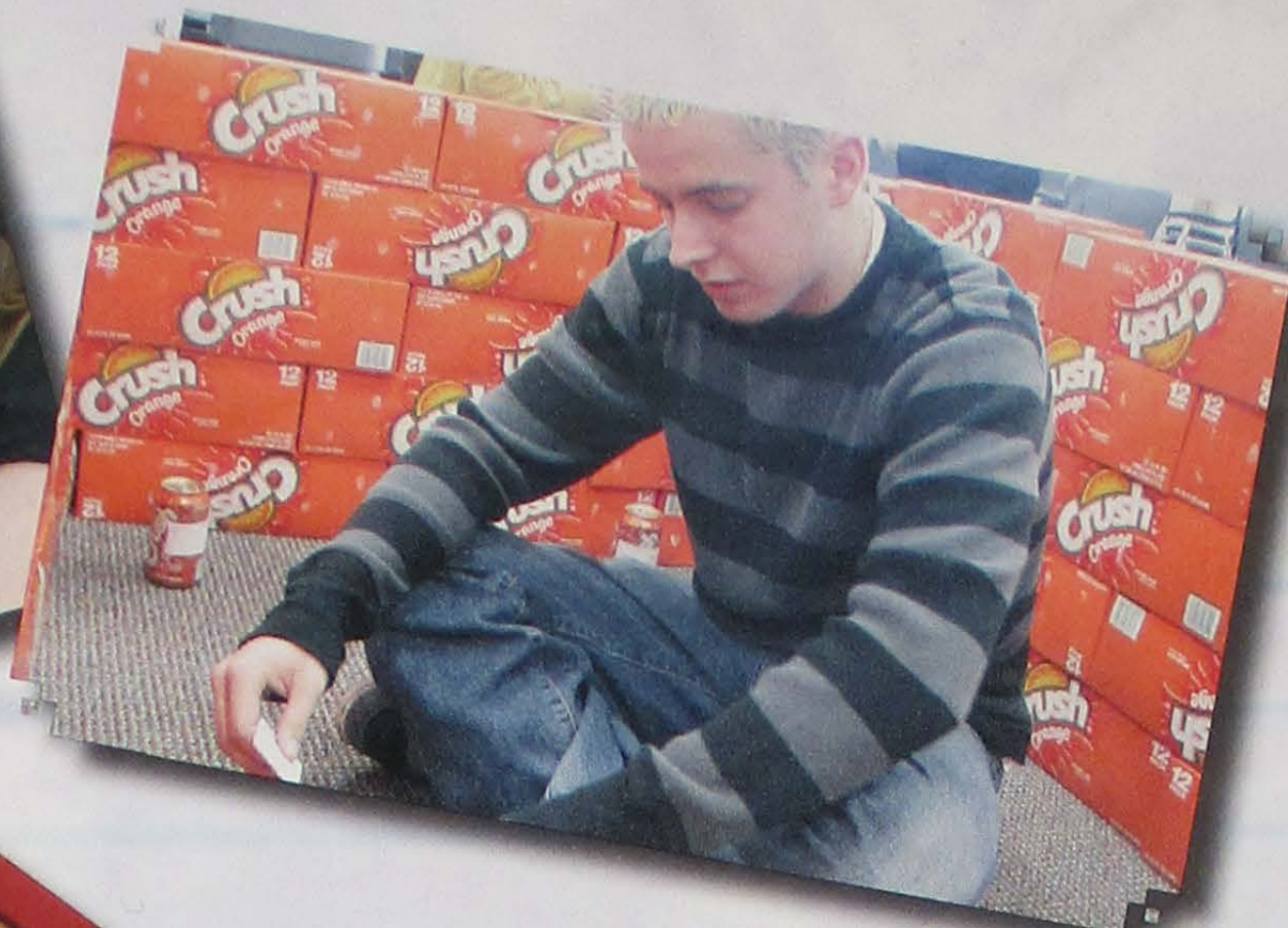
Row 1 - Katie Wallace, Alexis Hill, Molly Moore, Emma Denning, Ellie Byrant, Brittany Taylor, Jessica Richards **Row 2** - Coach Gorman, Kayla Roof, Tierney Rogers, Hannah Evans, Hunter Stohlmeyer, Brooke Wood, Anna Ashley, Madison Michelson, Brianne Loughren, Coach Weber

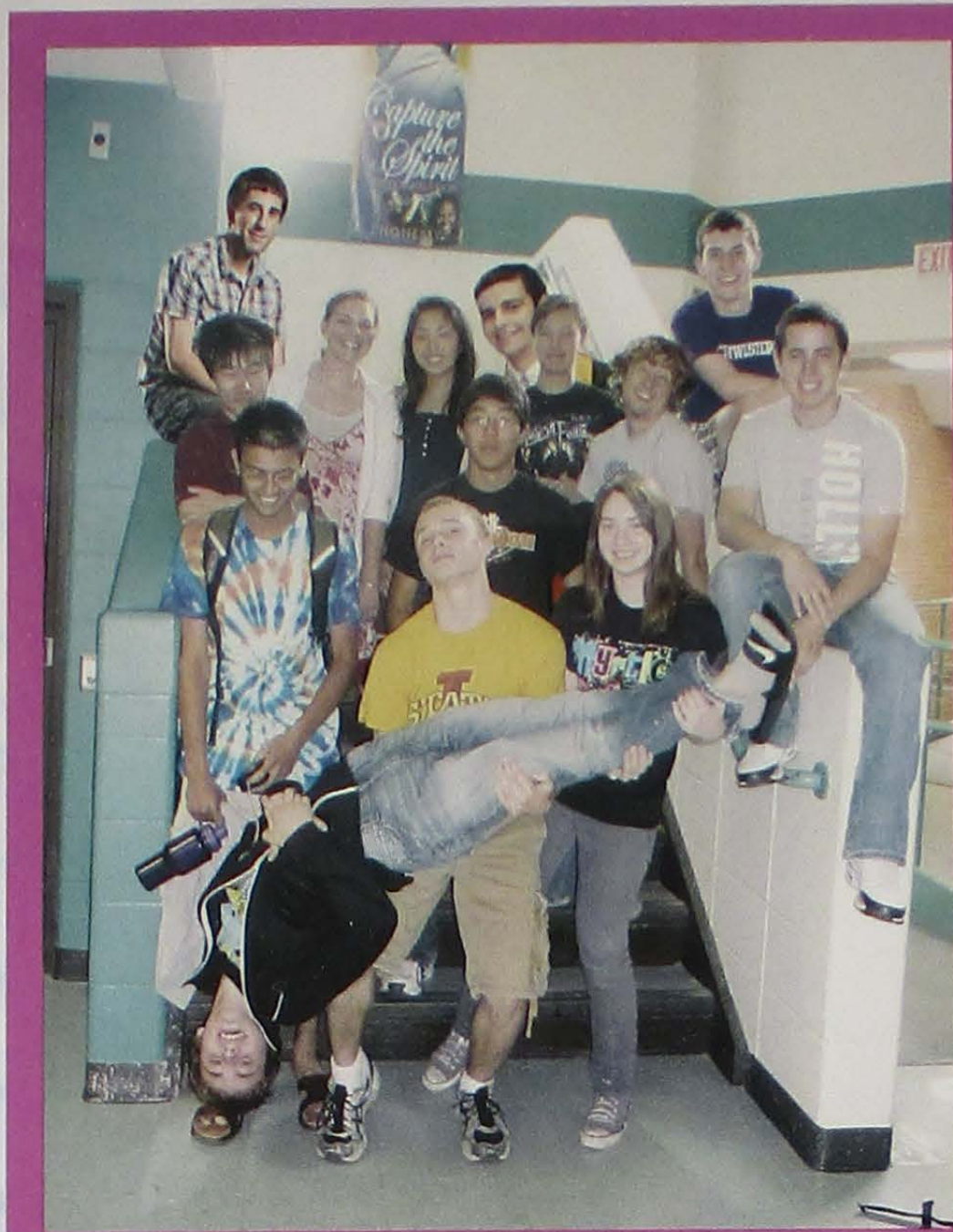
CLUBS

Something for Everyone

Not everyone can shoot a basketball like Harrison Barnes or play the guitar like Ben King, but at Ames High you don't have to be a gifted athlete or musician to be involved; all you need is a little time and commitment. Clubs at Ames High range from Iball to Strategic Games Club, from Fashion Club to Outdoors Club, and everything in between. The following pages offer a glimpse into the true heart and soul of the school.

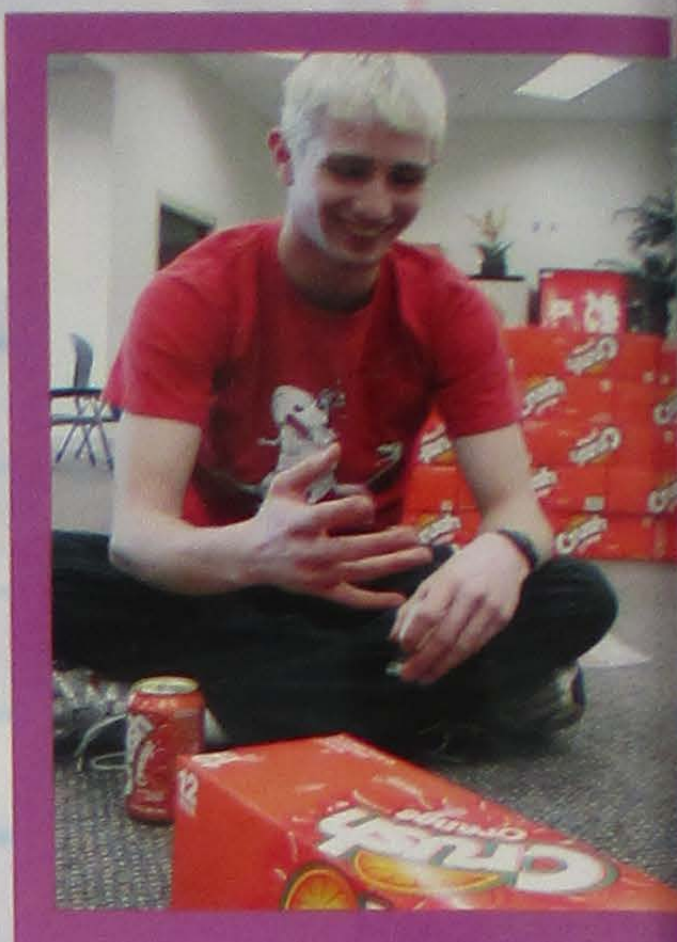






Row 1 - Ben Mackey, John Yang, Emily Foegen, Hanbi Lee, Matt Lee, Adriana Pitcher, Cody Brown, Thomas Eslinger
Row 2 - Akshay Sanghi, Kuper Bergman, Hangil Lee, Christian Hurd, Alyssa Bovinette, Cory Baughman

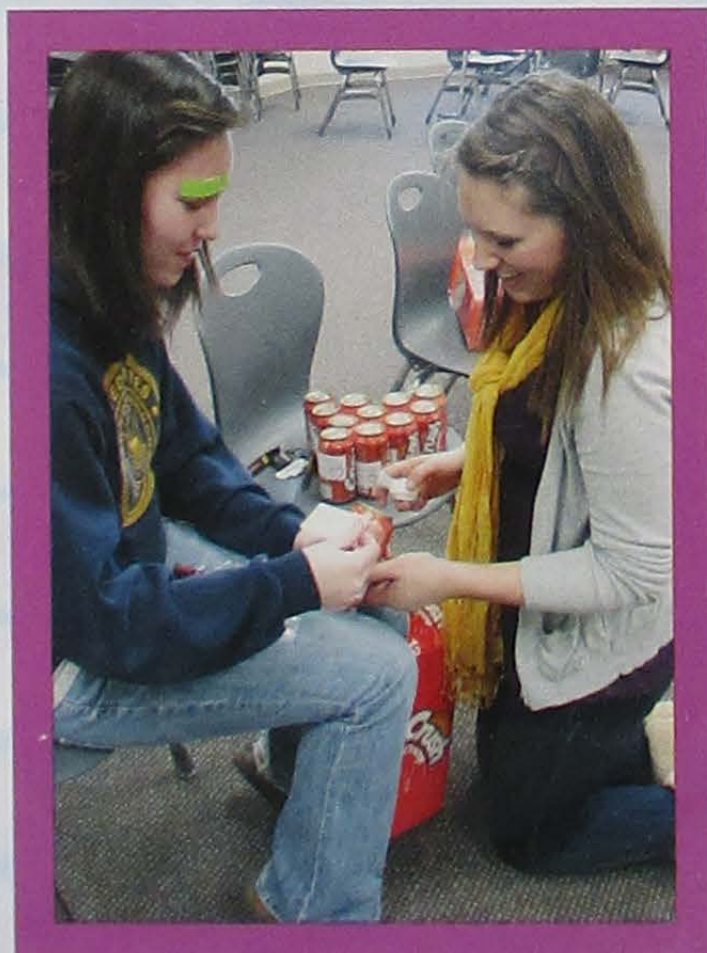
Senior Ian Herman



Student Council exists to provide a valuable link between the students and the administration and thereby helps the school run smoothly. Instead of sleeping in on Wednesday mornings they met in Mr. Stevens' room, tackling one issue at a time. With Co-presidents Ben Mackey and Matt Lee in charge, Student Council organized Winter Madness, oversaw crush can delivery, and prevented a zombie apocalypse with unparalleled finesse.

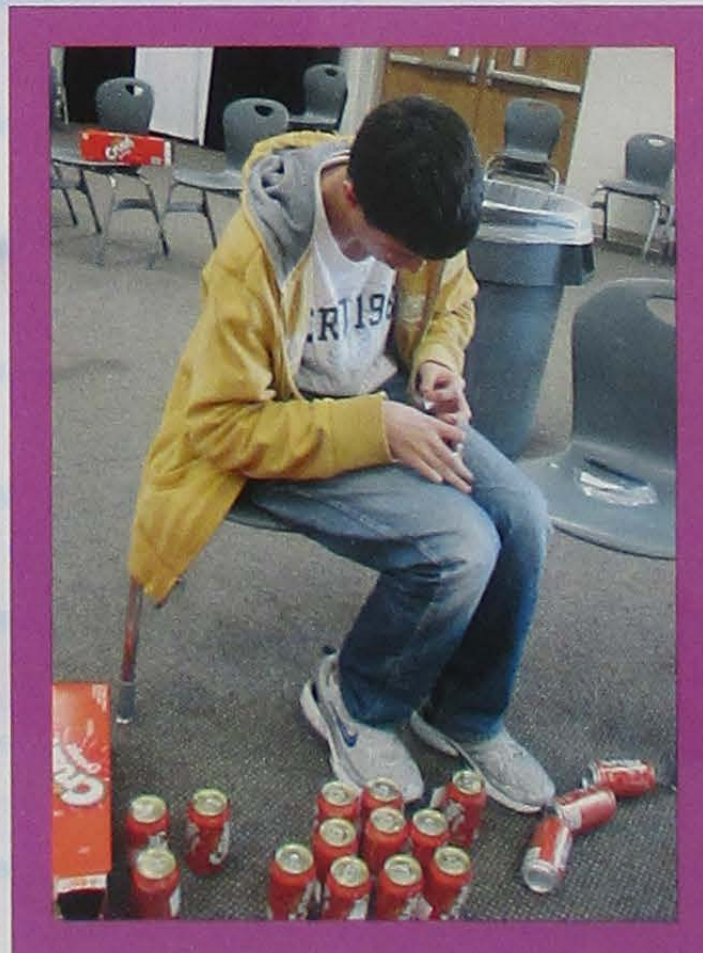
STUDENT COUNCIL

Sophomore Adriana Pitcher

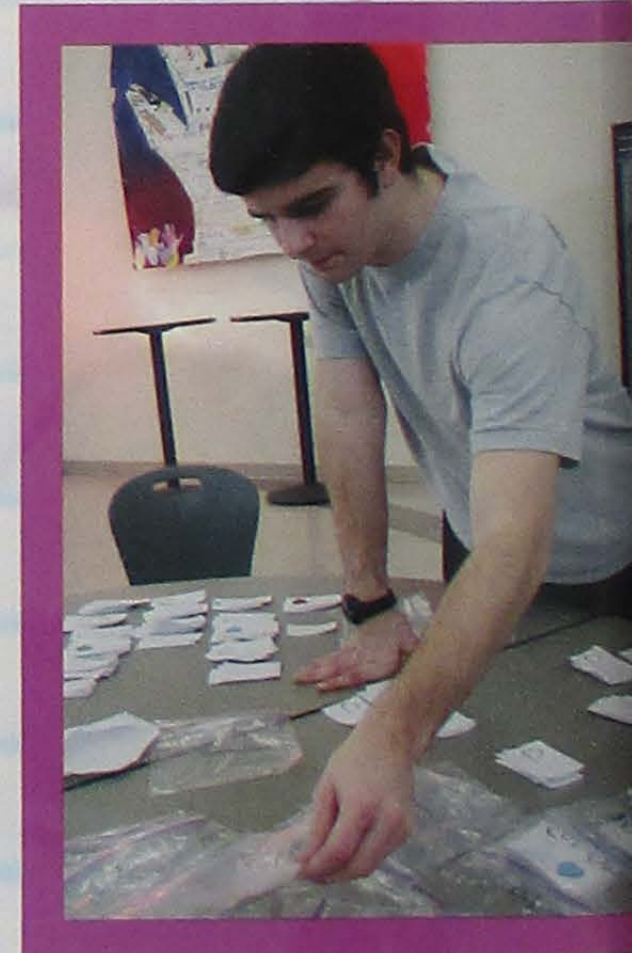


Sophomore Lorilyn Werkmeister

Freshmen Erol Unal

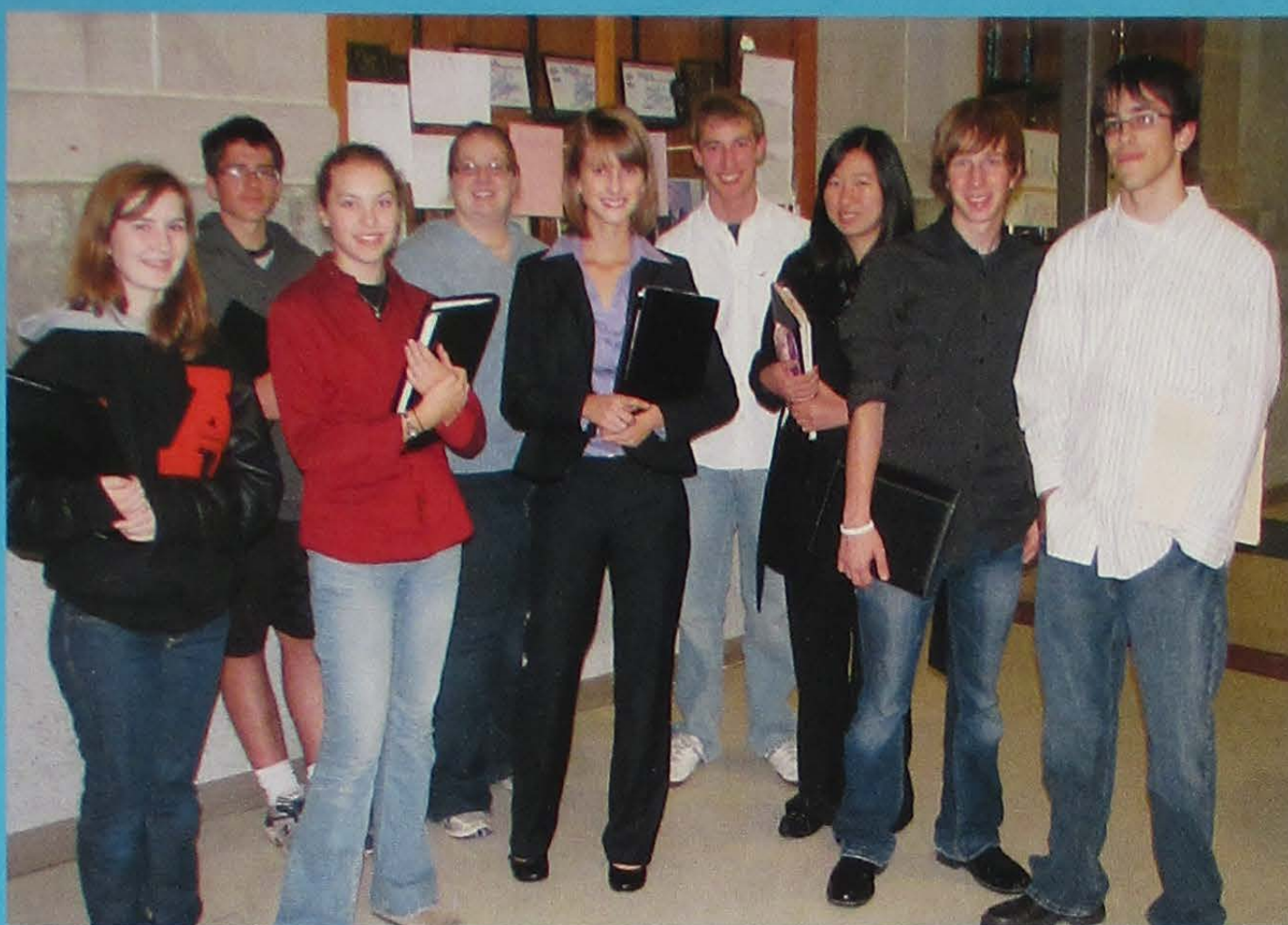


Senior Matt Lee



DEBATE

This year the debate team dedicated much of its time to knowing anything and everything about topics such as genocide in Sudan and the death penalty. They had to set aside their personal views and opinions to be able to logically and convincingly debate either side of the argument. These masters of debate had a very successful year and debated a total of nine competitions. Zoe Russell won the State Championship for Student Congress and Alex Askew was a Superior Senator.



Row 1 - Zoe Russell, Colin Ogilvie, Delany Kolb, Mrs. Meyer, Sophie Pierce, Coach Chad, Michelle Kim, Alex Askew, Rory Jones.



Row 1 - Joy Myers, Mary Woeste, Krisina Johnson, Elijah Cunnally **Row 2** - Caitlin Lawrence, Anima Ghimire, Grant Duckett, Lindsey Wyckoff **Row 3** - Jarmila Tvaruzkova, Erica Anderson, Kelly Heikens, Mrs. Wauson, Kuper Bergman, Vaelan Molian, HS*, HS*, HS*, Thomas Eslinger **Row 4** - HS*, Ella Holme, Jessica Roland, Michael Vaclav, HS*, Russ Copley **Row 5** - David Coady, Mr. Ripley, Jon Cole, Mrs. Ringlee, Mrs. Miller, Sam Ennis

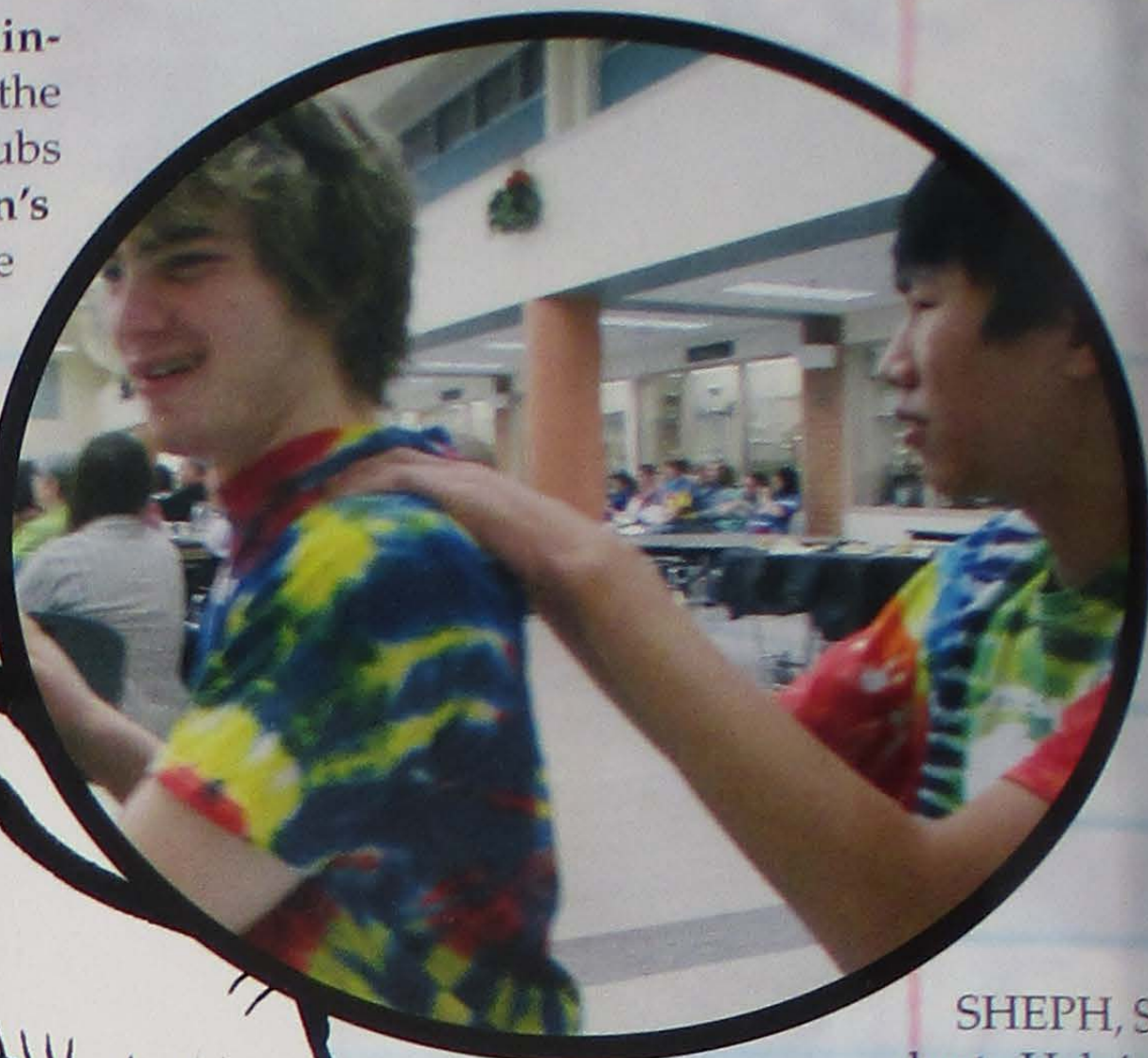
*Due to privacy rules, all homeschooled students are left un-named



Star Speaker - Receiving an award, sophomore **Anima Ghimire** is recognized for her outstanding review of "Shakespeare in Love" at the All-State Speech competition. (photo by Mr. Ripley)

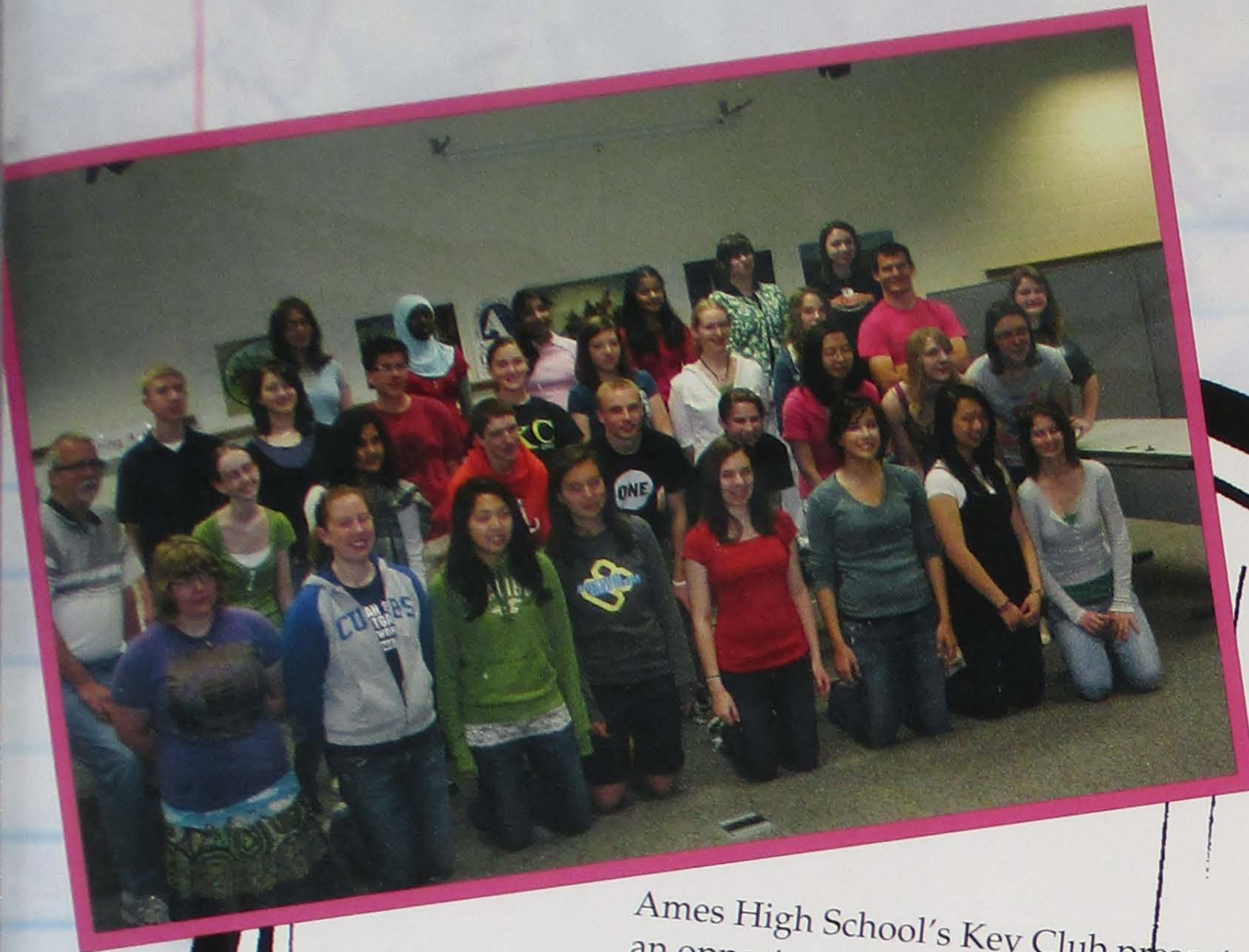
Speech club is one of Ames High's largest clubs. It has ample representation from all four grades and an event of interest for everyone. The categories include one acts, TV news, radio news, improvisation, mime, storytelling, and other obscurities. The competition starts at the district level, advances to the state level, and then culminates at the All-State level. They are judged on their speaking, style, acting, and overall performance. There are opportunities for groups or individuals to compete in up to four categories. Speech Club helps students build good communication skills and gives them the opportunity to meet and work with other students that they may not have talked to before. "It's almost like having real friends," says junior Kuper Bergman.

Massage Train-
Fulfilling his duties within the chain, junior **Chris Xin** rubs fellow junior **Kuper Burgman's** back as a break from the lengthy presentations during the Africa banquet. The banquet ran for over 3 hours but raised thousands of dollars. (photo by Cathy Pastiak)



SHEPH, Students Helping to Eliminate Poverty and Hunger, meets in Mr. Mooney's room every Thursday to address global problems. This year, SHEPH's focus was to raise money for a womens clinic in Jinja Uganda. SHEPH successfully raised 5,000 dollars for this cause. They were able to raise the money through the sales of fair trade coffee from Uganda. Money was also raised with the foreign language challenge drive, and their annual banquet to simulate hunger in third world countries.

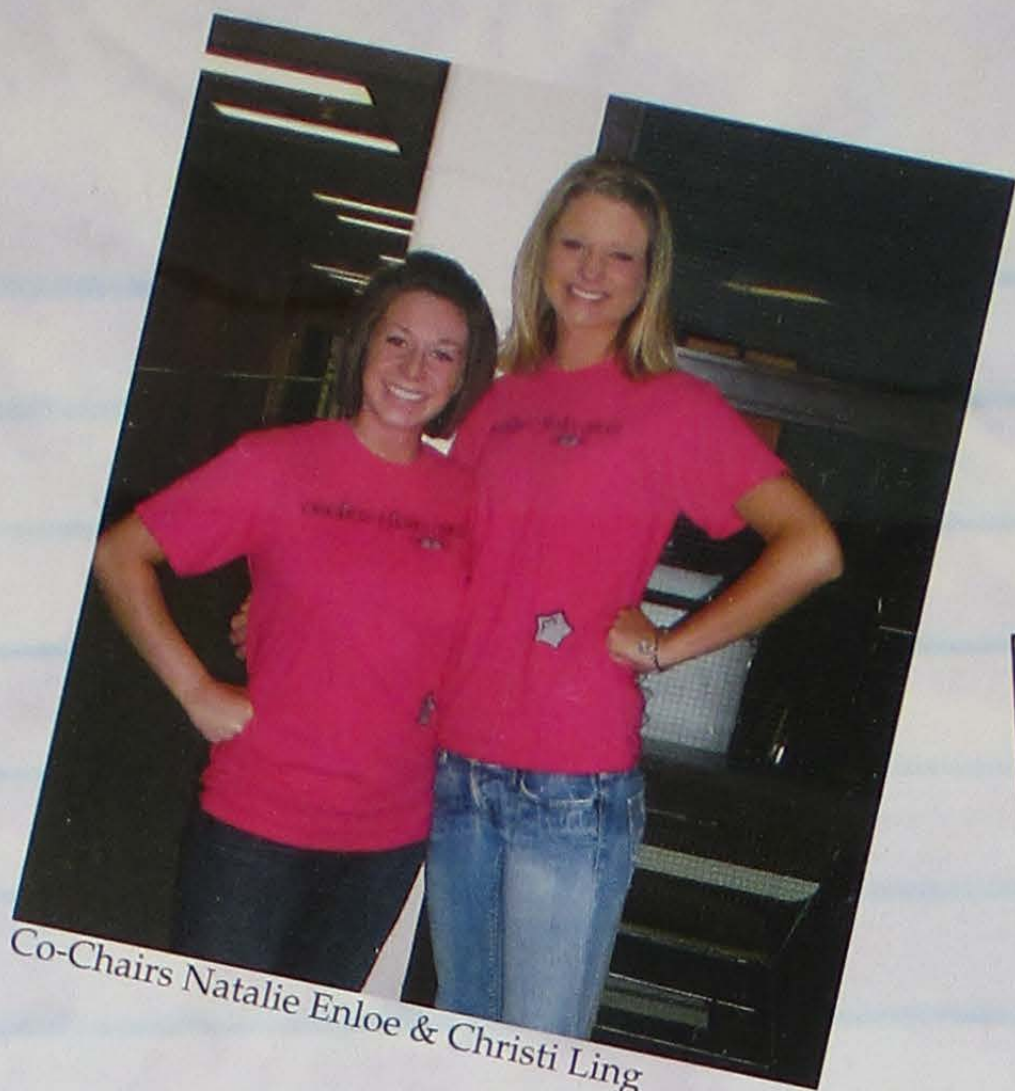




Ames High School's Key Club presents students with an opportunity to engage in their community by highlighting different volunteer possibilities throughout Ames. Key Club has their own adopted highway from which they pick up trash twice a year. Key Club's influence in the community is felt by a wide range of age groups. Participants in the club help make bingo nights possible at local senior centers, while also dedicating their time to tutoring elementary school students.



Bottoms Up! - Keeping active, Senior **Marley Dobyns** ensures she keeps hydrated during her twelve hours of rigorous activities for the American Cancer Society's twelve hour benefit. (photo by Ben Nadler)



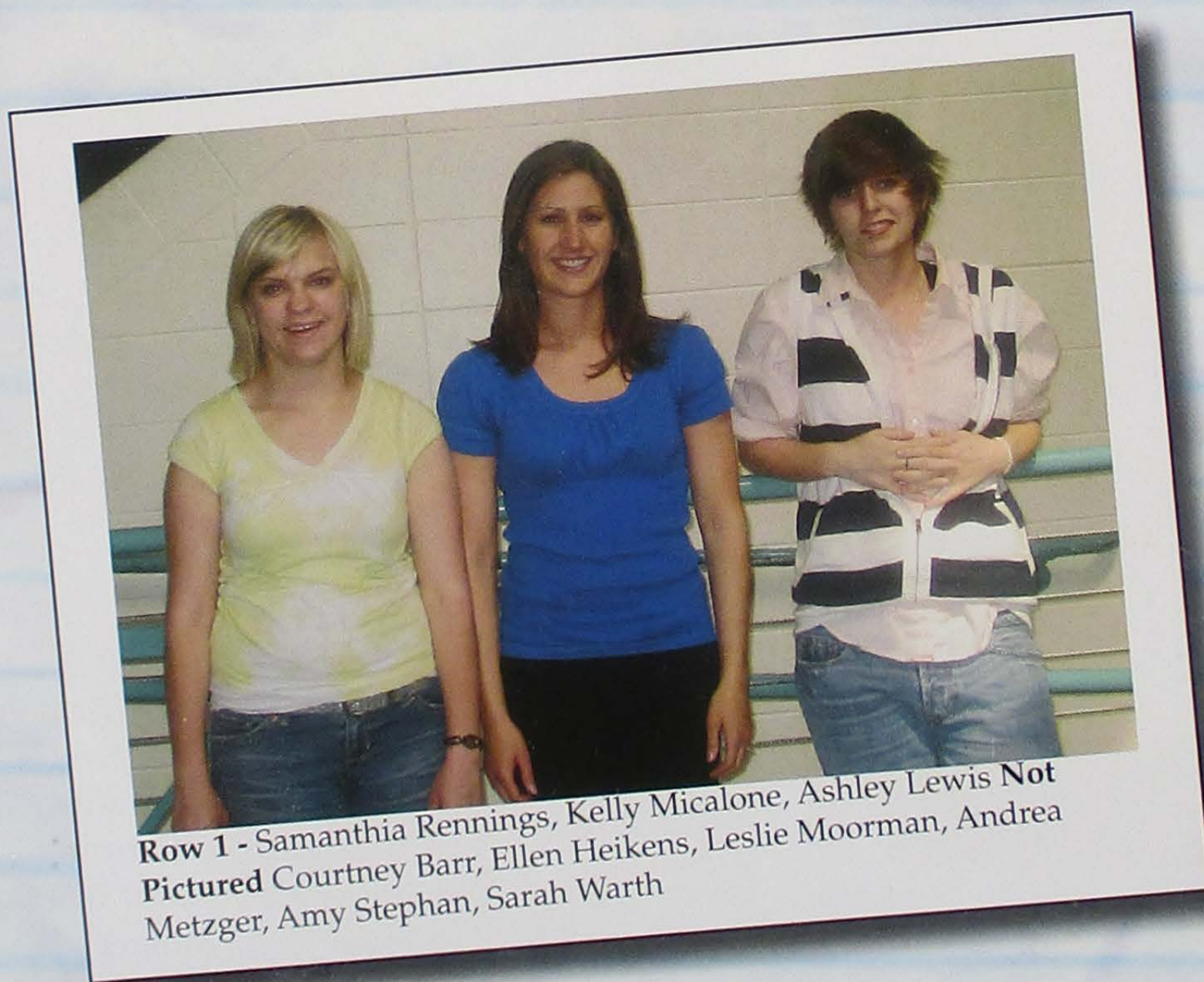
Co-Chairs Natalie Enloe & Christi Ling

The lights dim, the bass bumps and your date sweats all over you because of the extra bulk that formal clothes carry. The winter sock-hop known as Winter Formal is planned by Ames High's very own Senior Girls Club. Natalie Enloe and Christi Ling were co-chairs in this year's club and had the duty of organizing the planning of Winter Formal. All details, no matter how minor, are not spared in this rigorous planning process.

Senior Girls Club



Row 1 - Amy Stephan, Ellie Weiss, Natalie Enloe, Megan Grummer, Lyndsey Braland Row 2 - Allison Hamilton, Emily Shafer, Christi Ling, Melissa Huisman, Anna Ashley



Row 1 - Samantha Rennings, Kelly Micalone, Ashley Lewis Not Pictured Courtney Barr, Ellen Heikens, Leslie Moorman, Andrea Metzger, Amy Stephan, Sarah Warth

Senior Senate

Juniors and underclassmen don't hold much stake in the senior picnic, which is planned by Senior Senate, but most, if not all, students are affected by this club's other duty, the planning and execution of the Ames High Blood Drive. Every year hundreds of morally strong students sign up to donate a little part of themselves to people in need, thanks to the faithful and tireless planning of Senior Senate.

BREAKDANCE



Senior Alex Kunvatanagarn

Windmill, kip-up, the worm, and flares. This is not an old Johnny Carson bit, but rather a small sample of the moves practiced at Break Dance club in the back lobby of Ames High School. After school on most days a small group of dedicated students hone their skills on linoleum tile listening to music blaring from tiny, tattered speakers. Many members of this club also showcased their talents as members of the state champion All Male Drill Team.



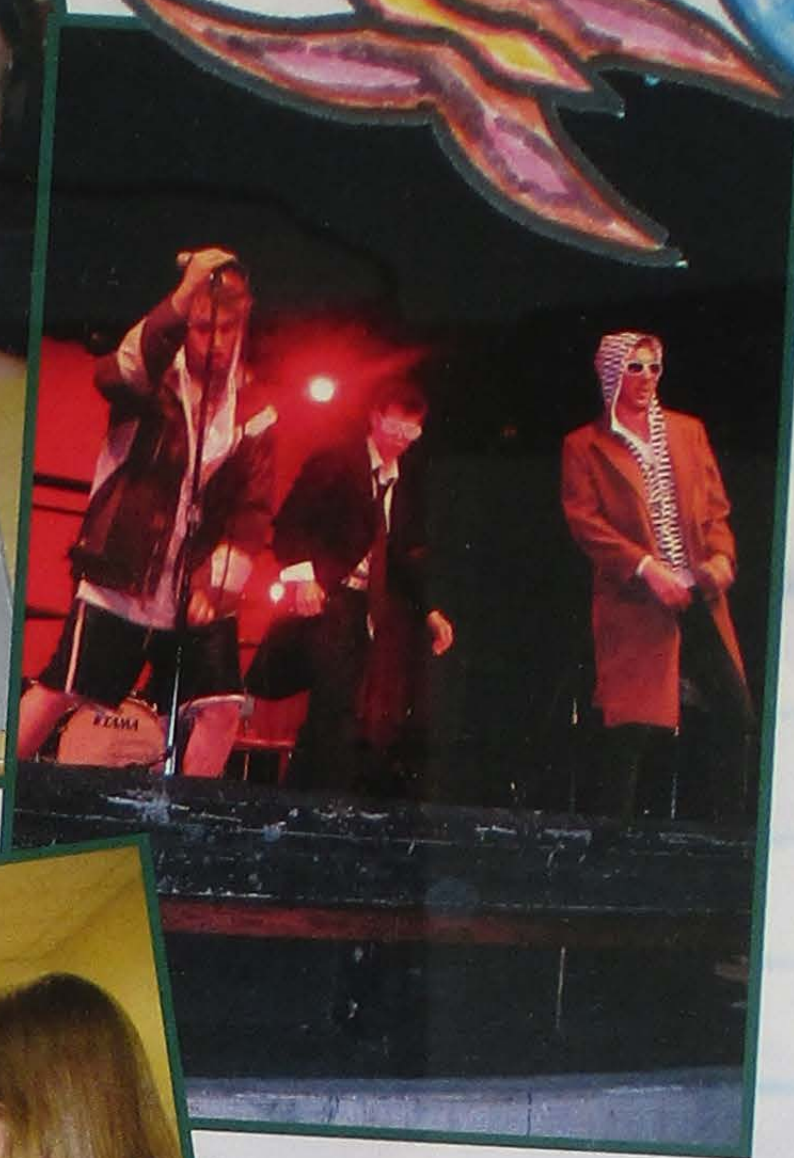
Row 1 - Wes Arunsiripate, Demante Vaughn, Jean Lee
Row 2 - Keiza Knight Row 3 - Tommy Norris, Alex Kunvatanagarn, Christian Hurd, Lexi Denning Row 4 - Devon Ellson



On Wednesday mornings, Ames High's intellectually superior can be found testing their logic skills in the game of chess. This club was formed when chess was banned from the ELP study hall due to air borne chess pieces. When students no longer had a safe chess refuge, they took it upon themselves to find a teacher supporter for their chess endeavors, which was found with the infamous AP Bio teacher Mr. Craig Walter.



Row 1 - Sam Frishman, Chris Hinojo Row 2 - Mr. Walter, Hunter Peterson, Colin Ogilcie, Charles Emmerson



To raise money for their recycling efforts, 100 Green hosts a Battle of the Bands every spring. Although all participating bands can be commended, Ben Mackey, Kuper Burgman, and Thomas Eslinger's trio of 5/5 stole the show. The songs in their repertoire included such profound songs as: "I'm in a Coat" and "Drink Tea."



100th Green Butterfly are Ames High's environmental champions. Every Wednesday after school, members devote their time to sorting the papers of the student body. After the papers are sorted, they are sent to the redemption center to be recycled. 100 Green also embarks on an annual canoe trip on the Iowa River to spend more time with nature.



French Club meets Wednesdays after school to discuss different aspects of French culture. They also sponsor two Haitian orphans, named Dadiguemave Nobert and Beatrice Jean, through the Save the Children Foundation. Dadiguemave and Beatrice live in the mountains of Haiti where there is no running water, electricity, or working sewage system. French Club raises funds for this cause with their annual crepe sale and the benefit lunch.



FRENCH CLUB



Please Sir, Can I have some more?
Helping himself to more, junior and fellow french speaker **John Yang** piles on the toppings of Nutella and raspberry jam to his sweet crepe.
(photo by Anna Kaspar)

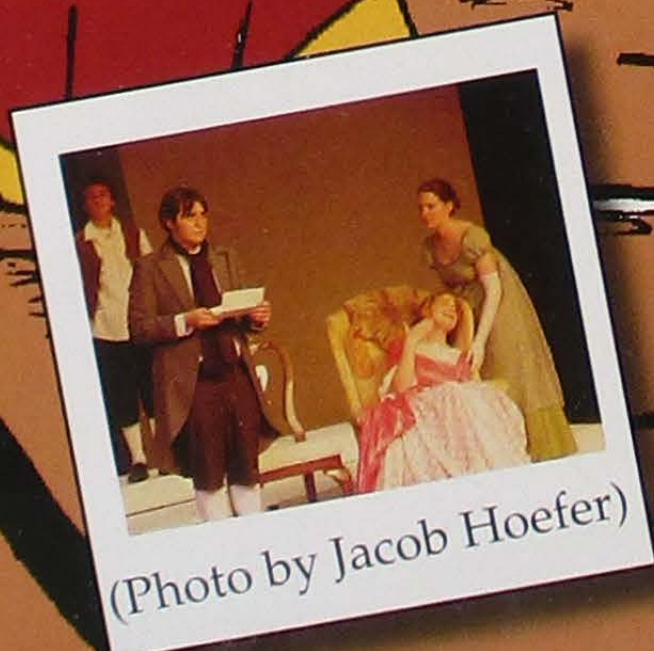


Thespians

Row 1 - Mary Woeste, Stella Fritzell, Grace Warren, Monica Dreasher, Zoe Russell, Alex Kirstukis, Kuper Bergman, Thomas Eslinger, Casey Bagnall, Grant Brothers, Robbie Dennis, Elijah Cunnally, Alexander Knight, Max Peterson, Skylar Pattee, Michael Vaclav, Zachary Heilman, David Shirbroun.



This dedicated group of individuals has sacrificed countless hours to the noble art of theater. With read-throughs, dress rehearsals, set production, and all of the practice in between, these young actors and actresses have committed a huge amount of their time. Under the guiding hand of director Steven Woolery, this year's productions included *Babes and Arms*, *The Curious Savage*, and *Pride and Prejudice*.



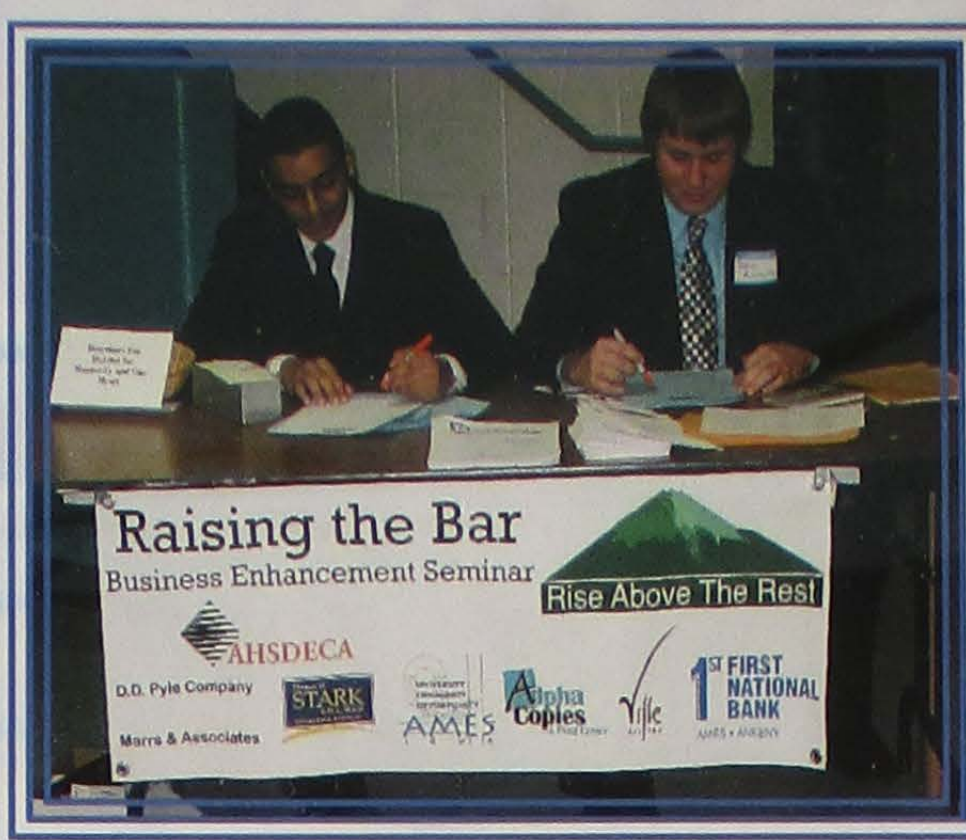
(Photo by Jacob Hoefer)



(Photo by Jacob Hoefer)



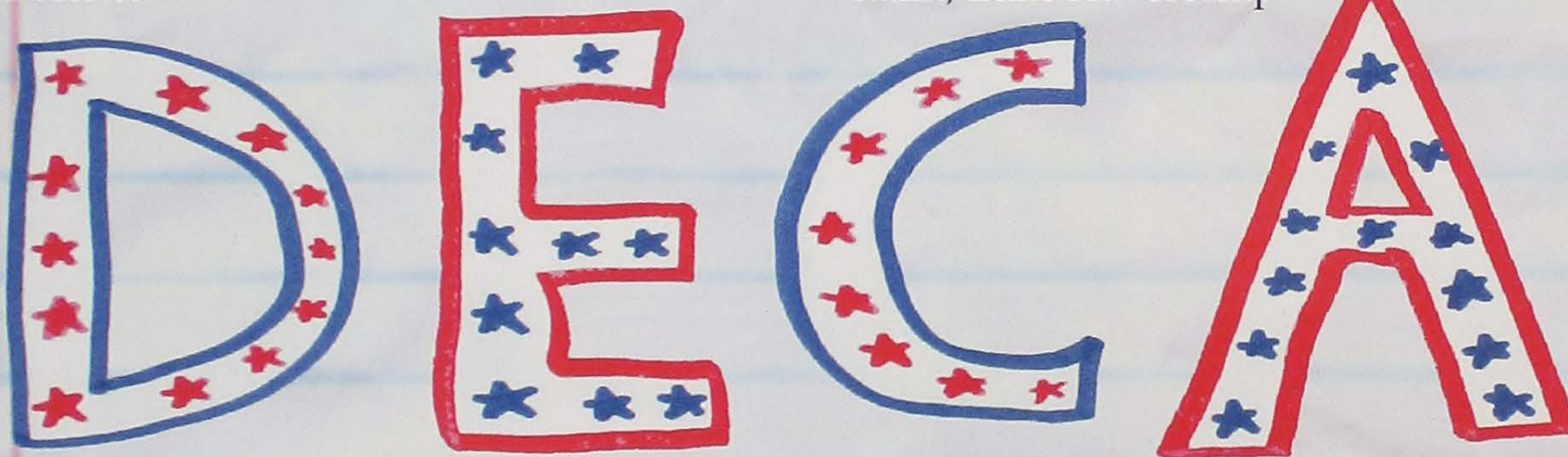
Raising the Bar - Checking in guests, senior Moyaad Baadhaim & junior Josh Kokemiller keep things running smoothly at the DECA Business Enhancement Seminar this fall. DECA members put the seminar together along with the help of Mr. Seifert and numerous sponsors. (photo by Anna Ashley)



Row 1 - Lyndsey Braland, Emily Schafer, Tyler Lickstader, David Lewis, Jessica King, Camila Lintas, Monica Drescher.



Row 1 - Gracen Kostecky, Ben Jones, Jake Zunkel, Nathan Griffith, Jordan Campbell, Moayad Baadhaim, Luke Havercamp.



DECA is an organization that seeks to develop future leaders in marketing, management, and entrepreneurship. Few groups on campus do as much as DECA in terms of developing real-world skills that are relevant and meaningful in today's marketplace. Ames High, under the leadership of teacher Tim Seifert, has established a rich winning tradition with DECA, earning national recognition.



Quiz Bowl



Row 1 - Jess Nelson, Lucy Chen, Lawrence Chiou, Miles Greenwald Wang, Katie Williams, Meredith Anselman, David Shirbourn, Kevin Kanthasamy, Luke Haverkamp, Joe Iverson, Stefan Breitling, Coach Brekke Row 2 - Diane Row 3 - Scott MacDonald



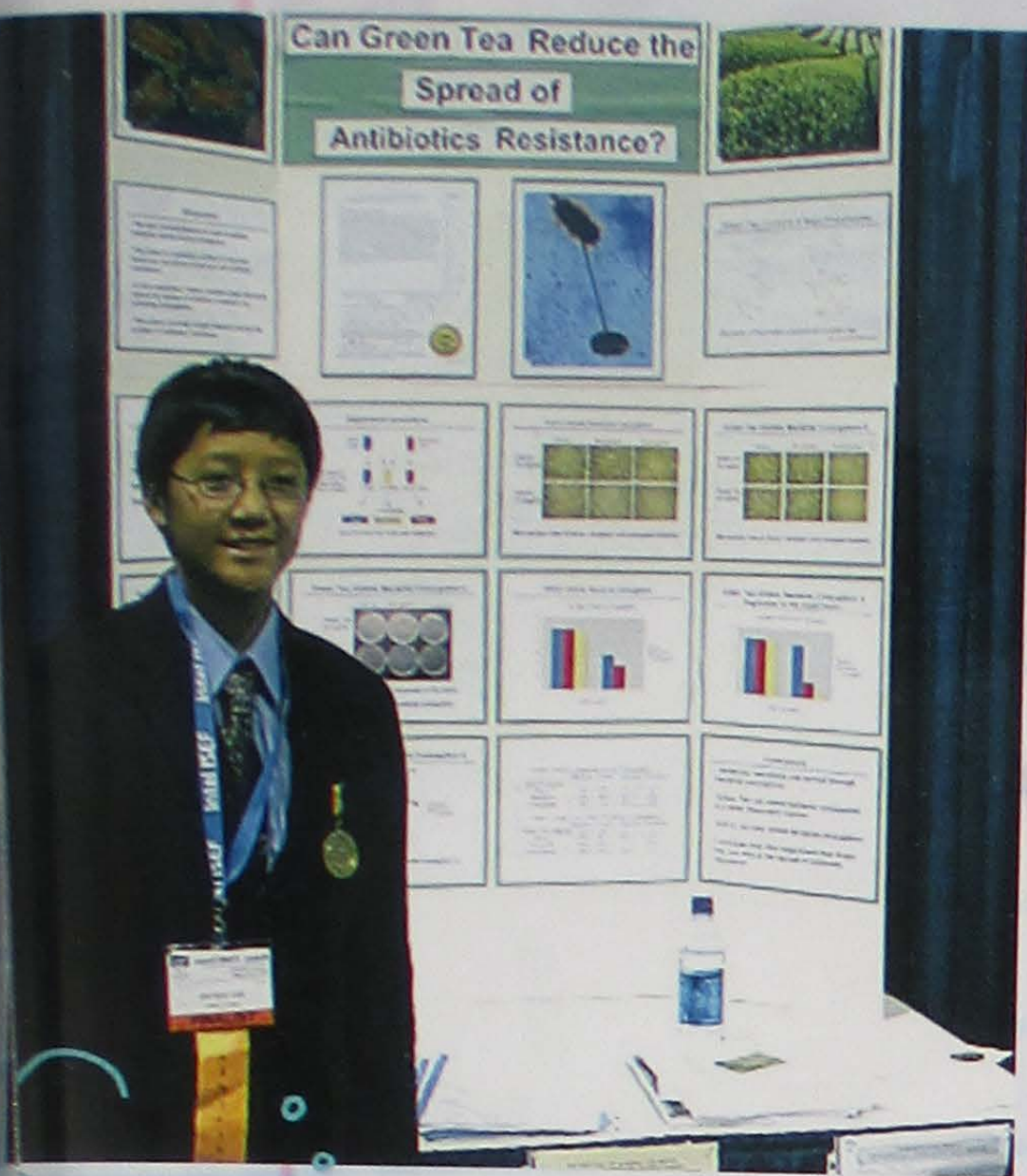
Sweaty hands and tired minds are among the plethora of obstacles that members of the Ames High Quiz Bowl team face. Mr. Brekke, a teacher in the AHS English department, took the reins of the team from the recently retired Kirk G. Daddow and never looked back. Mr. Brekke instituted weekly practices for all members and demonstrated the same compassion for students that he shows daily in the classroom. The Quiz Bowl team qualified and went to nationals in Chicago for the first time in three years and expect to have an equally strong team returning next year.



Quiz Bowl A Team in deep discussion...

This spell enables Draco, Hermione, and Voldemort to communicate with others via coins or dark marks. FTP, name this shape-changing charm.

Is there any value in visiting Georgia? Normally, the answer is debatable at best. However, there certainly was in the month of May when the Science Olympiad team went down for the national Science Olympiad competition. Our contestants were sharp and dominated the competition. The team as a whole finished in the top thirty and some students, such as Lawrence Chiou, finished in the top three for individual events. The Science Olympiad team also won the state tournament for the sixteenth year in a row.



Medal winners from Nationals

Science Olympiad



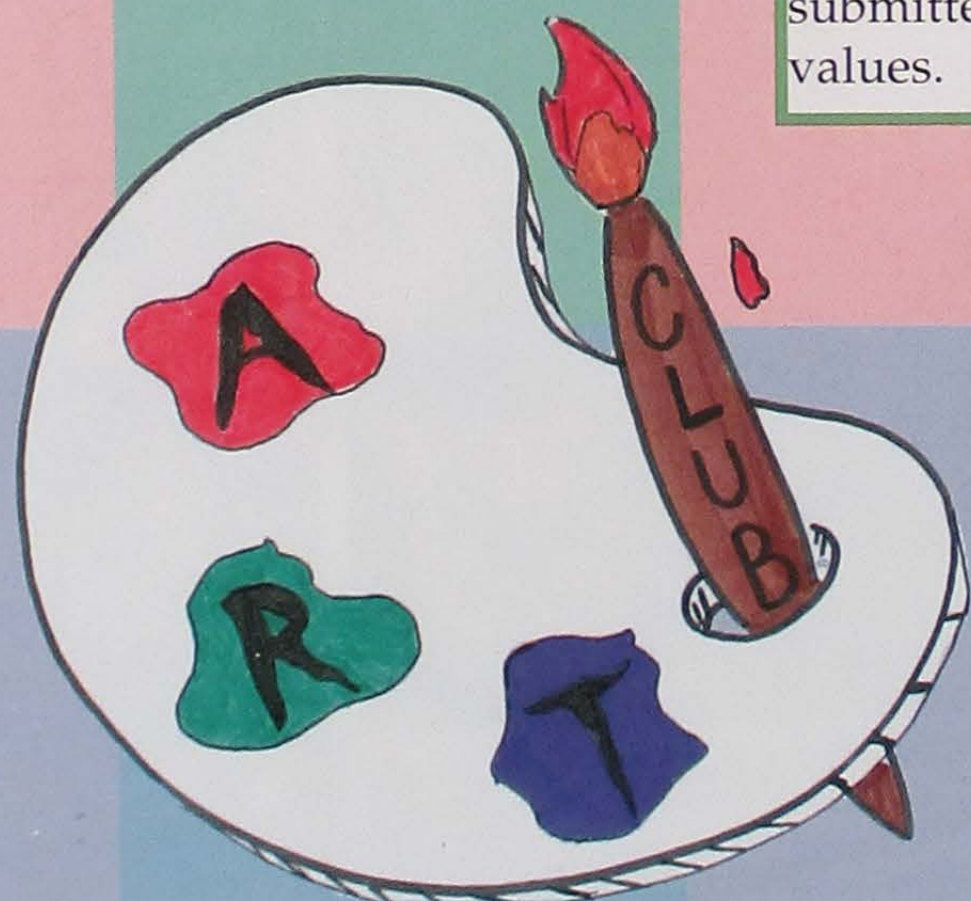
Row 1 - MengMeng Zhou, Christina Tringides, Ariana Mora, Katie Strickland, Vinita Singh, Renee Chang, Alex Boeke, James Fang
Row 2 - Lisa Yoon, Riley Brien, Willy Wu, Sam Frishman, Lawrence Chiou, Abhishek Sesharpa, Sandy Huang

SCRATCH PAD

Senior Katie Williams



SPAD, otherwise known as Scratch Pad, is a magazine put together by Ames High Students and is composed of poetry, art-work, and prose. Each year, some of the most talented students submit their work to get published. This year students who submitted the best pieces received gift basket awards of various values.



Left to right: junior Amanda Evans, Millie, and senior Mary Woeste

Art Club met together several times first semester, and was led by senior Tony Koford and Sarah Loucks. Many of their projects included artwork made from the school's trash and a sculpture that stretched across the back lobby staircase and banisters.

FASHION CLUB



Junior Hannah V. Ery



Junior Madison Prueger

Junior Liz Kaloupek



Senior Laurel Tuggle



Junior Mackenzie Dickson

Strut yo stuff! Beginning after winter break, students met to plan for the annual spring fashion show. This year the show took place on March 12. While designers worked hard to construct and complete outfits, models went through countless rehearsals and fittings. "This year was a fun one," senior show coordinator Ally Eregbu said. "I was really surprised to see my peers' designs and how they could push their creativity to the next level." Next year is expected to be just as intriguing.

I-ball, formerly known as intramural basketball, is a popular club in which many Ames High students participate. There are three divisions - Girls' 9-12, Boys' 9-10, and Boys' 11-12 - and all skill levels are welcomed. This year, I-ball games didn't begin until mid-February, due to full courts. Eager to compete, students came to ball it up after school on Wednesdays between 7 PM and 9 PM. The season started off hotter than ever with teams like Chi-Unit: Green Edition, The Sugar Shooters, Quack Attack, and last year's champions, NNG and Friends. Never disappointing, I-ball players always brought their game, representing their teams in quirky attire and customized T-shirts. As competition grew fierce, teams were eventually eliminated until the final championship game. The remaining four teams were girls teams NNG and Friends and Staff Infection, and boys teams Pup N' Suds and Quack Attack. The battle was fierce, but ultimately, junior team Quack Attack became the Boys Champions and senior team NNG and friends became the 2-time Girls Champions.



NNG and Friends

Row 1 - J. Reynolds, K. Stenback, A. Eregbu, K. Allyn, and A. Linahon Row 2 - K. Williams, M. Anselman, J. Nelson, J. Rollins, A. Metzger, L. Reints

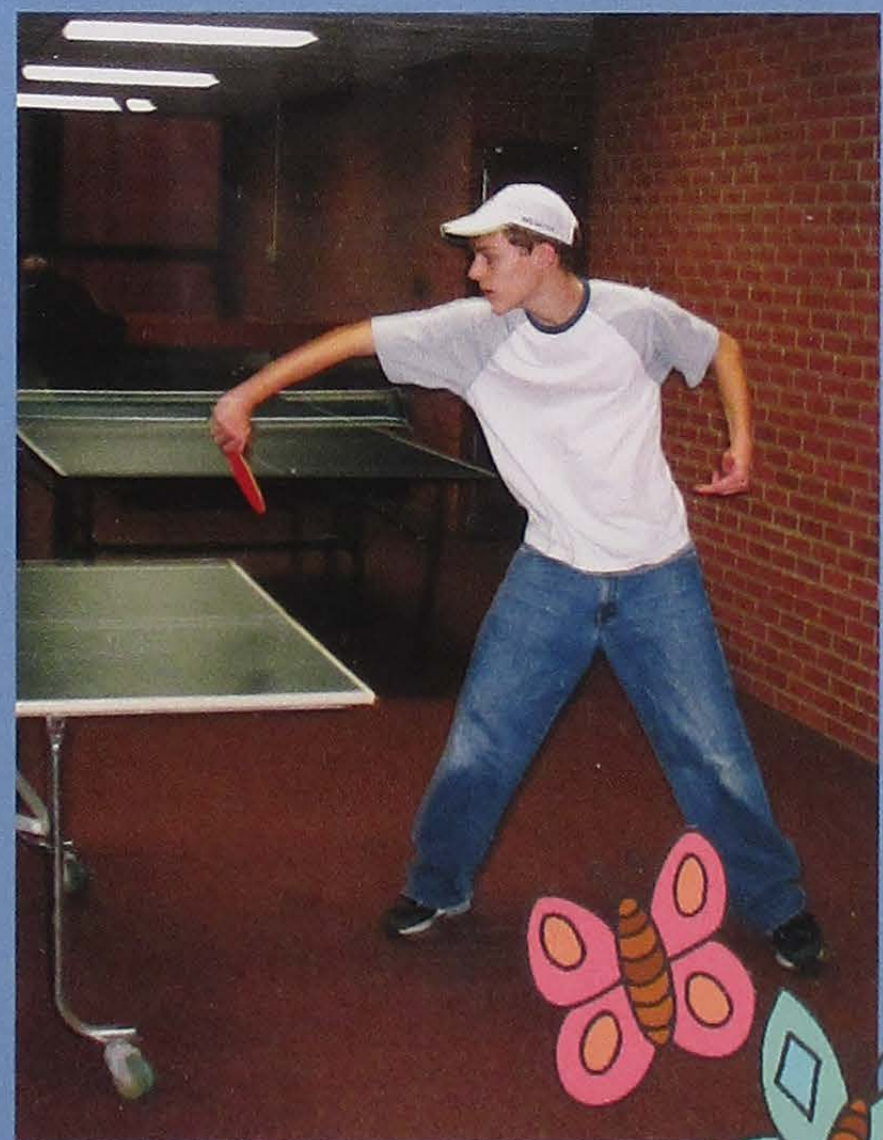
Pup 'N Suds



Row 1 - P. Swift, K. Vosberg, M. Girard, C. Cummings, E. Ravenscroft, K. Barrett, and R. Davis Row 2 - E. Rathe, N. Best, S. Smith, K. Humicheck, K. Carney, J. King, E. Owen



Table Tennis, or rather Ping-Pong, is considered one of the most popular racquet sports in the world, and ranked second overall in terms of participation. This year Ames High students decided to make a club called I-pong, dedicated to playing ping-pong as a pastime. Students who participate in this club meet after school to work on their table tennis skills, or to simply just enjoy the game. So if you're ever looking for a good game of ping-pong, or merely want to learn how to play, stop by I-pong and meet a lot of great people!



Sophomore Colin Peterson



Sophomores Asher Bogdanove & Colin Peterson

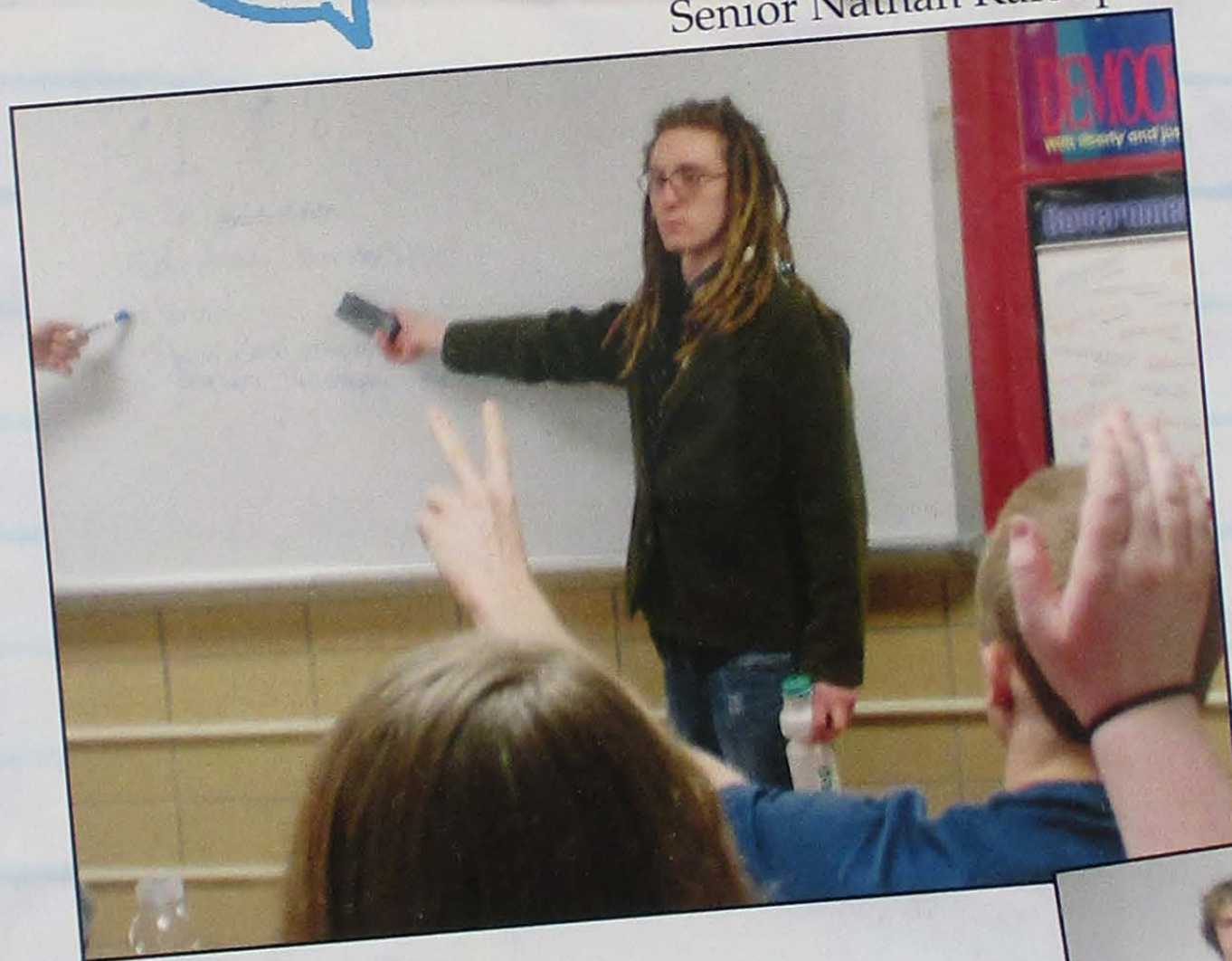


GBC

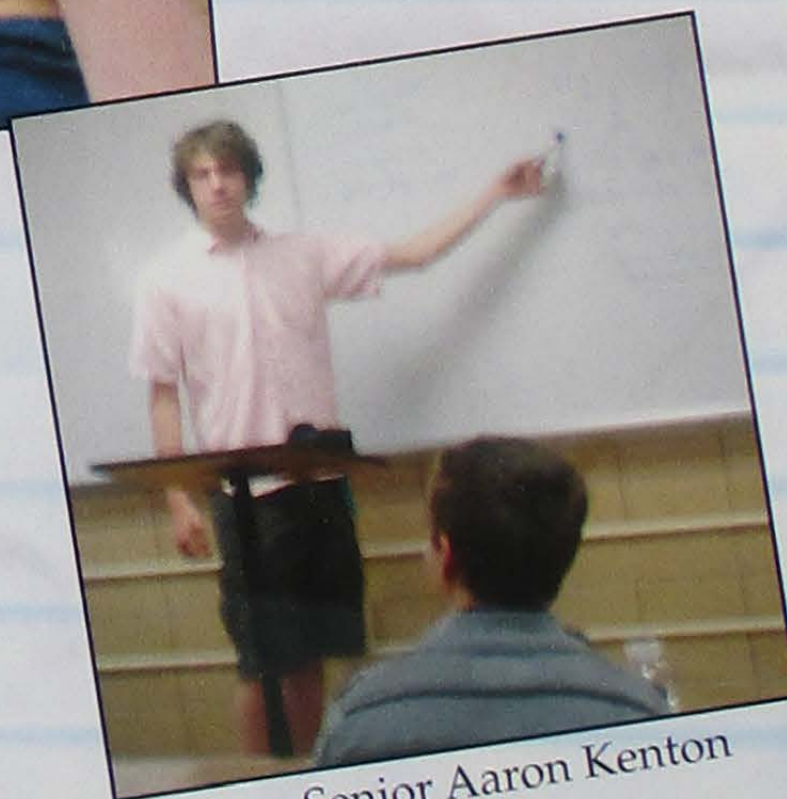


Row 1 - Peter Benson, Thomas Eslinger, Stephen Todey, Christian Hurd
Row 2 - Ashton Stott, Adam Hofer, Liz Kaloupek, Robert Dennis, Nathan Kaloupek, Ian Peeler, Joey Greene
Row 3 - Aaron Kenton, Casey Bagnall, Jacob Wahlin, Tony Koford

Senior Nathan Kaloupek



In order to stomach a meeting of Gentleman's Breakfast Club one must realize that nothing is sacred, at least according to the members of the club. Gentleman's Breakfast Club, or GBC, has remained an enigma wrapped around a flaming cross for the past seven years, but some details about the goings on of this club have been leaked to the general public. According to a recently released press release by this club, they enjoy eating breakfast in fancy dress and discussions on a wide variety of topics.



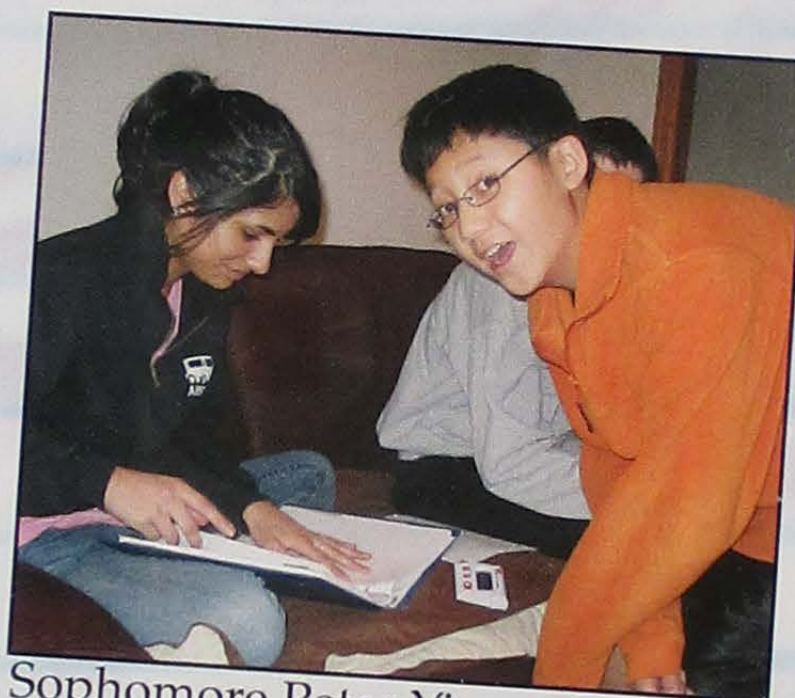
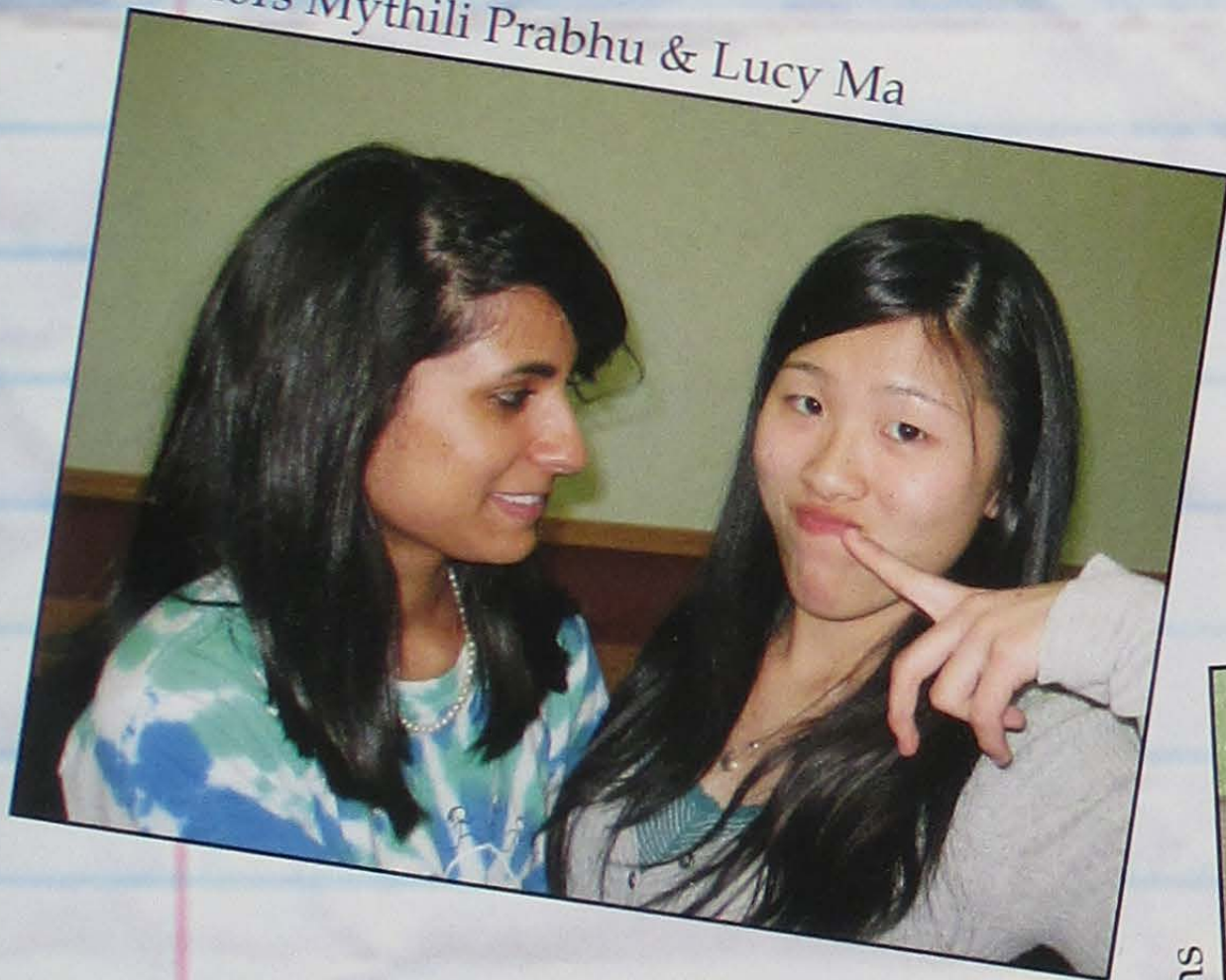
Senior Aaron Kenton



Row 1 - Mythili Prabhu, Jay Rollins, Lucy Ma Row 2 - Ian Herman, Akshay Sanghi, Max Tsai, Peter Yin, Colin Ogilvie

MORALE

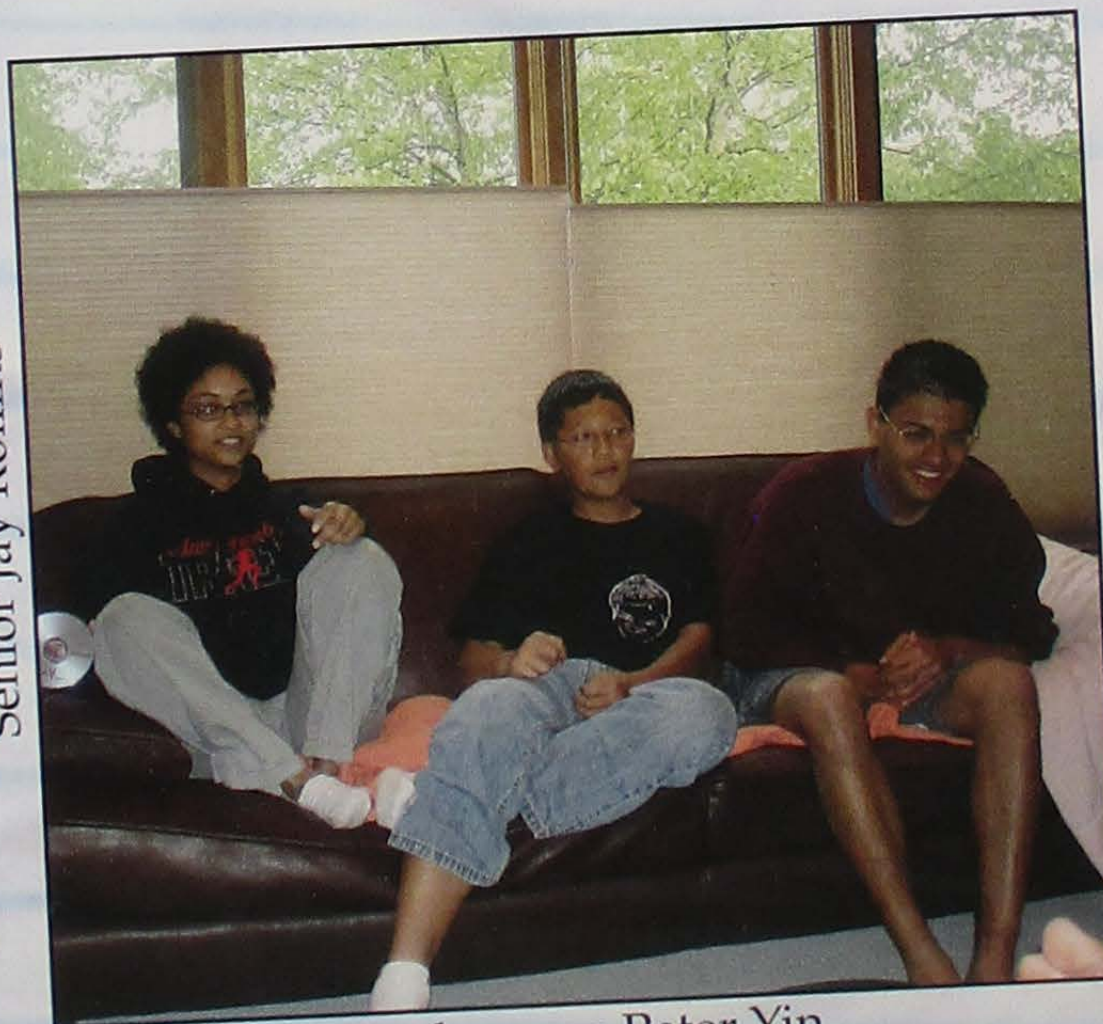
Seniors Mythili Prabhu & Lucy Ma



Sophomore Peter Yin

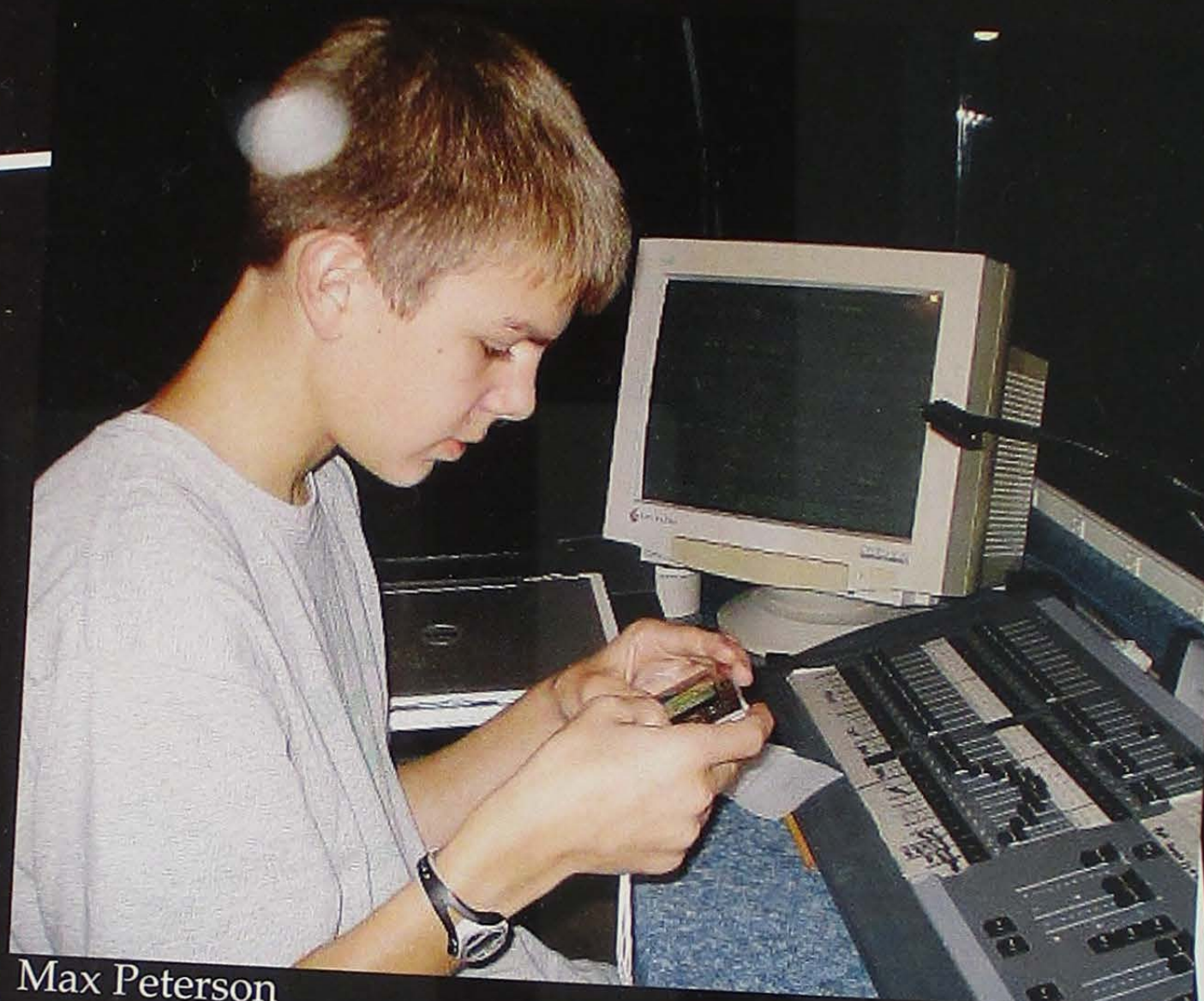
Although there are no lawyers who pretend to be students at AHS, there are students who pretend to be lawyers. Mock Trial has existed in some form or other since the beginning of the Triassic period and has continued to flourish through the new millennium. In Mock Trial, students have a case to argue in front of a panel of judges, whilst dressed in lawyer-like clothing, and deal with the redundancy that is sometimes the legal system of the US.

Senior Jay Rollins



Junior Akshay Sanghi

Sophomore Peter Yin

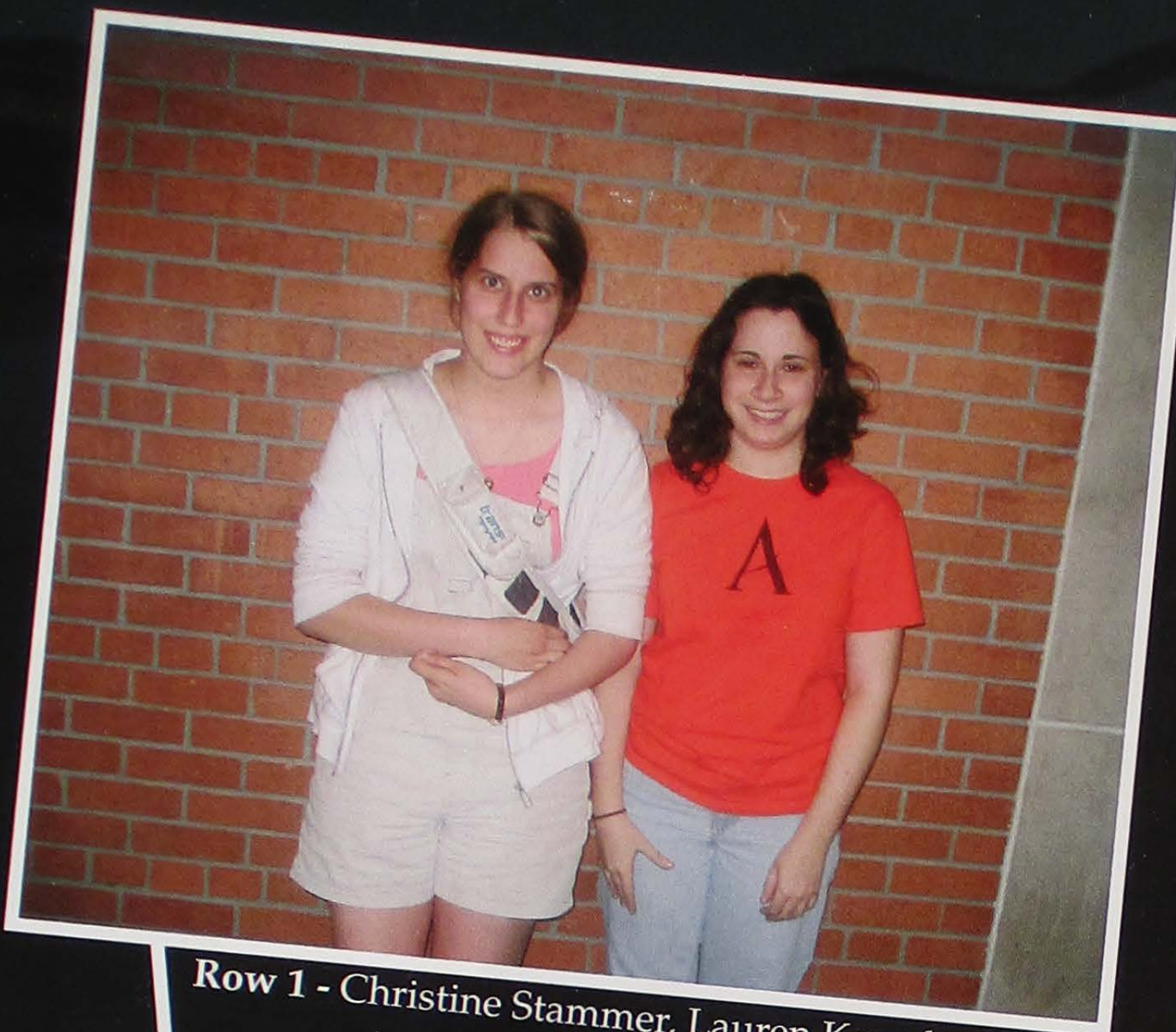


Max Peterson

TECH CREW

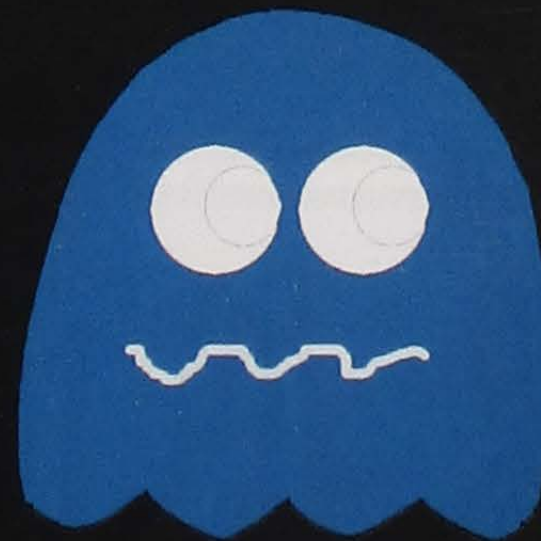
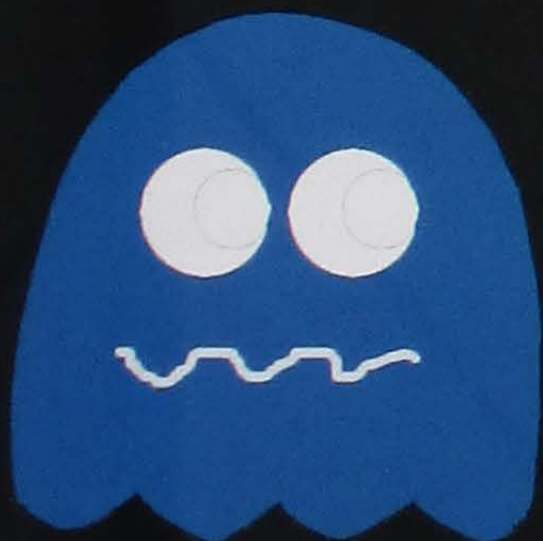
Tech Crew consists of a talented and esteemed group of students who help with various events. The crew is aided by custodians and by English teacher and drama director Mr. Woolery. The tech students are in charge of handling the lighting and music for events held in the auditorium, such as plays, musicals, and the school's fashion show. They also take care of some stage work like curtain cues and set arrangement. This year's wired crew consisted of such members like juniors Max Petersen, Greg Wheelock, Devon DuCharme, and senior Mitch Kramer. Dedicated and engaged to what they do, when not in class, often these people can be found spending hours in the sound room during their spare time. Thanks to the minds and the help from these tech-savvy students, the shows at Ames High thrive.

SADD



Row 1 - Christine Stammer, Lauren Kawaler

SADD, students against destructive decisions, is an organization whose mission is to help provide students with prevention and intervention techniques that might be used to deal with issues such as drug use, underage drinking, and other such decisions. By providing information and facts, SADD helps encourage teens to make safe, responsible decisions. SADD also persuades teens to consider the impact that their future choices may have on their friends and family.





PHILOSOPHY

Often found lost in thought and philosophical debate, the members of Philosophy Club meet weekly to discuss the deep, inner meanings of life and the universe. Do we find meaning in life, or does life find meaning in us? Is there a God who controls our destiny, or are we all just running around on this planet we call earth?

With the occasional assistance of their compatriot and official teacher sponsor, Mr. Webb, Philosophy Club has made its mark as Ames High School's premiere hotspot for free-thinking individuals.

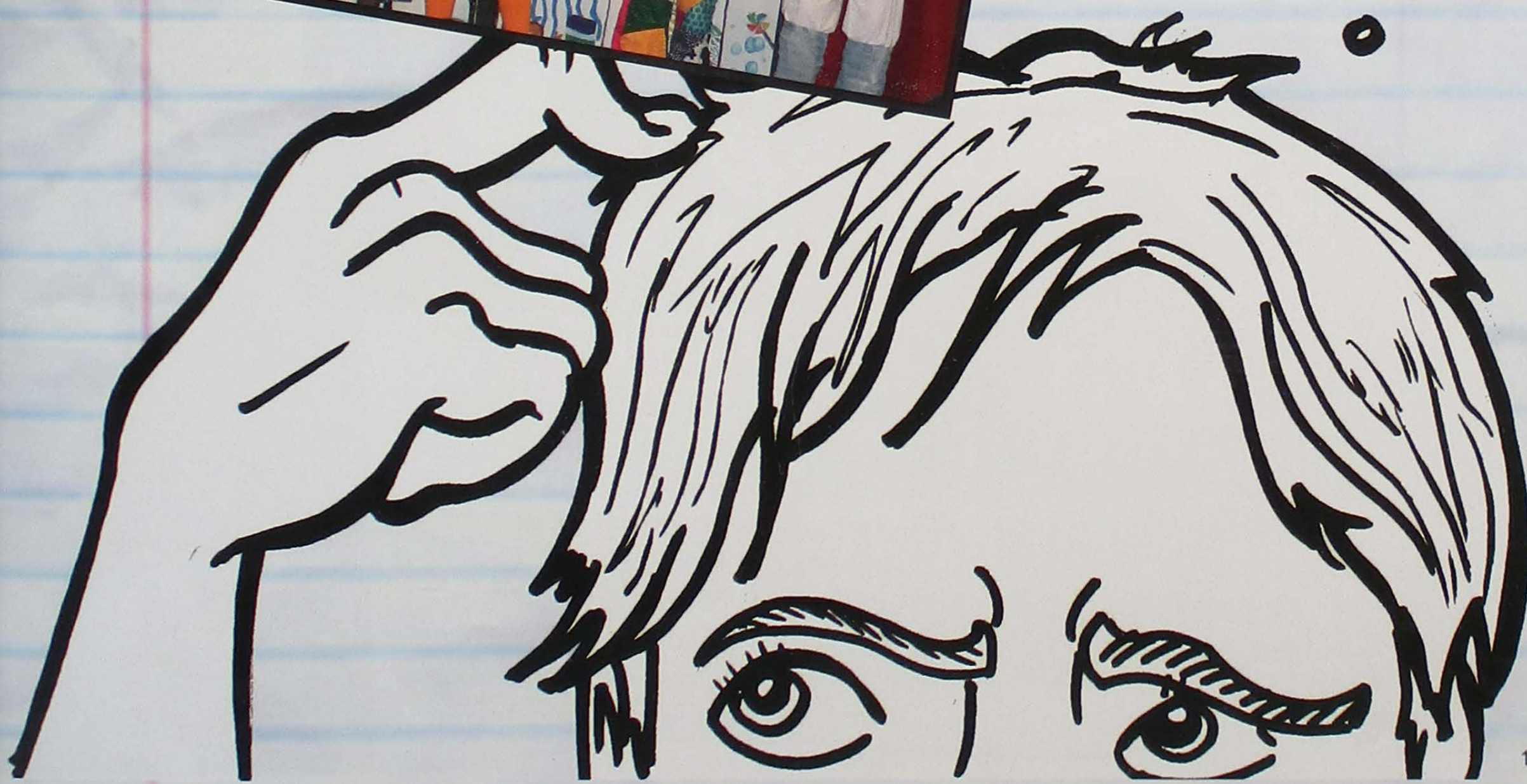
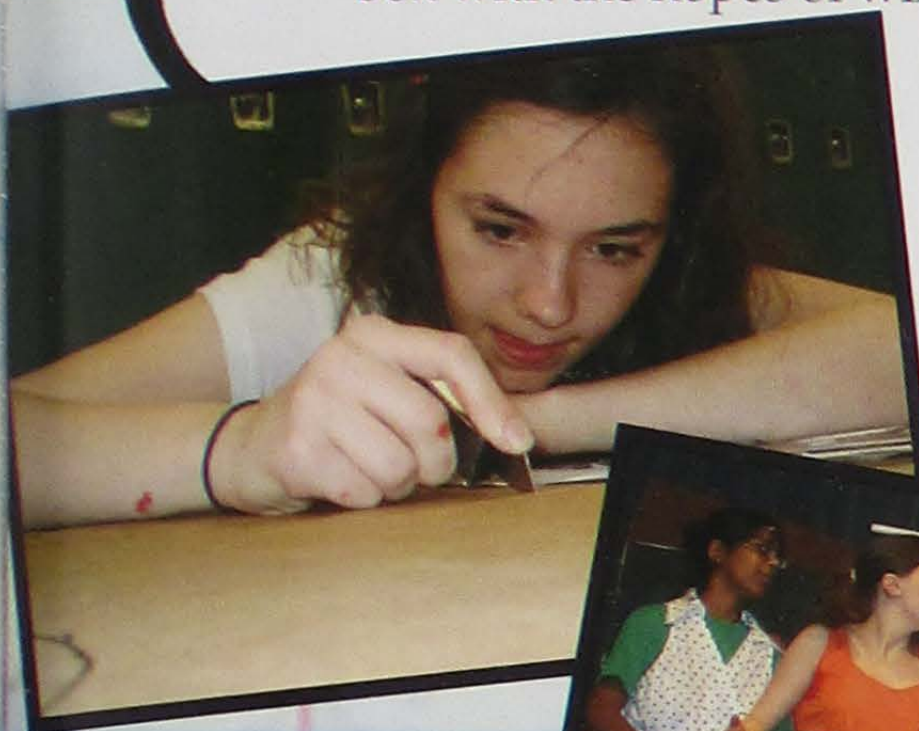


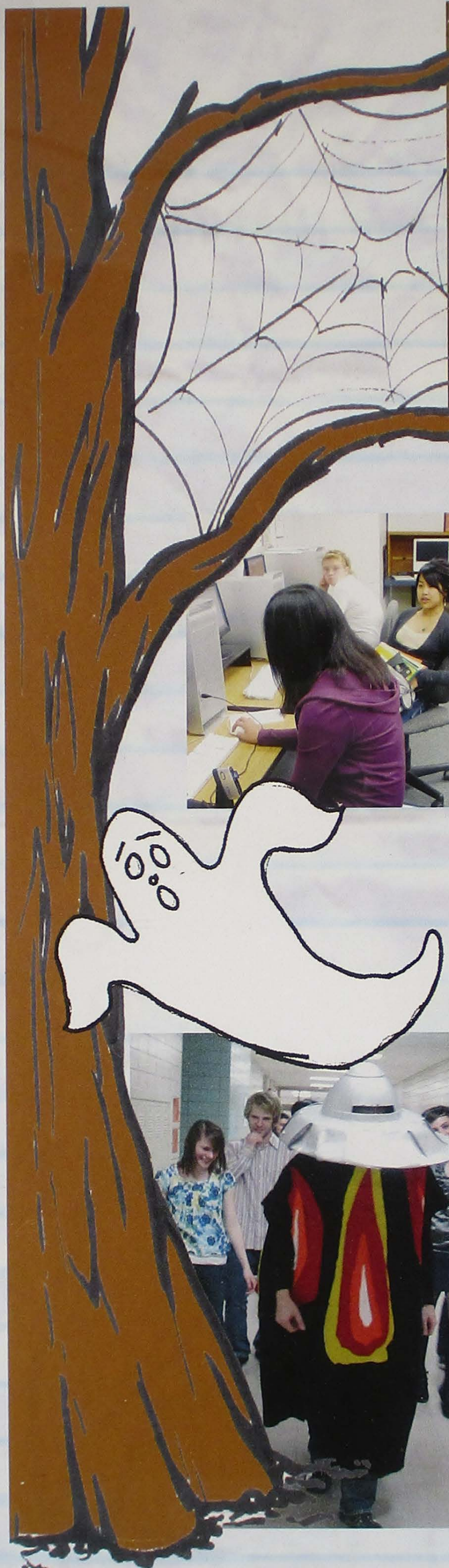
STRATEGY CLUB

Ames High's notorious Strategy club routinely test their wit and intellect on the field of board games. With the intense level at which these club members play, only the hard core competitors have a chance for victory. Typical favorite games of this club consist of Lord of the Rings, Risk, Risk 2012, StarCraft, and Napoleon in Europe.

DESTINATION IMAGINATION

Dreaming big, Destination Imagination utilizes the force of creativity to find solutions to problems. Ames High's team this year, The Purple Turtle Tangents, placed first at the State competition. Members of Destination went on to compete in Tennessee, pushing the confines of their ingenuity outside of the box with the hopes of winning Globals.





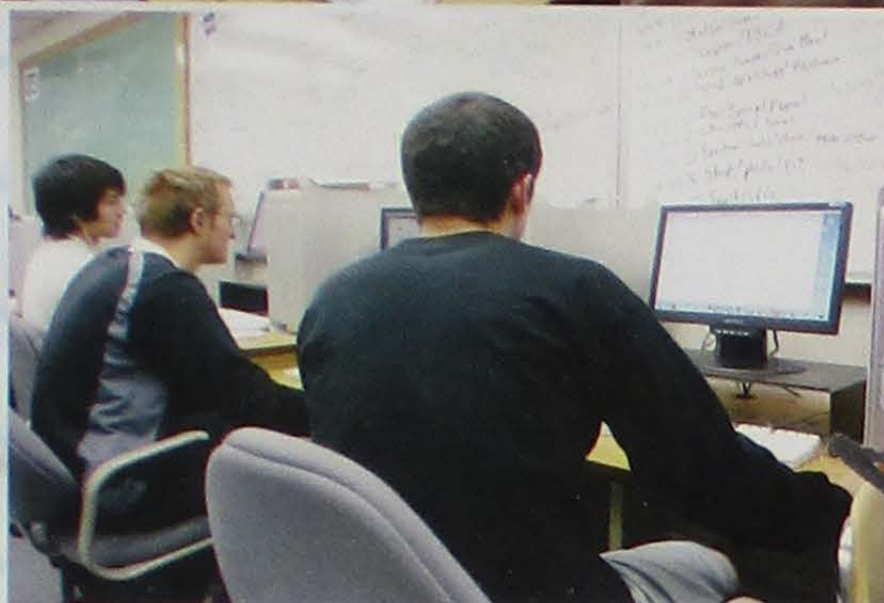
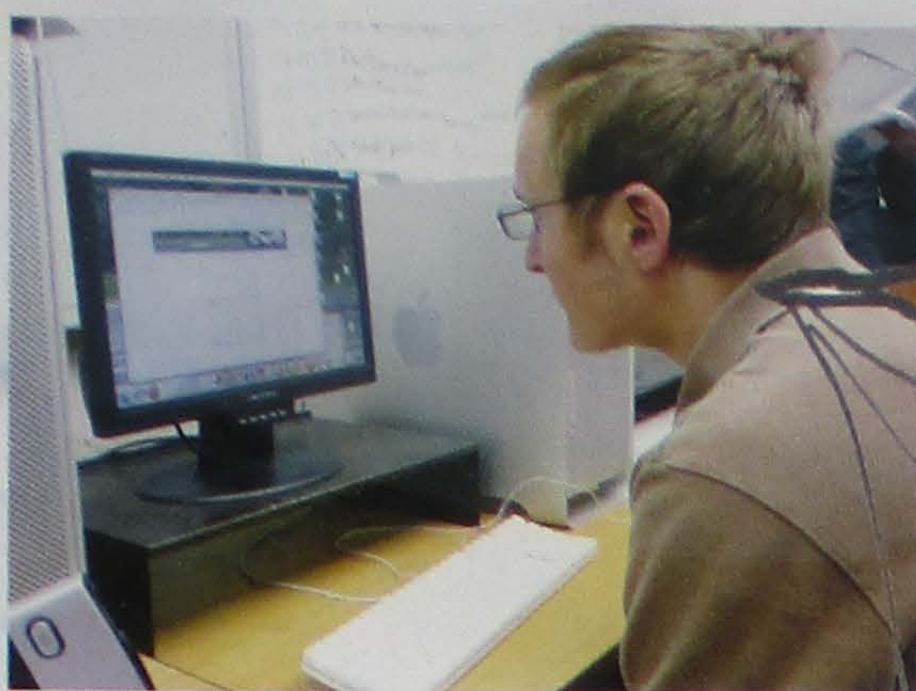
Row 1 - Kuper Bergman, Tanya Liu, Scott Macdonald, Lawrence Chiou, Sandy Huang Row 2 - Michelle Kim, Eric Sung, Paul Hibbing, Katherine Klinseis, Cody Baughman, Emily Boydston, William Kresse, Meredith Anselman Row 3 - Mr. Johnson, Jess Nelson, Josh Brown, Matt VanWinkle, Kevin Kanthasamy, Alan Guo, Ben King, Kevin Arritt, Chris Xin



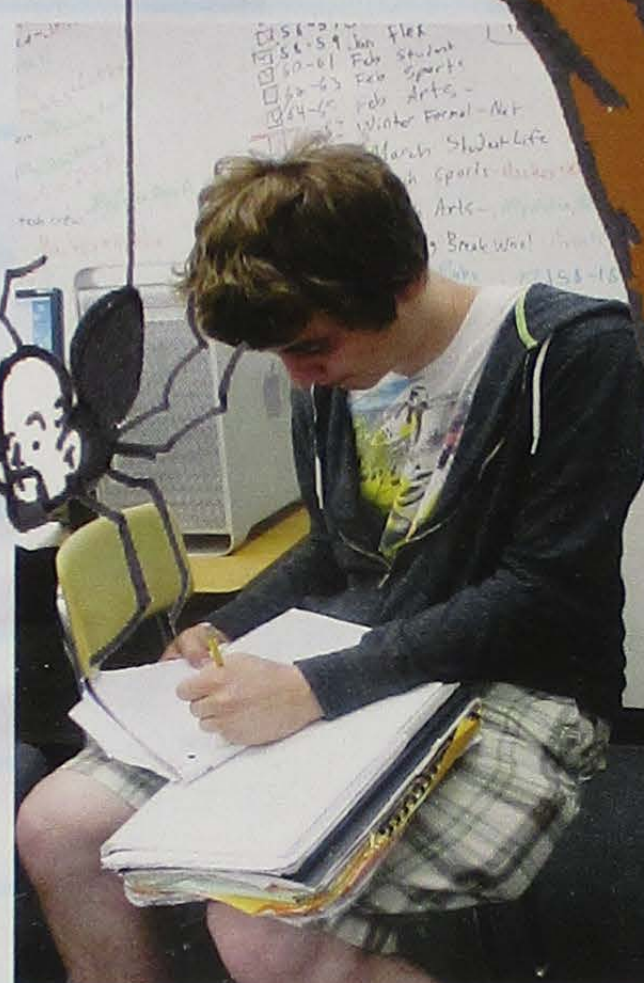
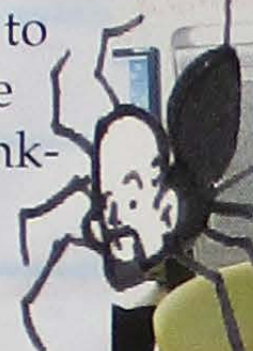
Under the supervision of Mr. Webb and the dictatorship of B-Nads, the yearbook staff met during seventh period each day, attempting to document the year. The staff began by having brainstorming sessions aimed at creating a strong theme for this year's book. Everyday thereafter was dedicated to designing page layouts, taking as many pictures as humanly possible, and writing clever captions.



THE WEB



The WEB is the student newspaper which covers all important and non-important issues ranging from racism to puppies. With a new issue every three weeks, the WEB staff is constantly thinking of new ways to keep their stories fresh and semi-relevant. With humor sprinkled into every article, it's no wonder that students anxiously await each issue's publication.

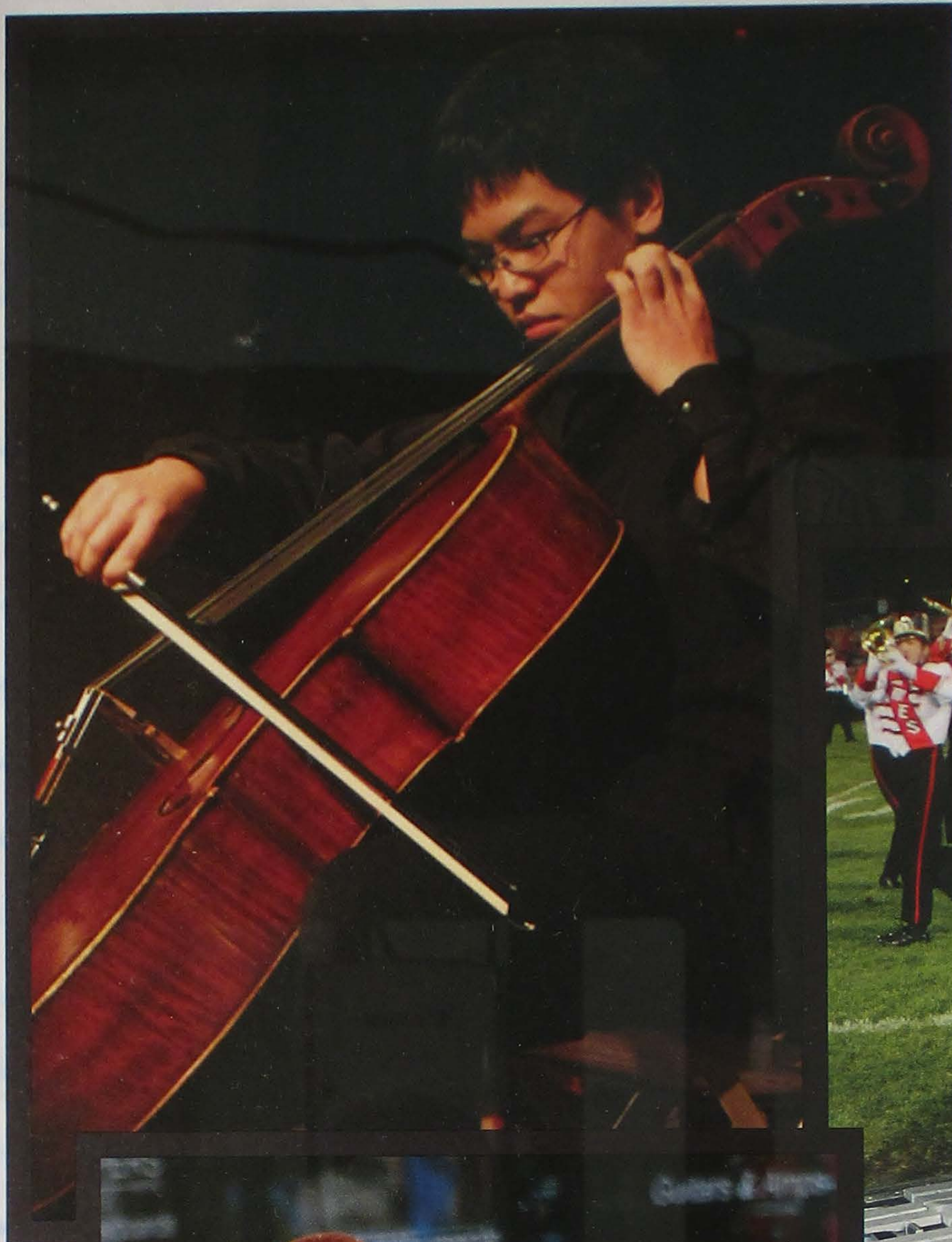


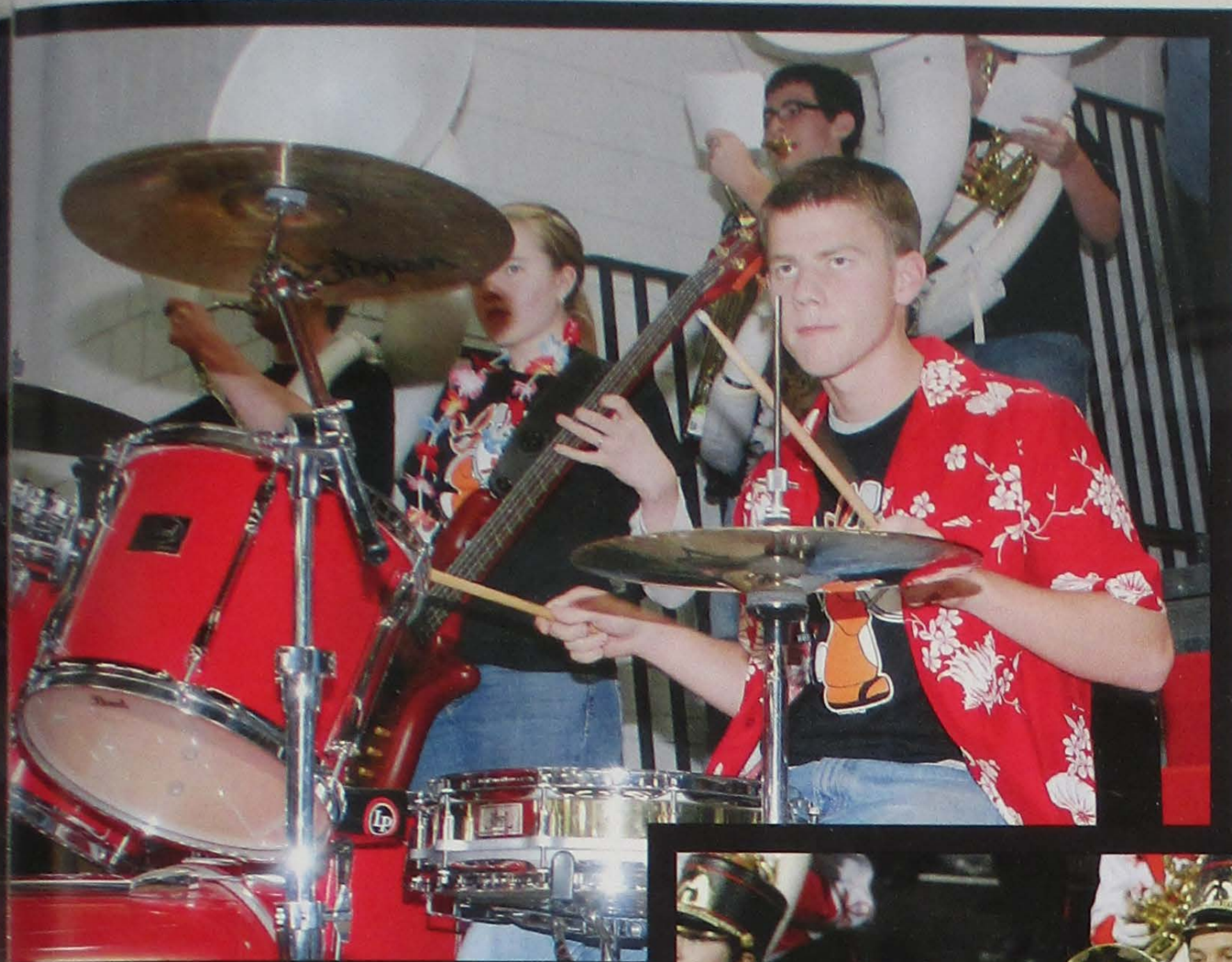
R.I.P
SPIRIT STAFF
2008 - 2009



Row 1 - Ben Mackey, Morgan Bettis, Natalie
Row 2 - Kaitlin Estill, Cathy Pastiak, Anna
Row 3 - Megan Cohea, an Lanning, Alyx
Row 4 - Mr. Webb, Josh Brown, Ben
adler, Mrs. Engelkes





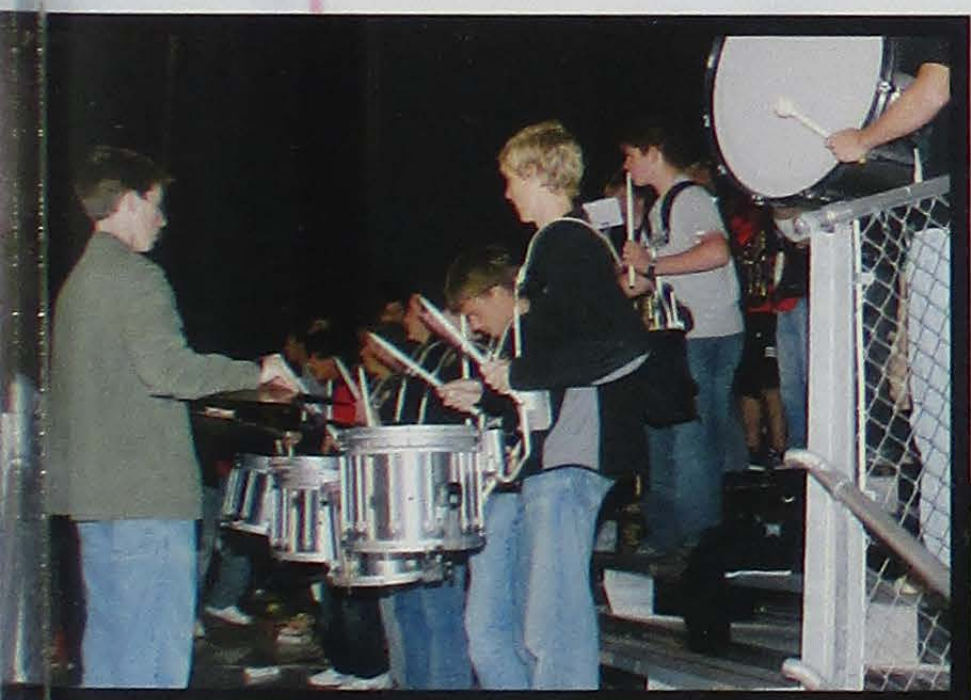




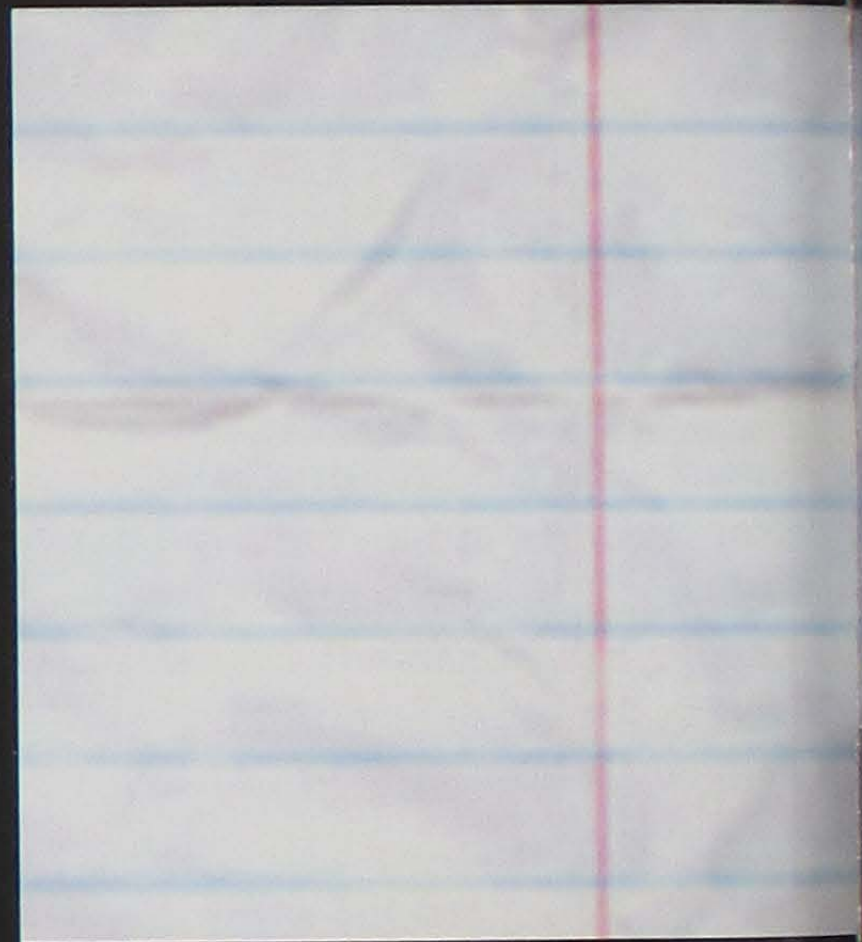
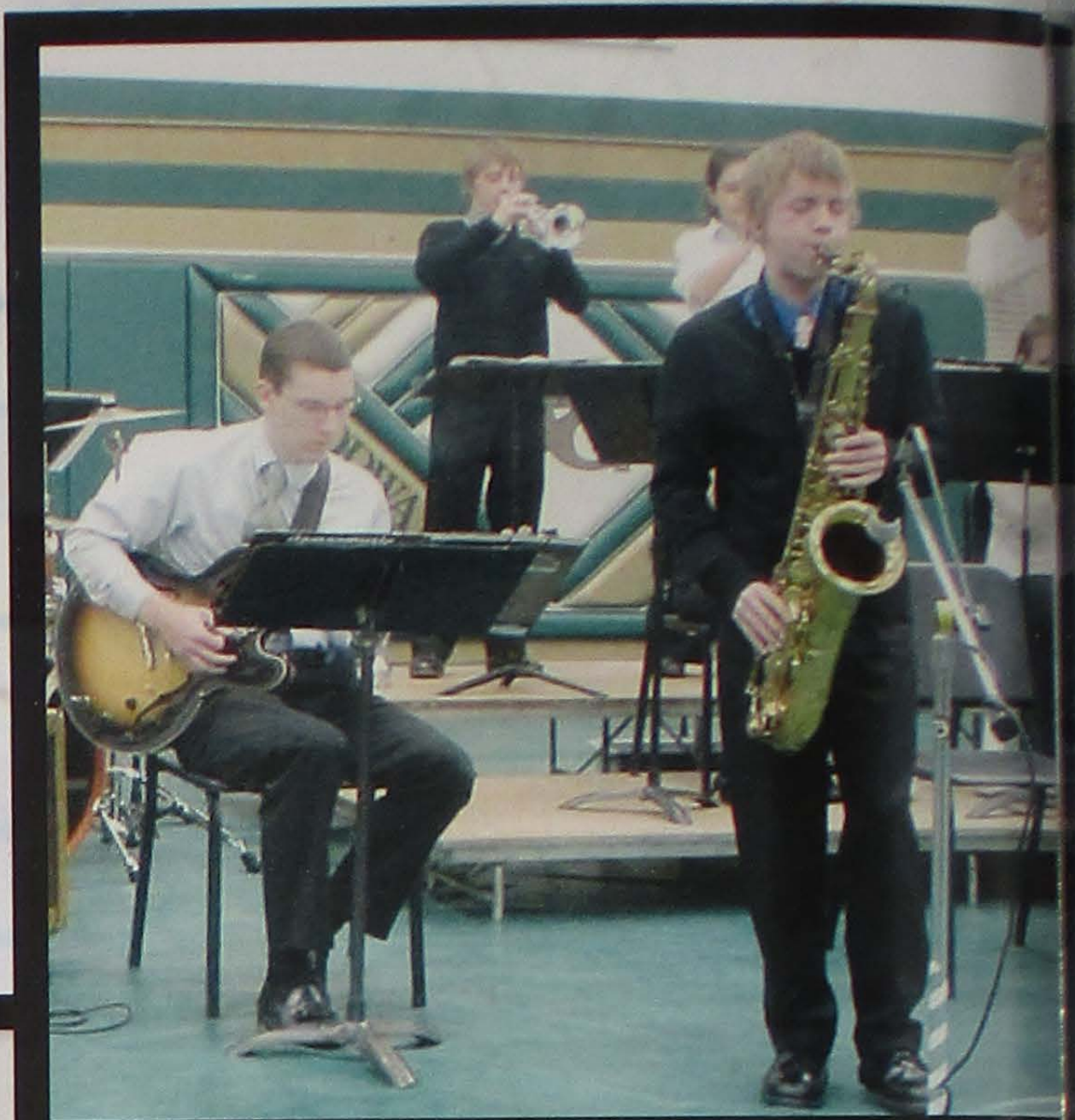
Freshmen - Krystal Adams, Madison Ada, Kevin Babcock, Ujjal Bhattacharyya, Claire Boeke, Samantha Bortle, Alyssa Bovinette, Joshua Bratsch-Prince, Joshua Brenner, Brady Brinkmeyer, Greer Brown, Wesley Brown, Mattie Bruning, Chloe Carson, Melanie Chang, Maia Clipsham, Lucas Coleman, Alex Constant, Camry Crosswait, Spencer Davis, Louis Dupuis, Samuel Ennis, Jackson Espeset, Breeana Glenn, Dillan Glock, Robert Graveline, Jackson Griffith, Jackson Griffith, David Hascall, Tess Haverkamp, Joel Heilman, Tess Hudson, Jessica Jacobson, Darren Johnson, Nia Johnson, Carlo Kind, Christopher Lee, Hangil Lee, Emily Meese, Brett Merseal, Haley Moore, Jazelli Mueterthies, Elisabeth Nagle, Lauren Naylor, Ian Nieland, Jayson Ochanpaugh, Sarah Paik, Ian Peeler, Cheyenne Pritchard, Charles Rathe, William Rekemeyer, Jessica Reynolds, Martha Ryan, Katherine Scott, Phillip Shaw, Cori Siberski, Danielle Sitzman, Kevin Smith, Zachary Strah, Ambrose Strohman, Julian Thies, Katelyn Thilges, Joshua Tucker, Joel Uhlmeier, Erol Unal, Emily Vernon, Zechariah Walker, Victor Wang, Brian Whitley **Sophomores** - Indyca Allfree, Erica Anderson, Amy Balvanz, Bryan Bjorklund, Sadie Botine, Joy Busch, Mariah Crotty, Brian Dobbe, Amber Duden, Morgan Dunn, Chas Emerson, Tim Fernando, Brandon Friederich, Kimberly Garasky, Tobias Gassman, Tom Gehring, Anna Hansen, Nathan Hansen, Pierce Hanway, Ezra Hart, Kelly Heikens, Atli Mar Heimisson, Adam Hofer, Anna Joerger, Ben Jurenka, Elizabeth Kaloupek, Alec Kapaun, Ed Kraus, Adam Lane, Dylan Larson-Konar, David Lee, Joe Linduska, Charles Long, Eden Marek, Mary Joseph MayMartin, Justin Masteller, Joseph May, Ethan McCallum, Jacqueline Nowers, Colin Ogilvie, Mary Ommaid, Colin Peterson, Hunter Peterson, Samuel Primmer, Madison Prueger, Kim Richards, Taylor Ring, Elliott Russell, Nick Scallon, Breanna Schoenrock, Lindsey Shanks, Malcolm Squire, Meredith Stabel, Kevin Stasko, Katie Strickland, Genna Tesdall, Stephen Todey, Nirvan Tyagi, Kristin Upah, Megan Van Pelt, Hanna Vollbrecht, Nickie Williams, Peter Yin **Juniors** - Alex Adams, Katelyn Adams, Nichole Allen, Kimberly Anderson, Alex Askew, Spencer Babcock, Casey Bagnall, Anna Baumgartner, Jonathan Beavers, Bryanna Behning, Daniel Berg, Kira Boswell, Tashara Burnside, Matt Carter, Evelyn Chen, Eric Danielsen, Mackenzie Dickson, Shauna DuCharme, Samantha Flickinger, Stella Fritzell, Michelle Gibson, Sam Gibson, Joey Greene, Jonathon Hagen, Michael Hall, Jacob Hoefer, Stephanie Holtman, Robin Honeyman, Gerri Jaeschke, Kavin Kanthasamy, Anna Kaspar, Lauren Kawaler, Megan Kroeger, Michelle Millage, Andrew Moore, Stephen Pearson, Max Peterson, Sophie Pierce, Irina Popova, RaeAnna Rekemeyer, Ryan Riley, Zoe Russell, Aaron Schill, David Shirbroun, Kali Short, Hanna Sundberg, Allison Tim, Ryan Tucker, Esin Unal, Katie Wallace, Allee Wengert, Lindsey Wyckoff **Seniors** - Spencer Botine, Emily Boydston, Zach Clipsham, Galadriel Comito, Ross Covington, Jon Cowan, Alyssa Frandsen, Anna Frishman, Kristin Gaffney, Anna Hagen, Victoria Harding, Ellen Heikens, Zach Heilman, Ian Herrman, Matt Hoffman, Sandy Huang, Melissa Huisman, Sarah Israel, Daniel Jahren, Patrick Jahren, Jill Joerger, Abbey Johnson, Alec Knight, Caitlin Lawrence, Matthew Lee, Michael Misra, Benjamin Nadler, Jessica Nehls, Abe Nelson, Megan Paxton, Tiffani Pilcher, Mythili Prabhu, Jesse Pritchard, Julia Reynolds, Stephen Sawyer, Matt Saxton, Lauren Schwab, Rachael Shaw, Matt Skarsgaard, Alieba Smith, Emma Walsh, Shanya Walle, Katie Williams, Aaron



Row 1 - Ross Covington, Abe Nelson, Matt Hoffman, Zak Clipsham, Anson Woodin, Ben Nadler, Matt Skarshaug, Shauna Wells, Jon Cowan Row 2 - Ujjal Bhattacharyya, Eric Danielson, Daniel Berg, Tom Gehring, Chas Emmerson, Anna Hansen, Brady Brinkmeyer, Alex Constant Row 3 - Ryan Tucker, Anna Kaspar, Elliott Russell, Malcolm Squire, Madison Prueger, Martha Ryan, Colin Peterson, Josh Bratsch-Prince, Ambrose Strohman



SPIRIT apologizes
that no group pic-
ture was taken of
Jazz Band





SPIRIT apologizes
that no group pic-
ture was taken of
Pep Band



Band



Row 1 - Katharine Scott, Elisabeth Naylor, Kevin Smith, Martha Ryan, Alex Constant, Victor Wadsworth, Alyssa Bovinette, Jazmine Mueterthies, Krystal Adams
 Row 2 - Emily Vernon, Johnson, Maia Clipsham, Melanie Chang, Josh Bratsch-Prince, Sarah Pa, Cori Siberski, Dillan Glo, Lauren Naylor, Ujjal Bhattacharyya
 Row 3 - T Hudson, Emily Meese, Gr Brown, Breeana Gle, Jessie Reynolds, Daniel Sitzman, Ian Peeler, Nieland, David Hascall
 Row 4 - Samantha Bortle, Spen Davis, Chris Lee, Cheyer Pritchard, Zachary Str Bryan Graveline, Ke Babcock, Brett Merse

Madison Adams
 Row 5 - Jessica Jacobson, Claire Boeke, Joshue Tucke, Katelyn Thilges, Mattie Bruning, Brinkmeyer, Hangil Lee, Erol Unal, William Rekemeyer, Jayson Ochanpaugh
 Row 6 - Jackson Espeset, Zec riah Walker, Tess Haverkamp, Joel Heilman, Jackson Griffith, Lucas Coleman, Sam Ennis
 Row 7 - Charles Rat Ambrose Strohman, Louis Dupuis, Johnny Hadish, Wesley Brown, Joshua Bren

Row 1 - Sadie Botine, Jacque Nowers, Mary Ommaid, Amy Balvanz, Kim Richards, Nickie Williams, Tobias Gassman, Ana Joerger, Meredith Stabel, Anna Hansen
 Row 2 - Eden Marek, Liz Kaloupek, Indyea Allfree, Ed Kraus, Adam Hofer, Peter Yin, Erica Anderson, Kimberly Garasky, Kelly Heikens
 Row 3 - Madison Prueger, Genna Tesdall, Megan VanPelt, Joy Busch, Taylor Rins, Morgan Dunn, Mary Martin, Brandon Friedrich, Bryan Bjorkland, Adam Lane
 Row 4 - David Lee, Nirvan Tyagi, Joe Linduska, Lindsey Shanks, Amber Duden, Justin Masteller, Mariah Crottey, Tim Fernando, Katie Strickland
 Row 5 - Kristen Upah, Bre Schoenrock, Hanna Vollbrecht, Brian Dobbe, Chas Emmerson, Ben Jurenka, Kevin Stasko, Pierce Hanway, Atli Heimisson, Tom Gehring
 Row 6 - Colin Ogilve, Charles Long, Joseph May, Ale Kapaun, Malcolm Squire, Elliott Russell, Samuel Primmer, Nathan Hansen, Colin Peterson
 Row 7 - Hunter Peter son, Stephen Todey, Dylan Larson-Konar, Ethan McCallum, Ezra Hart



Row 5 - Kristen Upah, Bre Schoenrock, Hanna Vollbrecht, Brian Dobbe, Chas Emmerson, Ben Jurenka, Kevin Stasko, Pierce Hanway, Atli Heimisson, Tom Gehring
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 Row 7 - Hunter Peter son, Stephen Todey, Dylan Larson-Konar, Ethan McCallum, Ezra Hart

Row 1 - Katie Wallace,
Thara Burnside, Evelyn
Cen, Bryanna Benning,
Ze Russell, Stephanie Holt-
on, Casey Bagnall, Sam
Pkinger, Alex Adams,
Ka Boswell Row 2 - Irina
Prova, Lauren Kawaler,
Ran Tucker, Shauna Duch-
an, Allie Wengert, Kimberly
Aderson, Mackenzie Kick-
er, Esin Unal, Gerri Jaeshke
Row 3 - Michelle Millage,
Ka Boswell, Anna Baum-
gdnner, Jon Hagen, Spencer
Bocock, Hanna Sundberg,
Silla Fritzell, Allison Tim,
Ax Askew, Reanna Reke-
myer Row 4 - Max Peter-
se, Anna Kaspar, Matthew
Cter, Sam Gibson, David
Srbroun, Joseph Greene,

Ax Miller, Michael Hall, Eric Danielson, Peter Miller Row 5 - Andrew Moore, Jacob Hoeffler, Jonathan Beavers,
Krin Kanthasamy, Stephen Pearson, Eric Terry, Jonathan Kaiser, Kale Short, Michelle Gibson, Robin Honeymoon



Row 1 - Ellen Heiens,
Alesha Smith, Daniel
Jahren, Sarah Israel,
Galadriel Comito,
Patrick Jahren, Anna
Frishman, Karrissa
Allyn Row 2 - Spen-
cer Botine, Kristin
Gaffney, Rachel Shaw,
Matt Skarshaug,
Katie Williams, Cait-
lin Lawrence, Megan
Paxton, Alyssa Frans-
dsen, Emma Welch,
Sandy Huang Row
3 - Michael Misra,
Ross Covington, Alec
Knight, Ian Herm-
man, Steven Sawyer,
Jill Joerger, Emily
Boydston, Lauren
Schwab Row 4 - Ben
Nadler, Matt Lee,
Isaac Strohmman, Julia

Reynolds, Victoria Harding, Shanna Wells, Jessica Nehls, Abby Johnson Row 5 - Andrew Rohlf, Stefan Breitling,
Matt Saxton, Melissa Huisman, Mythli Prabhu Row 6 - Dustin Ziminski, Matt Hoffman, Zac Clipsham, Jon Cowan,
Abe Nelson, Zach Heilman

Orchestra

UPPER CLASSMAN VIOLINS

Row 1 - Anna Meese,
Hannah Tuggle, Clara Keum,
Mona Li, Lisa Yoon, Tiffani
Pilcher, April Suen, Tanya
Liu, Tulika Biswas

Row 2 - Christian Hurd,
Xiaoxi Yang, Burak Demirci,
John Yang, Seth Forsgren,
Rachel Hauber, Chris Xin,
Alan Guo



SMALL VIOLINS

Row 1 - Camilla Dresher,
Willy Wu, Avanthi Ajarapu,
Paisen Ku, Emily Friend,
Lucy Yi, Jessica King, Mia
Shin

Row 2 - Wendy Oh, Camil
Dresher, Basil Rain, Alyssa
Bovinet, Daniel Yang, Pet
Benson, Belinda Mahama,
Peri Jacobsen, Mitchell Yoo,
Erica Oh, Shannon Fried-
erich,

Row 3 - Lawrence Chiou,
Mariah Crotty, Michelle
Tsai, Vaelan Molian, Chriss
Amaya, Nick Scallon, Ian
Werbel, Bryan Graveline,
Theoren Loo, Christina Tri-
gides





CELLO

Row 1 - Grant Bogdanove, Lucia Keum, Jean Lee, Sue Lee, Hannah Carlson, Yeil Park, Luci Ma, Marian Thompson

Row 2 - Ryan Park, Kelly Grogg, Genna Tesdall, Elizabeth Held, Liza Kroeschell, Joe Iverson, Felix Yang, Alex Jurenka

VOLA

Row 1 - Diane Wang, Azaz Atroon, Leie Moorman, Frances Hindt

Row 2 - Faisal Luvaga, Max Tsai, Er Calendine, David Miller



BASS AND HARP

Row 1 - Ari Mendoza, Zach Walker, Asher Bogdanove, Scott McDonald, Devin Becraft, Alex Canfield, Jeffrey Bright, James Kohler, Laurel Tuggle

Choir



Row 1 - Amy Balvanz, Carolyn Metz, Melissa Martin, Casey Bagnall, Anna Meese, Sadie Botine, Melissa Munkvod, Maggie Brockway, Kate Dobson **Row 2** - Mariah Harris, Taylor Schram, Anne Spencer, Alyssa Jackson, Mandi Fair, Aslynne Carriere, Megan Kroeger, Emily Simpson, Katie Wallace **Row 3** - Jessica Gosch, Megan Paxton, Zoe Russell, Rachel Paxton, Grace Warren, Kira Boswell, Katelyn Gilers, Amanda Johnson **Row 4** - Michelle Millage, Allison Hamilton, Katie Uhde, Lauren Bonett, Mariah Thompson, Christian Hurd **Row 5** - Annette White, Emma Rathe, Bekah Miller, Spencer Botine, Ben Jones, Anson Woodin, Laurel Smith, Norah Lippolis, Paula Crippen **Row 6** - Sarah Gutowski, Molly Moore, Erinn Uhlmeyer, Scott MacDonald, Emily Foegen, Patty Mackey, Kaitlin Brien, Hannah VanEvery, Zach Heilman **Row 7** - Joseph Greene, Robbie Dennis, Tim Fernando, Josh Thompson, Derek Accola, Mary Woeste, Frances Hindt, Melissa Huisman, David Shirbroun **Row 8** - Ian Herrman, Thomas Eslinger, Seth Forsgren, Luuk Dekkers, Alex Houghton, Nathan Snell, William Kresse, Zach Marian **Row 9** - James Chidister, Thomas Geske, Dylan Larson-Konar, Alex Kirstukas, AJ Giebelstein, Jeffrey Bright, Alex Canfield, Rex Fernando, Tom Gehring



Row 1 – Jessica Rowland, Erin Weber, Brooke Schweikert **Row 2** – Liz Laag, Skylar Pattee, Nickie Williams, Carol Frazier, Karl Anderson, Jacob Cellan, Peter Benson **Row 3** – Anna Liu, Katy Stafford, Joy Busch, Alison Church, Tierney Rogers, Emma Paschen **Row 4** – Arina Novotorova, Taylor Ring, Ian Pringle, Kuper Bergman, David Hinrichsen, Meredith Baldrige, Taylor Rich **Row 5** – Lucas Peterson, Abhishek Seshappa, Michael Westover, Pierce Hanway, Thomas Nading, Ethan Woodward, Jon Kaiser



Row 1 - Krystal Parker, Attie Scioneaux, Erin Gamble, Whitney Baker, Brooke Hollenberg, Kevin Smith, Jessica Walker **Row 2** – Issac Comito, Selena Small, Ezgi Ustundag, Emily Meese, Martha Ryan, Azaz Atroon **Row 3** – Nick Shoemaker, Kelly Houghton, Haley Johnson, Cheyenne Pritchard, Jack Sanders, Ryan Wengert **Row 4** – Mattie Bruning, Lexy Denning, Brady Brinkmeyer, Chris LaMar, Haley Moore, Jacob McGee, Keith Schnider **Row 5** - Amadeio Zarnegar, Joey Simonson, Jackson Griffith, Daniel Heddendorf, Charlie Rathe, Dean VanEvery, Michael Ferry

Madrigal



Row 1 - Zach Heilman, Grace Warren, Christian Hurd, Rachel Paxton, Rex Fernando, Mary Woeste, Ian Herman, Megan Paxton, David Shirboun, Bekah Miller, Seth Forsgren, Norah Lippolis, Robbie Dennis, Jessie Gosch,

Row 2 - Annette White, Jeffrey Bright, Melissa Martin, Tommy Geske, Hannah VanEvery, Derek Accola, Annie Spencer, Nathan Snell, Frances Hindt, Spencer Botine, Sarah Gutowski, Jonathan Kaiser, Zoe Russel, Thomas Eslinger

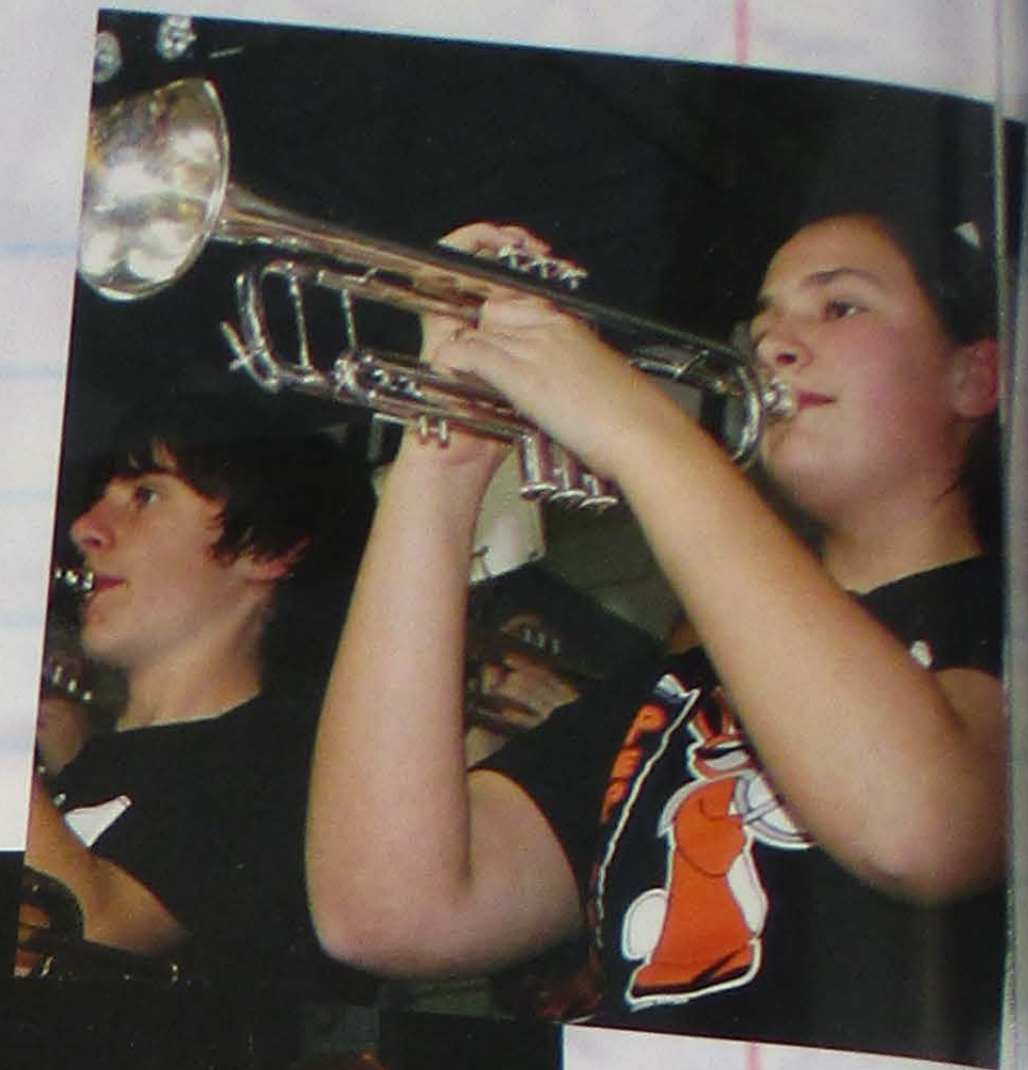
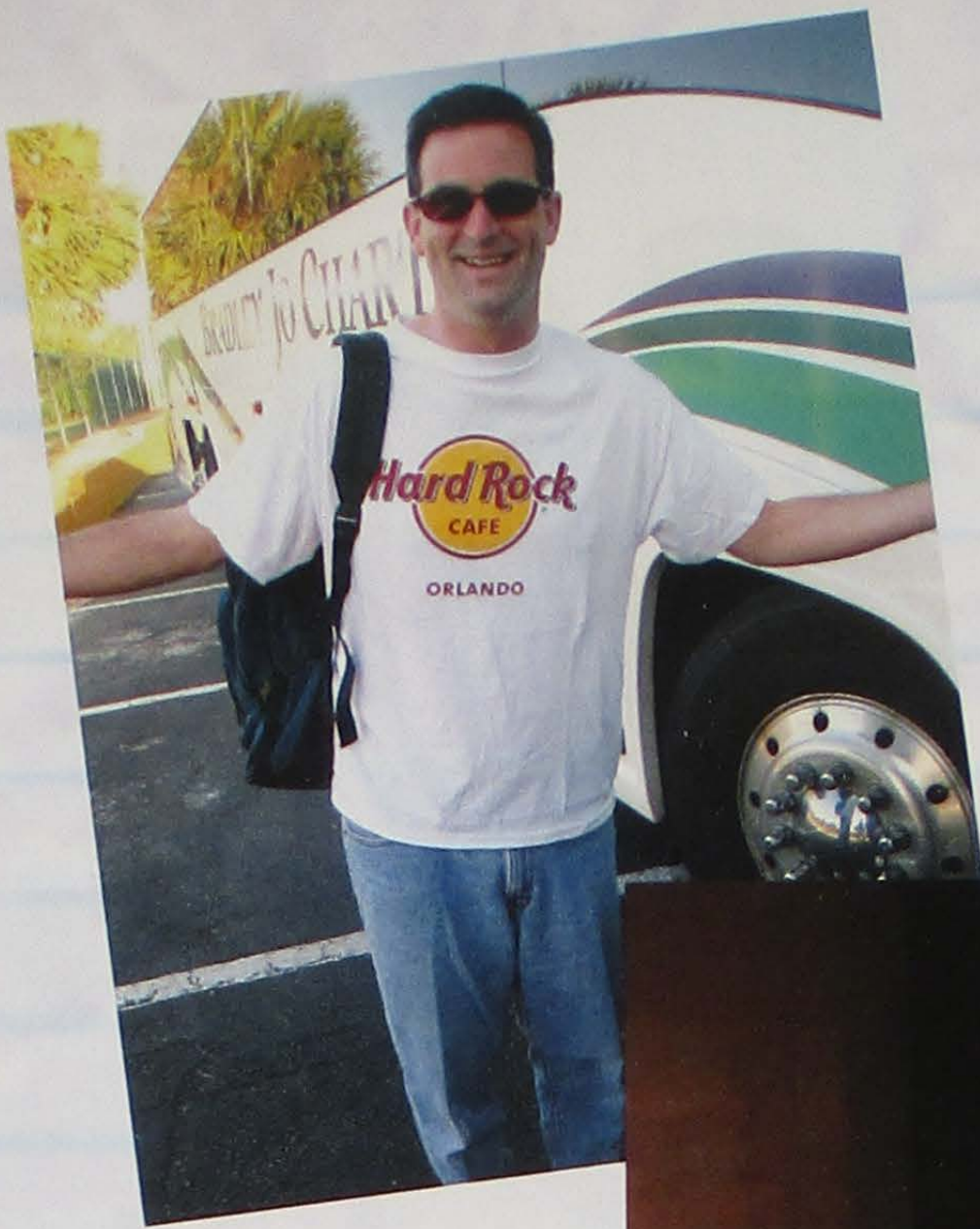
Musical

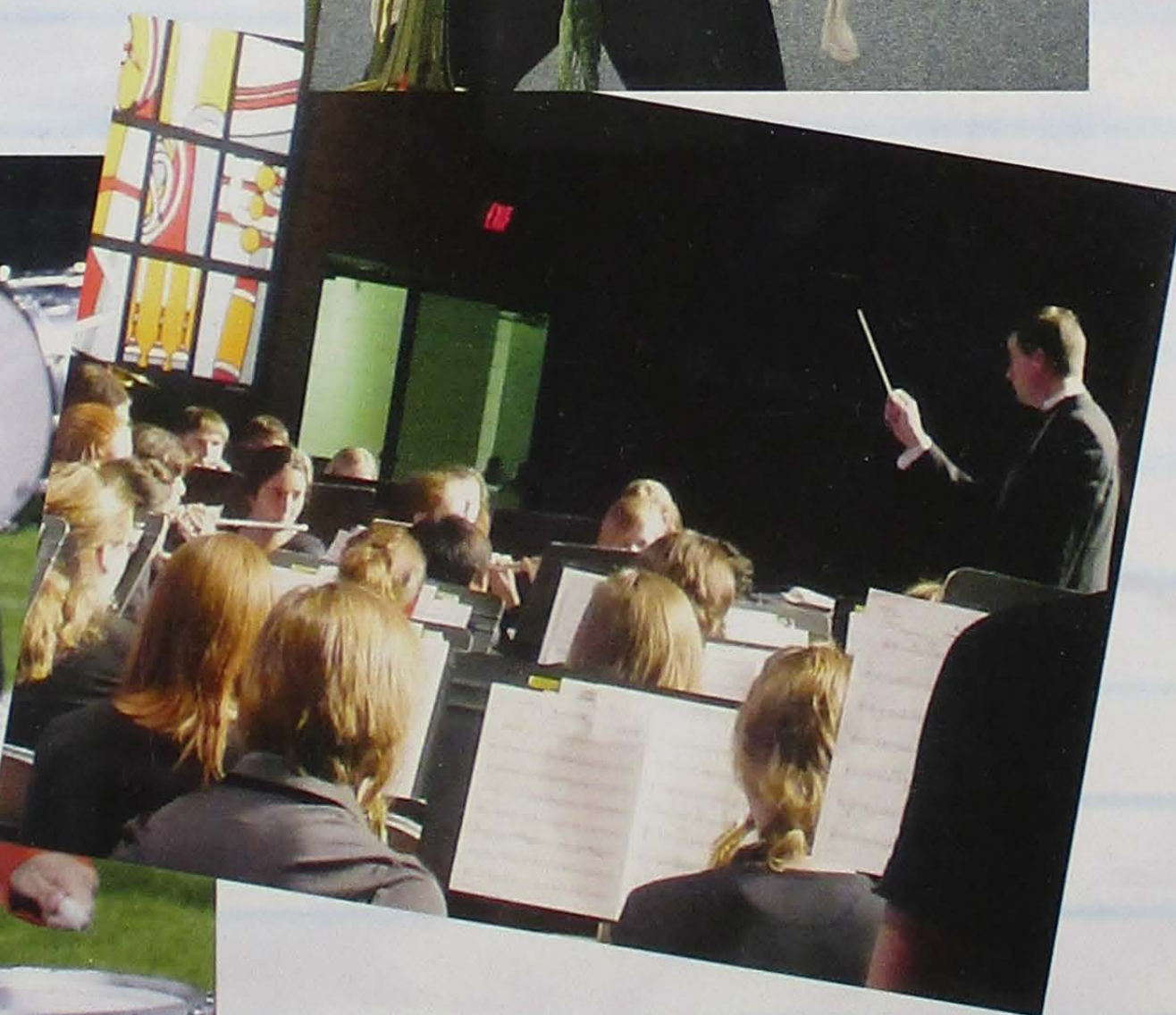


Row 1 - Hannah VanEvery, Anson Woodin, Mary Woeste, Spencer Botine

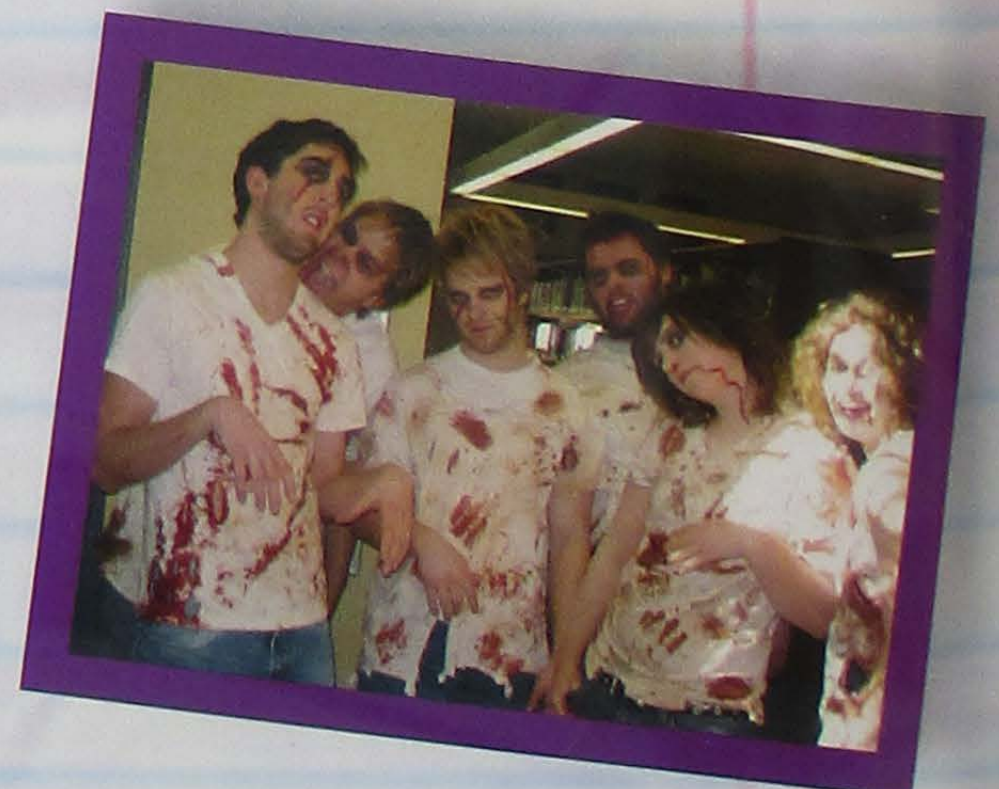
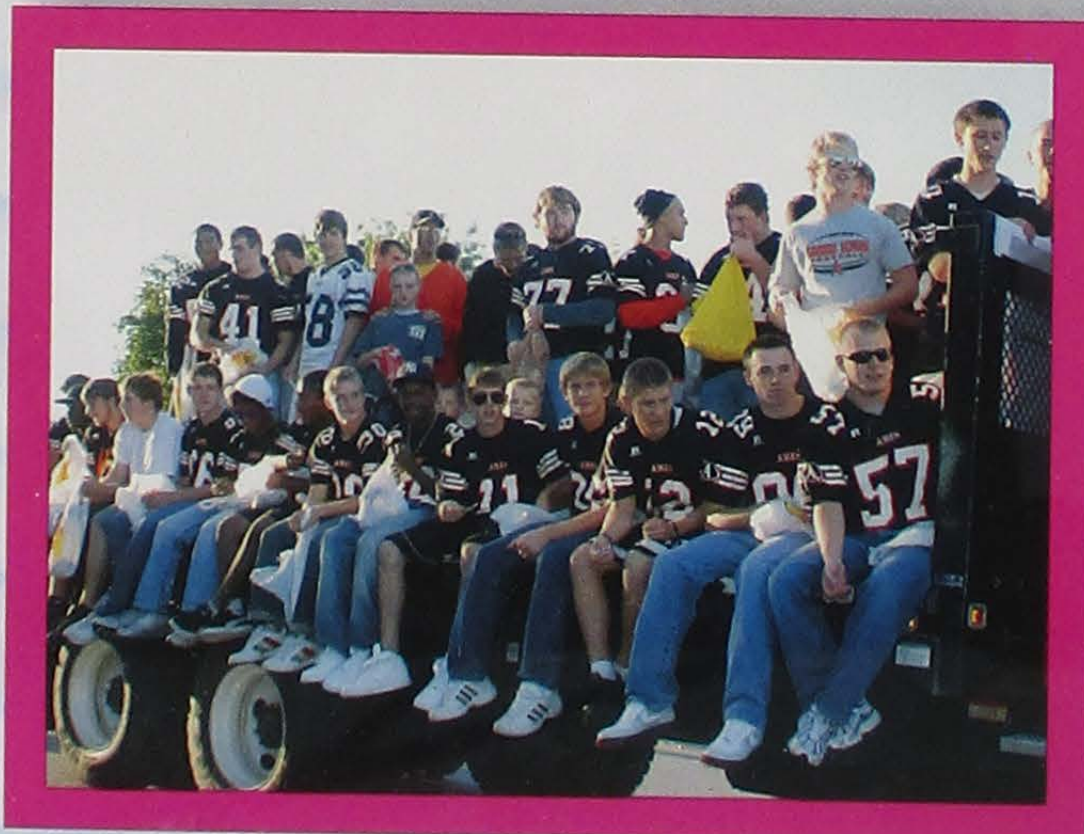
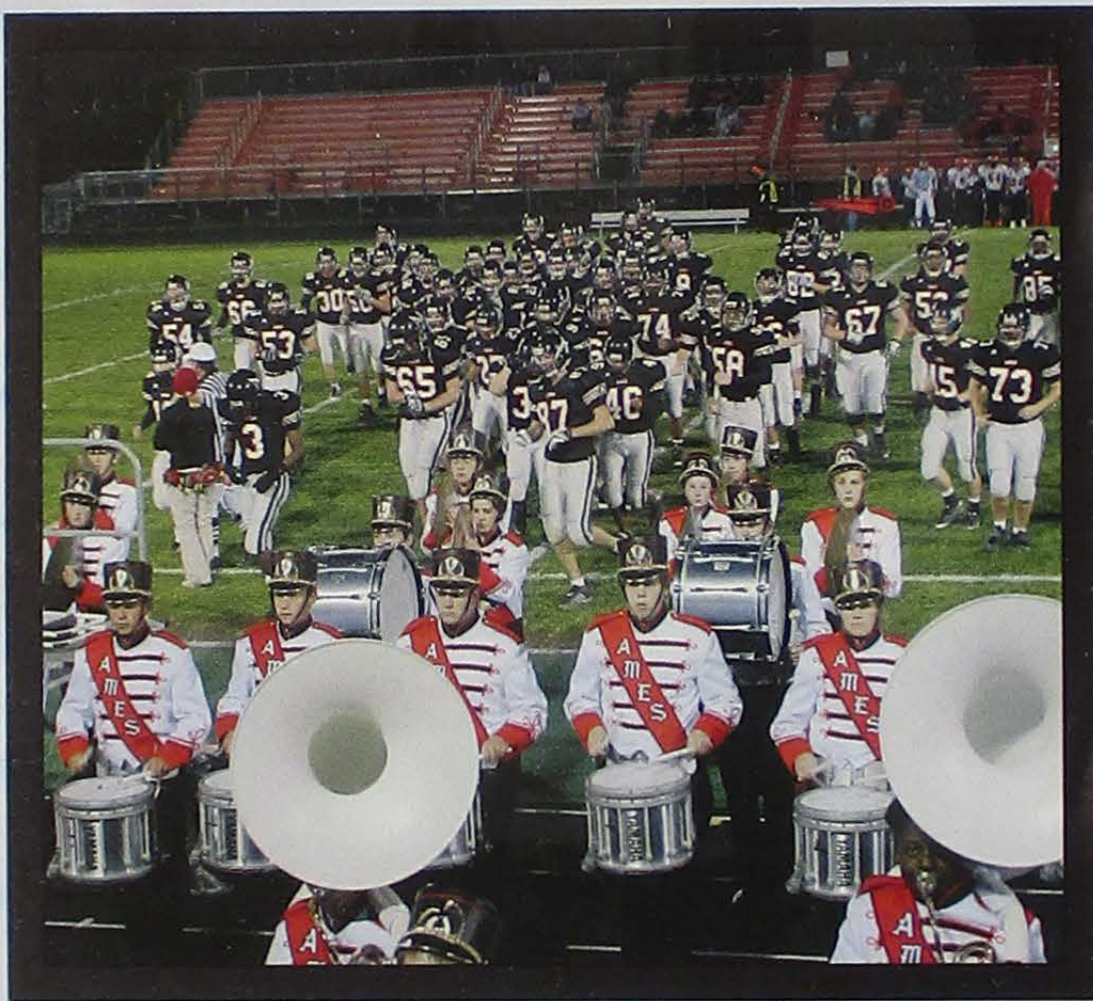
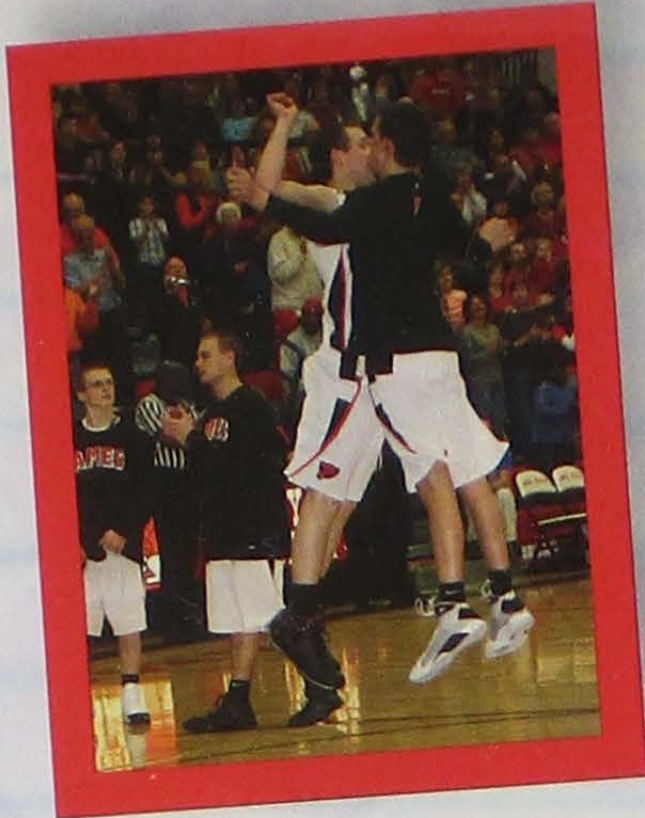
Row 2 - Sarah Gutowski, Kuper Bergman, Norah Lippolis, Alex Kirstukas, David Shirbourn, Megan Paxton, William Kresse, Rachel Paxton

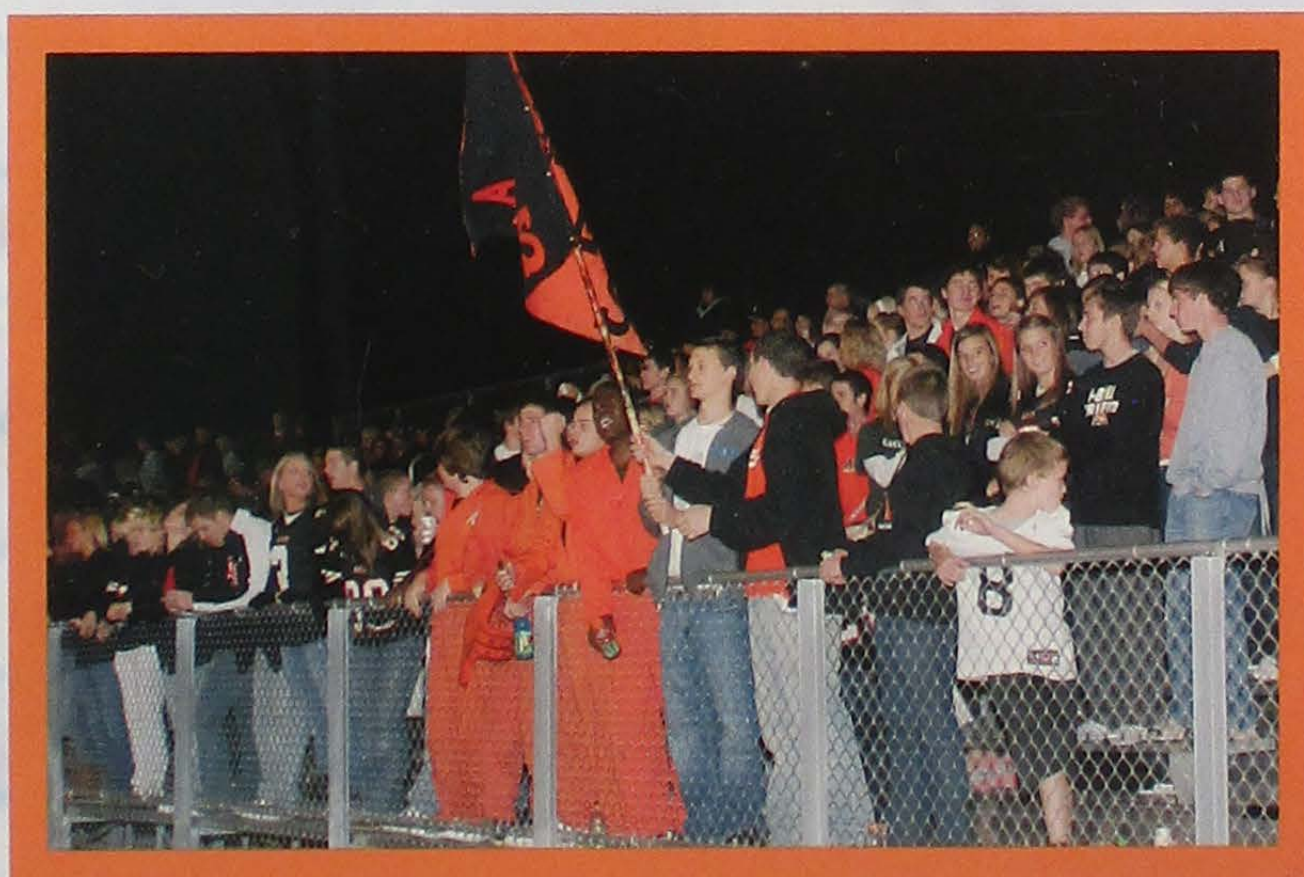
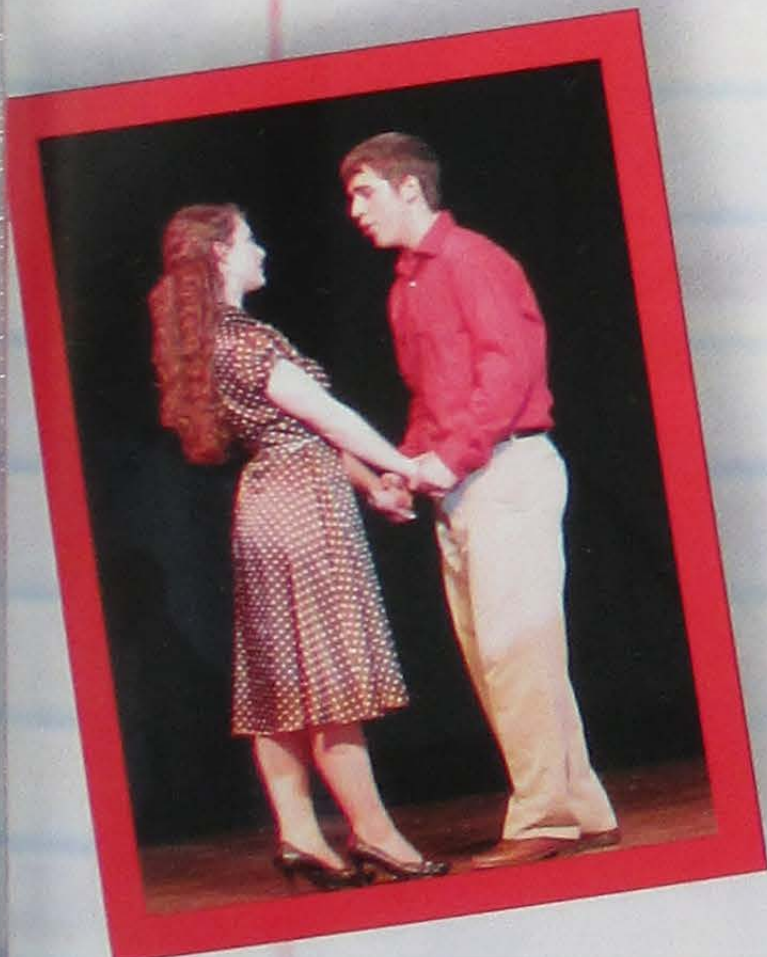
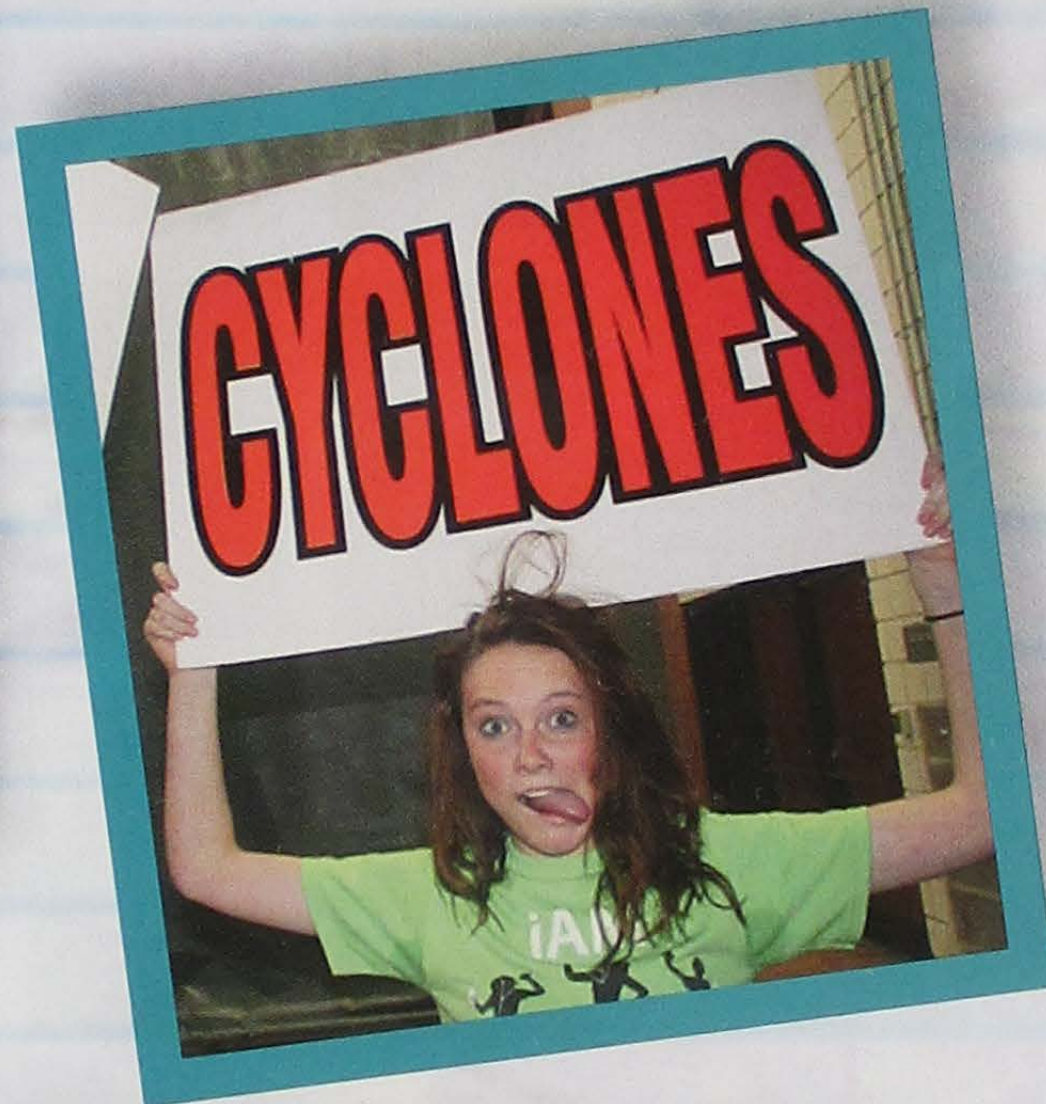
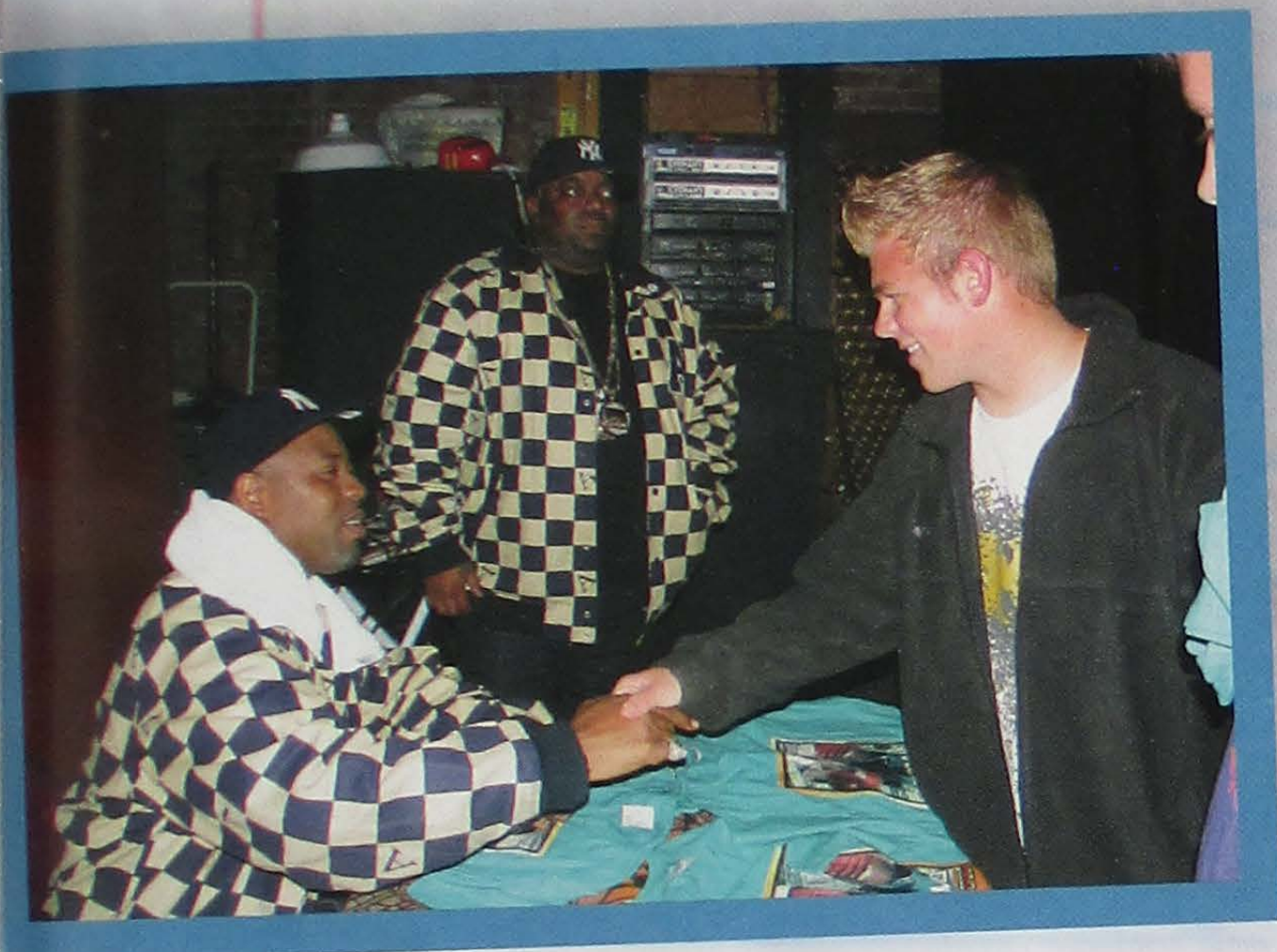
Row 3 - Robbie Dennis, Katie Wallace, Anna Meese, Tommy Geske, Amanda Johnson, Zoe Russell, Tom Gehring, Thomas Eslinger, Frances Hindt, Alex Canfield, Delaney Kolb, Katie Williams, David Hinrichsen, Casey Bagnall





Students





The Freshmen

of Ames High

Krystal Adams
Madison Adams
Kristin Amdahl
Brendan Amsden
Sara Anderson
Jasmine Ardoin
Azaz Atroon



Kevin Babcock
Whitney Baker
Bailey Banach
Aubrie Barber
Cody Barsch
Emily Bassanini
David Batzer



Kelsey Baughman
Daniel Bengtson
Ujjal Bhattacharyya
Alyssa Bignall
Blake Blanford
Claire Boeke
Grant Bogdanove



Michael Boozell
Sammantha Borkowski
Samantha Bortle
Alyssa Bovinette
Jake Bower
Russell Bradley
Bo Brammer



Phelan Branch
Joshua Bratsch-Prince
Emily Brehm-Stecher
Hansen Breitling-Garlington
Joshua Brenner
Cameron Bridges
Brady Brinkmeyer





Maddie Bro
Cody Brown
Greer Brown
Wesley Brown
Mattie Bruning
Alexis Bundy
Christine Bunting



Matthew Burke
Bridgit Burke-Smith
Stephanie Canon
Hannah Carlson
Chloe Carson
Dylan Cellan
Melanie Chang



Renee Chang
Madison Chausse
Yuhana Chiman
Rachael Christman
Nicole Christofferson
Nyalam Chuol
Maia Clipsham



Lucas Coleman
Isaac Comito
Alexander Constant
Camry Crosswait
Jazlyn Davis
Spencer Davis
Sophie Deam



Kelsey Dockstader
Graeme Dodge
Margaret Doyle
Camilla Dreasher
Kelsey Dunn
Emma Dunne
Philip Dunne



Louis Dupuis
Michael Elbert
Sumer Elkhatib
Jacob Eller
Austin Ellis
John Elsenbast
Jacob Engelken



Samuel Ennis
Erin Eregbu
Jackson Espeset
Leah Estes
Linda Evans
Brooke Farmer
Taylor Farnham



Devin Fisher
Shelby Fisher
Shannon Friederich
Heidi Friedrich
Erin Gamble
Breeana Glenn
Dillan Glock

Austin Gohlmann
Rowen Goodman
Kaitlyn Grall
Robert Graveline
Keaton Green
Vince Greenwald
Jackson Griffith



Ryan Griffith
Emily Grzywacz
David Habhab
Johnny Hadish
Annabeth Hampton
Willie-Deonna Hampton
Jihyeon Han



Victoria Hand
Abigail Hanson
Adam Hanson
Zachary Hanson
Amanda Harris
David Hascall
Tess Haverkamp



Joel Heilman
Caesarea Hendricks
Ty Hendricks
Alexis Hill
Andrew Holcomb
Brooke Hollenberg
Cassandra Holloway



Ella Holme
Haley Hoshor
Alexander Hostetter
Kelly Houghton
Miriah Houser
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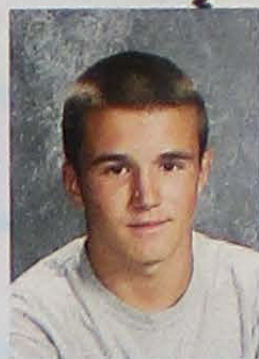
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Puentes
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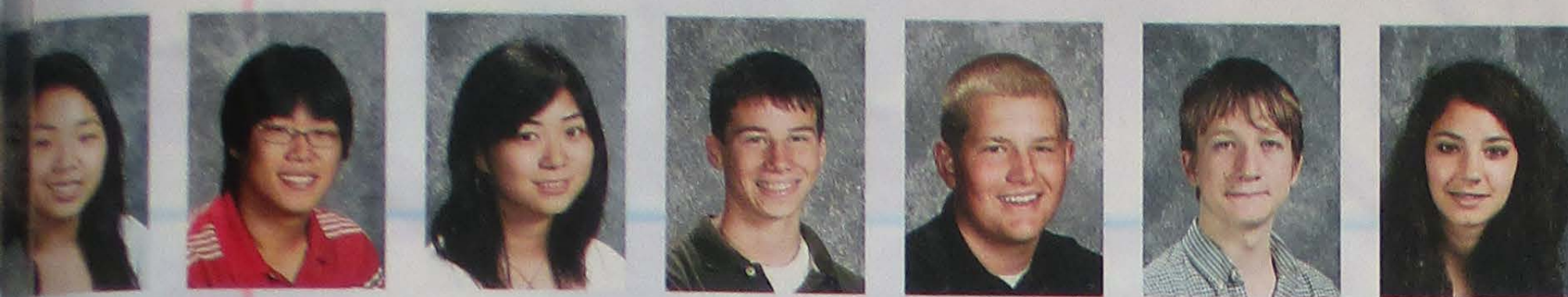


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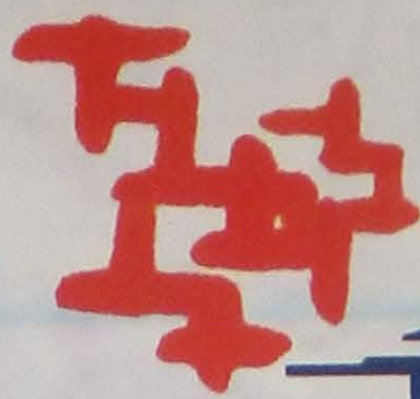
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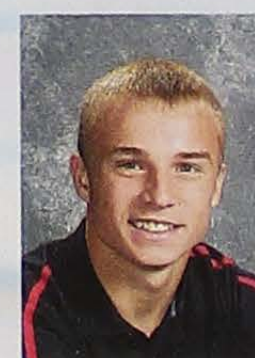
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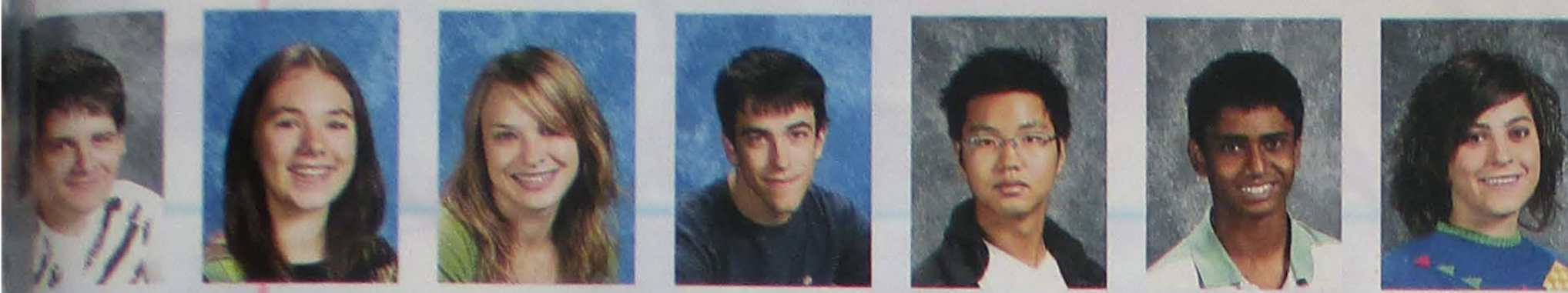


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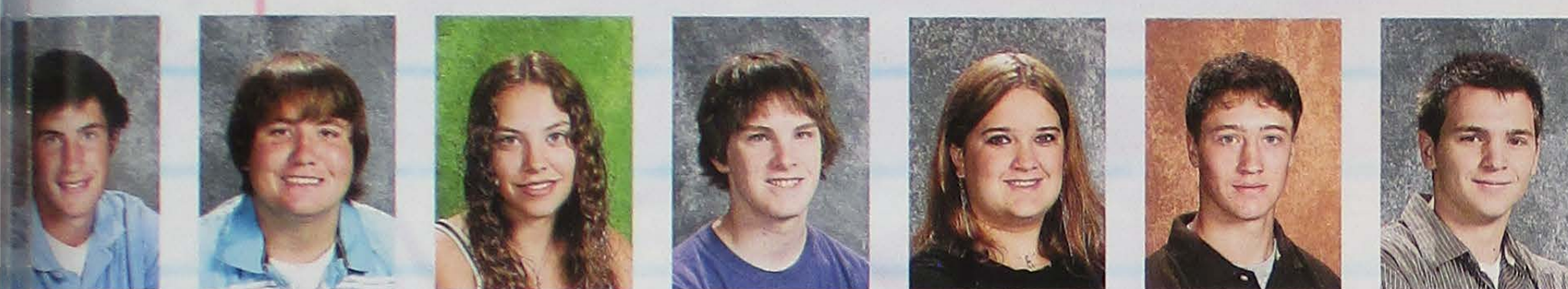
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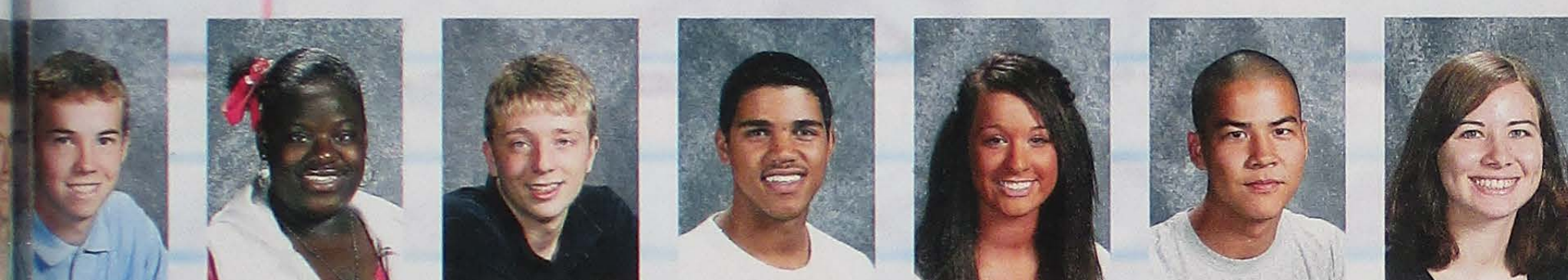
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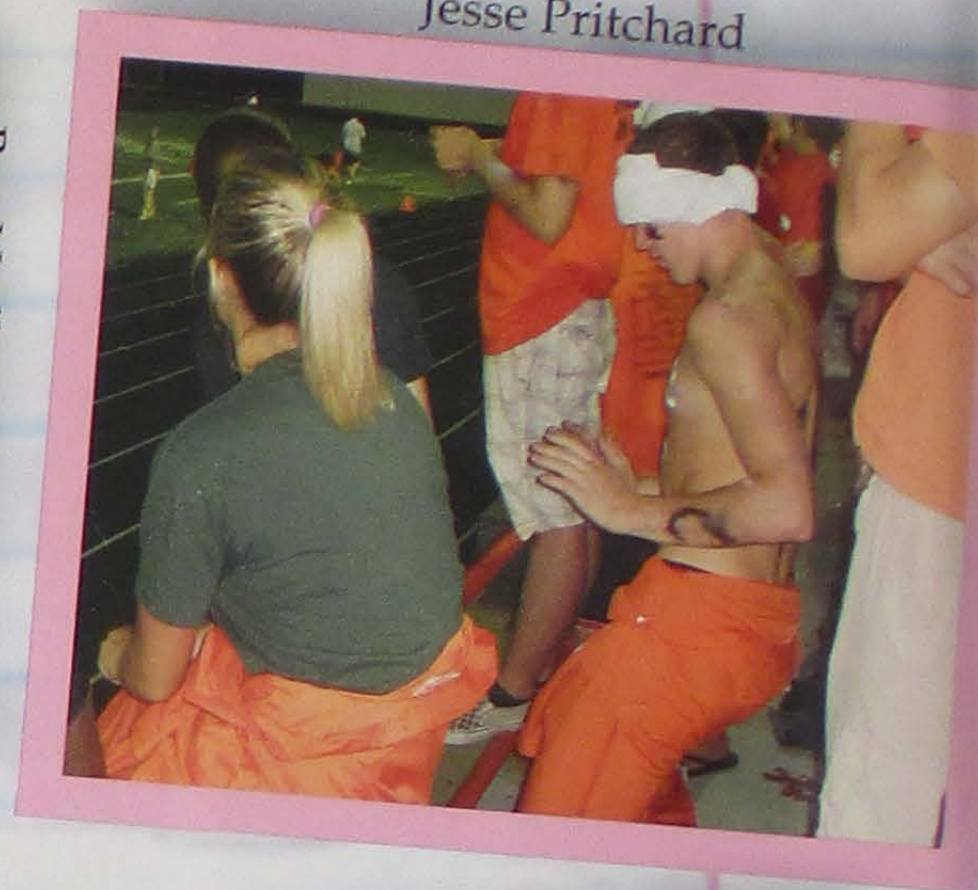
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Nate Ryan & James Fang



Ben Nadler & Matt Saxton

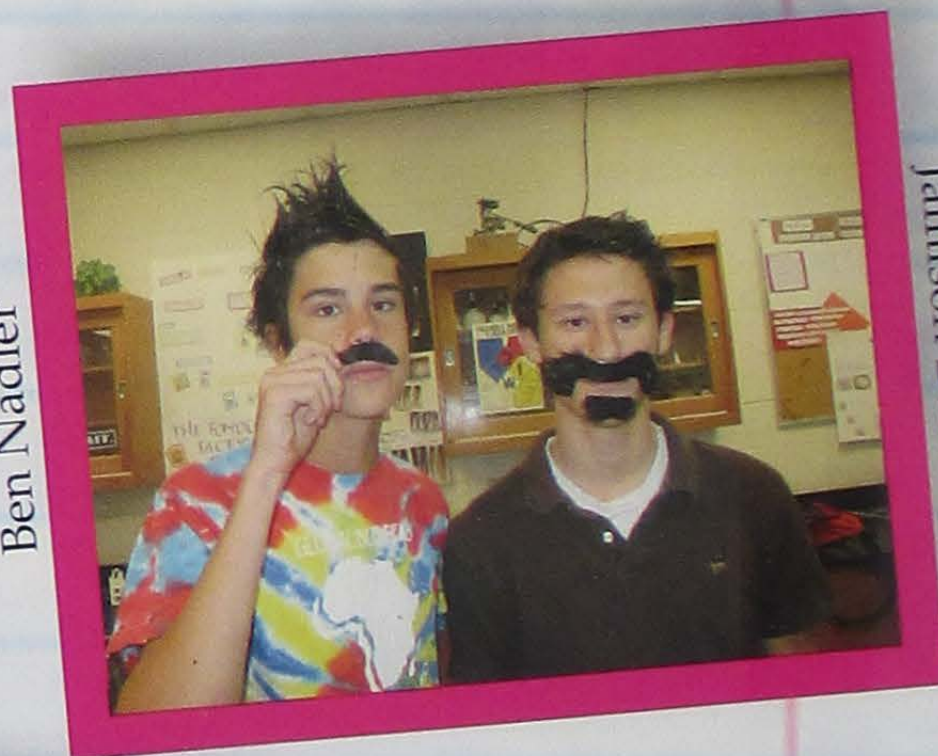
Jesse Pritchard



Steve Stark



Ben Nadler



Jamison Disalvo

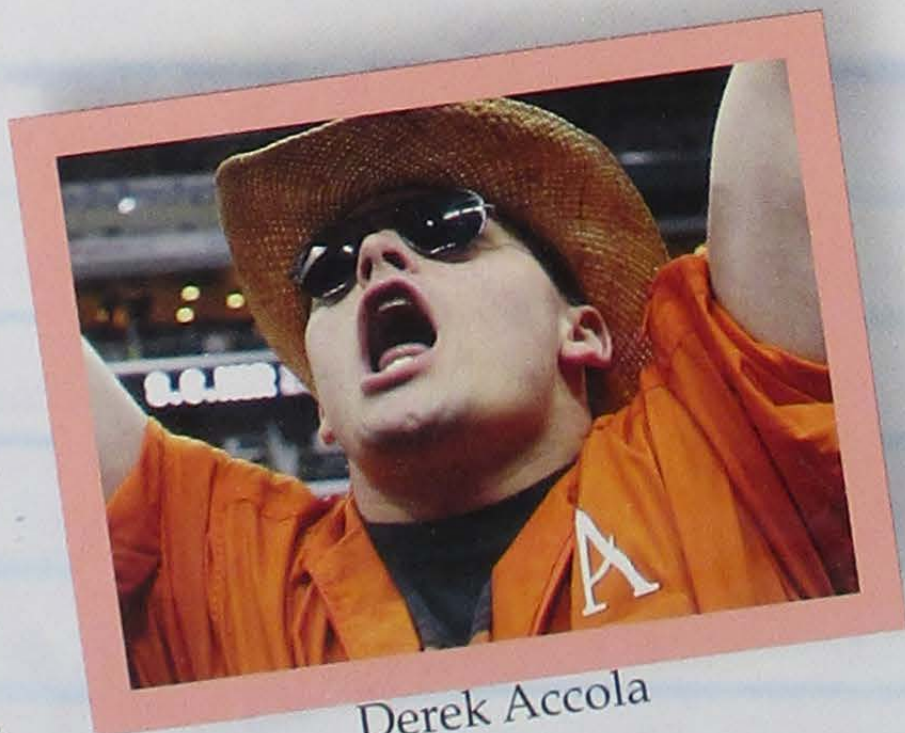
Trisha Nesbitt

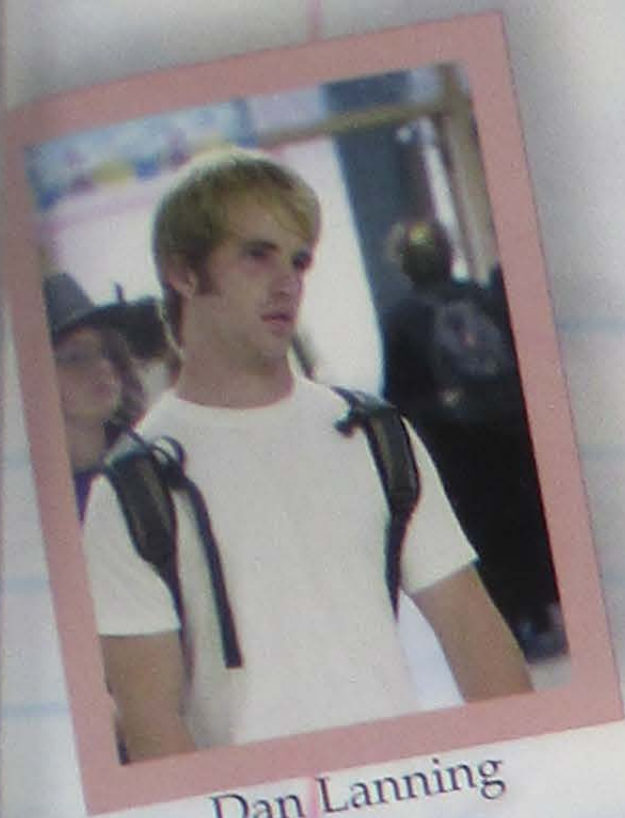


Anna Ashley



Derek Accola





Dan Lanning

Katie Williams



Mythili Prabhu

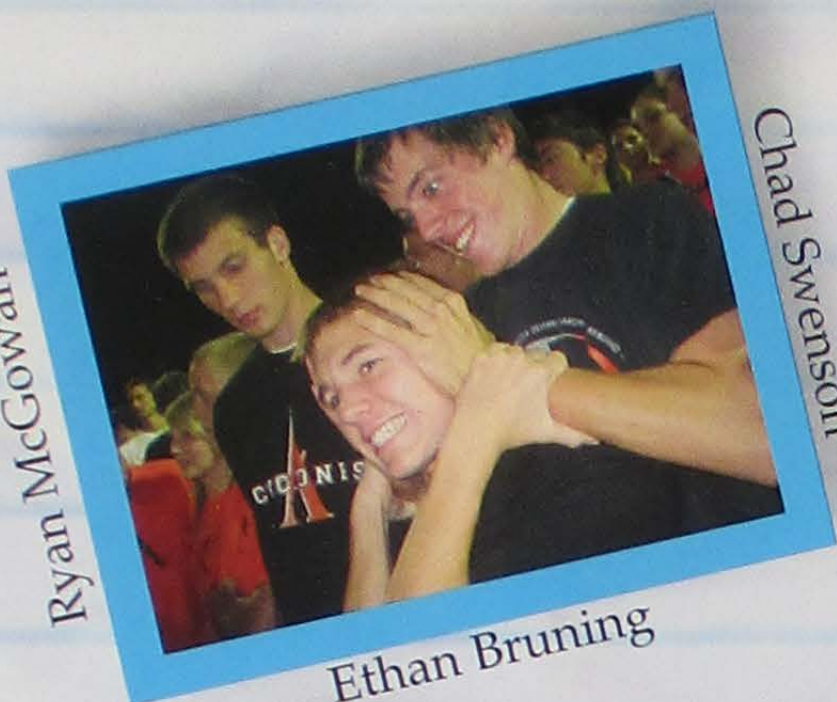


Melissa Huisman



Natalie Enloe

Ryan McGowan

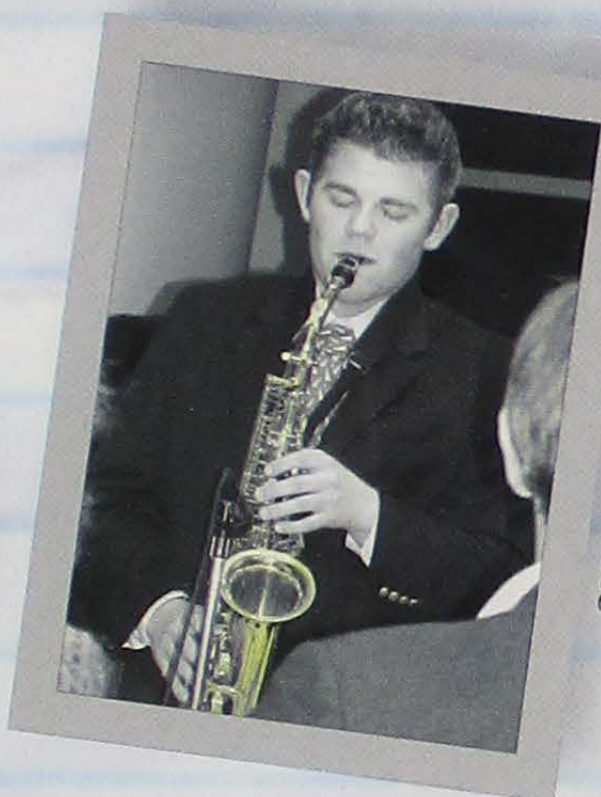


Chad Swenson

Ethan Bruning



Alex Schill



Spencer Botine

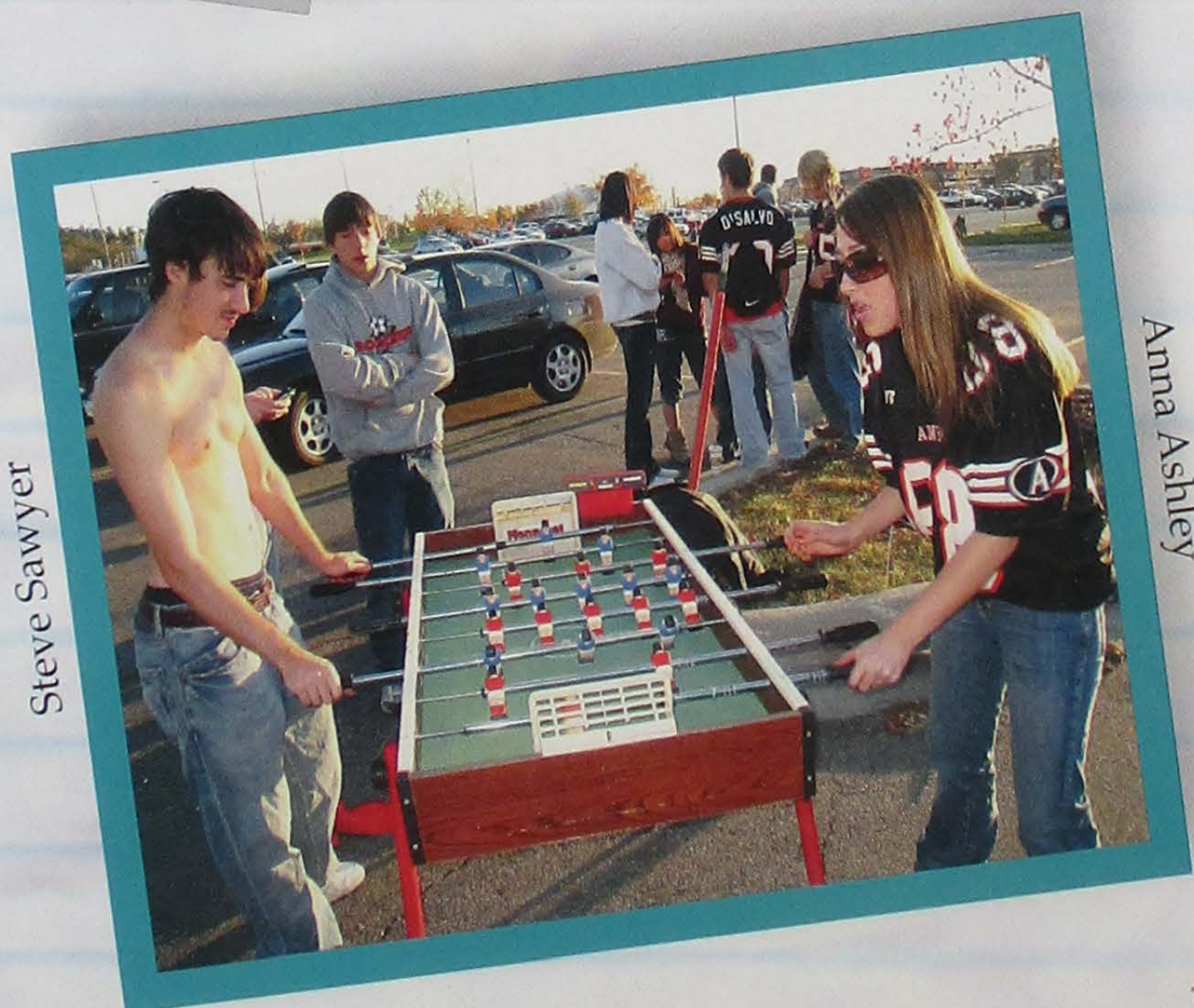


Amanda Johnson

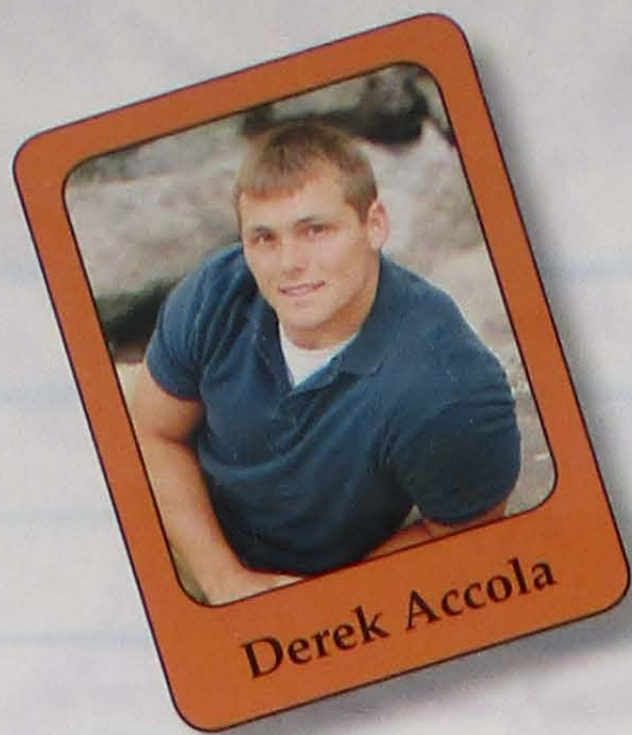


Erin Uhlmeier

Steve Sawyer



Anna Ashley



Derek Accola



Mou Akoon



Karrissa Allyn



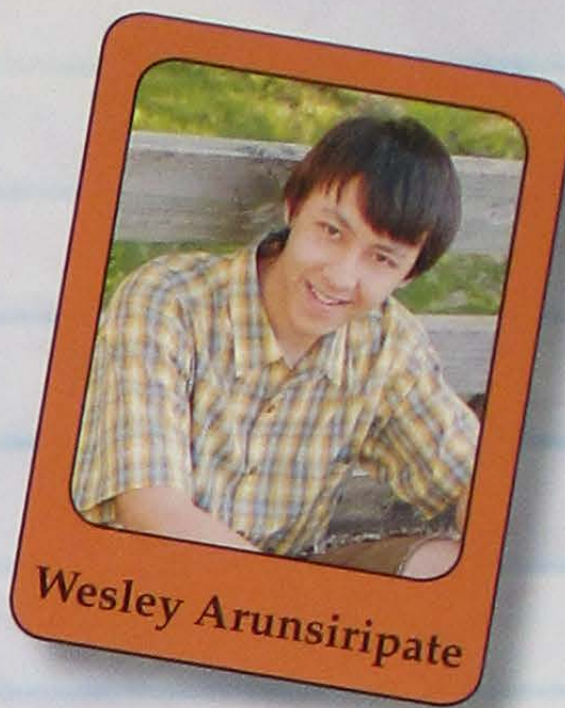
Katie Amdahl



Brittany Amundson



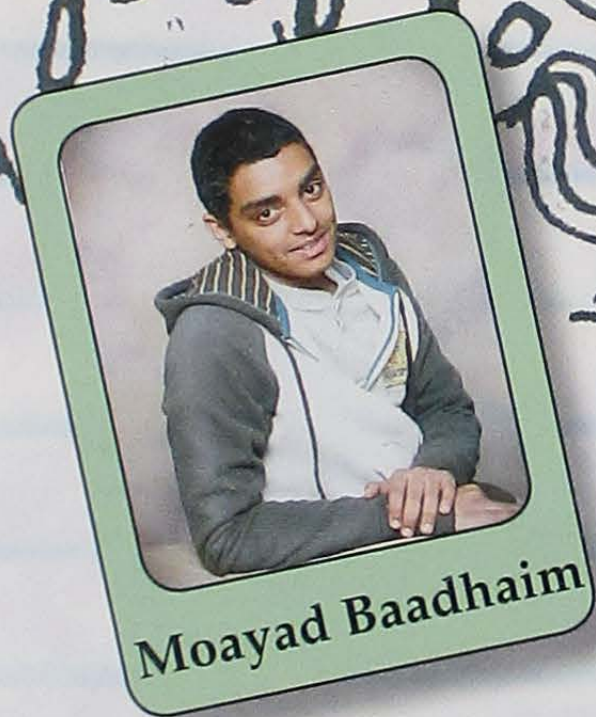
Kevin Arritt



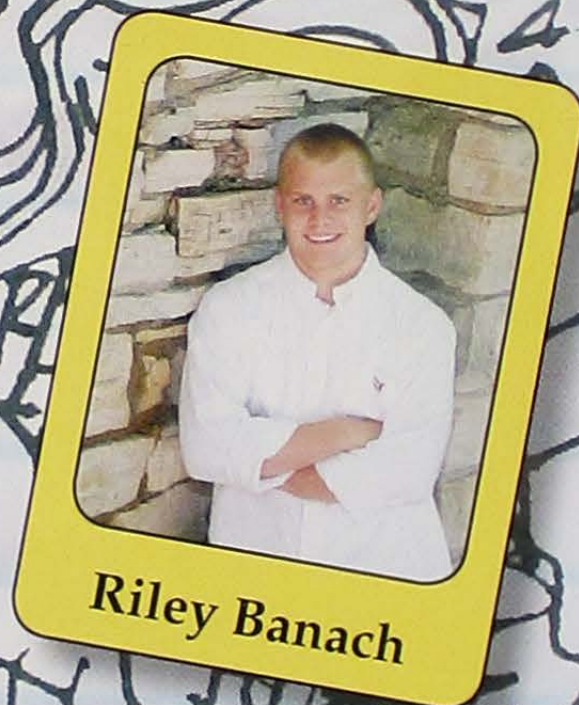
Wesley Arunsiripate



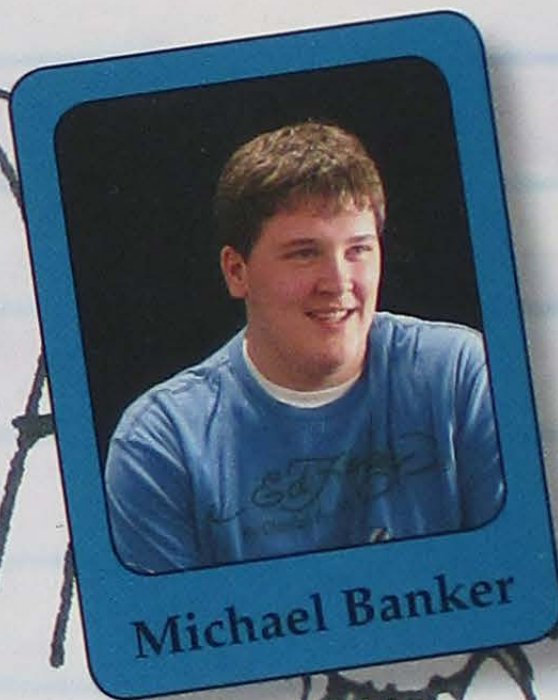
Anna Ashley



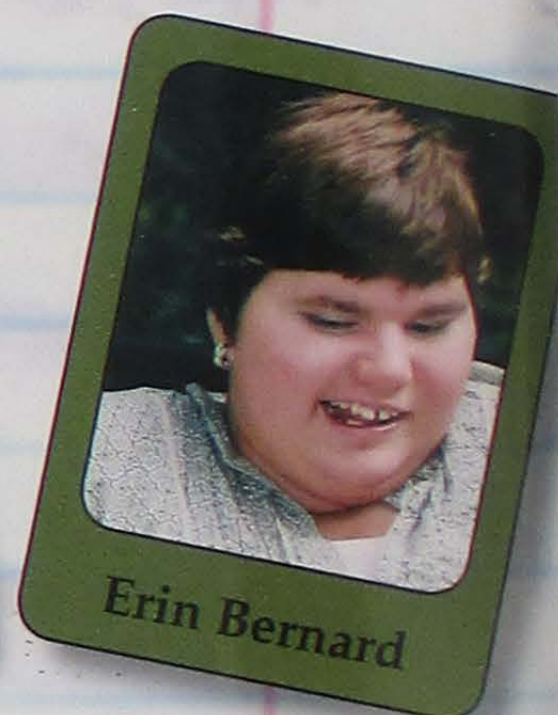
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Riley Banach



Michael Banker



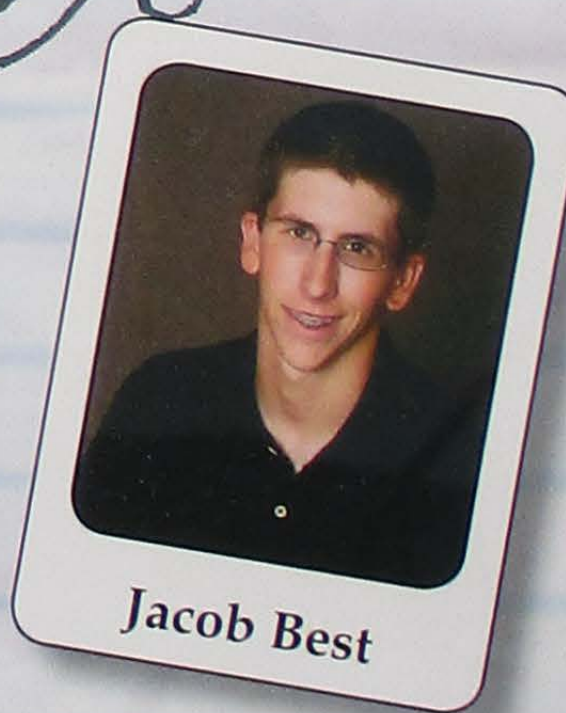
Erin Bernard



Courtney Barr



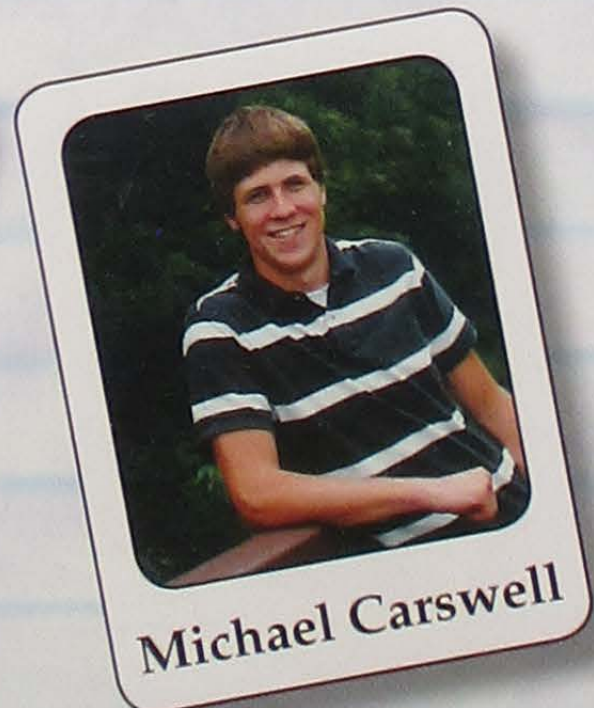
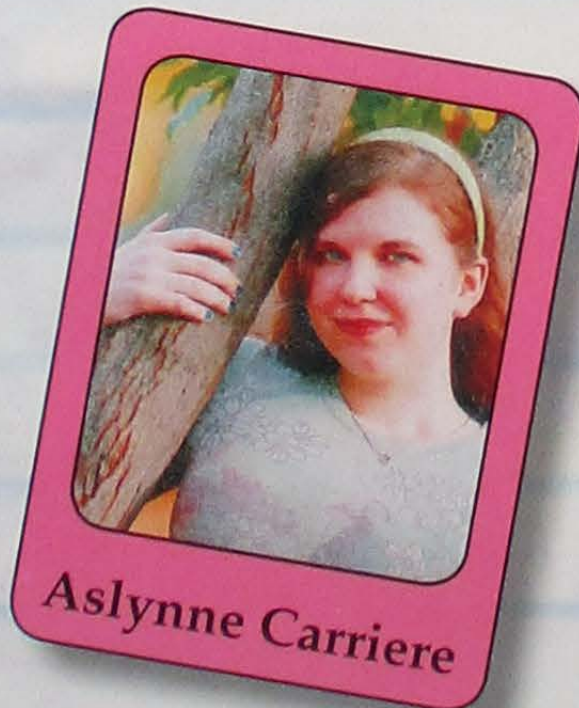
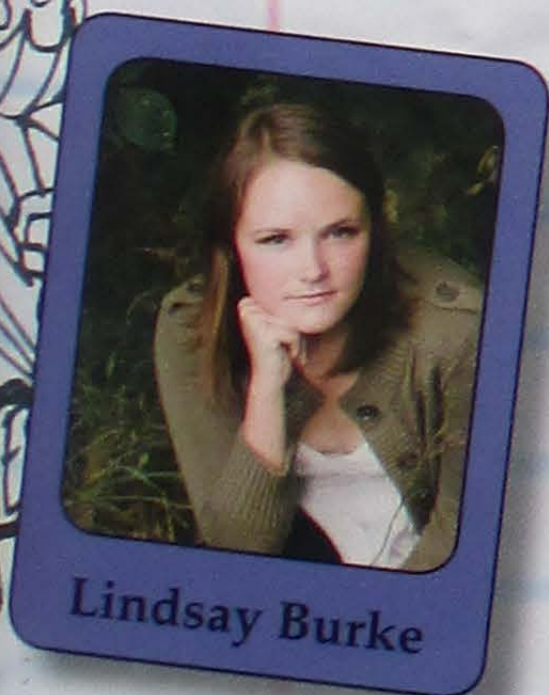
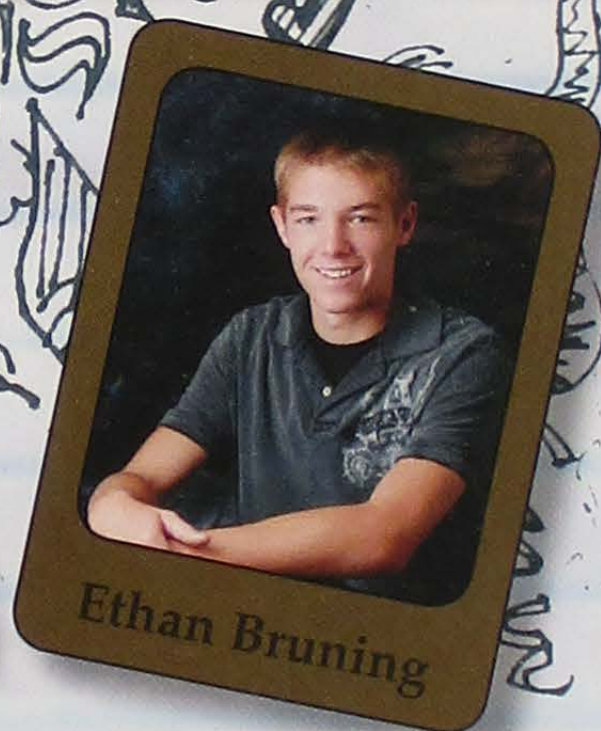
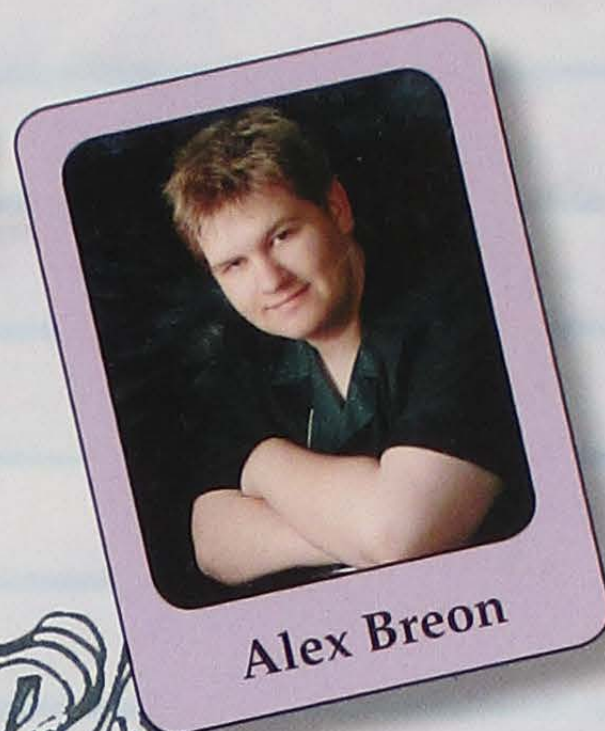
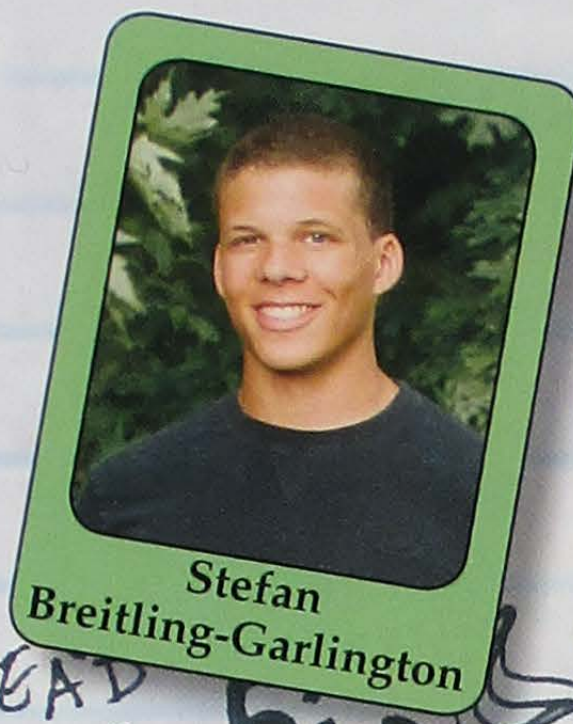
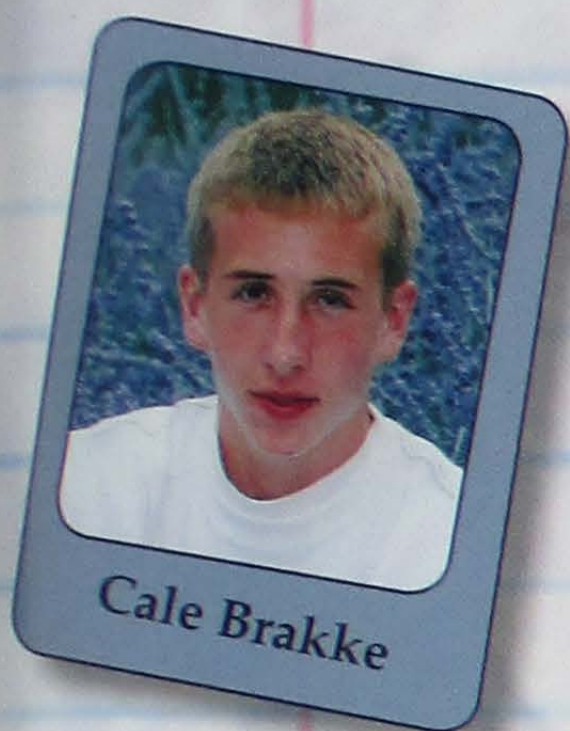
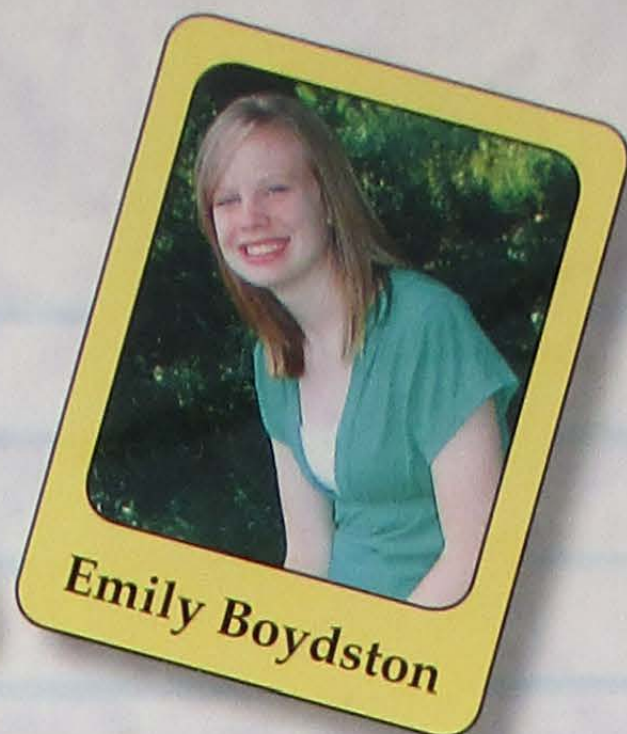
Max Bassanini



Jacob Best



Savannah Bird





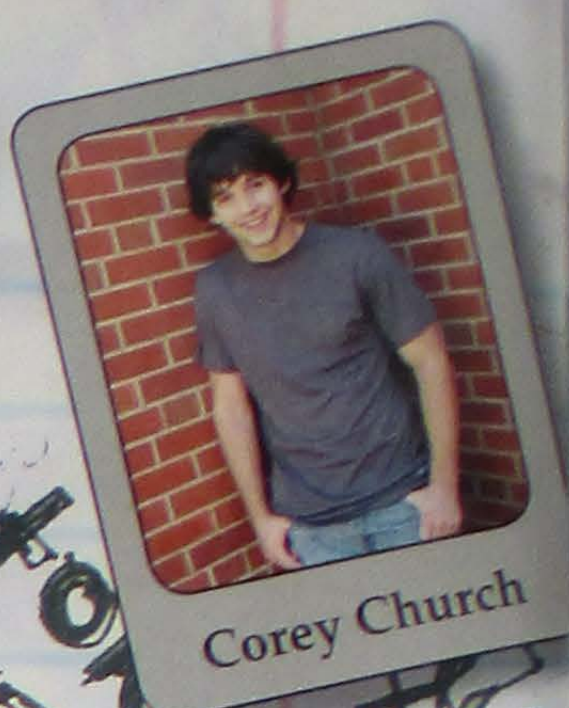
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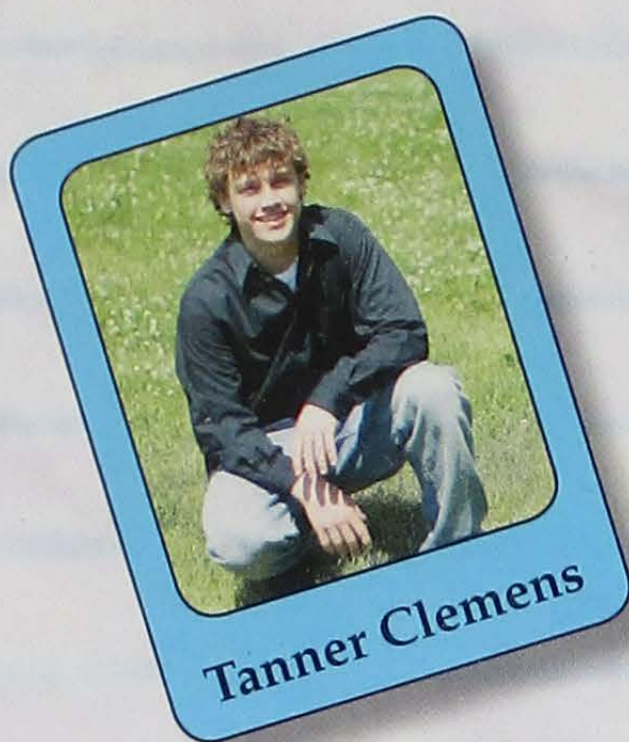
Bijan Choobineh



Cara Christofferson



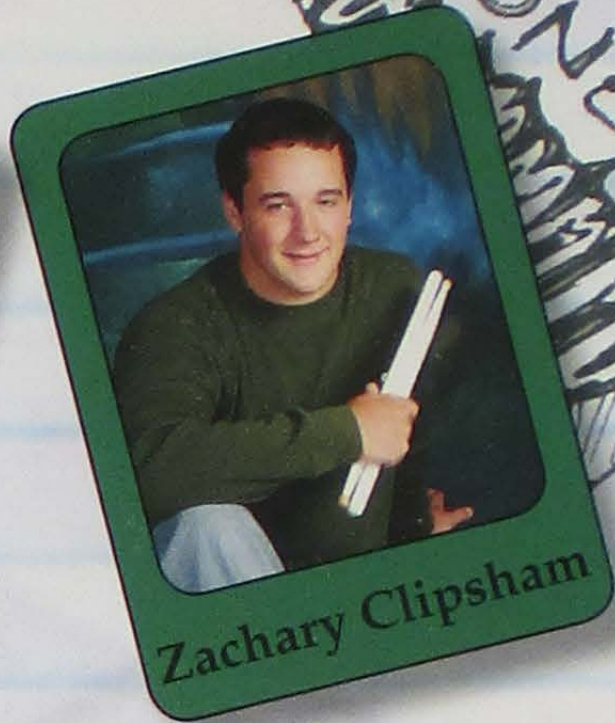
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Tanner Clemens



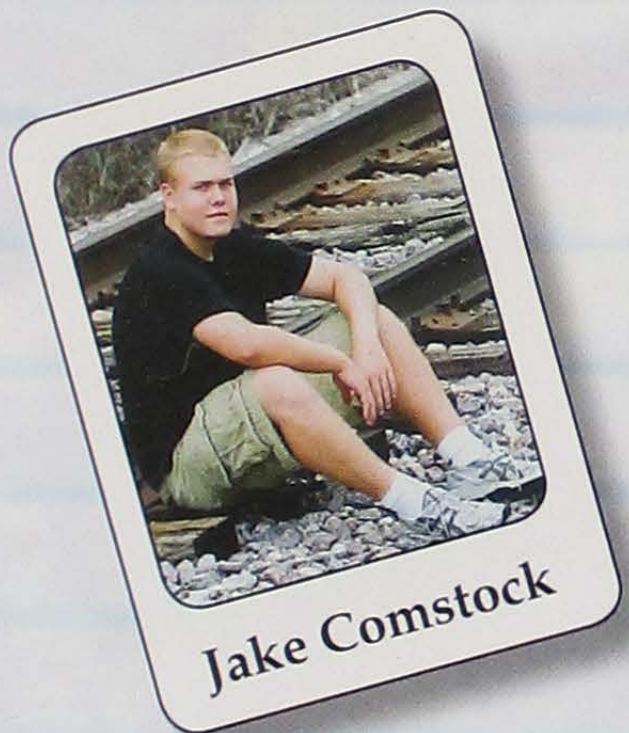
Samantha Clements



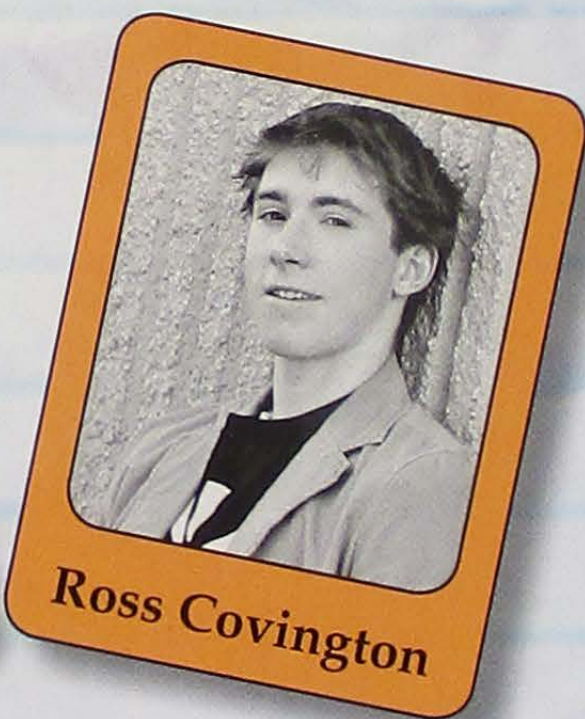
Zachary Clipsham



Galadriel Comito



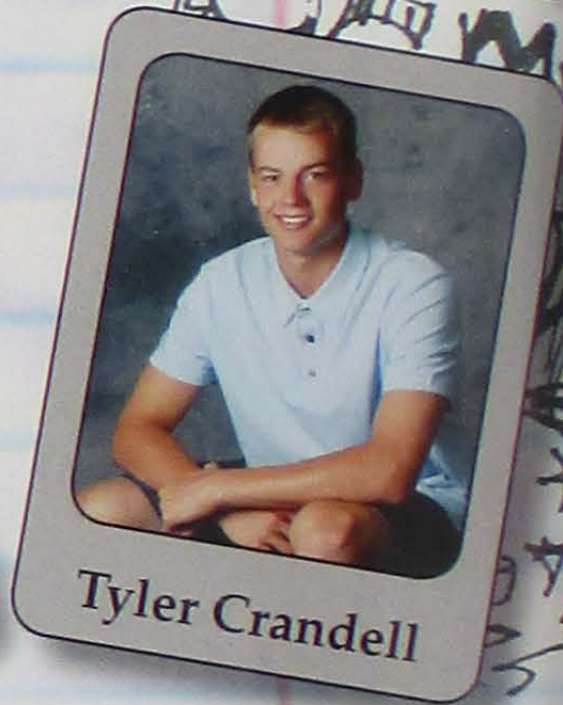
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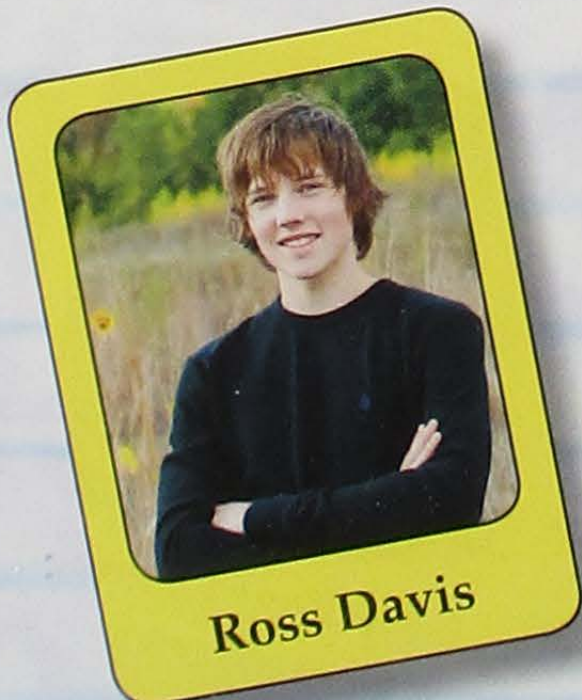
Ross Covington



Jonathan Cowan



Tyler Crandell



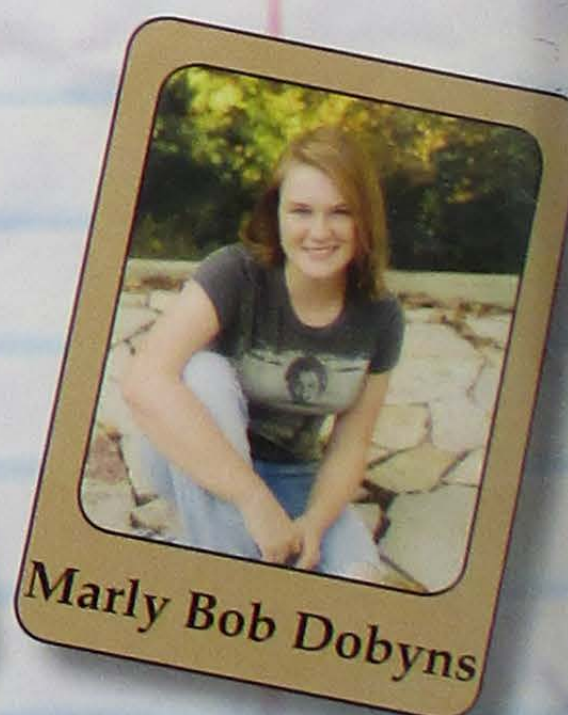
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Stormie Dickerson



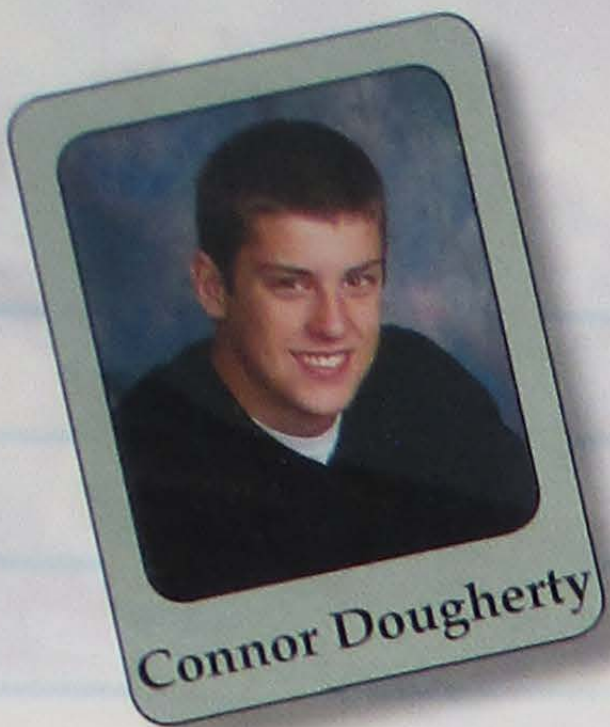
Jamison Disalvo



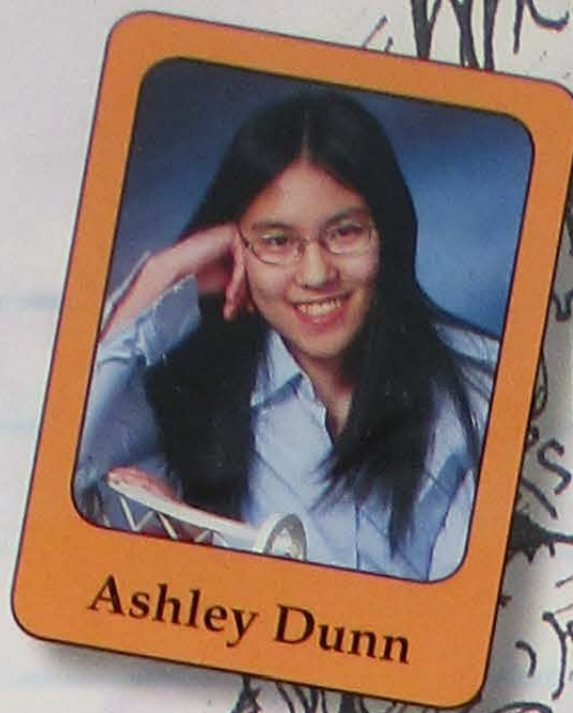
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Jennifer Dooley



Connor Dougherty



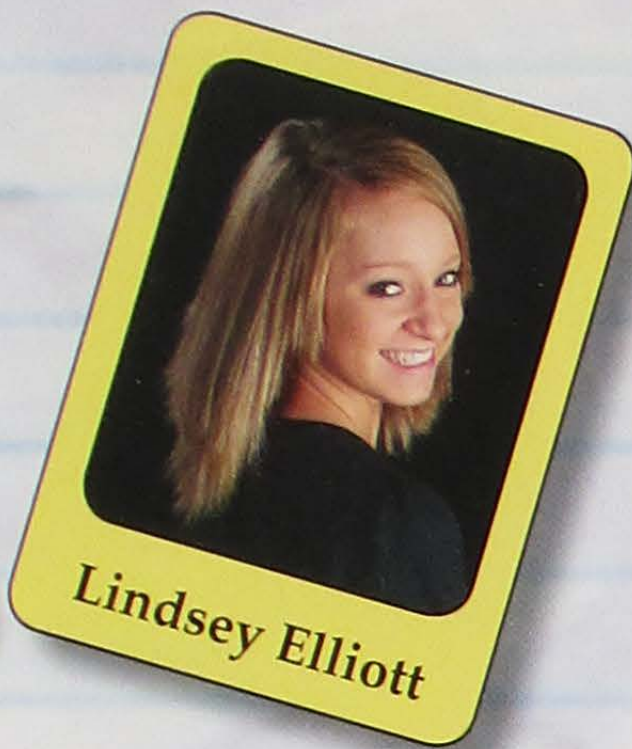
Ashley Dunn



Katy Dunn



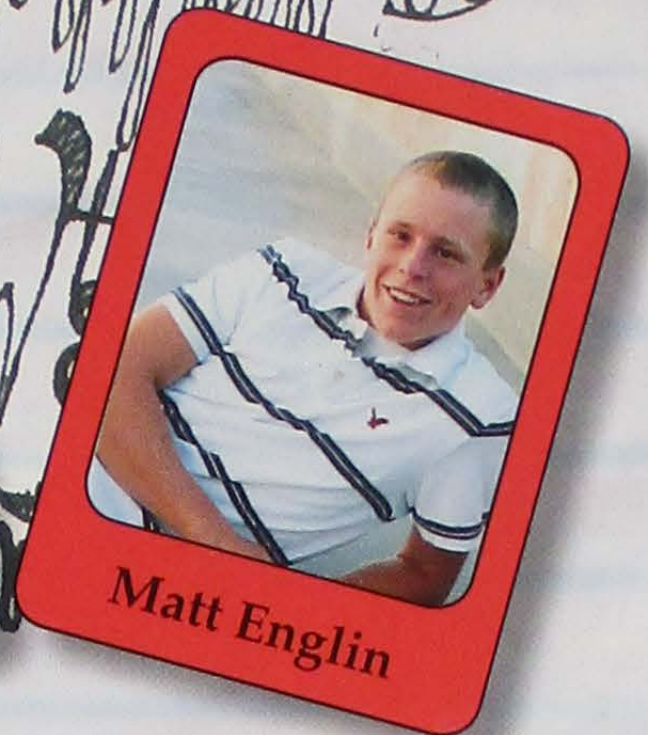
Indigo Egli-Davis



Lindsey Elliott



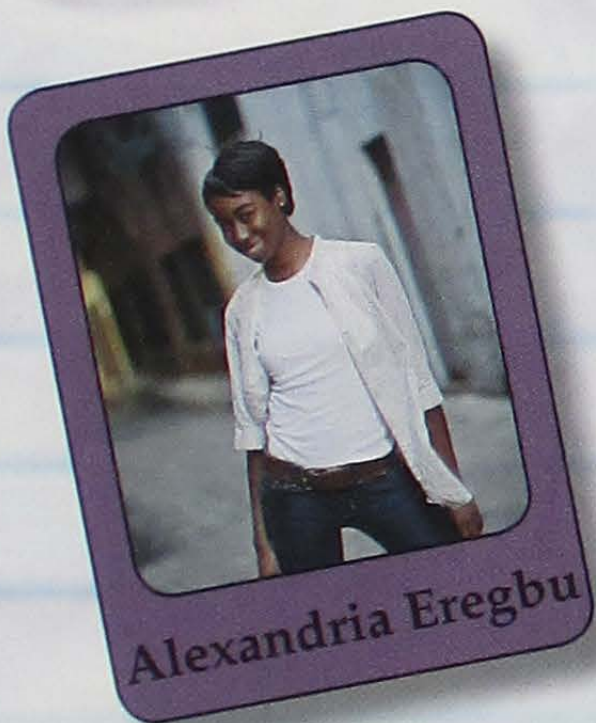
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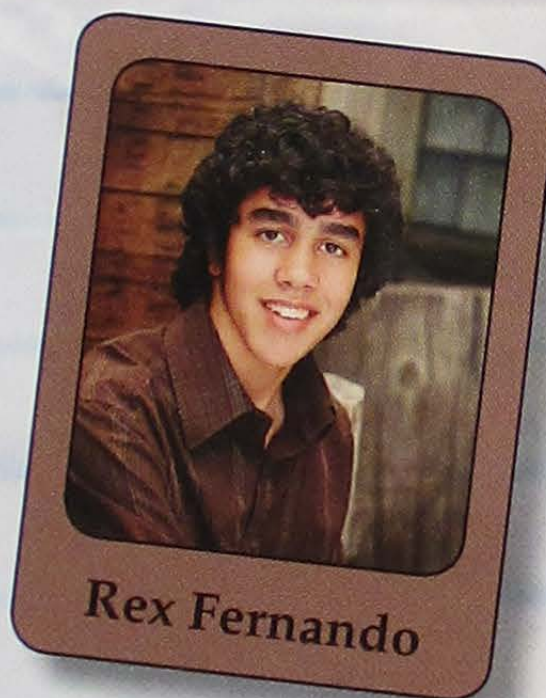
Matt Englin



Natalie Enloe



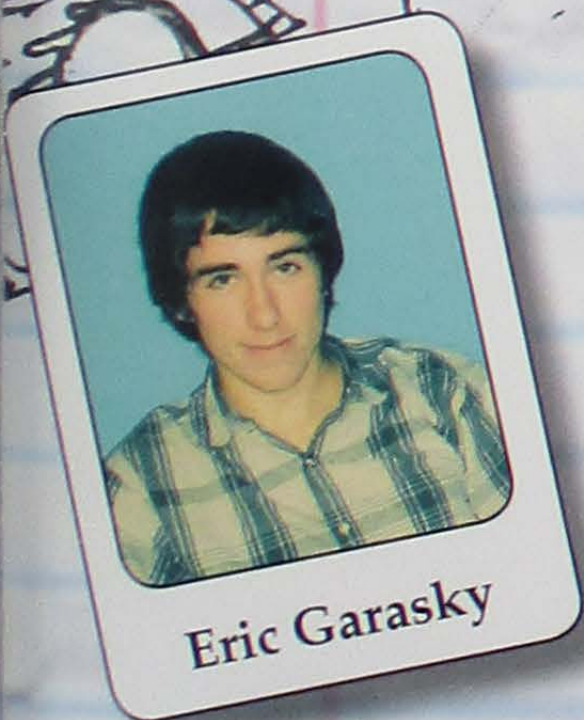
Alexandria Eregbu



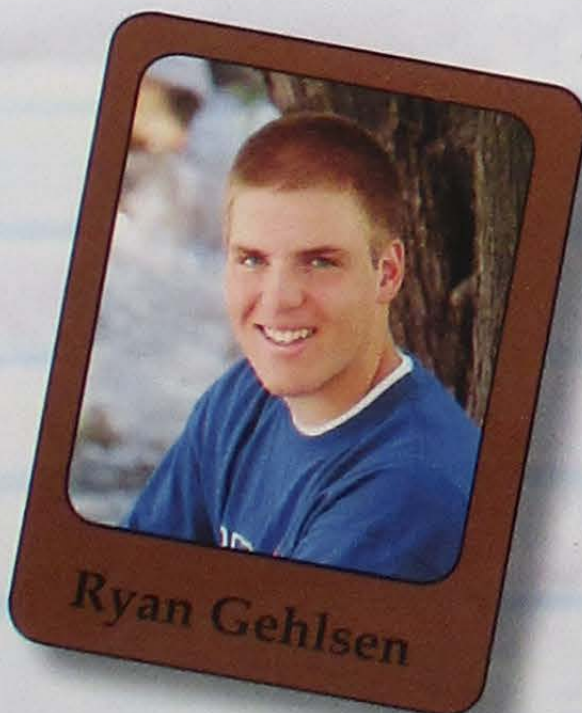
Rex Fernando



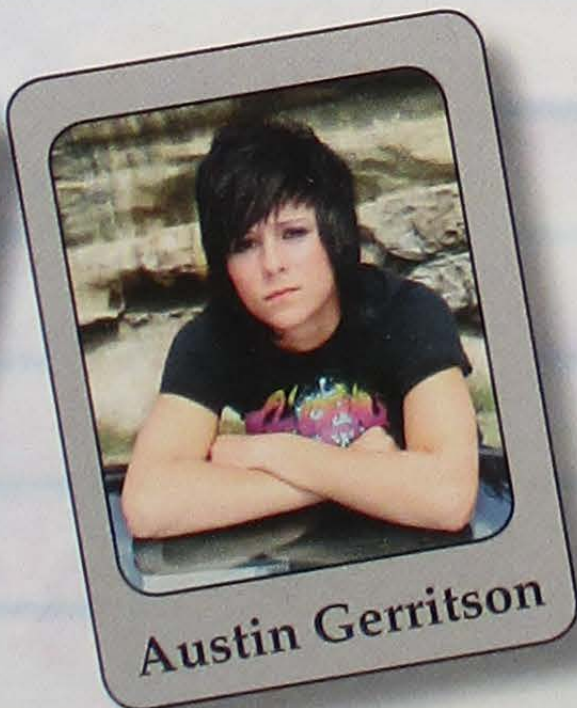
Alyssa Frandsen



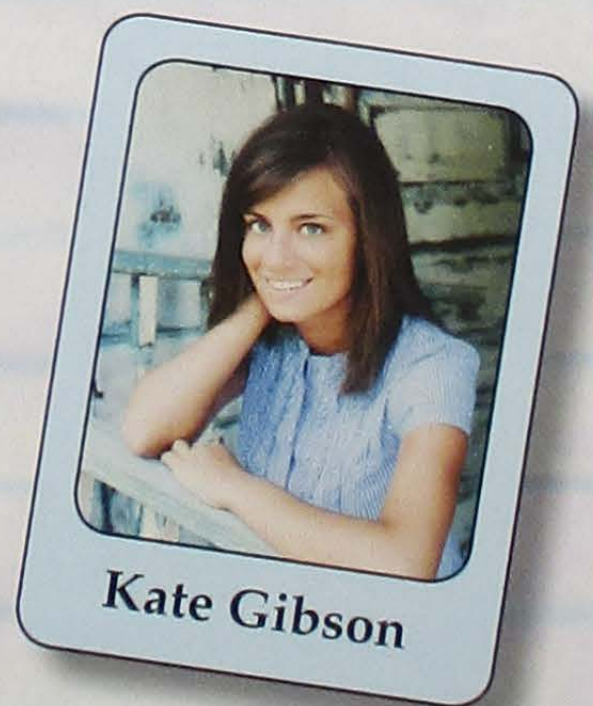
Eric Garasky



Ryan Gehlsen



Austin Gerritson



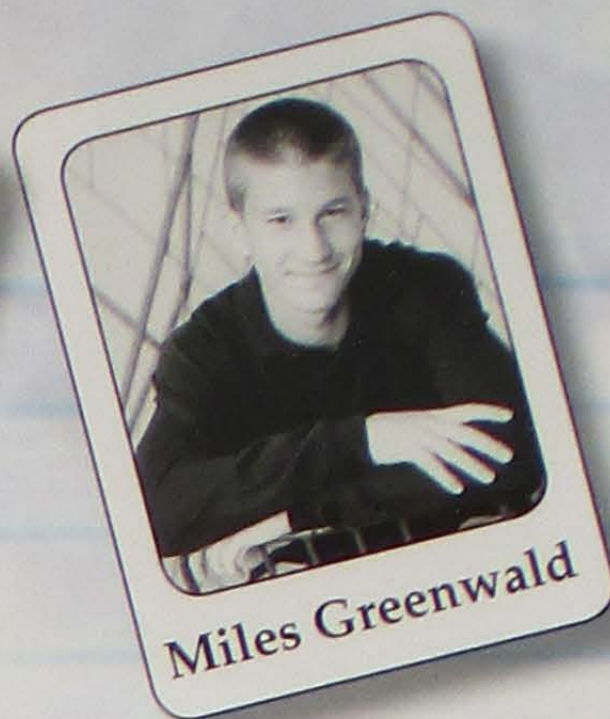
Kate Gibson



Lauren Gieseke



Melissa Gillen



Miles Greenwald



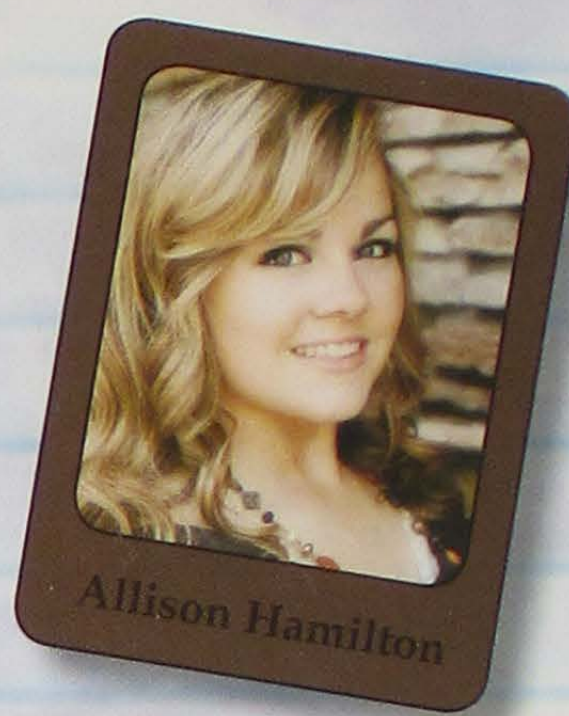
Kelly Grogg



Megan Grummer



Yong Guo



Allison Hamilton



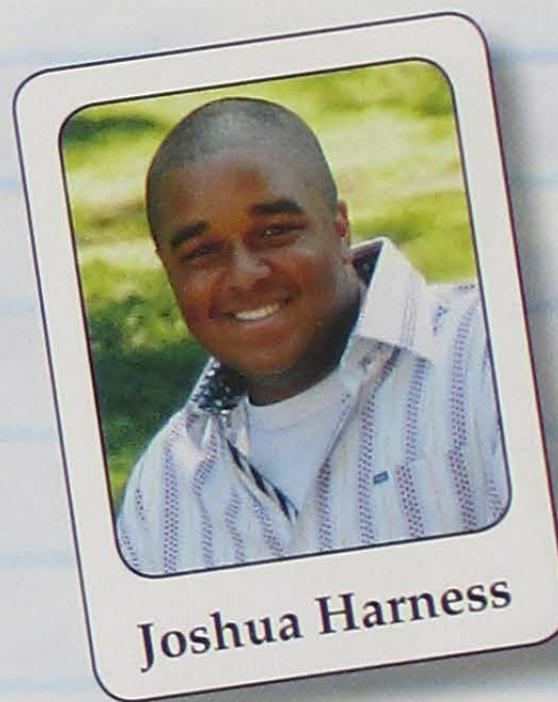
Abby Hansen



Harold Hansen



Victoria Harding



Joshua Harness



Megan Harrington



Jasmine Harris



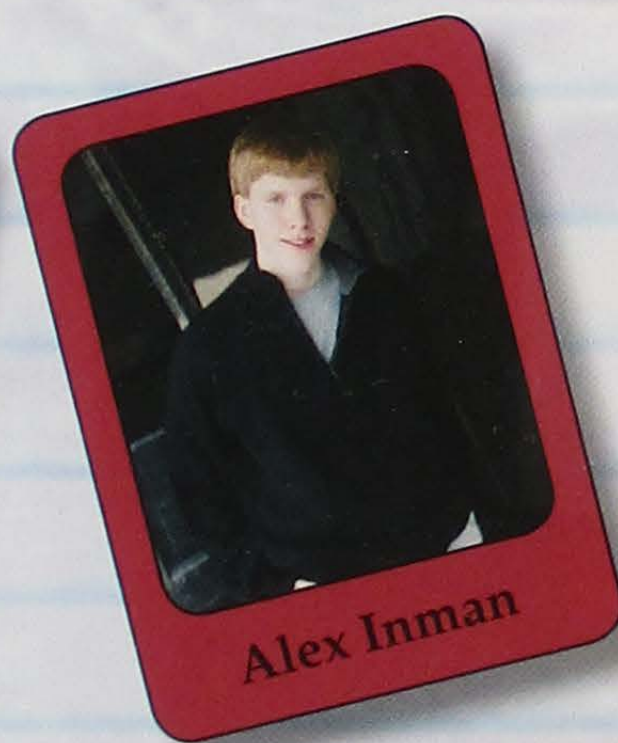
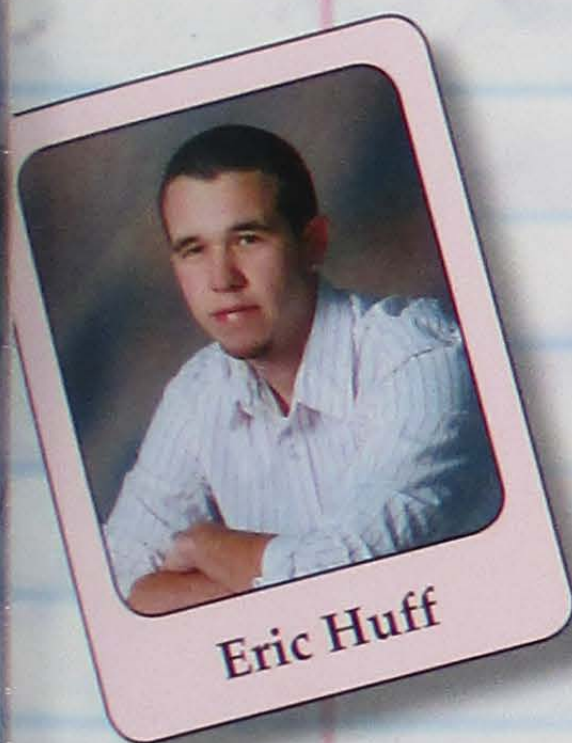
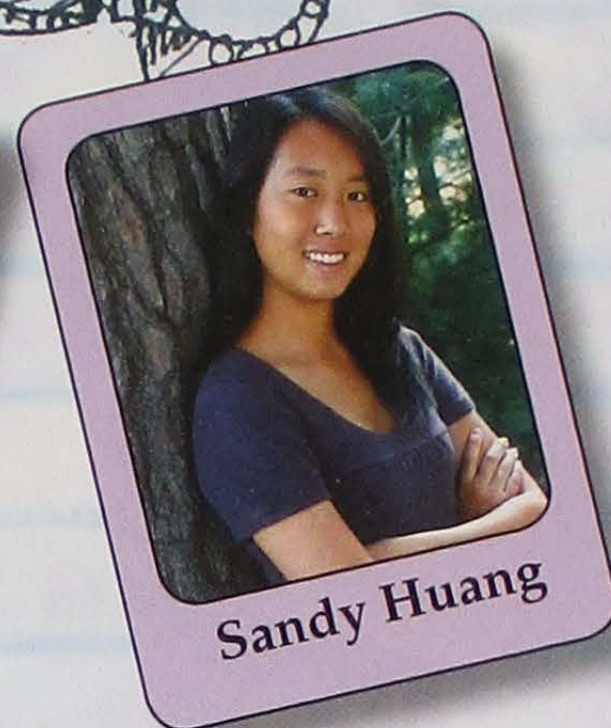
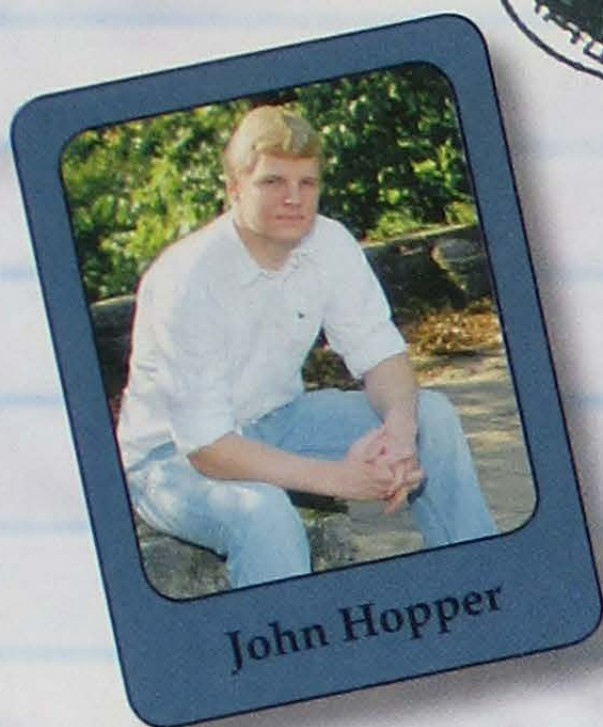
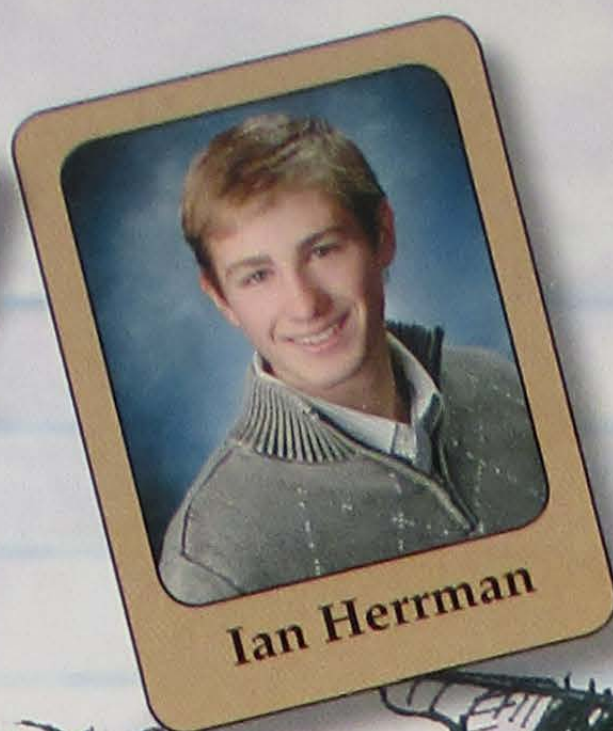
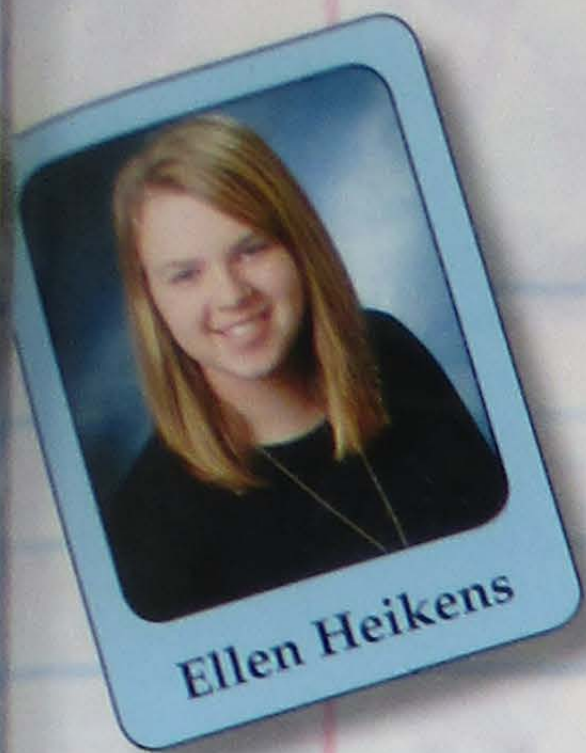
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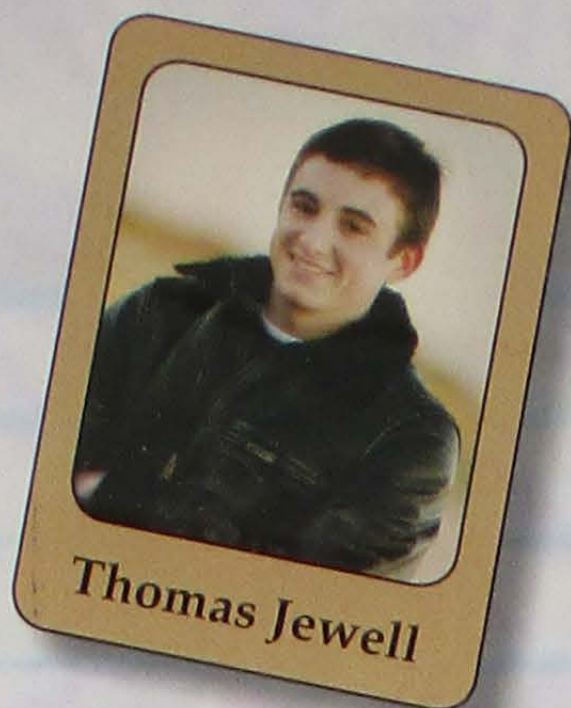


Rachel Hauber



Caitlyn Hawkins





Thomas Jewell



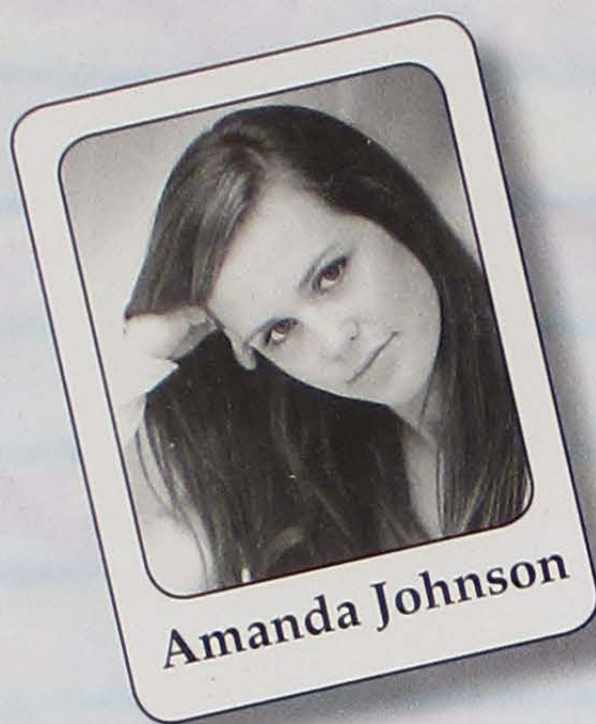
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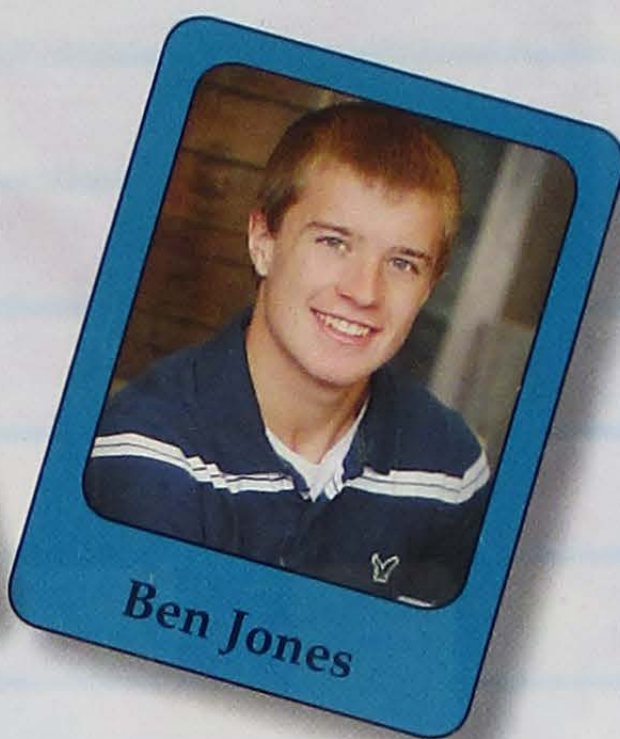
Jill Joerger



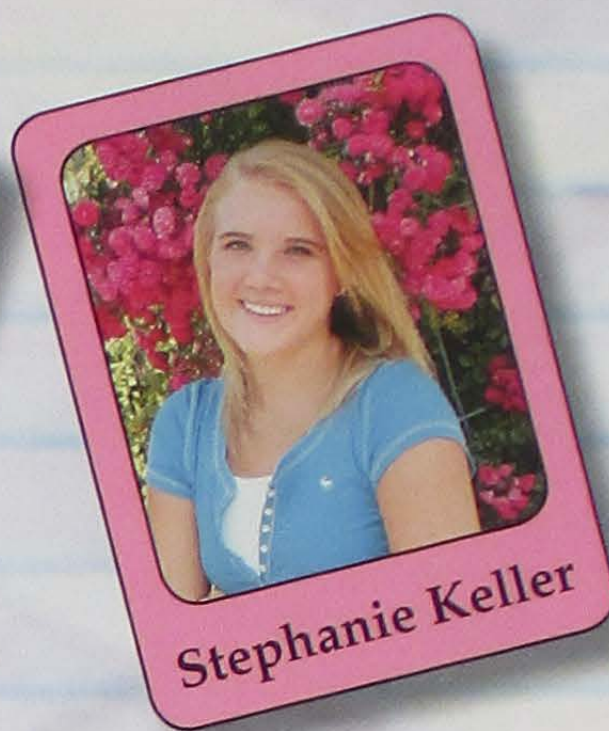
Abbigail Johnson



Amanda Johnson



Ben Jones



Stephanie Keller



Sean Kellogg



Aaron Kenton



On Keren



Sarah Kerr



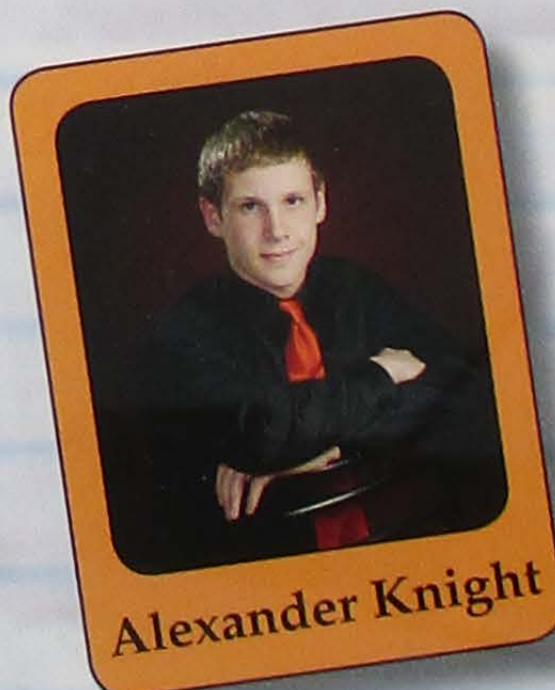
Bosung Kim



Sarah Kirts



Scott Klinkel



Alexander Knight



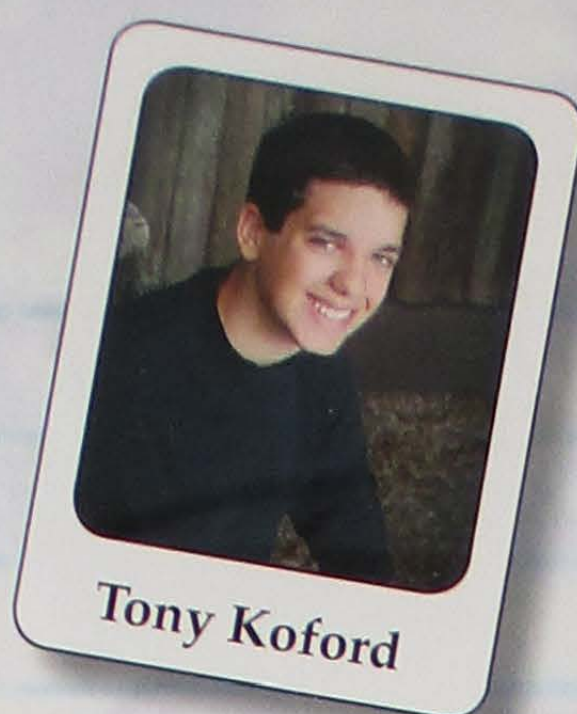
Tisha Knight



Stephanie Koch



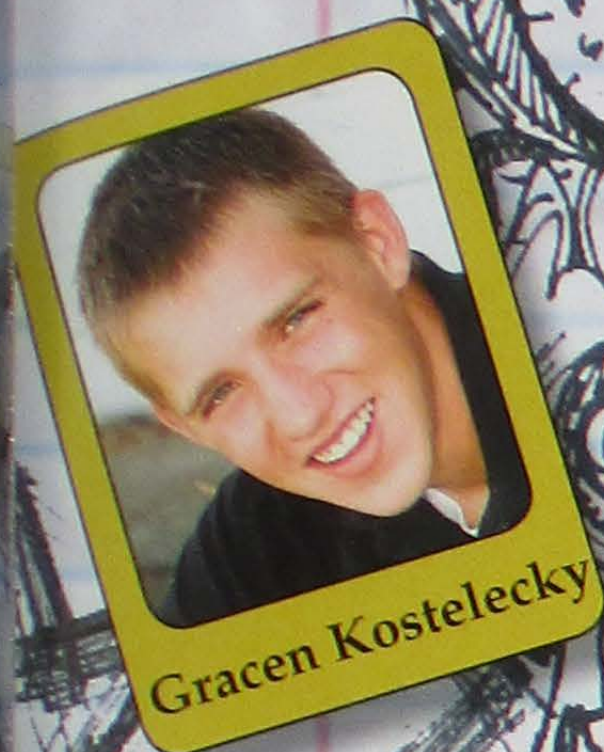
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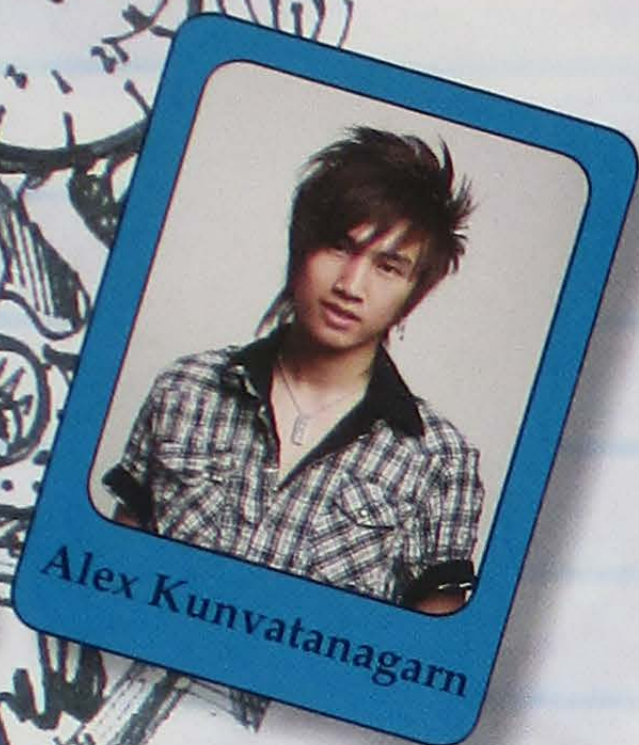
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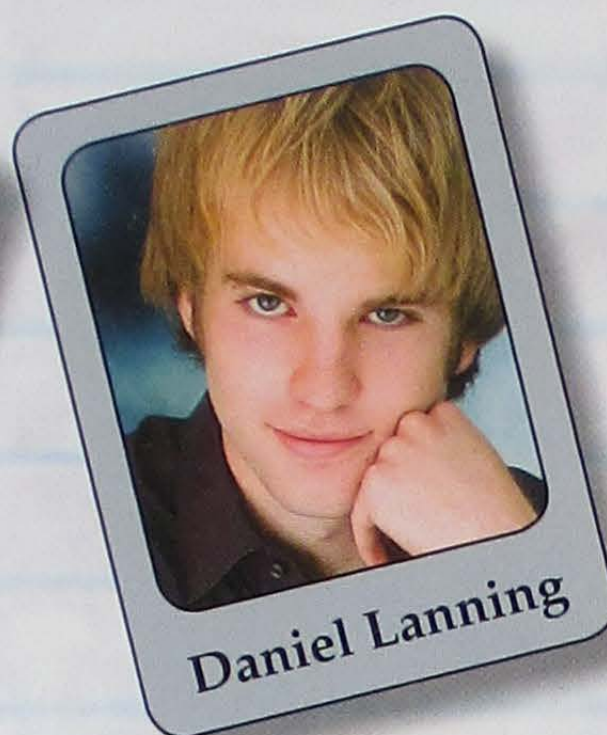
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Gracen Kostelecky



Alex Kunvatanagarn



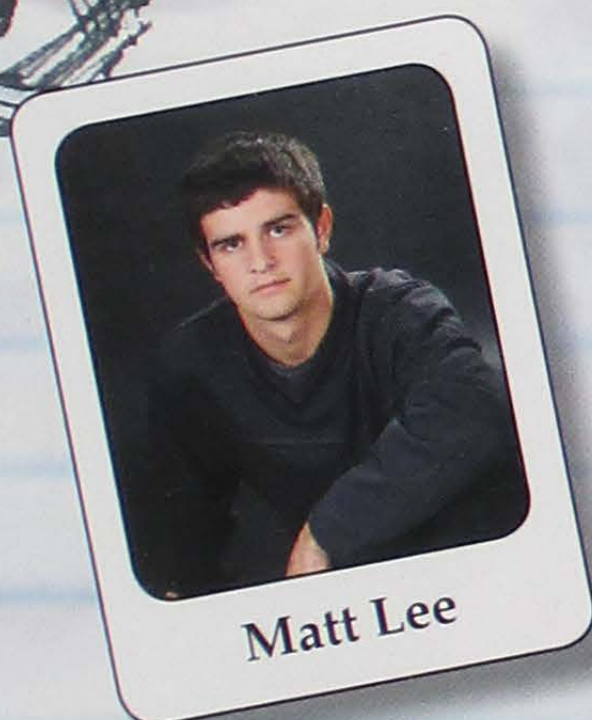
Daniel Lanning



Crystal Larson



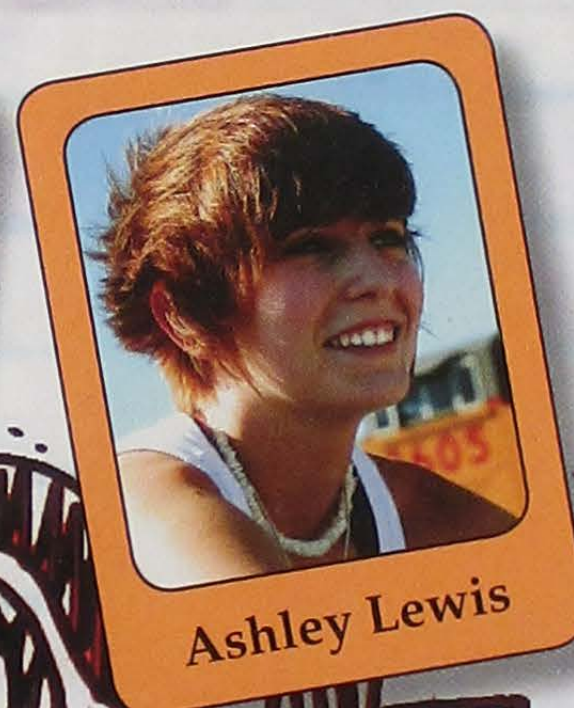
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Matt Lee



Nicole Leibold



Ashley Lewis



Mona Li



Xiaoxue Li



Christian Lien



Angela Linahon



Christi Ling



Sarah Loucks



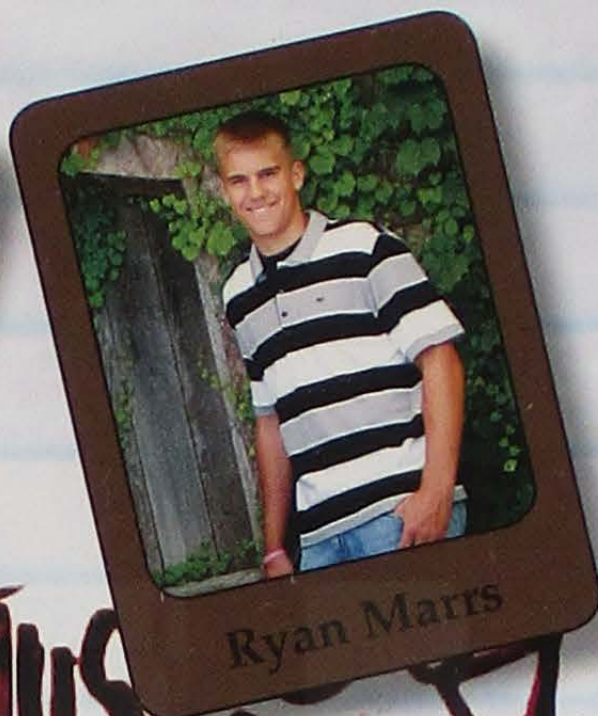
Xilu Ma



Ben Mackey



Jerra Magnuson



Ryan Marrs



Kelsey Martin



Melissa Martin



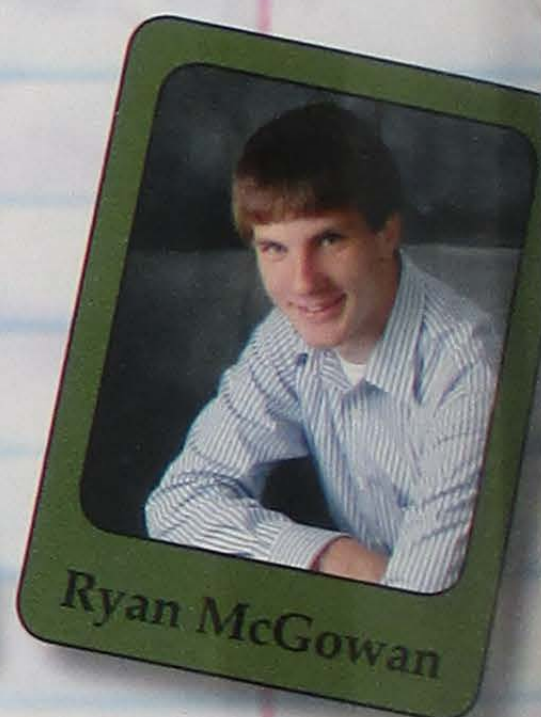
Jackie Mason



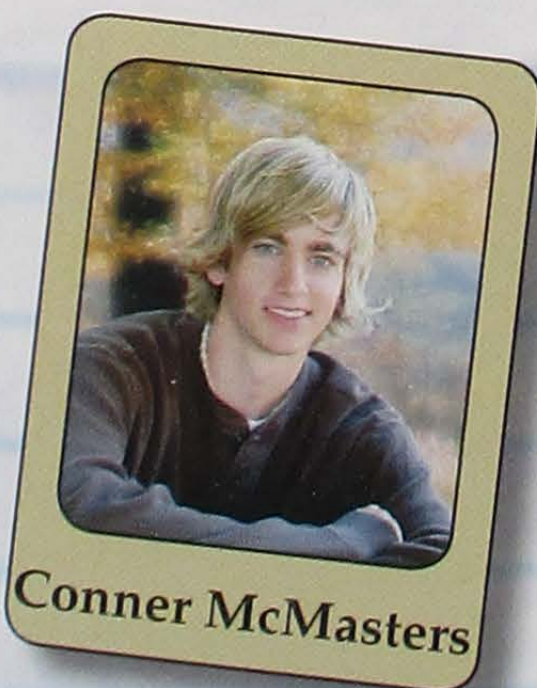
Hailey Mayes



Patrick McCormick



Ryan McGowan



Conner McMasters



Carolyn Metz



Andrea Metzger



Michael Misra



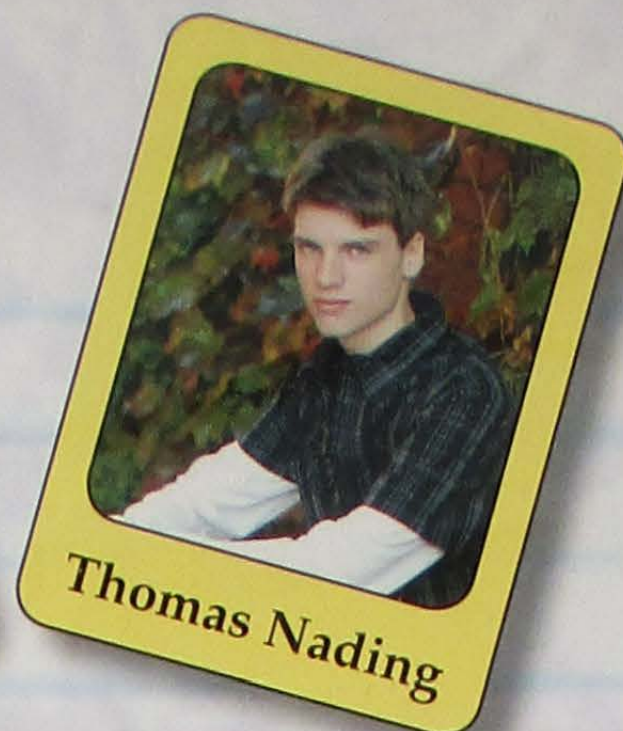
Ana Michelini



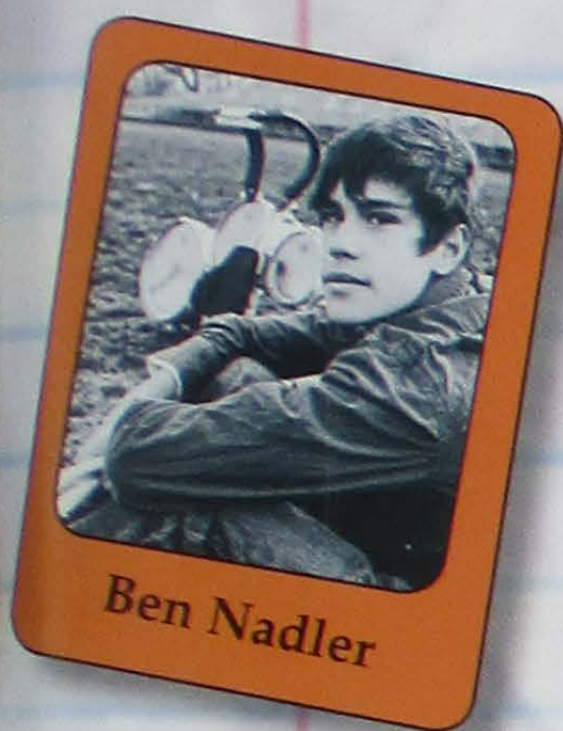
Leslie Moorman



Kimberley Morales



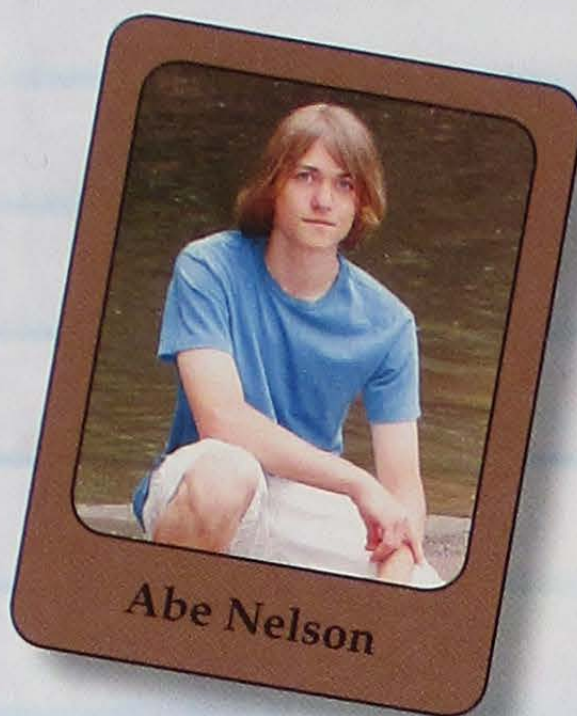
Thomas Nading



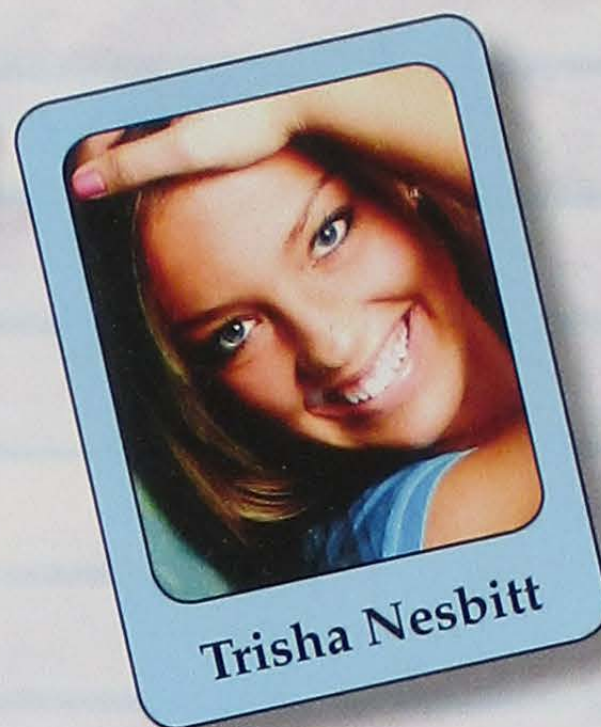
Ben Nadler



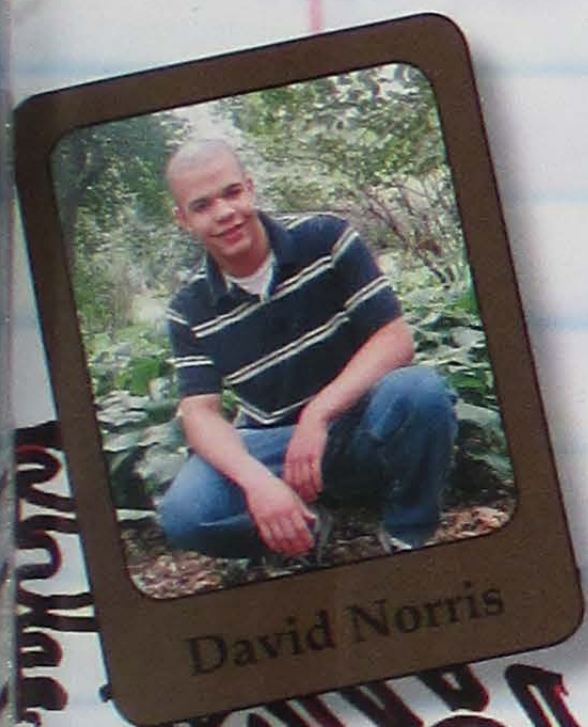
Jessica Nehls



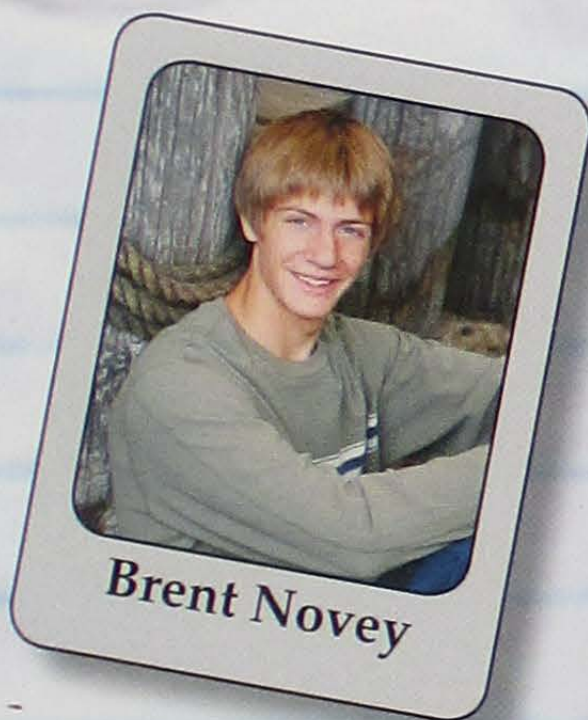
Abe Nelson



Trisha Nesbitt



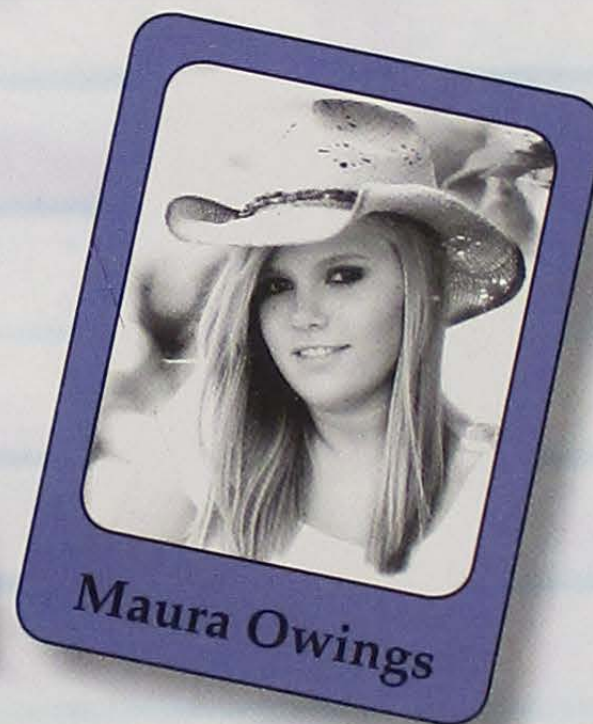
David Norris



Brent Novey



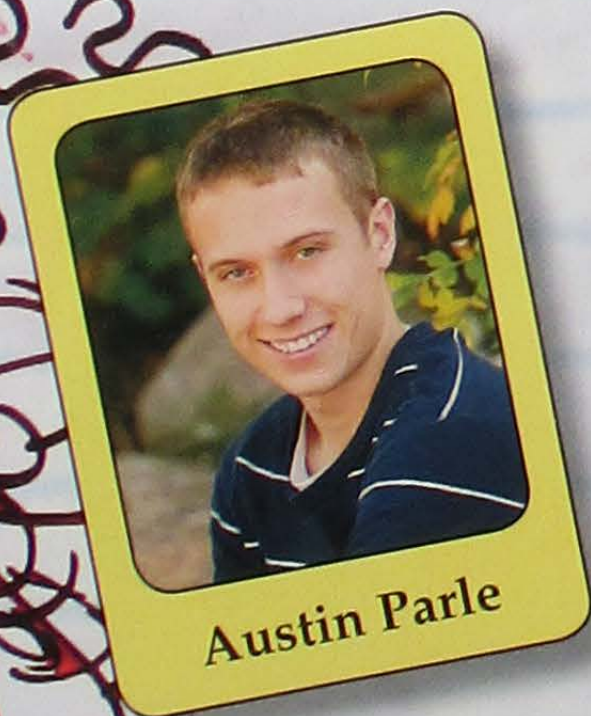
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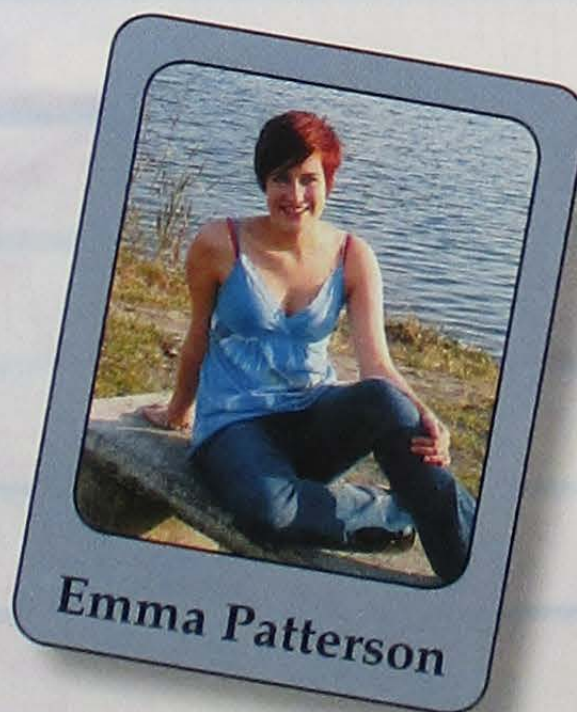
Maura Owings



Yempabou Palo



Austin Parle



Emma Patterson



Megan Paxton



Chris Petersen



Natalie Peterson



Tiffani Pilcher



Kristin Postels



Ian Price



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Caroline Quant



Nitya Ramaswami



Paige Rasmussen



Laura Reints



Julia Reynolds



Jessica Richards



Quentin Ring



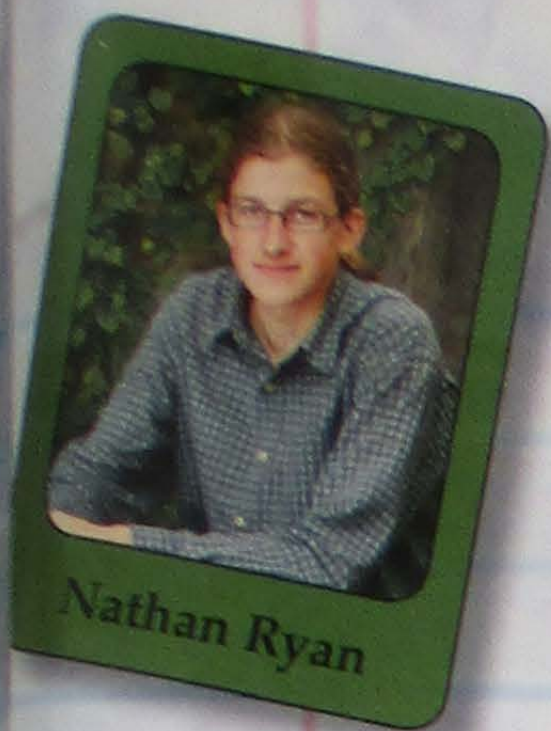
Andrew Rohlf



Kayla Roof



Daniel Ruskewicz



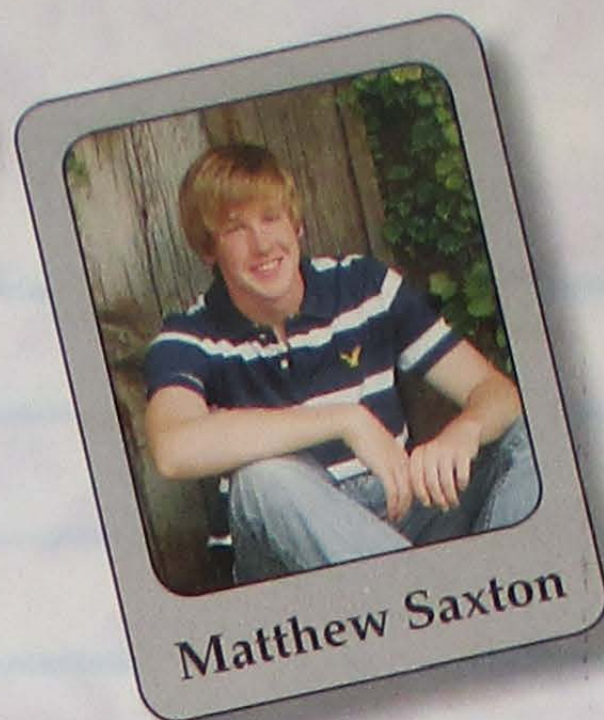
Nathan Ryan



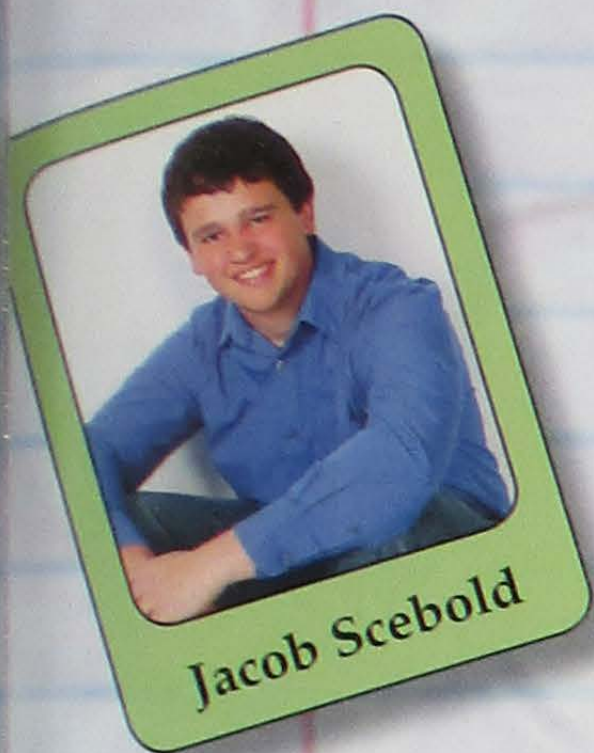
Christina Sacco



Alexandra Sankovitch



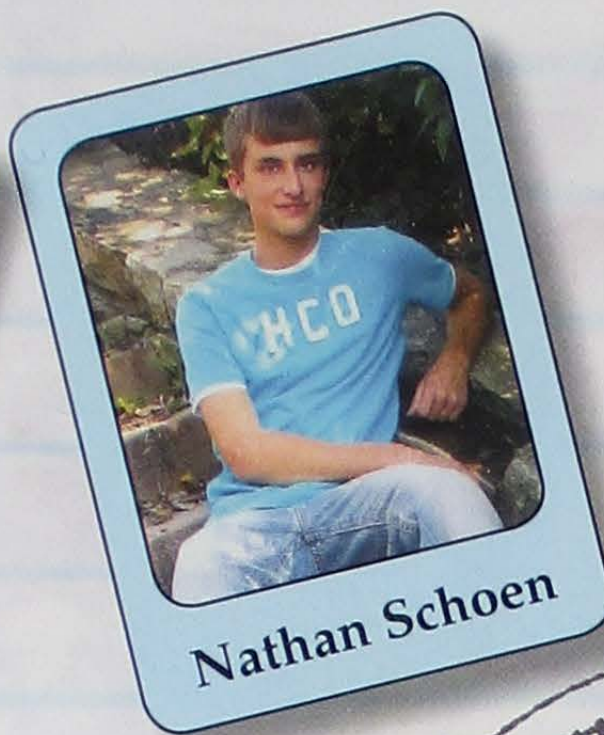
Matthew Saxton



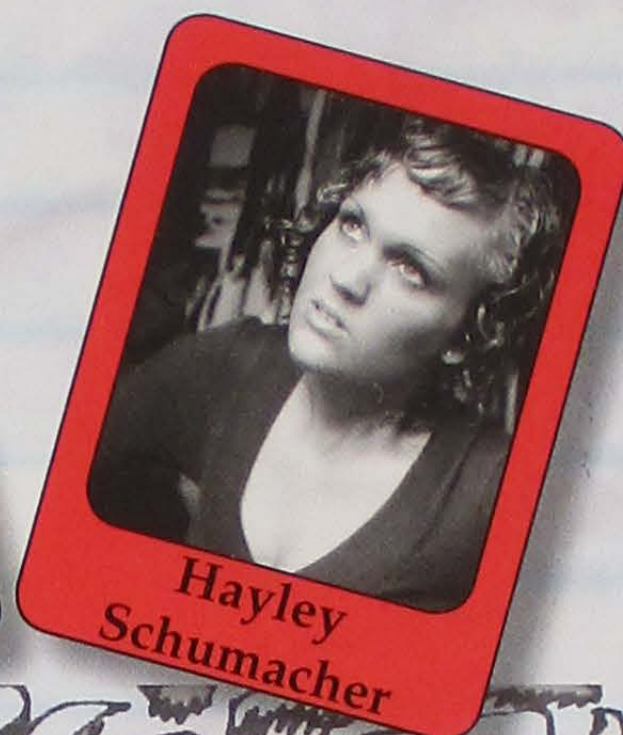
Jacob Scebold



Alexander Schill



Nathan Schoen



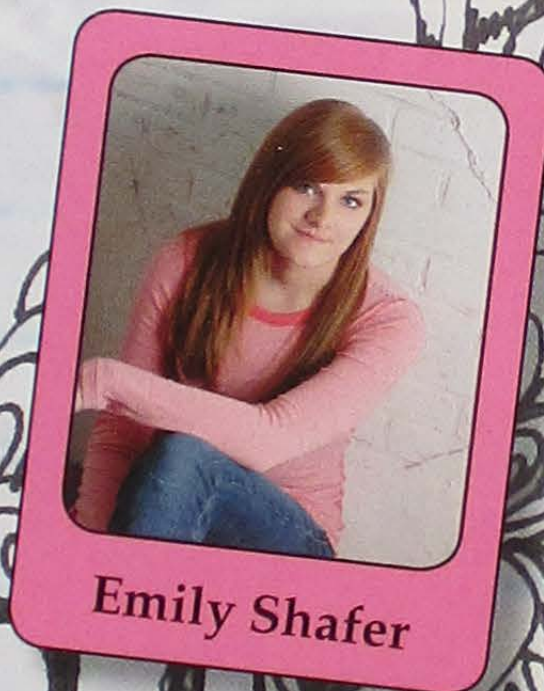
Hayley Schumacher



Lauren Schwab



Kassi Scigliano



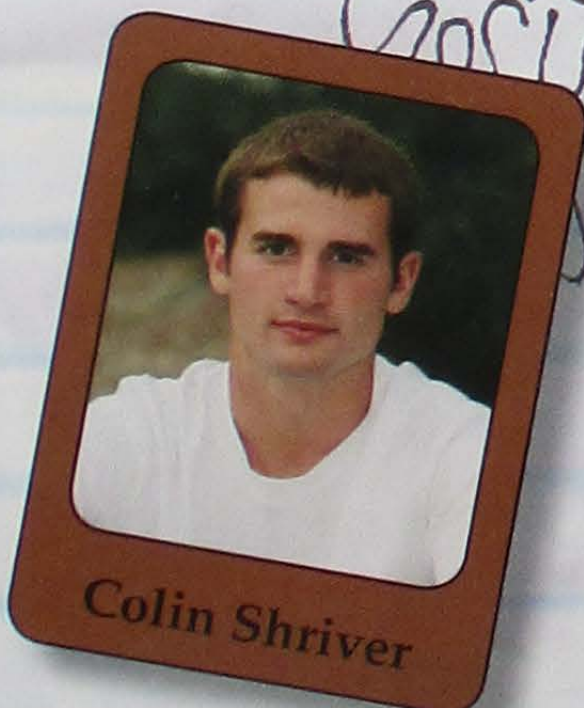
Emily Shafer



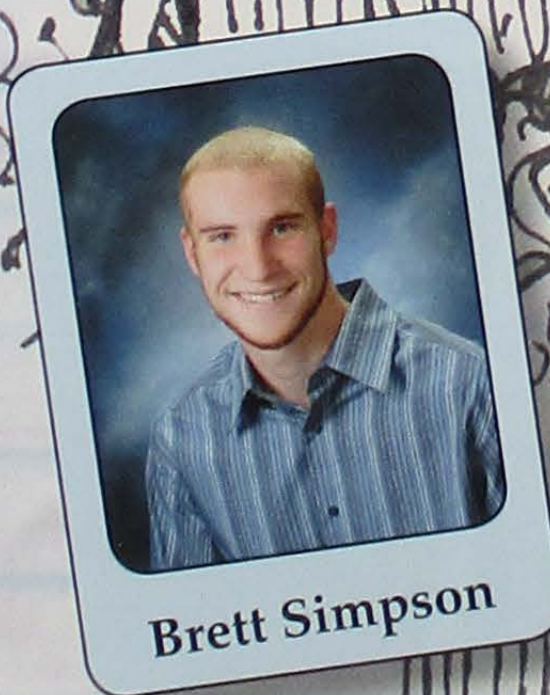
Rachael Shaw



Seth Shonkwiler



Colin Shriver



Brett Simpson



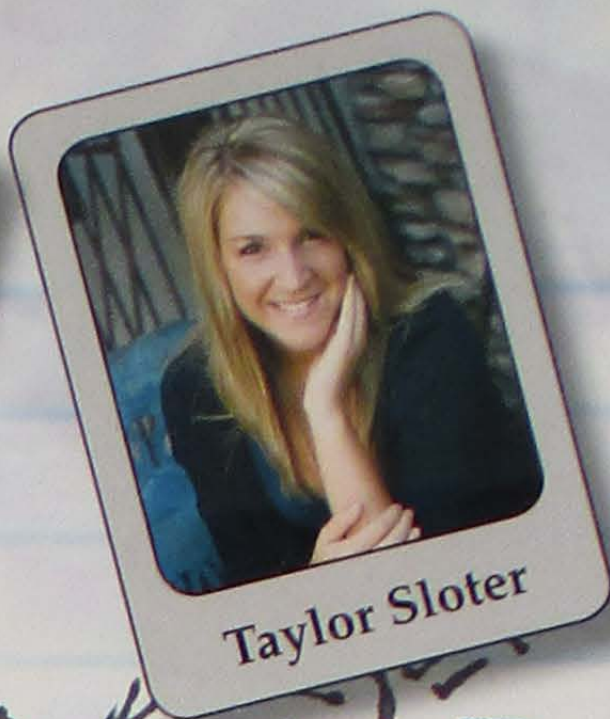
Audrey Simpson



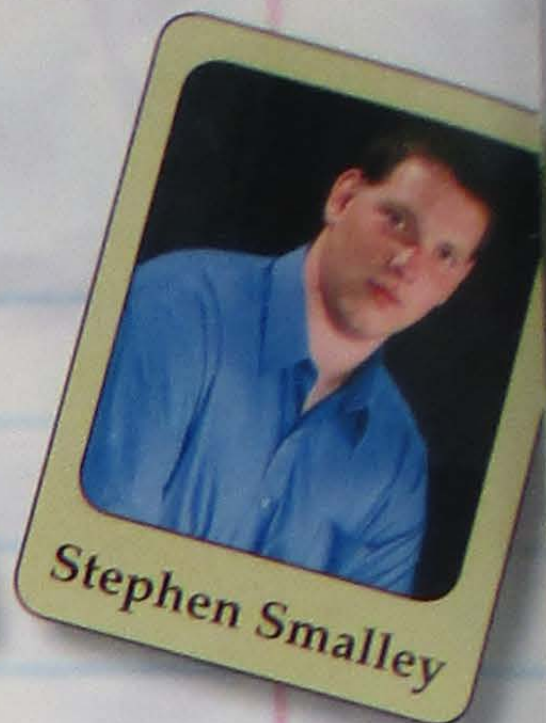
Matthew Skarshaug



Skylar Pattee



Taylor Slotter



Stephen Smalley



Alesha Smith



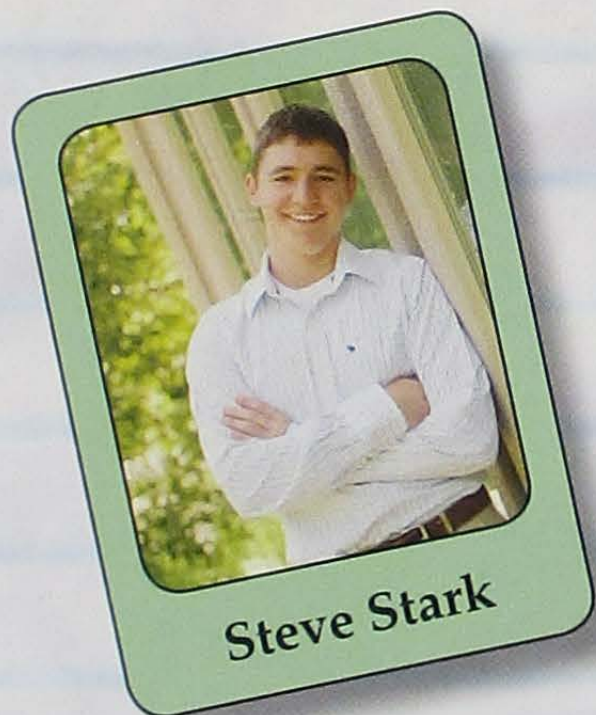
Laurel Smith



Nathan Snell



Anne Spencer



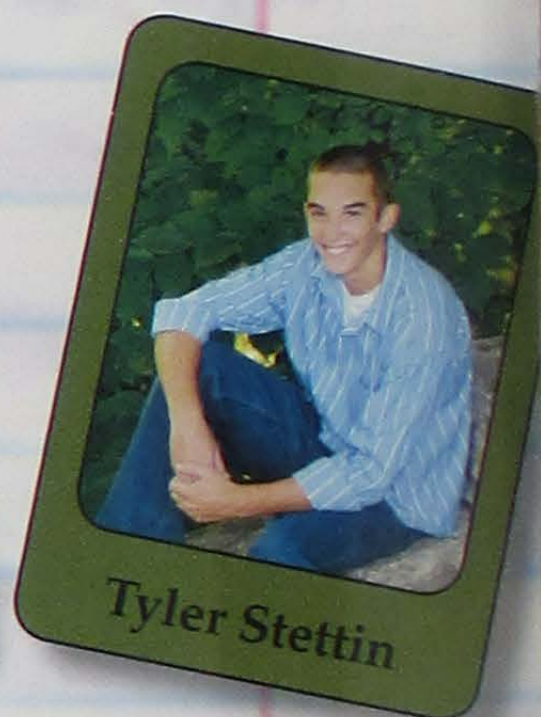
Steve Stark



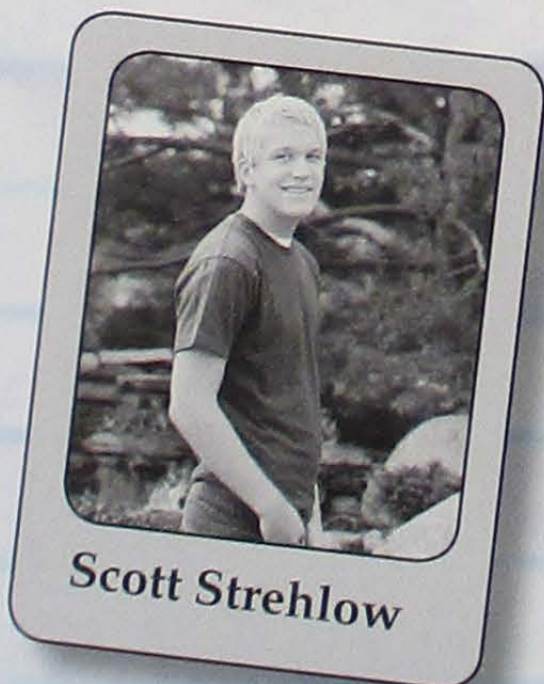
Taylor Steenblock



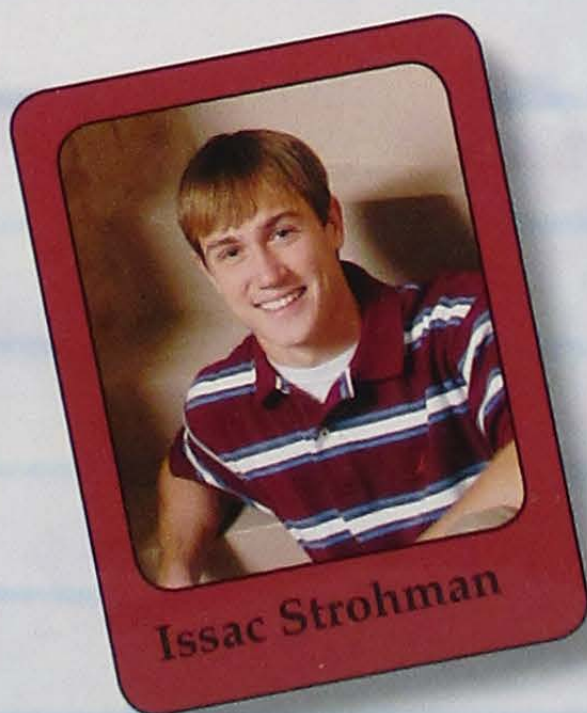
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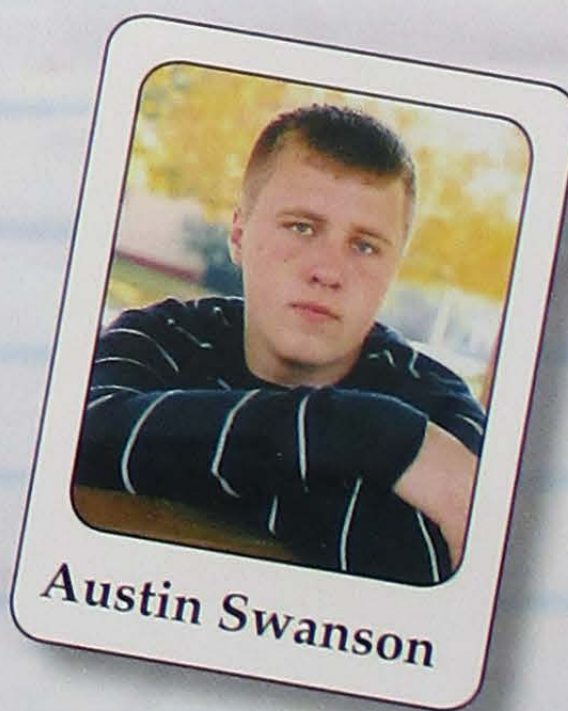
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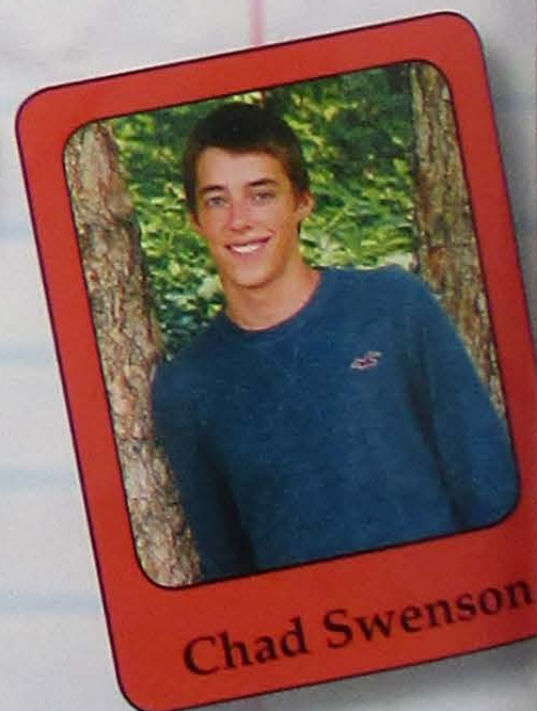
Scott Strehlow



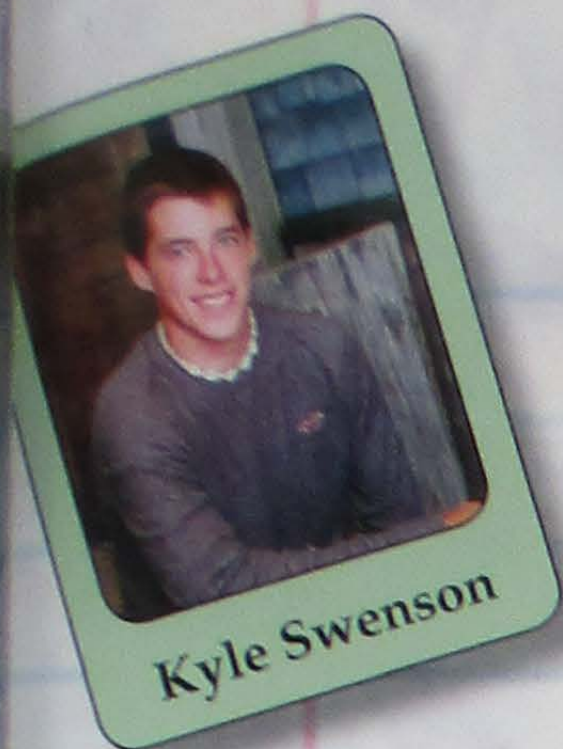
Issac Strohman



Austin Swanson



Chad Swenson



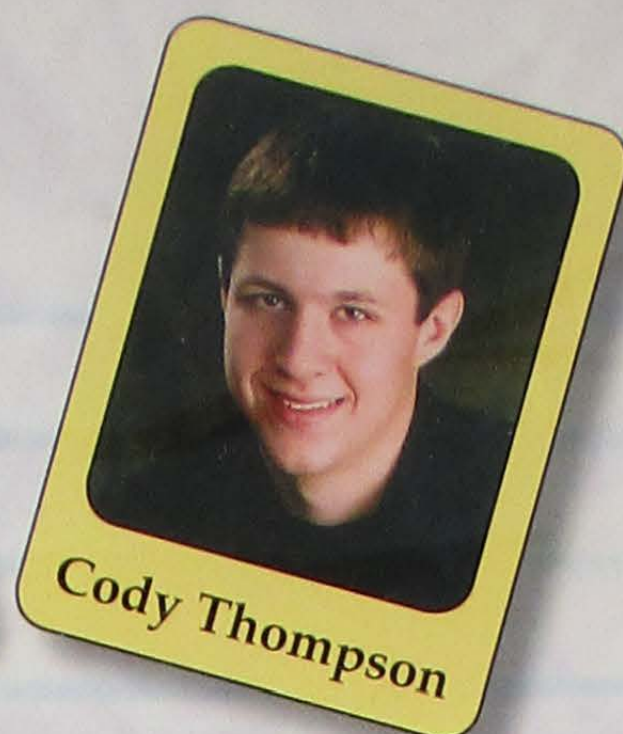
Kyle Swenson



Brittany Taylor



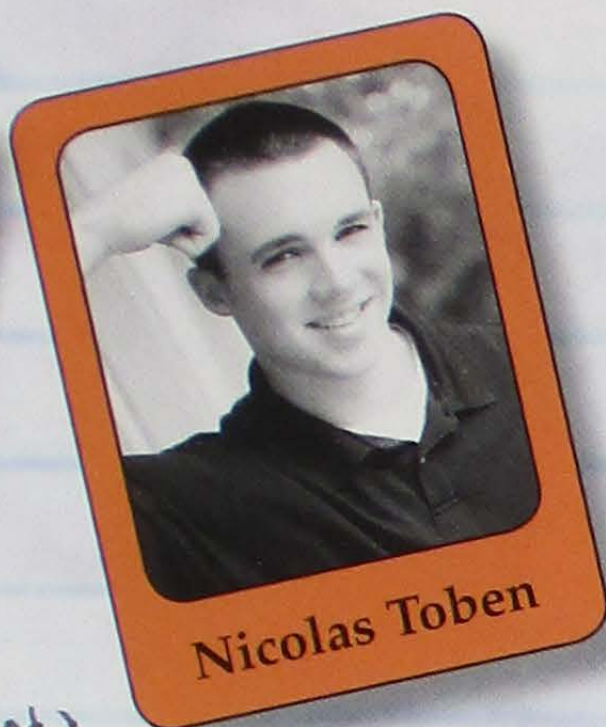
Anne Tepper



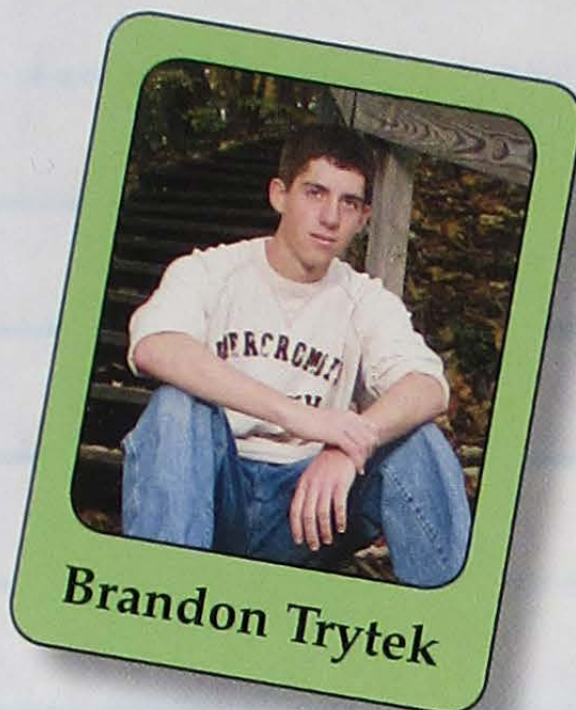
Cody Thompson



Erica Thompson



Nicolas Toben



Brandon Trytek



Laurel Tuggle



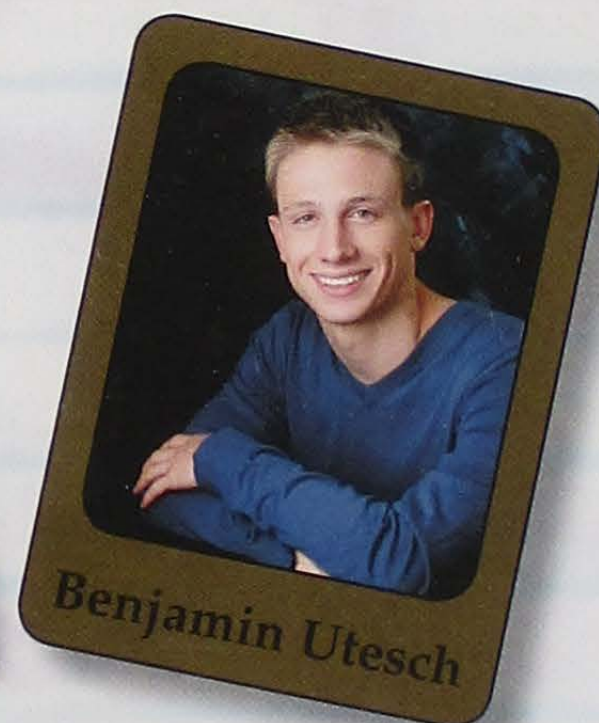
Brittany Twiselton



Kristin Tylka



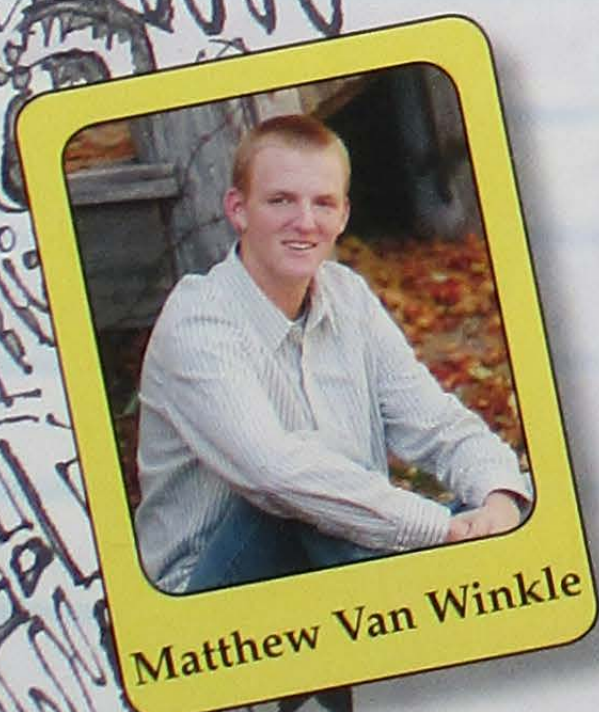
Erinn Uhlmeyer



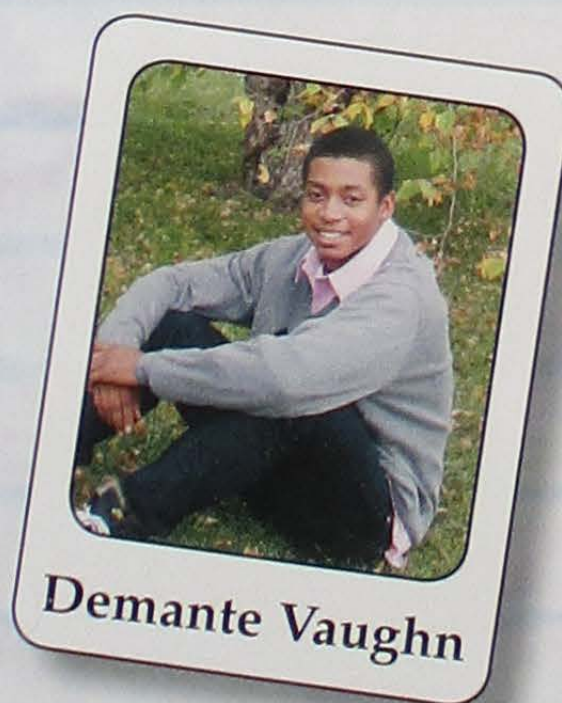
Benjamin Utesch



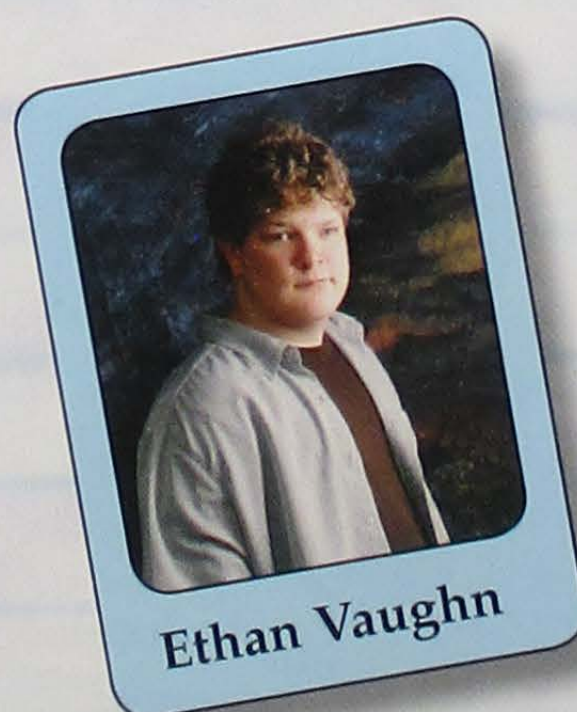
Jordan Vander Zwaag



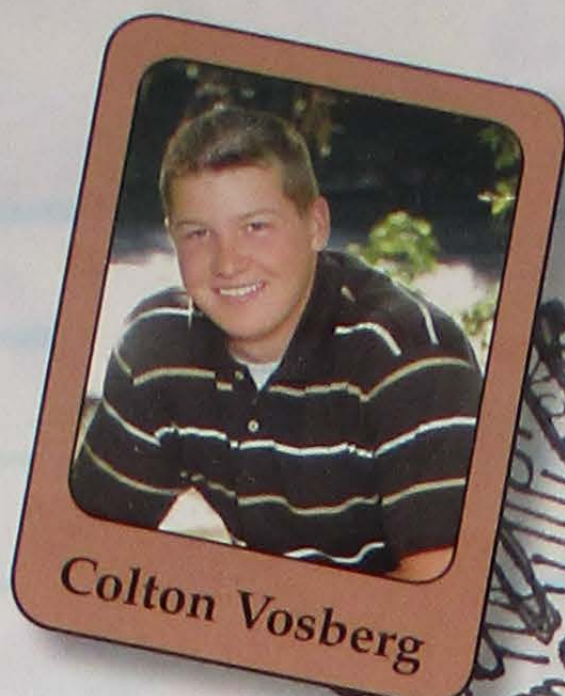
Matthew Van Winkle



Demante Vaughn



Ethan Vaughn



Colton Vosberg



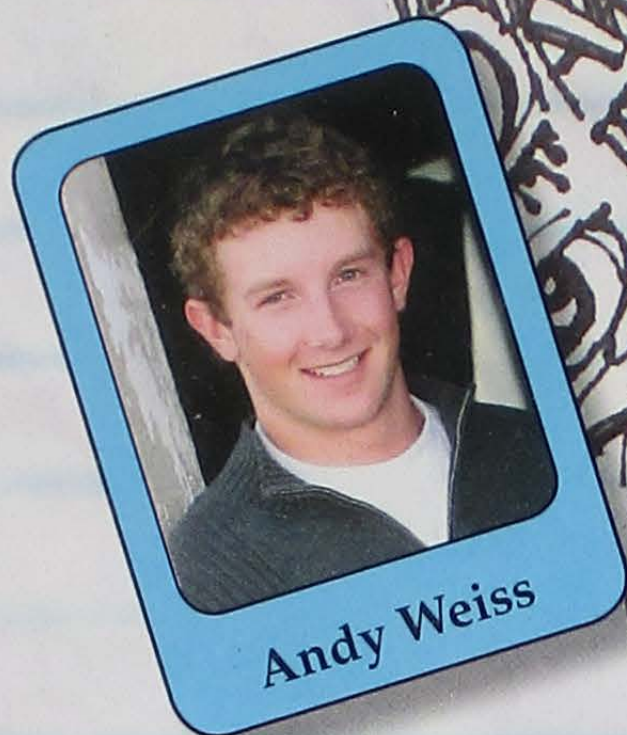
Katelyn Walker



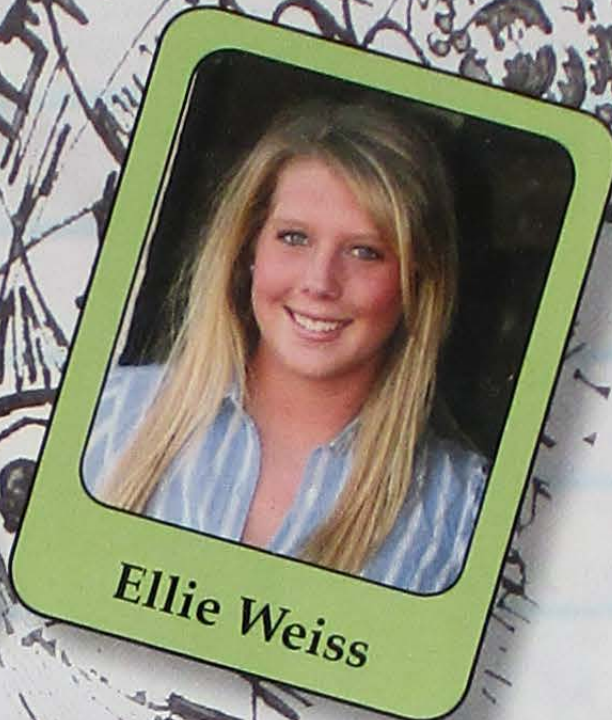
Sarah Warth



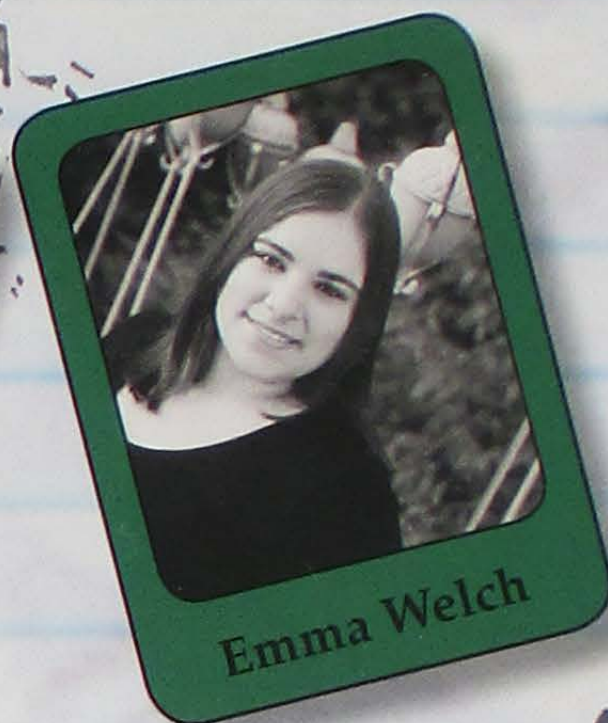
Rafael Wasilewski



Andy Weiss



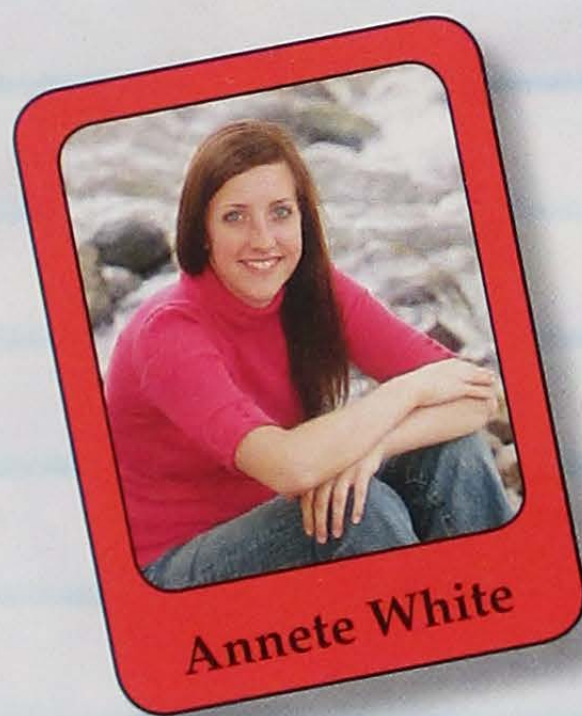
Ellie Weiss



Emma Welch



Shanna Wells



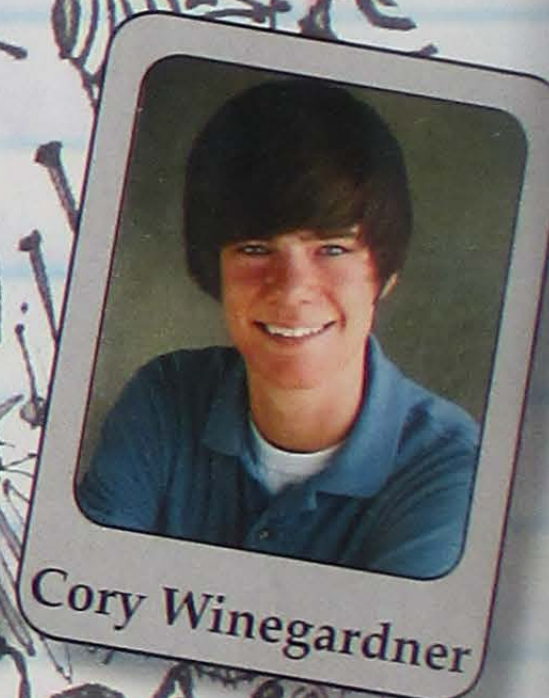
Annete White



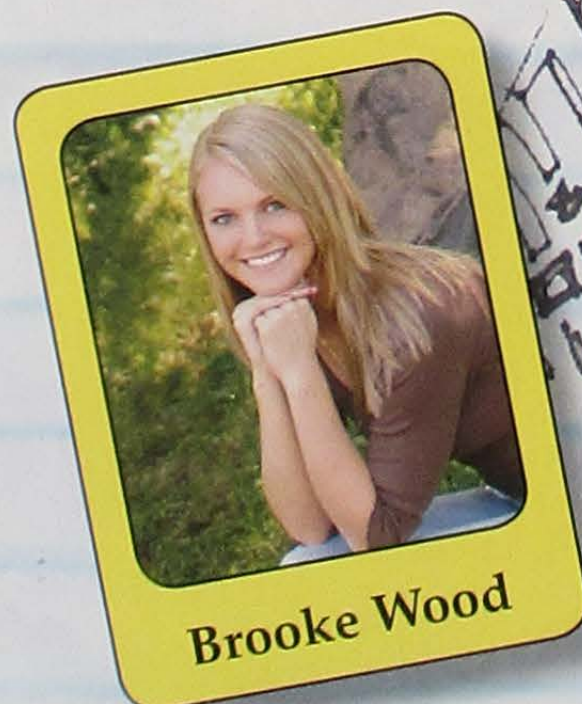
Jessica White



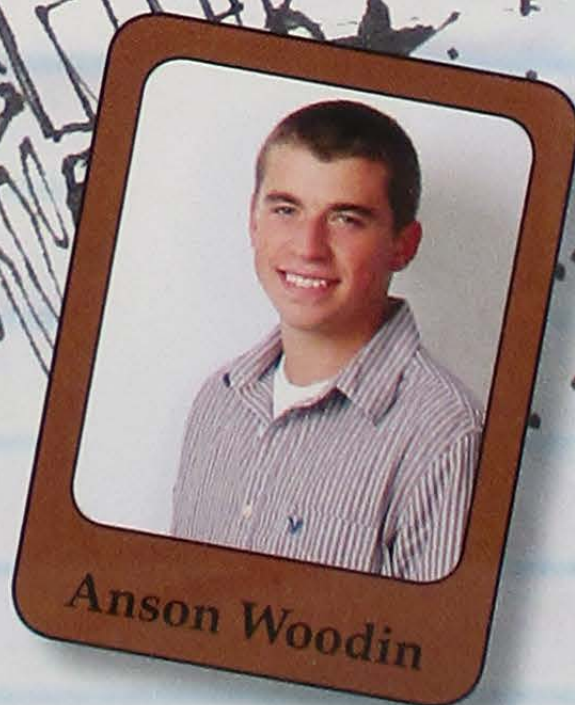
Kate Witt



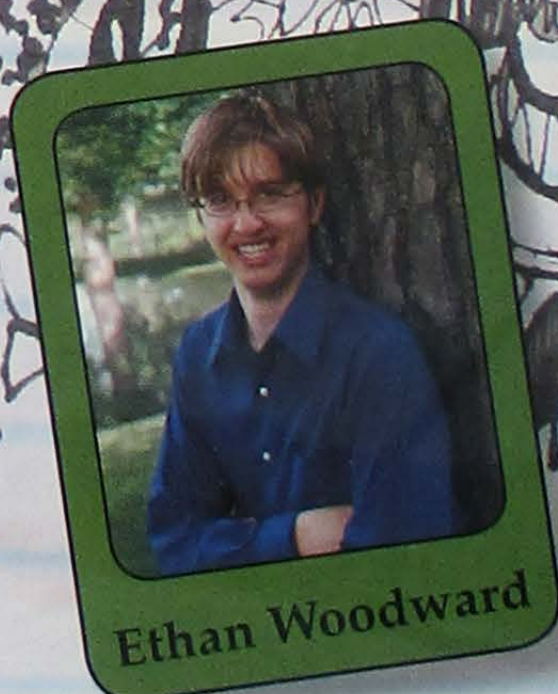
Cory Winegardner



Brooke Wood



Anson Woodin



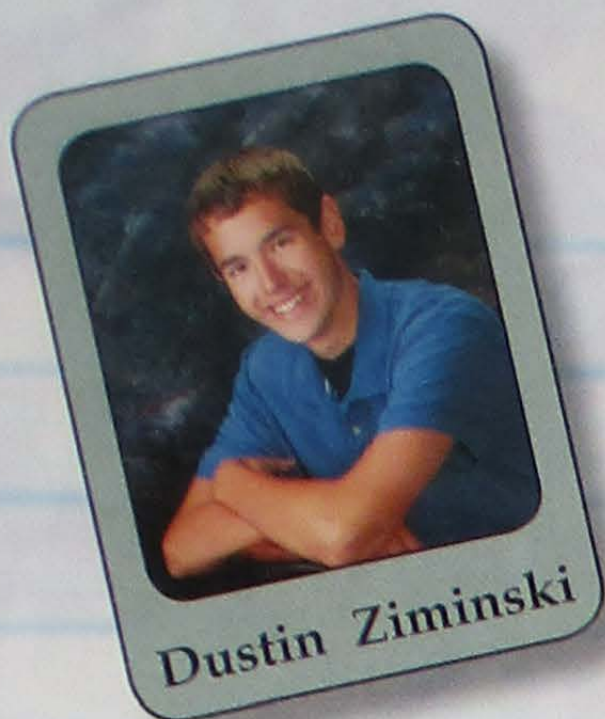
Ethan Woodward



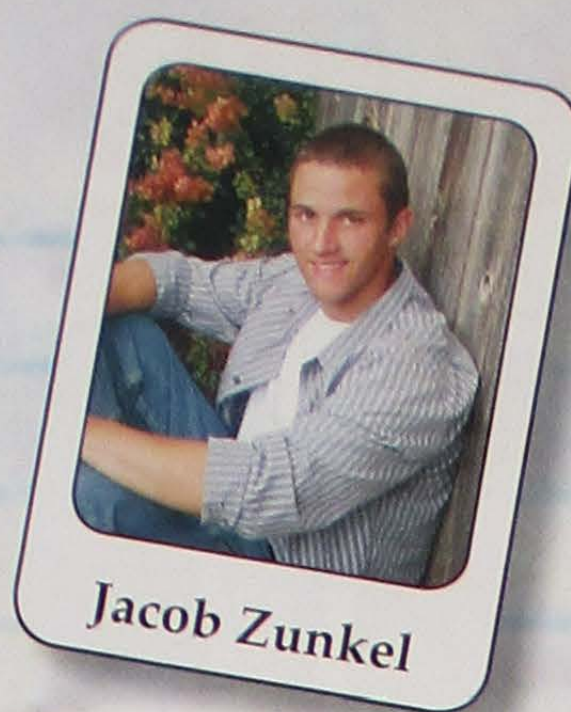
Gretchen Wool



Hongmeng Zhou



Dustin Ziminski



Jacob Zunkel

NOT PICTURED

Arrett Adams, Jesse-James Alderman, Nicholas Allen, Emily Andries, Daman Ardoin, Samantha Artese, Jessica Awe, Daniel Azeltine, Aisha Azher, Zakariyah Benruwin, Alex Boeke, Christian Bottine, Andre Brisbon, Mario Brown, Jordan Bundy, Crystal Bustamante, Brianna Carlberg, Alexandra Carls, Diana Champalath, Judy Chen, Ricardo Cibilis, Tatia Cornwell, Christopher Cowan, Charlee Dale, Michael Davis, Chad Davis, Ravyne Davis, Kelsey Dietrich, Kathleen Dolan, Gregory Doss, Keeler Duckett, Nicholas Dunne, Mitchell Durand, Abel Enriquez, Taylor Evans, Tyrell Firman, Carole Frazier, Grace Gardner, Sayyid Jibril Imani, Ryan Gile, Michael Golemo, Jessica Gosch, Ethan Green, Anjelica Grieser, Anna Hagen, Bahja Haron, Grant Hendrickson, Abigail Hensen, Mathew Hoffman, Kristine Hopper, China Horgan, Alexandra Huffman, Tiffany Izer, Evan Johnson, Alexander Jurenka, Nathan Kaloupek, Robert Kimbrough, Ashley Kinna, Christina Kinna, Neil Knudel, Jaylei Kolb, Mitchell Kunkel, Edne Kurschinski, Elizabeth Laage, Abigail Levis, Karah Levy, Nora Lippolis, Hailong Liu, Paulina Markiewicz, Tyler Maters, Jeremy McCorley, Nathan Meyer, Rebecca Miller, Sara Moore, Tayuana Mosley, Joy Myers, Cole Nelson, Alexandra Nigh, Alex O'Hara, Mia Olufade, Alexander Ortiz, Yeil Park, Sheil Patel, Keith Patton, Tori Phillips, Jessica Plander, Katia Pogwizd, Meghan Popoff, Jesse Pritchard, Joshua Pry, Hannes Reinot, Samanthya Rennings, Roman Reyes, Billie Ridnour, Mounttrel Robinson, Estephan Rodriguez, Margaret Rohrssen, Janielle Rollins, Travis Rolph, Jessica Rowland, Jua Rudison, Kelsey Sande, Stephen Sawyer, Michael Schmidt, Justin Schoenrock, Vincent Settles, Julia Shao, Adam Sheldon, Ashleigh Sloan, Marquell Hall, Matthew Spain, Amy Stephan, April Suen, Derek Sulzberger, Xiaotong Sun, Michael Sundberg, Jelisa Swain, Amaris Neyck, Shaunacey Thom, Rachael Thomas, Guillermo Thompson, Samuel Tim, Deng Tong, Kon Tong, Lindsay Troyer, Max Bai, Charlie Vestal, Megan Walker, Stephanie Wandling, Erin Weber, Deeair Welch, Kathryn Williams, Katora Wilson, Brittney Wilson, Rachel Windsor, Xinle Yu, Karolis Zumbakis.



Max Bassanini
Bijan Choobineh
Morganne Gent
Yong Guo
Michael Hammond
Shane Kennedy



Xiaoxue Li
Onnalee Miller
Amanda Mueller
Jeremy Pour-El
Abbie Reed
Zhang Ruiqy

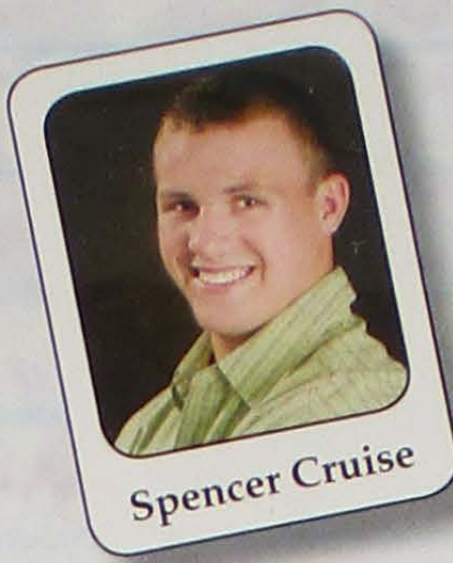


Steve Schoenrock
Benjamin Stafford
Michael Westover
Eduard Zahariev
Susanna Zaharieva

LATE SUBMISSIONS



Meredith Anselman



Spencer Cruise



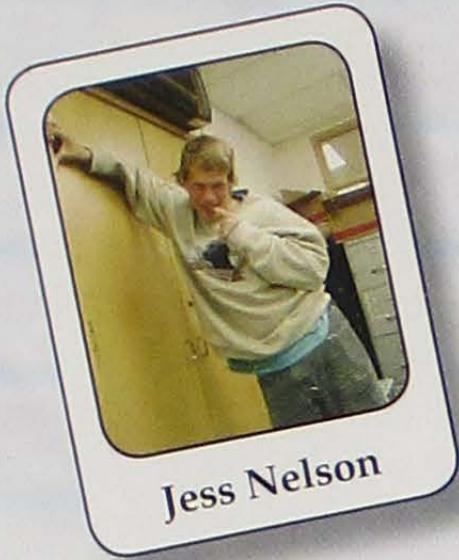
Anna Frishman



Sarah Iareal



Mitchell Kramer



Jess Nelson



Sarah Pesch



Amy Stephan



Yuliya Taborskaya



Hana Yoon



Brendan Pannier

Senior Signatures

Ben Mackay

Jordan Campbell

Kassi Sughran

Barry Lee

Bijam Chookimeh

Ken Murkett

Cody Chaubey

Ben Stess
Chad Swen

China Hsueh

Corde Francis

Cody Thompson

David Lanning Keeler Duckett
Daniel Johnson
Dustin Jimmick

~~W.H. Johnson~~
Edmund Schmitt
Daryl Long
Derek Accola
Emily Shep
Ellen
Helen

Ellen M. Weiss
Erica Thompson
Emma Louise Welton
Ethan Brunning
Ethan Vargen
Grace Gardner

Harold Hanson
Harold Hanson
Jake Zunkel
Helen
Haley Mayes

Jacob 2. Best
Hayley Schumacher
Jackie Mason
Kellen Drugg
Jacob Sebold
James Long

Jordan Under Zung
Jessi Loeck
Jennifer
Jenni Swani

James DeSalvo
Jasmine Harris
Jade Constance
Jenny Parnell
Jenna Magnusson
Jennifer

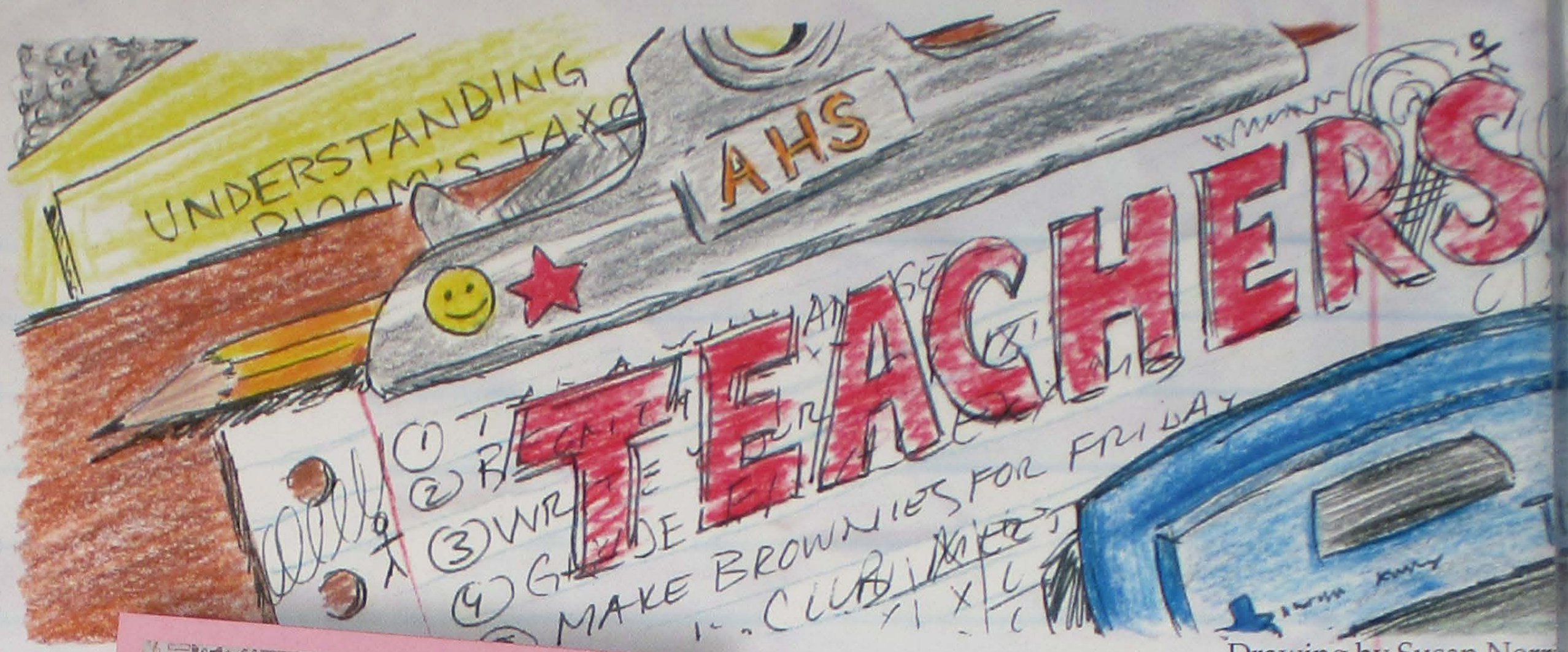
John
John D. Hansen
Jooley
Jessica L. Nels
Jessica White
John Hopp

Jordan Bunch
Kelsy Martin
Kariessa Allyn
Justin Schenrock
Jon Larson

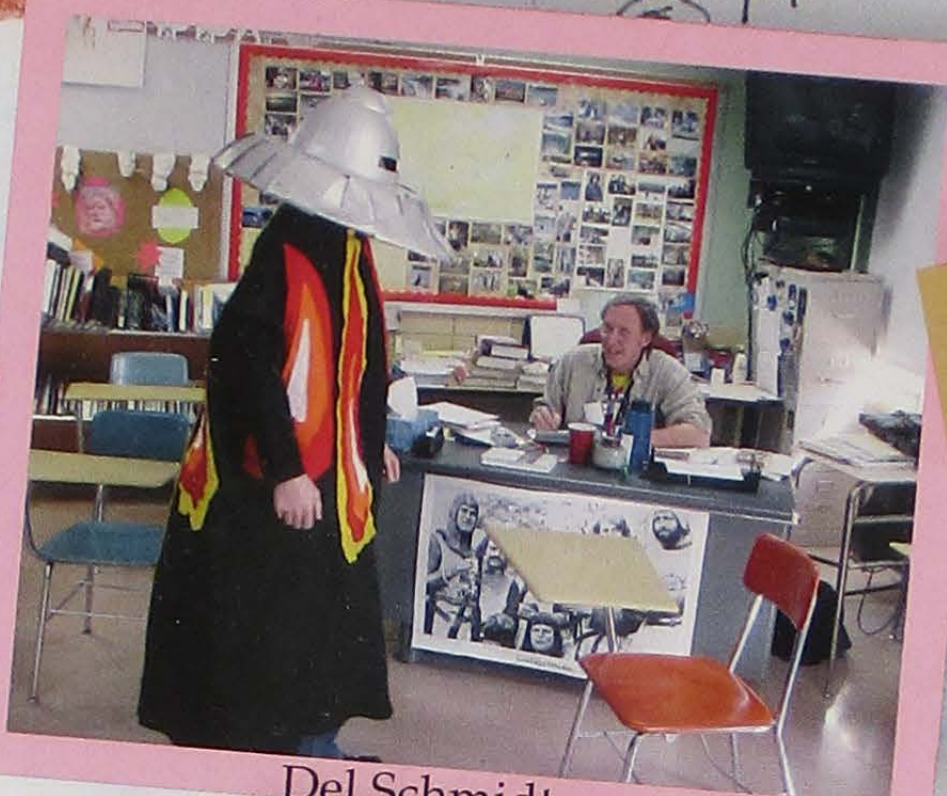
Kate Gibson
Katie Brier
Katie Anhalt
Kelsy Engelken

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Tati Cornell Xinle Yu 余心 Yempai P
 Seth Shroeder Zachary D. Heilm
 Skylar Patee Jeffery Talbot Thom Nading Zak Lipsham
 5m 10m 15m 20m 25m 30m
 Stephanie Keller Spencer Botine
 Stephanie Koch Stephen Sawyer
 Carolyn Metz Kirsten Poteet
 Abbey Johnson Angela Linahan
 Abe Nelson Anson Woodin
 Alex Schill
 Aisha Azher
 Alexander
 Daniel Agelline
 Alyssa Janderson
 Erin Ulmeyer
 Andrea Metzger
 Alex Hoffmann
 Audrey Simpson
 Alan Gao
 Ashley Williams
 Brooke Wood
 Erin Weber
 Alex Breon
 Anne Tepper
 Annette White
 Ashley Hoverson
 Kyle Swenson
 Alayne Corriere
 Brittany Taylor
 Lauren Gieseler
 Kustin Tyle



Drawing by Susan Norr



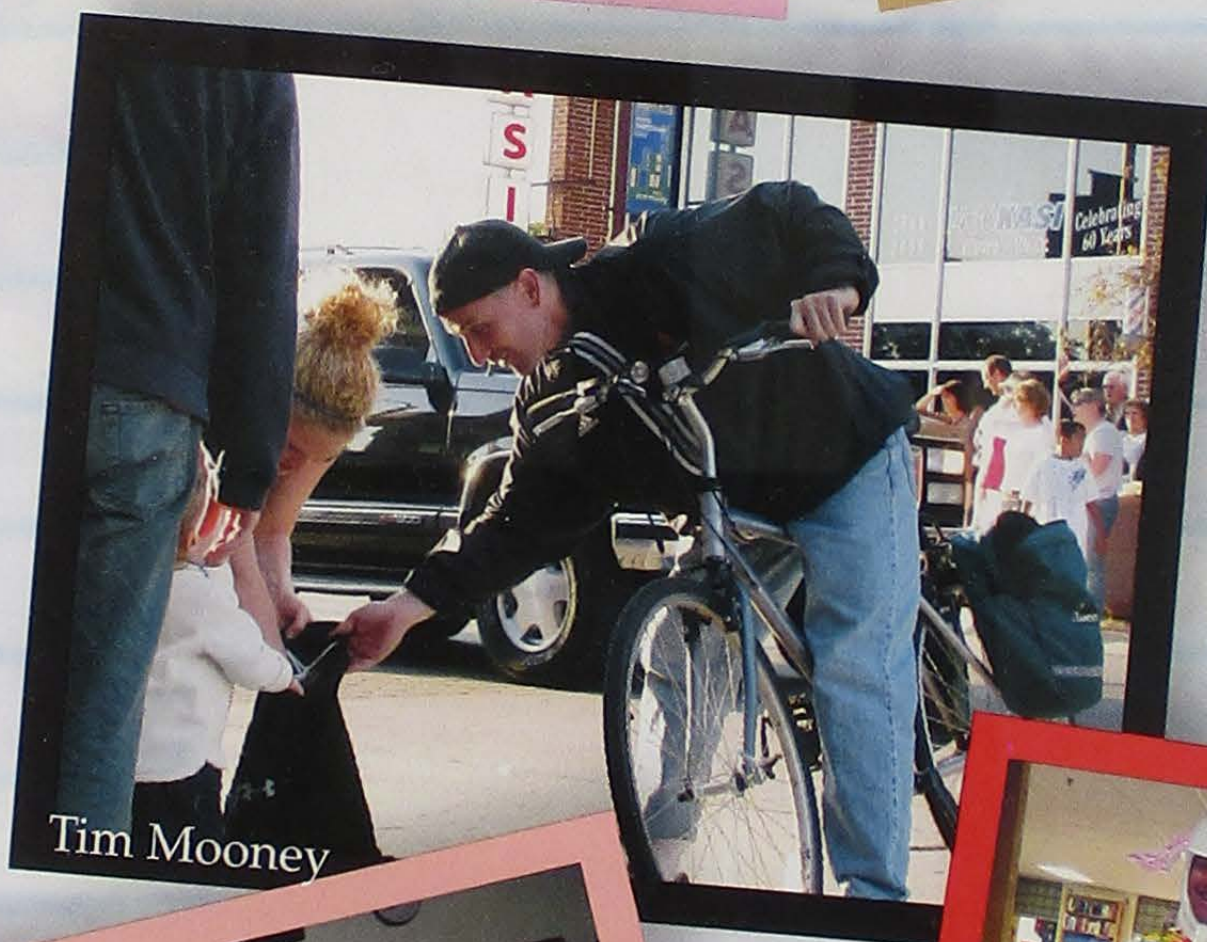
Del Schmidt



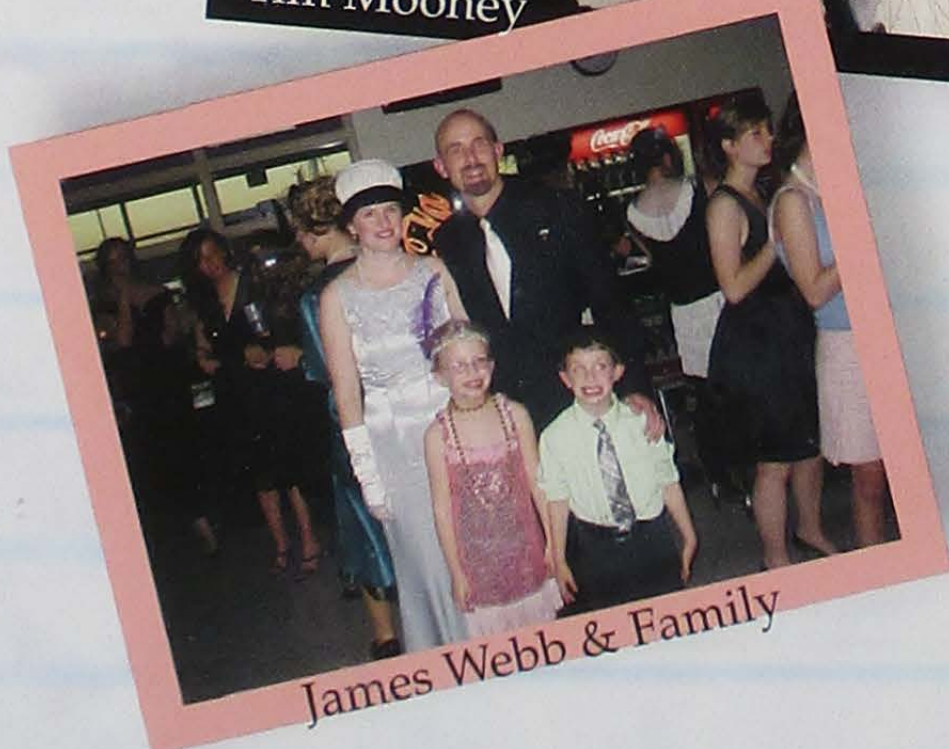
Sandra Quintero



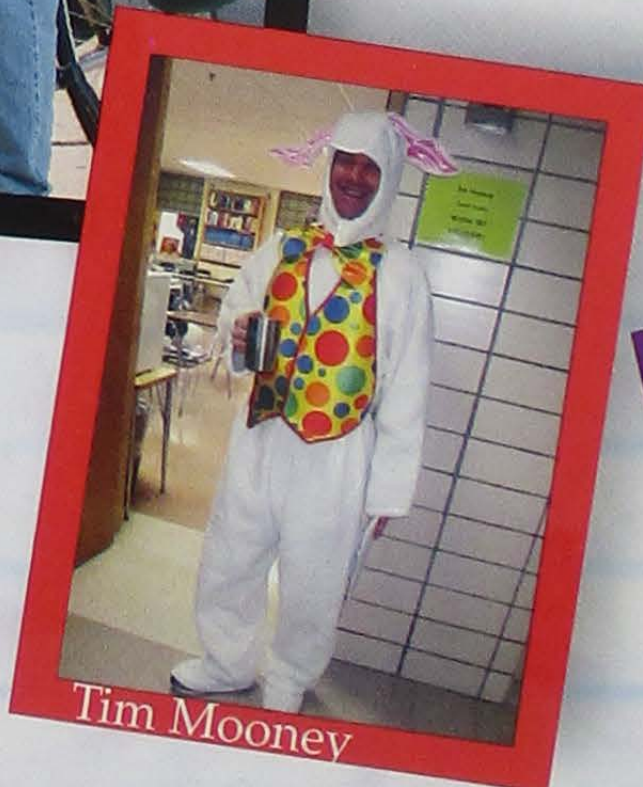
Stacy Dobernecker



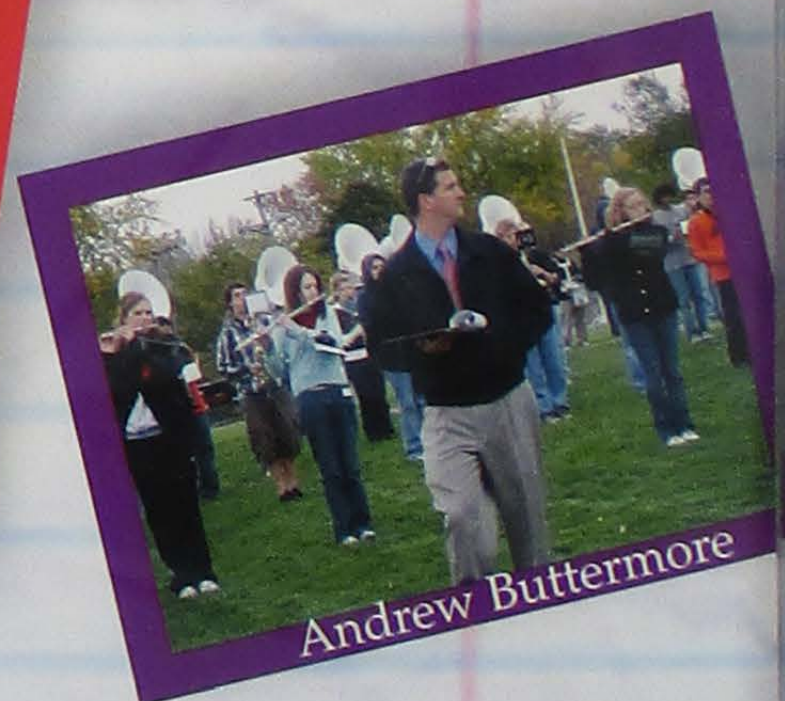
Tim Mooney



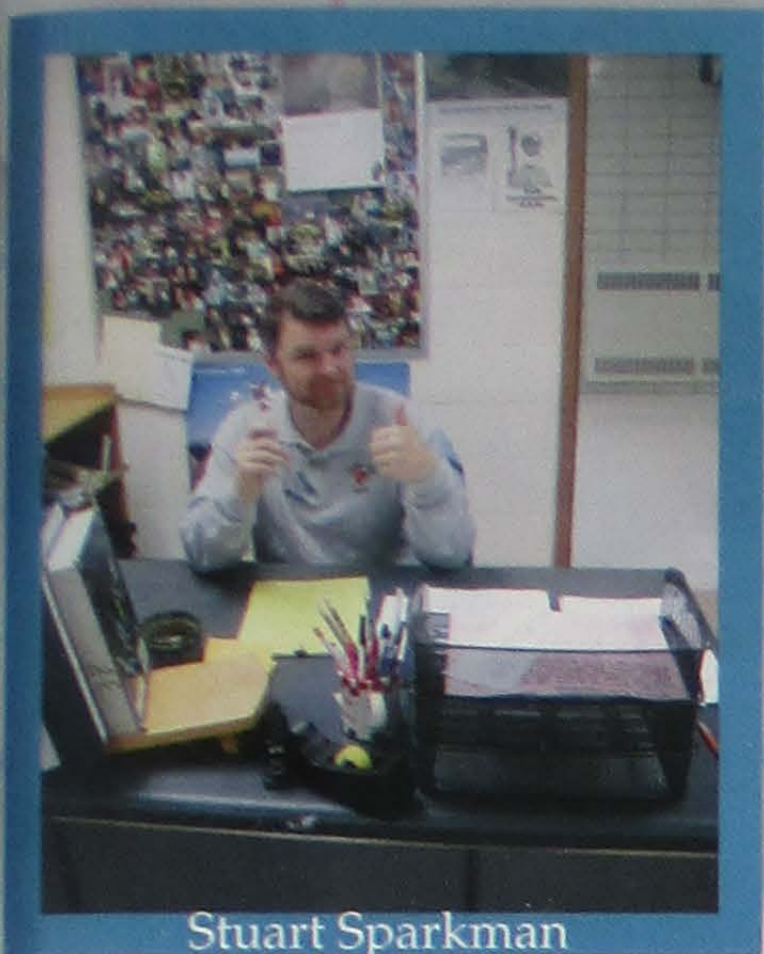
James Webb & Family



Tim Mooney



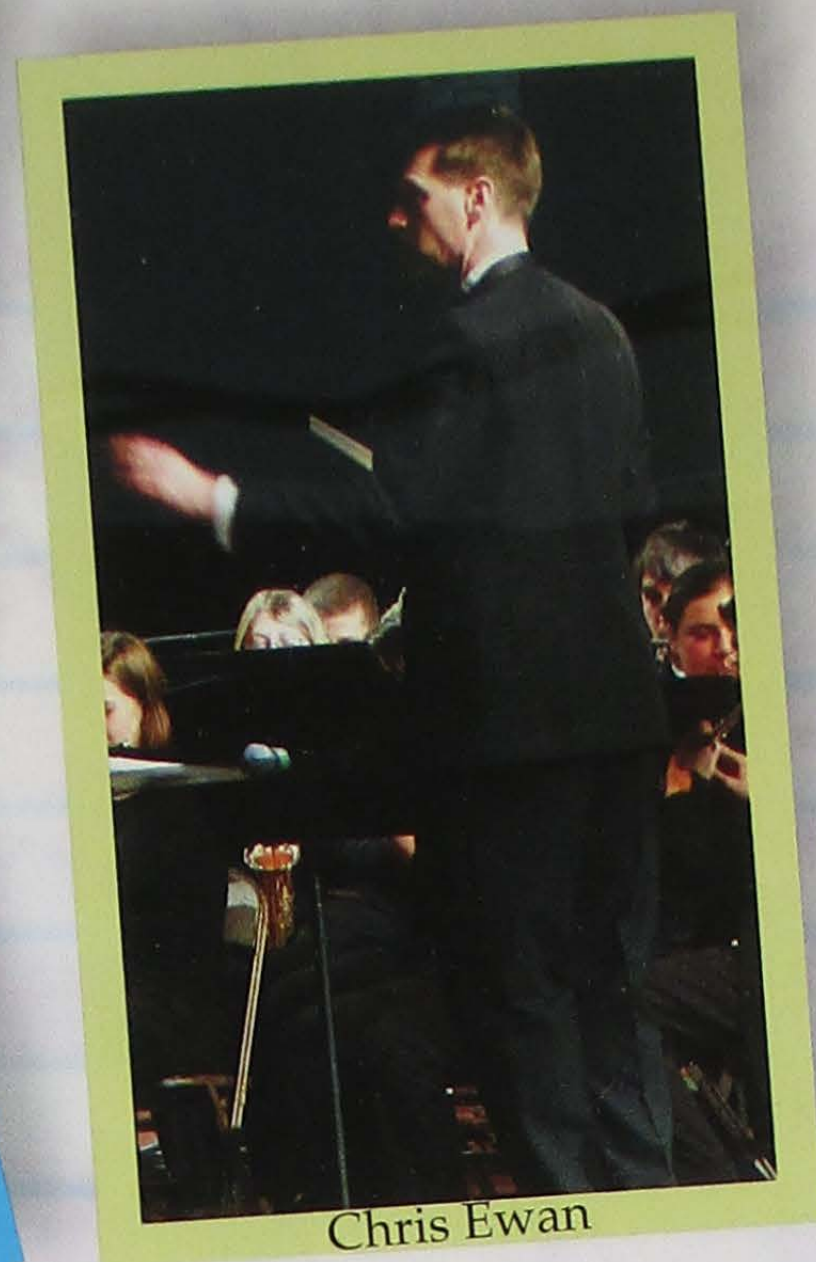
Andrew Buttermore



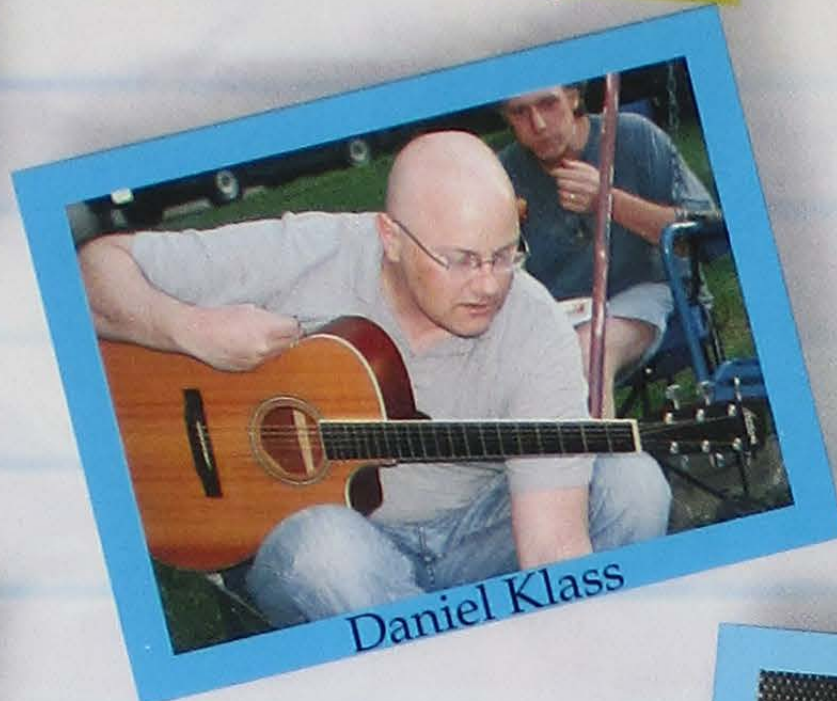
Stuart Sparkman



Michael McGrory



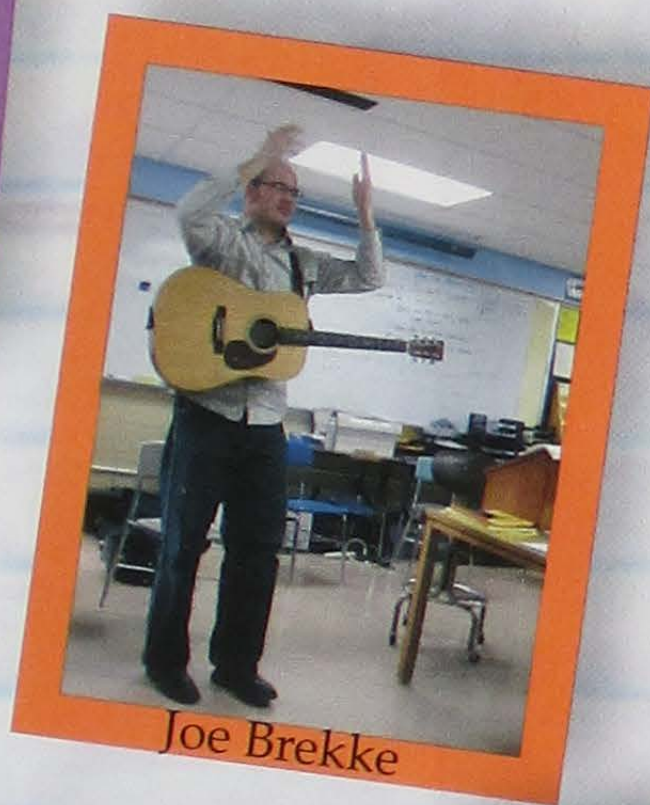
Chris Ewan



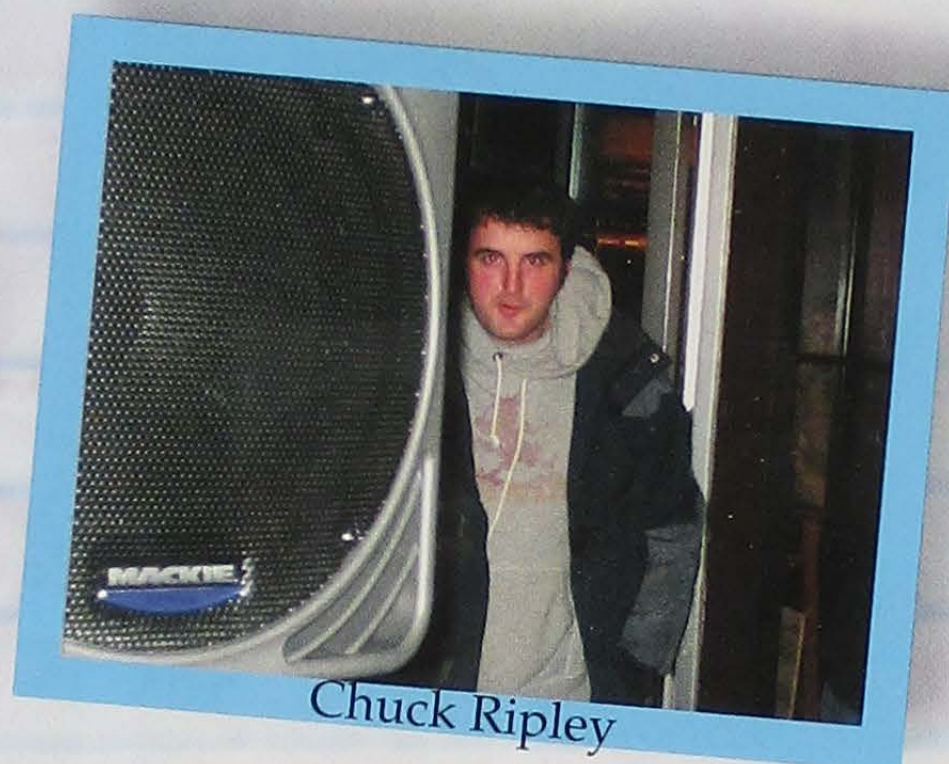
Daniel Klass



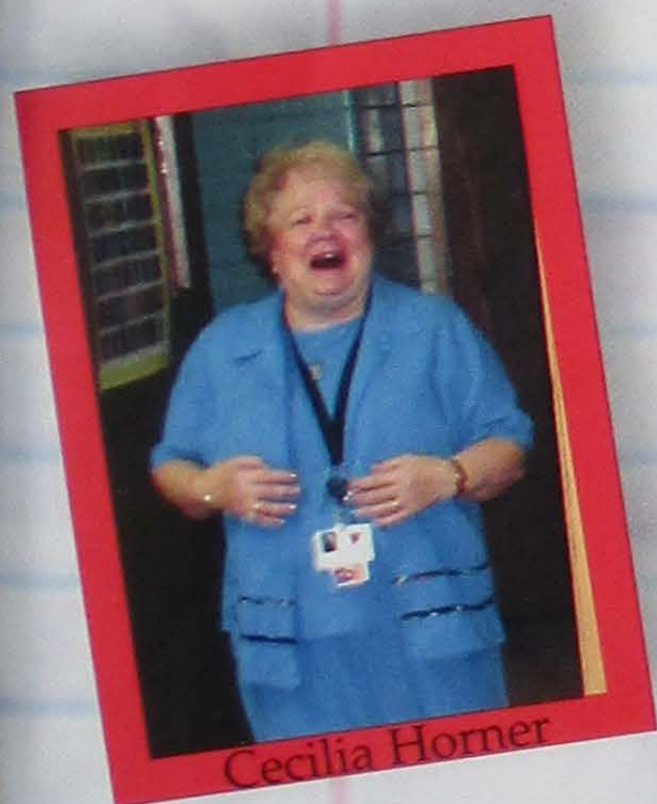
Mike Lazere



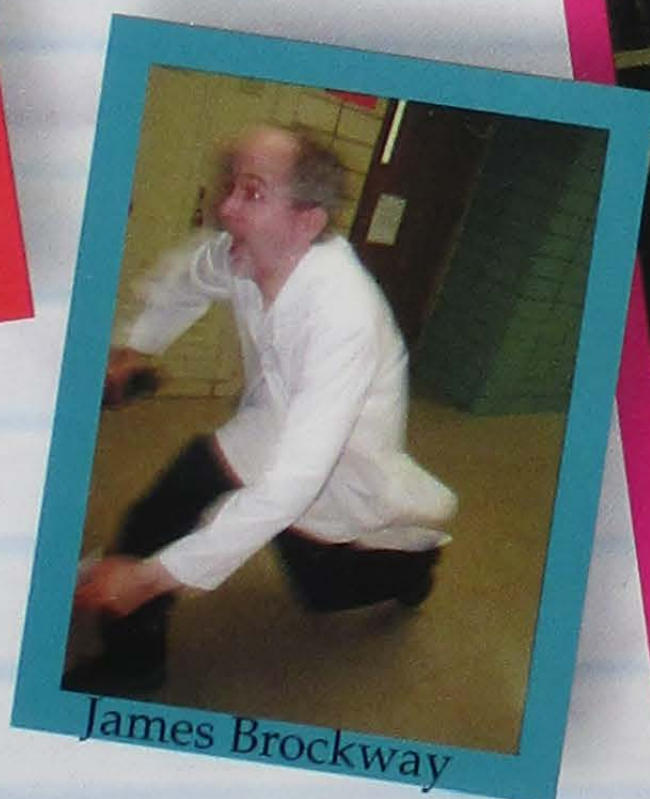
Joe Brekke



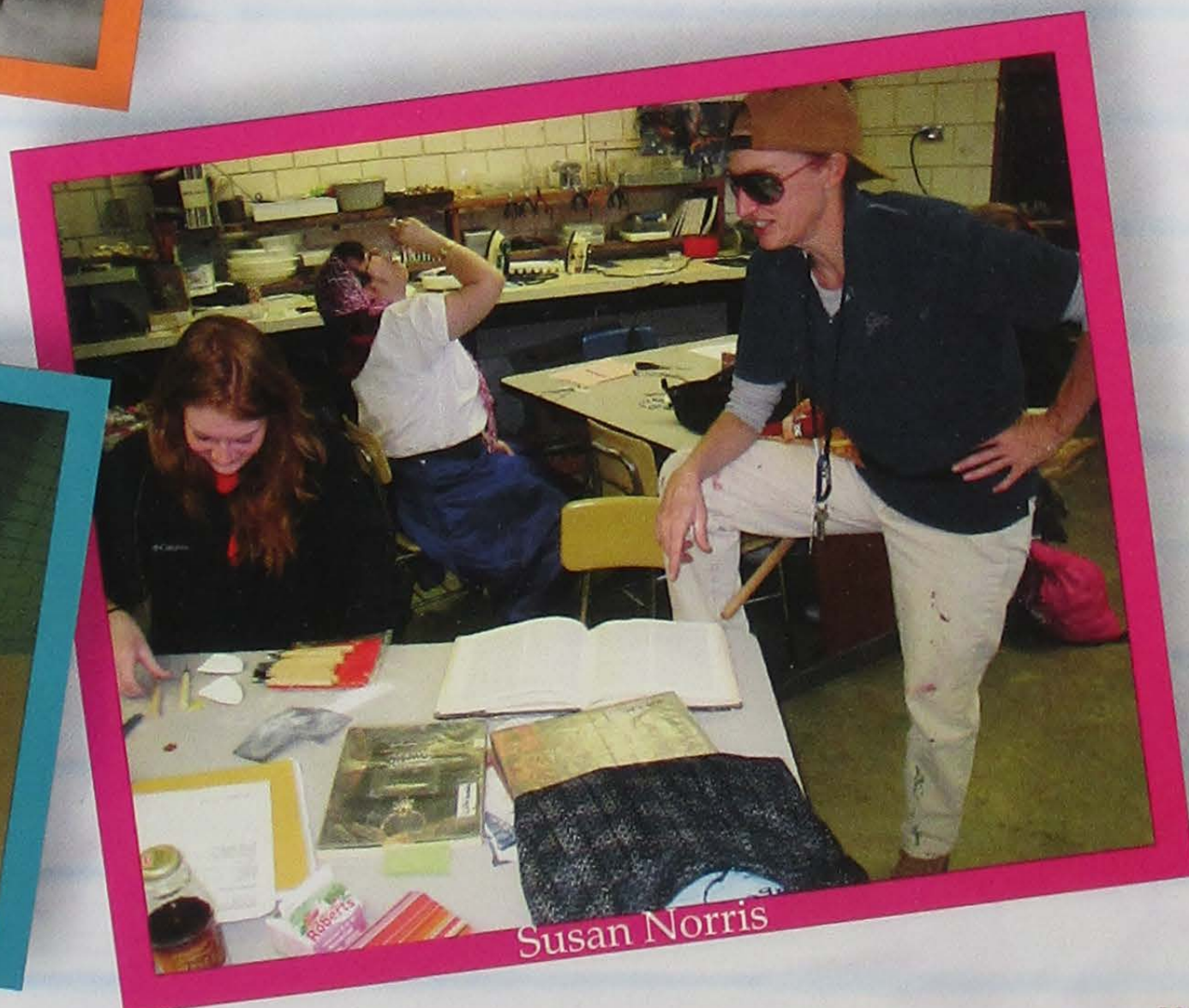
Chuck Ripley



Cecilia Horner



James Brockway



Susan Norris

Candy Albaugh
Michael Avise
Monica Behning
Cristie Berger
Alaina Bickel



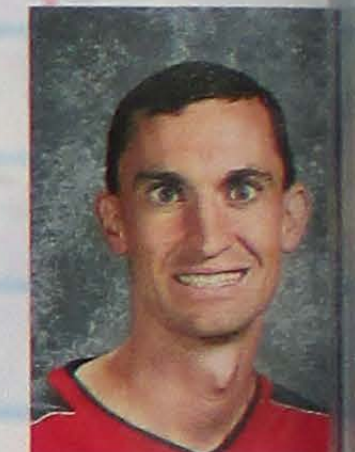
Kay Billings
Thomas Borer
Sandra Borrill
Ms. Boysen
Joseph Brekke



Elizabeth Brenneman
James Brockway
Judy Brunner
Julie Bryant
Mary Buck



John Burke
Jacquelyne Burkhart
Kim Burnett
William Buttermore
Eric Cogdill



Dennis Cullinan
Daniel Deyoung
Allison Diblasi
Peggy Dieter
Stacy Dobernecker



Dave Duit
Chris Ewan
Traci Faber
Jeanne Foell
Michelle Fuqua





Lyndsey Garcia
John Gelhaus
Erin Gerber
Barbi Greenlaw
Reggie Greenlaw



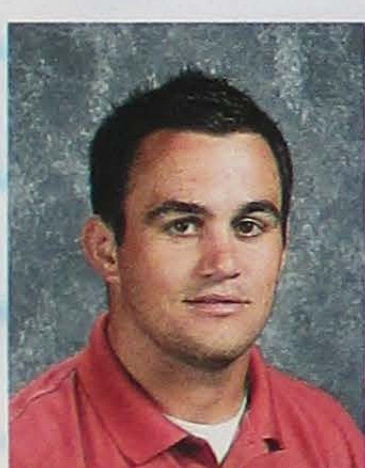
Jennifer Greimann
Kathryn Gustafson
Shelli Hassebrock
Sonja Hayes
Alissa Heintz



Brent Helmkamp
Troy Hill
Tammy Hockley
Betty Hollander
Cecilia Horner



Kent Jahn
Darin Johnson
Trisha Johnson
Judge Johnston
Alan Junck



Mark Jurgensen
Mary Kautzky
Drew Kelly
Erin Kennedy
Daniel Klass



Mr. La Mar
Sally Lapan
Diane Larson
Ann Lee
Linda Lieberman

Steven Linn
Sally Matters
Ben Matthies
Thelma Maxwell
Teresa McCune



Michael McGuory
Mary Mekemson
Shanda Metzler
Melissa Meyers
Kelly Micalone



Janet Mickelson
Kirsti Minion
Sue Ness
Susan Norris
Sunday Ogunsola



Cheryl Ott
Kathy Packer
Chris Paulson
Ms. Peterson
Bobby Jo Pohlman



Mary Polashek
Sandra Quintero
Wendi Reger
Sam Reichart
Tracy Rial



Charles Ripley
Mark Ritland
Cheryl Rittgers
Danielle Rossow
Margene Sailsbury





Kirk Schmaltz
Rhonda Schmaltz
Del Schmidt
Ginny Seibert
Timothy Seifert



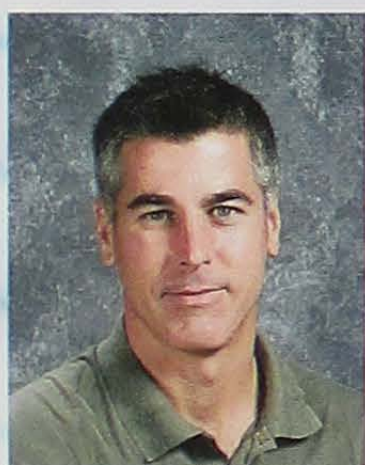
Holly Sharpe
Shalane Sheppard
Stuart Sparkman
Thomas Stabel
Chuck Stevens



Margaret Strasser
Aileen Sullivan
Joel Sullivan
Kirstin Sullivan
Linda Telleen-Martens



Brian Terry
De Tibben
Michael Todd
Lisa Vaknin
Carol Vanwaardhuizen



Jesse Vonbehren
Jerry Vos
Craig Walter
Bonnie Ward
Bonnie Ward



Mary Wauson
James Webb
Delphine Weiss
Steven Woolery
Chad Zmolek

KarriSSa Allyn

You are my sunshine



Believe in yourself and follow your dreams. We're proud of you! We love you always.
Mom
Christina
Elijah



Pat McCormick



Congratulation Pat! From a little boy to a young man, you have made us proud every step of the way. Good Luck on your next journey.

Love,
Mom, Dad, and
Shannon

Erica Thompson

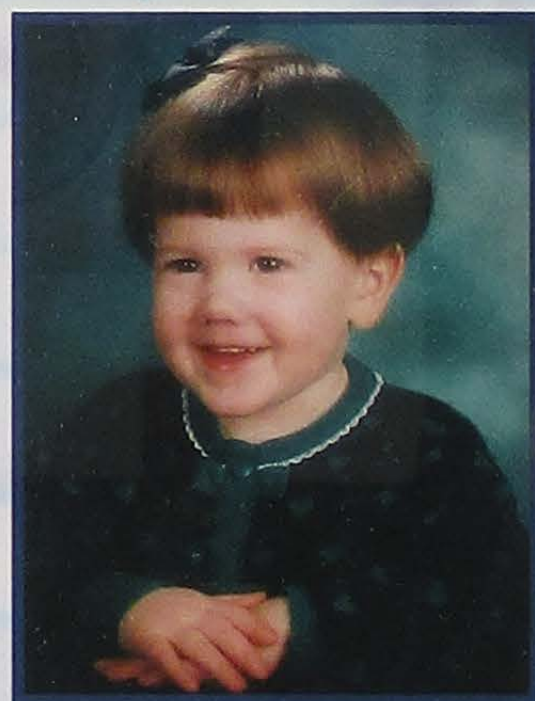
Beauty comes wrapped in many packages: A smile, an intelligent mind, an act of kindness, a loving heart.

You are so beautiful!

We are so proud of you!

Love,

Mom, Dad, and Rachel



Believe in yourself, be true to yourself, trust in God, and follow your dreams! We are very proud of you, and we love you with all our hearts!

Love,
Mom and Dad

Jessica Nehls

SAGE CLEMENTS



You've become a beautiful young woman. Congratulations, Sage! We love you! Mom and Dad

Those who hope in the Lord will renew their strength. They will soar on wings like eagles...

Isaiah 40:31



We are proud of who you are and where you place your hope! We love you- Mom, Dad, and Anthony

Anna Ashley

Stephanie Bonert



We love you!
Congratulations
on your
graduation
from AHS!
Love- Mom,
Dad, Danielle,
Alaina, & Alex

Jordan Vander Zwaag

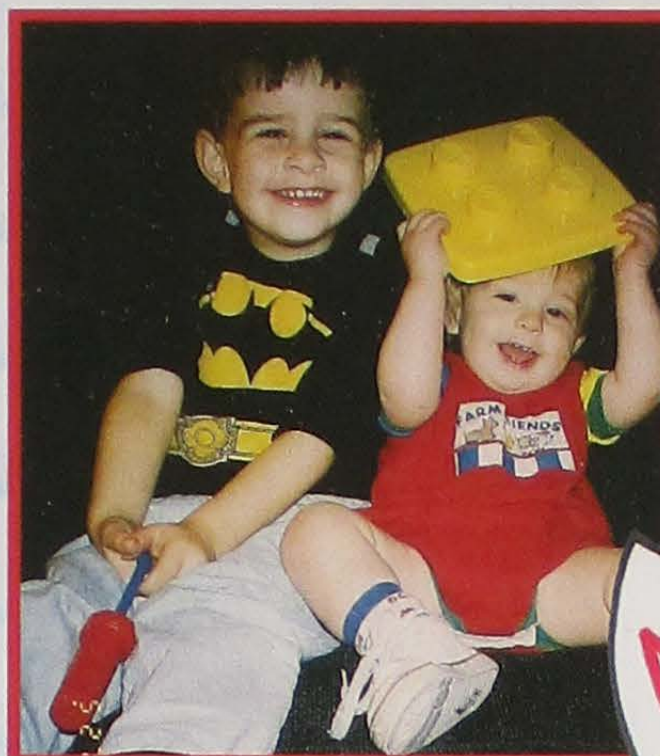
Believe in yourself, and
you will go far. We are
very proud of you and
love you very much!
Dad, Mom, & Josh



Emma Patterson



Congratulations,
Emma!
Thank you for
sharing your life
with me.
Love,
Mom



We love you, and
always will.
Congratulations on a
great start.
-Dad, Mom, and
Christopher



Drill
Team
Seniors
~
2009

Create your own Magic!
With love from your parents.



Jake Zunkel



Congratulations on all you have achieved! Continue to strive for excellence in all aspects of your life. Don't ever stop swinging for the fence!
The home crowd is always behind you.
Love- Mom, Dad, and Paul

"The future belongs to those who believe in the beauty of their dreams." -Eleanor Roosevelt



Hayley Schumacher

Go confidently in the path you have chosen with all our love and support. We wish you the best always.
-Dad, Mom, and Lauren



Congratulations, Senior Dancers! Thank you for all the years of sweet smiles, joyful hearts and beautiful dancing. My love will follow you always.

First Row: Christi Ling, Celia Harbacheck, Holly Oelmann
Second Row: Natalie Enloe, Sydne Kurschinski, Annie Spencer, Brooke Wood, Melissa Huisman, Lisa Carter
Not Pictured: Skylar Pattee



Lauren Gieseke

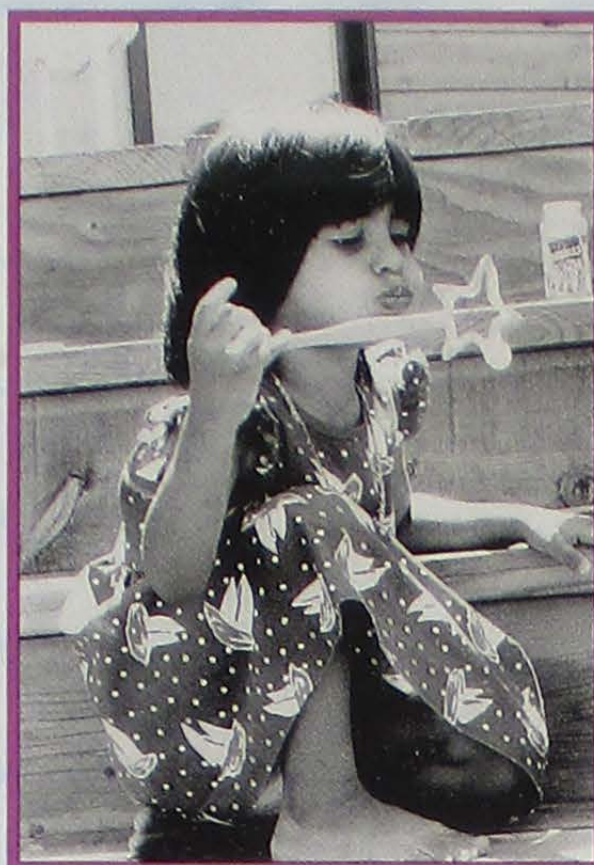


You'll
always
be our
baby!
Love
Mom
&
Dad

Congratulations, Mythili!

We are so proud of you.

Love - Krishna, Mom, and Dad



Mythili Prabhu



Jill Joerger

We are so proud of you and
cannot wait to see all of the
great things that you will
continue to do.

Love- Mom, Dad, Anna,
Ellen, Ben, and Sara

Congratulations, Justin!
We are so proud of you!
Love- Mom, Dad, Kirsten,
Bre, and Trevor

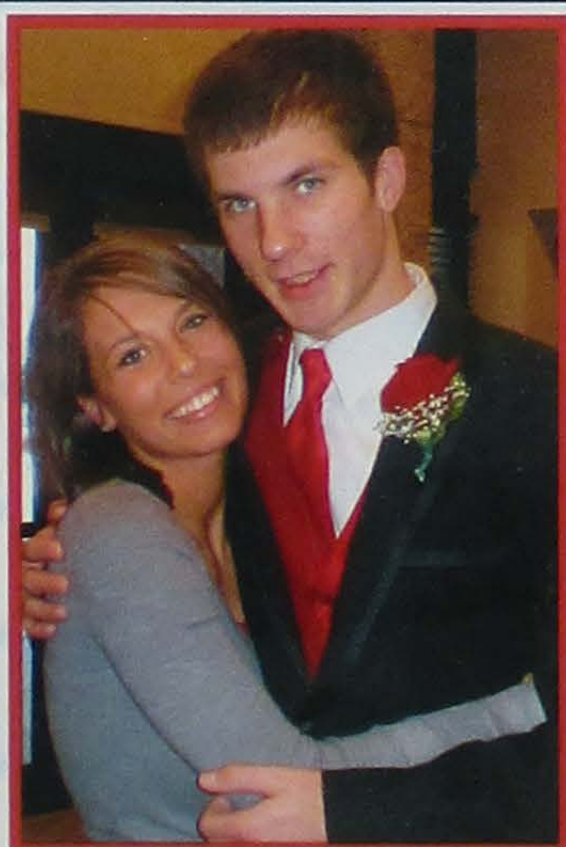
Justin Schoenrock



Thanks for not only being an
amazing "little" brother but a best
friend. I love you and I am very
proud of you. Congratulations!
Love- Lindsay

Ryan McGowan

Being grown up isn't half as fun
as growing up. These are the best
days of our lives. The only thing
that matters is just following your
heart and eventually you'll finally
get it right." -The Ataris



Jacob Best



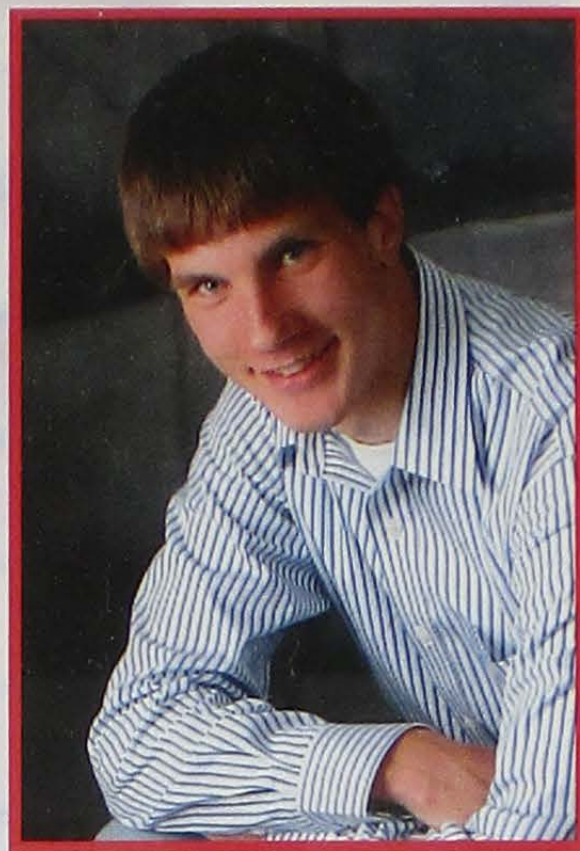
... before
he was
a 'Super
Farmer'!

RYAN MCGOWAN

Thanks for all the memories and joy you have brought to our lives. We are very proud of you!

"To be yourself in a world that is constantly trying to make you into something else is the greatest accomplishment."

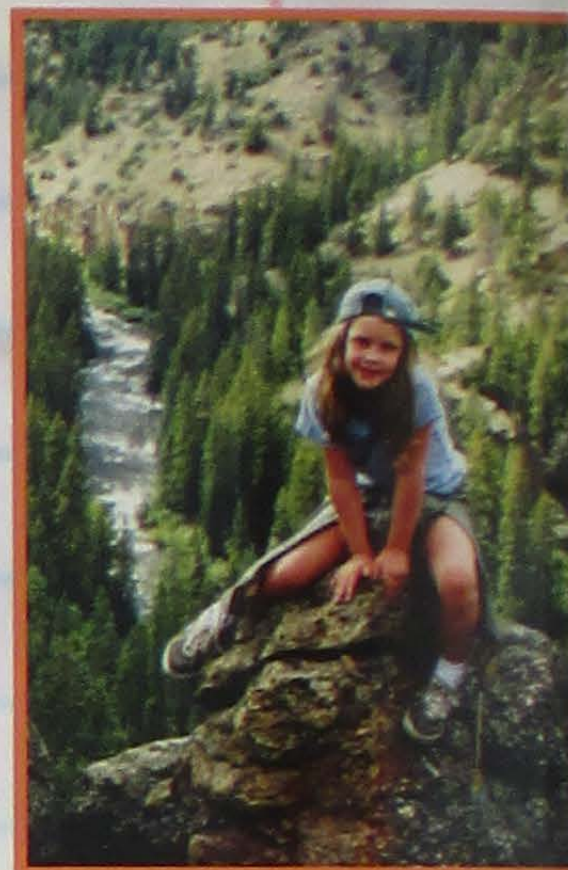
-Ralph Waldo Emerson



Amanda Johnson

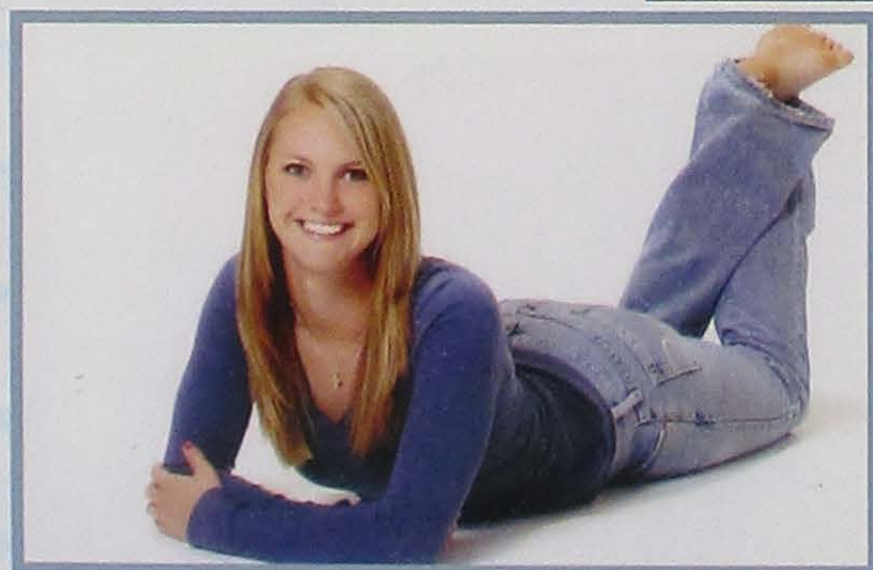
"The best and more beautiful things in the world cannot be seen or even touched, they must be felt with the heart."

Your heart is truly beautiful... be strong, be good, we know you will treat the earth with great love in all your endeavors. Our love always... Mom, Dad, AJ and Hayley



Brooke Wood

You have made us very proud with the accomplishments and choices you have made growing up. Believe in the magic and power of your dreams.

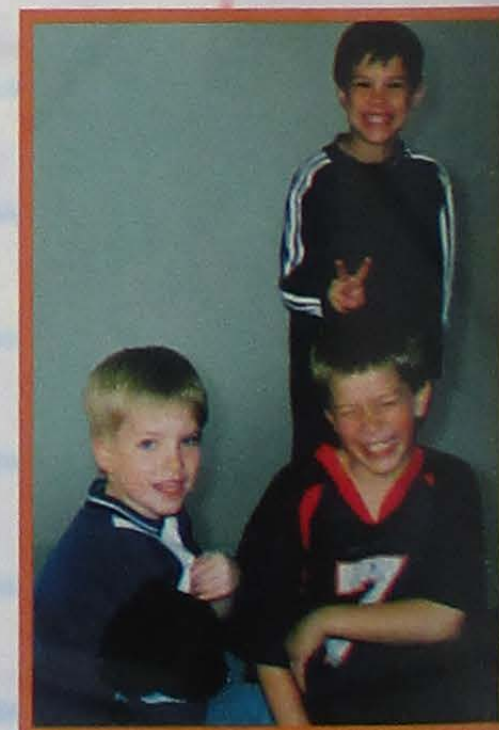


We love you, Mom, Dad, Brad, Nathan, and Dylan

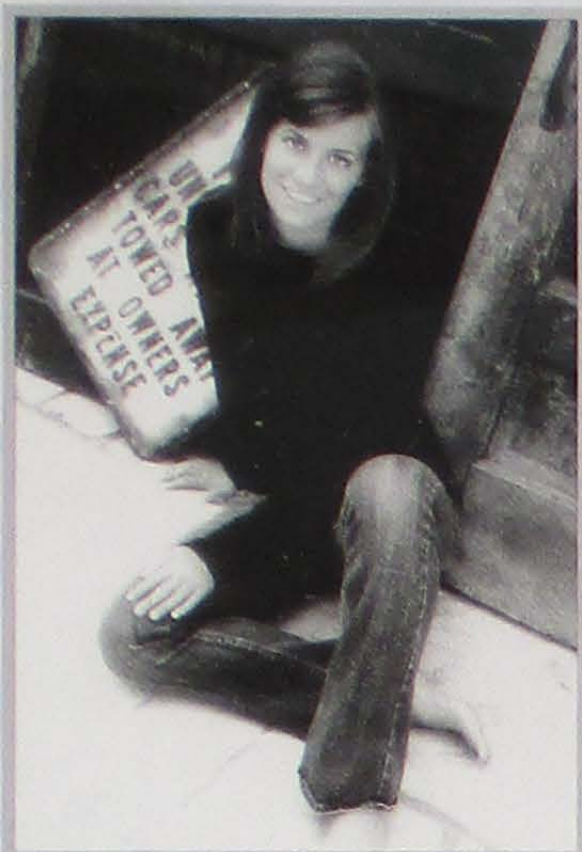


From Edwards Elementary to Ames High School to ISU and U of I Love - Your Parents

CONTEMPLATOR
COMMUNICATOR
INSTIGATOR



All dressed up... and so many places to go!
 We love you Kate, and we cannot wait to see
 where life takes you!
 Love,
 Dad, Mom, Sam, Grace, and Coco

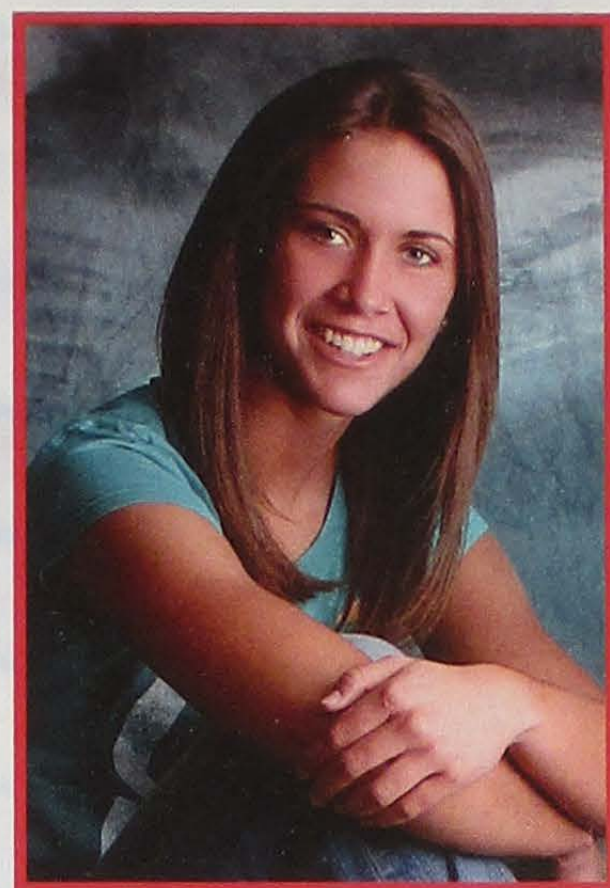


KATE GIBSON

Ashley Williams



Good luck in your next chapter of life. Always strive
 to be the best you can be and remember
 we will always love you!



HAYLEY
 SCHUMACHER



I love you, sister. Best of luck to you!
 Lauren Schumacher

Put Your
 Baby Ad
 Here!



Abbey Johnson



Congratulations, Sweetie!

**We are so proud of you
and we love you.
Mom, Dad, Yoda, Cairry,
Chilly, and Wooley**



**Keep your fins up,
Scooterbug!
Congratulations!**

**All our love,
Mom and Dad**

Caitlin L'Amour-G

TAYLOR SLOTER

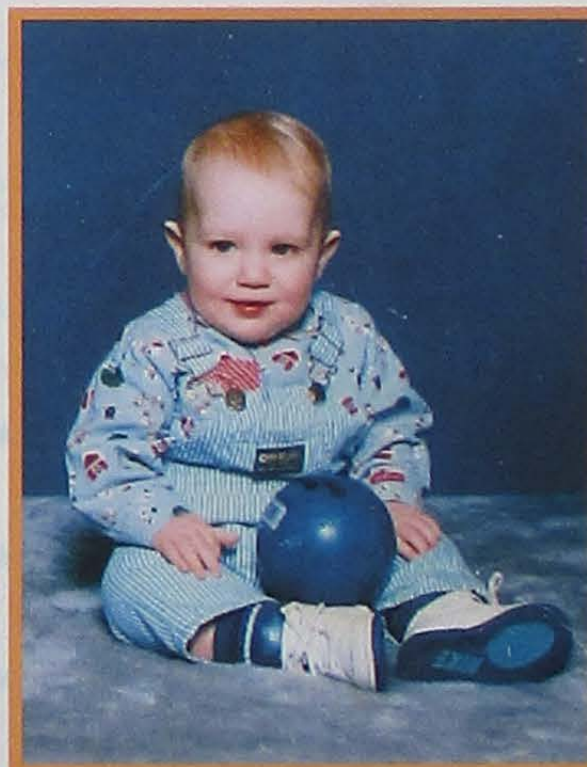


To our Taylor. Our Peacemaker.

We are overjoyed with all your decisions you've made in your life. God has put his heart in you. Your genuineness is such a gift. Always look to Him in your life chice and He will guide you! We love you so much, Tay. You are and always will be our miracle baby!
Much love- Mom & Dad, Katie & Justin

Continue to strive for your goals, reach for your dreams, maintain your positive attitude and dive right into the game of life and enjoy the path you have chosen to take. No matter what direction it takes, you always remember that we are proud of you and will be cheering you on from the sideline. Thanks for the great memories. Congratulations on your graduation.

Love- Dad, Mom, and Nicole



MICHAEL SCHMIDT

Ross Davis

Creative with your food...



Love those knives...



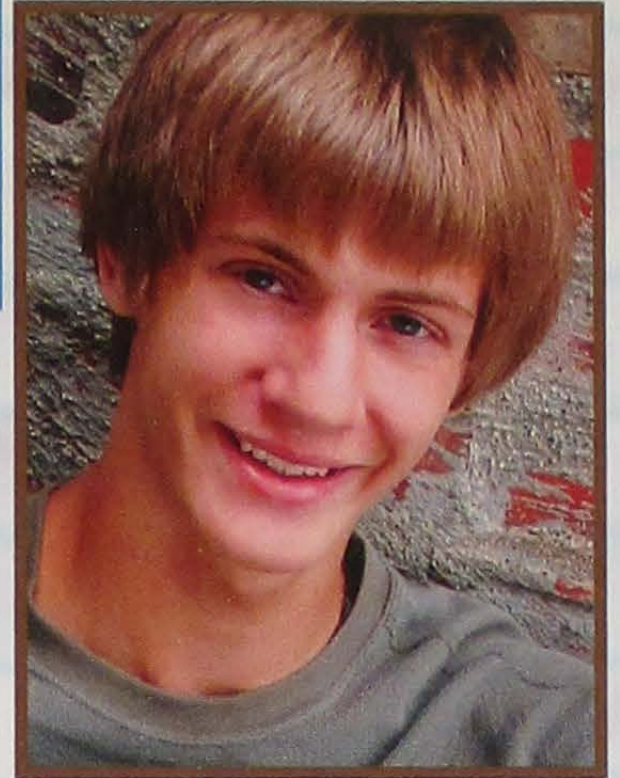
You will ROCK Culinary school!
You are the most creative, funny, loving,
and awesome guy!
We love you!
Mom, Ryan, Rachel, and Regan

Brent Novey



We love you for all of the
joy you've brought to
our lives. We are so proud
of you!

Love,
Mom, Dad, and Brooke



Matt Skarshaug



You have always been a man of style and
substance. May you continue to grow in both
with God's grace.

Love- Mom, Dad, Austin, and Zach

Annette White



Congratulations,
Annette!
Always and forever
our Cyclone!
Love,
Mom and Patrick

Katie Isebrands



Congratulations
to our sunshine!
We know you will
go far. Never lose
your smile.

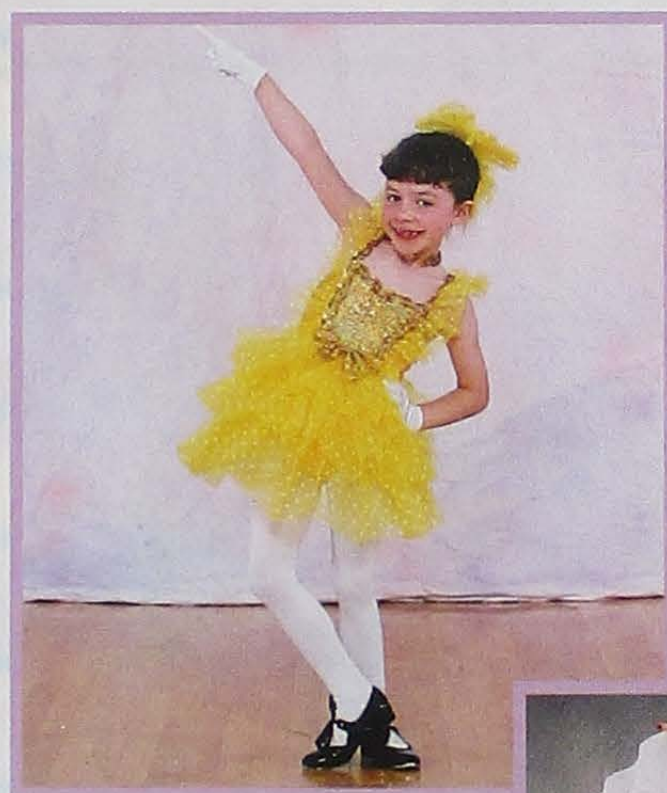
Love,
Mom and Dad

You have
always made
us so very
proud! We love
you, Nukes!

Mom & Daphne



Nic Tolben

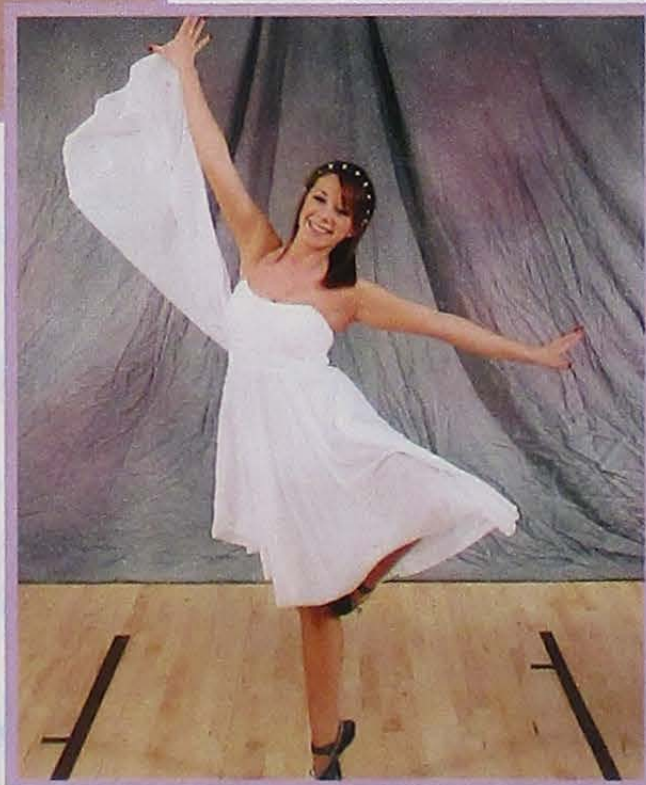


*"You can dance
anywhere, even if
it is only in your
heart."*

*You have brought us so
much joy through your
dancing.*

*We are so proud of all
that you have done
with your life so far and
cannot wait to see
what you make of it
in the future.*

*We love you-
Mom & Dad*



Natalie Enloe

Congratulations, Audrey!
Always remember to laugh and to wear a good
hat.

God bless you.

Love- Dad, Mom, and Emily



Audrey Simpson

MELISSA HUISMAN



*Your big
brown eyes
have served
you well since
the day you
were born!*

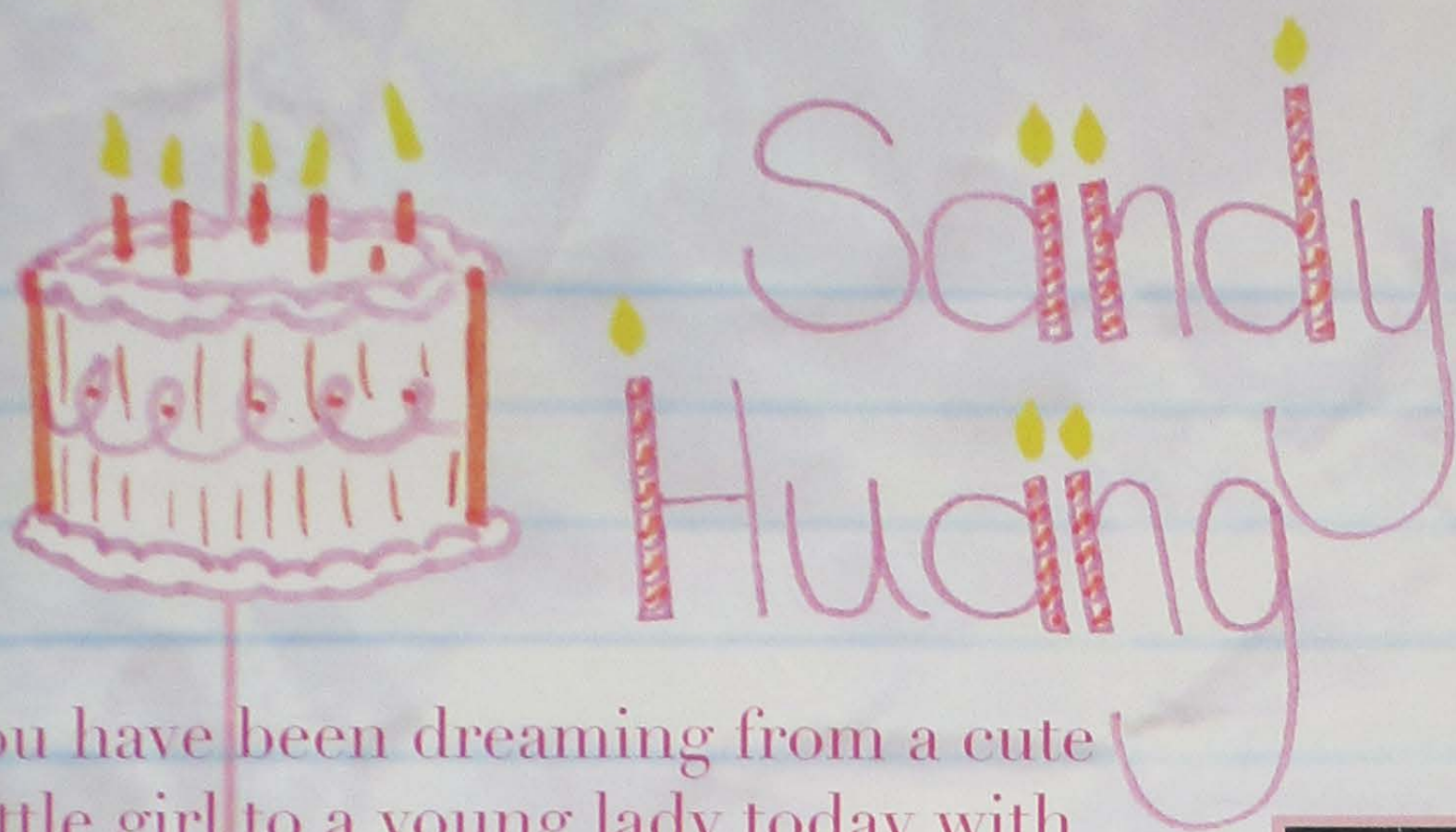
Congratulations! We love you- Your Family



*We are all so proud and
happy for you and all you
have achieved! We will miss
you and your happy smile
next year*

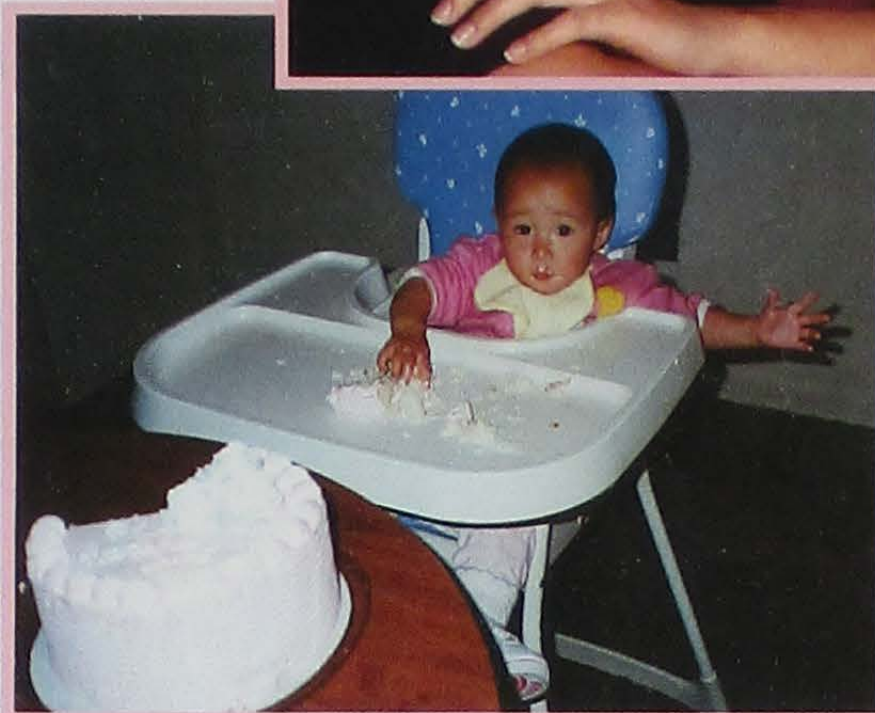
Your loving family:
Mom, Dad, Ambrose,
Stella Maris, and Endylian

Isaac Strohmman



You have been dreaming from a cute little girl to a young lady today with determination and confidence. If you dream it, you can become it. Keep dreaming and dream big. You will reach for the stars no matter how hard it seems. Be optimistic forever!

We are so proud of you!
Love, Mom, Dad, and Alex



Galadriel - Comito

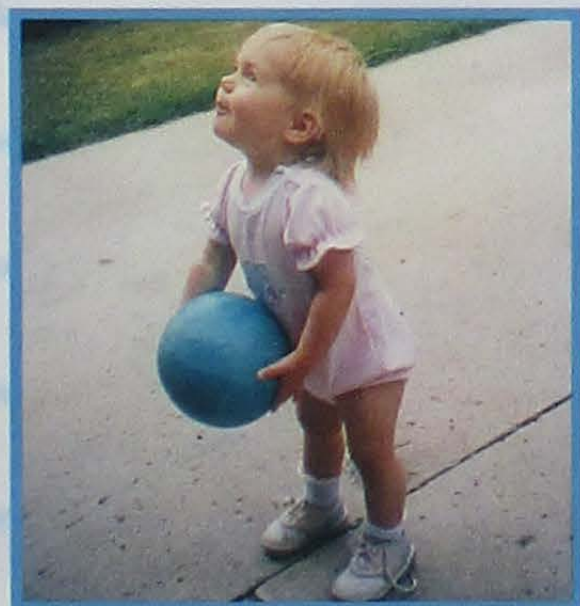


"... those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint." Isaiah 39:31

Go, Peanut!

Amy Stephan

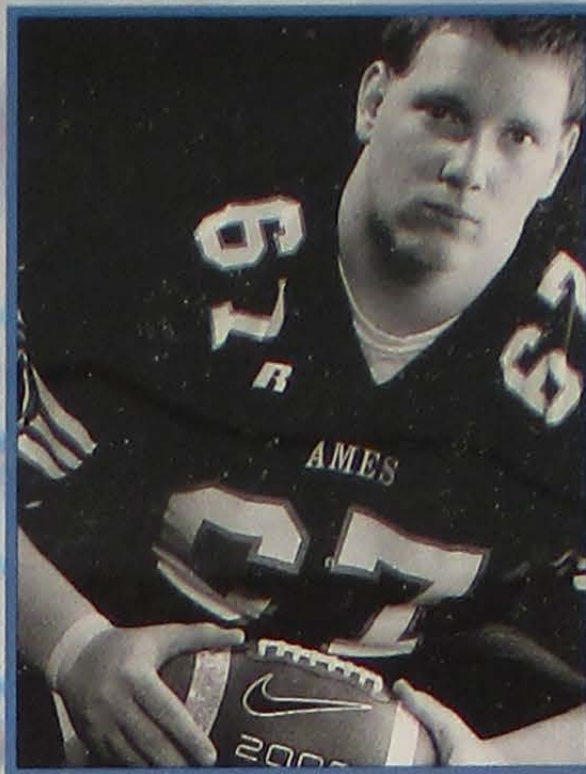
Aim high, shoot for the stars and dream big. We are so proud of you and know you will be successful in your future plans.
Love you, Mom and Dad



"Education is not the filling of a pail, but the lighting of fire." - William Butler Yeats

Here's a spark...
We are proud of you, Laurel!
Love-Mom, Dad, Hannah, Ben & Maddie

LAUREL TUGGLE



Spencer Botine



I've never really been able to relate to the saying "You don't know who you've got 'til it's gone" until now. As you've been getting ready to leave, I've realized how blessed I've been these last sixteen years. You've not only been my older brother but also my best friend. I'm so thankful for everything you've done for me, and am so proud of you.
Love, Sadie



You have made us so proud and we are truly blessed to call you our son. As parents we have tried to give you two things: roots and wings - Roots to keep you grounded through tough times, and Wings to soar above everything, explore new worlds and fly farther than we ever did. It is time to spread your wings.

Love Mom and Dad

Stephen Smalley

Every child is an artist.

The problem is how to remain an artist once we grow up.

-Pablo Picasso

Lindsay Burke

Lindsay-

You've worked hard to remain an artist. We are all so proud of you and we'll love you forever.

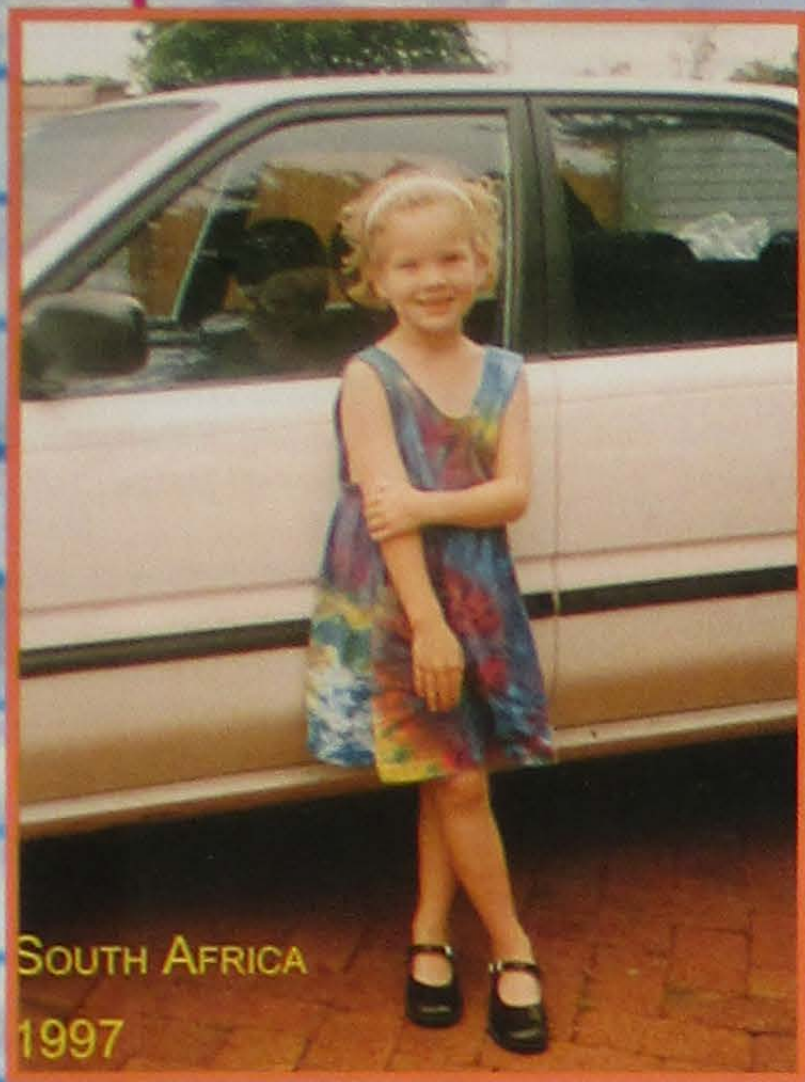
Mom and Dad
Amanda, Allison,
Lauren, Austin and
Eloise



"Our battered suitcases were piled on the sidewalk again; we had longer ways to go. But no matter, the road is life."

Jack Kerouac

Love- Dad, Mom, Caitlin, Shawn, and Bobby



SOUTH AFRICA
1997

MEGAN HARRINGTON

Julia Reynolds



From Kindergarten to Senior year, the first day of school promised wonderful times ahead. Now a new adventure begins!

We are so proud of you.
Love,
Mom, Lauren, Megan,
and Jessie

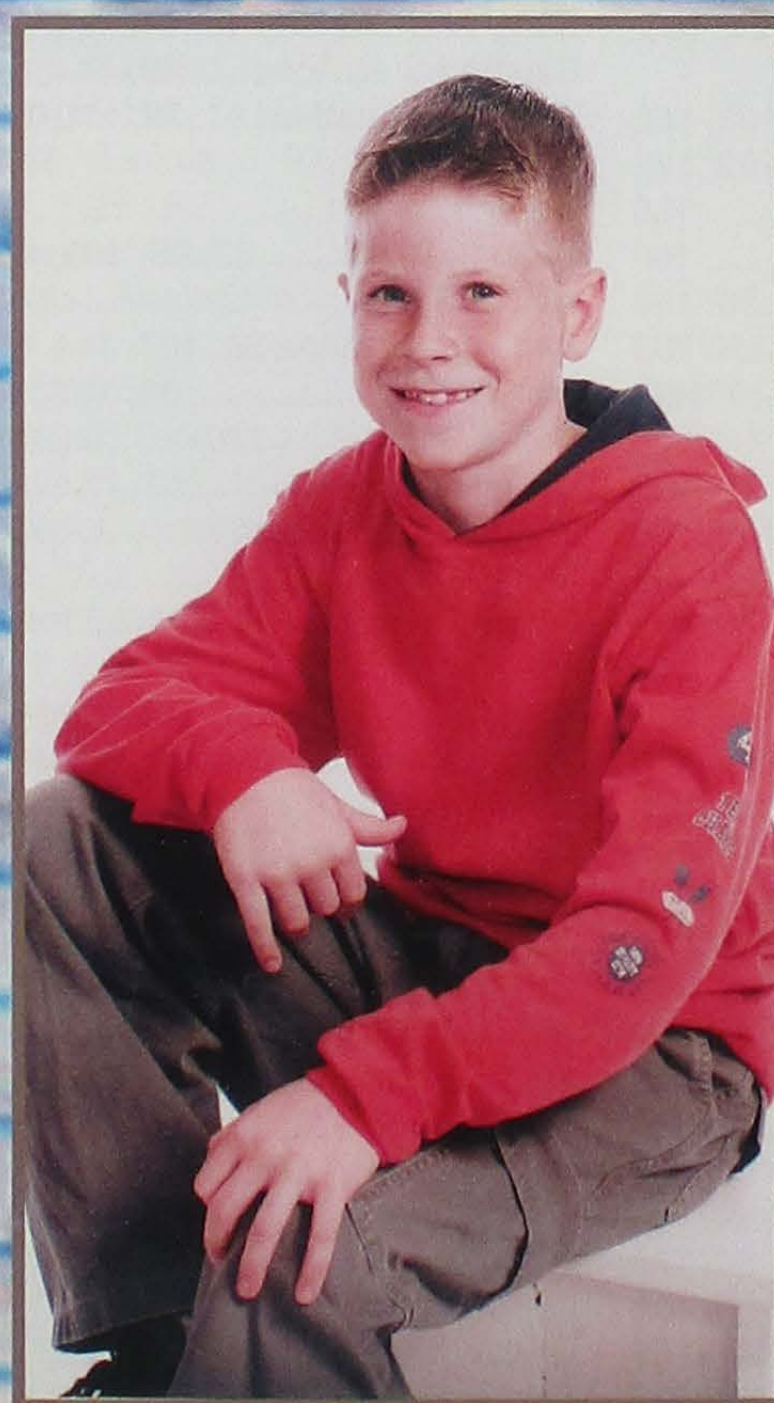


Michael Carswell



"What's that?" You have always been the curious one. Congratulations on your many accomplishments! Reach for the stars and enjoy the journey! We love you always- Mom & Dad

Lauren Schwab



We pray that God will fill your heart with Joy and that you let Him lead your way. Only then will you be all that you can be. We are proud of you and all you have accomplished. We love you very much.

XO Love
Mom & Dad

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Commemorative Edition

08-09[®]

World Beat

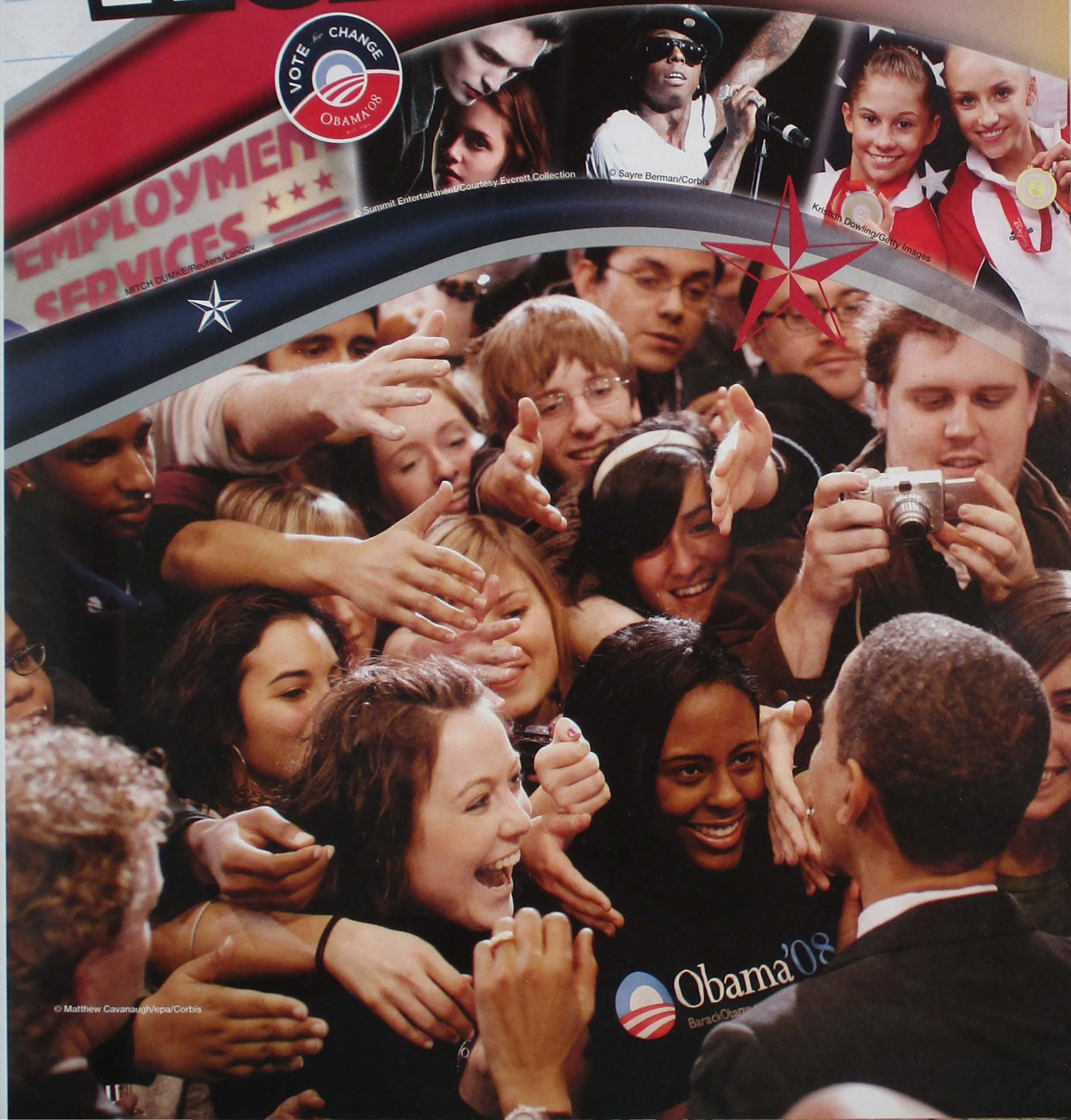


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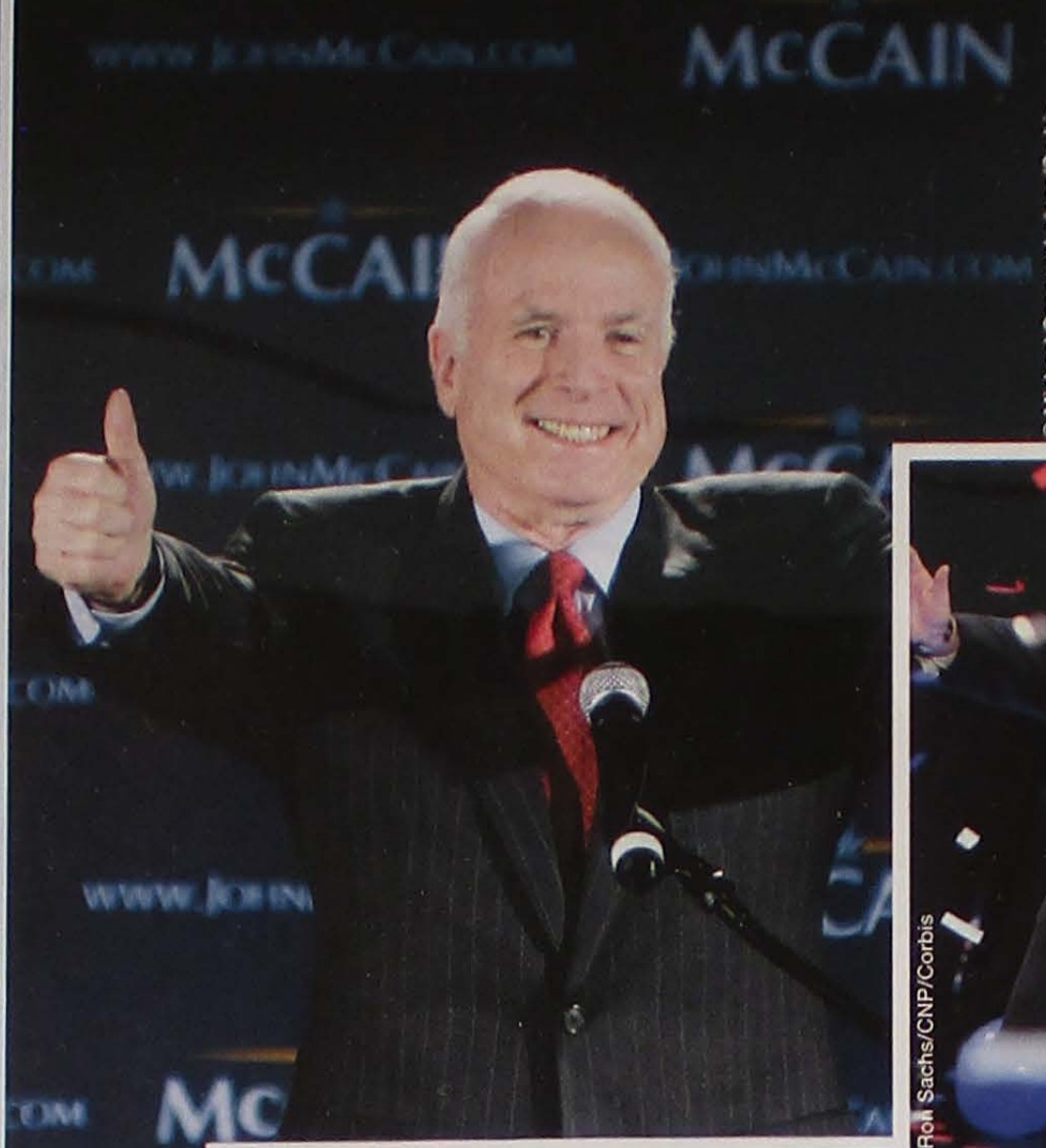
Kristian Dowling/Getty Images

EMPLOYMENT
SERVICES
MITCH DUMKE/Reuters/Landov



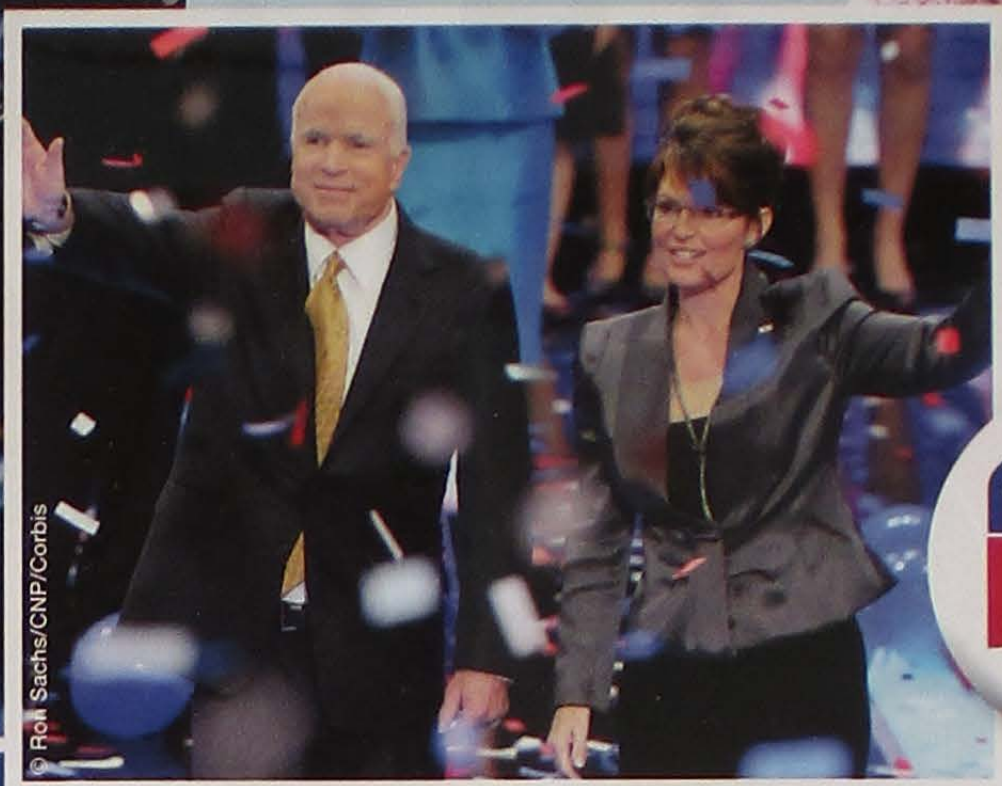
© Matthew Cavanaugh/epa/Corbis

Obama '08
Barack Obama



© Michael Czerniewski/epa/Corbis

Arizona Senator John McCain wins the Republican nomination for president and names Alaska Governor Sarah Palin as his running mate. Palin is the Republican Party's first female nominee for vice president.

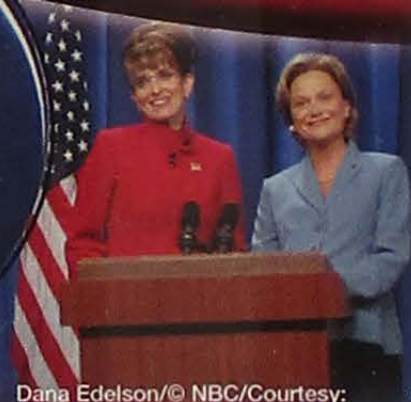


© Ron Sachs/CNP/Corbis

Waves of Change



© Matthew Cavanaugh/epa/Corbis



Dana Edelson/© NBC/Courtesy: Everett Collection



Politics in pop culture

THE KOBAL COLLECTION/NBC-TV/EDELSON, DANA



Chris Gordon/WireImage.com/Getty Images



JOE BURBANK/MCT/Landov

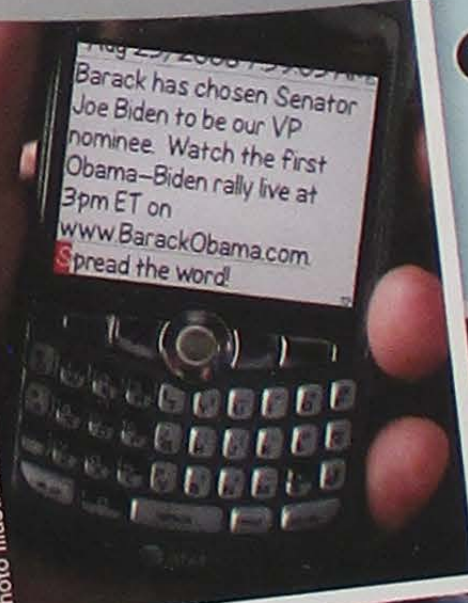
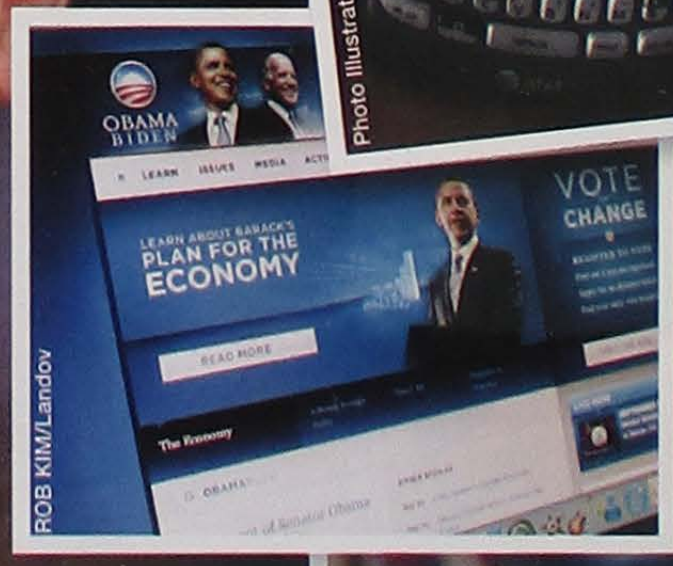


Photo illustration by Justin Sullivan/Getty Images

Democratic Senator Joe Biden of Delaware becomes the 47th vice president of the United States. A member of the Senate since 1973, Biden brings long-time Washington experience to the Obama administration.

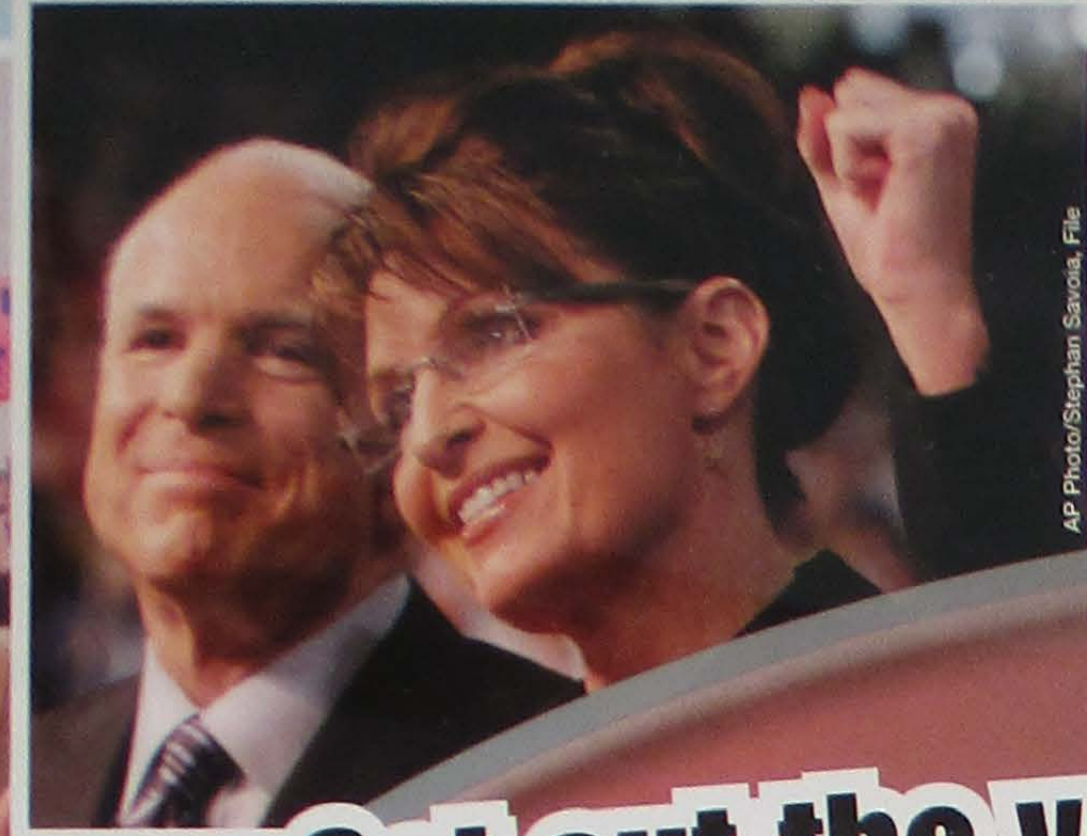


ROB KIM/Landov



© Zhang Yan/Xinhua Press/Corbis





AP Photo/Stephan Savoia, File

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Get out the vote!



Campaign volunteers

Dr. Billy Ingram/WireImage.com/Getty Images

VOTE

© Larry W. Smith/epa/Corbis

AP Photo/Bill Vaughn

I Voted

Obama's grassroots organization and innovative Web campaign is credited with inspiring young and first-time voters to participate heavily in the election.

First-time voters

ED HILLE/MCT/Landov



EARLY VOTING

AP Photo/Atlanta Journal Constitution, Curtis Compton

The values, fashion and personal vitality of the Obama family resonate with Americans. Public interest in the first family rivals that of the interest in the Kennedy family in the 1960s.

AP Photo/Jae C. Hong



REUTERS/Jason Reed/Landov

Barack Obama makes history as the first African-American to win the presidency of the United States. The former Illinois senator promises an era of change that captures the imagination of voters nationwide.

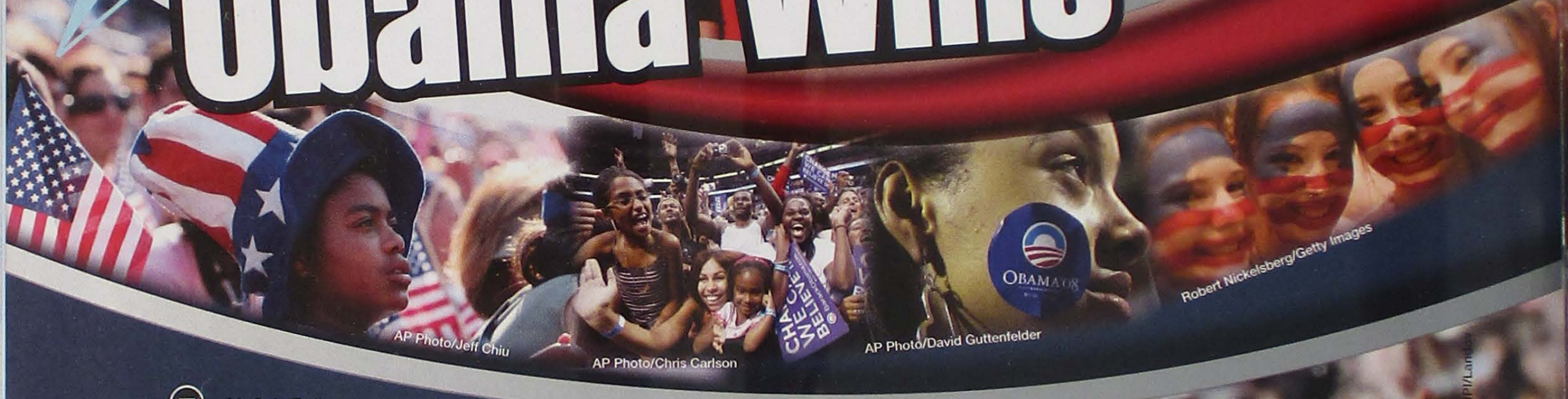
Electoral Votes

Obama	365
McCain	173



New York Times

Obama Wins



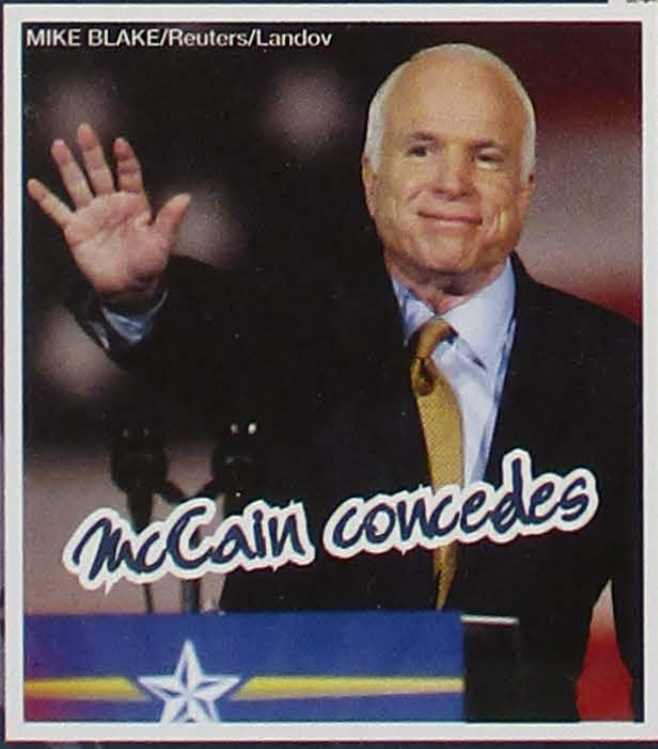
AP Photo/Jeff Chiu

AP Photo/Chris Carlson

AP Photo/David Guttenfelder

Robert Nickelsberg/Getty Images

McCain/Palin run a strong campaign, winning 22 states. But they are defeated 53 vs. 46 percent in the general election and by a substantial margin in the Electoral College.



MIKE BLAKE/Reuters/Landov

McCain concedes



© Thomas Mulloy/Reuters/Corbis

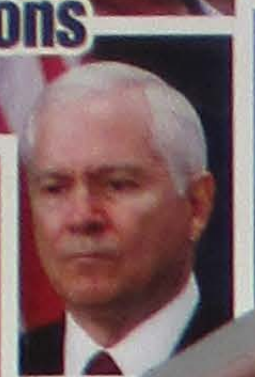
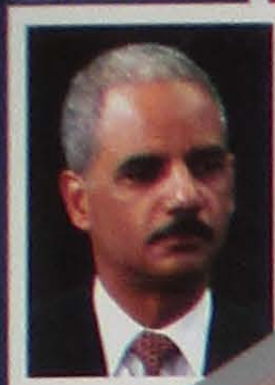
Celebrations around the world



PAT GERIC/UP/Landov

Obama's Cabinet nominations

REUTERS/Landov



In January 2009, president-elect Obama attends the ultimate power lunch in the White House, meeting and getting advice from President Bush as well as former Presidents George H. W. Bush, Bill Clinton and Jimmy Carter.

Getting prepared for office

KEVIN LAMARQUE/Reuters/Landov



The inaugural parade

Souvenirs

AP Photo/Carolyn Kaster



AP Photo/Matt Rourke

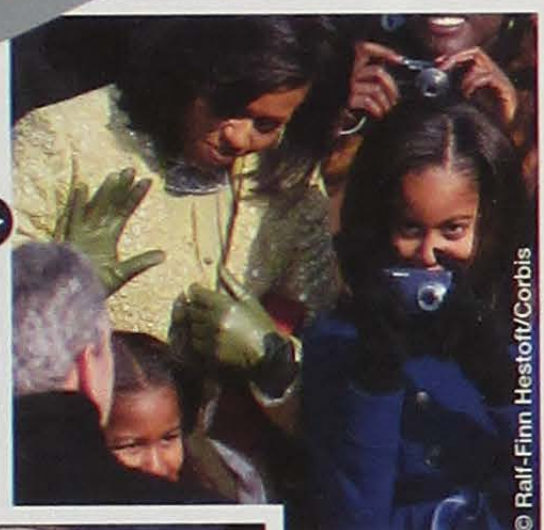


PUNAHOU MARCHING BAND
ALOHA from Honolulu, Hawaii

AP Photo/Jose Luis Magana

RODGER MALLISON/MCT/Landov

PAT BENIC/UPI/Landov



During the inauguration ceremony, Malia Obama captures the moment from a unique point of view.

© Ralf-Finn Hestoft/Corbis

Inauguration 1-20-09



MSGT CECILIO RICARDO/UPI/Landov

Barack Obama is sworn in as the 44th president of the United States before millions in Washington, D.C. Obama's inaugural address calls for a "new era of responsibility" in the face of economic decline and a pledge to choose "hope over fear."

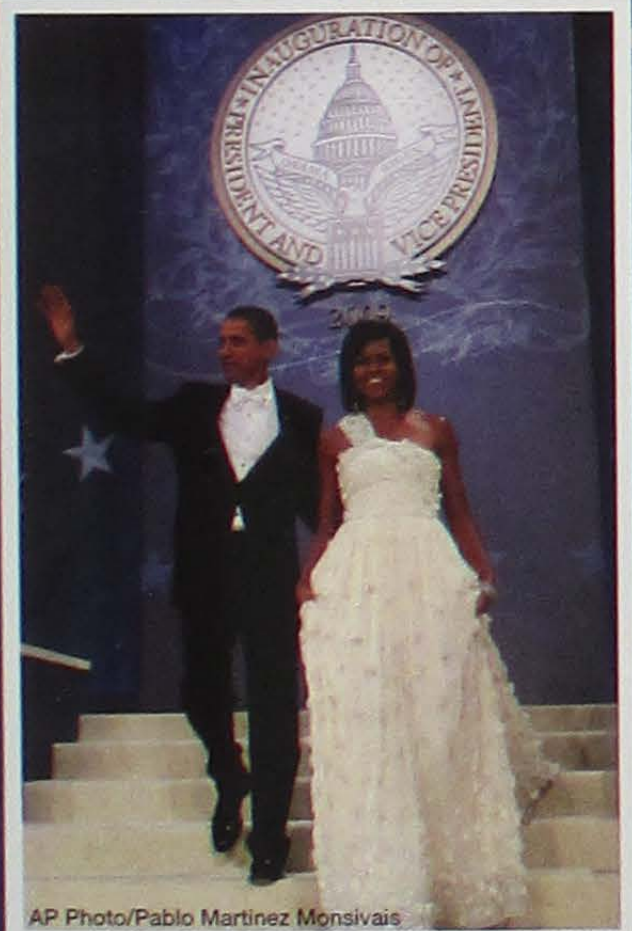
"We have chosen hope over fear..."



© JUSTIN LANE/epa/Corbis

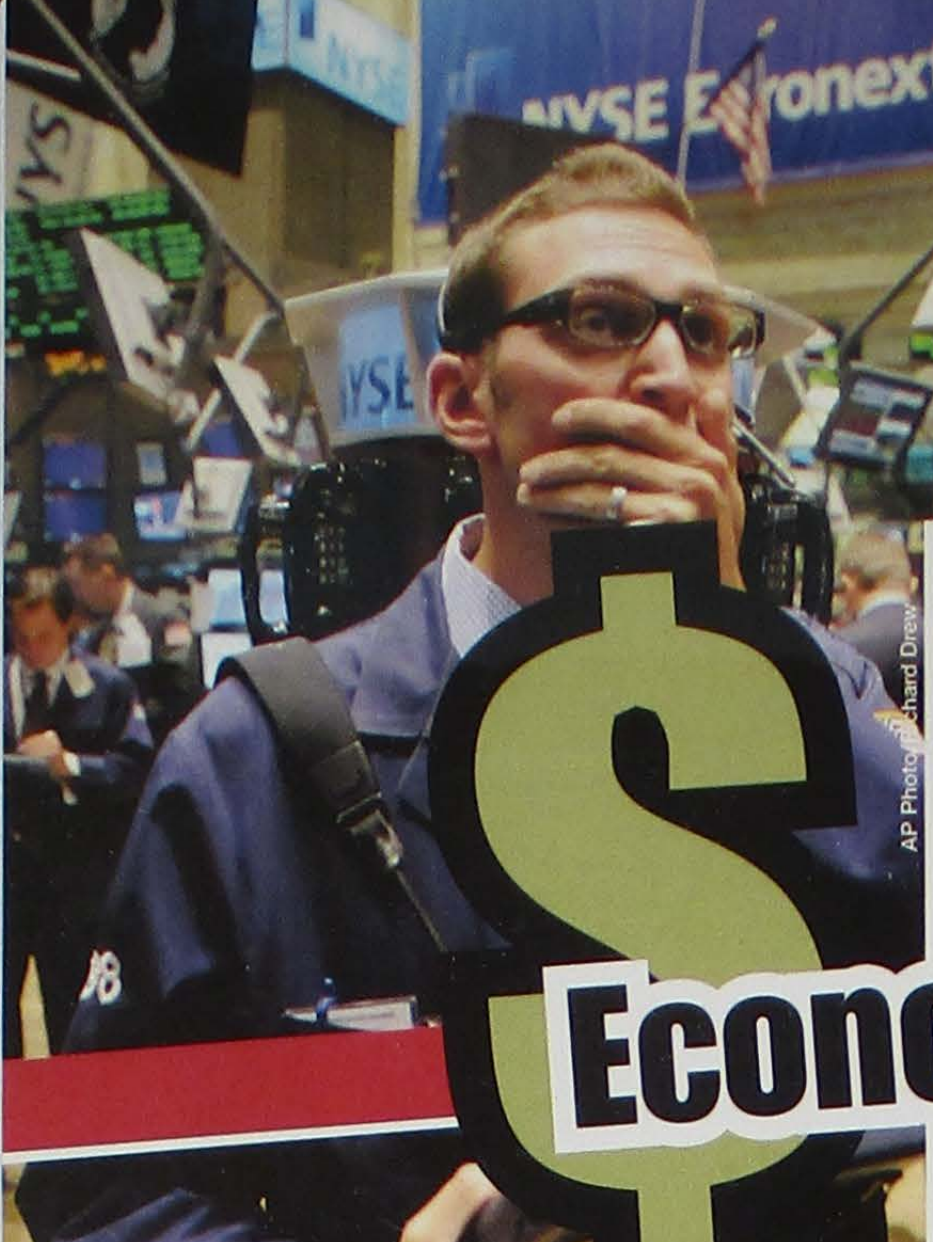


© JIM BOURG/Reuters/Corbis



AP Photo/Pablo Martinez Monsivais





◀ Stocks plummet as years of excess in the U.S. housing market and lax supervision of financial institutions contribute to the greatest economic crisis since the Great Depression.



MITCH DUMKE/Reuters/Landov



Kyodo/AP
AP Photo Richard Drew

Unemployment rate hits 16-year high in January 2009



Economic Crisis

▲ With buying power declining in the consumer marketplace, companies nationwide are forced to lay off workers. The national unemployment rate hits 7.2 percent in December and is rising steadily. The hardest hit states are Michigan, Rhode Island, California and South Carolina.

World News



© Helen King/Corbis

Specialty coffee sales drop

Credit cards

© Fancy/Neer/Corbis



GAETAN BALLY/KEYSTONE/Landov



Housing Foreclosures



Photo by Larry W. Smith/Getty Images

▲ Detroit's struggling "Big Three" automakers, General Motors, Ford and Chrysler, request and are eventually offered a bailout package of just over \$17 billion in December.

GOING OUT OF BUSINESS

MIKE SEGAR/Reuters/Landov



Many retailers are forced to file for bankruptcy or go out of business after being unable to rebound from the harsh economy and a very disappointing fourth quarter of 2008.

Teens work part-time

GAETAN BALLY/KEystone/Landov

Gas prices up and down

MIKE BLAKE/Reuters/Landov



AP Photo/Musa Sadulayev

The world's "hot spots" center around the Middle East. Israel mounts a major offensive against Hamas in Gaza, the United States continues to oppose the Taliban in Afghanistan and insurgents in Iraq, and in August, Russia attacks its southern neighbor, Georgia, in a dispute over western influence in the area.



AP Photo/Letteris Pitarakis

Support our Troops

KAI PFAFFENBACH/Reuters/Landov

In January 2009, after both engines fail due to ingesting birds, US Airways Flight 1549 ditches in New York's Hudson River. All 155 passengers and crew members are saved, thanks to the skill and courage of pilot Chesley B. "Sully" Sullenberger.

"Miracle on the Hudson"

GARY HERSHORN/Reuters/Landov



Changing our World

Reusable bags

Environmentally conscious consumers use items such as reusable cloth shopping bags and Klean Kanteen water bottles that don't leak harmful chemicals like BPA.

PRIVUS

AP Photo/Charles Rex Arbogast

HYBRID
SYNERGY
DRIVE

What is your carbon footprint?

100g

CO2

Press Association via AP Images

AP PHOTO/NEWS
TRIBUNE/Rosa Ruiz

MATTHEW CRAIG/The Commercial Appeal/Landov

AP Photo/Eric Gay



TIM SLOAN/AFP/Getty Images

Tight money and high gas prices push auto manufacturers to investigate super fuel-efficient and electric cars. The Chevrolet Volt is an early contender and the tiny "Smart" car is already on American roads.



© Transtock/Corbis

Chevy Volt



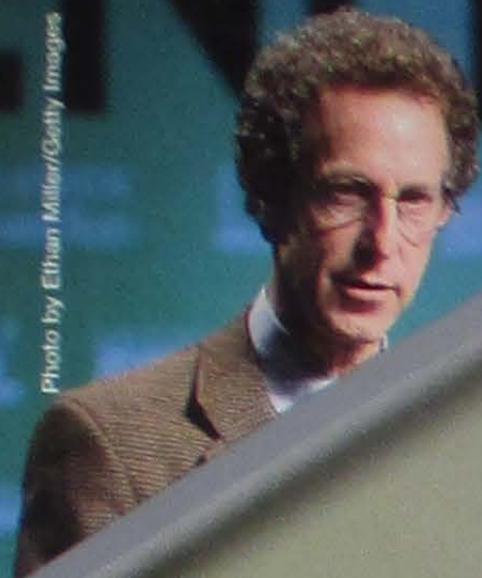
© Car Culture/Corbis

Public bicycle sharing systems, already popular in Europe, roll into American cities like Washington, D.C., to help fight traffic congestion and reduce pollution.



CLEAN ENERGY

Photo by Ethan Miller/Getty Images



In September, Google and General Electric partner to develop clean technologies. Modernizing the national electric grid to enable wider deployment of wind, solar and geothermal energy will be an early priority.



Environmentally friendly MacBooks

Courtesy of Apple, Inc.



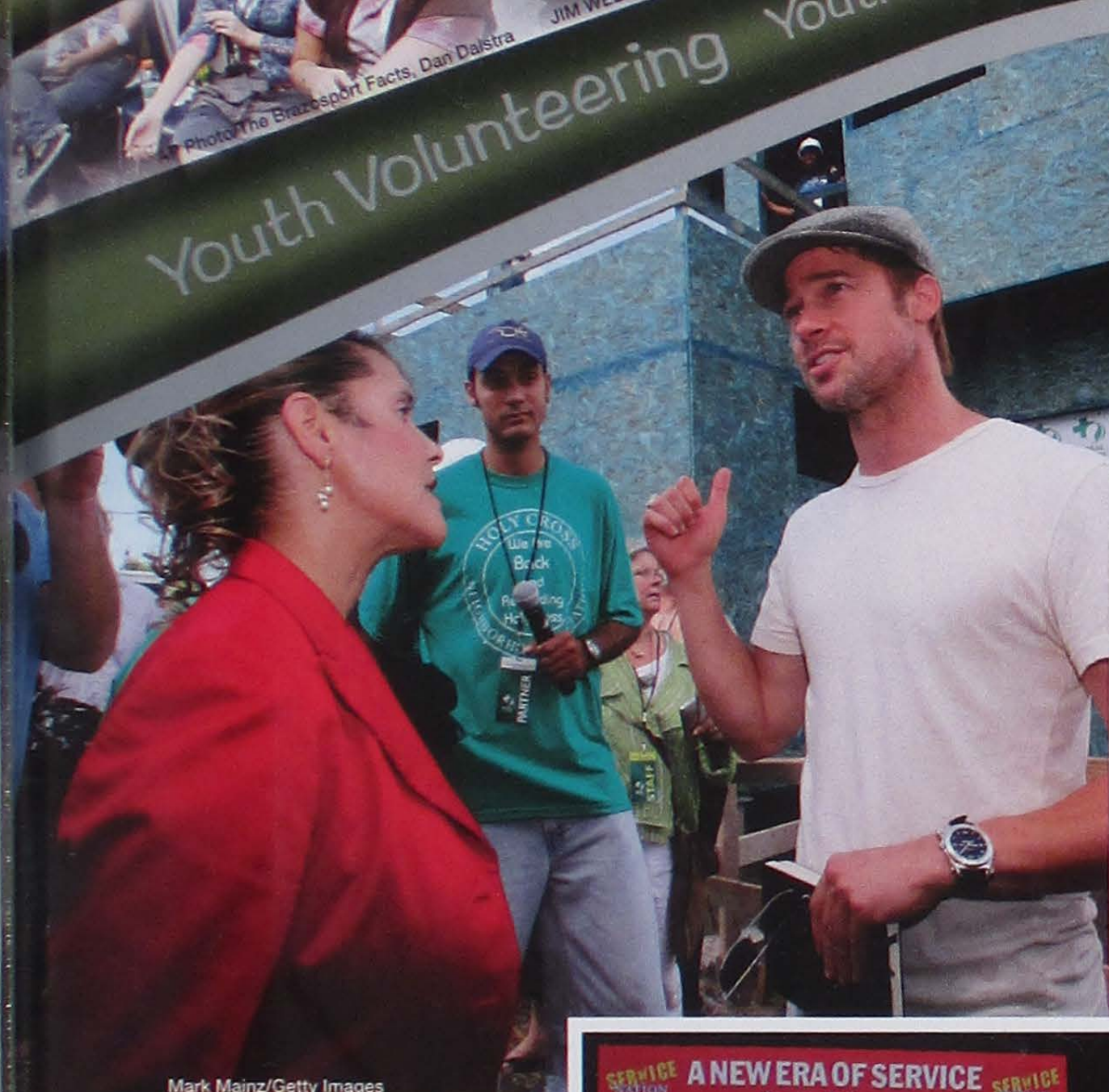
© Mark Dyer/Star Ledger/Corbis

AP Photo/Cheryl Gerber

JIM WEBER/The Commercial Appeal/Landov

Photo: The Bronxport Facts, Dan Dalstra

Youth Volunteering Youth Volunteering Youth Volunteering



Mark Mainz/Getty Images

Brad Pitt launches the "Make It Right" project to build 150 green-sensitive new homes in the New Orleans Lower 9th Ward, which was destroyed by Hurricane Katrina. Pitt contributes \$5 million to the project.



The green cleaning movement gains momentum nationally as environmentally safe non-toxic cleaning products are used in many homes, as well as state and city institutions.



AP Photo/Charles Dharapak



Michael Tran/Getty Images

National Day of Service



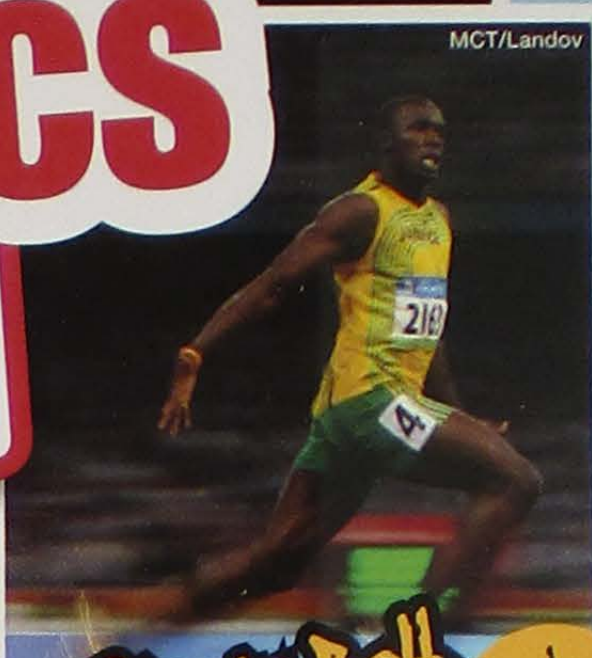
President-elect Obama asks all Americans to volunteer their time on the 2009 Martin Luther King Jr. Day of Service, January 19, and to continue throughout the year. More than 12,000 service projects take place across the country.

MA ZHANCHENG/Xinhua/Landov

Summer Olympics

The Beijing 2008 Summer Olympics showcase some of the most amazing performances in Olympic history.

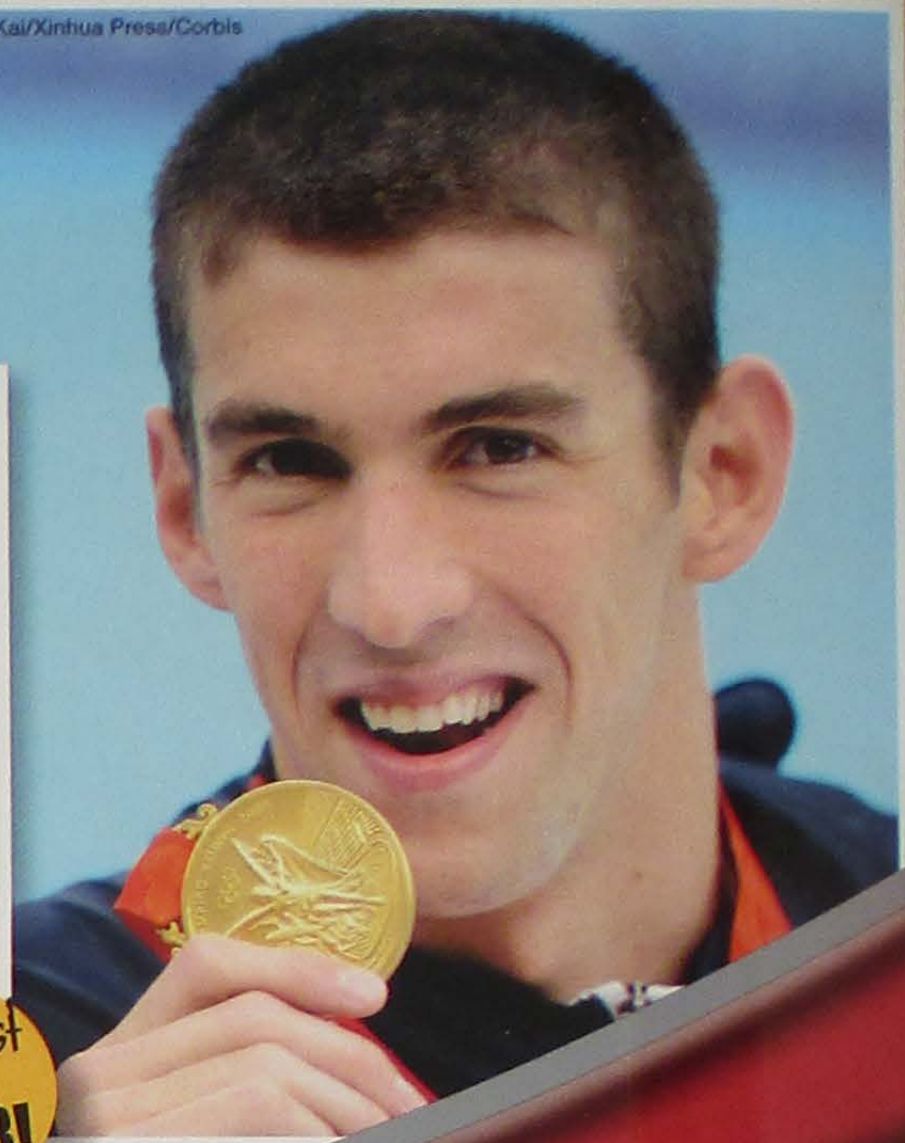
Sports



Usain Bolt

Fastest man EVER!

Chen Kai/Xinhua Press/Corbis



▲ American swimmer Michael Phelps makes Olympic history with eight gold medals. Phelps sets three world records in his five individual wins.

The Olympic Opening Ceremony
AP Photo/Color China Photo



Cristiano Ronaldo
©Tommy Hindley/NewSport/Corbis

Tiger Woods
Doug Pensinger/Getty Images



Karen Jones
Christian Petersen/Getty Images



Red Wings win 2008 Stanley Cup
AP Photo/Gene J. Puskar

World Series



BRADLEY C. BOWER/Bloomberg News/Landov

▲ The Philadelphia Phillies win their second World Series with a five game victory over the Tampa Bay Rays. The fifth game takes three days to complete after a rain delay.



▶ The Chinese gymnasts take the team title, but Americans Shawn Johnson (floor exercise) and Nastia Liukin (all-around) take individual gold medals for the U.S.

Gymnastics

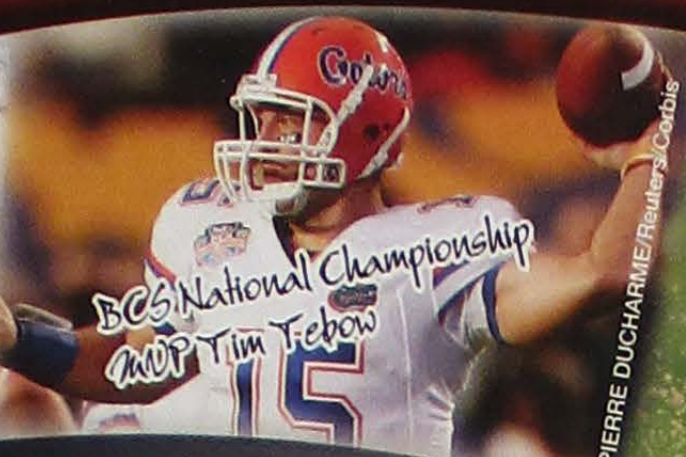


AP Photo/Rob Carr Entertainment



Heisman Trophy winner
Sam Bradford

JOHN ANGELILLO/UPI/Landov



BCS National Championship
MOP Tim Tebow

PIERRE DUCHARME/Reuters/Corbis

Pádraig Harrington



MANDI WRIGHT/Detroit Free Press/MCT/Landov

Venus and Serena Williams

AP Photo/Anja Niedringhaus

Brock Lesnar

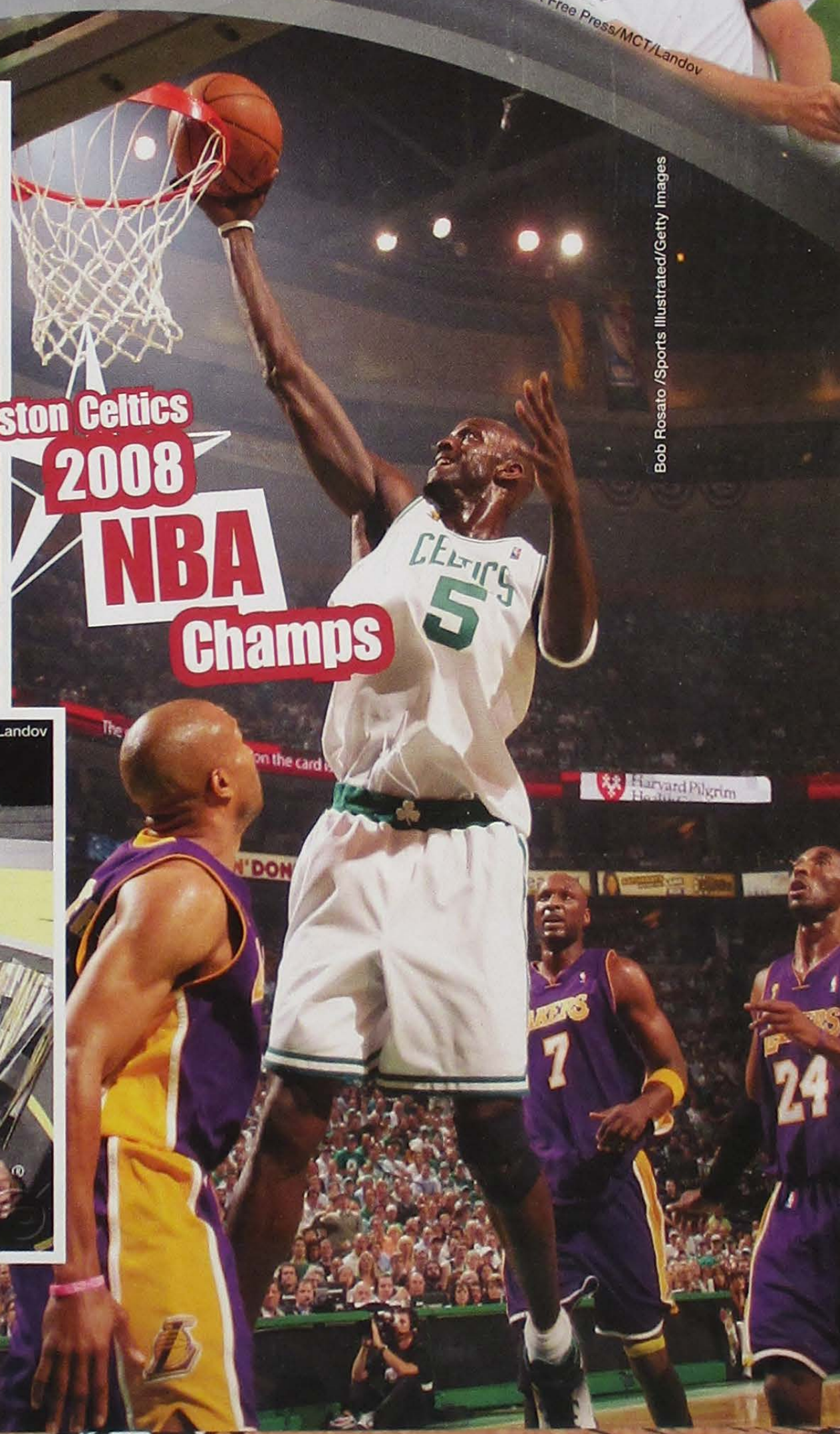
FRANCIS SPECKER/Landov



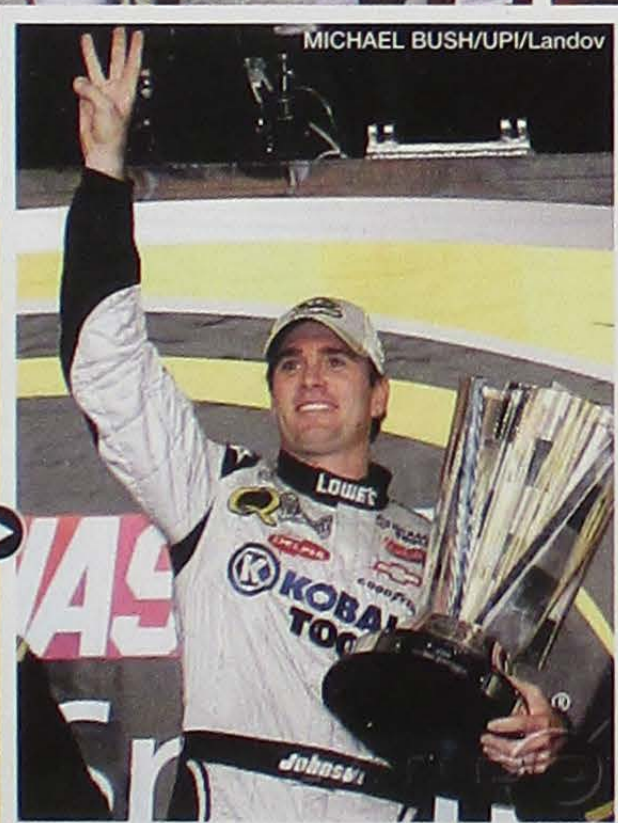
Super Bowl XLIII

Scott Boehm/Getty Images

Boston Celtics 2008 NBA Champs

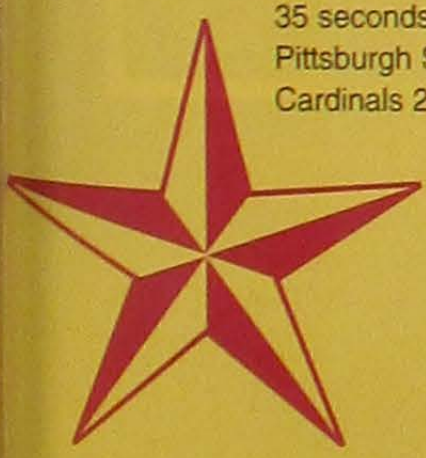


Bob Rosato /Sports Illustrated/Getty Images



MICHAEL BUSH/UPI/Landov

▶ MVP Santonio Holmes makes a tip-toe catch in the corner of the end zone with 35 seconds remaining to lead the Pittsburgh Steelers past the Arizona Cardinals 27-23 in Super Bowl XLIII.



▶ Jimmie Johnson captures the NASCAR Sprint Cup championship for the third straight year in his famous #48 Lowe's Chevrolet Impala SS.



▶ Stephenie Meyer's runaway best-seller, *Twilight*, becomes a hit movie starring Robert Pattinson and Kristen Stewart as Edward and Bella.



Tina Fey



Mary Ellen Matthews © NBC/Courtesy: Everett Collection



Nick and Norah's
Infinite Playlist

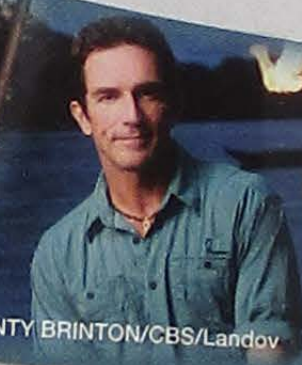
© Sony Pictures/Courtesy: Everett Collection

twilight Entertainment



GREEK

ABC Family/Photofest



MONTY BRINTON/CBS/Landov

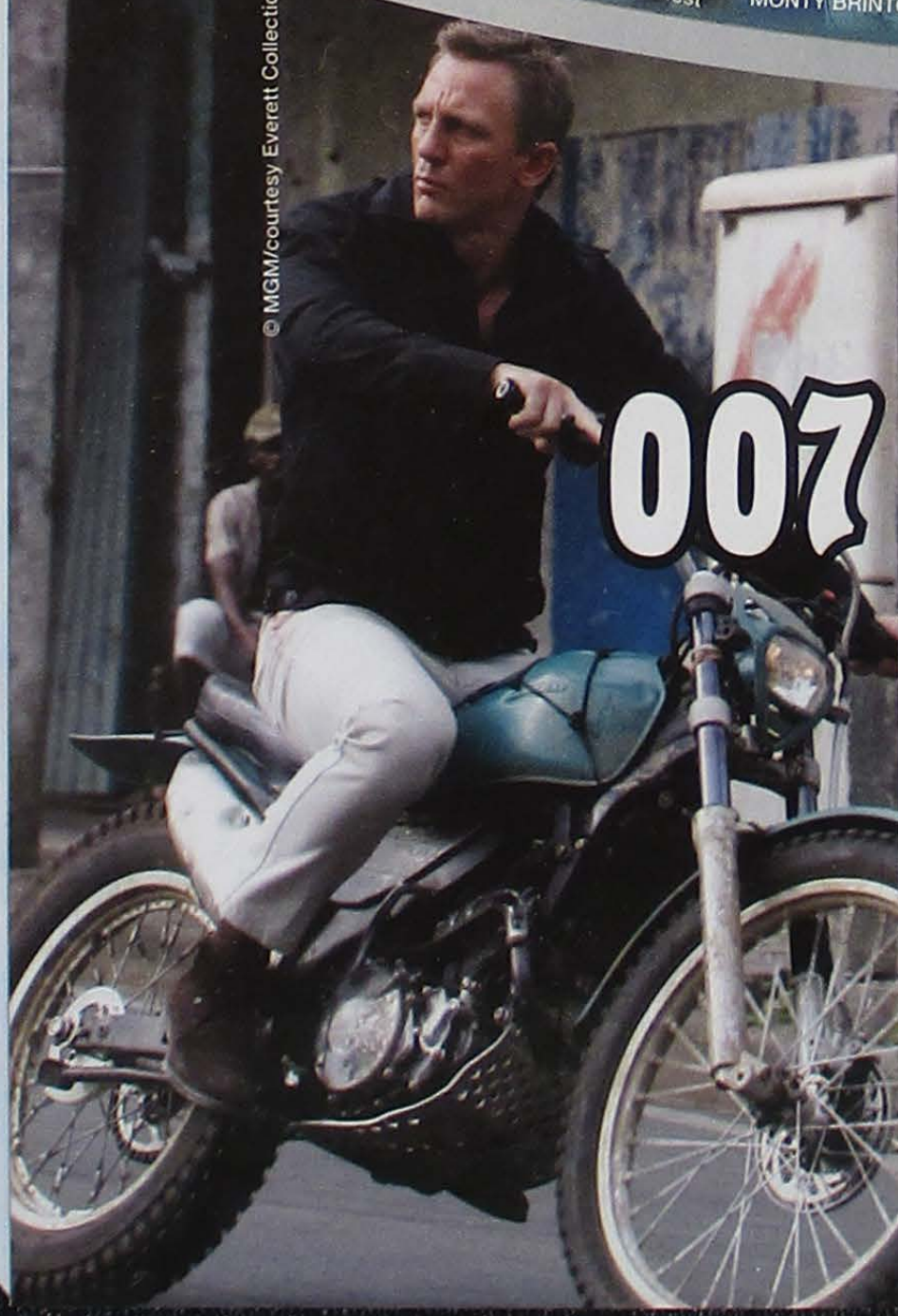
Reality TV



Barbara Nitke/© Bravo/Courtesy: Everett Collection

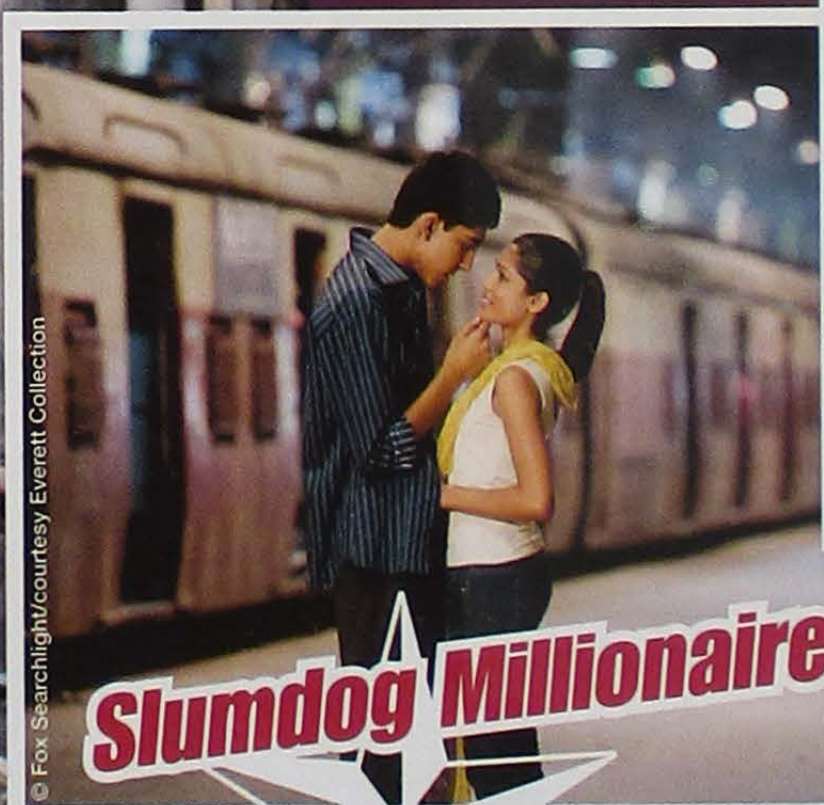
Grey's Anatomy

THE KOBAL COLLECTION/ABC-TV/SJODIN, CRAIG



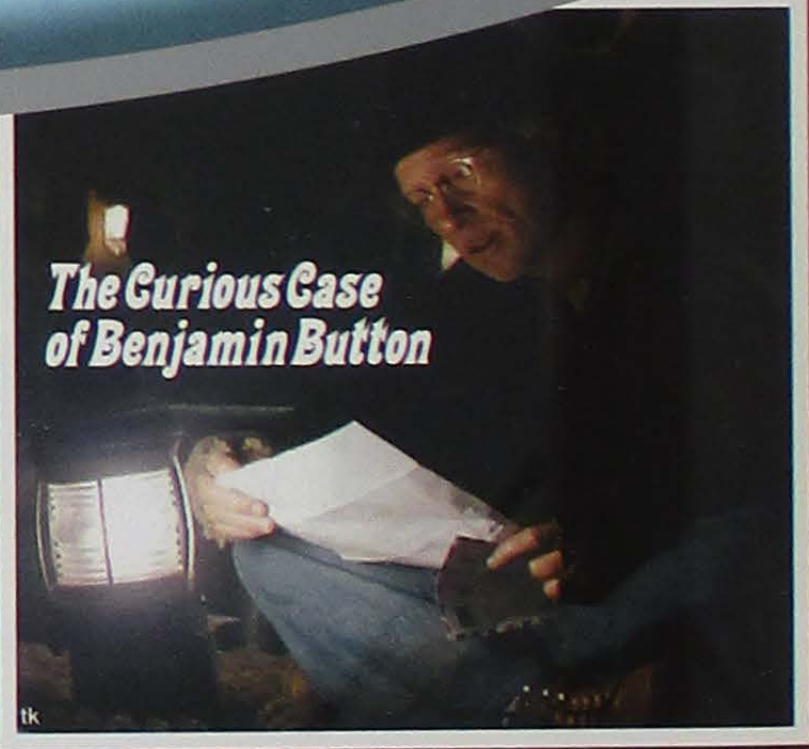
© MGM/Courtesy: Everett Collection

007



© Fox Searchlight/Courtesy: Everett Collection

Slumdog Millionaire



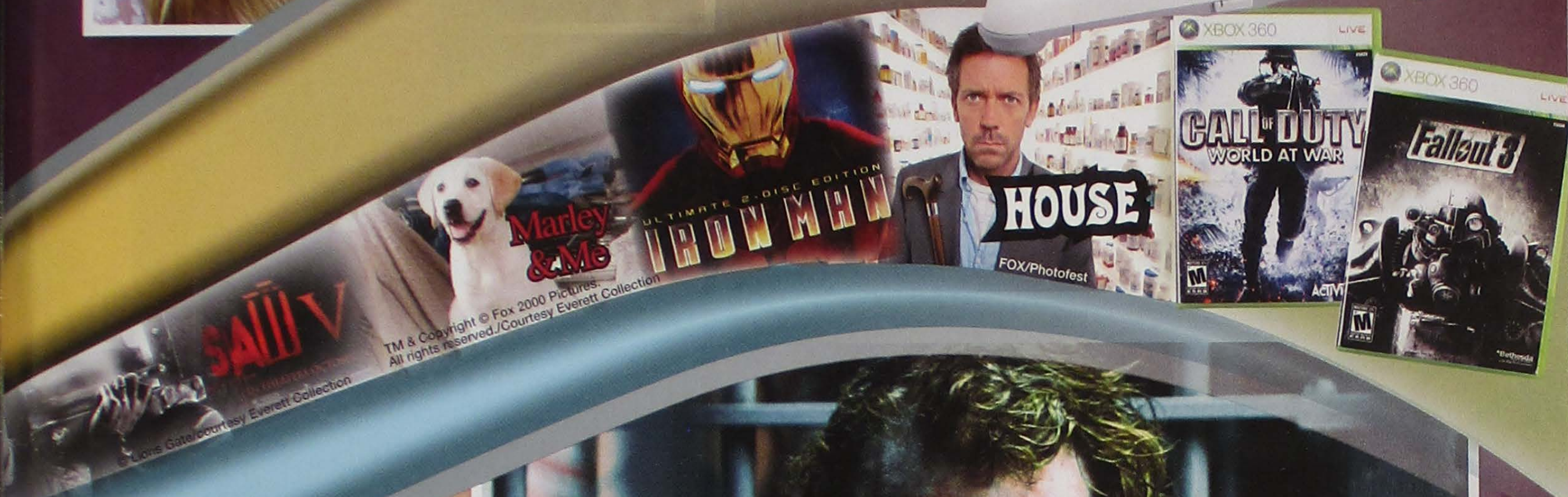
The Curious Case of Benjamin Button

Slumdog Millionaire, a surprise entry from India about teen life in Mumbai, and Brad Pitt's *The Curious Case of Benjamin Button*, about a man who ages backwards, monopolize Academy Award nominations with a combined total of 23.



MTV/Jeff Lipsky

MTV spins off the reality show *The Hills*, following Laguna Beach star Lauren Conrad and her friends to Los Angeles.



Paul Blart: Mall Cop



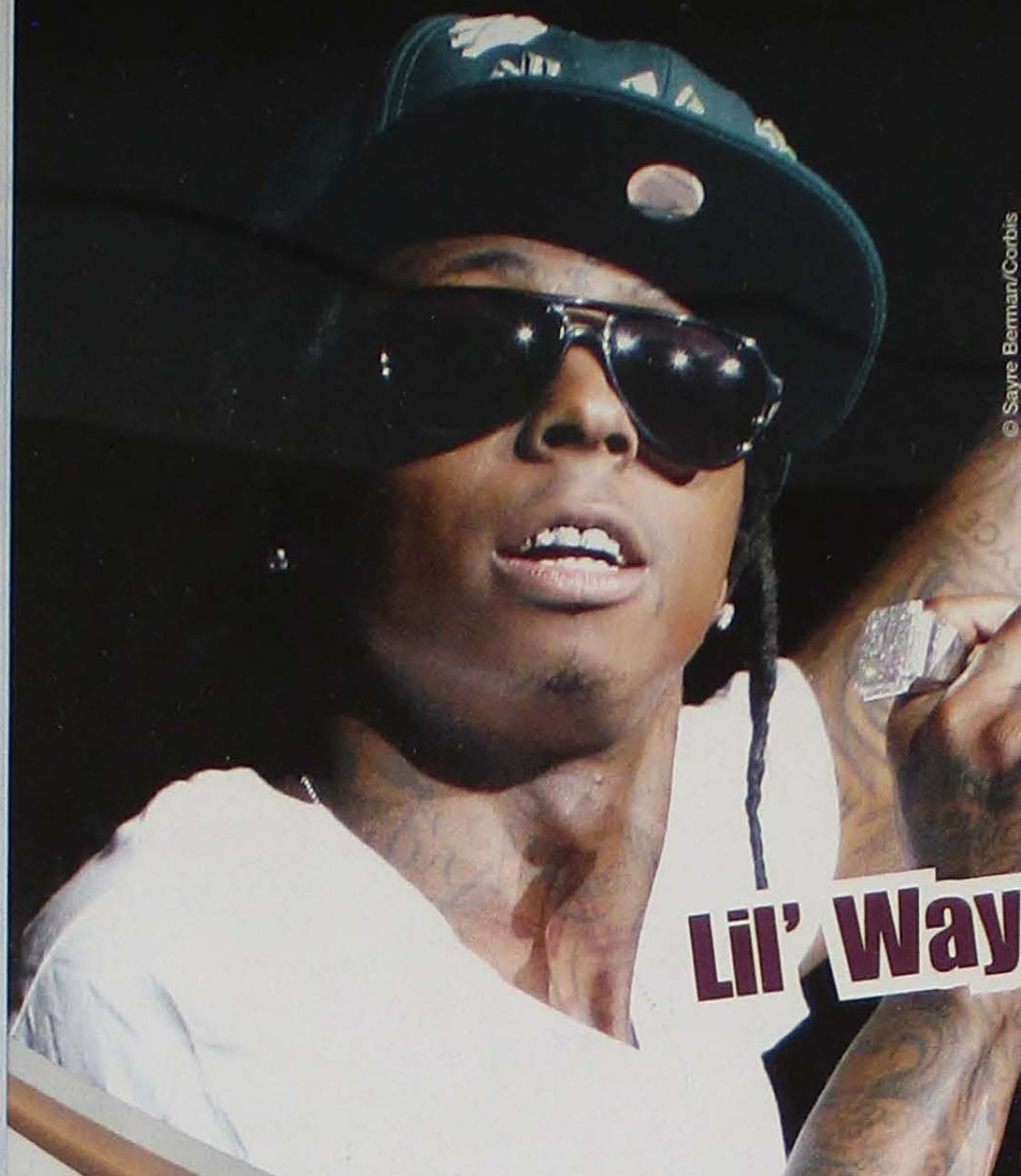
© Warner Bros./Courtesy Everett Collection

Australian Heath Ledger, in his last film role as the Joker in the Batman epic *The Dark Knight*, wins a posthumous Golden Globe for Best Supporting Actor in a Drama.

Bedtime Stories



© Walt Disney Pictures/Courtesy Everett Collection



Lil' Wayne

▶ Rapper Lil' Wayne takes home four Grammys, including Rap Album of the Year for *Tha Carter III* and Best Rap Song.

MTV



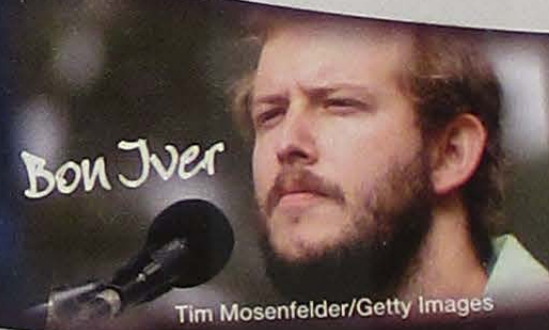
▶ Due to low ratings, MTV's flagship show *Total Request Live* shuts down in November after a 10-year run.

Music



Jordin Sparks

Theo Wargo/WireImage/Getty Images



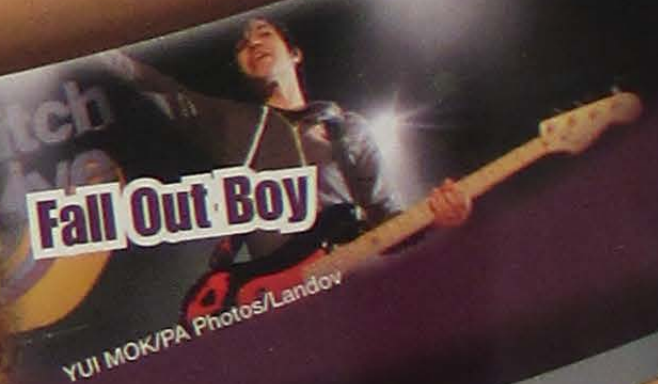
Bon Iver

Tim Mosenfelder/Getty Images



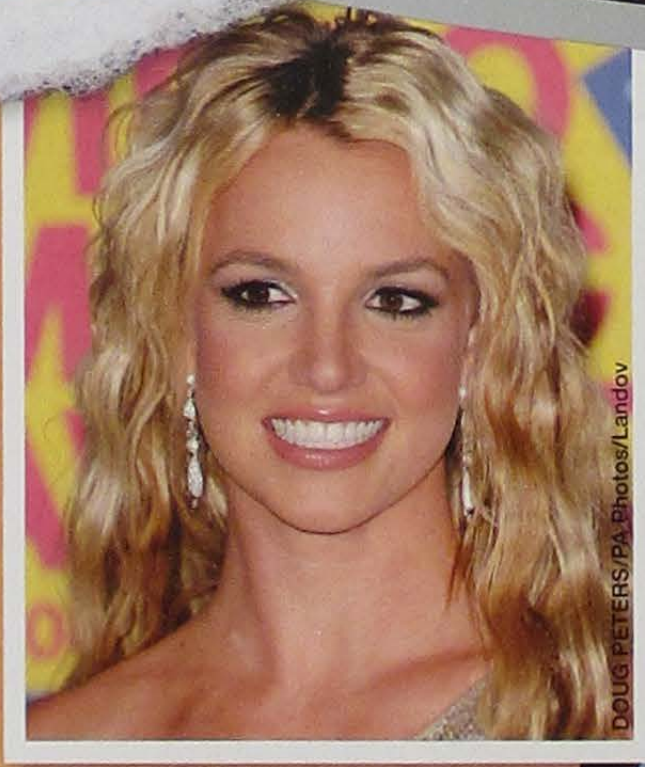
Leona Lewis

© Rune Hellestad/Corbis



Fall Out Boy

YUI MOK/PA Photos/Landov



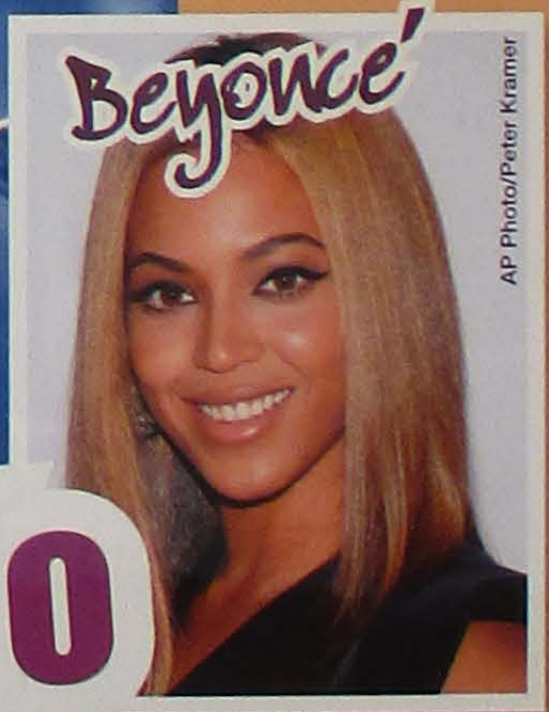
DOUG PETERS/PA Photos/Landov

▶ Britney Spears rebounds from years of personal challenges with her fifth No.1 album, *Circus*. She becomes the only act in Nielsen SoundScan history to have four albums that debut with 500,000 or more copies sold.



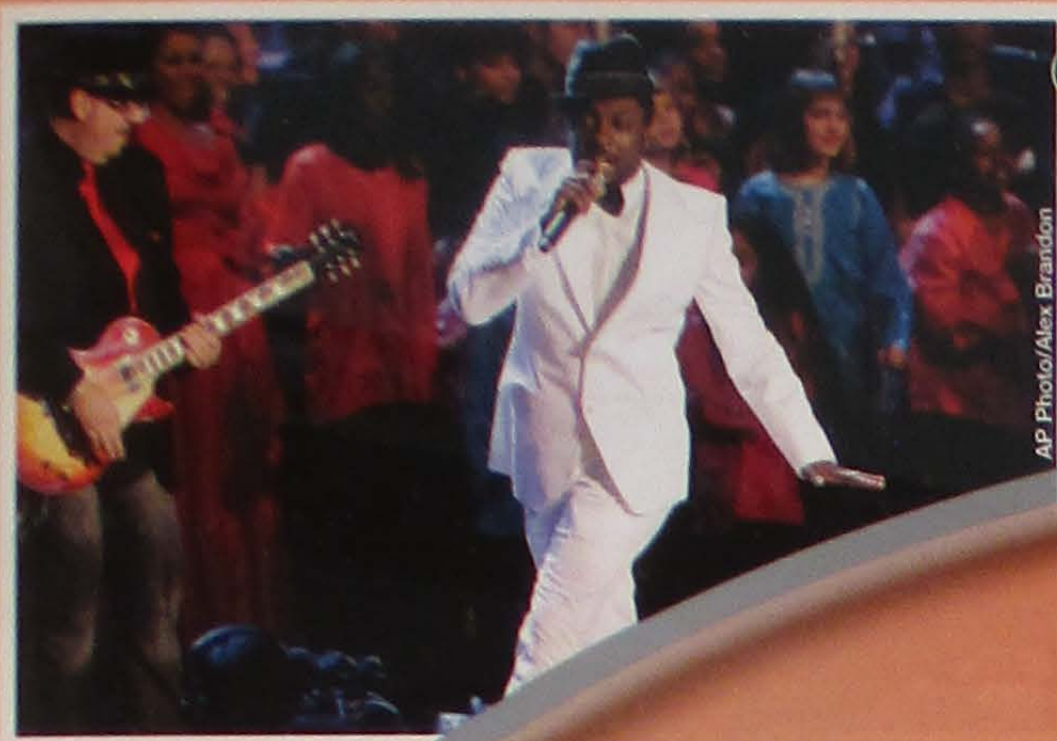
Ne-Yo

▶ R&B singer/songwriter Ne-Yo brings out his third album, *Year of the Gentleman*, which debuts on the *Billboard* 200 at No. 2. The album garners six Grammy nominations.



Beyoncé

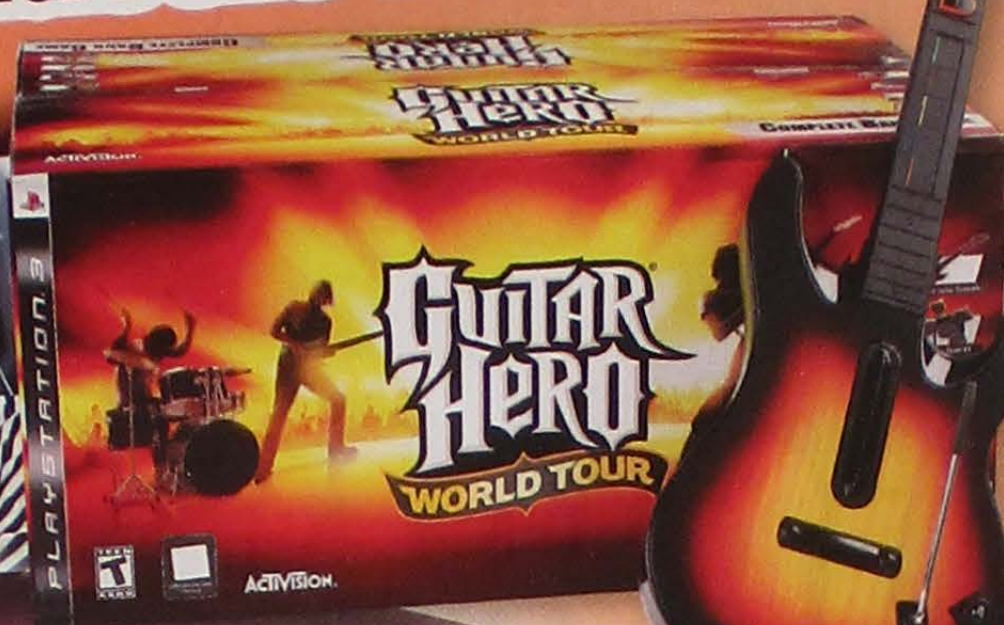
AP Photo/Peter Kramer



AP Photo/Alex Brandon

▶ The video for Will.i.am's song "Yes We Can" gamers more than 1.3 million hits on YouTube and becomes an anthem for young voters during the presidential campaign.

Classic Rock



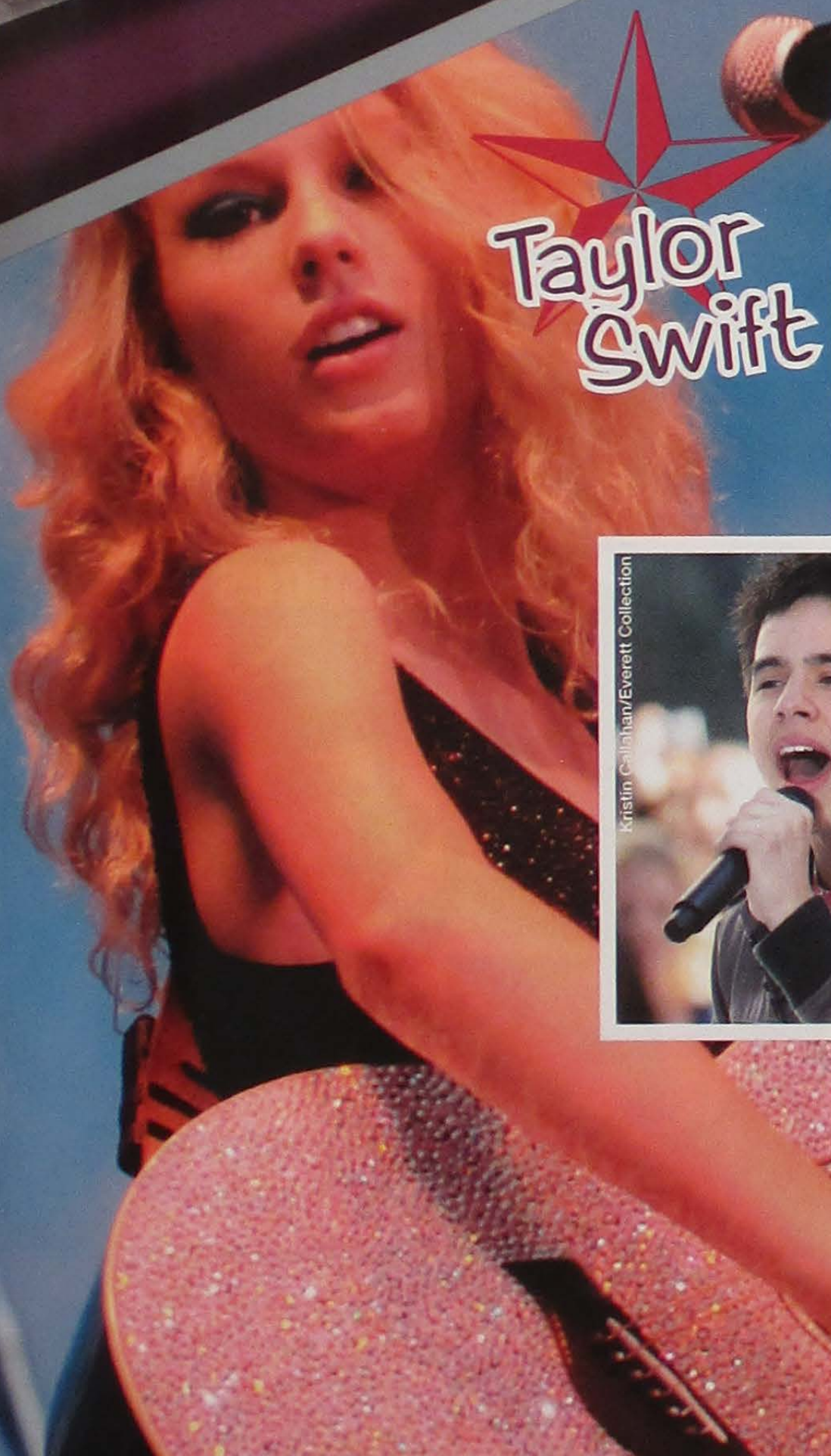
Alicia Keys

Jonas Brothers

Pink

© Ruhe Hellestad/Corbis

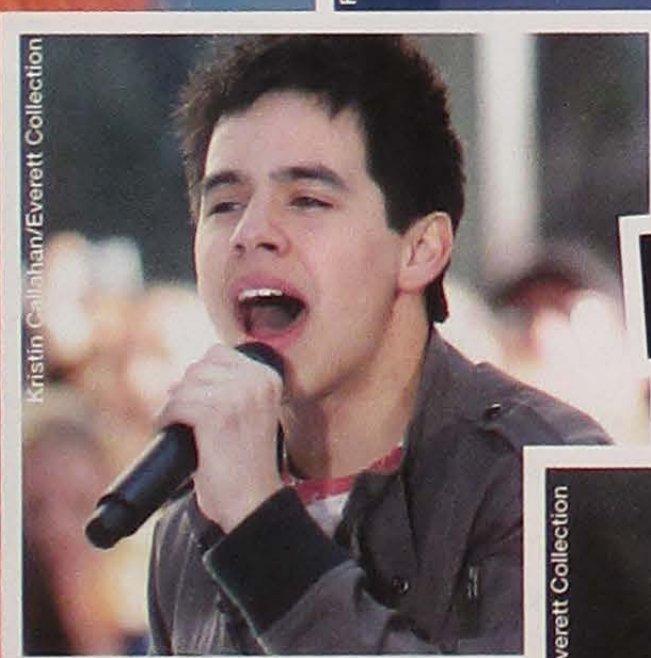
▶ Fox's *American Idol* adds a fourth judge to the popular show. Grammy-nominated songwriter Kara DioGuardi joins regular panelists Randy Jackson, Paula Abdul and Simon Cowell.



Taylor Swift



Fox Broadcasting/Photofest



Kristin Callahan/Everett Collection

David vs. David



Kristin Callahan/Everett Collection

▶ Rocker David Cook, with 58 percent of the fan votes, beats balladeer David Archuleta in the 2008 finals of Fox's *American Idol*.

Rick Diamond/WireImage/Getty Images



**242242
cha cha**

Texting becomes the new writing. Teens everywhere learn to double-thumb miniature keyboards and invent a new language of abbreviations and signs.



Social Networking

ROB KIM/Landov



Digital TV

The nation converts to all-digital TV in 2009. The Department of Commerce offers government coupons to make the conversion more affordable.

Lifestyle

Slippers to wear every day



Argyle & Plaid



THE CANADIAN PRESS/Andrew Vaughan/AP



Big Sunglasses

Photo by Barry King/WireImage/Getty Images

Designer Purses & Shoes



Top style trends this year include baggy pants, oversized sunglasses, designer purses, black nail polish and plaids.

Black Nail Polish



JEFF MOORE/MAXPPP/Landov

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